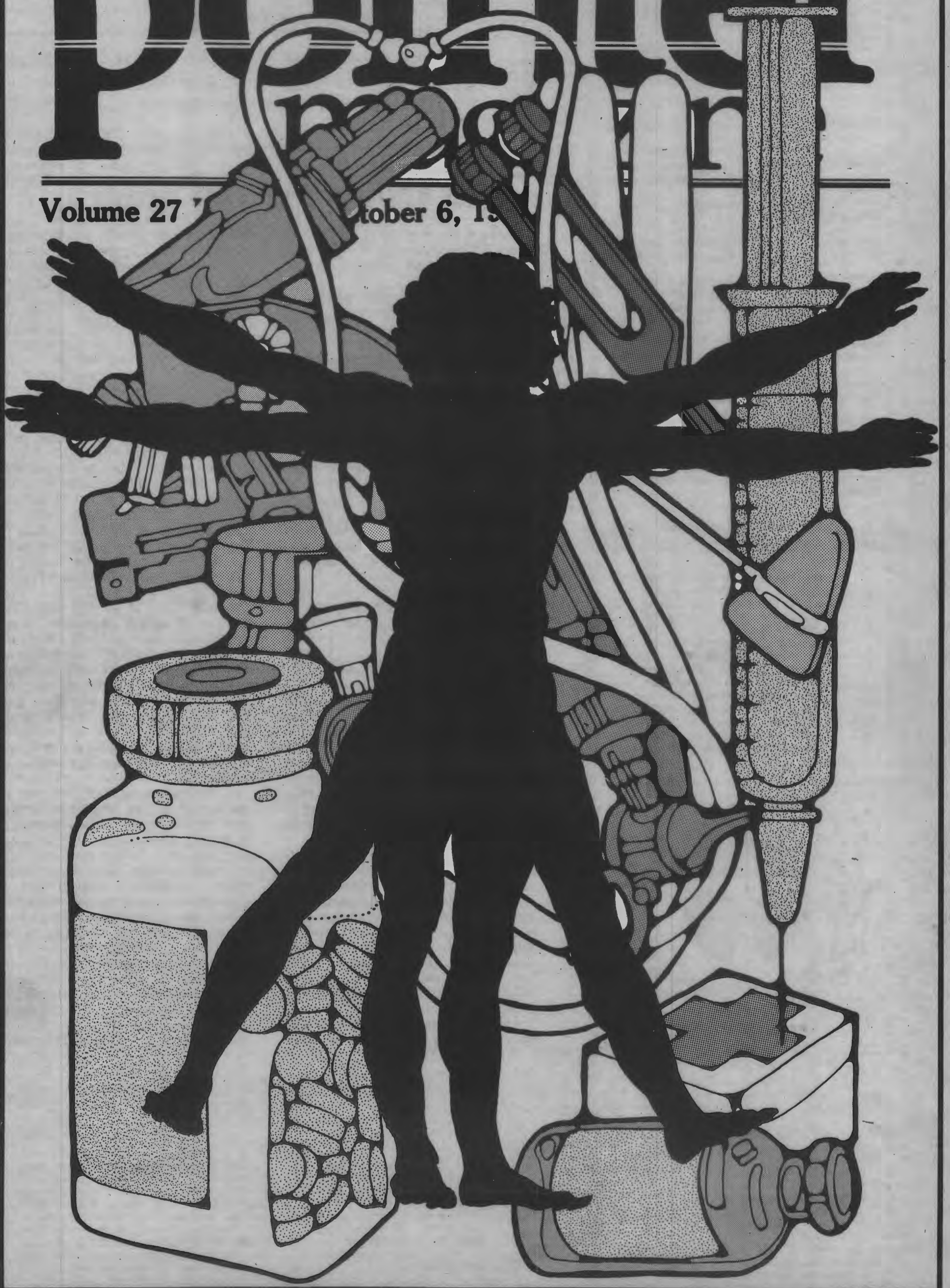


# pointer

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# pointer magazine viewpoints

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He had had much experience of physicians and said, 'The only way to keep your health is to eat what you don't want, drink what you don't like, and do what you'd druther not.'

Mark Twain

## Good shot of realism needed

If you polled a group of college students asking whether or not they used drugs, most would probably answer with a quick "no."

There would probably be a few "yes" answers coming from users of marijuana and cocaine, but most students would respond negatively without thinking. Thinking about what, you wonder? Without considering their weekly, in some cases daily, consumption of alcoholic beverages.

UWSP students are just a very small segment of the estimated 96 million Americans who drink alcoholic beverages. Like most of our countrymen, we do not normally consider a drink a drug dosage. But it is.

The fact of the matter is that we apply a double standard to one class of drug users and abusers and not to another. Having a shot of Yukon or a beer is socially acceptable. In many sectors, smoking a joint or snorting a line of coke remains taboo. Use of heroin, barbituates and other narcotics have even greater social prohibitions.

What justifications do we have for these differing attitudes?

One is our image of drug users. Since many of us use alcohol on a regular or semi-regular basis, our mental image of the alcohol user is favorable. Many of us, however, view other drug users in a much different light. Our minds conjure up images of a sniffling and shivering junky, clad in a dirty army fatigue coat, just waiting for a fix.

Is that really fair? Not if we consider that the estimated five million alcoholics in this nation far outnumber the heroin addicts and other substance abusers. Since their numbers are greater, the alcoholics inflict a much greater toll on the fabric of American life. Traffic fatalities, child and spouse abuse, sexual assault and a host of other violent tragedies can be linked to alcohol abuse.

Another justification for our double standard is our view of the alcoholic.

We often mistakenly conclude the alcoholic is the only abuser of this socially acceptable drug. Did you ever have a hangover or spend a few moments doubled over vomiting? That, too, is drug abuse.

We may find narcotic use more abhorrent because of its ties to organized crime. The very idea that some money-hungry pusher would prey on innocent children and young adults is revolting. But Miller, Pabst, Jack Daniels, Anheuser-Busch, and other alcohol producers, aren't in the business to lose money. Instead of answering to some don in New York City, the nation's distilleries and breweries answer to stockholders throughout the bergs and metropolises of America. In addition, many forget the enormous family fortunes (i.e. the Kennedys') reaped via illegal boot-legging operations during Prohibition.

Finally, many of us view narcotics users as hopelessly dependent upon the substance of their choice. Most of us, except for alcoholics, are not physically dependent on alcohol. But how many of us have a social reliance on it? How many of our weekends are filled with trips to the Square or a party? The fact is, most of us would be left socially high and dry without whetting our whistles with a beer at a party or bar.

As one that occasionally imbibes, I am not advocating abstinence from alcoholic beverages. I am, however, suggesting we look at our use of alcohol realistically. It is a drug and can be abused like any other drug, often with disastrous social consequences.

So the next time we see someone doing a line of cocaine or walk past a junkie sprawled out lifelessly in a tenement doorway, perhaps we should follow a modified version of a noted biblical admonition: Remove the pint from your mouth before you try to take the needle from someone's arm.

Chris Celichowski

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The Body Healthy

## CONTENTS:

NEWS FEATURES SPORTS ENVIRONMENT

Bill Horvath will be the Democratic candidate in the upcoming Assembly election. This week's Pointer Poll examines student and faculty attitudes on legislation that would raise Wisconsin's drinking age. Chris Celichowski reports on a well-publicized rape that may have never occurred. She didn't get a pink slip from us, but Laura Sternweis examines university layoffs here.

Diane Tisch examines the wide variety of UWSP classes geared toward health and wellness. Jill Fassbinder (one, two) gets the scoop (three, four) on aerobics at Quandt Gym. Trudy Stewart tells the gripping tale of bulimia and anorexia. Features Editor Kim Jacobson discovers the facts about Premenstrual Syndrome (PMS).

The Pointers almost lifted their leg on nationally-ranked La Crosse, but couldn't quite pull out a victory as the Indians rallied in the last minute for a 21-18 victory. The Pointer Mag Sports Profile features our fine women's tennis team...plus Sports Shorts.

Andrew Savagian takes a look at incineration on the UWSP campus from a student and administration point of view. Traveling to our sister city to the north, Wausau, Sheldon Cohen examines their plight as they grapple with a major health problem—groundwater contamination. Plover farmer Nancy Lila testifies about her family's plight against nitrite and aldicarb pollution in their well water.





# MAIN STREET

## Week in Review

Established 1981

### This Week's Weather

High pressure readings indicate wave of midterms. Heavy brainstorms expected.

## Exercise better than pills says nutritionist Rye

Are the billions of dollars Americans spend each year on food supplements such as vitamins and minerals a wise investment?

Not if they don't do physical exercise as well, says a faculty member in the School of Home Economics at the University of Wisconsin-Stevens Point.

Says James Rye: "It's easier to take some pills than to exercise." This shortcutting, though, probably will cost a great deal in the long run. If a person is healthy, eats well-balanced meals, and exercises regularly, then Rye says there shouldn't be a need to take food supplements.

In addition, he says there are warnings from experts who say that some people are consuming far more than the needed or recommended dosage of vitamins and minerals. There are fears that in some cases, these high levels of consumption may actually be

detrimental to health.

He recently presented a paper to the Northern Wisconsin Dietetic Association titled, "Up the Trail to the Olympics — Nutrition for the Athlete."

Don't let that title fool you. Rye believes that "nutrition and its role in performance" needs to be understood by everyone, not just athletes. He urges all people to become aware of, and involved in, exercise and nutrition.

Exercise is, after all, "the most efficient way to burn up fats in the body." Rye says that any type of exercise is good, although he does advocate aerobics to strengthen the heart and lungs. He also says that stretching and flexibility exercises are important before and after a workout.

In becoming more health-conscious, Rye notes that diet is as important as exercise. People should eat more fibrous foods and avoid foods that are high in fat.

Rye is beginning his second year at UW-SP as a visiting instructor from Pennsylvania State University. He is an active member of the UW-SP home economics faculty and is involved in developing nutrition awareness in the community. He also helps place and advise university students who work with Sentry Insurance's fitness and wellness program.

Rye has worked as a nutrition education specialist for the Arizona Department of Health Services, as an instructor in nutrition in Pennsylvania State University, and was community health nutritionist in Michigan's Upper Peninsula, where he planned and implemented nutrition programs for five Indian reservations. The work with Native Americans is particularly important to Rye because he is "concerned and interested in the health status of cultural minorities."



Logrolling isn't one of the Triathlon events. However, Dizzy Izzy is.

## Three times fitness

by Laura Nolan

If you are looking for a way to combine fun and fitness, you should look into the upcoming Triathlon.

The Triathlon will consist of a 3 mile run, a 9 mile bike ride, and an obstacle course. Each member of a three person co-ed team will compete in one of the phases. The obstacle course will have several different stations including jumping jacks, running backwards, and a game called Dizzy Izzy. There is a hall division, open division,

and a faculty and staff division. The entry fee is \$12.00 per team. This price includes t-shirts for participants and prizes for the top three places.

The action starts Sunday, Oct. 9, at 9:00 a.m. at the intramural field. If you would like to add some fun to your exercise program, sign up now! You can register until Friday in the Concourse Room of the University Center, or register at the health center on the second floor of Delzell Hall.

## Dean Smith room opens October 16

The University of Wisconsin-Stevens Point has opened a new room in which information about the community and the school will be distributed to visitors.

It will be dedicated Sunday afternoon, Oct. 16 in a public program and named in honor of a student who was working on its development at the time of his accidental death in the summer of 1982.

The Dean Smith Campus Preview Room is located in the University Center, adjacent the main lounge off Reserve Street.

Smith's parents, Mr. and Mrs. William Smith, 419 Collingwood, Peoria, Ill., and other members of the family will be special guests at the dedication program in which university officials will participate. A picture of Dean will be placed in the room. A reception will follow the ceremony in the Heritage Room of the University Center.

Dean was asleep in his bedroom when a fire heavily damaged his apartment house on the city's north side. At the time, he was employed as student coordina-

tor of the materials operation in which tapes, newspapers and magazines are signed out to users in the University Center. The facility to serve visitors is part of that operation.

In 1978, he was graduated from Richwoods High School in Peoria and he had attended UW-SP most of the time between then and his death four years later. He majored in water chemistry.

Alan Kaminski, Rosholt, also a student employee in the University Center, proposed that the new room be named for Smith. The center's policy board, which is comprised of students, concurred.

The Dean Smith Campus Preview Room has free brochures about academic programs, special services and general university information. It also includes materials about the Stevens Point area. It will be open from 8 a.m. to 11 p.m. most days of the year including Sundays. The building is only closed or has limited hours on holidays and when UW-SP is not in session.

## Folk dancers perform here

A performance by a folk dancing organization will conclude an afternoon of German American Heritage Day activities on Sunday, Oct. 9 at the University of Wisconsin-Stevens Point.

The UW-SP International Folk Dancers which has a diverse repertoire and costume collection and has entertained groups in all parts of the state since its formation more than a decade ago, will present its show at 5 p.m. in the Program-Banquet Room of the University Center.

The heritage day, marking the 300th anniversary of the first group immigration from Germany to the United States, will begin at 1 p.m. with the opening of exhibits featuring famous German-Americans, a collection of authentic German dolls, members of the local genealogical organization providing information on tracing German ancestors, and informational materials about German-American history.

The exhibits will continue throughout the afternoon in addition to German music, sale of baked good and candy, and the showing of films

about German-American immigration.

A demonstration of German baking will be held at 3 p.m. followed by a program on the Kohler Family of Kohler presented by Claire Milbourne, special projects coordinator for the Kohler Co., at 4 p.m.

All afternoon events are open to the public without charge.

The banquet featuring favorite German foods will be held at 6 p.m. in the Wisconsin Room. Tickets at \$9 each are available through Oct. 6 and can be reserved by calls to the UW-SP Foreign Language Department at 346-3036.

The language department faculty and student members of the German Club are sponsoring the heritage day. They have secured materials for display, including the dolls, costumes and films from the Institute for Foreign Affairs in Stuttgart, West Germany.

The recipient of a National Science Foundation Science Faculty Fellowship in 1965-66 and a National Endowment for the Humanities Research Fellowship in 1980-81, Wartofsky is the author of three books. He is the editor of the "The Philosophical Forum" and has contributed numerous articles to professional journals.

His appearance at UW-SP is one of the programs associated with "Devices: An Exhibition of Technological Art," and is free to the public.

### Devices . . .

Noted aesthetician and philosopher Marx Wartofsky will give a public talk at 8 p.m., Wednesday, Oct. 12, in Michelsen Hall, Fine Arts Center.

Wartofsky, who recently assumed a new position at the City University of New York, will discuss the relationship of art, technology and society.

He formerly taught in the department of philosophy at Boston University from 1959 until this year, and he served as chairman of the department from 1967 to 1973. He holds M.A. and

Ph.D. degrees from Columbia University.

His appearance at UW-SP is one of the programs associated with "Devices: An Exhibition of Technological Art," and is free to the public.



# mail

## What wellness?

To Pointer Magazine, Whoever said the UWSP campus population promoted and lived with nutritional awareness toward a lifestyle of positive wellness? I didn't. Books, publications and media as well as many people have. The food offerings on the board program surely don't completely speak it. Some sounds and words are uttered, but nonetheless, the full statement is not there.

"What are you talking about? What about the nice salad bar and the fruit—isn't that wellness dining?" you say. Well, yes and no are the answers. Yes, integral to a high-level wellness eating plan are plentiful amounts of fresh, raw vegetables and fruits as well as the types of cheeses. The boiled egg is a good, easily assimilable source of protein, lecithin, zinc, vitamin A and other nutrients. But even Ponderosa Steakhouse, Big Boy and Burger King have similar salad bars. Ours at DeBot

and Allen is not too outstanding.

Sure all this is nice, but it is not wellness dining. Where are the all-natural whole grains, such as in breads, hot and cold breakfast cereals, rolls, noodles, pastas, cooked-cold natural grains at the salad bar and as ingredients in other entrees? What is this we see in the morning and at other meals? Froot Loops? Cap'n Crunch? and even Rice Krispies and sugary, over-processed All Bran in the Mona Mix? Are we trying to guide and educate people toward positive well-being, or stealing vitamins and minerals, cause tooth decay and destroy health. I believe you as students who write to the food service contract for the board plan should take a moment for introspect and reflections. What are our motives? Are we going to kiss one cheek and slap the other?

They, meaning DeBot or Allen Centers, offer a nice wholesome entree such as

Brown Rice Casserole, Grilled Liver or Baked Fish only rarely and recently I noticed the Baked Fish had refined white bread crumbs baked on top of it. I'd think it'd be easy to get confused about exactly what is wholesome, natural food and good nutrition wellness-style.

