

New alcohol policy issued by Faculty

The University of Wisconsin-Stevens Point has a new alcohol policy which "encourages healthy behaviors concerning alcohol consumption for all members of the campus community."

The UW-SP Faculty Senate approved it at a regular meeting Wednesday.

There is a strong component of the policy dealing with the education of students, faculty and staff about the "need to make informed choices and the consequences of alcohol abuse."

The staff work that will go into this project will be done largely by the university's alcohol education program coordinator and the employee assistance program coordinator.

There are provisions in the policy that the Division of Student Life staff shall increase programs, activities and opportunities which, among other things, offer students numerous and diverse alternatives in entertainment to events which have alcohol as a primary focus. An alcohol- free night club environment is recommended in one of the north campus dining centers.

University personnel and students are encouraged to intervene and seek professional assistance within the institution in situations when people are on campus who exhibit symptoms of abusive drinking or there are underage individuals drinking here.

When people are found unconscious or exhibit other symptoms of a medical emergency, an ambulance is to be dispatched immediately. The city police department is to be called if a person is found to be incapacitated because of drinking.

The policy states that the UW-SP Counseling shall provide alcohol assessments for students and university personnel who request or are referred for an evaluation. The center shall provide treatment pursuant to policies and procedures its staff has developed. The center staff is empowered to refer to appropriate agencies people needing treatment beyond the scope of what is available on campus.



Santa Claus, alias Kris Kringle, included the Stevens Point Mall in his yearly shopping mall tour last weekend.

SGA Pres. Cady breaches constitution

Constitution Discrepancies

by Karen Rivedal

Editor

UWSP Student Government President Steve Cady has failed to meet the credit load requirement for the executive position, as described in that organization's constitution. Article five, section two of the document, concerning presidential qualifications, says in part that a student must be "full-time" to hold the office of President. In another spot, under election rules, the constitution again mandates that a student be full-time. Cady is to finish this semester with six credits.

Full-time status is defined as nine 'or twelve credits, depending on the university source contacted. Adminstrator Derinis Tierney says a full-time student is taking at least twelve credits. The figure of nine, is listed in the UWSP Catalog.

In either case, Cady is in clear violation and he admits, "It's not a perceived breach. It is a breach, but there's a conflict. I entered into this on the agreement that the position would require six credits."

The conflict Cady mentions lies in the job descriptions that were provided to presidential and vice presidential candidates last semester prior to the March election. The presidential position description currently reads:

"Have a 2.75 minimum grade point average, have at least six credits, have at least one year remaining at UWSP, and will be in Point for the summer."

Besides the six credit constitutional discrepancy, the description also fails to list the correct grade point requirement. Last year, the Student Senate amended the clause from 2.5 to 2.25 for presidential and vice presidential candidates, thereby allowing three applicants to run who could not meet the gradepoint requirement. The team of Cady and Stollenwerk as well as competing candidate Brian Neville made up the three. It's uner tain from what source the pastion ds-cription writer aulled

Turn to page 5

Police, pub owners, public respond Bar bill evokes reaction

Jim Malzewski

ial Staff writer

Wisconsin's new bar law went into effect Tuesday, setting uniform closing times for taverns statewide.

Under the law, taverns are required to close at 2 a.m. on weekdays and 2:30 a.m. on Saturdays and Sundays. The law also allows bars to remain open for 24 continuous hours on New Years's Eve. Bars may close earlier on any given day if they choose to.

Stevens Point, which under the old law, closed at 1 a.m. during standard time and 2 a.m. during daylight-saving time, will currently see an added eight hours of bar time a week. This has prompted a variety of reactions pertaining to the law's effect on the community and law enforcement.

The overriding belief among local officials is that the law will not have any noticeable impact. Portage County Sheriff Tom Wanta stated, "I don't think it will create a problem. I would have rather seen the uniform time set at 1 a.m., but the way it is now I think many bars will close prior to 2 anyway." Just in case problems do arise, Wanta added, "We'll be ready."

Joseph Fandre, Chief of Stevens Point Police Department, also expressed his belief that the new law will pose no additional problems. Fandre said that regardless of closing times, the department needs to maintain sufficient staffing to respond to calls. Whether the bars close at 1 a.m. or 2 a.m., the amount of personnel remains constant. "Another hour of bar time is immaterial," Fandre added.

Of course, for bar owners, the added time means an increased opportunity for business.

Jim Mozuch, owner of Buffy's Bar, summarized his reaction to the law in one brief statement. "I think it's great," Mozuch said.

Dave Zagrzebski, owner of both Ziggy's and Mr. Lucky's, shared a similar viewpoint. "I think it's a very good idea to have a uniform closing time. This prevents border crossing," Zagrzebski said. "It'll help Mr. Lucky's a lot. But not Ziggy's. I think it'll stop a lot of house parties after 1."

The patrons don't seem to mind either. Much of their predominating philosophy is that the later the bars are open, the better. UWSP senior Mark Storzer said that the later closing time is a blessing because it allows people to still go to a bar and enjoy themselves even if they study or go to a ballgame before. "It takes the pressure off people," Storzer said. "They'll have a chance to relax and socialize without having to slam drinks."

The uniform closing time bill was signed into law by Governor Thompson on November 27. It was approved 80-14 in the Assembly and 22-11 in the Senate.



Constitution breach

With only six credits, SGA President Steve Cady is in clear violation of Student Govern-ment's constitutional requirements for the executive office. However, a closer look at that group's constitution and the discrepancies contained therein may be partially to blame for the situation. The Student Senate decides tonight.

Bar Bell rings

With the passing of a bill to keep bars open longer some new problems may or may not arise. The Pointer gets reactions from bar owners, students and city cops.

Map makers

Despite decline in other programs, UWSP's geography pro-gram is thriving thanks to new equipment and staff. 3

"Madcracker"

The hilarious parody of the Christmas classic, "The Nut-cracker," will perform Tuesday at Sentry. Go watch that which has been termed, "a delight from beginning to end." 6

Nutrition points

Don't get fat like the Christmas goose. Learn now to eat and drink properly while still enjoying the coming holidays 6

"The Princess Bride"

Rob Reiner's latest film is happy, adventurous, romantic and funny. Find out how it's touched the hearts in all the land.

National title on line

The Pointer football team will be playing for the national title this Sunday against Pacific Lu-theran in Tacoma, WA. The gridders advanced by defeating

5

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Geneva, PA, 48-25.	16			
orenson tops scoring				
Sonja Sorenson became t l-time leading scorer in La ointer history last week. Fi at when she accomplished t at in today's sports section.	dy nd nis	Γ		
Inside:	5			
Newspag	e 3			
Features page	e 6			
Kyle Whitepage	9			
Sassmanpage	10			
Letterspage	12			
Outdoorspage	13			

Sports.....page 16

Classifieds.....page 15

Campus Notes

A witchhunt? Nine student overnments affiliated with the Florida Students Association have taken the initiative in identifying instructors who don't speak English clearly. They've set up telephone hot-lines, distributed classroom surveys and monitored instruction. At the U. of Florida, the stu-dents distributed-and the newspaper printed—a list of 15 in-structors who may be English-deficient. One UF professor has compared the student government tactics to Nazi Germany gestapo.