I don't think we're setting a very good example. I truly believe that if all people were enlightened and educated about what high-level wellness truly is, they would opt for it rather than your basic typical American, over-processed, refined, chemicalized faire. It is very feasible if we only but speak out rather than idly complaining. I feel it would also be a prerequisite if we're going to call ourselves a campus concerned about the well-being of its students to offer steamed, baked or stir-fried poultry, fish, veal, lamb, and liver far more often. A nice vinaigrette of cider vinegar, sunflower oil and herbs would be in tune with assumed philosophy.

Donald Ardell in his fine book "Fourteen Days to a Wellness Lifestyle" is nice enough (or blind to reality) to mention UWSP in his book in a section on innovations in the area of wellness. We don't come near to offering

unprocessed wheat bran on the tables all the time as it states in the book. We don't even come close to Ardell's excellent standards and guidelines for high-level wellness. Where is the unprocessed low-fat yogurt with active cultures such as Dannon Plain? It should be offered at every meal. Everyone needs good healthy intestinal flour and easily assimilable calcium.

The possibilities are limitless. Prevention Magazine always has many excellent recipes. Yogurt-fruit ices made with Dannon plain yogurt, honey and fresh fruit would be a great dessert. Various varieties of unprocessed cheeses should be offered such as Farmers, Neuchatel, Mozzarella and Swiss. Other varieties of raw vegetable nuts should be available such as almonds, cashews, pine and pecans. Foods or entrees with brewer's yeast and wheat germ should be included as superior sources of B-vitamins and educational dogma in form of charts or posters or flyers dispersed on these and other nutrients and foods. Often I find I'm eating lunches and dinners from the salad bar alone because I refuse to eat the other offerings of low-level worseness foods. Then

often I find it difficult to try to make complementary protein from legumes and grains because I refuse to eat the over-processed, poor-quality grains available, especially, in my opinion, the abhorable banality of banner brand breads offered. They are as good for you as they are squooshy and compactable! I think this can and should quickly be changed in terms of making a high-level wellness menu plan standard at all times. For drinks, plan a vegetable cocktail such as low-sodium V-8 should always be at pace's length and herbal teas such as Celestial Seasons would be a true and health-promotive innovation.

Above all, we should speak up and get involved. Only then will change be realized. The contracted firm is willing to provide what is best and what is asked for, although I think, as for all students and faculty, even the contracted food service operation should be taught and enlightened to the basics of high-level wellness and especially the dimension of nutritional awareness. If we make noise for this cause, the campus food service board program will speak

Cont. on p. 25



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# news

Primary victors

## ● Horvath, McQueen to vie for Assembly seat

by Joseph Vanden Plas

Democrat William Horvath and Republican Ralph McQueen, both of Stevens Point, will vie for the vacated 71st District Assembly seat by virtue of their respective primary victories Tuesday.

The seat became vacant when former representative David Helbach (D-Stevens Point) was elected to the state Senate Aug. 2.

Horvath emerged victorious in a five-way Democratic Party race that included Stan Gruszynski, former Director for the state Senate Democratic Caucus; former state Small Business Council member Kim Erzinger; Portage County Board Supervisor Dorris Cragg; and Portage County Democratic Party Chairman Lon Newman.

McQueen, who ran unopposed, will face Horvath in the general election Nov. 1.

The totals for the Democratic Party race are as follows: Horvath received 2,002 votes, garnering 28 percent; Gruszynski received 1,644 votes, good for 23 percent; Erzinger was right behind Gruszynski with 1,643 votes, also good for 23 percent; Cragg finished fourth with 991 votes for 14 percent; and Newman was fifth with 932 votes, good for a total of 13 percent.

Horvath, a 10-year member of the Stevens Point Common Council, based his campaign on maintaining existing programs that "have the



Horvath

greatest need" in the state, the reduction of taxes when the state's fiscal situation improves, support of higher education and the fair treatment of all those involved in the ground water contamination issue.

McQueen, who says his lack of political experience is more of a help than a hindrance, stressed the need to reduce what he believes is excessive taxation by the Earl administration.



McQueen

R.B.

He favors the elimination of the state capital gains and inheritance taxes as well as reductions in taxes that have been implemented during Earl's brief term.

The GOP candidate contends that his not having served in government is an advantage. He said he's been in the "real world" outside government and realizes that people are hurt by overtaxation.

### AMERICAN NEWS CAPSULE THE NEWS THAT WAS

by Joseph Vanden Plas  
International

Washington, D.C.—President Reagan proposed the United States and Soviet Union destroy at least 5 percent of their nuclear arsenals each year.

The president, in an attempt to get the deadlocked arms talks moving, said all components of the U.S. triad would be included in the negotiations. "Let me emphasize that the United States has gone the extra mile," Reagan asserted. "We have gone a very long way to address Soviet concerns. But the Soviets have yet to take their first meaningful steps to address ours."

Washington, D.C.—President Reagan said he would not visit the Philippines as scheduled in November.

Although the administration cited domestic reasons for the decision, it is widely believed that the political

turmoil in the Philippines was the major factor. Reports indicated that Nancy Reagan opposed the trip because of the possible threats to her husband's safety. Philippine President Ferdinand Marcos had said his government could not guarantee Reagan's safety.

The president will proceed with planned visits to Japan and Korea, however.

#### National

Washington, D.C. — Senator Jesse Helms (R-North Carolina) attempted to block passage of a measure that would make the late Dr. Martin Luther King's birthday a national holiday.

Helms argued during a Senate filibuster that King associated with communists and that he used non-violence as a "provocative act." He also said the nation didn't need another national holiday.

Cont. on p. 9

## Rape a fabrication, Osinga

by Chris Celichowski

After inspiring over a month of fear among women in the Stevens Point community, the reported rape of an 18-year-old Mosinee woman in Schmeckle Reserve on Aug. 24 was a fabrication, according to Portage County District Attorney John Osinga.

The woman had allegedly been abducted outside Nelson and Neale Halls by a man with a knife who approached from behind.

After threatening her with the knife, the man took her to the reserve and sexually assaulted and physically injured her, the woman said.

The report touched off concern in the community prompting local law enforcement officials, campus security, and the state Crime Lab to undertake a large-scale investigation. Law enforcement agencies throughout Wisconsin and Massachusetts were also contacted.

On Sept. 15 the woman picked a suspect out of a po-

lice line-up and demanded that he be arrested despite the man's undeniable alibi, said Osinga.

After taking into account other inconsistencies in the woman's statements, police gave her a polygraph test.

"She failed miserably, one of the worst indications of fabrication he's (the polygraph operator) seen," said the district attorney.

The polygraph records simultaneous changes in pulse rate, blood pressure, respiration and other physiological indicators which supposedly denote whether the test subject is responding truthfully to the examiner's questions. Despite objections from many in the law enforcement community, polygraph evidence remains inadmissible in court.

Osinga also said scratches found on the woman's body after the alleged assault were found to be self-inflicted.

Stevens Point Police also contacted law enforcement officials in Massachusetts,

said Osinga, and uncovered another fabricated sexual assault made by the woman as a 14-year-old juvenile. She was not convicted in that case.

Some questions have been raised about releasing facts pertaining to the woman's juvenile record, but Osinga defended the action.

"That gives a context to this whole thing," he said. "That information was initially received from a source other than the police department actually, and that, to my mind, gives a pretty good context to what we had in terms of her fabricating the whole thing."

The woman was also shown to have self-inflicted scratches in the Massachusetts case, according to Osinga.

Finally, body samples analyzed by the state Crime Lab showed she had not been sexually assaulted as she maintained.

Despite the evidence discounting her story, the woman—  
Cont. on p. 9



## Denies wrongdoing Bentley given opportunity to testify

by Bruce Assardo

Most of the delegates to the United Council have one thing on their minds, they want their president, Scott Bentley, to resign. A special session of the UC will be held on the UWSP campus October 16 to give Bentley a chance to defend himself and as Student Government Vice-President Tracey Mosely put it, "to prove to the schools who voted for him, he has the ability to run the organization."

Bill O'Brien, the President of the Student Association at UW-Oshkosh, said the meeting was called to give Bentley a chance to give his side of the story. Said O'Brien, "If he's not there, he will be in more trouble than he is now."

Bentley came within two votes of being removed at an investigative hearing last month. The United Council Investigative Review Committee (IRC) presented their charges of misconduct, illegal activity, and unexplainable negligence to Bentley. The IRC convened in closed session on September 24 to decide the fate of that organization and its president, who remained silent throughout the hearing.

According to Scott West, UWSP's Student Government Association president, two votes were taken. The first failed by two dissensions and after moving to reconsider, the second vote added another "no" to that tally.

The charges against Bentley range from violations of the UC constitution to misuse of funds. The IRC said Bentley and the Women's Affairs director violated Article I, Section 2 of the UC constitution which forbids lending "United Council's name...to any political organization..." by attending the Democratic Convention. The IRC also charged Bentley with not following proper UC dismissal procedures in his firing of Executive Director Todd Theissen this summer.

The board also charged Bentley with exceeding the spending limit on a UC credit card. The United Council's accountant denied recommending to Bentley the board should get the credit card. The IRC's report said the accountant was unaware the card existed until slips began to appear in the ledger.

The IRC's charges include different travel expenses including amounts for \$329.00, \$600.00, and \$863.00 which it claimed are all unaccounted for. An amount of \$300.00 is under examination for the use of a customized van for some of the UC staff, including Bentley and some Madison delegates to go to a UC

meeting at Superior.

Mosely said Bentley exceeded the spending limit set by the UC board by several hundred dollars. He said Bentley stayed in a "ritzy hotel in Atlanta" while the other delegates stayed in the dorms on the campus. Mosely said Theissen was fired by Bentley in Atlanta because Theissen tried to stop him from spending so much money.

Bentley denied all the charges against him. In a POINTER MAGAZINE interview, Bentley said, "The charges are false. This has gotten far out of hand." Bentley went on to say the IRC is not a legitimate committee because they did not follow the new UC by-laws for judicial sessions. He said "The people who voted on this issue had never met me, much less knew what was going on." He also said the IRC called only their witnesses and didn't give him the same opportunity.

The special session to be held on October 16 needs two things: First, five schools need to sign a request saying they want the session and the president must call for the meeting in order for it to be an official session. Bentley has not agreed to call the meeting, but SGA says they will meet anyway. West said it will be a chance to "firm up our position with other schools...and to firm up votes to make him resign."

### Academia

## University plans for camp run into snag

by Laura Sternweis

UWSP's plans to move its summer forestry camp were dealt a blow last week when the U.S. Forest Service rejected Governor Earl's bid to convert the university's current camp at Clam Lake into a prison site.

Following the Forest Services' discussion, the state Legislature's Debt Management Committee delayed authorization of bond issues necessary to fund a new forestry camp at Treehaven, near Tomahawk. The committee wants UWSP to reconsider the move in order to cut costs. According to the Milwaukee Journal, the university wants bond-issue permission to build a \$480,000 schoolhouse to be paid off by taxes and a dormitory to be paid off by student fees. The Board of Regents may have to decide soon whether to renew the Clam Lake lease or proceed with the Treehaven project.

The Earl administration proposed the Clam Lake fa-

If Bentley does not call the meeting before then, no action will be able to be taken until the October 21 meeting of the Council at Superior. Bentley said that meeting, he will have lawyers representing him.

Bentley quelled rumors he'll resign Friday (October 7). He said he didn't know what he'd do if he had to resign and said "he's just trying to keep things in perspective." Bentley added, "It's taken its toll on my health and the staff's health."

"Our Senate has decided," said West, "we will remove ourselves from the United Council if (Bentley) doesn't resign by the Superior meeting." West said he expected other schools to file suit. Mosely said there needs to be much stronger leadership in the U.C. In a confidence vote taken at the IRC meeting, Bentley received 35 votes of no confidence, three positive votes and three abstentions.

Mosely said much fault lies with the board itself because it allowed too much to slip by. He said they should have gotten more background on a lot of issues in the first place. He said "we'll look closer in the future."

After the Superior meeting, Mosely said the board should start from scratch and decide what is it we want to do and what are our

specific goals." Mosely said there has to be better communication between the schools and there have to be stronger lobbying efforts in Madison and Washington.

The Stevens Point hearing October 16 is an opportunity to give the member schools a chance to discuss the charges and allegations against Bentley so they can make their decision on October 21. So far, Bentley has not called the meeting and doesn't recognize the Investigative Review Committee.

In his words, "I have never done anything that would be considered an abuse of power. I have done my job well and I'm good in front of the Board of Regents. I've done a good job representing the majority of the students." He said the charges have taken up more of the U.C.'s time than their regular business. He said the issues he's working on now include getting a student Regent, Access to Education, and Handicap Access.



SGA is sponsoring two weatherization workshops for students. The first was held last night and the second is scheduled for Oct. 12. For further information call 346-3721.

UW-Madison student, and representatives of the state's labor and industrial community.

### Garvey says...

Madison — Deputy Atty. Gen. Ed Garvey came under fire last week for remarks he made concerning a collective bargaining bill for UW system faculty.

Garvey compared UW faculty to pro athletes in his testimony supporting the bill, and said the UW operates under "shared governance" or "co-equal management system."

Sen. Donald Hanaway (R-De Pere) was "absolutely astounded" by Garvey's comments and thought his testimony "totally inappropriate" since the issue "didn't materially relate to the responsibilities of the attorney general's office" and there were "no legal questions that needed clarification."

### Reagan awards

Washington, D.C. — Schools in Milwaukee, Cedarburg and Eau Claire received awards of excellence from President Reagan last week.

Representatives from Milwaukee's Rufus King School for the College Bound, Cedarburg's Webster Transitional School, and Eau Claire Memorial High School met with Reagan at the White House ceremony.

### More funds made available for students

Menomonie, WI — The Nigerian Embassy sent \$23,000 to UW-Stout to pay the overdue tuition of seven Nigerian students. According to a university spokesman, the sum wasn't enough to cover the students' entire 1983-84 tuition and maintenance costs.



# POINTER MAGAZINE POLL

A random sampling of UWSP student opinion.



**Jean Prasher**  
Senior  
Public Administration and  
Sociology  
Appleton  
"I think it might curb it slightly, but I agree with those who say teenagers will get alcohol anyway."



**Ann Adams**  
Senior  
Early Childhood Education  
Brookfield  
"Yes, because I think that getting alcohol out of the schools will help. It will make alcohol less accessible to younger students."

**Karl Kunath**  
Sophomore  
Undecided major  
Mercer  
"I don't think so. I think that teenagers abuse it now as it is and if you raise it they will continue to abuse it."



**Diane Engelhard**  
Sophomore  
Pre Law  
Stevens Point  
"I don't think raising it to 19 will eliminate the drinking in high school. I do think raising it to 21 will improve the situation."



**Lisa Christenson**  
Senior  
Communication Disorders  
Whitefish Bay  
"Yes. It can't hurt because by raising the drinking age it decreases the amount of people within the immediate high school environment who are legally able to purchase liquor and then make it available to underaged people."



"Here's lookin' at you, kid."

That's how Bogie toasted Bergman in "Casablanca" — that unforgettable 1943 movie.

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**Paul Reser**  
Senior  
Anthropology, Psychology  
and Social Science  
Stevens Point  
No, I don't. I guess from what I know about teenage drinking, at least from my experience, when I was 16 I could get something to drink. If you couldn't get it yourself, you had friends 18 who could get it for you."



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## Question: Do you think raising Wisconsin's drinking age will curb teenage alcohol abuse?



**Betty Goodwin**  
Senior  
Biology  
Arlington Heights, Illinois  
"Yes, I do because the drinking age in Illinois is 21 and when I was in high school not too many of my friends drank. When I came to school here I was surprised at the number of people who had been drinking for years and years."

**Denise Roberson**  
Freshman  
Psychology  
Washington, D.C.  
"No, because 21 is not that much older than 18 and most people have friends that age who have access to alcohol."



**Thomas F. Nevins**  
Professor of Theater Arts  
"Gut level, not really. If a person wants to drink he'll get a drink. The only thing it might do is decrease the number of kids who come from other states to Wisconsin to drink."

**Paul Warner**  
Assistant Professor of Economics  
"No. Speaking as someone who recently arrived from a state where the drinking age is 21 (Washington), I don't think it's an enforceable law. When you have unenforceable laws people have no respect for the law. There are other ways to solve the problem."



**Liz Molholt**  
Senior  
Psychology  
Milwaukee  
"No, I really don't think so because I think if they want alcohol they're going to get it."



Photos by Rich Burnside



# Gov. Earl defends position on academic issues

The following interview with Governor Earl was recently conducted by Ken Meyer, Editor of the UW-Parkside Ranger.

**Q:** UW students currently pay 27.5 percent of the total educational cost, up from 25 percent. Is there any chance of that increasing again?

**A:** Unfortunately, I think there's a lot of chance it will increase. As a matter of fact, if the Board of Regents would have had its way last month, it would have increased to at least 30 percent.

One of the reasons I have felt so strongly on the faculty pay increase is that I think it ought not be financed out of greater increases of tuition, at the very least until such time that somebody has taken a look to see what that's going to mean to student access and the ability of folks to stay in college.

I think that further increases for faculty compensation ought to come out of general purpose revenues — out of our tax revenues, not out of increases in tuition.

And one of the issues I hope that gets addressed by the commission I have appointed to take a look at the faculty compensation issue is the question of further tuition increases. I remain



Gov. Anthony Earl (Bernard Hall)

opposed to them and it would take an awfully persuasive case to change my mind.

**Q:** Do you feel the percentage is fair between 25 and 30 percent?

I think that the state's policy of 25 percent, which it long was, was the right policy. I understand how it got to 27½, but I think we ought not have it incrementally

creeping up there, and I surely don't favor further increases beyond that amount at the present time.

**Q:** Concerning the professor "star fund," do you feel that there is a need for such a fund to keep quality professors in the UW System? And where should the money come from if it is necessary?

**A:** That money came out of general purpose revenues. I knew when I put this budget together late last year, that there's going to be very little money available for compensation for all state employees whether they're faculty members, people who work in Union Grove or who work at Waupun. We just knew that. We didn't have much money available.

But I also knew that the university and its faculty are uniquely subject to recruiting from other institutions. People don't come and recruit prison guards or recruit people who work in mental health facilities, but they do recruit professors.

So in order to enable the university to keep in the game in that recruiting, I made available — I asked the legislature to make available — a million dollars to use for those faculty — (who) later became dubbed "the stars" — to show them that we did care about them and to be able to give them something material to show that we wanted them to stay here with us.

**Q:** Do you feel that the lack of increase in salaries will be a detriment to the UW System?

I surely hope not. We made a lot more money available for the University of Wisconsin system. We put \$94 million more in their budget than they had before, in libraries, in educational facilities and a new funding formula.

We restored all the cuts, for example, that Governor Dreyfus had made — three or four of them across the board. (We) tried to demonstrate our support for the university system as a community, as a whole. Unfortunately, there have been some who only judged my support for the university on the paycheck issue.

I don't mean to minimize the paycheck issue — I know that's very important to some people. But I would hope that those who wonder how this administration stands in support of the university would take a look

at our whole support. And I think that our whole support has been one of the better university budgets that have been passed in a long, long while.

**Q:** What do you think about the Stevens Point professors placing a "jobs wanted" ad in order to protest the salary freeze?

**A:** Tacky.

**Q:** How do you address the 13 representatives from UW faculties who drafted a letter in angry response to the salary freeze?

**A:** I understand that. But we have in this state recently cut a huge variety of programs and we have raised taxes three-quarters of a billion dollars. I don't think that we can make additional cuts, nor ask for additional taxes at this time. And I'm not prepared to ask the legislature to do more of either at this time.

So I think for the current year we will be where we are. Next year there will be a bit of a salary increase, 3.8 percent. Not a hell of a lot, but there will be something there. And I hope the year after that we'll be able to do a bit better.

But this year circumstances dictate what we've done, not any imagined hostility toward the university.

**Q:** How high in your priority list is the UW System and what do you think its role in the state is?

Of all state operations, the University of Wisconsin is the most important on my priority list. It was one of only two state operations that got an increase in funding. The other was Corrections because we were so badly over-crowded.

I think the University of Wisconsin is our competitive edge and I strongly support it. But it is an entire community — it's not just faculty. It is faculty, and students and the taxpayers who support them. And to simply single out a part of it without regard to the effects of what you're doing to that part are on the other parts of the community is to make a mistake.

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### Bentley, cont.

Things don't look good so far for Bentley. Bill O'Brien from Oshkosh said, "If (Bentley) was any kind of professional...he'd resign."

Recently Wisconsin Student Association Co-President Timothy Lawless told the DAILY CARDINAL he was "carefully considering" giving Madison students the opportunity to pull out of the

United Council. This would mean a loss of nearly \$40,000 to the UC if it goes through. Lawless was quoted as saying, "There's no question Scott should resign. It's in everyone's best interest."

If Bentley were to resign, the Council would be taken over by W.S.A. Co-President Sue Knidorka until a new candidate, selected from the U.C. Board of Delegates is elected.



### Assault, cont.

an remains committed to her account of the events on that August night, said Osinga.

"She has pretty consistently, in spite of everything, tried to cover up any inconsistencies by some other lies, and when these lies are shown to be lies she comes up with something different."

Osinga indicated he "did not know yet for sure" if he would press charges against the woman for filing a false report. The woman has some personal problems, and some of the evidence law enforcement officials have, such as the polygraph results, are considered legally inadmissible, he said.

In addition, "Quite a bit of circumstantial evidence — a

lot of little facts — would have to be pieced together to make a case," he concluded.

Valerie LeGault, Director of UWSP's Women's Resource Center, said the apparent fabrication was a blow to many in the community.

"It's really sad for the rest of women on campus," said LeGault. "It's going to make their credibility in the eyes of the public bad."

"On the other hand, it makes the police department's credibility bad also. Do they try to cover up and cover up? Either way everybody loses," she concluded.

LeGault hoped the incident would not cause people to ignore what she considers the continuing problem of sexual assault and violence against women.



Ham Sandwich

R.B.

UWSP hams mug snugly together for this pic while attending a recent soccer match.

## Misread memo shakes up Protective Services

by Laura Sternweis

A misunderstood memo caused Protective Services to fire five students and then to re-hire them, according to Zeke Torzewski of Business Affairs.

On Aug. 4, Torzewski sent a memo to all Business Affairs directors, (including Alan Kursevski, director of Protective Services) stating that work-study employment should be their "first priority in student help." The memo also stated that the directors should hire student help "only through the Student Employment Office."

Protective Services had employed regular student help without the guidance of the Student Employment Office, Kursevski said, so on Sept. 15, the department sent

a memo terminating the employment of five of those students. Kursevski said he felt



Zeke Torzewski

that Torzewski had directed Protective Services to release non-work-study employees.

Torzewski said the Business Affairs departments were not directed to release student employees who weren't work-study. "The direc-

tor of Protective Services did this on his own. No one else took this action," he



Helen Sigmund

said. Torzewski countermanded the action and Protective Services retracted the memos.

Kursevski said the students involved would remain employed with Protective Services for the rest of the semester.

Torzewski said the purpose of his memo was to have the Business Affairs departments conduct their hiring through the Student Employment Office and use work-study help first. Hiring students outside of the Student Employment Office "wasn't improper until I put out the memo. Until that time the directors were operating properly," he said. The memo merely indicated a change in hiring policy for Business Affairs, Torzewski added. "We changed the policy to better use work-study."

Before Torzewski required that all Business Affairs departments hire through the Student Employment Office, Kursevski said that students who came in to Protective Services looking for work were often hired. "We'd interview them, run a check on their background to see if they were qualified."

"Now Helen Sigmund takes care of all our hiring," he said. Kursevski sends job descriptions to the Student Employment Office, and Sig-

mund finds qualified students for the jobs.

"My concern is that employers make an effort to use work-study," Sigmund said. She felt that all well-qualified students should have the chance for employment. "It's a shame when it boils down to who you know."

"The reason we've used regular student help is that the job (radio operator) is quite important. We need someone experienced," Kursevski said. Work-study students with low control figures could only work a short time, he said. "By the time you'd train them, their work-study money would be gone."

Kursevski had no objection to using work-study help for longer periods of time. His department had not been aware that work-study students were able to obtain larger control figures. "We would like to go with work-study help by next semester," he said. "Some of our regular help found out they were eligible for work-study."

### Capsule, cont.

Senate Majority Leader Howard Baker (R-Tennessee) had scheduled a vote on the measure Monday but Helms objected because it had not been sent to the floor by the Senate Judiciary Committee. President Reagan has not pressed the Senate for passage but was reportedly prepared to sign the bill into law if it won Senate approval.

Washington, D.C. — Democratic presidential candidate Walter Mondale received endorsements from the AFL-CIO and the National Organization for Women last weekend. The endorsements solidified Mondale's status as the front runner for the Democratic presidential nomination.

Washington, D.C. — The Senate joined the House of Representatives in supporting a compromise measure that will keep U.S. Marines in Lebanon for 18 months.

Under the terms of the agreement, the president must report to Congress every three months regarding Lebanon and must provide for "speedy" consideration of measures that would bring the troops home.

An amendment restricting the Marines' role in Lebanon was defeated in the Senate, 56-42.

Tucson, Ariz. — Several people were killed and thousands more were forced from their homes as floods resulting from week-long rains devastated southeastern Arizona.

The worst flooding occurred in the normally arid regions near Tucson and Clifton.

### State

Madison — Gov. Earl indicated he would sign a bill raising Wisconsin's minimum drinking age to 19 but

cautioned that more had to be done to control teenage alcohol abuse.

Earl, state superintendent of public instruction Herbert Grover and representatives from the state Coalition to Raise the Minimum Drinking Age offered support for a resolution that "implores" the Legislature to raise the minimum drinking age to 19 and "consider other substantive measures for reducing alcohol use and abuse by our youth." The governor said he wants tougher enforcement regarding drinking laws and greater attention to alcohol treatment included in any legislation that would raise the minimum drinking age.

### Local

Marshfield — Sentry Insurance chief executive officer John Joanis was listed in satisfactory condition after undergoing coronary by-pass surgery Monday.

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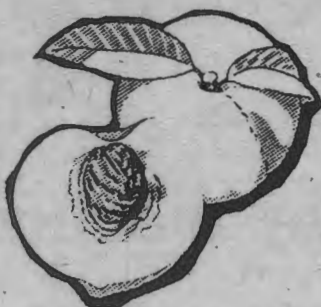




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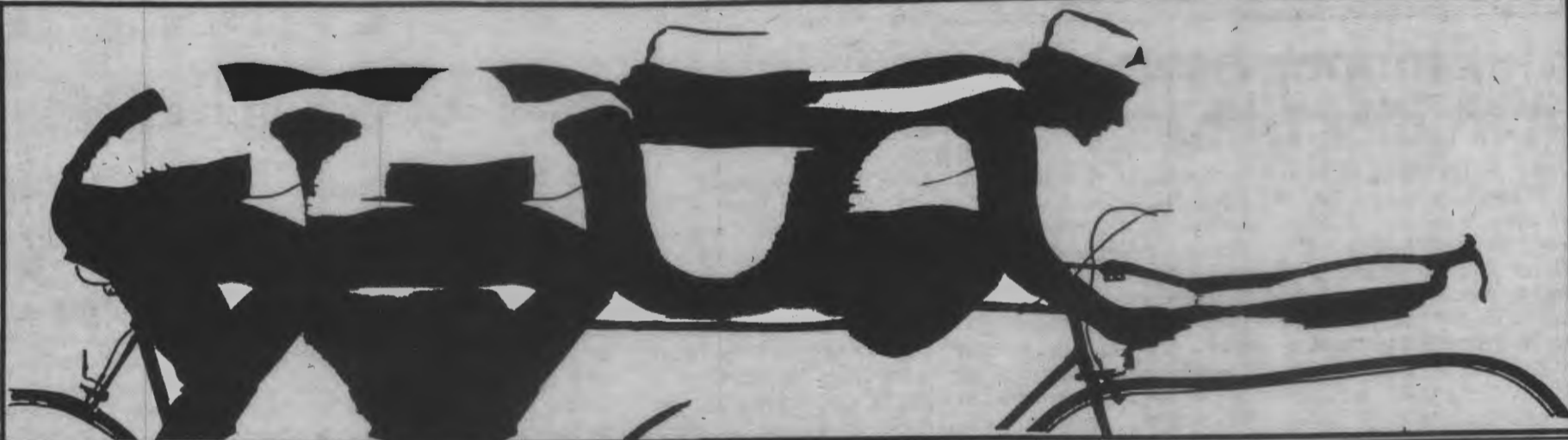


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# features

## Losing weight in a healthy manner not so preposterous

by Diane Tisch

If you were to pick a major at UWSP that promotes health, Physical Education should be number one on your list. With the wellness movement occurring on campus, the department is planning new programs for the students.

Dr. Munson, a PE professor, says there will be a variety of new classes offered in the upcoming semesters. These new classes will be offered in both the Leisure Pursuit and Health Enhancement categories. A Stop Smoking class and Alcohol and Drug Problems section are just a few examples.

"There will be fewer sections like badminton in the Leisure Pursuit category, and more dealing with cardiac vascular conditioning. It is important to know recreational skills, but it is more important to condition the body," Munson says.

He also said the classes are developed through the cooperation of many depart-

ments on campus. "We have a good relationship with other departments which makes programming stronger. Each department has something to offer for the wellness concept."

The Physical Education department is developing a testing procedure for all incoming freshmen. A student having sufficient levels of knowledge about health can test out of some of his or her Phy Ed general requirements. The student may test out of a maximum of two credits, one from the Leisure Pursuit section and one from the Health Enhancement category.

"If students know the information and if they prove it, they don't have to take the class. It is just like testing out of math or English. I don't want to work with individuals that know everything, but I would rather teach people that don't know," says Munson.

"Changing Your Fat Ther-

mometer" is a one-credit phy ed class that began Monday. It is taught by Sandra Ruston and Cindy Schmitz, both from the Health Center. The prerequisite for the class is an unusual one. Students must be at least 20 pounds overweight. The participants' main objective is to lose weight in a healthy manner.

The structure of the class is based not on dieting but on theory and exercise. It consists of in-class lectures and walking.

"Dieting doesn't work. People diet and later they go on a binge and end up gaining 10 pounds extra," said Ruston.

According to Cindy Schmitz, the theory that will be taught is called the Set Point Theory. "There is a mechanism in the brain which controls a person's weight called the set point. The only way you can change this point is not by dieting but by exercise."

Dr. Bowen, a PE professor, says "Changing Your Fat Thermometer" is a very specialized class. "They are dealing with a health problem at a crises level. All of us want to prevent this health situation from ever occurring."

Classes presently offered at UWSP include the "Healthy American" and "Stress Management." Both classes are in the Health Enhancement category.

In the "Healthy American," students are given a test in the first class meeting. The professor can find areas where there is a lack of knowledge concerning health. The instructor will then emphasize his lectures on weak areas. A major part of the class emphasis is on an activity program which the students follow the second eight weeks.

Professor Munson said, "There is a great lack of general information in the health area. I am amazed

how a lot of people don't know how to plan an exercise program for themselves."

In "Stress Management" the students are given information concerning stress and the ways to reduce it. They learn what happens physiologically to their bodies when stress occurs.

"The students have the exposure and the chance to practice different relaxation methods in "Stress Management." Approximately 80 percent of all illnesses are stress related. This class may help reduce the chances of disease and illness," said Nancy Schoen, a PE professor.

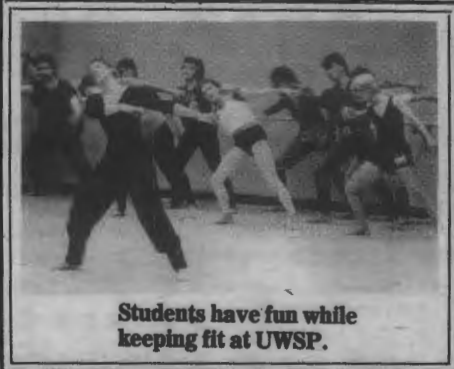
Dr. Bowen said he has seen quite a change on campus. He sees a more positive interest in health and wellness. "The change is not only among students but among our faculty. I don't know the determining factor but whatever it is, it's good to see."

## Blubber beware: Aerobics trims the fat

by Jill Fassbinder

"There's a whole lot of dancing going on." Where? Stevens Point! Why? Because lots of people, men and women alike, are interested in getting in shape while having fun at it too!

At the Phy. Ed. building, in the Berg Gym, an aerobics class is held Mon. through Thurs. nights at 7. As the hour approaches, the gym begins to slowly fill until finally over 50 people are waiting...waiting to exercise, dance, and sing along, if they want, to some of their favorite hits.



Students have fun while keeping fit at UWSP.

patterns bring the room alive. The people responsible for this jamboree of fun and fitness are four interns in the health and physical education departments. They are: Kerri Bouchard, Barb Harman, Lee Kielpinski, and Carol Saduske. These ladies choose the music, coordinate the routines, and take turns instructing the class. They bring life to the room as well as generate energy to the other bodies around them.