Pornography for women is the idea behind CROWBAR, a magazine being developed by a group of feminist students at Yale U. "Most erotic art or porn is aimed at men," says one of the magazine's founders, "and women don't like looking at erotic images. Porn can be made with a female mind and go beyond sexism and homopho-The first issue should be out later this month.

Not enough money and a lack of preparation are the two main reasons why journalism gradureasons why journament grauter ates community newspaper jobs, according to officials of the National Newspaper Asso-ciation's journalism education committee. Officials say that instructors don't even mention community papers; the assign-Money plays a big role, too: Many weeklies can't afford to pay the average starting salary of \$13,000.

T.G.I.F.

Thursday, Decem UAB Leisure Time Activities sponsors a DJ Dance with Keith Roberts from WIFC, nine p.m. in the Encore, University Cen-

Faculty Jazz Quintet Concert. p.m. (MH-FAB) Madrigal Dinner, 6 p.m.

University Center UAB Alternative Sounds will hold the last Open Mic of the semester at 8 p.m. in UC

Tiday, December 11 nois) GIF's Molten Metal Mayhem Hockey, North Dakota State, ks off today when "Paris" 7:30 p.m. (H)

Christmas

THE CABIN

Un Second St. North

Saturday, Dec. 19th

Fodd and Drink Specials

Special appearance by Santa at 10 P.M.

Entertainment by

COLD TURKEY



photo by Bryant Esch



January 15, 1930

Mr. F. Roberts has resigned from the faculty of Central State Teachers' College and accepted a position as president of Monte Mario College, in Rome, Italy.

Mr. Roberts has been a member of the college faculty here since fall of 1925, being not only teacher, but registrar as well. However, for the past year and a half he has been in the East on leave of absence, studying for his doctor's degree at New York University.

hits the stage at 3 p.m. Then rock out at 4 p.m. to Chicago's own "Unleashed." In the

University Center Encore. RHA and UAB Special Pro-grams present Scott Jones, nine p.m. at the University Center

Encore. Senior Recital with Tim Por-vit, Bassoon, at 8 p.m. (MH-FAB)

March 11, 1960

Placement activities are in full swing at UWSP. At this time in the school year administrators are visiting the campus daily. A number of our seniors have already signed and kissed their contracts for next fall. The salary range this year has been between \$4,300 to \$4,600 for a year of teaching.

October 22, 1964

"Dead" is about the right word for describing what most people think of weekends at UWSP - especially the students who pack up and go home ev-ery Friday. This can only be because they have never really given a weekend on campus a chance. I can think of many more reasons to stay here than go home and then probably end up working around the house anyway.

November 21, 1985

Date rape is among the least reported, least believed, and most difficult sexual assaults to prosecute.

The category known as date rape is described as forced intercourse by someone with whom one has had a relationship through, for example, good friends of dating.

The report rate for this offense is very low, often leacing offenders unpunished and free to commit the crime again.

Date rape most often occurs in the private home of the victim or assailant; alcohol and ;loud music are frequently part of the scenario as it seems effective in covering up the vic-tim's voice. This type of rape often follows when the victim refuses sexual advances.

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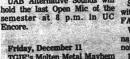
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Teachers must pass more stringent test

NEWS

Wisconsin Department course work. In 1990, all stuof Education

State Superintendent Herbert J. Grover announced passing standards for the new Wisconsin teacher education program en-trance tests that are the highest of any of the states using the tests for program admission.

Students planning to become teachers – who enroll in institu-tions after July 1, 1987, and whose graduation date is after August 30, 1990– must attain sing scores of 175 in reading, 174 in writing, and 173 in mathematics on the Pre-Professional Skills Tests (PPST) prior to admission to a teacher training program. Scaled scores on the tests, published by the Educational Testing Service of Princeton, New Jersey, range from 150 to 190.

Like the exams for admission into law or medical school, these tests will ensure that students entering teacher prepara-tion programs are qualified in basic reading, writing, and mathematics skills," Grover said." This testing requirement is one of several measures taken recently that are intended to ensure that Wisconsin schools will continue to be served by highly qualified teaching staffs."

Rules for admission to teacher preparation programs alrea-dy require students to have a grade point average of 2.5 on a 4.0 scale or rank in the top 50 percent of the class based on 40

dents entering a teacher certification program must score at or above the state superintend-ent's passing standards on the three PPST. Teachers from other states seeking certifica-tion in Wisconsin must pass the PPST, as well as meet other re-quirements for a Wisconsin teaching license. Students who fail one or more portions of the tests will have two additional opportunities to pass.

'Although most students do "Attnough most students ao not need to take the test until just prior to entering their pro-fessional program, a number of first-year college students are taking the tests this year," Grover said. The Department of Public Instruction, which will receive a statewide analysis of testing results, anticipates about 4,000 prospective teachers will take the tests each year. One hundred thirty-one stu-dents took the PPST during the first tests administered October 24

Wisconsin joins Arizona, Delaware, Kansas, Minnesota, Dela braska, Nevada, New Hamp-shire, Tennessee, Texas, and West Virginia in using the PPST.

"Forty-eight states in the na tion either are using some type of test or are planning to test students prior to admission to a teacher training program or prior to certification as teach-ers," Grover said. "Pre-admis-sion testing is part of a national semester hours of college trend to ensure that prospective

Passing Standards for States Currently Using the PPST for Teacher Education **Program Entry or Teacher Certification**

State Training	Reading	Writing	Mathematics
Program Entry			
Arizona	173	174	172
Nevada	169	170	169
Tennessee	169	172	169
Texas	172	173	171
Wisconstn	175	174	173

teachers have mastered basic skills."

Although raising admission standards has been criticized for contributing to teacher shortages and closing opportunities to some minorities and others, Grover explained that Wisconsin has about 3,200 graduates for 1,200 positions and has a number of programs in place to help students meet the more rigorous admission standards.

"We don't anticipate a shortage of teachers and are working to attract more minority applicants for teacher training programs," Grover said. "From the 'Preparing for Life and Work' pamphlet and high school graduation standards to the Educational Opportunity and Minority Group Precollege Scholarship programs we are setting standards and giving extra help so students can meet the expectations of college life and the world of work."

Turn to page 6

UCPB alters check policy

by Scott Huelskamp News Editor

a week per person.

The University Center and the University Center Policy Board has reached a decision to help alleviate the current checkcashing situations. Personal check cashing will

According to the info desk the

new policy will go into effect approximately January 11.

unlimited checks may be writ-ten and the limit is \$50.