The class can be taken for credit or just for the fun of it. Interested persons can join at any time and can

Bodies of all shapes and sizes fill the room, covered with some of the wildest outfits you've ever seen. They range from the basic shorts and T-shirts look to Danskins, to cut-off anything. All the latest styles from "Flashdance" seem to promote the most energy for the class, while vast colors and

catch on to the simple routines fairly quick.

Instructor Lee Kielpinski comments on the popularity of the aerobics class, "People are probably getting bored with running and this is fun, easy, and exciting. The group interaction is also another reason."

Cont. on p. 13

## Change in lifestyle - change in weight

by Trudy Stewart

St. Michael's Hospital has recently begun a program designed to help persons with weight problems to find alternative methods of dealing with those extra pounds. The "Fit Not Fat" program, according to Community Health Coordinator Pat Helmick, is taught by health professionals and is based on behavior modification practices.

"The key to effective weight control," says Helmick, "is to keep food intake and physical activity in balance. Properly programmed weight reduction involves

making certain changes in one's lifestyle to form new attitudes, new eating habits and a proper rest and exercise schedule. The secret of permanent success in weight reduction is to learn new habits so well that they remain with you forever."

This sensible approach to weight control begins with a complete evaluation that includes:

- \*Physical assessment determined by skinfold calibration, calculation of ideal body weight, circumference measurements of wrist and arm, and recording of pulse and blood pressure.

- \*Initial, personal dietary assessment.

- \*Instruction in keeping a nutrition and dietary journal.

- \*Flexibility and stretching experience prior to a program of aerobic exercise.

- \*Introduction to the concept, goals and rewards of the practice of behavior modification.

Helmick defined the main emphasis of the "Fit Not Fat" program as being "accepted behavior modification. The goal of the program," she states, "is to replace the food-consumption

Cont. on p. 13

## The discontinued "SAGA": Canteen stresses nutrition

by Chris Mara

University administrators were concerned for the future of the Nutritional Task Force's program when Canteen outbid Saga for the new five-year service contract.

They have to worry no more, for the representatives from Canteen were "very impressed with the program" according to Bill Hettler, director of the Student Health Center.

The Nutritional Task Force, the brainchild of Health Service's Carol

Weston, has impressed more people than Canteen's representatives with its program. The program was presented to the American College Health Association and Dartmouth College liked the concept so much that they are in the process of duplicating it. It has been featured on TV programs such as "Good Morning America," "Hour Magazine" and "Really Living." The "Community Nutritionist" magazine published an article concerning the program also.

The Task Force is made up of professionals from Health Services, the Home Ec. Dept. and the food service. They hope to achieve three basic goals through their program: 1) Decrease student consumption of sugar, salt and fat. 2) Increase consumption of complex carbohydrates. 3) Increase consumption of water.

To accomplish these goals, menu changes have been made and an educational program is underway.

Cont. on p. 13



# Women labeled as irrational, what can the culprit be?

by Kim Jacobson

For centuries, some women have been characterized as being fickle and irrational people. Perhaps the real culprit is PMS (premenstrual syndrome). When Semonides wrote his essay on women in the sixth century B.C., he said:

"She has two different sorts of mood. One day she is all smiles and happiness...There is no better wife...nor prettier. Then another day, there'll be no living with her, you can't get within sight, or come near her, or she flies into a rage and holds you at a distance like a bitch with pups, cantankerous and cross with all the world...The sea is like that also. Often it lies calm and innocent and still...Then it will go wild and turbulent...This woman's disposition is just like the sea's since the sea's temper also changes with time."

If it would have been known, physicians would have probably diagnosed this woman as suffering from PMS. Finally, after a long awaited period, PMS is being recognized as the serious

ailment it is.

The cause of PMS is unknown, but it is speculated

ing in-England has been treating women with a progesterone supplement.



PMS often leaves a woman feeling, among other things, depressed and lonely.

R.B.

that it surfaces due to insufficient amounts of a female hormone called progesterone. For some 30 years, Dr. Katharina Dalton, a leading specialist on PMS, practicing

in the U.S., physicians who accept Dr. Dalton's theory are just beginning to prescribe progesterone as a treatment for PMS. Unfortunately, doctors here are just

beginning to recognize this syndrome as a physical disorder rather than a "figment of a woman's imagination."

As its name suggests, premenstrual syndrome, (pre or before the menstrual cycle) symptoms may occur from the time a woman ovulates until the first day of her period. These same symptoms will disappear a week or two following the period only to return the following month.

Here at UWSP, Sandra Ruston, a nurse at the Health Center, has done research and attended workshops on PMS. She said there are varying degrees of the syndrome ranging from mild to severe. She further explained what many common symptoms are: acne flare-ups, tension, depression, anxiety or panic attacks, irritability or angry outbursts, crying for no reason, fatigue, mental confusion or forgetfulness, clumsiness, craving for sweets, carbohydrates, salty foods or alcohol, water retention that may cause breast tenderness, bloating of the stomach, ankles, feet or fingers and joint pains to headaches, backaches, cold sores, sties,

genital herpes, sinus problems, asthmatic attacks and even seizures.

I'm sure that many women reading this are skeptical and think to themselves, "many of my friends have any one or more of these symptoms before her period." The shocking truth is that nearly 40 percent of women suffer from PMS in varying degrees. Therefore, it is highly likely that you or any number of your friends could have PMS, in varying degrees.

If you suspect having PMS, Ruston suggests keeping a journal for three months in order to keep track of all your feelings, both physical and emotional. This means the slightest muscular sensations to feeling suicidal. Yes, being suicidal can be a symptom of PMS.

When you've gathered as much information as you can, take it to a doctor (preferably one who acknowledges that there is such a thing as PMS) and show him your journal. It may mean the difference between feeling like a beast to feeling human.

## Anorexia

# It's not just for kids anymore

by Trudy Stewart

Although it is a fairly young disease, with scant one hundred years of recorded history, anorexia nervosa has managed to stir up much contradiction and confusion. Of psychological origins, anorexia nervosa manifests itself typically in young girls, with the onset associated to some emotional upset and outstanding symptoms of severe emaciation, constipation, loss of appetite, slow pulse and respiration, and a high level of exercise in comparison to calorie intake.

Psychotherapist Steven Levenkron, author of *The Best Little Girl in the World* (Contemporary Books, Inc.), states in a "Teen" article, "Anorexia nervosa affects one teenage girl out of every 150. In past years, a ten percent death rate was considered average, now, with improved diagnosis and treatment, fatalities may have dropped to two percent. But, that means we're talking about 1600 to 2000 girls who will die this year from anorexia."

"The anorexic," he suggests, "is the kind of kid who has to do everything to perfection. They commonly

have a distorted mental image of themselves and are often caught up in ritual, self-destructive behavior."

In a "Dance" magazine interview, L. M. Vincent, M. D. contends that anorexic patterns have been encountered in young female classical ballet students. "Though thinness is part and parcel of dancing, some dancers, unfortunately, carry their "dancing weight" obsession a bit too far. Face it, there are few people in dance who aren't dieting or at least watching their weight, but our very real concern is for those with extreme attitudes about and measures for dieting and weight maintenance, including the ill-advised practices of laxative abuse, diuretic abuse, and self-induced vomiting. If someone is vulnerable to this type of behavior, being involved in dance might bring it out or they might seek out dance as their avenue for expression."

Although usually associated with young girls, anorexia nervosa is being diagnosed with alarming frequency among adults. Particularly common among these adult anorexics is bul-

mia or binge-vomit behavior, which is harder to treat than simple anorexia because of the adult's unwillingness to acknowledge their problem.

Sharon Senner, staff psychologist with the Student Health Service at UWSP, indicates that bulimia may be even more hazardous because it works to accelerate the life-threatening symptoms of anorexia. "Many bulimics vomit every meal that they eat and as many as 50 laxatives a day are ingested in their quest for the "ideal of slimness." If you notice variations in behavior patterns in a friend and you feel that they are too thin and don't look healthy, the best thing you could do for them is tell them about it. Tell them you care and you think they should seek help.

"There are always ongoing programs at the Health Center and we will provide individual counseling as well as group sessions. To affect a cure, this disease must be treated with intensive therapy on a continuing basis." Senner said, "It takes a long time to develop the patterns of anorexia, but if you truly want to, with time you can overcome this debilitating and often deadly illness."

guidelines to restaurant eating, recipes and much more.

Call the Community Health Promotions Coordinator at 346-5346 for more information.

## Change, cont.

response to stress, anger and non-assertiveness with other viable reactions."

Also on the agenda to be discussed are fad diets,

## Canteen, cont.

Canteen has been cooperative so the program has basically picked up where it left off with Saga. The only changes being made are improvements such as "steak night" for the steak lover in you, a wellness bar at lunch as well as dinner for all you rabbits, and for those who want to "dine" in comfort, carpeting is being laid among other renovations.

As part of the program, someone will be available on Wednesdays to explain to those interested the Nutritional Task Force and its program. Choice eating is the goal whereby students will chose to eat healthier foods rather than forcing them to. The pop machines will stay but maybe milk will begin to look more inviting.

Another way they inform students is through nutrition messages posted weekly, such as "eat whole wheat bread." To encourage students to read and remember them, weekly contests are held. Seven students polled who remember the message-of-the-week win prizes as a small Jeremiah's whole wheat vegetarian pizza or a jar of Mona's trail mix.

The food service recognizes the need for its own employees to know what nutrition is all about so they are attempting to educate the whole staff.

Every now and then you wake up in the morning and realize it is Wellness Week. These Wellness Weeks are organized by two student groups, the Dietetics Club and the Student Health Ad-

visory who work in conjunction with the Task Force. Bake sales of nutritious snacks, displays, handouts on nutrition topics are all elements of Wellness Week. During these special weeks, food service holds "wellness nights." The food served on these nights is low in sugar, salt and fat.

The program has been in operation for two years with a cost of \$4,105. The food service and Health Services have been the only two divisions of student life to stick money into it. Is a healthier, more nutrition aware, student body worth four grand? I hope so.

## Aerobics, cont.

questioning gents who think it's just for women, you're wrong! A few guys have checked it out and have discovered the fun that can be had while exercising.

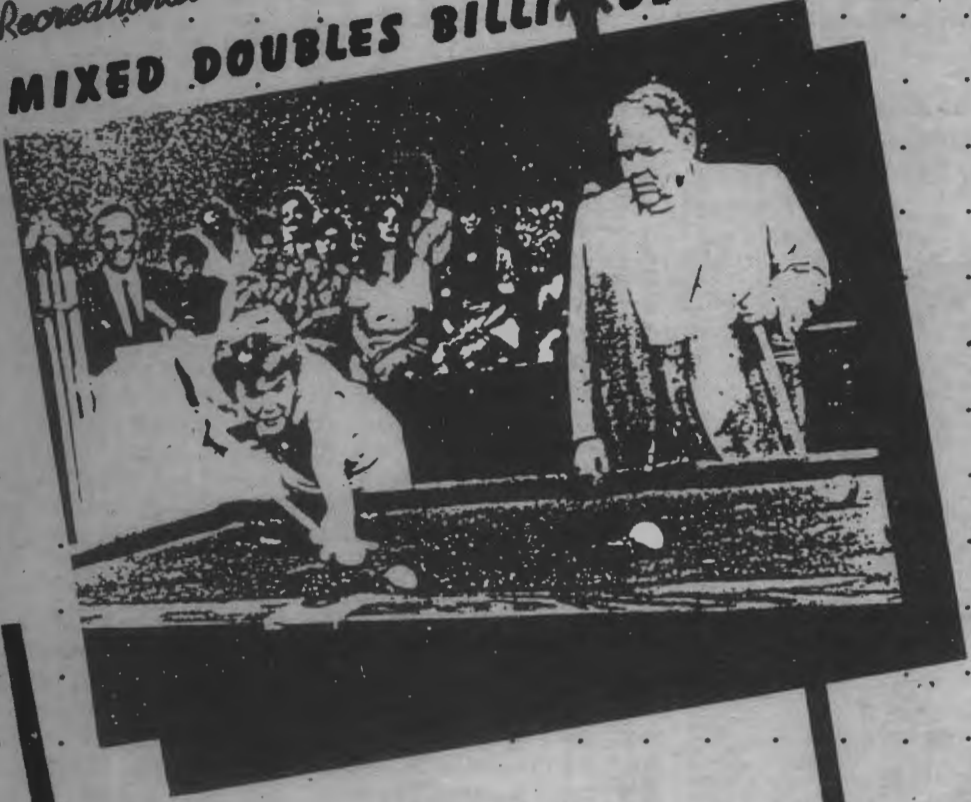
If you're tired of looking at exercise as a chore or type of punishment you have to put yourself through because you ate that whole pound of M&M's last night, perhaps you should check out the fun way to exercise, aerobics. Who knows, maybe next time you'll be able to treat yourself to two pounds!

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 The University Centers

## Pacesetters lead United Way drive

Setting the pace for this year's United Way drive are pacesetter companies, Worzalla Publishing Company, Wisconsin Interscholastic Athletic Association, and Del Monte. Two organizations have either met or exceeded their contribution goals. Worzalla Publishing raised

Worzalla employees contributed \$4,307, while \$2,154 came from the corporation. "After seeing the enthusiastic response of our employees, we decided to match their contributions by 50 cents to every dollar," said Chuck Nason, Worzalla executive vice president.



\$6,461 in employee and corporate donations and WIAA employees contributed \$1,000. The 1983 United Way fundraising campaign began October 1 and continues throughout the month for the rest of Portage County.

The goal of \$1,000 was met by the 22 employees of WIAA which reflects \$45.45 per capita. "Sharing is what it is all about and we're glad we were able to share more this year," said John Roberts, cont. on p. 15

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## No woman VP's in 1984 according to Christofferson

Many people are advocating it, but a woman vice presidential candidate is unlikely in the U.S. in 1984, says the chairman of the political science department at the University of Wisconsin-Stevens Point.

Professor Richard Christofferson says there is a "25 percent chance, at best" that a woman will be invited by the Democratic nominee to serve with him.

It's almost a certainty that George Bush will be on the ticket again if President Reagan seeks re-election. But if Bush declined, Christofferson believes chances are greater in the GOP than in the Democratic party for a female running mate.

The Republicans, he argues, have been more successful recruiting women candidates and then electing them to the U.S. Senate—"typical growing ground" for vice presidents. There are no female Democrats in the U.S. Senate.

Christofferson believes that on the whole, Democrats have a shortage of women leaders who have the experience and are known well enough on a national level to be nominated as vice president.

The professor believes a candidate having difficulty in his quest for the Democratic nomination, such as Sen. Gary Hart of Colorado, could gain significant new support by announcing he would definitely choose a female running mate.

He suggested, too, that Sen. John Glenn of Ohio or Walter Mondale of Minnesota could, if nominated by the Democrats, "do some old fashioned ticket balancing in a very new way" by choosing a running mate on the basis of sex instead of geographic region.

But Christofferson bets that a woman won't appear on the ticket for one or both of the major parties until 1988.

## Poetic Point prof prolifically publishes poetry for profit

Can a poet find happiness and financial success writing for commercial publications?

Richard Behm, an English faculty member at the University of Wisconsin-Stevens Point has proven that it's possible.

Behm, who already has five published books of poetry to his credit, is testing his pen in a new field — expository writing. His piece which will appear in a forthcoming issue of Sports Illustrated was his first try at a major magazine.

His working title for the article was "Schrodes, One July Night, Then." It is a reminiscence from his childhood when his father was part owner of a dirt stock car track. It was billed as "the fastest 3/8 track in Ohio," and Behm has recalled one of its most colorful drivers.

He says he will continue to write articles and short stories because of the many possibilities for using new

ideas. Also, the financial rewards are not too bad — Sports Illustrated paid him \$750 for the piece.

His abilities as a poet have not gone unrecognized, however. He was recently honored by the Wisconsin Arts Board with a \$2,500 Artist's Fellowship.

The writer is founder and editor of "Song," a literary magazine, and founder and editor of "Exchange: A Newsletter for Teachers of Writing," published by the UW-SP Writing Laboratory. He is faculty advisor to University Writers, a student group, and project administrator of the Central Wisconsin Writing Project, a teacher training program.

At least one fourth of Behm's academic time is spent in the Writing Lab where he works with both faculty and students. He has served for several years on the Rites of Writing Committee, which plans the annual spring conference on writing at UW-SP.

### United Way, cont.

executive director. "Knowing that the money is staying in Portage County is a big boost," added Joe Jones, who chaired the fundraising at WIAA. "After hearing a talk from C. Y. Allen, United Way vice president, we were able to meet our goal in one day."

Del Monte employees have raised \$2,600 which is 93 percent of their goal. Rick Tank, in-house chairman for Del Monte, stated that seasonal employment will end

this week and they will complete their campaign at that time.

Jim Ford, 1983 Drive Chairman, said "This year's campaign materials, the video tape and the Speakers Bureau have enabled the pace-setter employees to become more knowledgeable about United Way and the program it funds. It's encouraging to see the enthusiasm of those employees about United Way and their participation in sharing their resources for the benefit of the community."



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# sports



Coach Dave Nass instructs his team prior to their match against Lawrence.

## Pointer victory inspires netters for WWIAC play

by Tom Burkman

Yes, it was a surprise that the UWSP women's tennis team recorded a 6-3 victory over visiting Lawrence University here last Monday. But, it seemed no one was more surprised with the victory than veteran head coach Dave Nass.

"Yes, I'm surprised we did so well," commented Nass on his team's second victory of the season. "We (Stevens Point and Lawrence) really seemed to be more evenly matched than the score might indicate. We are really playing well today, though," he added.

Why is he so surprised? The main reason is basically inexperience. The Pointers have only one junior on the team while all the other members are either sophomores or freshmen.

"We'll have all new players, and we'll take our lumps," he says. "But I see winning seasons next year and the year after and even the year after that."

Well, this time the future seemed like now as the Pointers only lost three matches all day—two singles and one doubles match. Delores Much had the match of the day for Point as she split her first two matches and was behind 5-2 in the third set before rallying to win the set and the match 7-5. "She displayed a classic 'will not give up' attitude and accomplished an exceptional come-from-behind, upset victory."

Jodie Loomans, playing at No. 2 singles, won her match in straight sets. Loomans, "who is a much improved player and has great potential," has now won six consecutive matches.

Lisa Brunner and Lori O'Neill also won their matches in straight sets

while No. 1 Pointer player Robin Haseley lost a tough, three-set match to Kirsten Palmquist.

In doubles, Point won at No. 2 and No. 3—both in straight sets. Loomans and Brunner won 6-0, 6-3, while Wendy Patch and O'Neill posted a 7-5, 6-1 victory. At No. 1 for the Pointers, Haseley and Much lost 6-7, 3-6.

"Our doubles teams may finally be starting to settle in," mentioned Nass. "Today (Monday) all three combinations looked more coordinated in play tactics than they have to this date."

"This victory came at a critical time for us," he said. "Having lost several matches in a row prior to this, it was important to generate a win to reinstate some self-esteem."

That self-esteem has been hard to come by so far this season as the Pointers sport a 2-6 record. "We have been manhandled in some of those matches, but there's always much more learned in losing. Then you can analyze it, look back on it, and learn from the mistakes."

Right now, however, Nass admits he is using all of these non-conference, individual meets for experience as the conference matches are just around the corner—starting in about three weeks. "I'm sacrificing points and matches to teach the girls to hit both serves hard. I'm sacrificing matches to gain guts you might say."

One thing unique about Nass' philosophy is that he

Cont. on p. 18



## La Crosse last gasp squeaks by Pointers

by Bill Laste

The UWSP football team played perhaps their best game of the season at La Crosse on Saturday night, but their best wasn't quite good enough. The Pointers lost to the Indians 21-18.

It was a game which the Pointers appeared almost destined to win. In fact, with less than two minutes remaining in the game, the Pointer defense had the Indians in a fourth and 10 situation and the UWSP 18-14 lead seemed to be in little danger. However, La Crosse quarterback Todd Oberg lofted a 40-yard Hail Mary to Stan Johnson which gave the Indians a first down at the Point 13-yard line. Two plays later, Oberg ran in for the winning touchdown.

Pointer head coach DJ LeRoy found a lot to be happy with in the game, despite the fact that his team's record dropped to 2-2 and 0-2 in WSUC play.

"It was a very good effort by the team. I was very pleased with the amount of enthusiasm and effort. The kids played hard throughout the entire game, even when we were 14 points down."

The Pointers found themselves in that 14-point hole even before the first quarter ended. The Indians set up their first score on a Ken Van Vreede interception of a Dave Geissler pass at the Pointer 42. A few plays later, quarterback Bob Krepfle hit Ken Schmidt for a 14-yard touchdown and the Indians led 7-0.

The Indians scored on their next possession after taking a punt in excellent field position at the Pointer 37. Bob Krepfle topped off this seven-play drive with a five-yard scamper for a touchdown to give La Crosse a 14-0 lead.

The Pointers, however, refused to fold. In the second quarter Dave Geissler engineered a 76-yard drive which featured a 24-yard pass completion to Mike Gaab and a 15-yard reception by Curt Thompson. A few plays later, Gaab took a Geissler pass 25 yards for a touchdown and the Pointers trailed by seven.

On the Pointers' next possession, Jon Kleinschmidt nailed a punt that put the Indians on their own 1-yard line. After failing to gain first down yardage, the Indians were forced to punt and the Pointers got the ball back in good field position at the La Crosse 44.

A 22-yard Geissler pass to Gaab registered the Pointers' second touchdown and reserve quarterback Guy Otte added two more points on a fake PAT. That gave the Pointers a 15-14 lead which they took into the third quarter.

Halfway through the quarter, Curt Thompson ran a reverse which picked up 24 yards, and a La Crosse personal foul on the play put the ball on the Indians' 10. But the drive stalled as Indian Jon Thompson sacked Dave Geissler for a loss of 13. The Pointers managed to salvage three points out of the drive, however, as Jon Kleinschmidt booted a 40-yard field goal to give the Pointers an 18-14 lead.

The Pointers held that lead into the fourth quarter and with 6:39 left in the game, had a first down at their own 20. However, a botched hand-off exchange gave the ball back to the Indians and they sat in excellent position, apparently ready to take control of the game.

The Indians drove down to the Pointer 8-yard line but there the defense toughened. Mike Evenson stopped Dan Josten on a fourth and one play, and the Pointers only had to eat up some time to preserve the victory.

The Pointers didn't eat enough, however, as they were forced to punt with 2:11 left in the game. The Indians received the ball at their own 47 and from there, Oberg and Johnson staged their last minute heroics.

The Pointers had one last chance after La Crosse took the lead back, but that was foiled when All-American tackle Jim Byrne forced Dave Geissler to fumble and the Indians recovered.

The Pointers committed four turnovers during the game while La Crosse was not responsible for any. A statistic like that makes it tough to win any game. LeRoy levied the blame for the turnovers on the entire offense, not just the ball handlers.

"It wasn't just the quarterback's fault or the running back's fault on the fumbles. When there's a guy not being blocked at the line of scrimmage and he causes chaos in the backfield, you'll have a fumble."

LeRoy also emphasized that the receivers had to do a better job of running patterns and that the line had to

Cont. on p. 17



## V-ballers take 2 of 3 in Whitewater

SID — The UWSP women's volleyball team won two of three matches this weekend at the Whitewater Invitational. The Pointers defeated host Whitewater, 17-15, 16-14, fell to Carroll College 15-10, 13-15, 4-15, then stopped Eau Claire 15-1, 15-4. Earlier in the week, the Pointers took a match from UW-Oshkosh, 15-11, 15-11, 15-5.

Against Whitewater, the Pointers fell behind 10-14 but fought back to win the first game 17-15. The win gave UW-SP the momentum as they jumped to a 6-1 lead in the second game. Whitewater would not quit, however, and battled back to lead 10-6, before the Pointers rebounded to win 16-14.

"The team showed some of the mental toughness that was missing in some earlier matches," said coach Nancy Schoen. "We still give up too many points early in the game and have to play catch-up, though. I was just

happy to get the win, as it avenged an earlier defeat at the hands of Whitewater."

Carol Larson led the Pointers, scoring 11 points on serves. Dawn Hey and Sally Heiring served six points apiece. Karla Miller excelled in the spiking department with 12 kills, while Hey added eight.

The Pointer women started strong against Carroll College, winning the first game 15-10, before dropping the final two games and the match.

"We took Carroll too lightly," said Schoen. "We played very poorly and didn't need to try very hard to win the first game."

"The second game we underestimated Carroll and found ourselves behind," Schoen continued. "We began to force plays that weren't there. The plays didn't work and we got frustrated and played even worse."

"The third game was more

of the same," said Schoen. "We couldn't get any momentum and made a lot of errors. We weren't mentally ready and just gave the match away. We shouldn't lose to a team like that. We beat ourselves," Schoen concluded.

Carol Larson again led the Pointers, scoring 15 points on serves. Karla Miller again led in spikes with 11 kills, while Hey added seven. After the tough loss to Carroll, UWSP came back hard against Eau Claire.

"We were disgusted with ourselves after losing to Carroll," said Schoen. "We took control of the match from the beginning and routed Eau Claire."

Point was led by the serving of Chris Samp, who served 14 straight points, eight of which were aces, to win game one, 15-1. In the second game, Eau Claire's problems continued as they could score only four points.

For the match, Samp served 17 points, 10 of which were aces. Carol Larson scored 11 points on serves. Dawn Hey led the team with five kill spikes as well as three kill blocks.

Coach Schoen commented on the tournament:

"We played without a consistent starter, Lisa Tonn, who was out with a sprained thumb. The bench came through and played very well, especially Chris Otto. We showed good depth and balance. We don't depend on any one hitter. We can set anyone and get good hits."

"I thought Karla Miller had an excellent day both offensively and defensively," Schoen continued. "She has improved a great deal over last year. She has more poise and more confidence. She works very hard."

The Pointers' next meet is October 8, at the Eau Claire Invitational.

### Football, cont.

hold blocks longer in order to reduce sacks and turnovers.

LeRoy also noted that the Pointer ground attack could stand improvement. The Pointers rushed 39 times for only 58 yards against La Crosse. "I could do that myself without a line," joked the ex-running back.

Despite the fact that the Pointers now share the WSUC cellar with Superior, LeRoy still sees his team in contention for the conference crown.

"No, we're not counting ourselves out at all. I think the WSUC will be won with a couple of losses. You never know what's going to happen.

"But we're just going to take one team at a time. Stout's up next and we're not going to look at the entire season. Just Stout.

"I think Stout's a much better team (than their 1-4 record indicates). I'm sure they're coming around now and getting healthy. It should be a good game."

The Pointers meet Stout in the Shrine game at 1:00 Saturday at Goerke Field.

Coach LeRoy hopes to have standout tackle Dennis Lane back this week. Lane missed the last two games due to a knee injury.

However, LeRoy said that he is worried about the condition of split end Curt Thompson. Thompson injured a hamstring muscle in the La Crosse game and is doubtful for Saturday's game.

SID — Mark Rietveld of Kimberly, Mike Evenson of Port Washington, and Guy Otte of Weyauwega have been selected as the University of Wisconsin-Stevens Point football players of the week for their play in the Pointers' 21-18 loss to UW-La Crosse Saturday.

Rietveld, a tackle, was named for the offensive citation while the defensive award went to Evenson, who is also a tackle. Otte is the special teams honoree.

Congrats to Steve Swan and his wife Karen, who gave birth to Melissa Marie, a 6 pound, 8 ounce baby girl Sunday night.

Steve is the UWSP sports information director and a Pointer assistant football coach.

## Ruggers roll

The Stevens Point Rugby Club defeated La Crosse 8-4 in a tough match last weekend.

Tim Kevan and Joe Werner scored tries for Point as the team moved the ball well on occasions to preserve the victory in a defensive battle.

Tim Zidot scored twice for Point's B-side as they tied LaCrosse's B-side 14-14.

Next up for Point are Marquette on Oct. 15 and Racine on Oct. 16.

### Spiking not only interest

## Heiring: Parkside loss is Pointer gain

By Mary-Margaret Vogel

UW-SP Sports Information  
SID — What is a female to do in a sports-minded family that includes four athletically competitive brothers?

If you are University of Wisconsin-Stevens Point volleyball player Sally Heiring, you prove yourself along with them. Heiring, a senior from Kenosha who is the captain of the volleyball team, has found it was natural to get involved in athletics, especially considering her family background. A long list of achievements attests to her ability and to her decision to develop them.

As a student at Kenosha's Bradford High School, Heiring lettered three years in volleyball and softball and also participated in cross country, basketball and cheerleading.

She reaped the rewards of her athletic versatility her senior year when she was an all-conference honoree in volleyball, was named Bradford's Female Athlete of the Year, and was then honored as Kenosha's Female Athlete of the Year.

The following fall, Heiring entered UW-Parkside on a four year athletic scholarship in volleyball. True to form she lettered immediately in the sport but shortly afterward she decided to leave the school.

Heiring looked at three schools before she made her decision to attend UW-Ste-

vens Point.

"I really liked it at Parkside, but it was too much like high school and I just wanted to get away," Heiring recalls. "I applied to Madison, La Crosse and Stevens Point and requested information on their athletic programs.

"Coach Schoen (UWSP volleyball coach Nancy Schoen) wrote me a personal letter and I was impressed with that. When I came up in May of 1981 to talk to her and see the campus, I immediately made my choice. I liked the friendly atmosphere and felt comfortable right away."

Heiring earned a varsity letter in volleyball her first season at UW-SP in 1981 and was also named the team's most dedicated player that season. In 1982 she was a standout starter on the squad.

Heiring attributes the desire and will that keep her going to her brother Jim. Jim, 28, was on the 1980 Olympic race-walking team and holds the American record in the 20 kilometer walk. He is presently at the Olympic Training Center at Colorado Springs preparing for the 1984 Olympics which will be held in Los Angeles in 1984.

"Jim has definitely been the biggest influence on my athletic career," Heiring declared. "He set an example and became a role model for

me. He put his career and personal life on hold to devote all of his time to training."

Heiring also cites her faith in God as an important factor in her athletic success.

"God has given me my physical abilities and I consider them a blessing and a gift. My faith is my number one priority."

Schoen acknowledges that Heiring is a rare athlete who constantly demands the very best of herself.

"I think the one thing that has made Sally successful is the fact that she demands so much from herself," Schoen explained. "She has very high standards and ideals for herself and thus is not content just to win, she must feel as though she played her best and gave her all.

"I feel that her philosophy on life is what has contributed to her being a very consistent player while others tend to move up and down. Because of her mental toughness, she will not allow herself to let down. She is always working and pushing herself to be better."

Off the court, Heiring is an active member of the Assembly of God Church and is vice-president of Chi Alpha, a christian fellowship organization on campus.

With her heavy schedule of sports and church duties, it is equally impressive that she maintains a 2.8 grade point average in her commu-

nicative disorder major.

Heiring came to UW-SP with the intention of majoring in communication, but it didn't take long for her to switch, thanks to a roommate.

"When I came here I was going to be a communication major, in fact, I had never heard of communicative disorders until I came here," Heiring recalls with a laugh. "I've always wanted to work with handicapped people and when a roommate told me about communicative disorders, it didn't take long for me to switch my major from communication."

Heiring plans to start working on a master's degree in speech pathology after graduating from UW-SP in August of 1984.

She also plans to continue her athletic career in one capacity or another, possibly as a member of Athletes in Action, an organization of christian athletes.

"I will never lose that part of my life," Heiring says of the role athletics will play in her future. "I've worked too hard for that to happen. Athletics have always worked into my schedule as part of my daily routine. I will always be active."

With Sally Heiring's active and successful approach to life, one wouldn't be too surprised if she has an older brother in Colorado Springs who is finding her accomplishments an inspiration for himself.



Lead WWIAC and WIM

# Two more stuck by stickers

SID — The UWSP women's field hockey team scored two wins here Saturday as it defeated UW-River Falls and Bemidji State.

Earlier in the week, the Pointers beat Carleton College 3-0 and lost to North Dakota 2-1 at the River Falls Invitational.

Point won its Wisconsin Women's Intercollegiate Athletic Conference game against River Falls 3-1 and then won a contest in the Wisconsin, Iowa, Minnesota Conference by beating Bemidji State in overtime 4-3.

Sara Larson opened up the scoring in the first game when she scored an unassisted goal at 6:40 in the first half. Madonna Golla added a second marker at the 31:24 mark of the first half on a penalty corner shot.

Kristen Kemmerling added an insurance goal in the second half when she scored after taking a pass from Laurie Craft.

UWSP coach Nancy Page was pleased with the play of her team in the first game, particularly in the first half.

"We dominated play in the first half and River Falls

then came to life a little in the second half," Page said. "I thought we had good all-around play by everyone.

"I was pleased with our defense in backing each other up and we had some 'good sticks' ". We also had excellent passing between the forwards."

Golla was the hero in the second contest as she scored the winning goal in overtime with just one second left in the period. Her score was especially impressive considering she suffered an ankle injury in the second period and had to move to a sweeper position for the remainder of regulation. She returned to her center half position in the overtime.