The main reason the informa-tion desk decided to alter the

student check cashing was be-

cause a considerable amount of

Under the existing policy

bad, or "rubber" checks had been written in the past year. According to Information Desk Student Manager Kelly Basch, the amount of bad checks writ-ter through the desk here always ten through the desk has almost quadrupled. be limited to \$25 per check. Only two checks will be allowed

Last year, the information desk cashed 54,000 individual student checks.

The decision made was cho sen from a list of seven proposed options."We talked to students and faculty and came to the conclusion that getting rid of check cashing altogether would be an inconvenience to a lot of people," said Basch.

Basch added that, after re-ceiving input from different

people on the UCPB board, option three was only logical conclusion.

The decision was the third choice of seven proposed options. Talks about the policy began seven months ago during the spring semester.

Recently, the check cashing charge was raised from 15 to 25 cents per check. The increase, according to Basch, does not go into the UWSP information desk coffers, but rather is forwarded to the bank and used to process the checks. The charge will remain the same.

Geography program

on an upswing

UWSP News Service

While a serious case of geographic illiteracy plagues American higher education, the lure of new equipment and opportunities to use it for the study of mapmaking, remote radar sensing and multi-spec-tral scanning is generating a resurgence of geographic interest among students at the University of Wisconsin-Stevens Point.

Professor Gary Meyer, chair-Professor Gary Meyer, chair-man of UWSP's geography and geology deparment, said "in the last four to five years we've made substantial advancements in the purchase of technological equipment here. We're really at the forefront ... we've done quite well compared to other undergraduate programs elsewhere."

Meyer said that a growing number of students are attract-ed to the technology that is used in such specialized geographic areas as cartography (the making and revising of maps) and monitoring of the physical environment with computers and remote sensing devices.

There's now a Computer Geo-graphic Laboratory in the

UWSP Science Building with a variety of devices, including high resolution color graphics terminal, color, ink jet plotter, two different plotters for mechanical drafting, large scale digitizer, connections through the campus' Information Net-work System to a microVax 2 computer, and sophisticated software.

Meyer is discussing the status of his department and its recent additions as a means of calling attention to "Geography Aware-ness Week." The U.S. Congress, whose members are concerned that Americans know too little about the world around them, decreed the observance.

The chairman, who came to UWSP in 1981 and was elevated to his department's chairmanship in August, concedes that local university students are no different than their counterparts across the country who score low on tests of basic geographic knowledge.

Meyer adds: "We're interested in analyzing how global pat-terns help shape our lives."



No, fans are not swarming the floor at Quandt Fieldhouse after the Pointer hoopsters sank a last second shot for victory. Instead, the gymnasium was once again the sight for the bi-annual registration day. Students scrambled all day last Saturday for classes. Our sincere apologies to those individuals who had 4:30 registration times.

Frankly Speaking Frank Bosler

Dear Santa,

I haven't written for a long time but this is what I would like for Christmas this year. I would like to hear a story to this effect: "Live from the White House, we bring you this newsflash! President Reagan and Premier Gorbachev have just finished their historic summit meeting and this is the wording of the document they just signed:

Ladies and gentlemen of the world, we apologize. We have acted like such fools for so long and now we have begun to come to our senses. The countries of the United States of America and the People's Soviet Socialist Republic do hereby declare PEACE. We agree never to cast the shadow of war between our two countries. No dispute or conflict will ever reach the stage in which the exchange of nuclear weapons will be seen as any kind of option.

We the leaders of the world's two largest arms and weapons merchants do this day declare a halt to the War Time Economy now present in both our countries. To this end, we have issued directives to our defense departments, research scientists, politicians and teachers alike, to begin restructuring the world for peace.

We challenge the the world to tear apart the war machine, tear apart the hatred, tear apart the misunderstanding and the mistrust."

The document would go on to say that both leaders agreed absolutely to no more testing, researching or even contemplating the further use of any known or unknown device or agent that curtails human life.

Signed,

One young man still with visions of sugar plums dancing in his head.

Improv special to air Friday

by Scott Huelskamp

Special to the Pointer

David Letterman has done a few of them. Johnny Carson has done a considerable amount of them also. And now the SETV campus improv players are putting together a show entitled "The Best of the Improv Show."

The show's Executive Producer, Tom Haussler, is taking bits and pieces of the six existing improv episodes for the hourand-a-half long special, which will air Friday at 3:30pm on cable channel 29.

Haussler said he will select episodes from the Campus Classics, Budget Shopping Network, and Improv minutes episodes. Rob Casperson as the popular Improv character Vance Ripkin will also reappear in the Fame by Association skit, as will the myththical Skeets McGovern in the SETV Sports Editorials segment. The shows "imaginary" producer Harv Schmeckler (protrayed by Haussler) will also make an appearance.

"We received a considerable amount of positive feedback from the episodes that were shown," said Haussler. "A lot of people wanted to know if we were planning on showing reruns, so I just decided to put together a 'best of."

"I think this is probably the most popular comedy show that we have had on campus."

The 'best of' show will be the final entry into the improv show's library for the first semester. They will begin taping next semester after auditions are held January 26.

"We had fun doing the show but it gets difficult to keep putting out a good episode for six or seven weeks," said Haussler. "There is always a burn-out factor with the players, including myself, trying to balance school and putting together a good program."

The remainder of the improv



The 'Best of' Improv performers, from left: Harv Schmeckler, Bill Johnson, Rick Loew, Tim Harrington, Jennifer Somcecyki, Rob Caperson, and Eric Karius. Missing is Tom Ward.

players are Tim Harrington, Bill Johnson, Jennifer Somcecyk, Tom Ward, Eric Karius, and Rick Loew. "Our allocations from SGA helps us out. It enables us to acquire better equipment for the SETV studio which, in turn, helps to put out a better production."

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in the second second

Long range plans benefit Fine Arts

The University of Wisconsin System Board of Regents was given a report Friday detailing how long range curricular planning has paid off for the development of fine arts offering on the UW-Stevens Point campus.

Paul Palombo, dean of the College of Fine Arts and Communication, made the presentation at the regents' monthly meeting in Madison.

"We now have a liberals arts as well as a professional track within each of the performing arts," the dean said. Unlike in the past, teaching is one of many fields within these disciplines that students can pursue.

In addition, within each of the degree programs are options, and within those options are areas of specialization.

Since the faculty in the college began addressing curricular changes, approval has been received from the regents for a bachelor of fine arts in art and design and bachelor of music degrees. Palombo told the board he is hopeful it will give final approval early next year to four other curricular additions: a bachelor of arts in arts and design, a bachelor of fine arts in theater arts and a bachelor of arts in arts management.

Some aspects of the new programs are revisions of longstanding offering and other parts are new in the curriculum.

Palombo said all of the degrees have been crafted to meet needs of students in the college and in response to changing requirements for admission into professions or acceptance to the better graduate schools.

After the dean came to UWSP, he conducted a survey of all the faculty in the college departments, asking them to identify major concerns or problems in their units, list ideas for improvements, identify special projects to increase the college's effectiveness and identify approaches to increase faculty visibility and development.