Bemidji jumped off to a 1-0 lead at the 4:22 mark in the first half before UW-SP responded with two first half scores. Craft scored at the 12:40 mark after taking a pass from Dee Christofferson and Tina Roesken gave Point the lead with an unassisted effort at the 29:04 mark.

UWSP's 2-1 first half lead grew to 3-1 in the second half when Craft took a Larson pass and scored with 21:03 gone in the period.

Bemidji tied the game with two goals in the next three minutes and sent the game into overtime.

"We were really beat the end of regulation time but we found enough strength to come back and dominate play in the overtime," Page said of the Bemidji contest. "It was a tough game to end a very busy weekend.

"I am really proud of all the players as they reached down and found the energy when they had to. Bemidji was definitely the toughest game of the season for us as we really took a physical beating as we got hit by both sticks and lofted balls repeatedly.

"There were lots of heroes in the game, but Putz (Golla) really stands out. Just playing after the ankle injury and then coming up with the big play."

The Pointers are now 3-0 in the WWIAC and 5-0 in the WIM Conference. The team will take those marks and a 9-2-1 season record to Oshkosh on Saturday, Oct. 8, when it competes in the Oshkosh Invitational.

## Tennis, cont.

doesn't use a set line-up week after week—meaning the No. 1 seed on the team one week might play at No. 3 the next meet. He evaluates it this way, "I interchange our top three players because they're so evenly matched. The bottom three are also so well balanced," mentions Nass. "To play at the number one spot all the time adds a lot of pressure. Interchanging pays in the long run."

He adds, "I want to have them play any position (No. 3 to No. 1 and so on) this year so they will be ready for next year."

Another thing unique about Nass is his attitude toward players and playing. "I don't cut anyone," he states. "If someone wants to play, I let them. That is unusual for any college team no matter what sport. The coach recalls Lori Lutzewitz, who came away with her first college victory last Monday. As Nass explained, Lutzewitz asked him last season if

she could play. He let her and now she has become a solid competitor for the team.

As for the coach's attitude on playing, he said, "I like the idea of playing as many teams as possible." And as it turned out, the conference has been expanded this year to 10 schools or as he explained it, sort of a "state meet." Mentioned Nass, "To only have seven schools competing (as it has been in the past), you're definitely ignoring some schools; so I like the idea of adding teams. One of those teams added this season is Marquette, who is Nass' pick to win the "state meet."

The Stevens Point women's tennis program is definitely looking toward the future and Nass is preparing his team for that. He adds that the conference schools are all well-matched except for Oshkosh and Stevens Point. "They are both weak," he says, but next year should be a different story.



The Pointer cross country team was off this week but will return to action Saturday at the Notre Dame Invitational in South Bend, Indiana.

## Golfers' best earns fifth place finish

SID — Its best effort of the season helped lead the UWSP golf team to a fifth place finish in the UW-Parkside Invitational Meet which was held at the Brighton Dale Golf Course here Friday.

UW-Oshkosh won the 18 hole meet with a score of 374. In a close second was St. Norbert at 375 and following in order were UW-Platteville, 376; UW-Parkside, 381; UW-SP, 383; Marquette, 387; UW-Green Bay, 395; UW-Whitewater, 400; Milwaukee School of Engineering, 401; Roosevelt, 426; and North-eastern Illinois, had no team score.

Bob Siech led the Pointers with a season best score of 74. Shooting 76s were Joel Herring and Dean Wernicke while John Hackinson had a 78. Jon Dasso and Dave Lang rounded out the scor-

ing with a 79 and 81, respectively.

Earning medalist honors in the tournament were Bob Schubart of UW-Oshkosh and Jeff Allen of St. Norbert. Each toured the par 72 course in one under par rounds of 71.

Pointer coach Pete Kasson was pleased with the play of his team and with the fact that it has shown improvement as the season has progressed.

"This was definitely our best effort of the season thus far," Kasson said. "Our 383 is an excellent team score and I am pleased with our individual average of 76 per man."

The Pointers will now be off until Sunday, Oct. 9, when they host the Wisconsin State University Conference and NAIA District 14 Tournament at SentryWorld.

### THIS WEEK

<p>OCT. 9 SUNDAY SOCIALS Play 1 hour of billiards, get 1/2 hour FREE! 7-close.</p> <p>TUES., OCT. 11 BIKE AWARENESS &amp; TRAVEL EXPO '83 Clinics, displays, information 10am - 4pm UC Concourse and UC PBR</p> <p>WED., OCT. 12 VIDEO COMMANDER COMPETITION This week's machine: Time Pilot</p> <p>THURS., OCT. 13 ACU-T DARTS TOURNAMENT Play starts at 6:50pm. Sign up ends at noon.</p>	<p>SPORTSTERS!!!</p> <p>UWSP BOWHUNTERS BIG BUCK CONTEST continues through Nov. 13th. Prizes for top three bucks. Bring them to the Outdoor Rentals rear door.</p> <p>BIG CATCH FISHING CONTEST continues through Dec. 10th. Top three Walleye, Northern, Crappie, Small and Large Mouth Bass win prizes.</p>
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13th THURSDAY - rappelling mini-course time: 4-5:30  
meet at tower, Schmeckle Reserve

15th SATURDAY - mini-course: bartending,  
with Jeremiah's time: 1 pm cost: \$3

19th WEDNESDAY - tour Sentry, social activity  
to follow! 3-?

25th TUESDAY - wok cooking demonstration  
time: 7-8:30 cost: \$1.50

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For More Info: 2412 **UAB Activities**

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| ✓ Frisbee Toss        | ✓ Water Ballon Toss |
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and

**Sunday, October 9**

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**7:00 p.m.—Conclusion  
Pointer Football Replays  
UWSP vs. La Crosse**

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- ✓ Do you know that there is a Dean of Graduate Students?
- ✓ Are you satisfied with text rental procedure?
- ✓ Could you use a specific graduate handbook?
- ✓ Are you aware of the special services offered at the Learning Resource Center and the University Center?

If you have questions like these or any others . . . Come to a meeting of the **Association of Graduate Students**

Monday, October 10  
5:00 P.M.

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# earthbound

The following transcript is testimony to the plight of farmers who have found their groundwater polluted. On September 22, before the Assembly Committee on Environmental Resources, Mrs. Nancy Lila, of Plover, told of her family's struggle to first, confirm that their well was in fact tainted, and second, to solicit restitution for the expenses, both mental and physical, that her family has incurred due to groundwater contamination.

"Hello Committee, I'm glad to be here, I'm not real well prepared, I'm awfully nervous. I'm suffering from aldicarb withdrawal so that might be part of it. (Laughter from the audience.)

"My husband and I sold our beef herd this spring. We couldn't raise beef cattle, our well was high in nitrates. We lost our calve crop, that's been going on for years, we call the vet but he hasn't been effective.

"It froze last night, we lost our corn silage; we didn't irrigate, couldn't irrigate. So

we can't raise corn, we won't raise potatoes. Our taxes have been going up and up and up. We might sell our farm.

"We love this land, it was the family's farm, my husband's family. We've got aldicarb, or did have aldicarb in our water, we might have it yet — we won't know, our water hasn't been tested — at twenty-six parts per billion. No one's been testing the health of my family, my husband and I, my daughter, my son. It took me two years to get our water tested. I called the DNR and I suspected because of the high nitrate content that we might have aldicarb. The DNR said that no, they did not do the testing, I should call the health department, and I did. And they said, Oh, we never heard of anything like that, the DNR handles it. Two years finally, we got our water tested after many many phone calls. And yes, we did have aldicarb — at that time 14 parts per billion — in our water.

"We put a deeper well two weeks ago, cost us nine hundred dollars. We done the labor ourselves. The water is so bad now, I got a Mister Coffee, I have to filter our water before I run it through our coffee machine because it's so high in minerals. My wash is turning red, our sinks look terrible. And we had the cleanest, nicest looking water. It tasted good too, aldicarb and all. So we're now out two hundred some dollars for a water softener. We have borne all this cost.

"I don't know what the health cost will be, we'll have to see. We won't know that for what — how many years, twenty years, forty years before you know what my family's paying?

"I believe that those that benefit from the use of aldicarb and other chemicals and other pollutants in our water should be made to pay the cost of keeping our water clean. I think anything else is ridiculous. Why should I pay Mr. John Farmer down the road that is making a lot

of money. We farm too, no one pays me or takes care of my costs. If I incur a liability I pay for that liability.

"Only by making the contaminants pay will we ever stop this problem. If they can go on polluting our water they will. Money is the only thing that is really important, it seems, to the business within this country. Money goes talk. By making them pay we might slow down the pollution of our water.

"Most people don't know if their water is contaminated. The number of wells that have been tested is minute, it's almost nothing. We don't know what we're doing to the health of these people. There's no money available for testing — try and get your well tested, you'll find out there's nothing available for testing. We need this money for testing.

"Lee Dreyfus said that Wisconsin's business community is lucky because we

Cont. on p. 22

## Dorm incineration burns few students

by Andy Savagian

The clean air of Mid-Wisconsin is something we students of the University of Wisconsin-Stevens Point breathe every day, supposedly never inhaling the smog of big cities. Though the old saying of "there's nothing like a breath of fresh air" is very true, we realize pollution is everywhere. Here on the UWSP campus, most students also have known of the two most evident ways in which their health may be altered. One way is the residence hall incinerators, marked by the misty ash clouds floating across the grounds in the morning; the other is evident from the giant smokestack, ever-so-presently looming at the back of the campus.

Do students actually feel their health may be bothered by these two methods of waste removal? In a very random, unscientific poll conducted by this reporter, the results showed that the George Stein Heating Plant, with its over 100-foot tall smokestack, apparently does not worry too many people. Most of the answers were "I never really thought about it"; others said, "It's on the other side of the campus." The plant, which was built in

1964 and is staffed by seven full-time workers, is under the direction of Harlan Hoffbeck, and its function is to heat all the buildings on campus. According to Hoffbeck, for economic reasons, the facility burns 85 percent coal (15 percent gas); otherwise it would use more gas, which Hoffbeck says "is a lot easier to burn than coal."

Hoffbeck stated that he has had no major problems with complaints of polluting of any kind, and that the Department of Natural Resources would be checking their emissions in January to see if they meet the legal standards. He did add, though, that some people do phone to voice their objections. "Most of the calls we get from people, however, we find out that the problem comes from either the dorms or one of the local commercial establishments.

The poll also showed, to no surprise, that on-campus students were more conscious of the incinerator's operations. However, out of the 30 men and women (differing in class rank and residence hall location) questioned, approximately 52 percent said they felt the incinerators had a small effect on their health, while 30 percent felt there was no harm at all. Only six

people (18 percent) said the burning of the garbage had a major consequence on their physical well-being. Carolyn Laude, a sophomore living in Roach, commented: "I think it's unhealthy—if I can see it I must be breathing it." Junior Brian Maupin, who lives in Hyer Hall, stated: "Sometimes the smoke can make your throat dry."

Though the health factor didn't seem to bother many, 80 percent of the people asked said it bothered them in various other ways. Two very common answers were "it stinks," "it smells," and most complained of the ash clouds.

JANE GEHR, senior, Baldwin: "I hate seeing the stuff—in the winter there's ashes on the snow. My screen always has ashes stuck on it."

LARRY NELSON, sophomore, Steiner: "It can get on your clothes."

MATT WEIDENSEE, sophomore, Knutzen: "Whenever it snows ashes, it's really ugly—it looks like hell."

KEVIN KOLTZ, sophomore, Baldwin: "It's bad when dorms burn at the same time—I've been dumped on while I was studying outside."

Since many complained

about the problems with disposing of the garbage in this manner, the students were asked for an alternative way. Here are a few of their suggestions:

ALISHA OWENS, freshman, Hyer: "Take it to a dump."

COLLEEN REARDON, sophomore, Knutzen: "I think it would be better if they could have some sort of garbage pick up for it."

JANE GEHR, senior, Baldwin: "Recycle what they can. There's things in there like paper that could be recycled and it isn't."

DAWN LOESCHMANN, freshman, Smith: "I think they should recycle it."

GRETCHEN KREMER, sophomore, Hyer: "Burn it some place else."

GREG MUSKREY, freshman, Baldwin: "They could put it in a landfill site."

There were a few, however, who agreed with burning the waste at the halls.

DAVE MIX, senior, Steiner: "For the amount of volume they have, they probably have to do it."

MIKE PICKETT, sophomore, Roach: "I think it's a lot better than just leaving it sit around."

The policy for regulating the disposal of residence hall waste is set by the Student

Affairs Administration. Fred Najjar, Director of Residence Halls Administration, commented that the garbage in the incinerators is burned three times a week by the custodians, and by student maintenance workers on the weekends because the custodians don't work on Saturday and Sunday. The garbage is lit at the top of the refuse pile and is usually burned in the morning. According to Mr. Najjar, there haven't been many major difficulties this year, though there were incidents of excess smoke in three of the residence halls. One of the main reasons for this was the hard, cardboard pizza boxes, as Najjar noted: "People crunch them (pizza boxes) up and when they burn they expand and get caught in the chutes. Usually dropping a brick will clear it—or any heavy object." Mr. Najjar added that in previous years the dropping of aerosol cans into the incinerators was a big problem because they would explode, but this year they do not pose any inconvenience.

Though certain alternatives to the normal burning process are mentionable, Najjar said that doing away

Cont. on p. 22





**Testimony, cont.**

have a resource other states don't count on. We have a clean water supply...unlimited clean water. He's wrong, we don't have unlimited clean water, we have a dwindling clean water supply. Wisconsin has

been a state that has led in many things. We have to lead in this, we have to have a strong bill that stops polluters. Bill 686 isn't perfect but it's a start, I would like something much stronger. Our water is our health, we need a strong bill. Thank you."

**Incinerators, cont.**

with it "would cause even greater problems now" than the regular method.

Mr. Najjar was also "surprised" that this year he has received no complaints from students about burning hall garbage, but said that if they did have any objections they should first see their hall di-

rector and then contact the Student Affairs office, where "they're welcome to come on in" with their problems. "I'm equally concerned with their safety," stated Najjar. "We're very interested in knowing if they're concerned...we spend a lot of time discussing it with maintenance personnel and the hall staffs."



# Water hazards endanger citizens' health

by Sheldon Cohen

The Environmental Protection Agency (EPA) has approved the first year of a \$650,000 experiment to remove industrial chemicals from Wausau's municipal water supply.

In April 1983, three volatile organic compounds—known as chlorophenols—were discovered in two of the city's drinking water wells. Re-

cently, these compounds plus a fourth, toluene, were detected in a city reserve well. Chlorophenols are a family of halogenated solvents—toxic chemicals which are used as degreasers for various industrial processes. These compounds can accumulate in the fatty tissue of animals, including humans, and are known to cause major health problems including:

changes in respiration and blood pressure, fever and motor weakness, organ damage and skin rashes. Cancer and lower reproductive capabilities have been reported in lab animals exposed to these chemicals.

The EPA recommended in 1980 that chlorophenol levels in water should be kept at zero, based on a non-threshold assumption (level of

safety-hazard). However, halogenated solvents are still being dumped in landfills throughout the state and, in the lower Fox River, at least five paper mills have reported chlorophenols in their discharge.

A statewide environmental group, Citizens for a Better Environment, has petitioned the Department of Natural Resources to prohibit the land disposal of these types of solvents. "Halogenated solvents move easily through soils and landfill liners, and may be the primary threat to groundwater in the state," says Terry Kakida, a biologist for the organization.

Wausau is just one of many communities around the nation where volatile organic chemicals taint drinking water wells. The EPA will be attempting to remove the chemicals using aeration towers and activated carbon filters during this 32-month joint project with the city of Wausau; the city's share for funding this project will be approximately 10 percent. Aeration towers are designed so that the volatile chemicals evaporate when exposed to air.

The source of these chemical contaminants in Wausau's wells is unknown and will probably remain unknown, since it is difficult to trace these point sources and

the rate of contaminant dispersal through the aquifer. The likelihood of halogenated solvents appearing in other drinking water supplies throughout the state is high. "Wisconsin does not have a waste management policy, it has a landfill policy," says Kakida. "It's time to change the state's policy by looking at more intelligent and responsible means of dealing with these chemicals such as recycling or incineration."

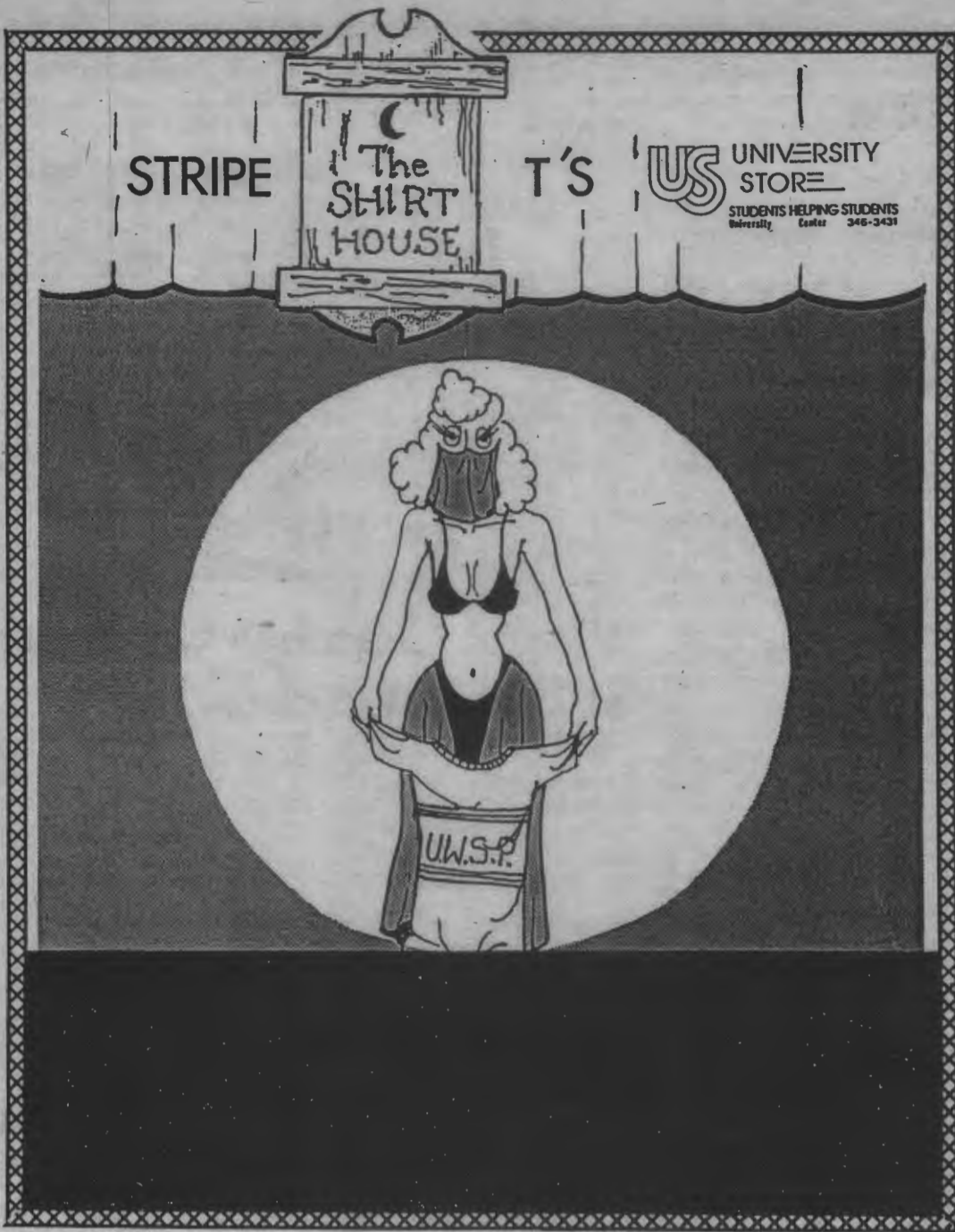
As the first groundwater bill in this state nears a vote, more people are becoming aware of the seriousness of this problem and are also becoming increasingly concerned. The citizens of Wausau, finding their groundwater contaminated at such a magnitude, are beginning to realize just how serious the situation can be.

## Next Earthbound: Point Source Pollution



Photo by Rick McNitt





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## Center helps profs improve

One planner called it a "cross fertilization of the faculty" at the University of Wisconsin-Stevens Point.

The project involves professors who are regarded as outstanding teachers helping colleagues wanting to improve their effectiveness in the classroom.

At a time when there is not a lot of turnover in personnel to infuse new blood into the teaching ranks, UWSP's Center for Faculty Development will fill that void — and more.

Donald Showalter, a chemistry professor who has been at UWSP since 1976, has been appointed the center's coordinator. He holds a Ph.D. from the University of Kentucky. He was granted one-quarter release time from his regular assignment to assume the new duties.

The center will sponsor seminars and workshops led by local and visiting faculty who have been recognized as effective teachers.

For those seeking more personal assistance or desiring confidentiality in their

use of the center, a corps of five consultants is available to meet with them in a one-on-one situation. Showalter said he will assist with this effort, and will be joined by four colleagues who are widely recognized on campus for their teaching excellence: Stanley Carlson of the mathematics/computer science department; Ollie Andrews of chemistry; Neil Lewis of History; and Gail Skelton of sociology/anthropology.

Materials will be collected on the subject of effective teaching techniques and placed in the center for faculty use.

Going a step beyond, the center will promote scholarly growth and intellectual stimulation of faculty by sponsoring workshops and colloquia on topics of broad interdisciplinary interest and on topics of concern to particular disciplines.

The project was started at the urging and sponsorship of Howard Thoyre, dean of the College of Letters and Science. He initially intended

its activities to serve people who teach in the academic departments he administers. But the scope of involvement has been expanded to anyone on campus who is interested. Even teachers in area elementary and secondary schools are invited to visit the center.

Hours of the center are 9 a.m. to 3 p.m. Mondays through Fridays.

In the world of academe, the center stands as one of few. When Thoyre was mentioning his plans for it to Chancellor Philip Marshall, the UWSP chief recalled that his alma mater — Earlham College in Indiana — was actively involved in faculty development. Consequently, Earlham's activities have become models for UWSP.

Local professors are helping tailor the program to meet local needs via their service on a center advisory committee. The members are Paul Schwiager of the psychology department, chairman; and Sherwood Bishop of sociolo-

gy/anthropology; Jan Seiler of foreign languages; C. Marvin Lang of chemistry;

William Johnson, assistant dean of letters and science; and two students.

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## Vienna Chamber Orchestra at Sentry October 19

The Vienna Chamber Orchestra which has played concerts around the world for three decades, will perform Wednesday, Oct. 19 at the Sentry Theatre

Under the direction of pianist-conductor Philippe Entremont, the 20-piece orchestra will be sponsored by the University of Wisconsin-Stevens Point Arts and Lectures Series. The curtain will rise at 8 p.m.

The orchestra has won world praise for its impecca-

ble and stylish performances of the works of Mozart and Haydn.

Tickets go on sale Oct. 5 at the Arts and Lectures box office, located on the upper level of the Fine Arts Center. Tickets can also be purchased at the door the night of the concert beginning at 7 p.m. The cost for this performance is \$6 for the public, \$3 for youth and senior citizens, and \$1.50 for UW-SP students with ID. For more information call 346-3256.

## University diet conserves energy while saving cash

For the ninth consecutive year, the University of Wisconsin-Stevens Point has recorded decreases in its energy consumption.

Despite a small increase in the total amount of space heated, the total number of British thermal units (BTU) used has dropped from about 174,000 a decade ago to 126,710 during the past academic year.

Meanwhile, the total BTU count for electricity declined from about 200,000 to 152,077 in the same period.

The savings have come largely as the result of modifications in campus buildings, insulation, window replacements and the installation of mechanical monitoring equipment.

Those conservation projects, which started in 1975, have cost about \$1.2 million. Additional work will be done,

according to Harlan Hoffbeck, director of the physical plant, which will result in major new savings.

The centralized monitoring and control system, for instance, is still in the installation phase and in only partial operation.

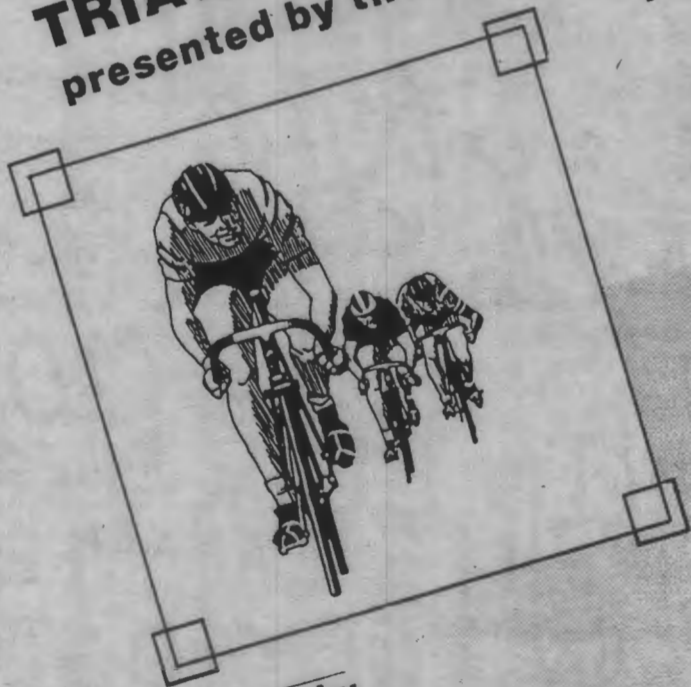
The university also has experienced difficulty in the past year in its electrical savings while workmen were installing some of the new equipment.

Last year there was a decline of about 3,000 BTUs in heating and a drop of about 2,800 BTUs in electricity.

The energy bill for heat and lights in all UWSP buildings averages out to about \$3,700 per day. The amount has stayed at about the same level for quite a few years because the energy conservation efforts usually offset increases in energy costs.

The University Centers  
\*\*\*\*\*  
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# mail

## Wellness, cont.

around the reputation of this campus which precedes us: that is a university intent on setting an example, guiding, educating, and heightening total awareness toward high-level wellness for all who are involved with it.

Kevin Doerr

## Worldly experience

To Pointer Magazine:

I think several changes in Semesters Abroad will be of interest to students who are thinking of including travel-study in their college experience. The Semester in the Far East has been substantially revised. Students will fly from the West Coast, with a possible stopover in Japan or Korea. A major stop in Taiwan, where their base of operations is Soochow University in suburban Taipei, will allow them to experience Chinese culture and study art. An excursion to Taroko Gorge and a bus excursion across the breathtaking Cross-Island Highway will be a part of this stop, which will precede travel to Malaysia and taking up residence at First College, Universiti of Malaysia, in Kuala Lumpur.

K.L., as the students call it, is the capital city of Malaysia. Modern yet colorful, it is near enough to the coast to allow visits to beaches, fishing villages and nearby islands. First College, on a verdant campus, offers vistas of green mountains from its plant-wreathed veranda. A nature reserve abuts the campus: joggers may encounter heavily veiled Moslem women students, athletes in shorts, or tropical birds as they run in the cool of early morning. This year, the introduction of Chinese culture experienced in Taipei will provide students with sensitivity to the conflict inherent in the efforts of the Moslem Malays to move upward economically, educationally and socially in the face of Chinese industry, wealth and prestige. A third culture, the Indian, provides students with colorful religious festivals to observe, another exotic cuisine to sample, and further opportunities for friendship.

The Semester in Britain, long the largest and most popular part of the Semesters Abroad, remains substantially the same. Peace Haven, in suburban Acton, is a friendly "home away from home." The itinerary on the European tour, which takes place in the spring, has been altered to include Lucerne in Switzerland and residence in the friendly Bavarian capital of Munich, and includes Paris, Rome, Florence and Cologne, as well as pictur-

esque towns like Brugge in Belgium and Lienz in the southern Austrian Alps.

The Semester in Spain, too, has an enlarged and varied travel pattern. Students arrive in northern Europe, travel by train to Zurich, cosmopolitan cultural and industrial center of prosperous Switzerland; proceed to Florence, Nice on the French Riviera, vibrant Barcelona, and finally Madrid, Spain's capital city. Here our lodging is in the heart of the city, only a few blocks from the Prado, where Goyas vie with Velasquez and Bosch as paintings to pore over, and within walking distance of the Royal Palace, the block-long fountains of the Civic Center, and the Plaza Mayor. The return trip takes students through the beautiful rich Basque country, with a possible stop at Mondragon (a remarkable application of Owensque economic principles to manufacture and commerce), and up into the heart of France—the chateau of the Loire, Paris in April, and the low countries.

A new semester venture, "The Semester in Australia," is offered for the first time this year. Whether or not we will be able to continue to offer this option in high season is a question because airfare is high, and costs of living continue to mount. We may switch, in future years, to an August departure, which would give us the advantage of low season fares. But we would miss the Australian summer, which is one of the primary attractions of the present trip.

Residence at Women's College during the long "hols" in Sydney then at a church conference center in the suburbs of that sprawling city

will provide participants with a varied view into life "down under." If you are thinking of joining the group,

make immediate application to me or to Dr. Rick Wilke who will be leading the first Australian exploration.

Sincerely,  
Helen M. Corneli  
Director  
International Programs

## THE BIG CATCH FISHING CONTEST

continues through Dec. 10th



Bring in your biggest

-WALLEYE  
-NORTHERN  
-CRAPPIE  
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LARGE MOUTH BASS

to Rec. Services or  
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Prizes in each category.

1st - MINNOWMIZER  
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\$8 GIFT CERTIFICATE



UWSP Arts & Lectures presents

## VIENNA CHAMBER ORCHESTRA Philippe Entremont CONDUCTOR/PIANIST

October 19, 1983  
8:00p.m. Sentry Theater

Ticket sales begin October 5, 1983  
Public \$6.00 Youth & Senior citizens \$3.00  
UWSP Students \$1.50

Ticket Info.  
346-4100



REM  
ARTISTS



# pointer program

## this week's highlight

Tuesday, October 11

**THE TUBES**—Stardate and UAB Contemporary Entertainment present the TUBES in concert with special guests, **THE ROMANTICS**, on Tuesday, Oct. 11, at 7:30 p.m. in Quandt Fieldhouse. The TUBES' Completion Backward Principle LP gave the band their first concurrent entry into both the Billboard album and single charts. Their latest album, *Outside Inside*, includes the hit single "She's A Beauty." Tickets are still available for \$8.00 in advance and \$9.00 at the door.

# apt

Monday, October 10  
**VIDEO & LECTURE**—  
Performer and video artist

Nancy Buchanan will conduct a lecture and video screening from 10 a.m. to 12 noon in Room 333, Communication Arts Center. The presentation is open to the public free of charge and is one of the events associated with "Devices" at the Carlsten Gallery.

September 25 to October 14  
**CARLSTEN GALLERY**—  
Have you seen those devices yet? If you haven't, then go to the Edna Carlsten Gallery and view "Devices: An Exhibition of Technological Art." If you've already seen it, see it again. Call Curator Carol Emmons for more information at 346-4797.

**movies**

Thursday to Saturday, October 6-8

**TOOTSIE**—UAB presents Dustin Hoffman in drag in this film about an out-of-work, desperate actor who "becomes" a woman to land a job. Stop in at the Program Banquet Room at 6:30 p.m. and 9:15 p.m.

Tuesday and Wednesday, October 11 and 12

**LIFEBOAT**—Based on the short story by John Steinbeck, this Hitchcock flick features a group of people representing a wide range of cultural and political differences and traps them in a lifeboat after their ship was attacked by a Nazi U-boat. Showtimes are 7 p.m. and 9:15 p.m. in the Program Banquet Room.

Wednesday, October 12  
**TAKEOVER**—This film documents the bitter political confrontation between the Aurukun Aboriginal Reserve and the government of the Australian state of Queensland, which wants access to bauxite deposits on the Reserve. You can get this "inside" look at 7:15 p.m. in Room D102, Science Building.

**LIVE**

Thursday, October 6  
**TONY BROWN**—The Black Student Coalition presents the great reggae music of Tony Brown, from 9 to 11:30 p.m. in the Encore.

Friday and Saturday, October 7-8

**FREE HOT LUNCH**—No, UAB is not giving away tuna noodle casserole and green beans. However, you can enjoy Free Hot Lunch, WaHa Music with Joel Madison from 9 p.m. to midnight at the Encore, and you can do it for free.

Sunday, October 9  
**CONCERT**—The UWSP Symphony Orchestra will be in concert at Michelsen Hall, at 3 p.m. Jon Borowicz will

be conducting.

Thursday, October 6  
**LECTURE**—Dennis Palmi, assistant professor of economics, will discuss "The Economics of Nuclear War" at 7 p.m. in the Main Hall of CCC. A question-answer session will follow the lecture.

Friday to Sunday, October 7-9

**THE CRUCIBLE**—University Theatre presents "The Crucible," a powerful drama about the puritan purge of witchcraft in old Salem. The stage at Jenkins Theatre is set for an opening night performance at 8:30. The rest of the performances will start at 8 p.m. Call 346-4100 for ticket information.