The dean told the regents that, "The quality, excellence, success and distinctive character of the instructional programs are largely the result of new and more effective curricula that have undergone extensive development over the past five years." He also stated, "The results also demonstrate the faculty's vision and a real understanding of the present and future requirements and expectations of the arts professions."

The music degrees have options in applied music, jazz, music education literature and theory/composition. There are specializations in piano, organ, voice, string instruments, wind instruments, percussion and, classical guitar in the applied music option; vocal, instrumental, arranging/composition in jazz; and chorus, instrumental and general in music education.

The theater arts programs have options in drama, dance and musical theater with specializations of acting, directing and technical in drama; modern, ballet and choreography in dance; and voice, acting and dance in musical theater.

Art and design programs are divided into visual communication with specializations in graphic design, design photography, environmental design and computer graphic design, and the option in studio arts with specializations in painting/drawing, drawing/printmaking, ceramics/crafts, sculpture/metals.

Turn to page 9



Constitution breach from page I

the 2.75 figure.

The current Vice Presidential job description continues the errors. This document lists required grade point at 2.00 for Vice President and fails to list any credit load requirement.

In the meantime, the SGA constitution, upon which applications and job descriptions are to be based, similarly contra-dicts itself on the gradepoint issue. The election rules section lists the correct 2.25 gradepoint, while Article five concerning the president's office continues to read 2.5. Apparently, accord-ing to Cady, an end-of-the-year oversight in the rewriting of the constitution produced this.

Cady, meanwhile, contends that he is not responsible for the credit load violation. He "I didn't have the ooligasavs. tion to read an organization's constitution when I applied. I would never have run for the job had I known they were going to be enforcing twelve credits full-time. I was under the impression that I needed to take six.'

The candidacy of Vice President Paul Stollenwerk is also in question. The constitution lists the full-time credit load and 2.25 grade point requirements as qualifications for both the President and Vice President. Stol-lenwerk's credit load, listed at seven for next semester, is too light.

tonight to discuss the issue. According to Mikalsen, three options are legally open to the student senators to resolve the issue at the SGA Senate meeting tonight. The senators could:

impeach Cady as a result of his breach in office;

amend the constitution 2 again. Legally, according to Mikalsen, the Senate can take this action at any meeting, though the time frame in this case may require deliberations into next semester.

If the Senate chooses to amend, members must decide the scope of the change. Many senators don't want to permanently change the intent of the constitution for Cady's sake alone. An amendment requiring a presidential credit load of six credits would do just that

A second possible amendment mentioned by Mikalsen would allow the president to take six

835 Main

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1-6 P.M.

credits and would then expire on April 30, when Cady's term is up. It's unclear how a special time-frame amendment like this one significantly differs (be-sides in name) from the illegal waiver option. The Senate will decide that; or,

3. leave the constitution intact and require Cady to pick up six more credits for next semester. If the Senate chooses to do this, Cady says he will resign. "It's not feasible financially (to add six credits). I can't afford it."

If Cady is around, he will begin a seemingly much-needed revamp of the constitution and job descriptions

When this is all done," says Cady, "we need to get a subcommittee to go through it line by line and make changes, be cuase some things are contraditory. I would suggest that this time we give it to the Executive Director and the Rules Committee and let them take over formal ownership of the renova tion

On the Square

PITCHERS



It's off to break we go.

Have a good one.

Hi ho, Hi ho,

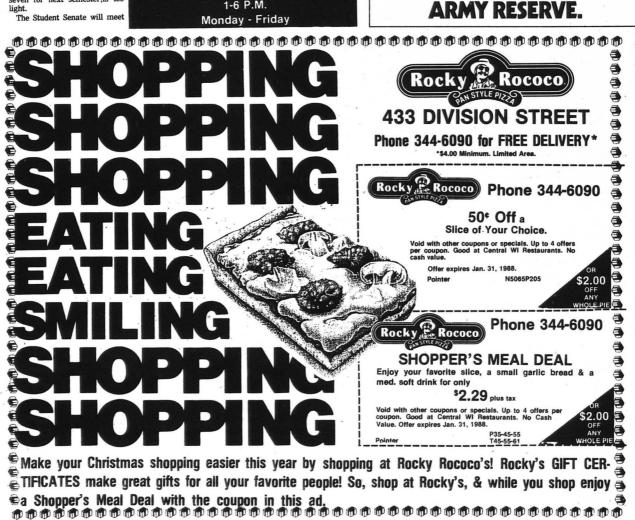
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FEATURES

Hilarious parody of classic "Nutcracker"

"Madcracker" performs Dec. 15

UWSP News Service

The Mid America Dance Company (MADCO) will perform "The Madcraker," a parody of the Christmas classic, "The Nutcracker," at 8 p.m., Tuesday, Dec. 15 at the Sentry Theater.

Tickets are on sale in the College of Fine Arts box office. The performance is sponsored by the University of Wisconsin-Stevens Point's Performing Arts Series. Individual ticket prices are \$10.50 for the public, \$7.50 for senior citizens and \$5 for UWSP students.

The two-act show begins in the condominium of Clara, a yuppie divorcee, who is hosting a Christmas party for a group of her closest and weirdest friends. The party goes well until the arrival of Dross L. Meyer, Clara's current "signifcant other," and his nephew, the Madcracker. As soon as Clara sets her eyes on the young Madcracker, the competition begins between the uncle and his nephew for Clara's attention. In the second, act, she and her suitors tour the land of the Sugar Plum Fairy, "Rossalbertina Winterova," who is portrayed by Ross Winter, the company's artistic director.

More than 35 dances-modern, ballet, Flamenco, jazz and tap-were choreographed for "The Madcracker." Among the numbers are, "The Dance of the Feather Dusters," "The dance of the Houseplants," The Libido Trio," "The Dance of the Horrible Present" and "The Klutz Polka."

A professional touring company, MADCO was named an honor company in the Mid-States Region of the National Association for Regional Ballet. Founded in 1976, the St. Louis-based company has performed throughout the Midwest and at the Riverside Festival in New York.

Winter co-founded the company and has served as artistic director for its 11-year history. He wrote the scenario for "The Madcracker," which has been termed "a delight from beginning to end" by the St. Louis Post-Dispatch.

The performance at UWSP is supported, in part, by a grant from Arts Midwest.



Scott Loebel portrays the Madcracker and Roassalbertina Winterova dances the Sugar Plum Fairy in the Mid America Dance Company's production of "THe Madcracker," at 8 pm, Tuesday, Dec. 15 at the Sentry Theater. The event is sponsored by the UWSP Performing Arts Series.

Don't let grandma's Christmas cookies weigh you down

Staff Writer

There is an old English Christmas carol that begins with "Christmas is coming and the goose is getting fat ..." Well, Christmas is coming, but unfortunately it may not only be the goose who puts on a few pounds this year. The winter monthe explode with numerous holidays, festive social occasions and armchair sports. Without exception, one of the focal points of these times is the preparation, consumption and sharing of food; this all too often means extra pounds by the end of the holiday season.