Friday, October 7

**SATELLITE MUSIC**—Stop by Michelsen Hall in the Fine Arts Building at 6:30 p.m. and hear "Satellite Music," sounds gathered electronically from the environment. This satellite performance has soundwork by artist Leif Brush, and features a video interview and live teleconference call with him. This "Devices" event also features UWSP's own Dance Midwest. "Satellite Music" is free to the public.

# student classified

## for rent

**FOR RENT:** Three females needed to sublet 3 singles in upstairs of house and share house with one other female for second semester. \$450 per semester plus utilities. Close to campus. Call Amy at 341-8862.

**FOR RENT:** Spacious home for 6 girls has room for 2 girls to sublet second semester. Close to campus on Ellis Street. Large double room with 2 separate closets. Laundry facilities. 2 refrigerators. \$475 plus utilities. Non smokers preferred. Call Juliana or Carrie at 341-7992 or leave message.

## wanted

**Wanted:** 90 FM wants the longest Tube, the most outrageous Tube, the most co-

lorful Tube, and the most suggestive Tube in exchange for two tickets to see the Tubes. Judging will be held prior to the softball game at 2:30 Tuesday.

**WANTED:** I need a single room for second semester. Prefer nonsmoking roommates. Call Theresa at 345-0906, leave message.

**WANTED:** A female to sublet second semester. Very reasonable price and only 2½ blocks from campus. If interested, call 345-2199.

**WANTED:** Conan, The Barbarian soundtrack album. Gary 341-1616 or 344-4215.

**WANTED:** A ride to Fargo, N.D. or twin cities area on Thurs. 6th or Fri. 7th. Will help pay for gas and drive. Call Amy 341-8862.

**WANTED:** 2 girls to sublet

for second semester with 2 separate closets. It's a house for 6 girls total. Close to campus on Ellis Street. Home is very spacious, 2 refrigerators, and laundry facilities. \$475 plus utilities. Nonsmokers preferred. Call Juliana or Carrie at 341-7992 or leave message.

**WANTED:** Vehicle to drive or ride to Maine anytime before Thanksgiving. Call Vicki at 345-2901 or 341-9418. Leave message.

## employment

**EMPLOYMENT:** Environmental Activists Needed. Citizens for a Better Environment, Wisconsin's largest environmental research organization, is seeking intelligent, articulate individuals to assist with local public education and fundraising.

C.B.E. has been active in the Midwest since 1971 working on human health issues such as pesticide abuse, hazardous waste disposal, toxic air pollution and groundwater contamination. Frequent interaction with industry and government has earned C.B.E. a reputation as an effective public advocate, with over 8,000 members statewide. If you are concerned about these issues and want practical experience with a successful environmental organization, contact Citizens for Better Environment. Paid positions are now available. Call 344-0011 between 9 a.m. to 2 p.m.

**EMPLOYMENT:** Applications are now being accepted for Student Administrative Assistant in the Centers Maintenance Office, room 206, University Center. Ap-

plicants should be business oriented and must pass leadership abilities. The student must have a G.P.A. of at least 2.0 and carry 6 credits. Applications are due by 4 p.m. Fri. Oct. 14th.

**EMPLOYMENT:** Overseas jobs — summer/year round. Europe, South America, Australia, Asia. All fields. \$500-\$1200 monthly. Sightseeing. Free information. Write LJC Box 52-WI-5, Corona Del Mar, CA 92625.

## for sale

**FOR SALE:** Rugger .44 Magnum Carbine Semi-auto rifle. Less than 50 shots fired. Peep sights and sling included. Practically new! \$200. Call John 341-0864.

**FOR SALE:** 1970 Buick Skylark, runs great, Asking \$300. 341-4763.



**FOR SALE:** Kelty backpack. Excellent condition. Retail for over \$150. Will sell for \$75. 341-1406.

**FOR SALE:** Harmon Kardon HD 3500 tape deck dolby B & C. \$150. Call 341-0952.

**FOR SALE:** 1 modern sofa, 84", white fabric, very good shape. 341-5141.

**FOR SALE:** Reconditioned color televisions. Very reasonable! Call 341-7519.

**FOR SALE:** 1981 400 Honda Hawk must sell, contact Tim in rm 415, 346-4458. Taking best offer.

**FOR SALE:** 1983 Truck-full size pick-up. Must sell 341-0928.

**FOR SALE:** Posters of Rock groups, (Men at Work, Bowie, Robert Plant, etc.) Many sizes. \$1 to \$2. Brand new. Contact Mike (211) Watson Hall after 4:00 p.m.

**FOR SALE:** Typewriter, electric, Smith Corona \$95 excellent condition. 346-2611 days. Ask for Dean.

**FOR SALE:** Must sell stereo. amp, tuner, turntable, speakers worth \$800 brand new. \$500. 345-1733 Jeff.

**FOR SALE:** Acoustic guitar, like new. Call Vicki at 345-2901 or 341-9418. Leave message.

## lost & found

**LOST:** Men's prescription glasses in downtown square area (reward!). Call 345-0649 anytime.

## announcements

**Announcement:** It's Tube-Out Tuesday on 90 FM with live reports from the softball game between the Romantics and the Tubes and the judging of 90 FM's outrageous Tube contest.

**ANNOUNCEMENT:** The UWSP Soccer Club plays home today at 4:00 p.m. US Marshfield. On Saturday, Oct. 8 at 1 p.m. Point hosts the Chancellor's Cup Tourney. 1 p.m. — Point vs. La Crosse; 3 p.m. — Eau Claire vs. Stout. Sunday Oct. 9 1 p.m. — Loser's play; 3 p.m. — Championship. Come out and support the team. This means you Thompson Hall.

**ANNOUNCEMENT:** Experienced tea maker wants to offer you herbal teas at affordable prices. Anything from ginseng to garden mint teas. Individual serving or bulk tea available. For a list of the teas and prices, please write: Mother's Cupboard, 1700 Water St., Stevens Point, WI 54481.

**ANNOUNCEMENT:** Tri-Beta is having their Oct. meeting tonight. Laura Vaughn will be speaking on her internship in Wildlife Rehabilitation. It's at 6:30 p.m. in Room 312 of the CNR building. Everybody is welcome.

**ANNOUNCEMENT:** Don't forget...Click or clap at Saturday's home football game against UW-Stout. Be there. 1:00 p.m. aloha.

**ANNOUNCEMENT:** Learn to mix drinks like a real pro — join UAB and Jeremiah in a Bartending Mini Course.

Oct. 15 at 1:00. Cost is only \$3. Sign up in the SLAP Office.

**ANNOUNCEMENT:** The Employee Assistance Program will be presenting a free workshop for UW-SP faculty and staff entitled, Beyond Sanity and Survival: The Management of Stress. The workshop will be held at the Counseling Center, 304 Delzell Hall, Monday, October 17, 1983 from 4-5:30 p.m. For more information, contact: Dr. Sharon Senner, E.A.P. Coordinator at 346-3553.

**ANNOUNCEMENT:** Yes, Virginia, there are still great seats left for the Tubes/Romantics Concert. Only \$8 & \$9, Tues. Oct. 11th in the Quandt Gym.

**ANNOUNCEMENT:** Fisheries Societies' Annual Stream Improvement Day. Sat. Oct. 8th on the Little Plover River. Transportation will leave at 8:30 a.m. from the parking lot between the CNR and Science buildings. Bring waders and gloves if you can. Free refreshments will be provided. Any questions contact Joe (341-0589) or Sharon (346-2458, room 105). Everyone is welcome.

**ANNOUNCEMENT:** Volunteers needed! Community Industries need students interested in service-learning in their College Buddy and Sign-Language programs. Commitment is minimal at 1 hour per week. Contact coordinator Jackie Denning at 346-2734 or the ACT office.

**ANNOUNCEMENT:** Bring your horse to school! New!! Sunrise farm! Riding lessons! Quality boarding! Training and fitting! English! Western! Hunt! Within 8 miles of Point! Resident certified trainer! Call today 341-7833. Owners: Ron and Kathy Cook. Trainer: Jeff Anderson.

**ANNOUNCEMENT:** Are you looking for a place to take your parents? Show them a good time at Free Hot Lunch with Joel Madison. Free Hot Lunch is a fun band that specializes in WAHA, and Joel Madison is an incredibly funny guy!! No, really, I'm serious! In the Encore Oct. 7th & 8th. \$1 at the door.

**ANNOUNCEMENT: NON-TRADITIONAL STUDENTS:** Finally, a place for you to voice your needs, concerns, ideas. Bring them to the weekly non-traditional meetings. Every Thursday at 7:00 p.m. in the Non-Traditional/Commuting Lounge, 318 COPS. Watch for our Open House coming next month.

**ANNOUNCEMENT:** Typing services 341-0928.

**ANNOUNCEMENT:** Food Service Committee needs your help. If you care about the quality and cost of the food at UWSP and are willing to work for changes, call: Dan Smith rm. 325 at 3528 after 5 p.m.

**ANNOUNCEMENT:** Attention all International Club members. Our free buttons are ready for distribu-

tion. You can sign up for game tournaments: backgammon, table tennis, badminton and pool. More information will be announced during the meeting on Fri. Oct. 7th at 7:30-9 p.m. in Wright Lounge, U.C.

**ANNOUNCEMENT:** Lost anything lately???? The Campus Information Center's lost and found department is a great place to look. All articles found on campus are delivered to us daily. Every Friday we pick up Allen and Debot Centers lost and found items to consolidate everything at one convenient place, the Information Center! So, if you are looking for your lost something, you might try looking our way.

**ANNOUNCEMENT:** This is your last chance to register for the 1st annual UWSP Fall triathlon. Registration ends Fri. Oct. 7th. Sign up either in the Concourse or the Health Center. Each team must be coed and each team member will do a different event. Teams will be limited to the first 100 that sign-up. Hurry up!! Only a few more teams will be allowed to register.

**ANNOUNCEMENT:** Thursday, October 13, will be the first meeting of a grief support group for all who have experienced the death of a loved one. The meetings will run for six weeks, from 4:30 to 6:30, the first one will be held in the Dodge Room of the University Center. No preregistration is required; simply join us for the first meeting.

When someone you've loved or cared about dies, the pain can be overwhelming. Confusion, anger, depression, profound loneliness — these and other painful feelings can destroy your ability to relate to others or to function normally in your own life. By sharing those feelings, better understanding of how they start and how to manage them, learning how to find help when you can't manage them, you can insure your own survival of the grieving process. Through films, resource books, and discussion, the grief support group will facilitate the kind of sharing and learning that will enable participants to work through the grief process.

Participants will be asked to commit themselves to all 6 sessions so that continuity can be achieved. Although the group will offer ample opportunity for the sharing of feelings and concerns, no pressure will be brought to bear on those who are not comfortable doing that sharing. Staff members from the two sponsoring organizations, United Ministries in Higher Education and Lutheran Student Community, will be present to facilitate the sessions. They are also familiar with other professionals who can be called upon if a group participant should need the sort of help that the group is not qualified to give.

For further information call Nancy Moffatt at 341-0266 or Art Simmons at 346-3678.

**ANNOUNCEMENT:** Tired of the same old thing every weekend? UAB Leisure Time Activities is roadtripping to Rib Mountain this Sunday! Spend a day away from it all...relax and enjoy the fall colors. Pack a lunch and meet in front of the U.C. at 10 a.m. Sign up in the SLAP office. The best part is...it's free!

**ANNOUNCEMENT:** Challenge yourself! Learn to rappel with UAB Leisure Activities Thurs. Oct. 13th. Meet at the Rappelling Tower at Schmeckle Reserve, 4-5:30 p.m. Sign up in the SLAP office.

**ANNOUNCEMENT:** Are you tired of sleazy hamburgers at expensive prices? Couldn't you go for a home-cooked meal? Here's your answer. Hearty meals at reasonable rates prepared by an experienced cook. Specialties are whole earth meals, vegetarian, and ethnic dishes. Am willing to prepare food at your house or mine. Hurry, I can only take on a limited number of clients. For menus and negotiable price list. Please write: Mother's Cupboard, 1700 Water Street., Stevens Point, WI 54481

## personal

**PERSONAL:** Bob, Jerry, & Kathy — U.C. Administrators: We know this is a little late, but all the same there's something we want you to know. "You're fantastic and we love you." Thanks for a great summer! Your summer student employees.

**PERSONAL:** Mr. Forestry Major: Who dresses you? Geez, are you weird. Mr. Business Major.

**PERSONAL:** To my secret admirer: Wow, you've given me a new perspective on relationships. You are without a doubt the most special of the ladies I know. I'm looking forward to learning even more with you. Love: your not so secret admirer.

**PERSONAL:** Hey Pete, Stop playing with fire, you might get burned, or burn down the dorm. The South Hall Gang.

**PERSONAL:** Ricardo — roses are red, violets are blue, I loved spending this month with you. Be good and be careful, I heard they eat wavers out there. Try to come home before your heart and feet get too cold. Love you! Oyie

**PERSONAL:** Linda, All I can say is you're one fantastic and very special person. The past three weeks we've spent together have been very special and unforgettable for me. I hope everything works out right between the two of us. Love ya, Difficult.

**PERSONAL:** Happy Birthday Rebel, Have a good 22nd and don't chase too many blue furry naughts! The Elves.

**PERSONAL:** Happy Birthday Karl — 1 day late. Hope it was a good one! The 38-D's.

**PERSONAL:** Cindy, Retardo, Pinhead, Ramona, Headbanger, Gallagher. You're finally the big two-o! You little butterbean you. Run your keester off at Carlton, and then you can celebrate! Have a wonderful birthday, but be careful, someone may try taping you to the ceiling. Your favorite roomie. P.S. Everytime I eat vegetable I think of you.

**PERSONAL:** Ellen — It's obvious you really want to eat the banana by the way you laugh and scream. But to get to the banana you have to get rid of the cherry. Are you gonna be sick?

**PERSONAL:** Nerdface — I love you more than words can say, being friends with you is better than sex...well, maybe not that good but you know what I mean! Your bud forever — M. I'm dying worse.

**PERSONAL:** Men's Social Club Meeting...For those guys tired of playing with yellow fuzzy balls...Thurs. 6:15 p.m. at Ella's. Proper attire requested: including Men's Social Club jacket...Brett, leave your racket at home.

**PERSONAL:** Hey Guys from 2 West...sell your dog and start painting our wing. TAZ

**PERSONAL:** Roses are red, violets are not, only 44 days left for Jo-Jo & Scott!!

**PERSONAL:** Bunko — Happy Anniversary — Even after a year my love for you keeps growing day after day! You are very special person to me. I love you. Hugs 'n forever. Me.

**PERSONAL:** Hey...Residents of the "Big Grey Rhino"...I'm gonna Miss JAVA, so get horny for me!! Luv, Snotti

**PERSONAL:** The A-Team is here!! We're telling everyone "Bottoms up!" Keep an eye out for the A-Team — they're coming up behind you...

**PERSONAL:** Want to have a good time? See your life flash before your eyes? Want to jump off the side of a 40 ft. tower with only a rope in hand?? Call 2412 for more information on the rappelling Mini Course.

**PERSONAL:** Congratulations Lynn and Mark! Sept. 25, 1983. You are a beautiful couple. May happiness fill your life together, as you grow closer to becoming Mr. and Mrs. Crass. Love N.C.

**PERSONAL:** (psst) Hey Matt, Dave's duck-hunting, what d'ya say, let's go eat those bananas 'til the "cows come home!" (or Dave, whichever comes first...) — Wocka, wocka.

**PERSONAL:** Death to Maynard!! Down with the capitalistic pig! Rid the world of this tyrant swine! Death to Maynard!! From: The I Hate Maynard Committee.



**Experience  
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Entertainment  
at the  
Encore** ★★

**September**

- 16 Steve Gibson Comedian / Cartoonist**
- 17 Jim Coor and Friends ( St. Pat's Day in September )**
- 24 Gene Cotton**

**October**

- 7 & 8 Free Hot Lunch ( Music )  
and Jeff Cesario ( Comedy )**
- 13&14 Bosco and Hines**
- 15 Balloons**
- 20 Wally Cleaver Homecoming Dance**

**November**

- 5 X-Cleavers**
- 18&19 Barbara Bailey Hutchison**
- 22 Nina Kahle and Orange Lake Drive**

**December**

- 2&3 James Lee Stanley**
- 5 R&B Cadets Registration Day Dance**
- 9 Gil Eagles Hypnotist**

**Watch for Local Talent Night on Thursdays**

Watch "The Pointer Daily", "The Pointer News Magazine", and "This Week in Point" for complete details

**Located in  
The University Center**