During the holidays, it is especially difficult to stay with healthier food choices; for some, holidays legitimize "letting go." Many people feel deprived when faced with the abundance of holiday food and drink; they hold out for as long as possible, and then may overindulge in calories, fats, alcohol, etc. It is not uncommon for individuals to feel frustrated at their perceived lack of discipline. As a consequence, this may start a vicious cycle of deprivation, overindulgence and guilt.

Like Scrooge, you need to learn to deal with the holidays; make them work for you, rather than letting them happen to you. This holiday season can be different as you take control of your eating and drinking choices. Remember: There is no perfect diet, no absolute way of eating; strive to make conscious decisions and choices you can live with for all of your life. Plan for holiday dining; if you know the menu that will be served, select your choices and amounts before you arrive. Make a contract with yourself, your spouse or a friend regarding your choices before you leave your choices before you leave your house; this may help you enjoy the foods you like the most, yet keep the selection and portions within a reasonable range for you.

When at home, plan lower fat, lower calorie menus and divert your attention from eating by exercise or non-food activities. Remember yourself; think about the commitments you've made to yourself about a healthier lifestyle. Remind yourself how good you look and feel when you maintain your weight.

Appetizers. Can you avoid them? Can you limit yourself to items such as fruit juices, raw vegetables and fruits? If not, choose one favorite (not all), and plan to have one-fourth or one-half the amount. Make an



effort to pre-portion the amount. Consider a "trade-off," i.e. the appetizer, the cocktail or the dessert. Pick one-not all three-and choose before you go out to dine.

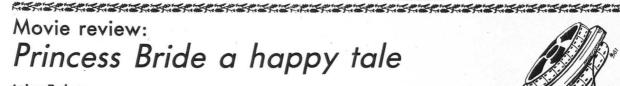
In regard to entrees, choose those that are lower in fat. Roast or broil meat; trim off all visible fat before serving and limit or eliminate all fats such as gravies, sauces, dressings or butter. Use seasonings, herbs, lemon juice, etc. If the recipe calls for a dairy-type topping, substitute low-fat, plain yogurt (127 calories/cup) or blended and herbed, low-fat, cottage cheese (99 calories/cup) for sour cream (416 calories/cup).

If you're fond of desserts and

sweets, make a conscious choice before you get to grandmother's house. Would you rather have Grandma's homemade mincemeat pie or store-bought cookies that Aunt Tillie brought? Go for your favorites, but go for smaller amounts. If you can't decide, have a half portion of each, without the whipped topping or ice cream.

Remember, alcohol contributes a lot of empty calories without the benefits of nutrients. An ounce of hard liquor will have 85-130 calories per ounce. If you do choose to drink, select lower calorie drinks, limit yourself to one drink and avoid sweet mixers such as eggnog or cream-based drinks. Instead of alcohol, try hot apple cider, club soda with a twist of lime or carbonated grape juice mixed with a little seltzer water.

Lastly, if you do overindulge, banish the guilt. One limited period of overindulgence will not generally cause a major weight problem; however, repeated overconsumption and inactivity may. Don't attempt to lose the pounds you may gain during the holidays by going on a crash diet. Afterwards return to your normal, healthy pattern of eating and continue to exercise. Strive to make healthy choices day-to-day that you can live with for the rest of your life.



Andrew Bucheger Staff writer

The Princess Bride is the latest in a string of heartwarming movies by director Rob Reiner. The movie finds a young boy stuck in bed with the flu. In comes his old-fashioned grand-father (A gravelly-voiced Peter Falk), to save the day with a book called *The Princess Bride* (the movie and the actual book were written by William Gold-man). It is a tale of romance and swashbuckling adventure. The boy doesn't take to the story right off, but his grandfather persists until the boy is hanging on his every word.

The story the grandfather tells concerns Buttercup (Robin Wright), the fairest maiden in the land. She is to be married to the slimy Prince Humper-dinck (Chris Sarandon) after

she believes her true love Westly (Cary Elwes) to be dead. She is then kidnapped and the adventure begins.

Westly isn't dead, and in fact he turns out to be in hot pursuit of the kidnappers. He is reu-nited with his true love only after enduring a sword fight, a match of strength against An-dre the Giant, and a duel of wits with Vizzini the Sicilian. Wallace Shawn does a wonderful job of playing Vizzini as a true weas

After all this, there is more intrigue and adventure as But-tercup and Westly must fend off Prince Humperdinck, who turns out to be a pretty good weasel himself. Even with Westly's near superhuman abilities, the couple is captured and the rest of the movie deals with their escape and reunion.

Watch for Billy Crystal and Carol Kane to steal the show as Miracle Max and his nagging wife Valerie in the movie's best

I enjoyed The Princess Bride. It wasn't a great film, but I was pleasantly surprised at how fun-ny it was. The movie has a sub-tle humor. This humor pops up in characters making reference to modern events, such as An-dre the Giant telling us that while he battles Westly. Reiner pulls off this kind of humor without hitting us over the head with it. You can almost sense that the characters know they are in a fairy tale where the bad guys lose and there is a big happy ending.

This tale has all the elements of a good fairy tale: a lovely

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Toppings

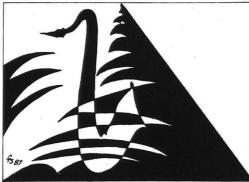
princess, a swashbuckling hero, a giant, castles, wizards, mon-sters and so on. Within all of this, Reiner plays the suspense well, cutting to Grandfather Falk to keep you guessing when you think the plot has become predictable. Indeed, the movie flows so smoothly that Reiner pulls you into the fairy tale so that you just sit back and watch the story unfold.

The movie qualifies as heart-touching, not for the sappy true love between Buttercup and Westly, but because of the rela-tionship that builds between the boy and his grandfather. The Princess Bride isn't as good as the inspired genius of Reiner's earlier The Spinal Tap, but it is an entertaining tale that fits nicely inter Bringer earlier metal nicely into Reiner's sentimental style of late.

Want a set sa ... where you live? If you call now you may be surprised at how nice it feels to get a **Sports Editor** little respect again and an opportunity to experience the pleasure and well being of real A paid position as Sports home life. If you call Call Editor is currently available Rich or Carolyn Sommer 4224 Janick Circle Sure, that other arge place may advertise "free" delivery. But i Th when you're paying 10 Toppings so much more for the pizza, "free' delivery can be 71099 TAL



Faculty jazz quintet tonight UWSP News Service



"Spectrum," a faculty jazz quintet, will perform at 8 p.m., Thursday, Dec. 10, at the University of Wisconsin-Stevens Point.

Tickets at the door of Michelsen Hall, Fine Arts Center, are \$3 for adults and \$1 for senior citizens and UWSP students. Proceeds will benefit the Jazz Ensemble and Mid Americans Spring 1989 European Tour Fund.

Its members are Robert Kase, trumpet and fiugelhorn, John Radd, keyboards, Mike Irish, guitar, and they will be joined in the performance by UWSP student Daniel Jorenby, Woodbury, Minn., bass and spe-cial guest artist Joe Pulice will play drumset with the quintet.

The program will include "Sister Cheryl" by Tony Wil-liams, "E.S.P" by Wayne Shorter, "Better Git It In Your Soul" by Charles Mingers, "Mimosa" by George Bensen, "Insulated Groove" by Eddie Russ and other numbers.

Irish, who holds a master's degree from UWSP, is the director jazz studies at his alma mater. He has backed several well-known entertainers and appeared with jazz artists Don Ellis, Harold Jones, Rob McConnell, Bobby Shew and Frank Mantooth. He has per-formed at the Montreux Jazz Festival, the Kool Jazz Festival/Detroit, the Wisconsin Jazz Festival and at Jamaican resort hotels. Irish was the recipient of the National Bandmaster's ciation first award for o standing achievement in jazz educati

Radd, a professor of music at UWSP, holds master's degrees from the University of Buffalo and the Eastman School of Music. He has been a staff musician at the Guthrie Theatre, and has performed with Roseand has performed with Rose-mary Clooney, Les Elgart, Bob Crosby, Charoo, Abbey Lane, the Steve Wright Big Band and the Dale Warland Singers. Most recently he was the staff planist at the Carlton Celebrity Room in St. Paul and on the cruise whin "Normera". ship "Norway."

Kase, an associate professor of music, holds a doctorate from the University of Minnes ta and a master's degree from North Texas State University where he performed and record-ed with the 1:00 O'Clock Lab Band. His performing career features stints with the Minnesota Orchestra, Tony Bennett, Dionne Warwick, Andy Wil-liams, Sammy Davis Jr., Gladys Knight, Burt Bacharach, and others. His latest album release is "No Time for Daydreams.

on the Pointer staff. Dial Stevens Point, WI 54481 X2249 for more information. (715) 341-3158. LITTLE CAESARS' ASKS: HOW MUCH MORE

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Pap **Ţest:** inaccuracies can cause death

Mark J. Moran

Special to the Pointer

The Pap test misses much cervical cancer due to lab errors. These lab errors occur through the use of cut-rate "Pap Mills."

Over the past three decades, the Pap test has sharply reduced deaths from cervical cancer. Women and physicians trust it so much that the Pap smear has become one of the most common laboratory tests in America.

It is also one of the most inaccurate. No one knows how many women die because a lab botches the analysis or a doctor takes an inadequate specimen. The test, as it is being done today, fails to detect roughly one in every four cases of cancer.

Janet Moran was fortunate enough to have an accurate Pap smear, she was found to have cervical cancer. By catching the maligancy in time, Mrs. Moran is able to have an operation which will enable her to continue with plans to have children. If the malignancy had not been caught in the early stages, it could have led to a hysterectomy or even death, both of which had been the case in Mrs. Moran's family background.

In twenty-five percent of the cases in which the Pap test should be positive, it shows up negative. Some of the reasons why the Pap test falls short of its promise are due to overworked, undersupervised, poorly-paid technicians. It is an industry that often ignores what few laws ext 't to protect women from slipshod, testing. ...

According to Walt Bogdanich, an investigative reporter for the Wall Street Journal, there are a number of high-volume, cut-rate laboratories across the nation. They are sometimes called Pap factories or Pap mills, where technicians are allowed to analyze up to four times as many specimens per year as medical experts recommend for accuracy. Many of them pay screeners on a piecework basis that encourages them to rush the analysis.

Some technicians work two or more jobs, earning as little as 45 cents to do the key analysis on a test that may cost the patient \$35. In some cases the technicians are penalized if they resist the pressure to screen more slides in a day.

Pap mills prosper by underbidding competing labs, charging as little as \$1.50 per test. They are sought out by some gynecologists who profit by marking up lab fees on patient bills.

Their bargain rates also appeal to budget-conscious administrators of group health plans and government-funded clinics. Thus, problems with Pap-testing accuracy exemplify the possible trade-off in quality of care.

Northern Crystal Woods

Tamara Zoern

Staff writer

The endless miles of crystal a tatues sparkle in the sun, In the northern Wisconsin woods at Christmas time.

It is the first big snowstorm of the season.

Along the roads are trees, seeming to go on eternally. The pine branches are laden

with snow, so heavy, they touch the ground.

They look like the frosted miniatures one buys In the store at Christmas

time. The maple trees, which were

bare a few days ago, look like crystal. If touched, would shatter and

fall to the ground. The telephone lines have

almost turned to glass,

As they also shine from the sunbeams.

The snow is falling lightly, While the streams of light shine through the fluffy clouds. It doesn't even look real.

The cold north wind sends shivers down your spine But the sun is hot upon your

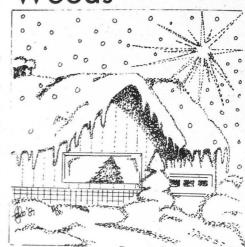
back. Everything is pure white, no dirt from traffic, and no foot-

prints. Just icicles, that sparkle like diamonds.

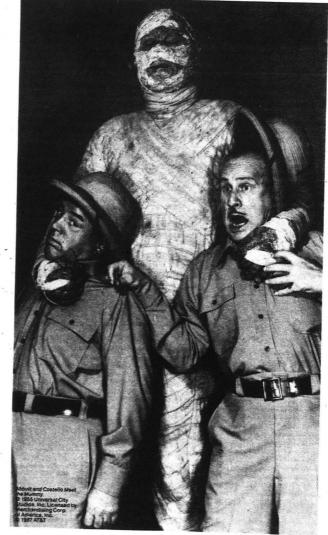
That were once green and had a multiple of leaves upon their limbs.

So beautiful, that it makes the world nicer, with it's peacefulness.

The Wisconsin Woods, This is truly a Winter Wonderland.



Call your mummy.



You remember. She was always there when you were frightened. And if you got hurt, she was standing by with bandages. Wouldn't if feel good to talk to your mother again right now?

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Sure, your schoolwork and your friends keep you busy. But call home and find out what she's wrapped up in.



OF PRIZE ...

1 THOUGHT

IT WAS!

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I THOUGH T THERE WAS SOME KIND

Pap, from page 8

It is time for the medical community to acknowledge the failures of cervical cancer screening in the U.S. Heightening the urgency is the fact that some doctors now believe cervical cancer develops faster than previously believed. Also, they

see it turning up in more young women. An estimated 60,000 women a year are expected to develop cancer of the cervix.

If caught early, the disease is nearly always curable. In order for it to be caught early, the system for diagnosis must by mproved.

Teachers, from page 3

In addition, the Minority Scholarship Program will offer financial assistance to minority student who intend to become teachers in the areas of science, mathematics, computer science, and foreign language. Grover noted that individual colleges also offer remedial education and financial assistance to help students complete school.

starting a teacher training pro-Two panels of Wisconsin edugram.

Arts, from page 4

The arts management program has specializations in business administra tion/economics/communication/fine arts, art and design, dance, music and theater

Palombo said the college's ongoing self-evaluation has revealed that many faculty members have expertise that has not

cators validated the tests. Twenty elementary and secondary school teachers analyzed test items to determine that they were relevant to teaching in state classrooms. Eightee teacher educators from both public and private colleges and universities made up the second panel. It focused on the basic skills students need prior to

been previously recognized or tapped.

UW-SP is one of only three of the 13 UW degree-granting insti-tutions with a College of Fine Arts. Locally, there are about 1.200 students in the division of communication and the departments of music, art and theater

Date abuse studied

United Council News

The college years for most students is a p eriod of exploration and experimentation with music, ideas, drugs and relationships. Students test their values and the ability to sustain relationships. Very often bad habits learned in college endure into late adulthood.

Dating can be a successful way of finding out about yourself and others. It also can become an abusive way of re-lating to each other without stopping to think about the re-percussions.

Women especially are vuln able to abuse because of their socialization to be passive, and to accept a dating partner re-gardless of his bad habits and treatment of her in a relationship. There is tremendous pressure to have a steady date/mate and to get married lationships, cannot understand what is wrong and often blame lati themselves.

According to Claudette McShane (Campus Life, Novem-ber 1986) dating abuse occurs in 50% of all relationships. This abuse increases as the relationes. Therefore it is ship cont important to be aware of the warning signals of an abusive relationship. They are as fol-

Emotional or verbal abuse can be a signal. Putdowns, name calling, ignoring and wi-tholding of affection can be a first sign of a guy's inability to cope in an intimate relationship.

Taking control-such as pressuring a young woman to stop seeing certain friends, demand ing that she dress or act a spe-cific way. Such demands could lead to isolation and extreme dependency on the boyfriend. "Being with my other friends is what got him so angry. He said that they're the wrong crowd for me," says a 17-year-old.

Excessive jealousy, which may lead to unwarranted suspicion and mistrust, is very comman in many abusive relation-ships. A poor self-image is a prevalent charateristic of a abusive male. Thus, a boyfriend with a poor self-concept may think that his masculinity has been threatened if he sees his girlfriend talking to another man. "He refused to believe me and there was nothing I could do to convince him that I wasn't flirting," said a teen who eventually was hit several s by her boyfriend.

Heavy drinking or drug. use can contribute to relationship abuse. Sixty percent of abusers are under the influence of drugs and alcohol. These substances may not cause violence, but they often become an excuse for

violent behavior.

Childhood violence may have set an example. If the guy ha seen his father abuse his moth-er or if he was abused as a child, he may have more of a tendency to repeat the pattern. Approximately sixty percent of abusive males have a tendency to repeat the pattern.

Pordnorski

If an inability to handle frustrations in normal everyday situations, such as being jostled in a crowd or being late for a movie can cause a man to lose his temper, he probably will not be able to handle the normal frustrations of a relationship or family life.

United Council of Student Governments has made the issue of sexual violence at UW campuses an issue for the 1987 nlatform resolutions. We are committed to making as many UW students aware of the prob-lem as possible. United Council has adopted the following strategies:

1. A system-wide conference for campus leaders making them aware of the problem and helping them design workshops to educate students about the problem.

2. A system-wide date ac-

quaintance survey to find out how often it occurs on UW campuse

by Kyle White

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If you suspect that you may be in an abusive relationship, get some outside help in the form of battered women agencies, counseling or rape crisis. Talk it over with someone you trust. Make a decision as to how to deal with the problem.

According to FBI reports, According to FBI reports, only one in ten sexual assaults are reported. No names need be mentioned to make a report. You may feel better after talk-ing about it. Remember there is no good reason to remain in an unhealthy dating relationship.

Fish managers, from page 15

Based on angler comments in recent years, DNR fish man-agers conclude that many anglers want to catch more large fish, and for the privilege, those anglers are willing to give up taking home as many small fish. At the same time, a lot of ople also want some fish to take home and eat, too.

With these desires in mind, an internal committee of fish managers examining bass regula-tions has proposed putting a 12inch size limit on bass in north-ern Wisconsin and a 14-inch limit in the south. Northern waters produce less food and thus don't have the potential to grow as many big bass as the south.

While it's impossible to predict exactly what would happen under regulations like these our best guess is that in many lakes, anglers would catch four

bass for every three they catch now, and three times as many 10-inch fish. Anglers would only be able to take home just over half the number of fish they take now, but total weight would be almost two and a half times as much as the current catch

Not all lakes would respon this way, of course. Lakes that aren't fished much or that have slow-growing bass will change little or perhaps not at all. In these lakes, regulations can be relaxed. Under a slot length limit, for instance, fish smaller than 10 inches or so could be caught, while those between 10 and 14 would be protected. This would thin out small fish so those could grow larger.

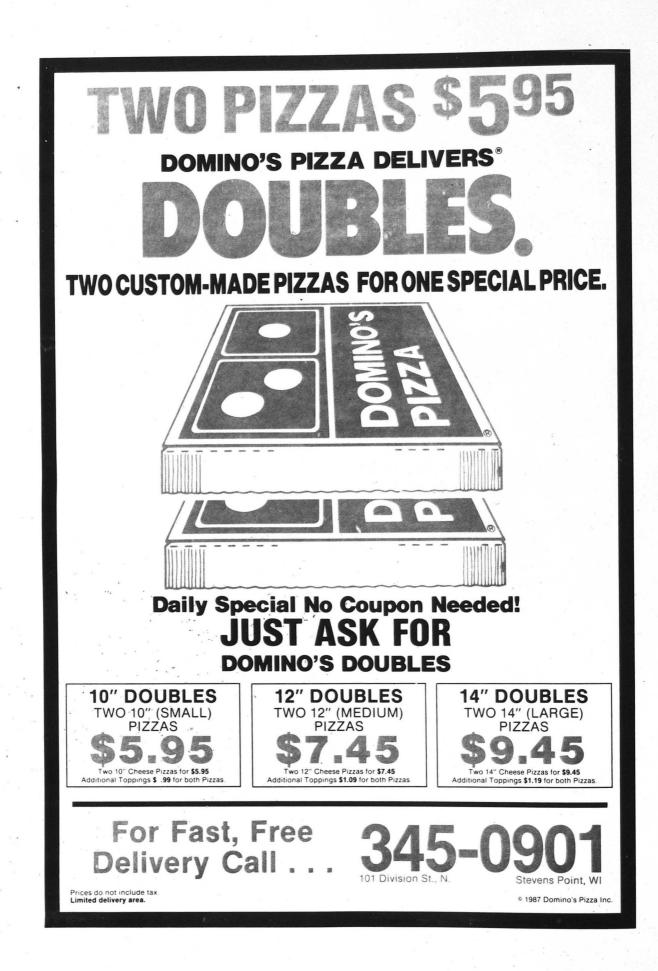
Major regulation changes like these are being considered not only for bass, but for trout and

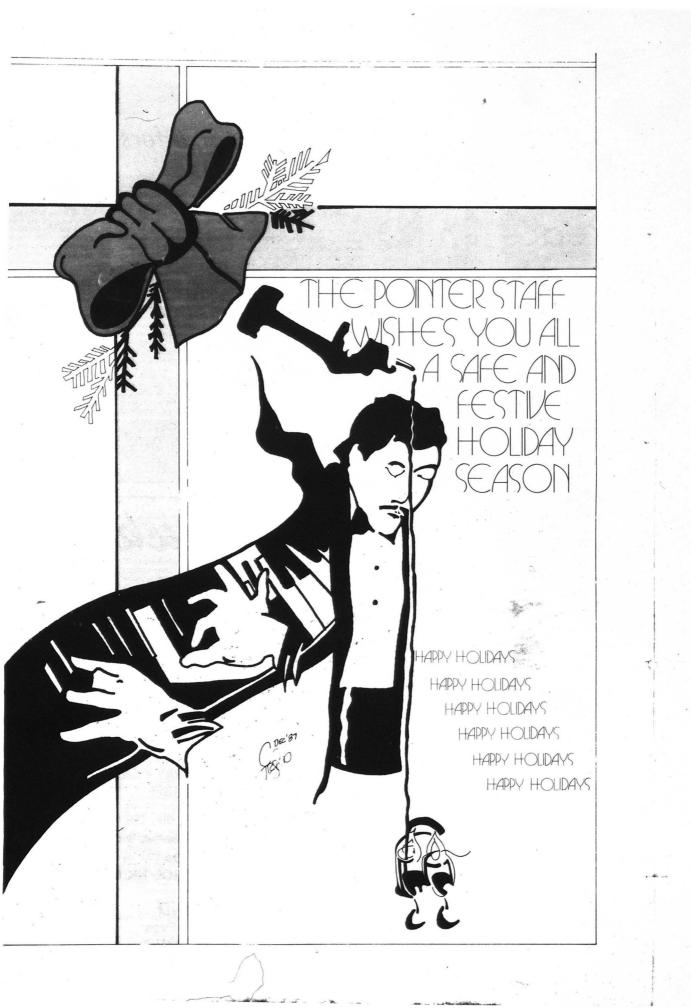
walleyes. Your big chance to comment on these changes will come at the spring conservation hearings in 1988. Look for spe-cific proposals to change Wisconsin bass regulations, along with questions seeking your opinion on changing regulations for other species.

Results will depend upon what you think is important. How much of your harvest are you willing to give up to be ab catch more and bigger fish? Let us know!









LETTERS

SGA senator offers defense

Peace Ph. D

For four bucks, the War Resistors College (201 N. Link Lane, Ft Collins, Co. 80624) will confer and send a Ph.D. degree in Global Politics, personalized and suitable for framing, to any of your readers who are not now members of the Army, Navy, Air Force or Marines (A.N.A.M., for short).

(A.N.A.M., for short). As president of the War Resistors College, I assume that anybody (male or female) who isn't in the A.N.A.M., has mastered the first and final lesson in the art of stopping war. "The only way the wars will end," Napoleon said, (and he should know!) "is when the soldiers refuse to fight."

There will be those on your campus and in your community who will not want this letter printed. "It's illegal," they'll say. (It's not.) "He's only out to make a buck." (Four bucks.) "It's immoral." (What?)

Hundreds of millions of public dollars are being spent every year on commercials which try to convince your readers that A.N.AM is "A great place to start," and that it will let them be "all that you can be." This letter in your columns will be for many the only time they ever hear an opposing view. Let me say it clearly. A.N.AM is no longer a viable or moral career

start for an educated, globally aware person. If you, or your brother, boyfriend, sister or professor, are not in A.N.AM., you deserve a PhD. degree. Never joining or belonging to an army is the final and ultimate "war resistance."

I would, and do, say the same thing to Russian, and Iranian and Iraqian students. And Salvadorean and Canadian and Mexican students: stay out of the army! (navy, air force, marines, et. al.) This is the first, and only "method" of the War Resistors College. We're a simple bunch. We stay out of the armies. That's the single lesson we teach, though its faces are legion. We give out Ph.D. degrees for learning, and abiding by this lesson.

A final note: if 20 or more of your students send for their Ph.D. degrees, you will, individually and as a campus, be nominated and in the running for our No Bell Peace Prize. I assume that if you bring peace to the world, you deserve a higher degree, and such a prize. I look forward to conferring this honor on your brightest, most insightful and aware student thinkers.

Thank you for the space. Jack Gebhardt To the Editor: As a threeyear member of the SGA Student Senate, I have heard and voted on many different funding requests from our campus organizations. One request every year has been from the foreign language clubs to go to the Folk Fair in Milwaukee. Every year they do not receive full funding (which is a rare occurrence), a devery year they bellyache about SGA's insensitivity to

their needs. Personally, I find them the insensitive ones. Granted, we did give the athletic department \$17,000 the night we gave the language clubs \$300 but that amount came from a totally different purpose, and with totally different pressures on the Senate

SGA, in attempting to set rational, consistent, and egalitarian funding policies, must spread the Senate-allocable travel "pie" among the organizations (basically done by giving everyone partial funding). This is what we did for the French, German, and Spanish clubs. I opposed the full funding of \$500 and supported the \$300 motion for two simple reasons.

First, with a \$300 SGA allocation, each member will be forced to contribute \$10 toward the event, which includes a coachline ride to and from Milwaukee and an admission ticket (which alone costs \$6).

Second, and no matter what the language clubs insist, the trip really does not constitute a benefit to the university (which is a funding priority). Yes, they

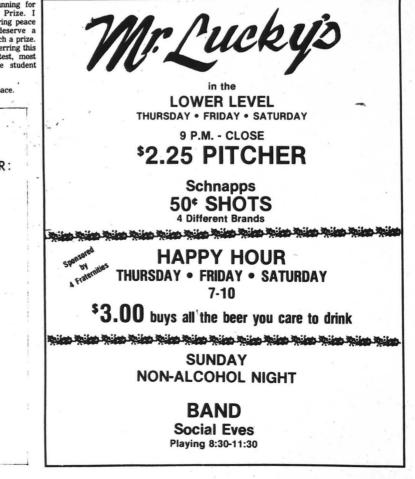
will bring back recipes and souvenirs, and yes, they will be able to converse with others in their languages for a few hours that night. Yet any benefit to the university from this activity is minimal and indirect at best.

For the third consecutive year, I, like other senators, saw the trip as being primarily entertainment, partially educational, and vaguely beneficial to the university. Our allocation reflected this view of the trip, and the decisions of three successive senates give legitimacy to it.

This year's senate is simply adhering to a basic funding policy requiring that SGA-funded trips be educational and beneficial to the student and university. Personally, I would be willing to pay an appropriate amount for an organizationsponsored trip. Why can't these clubs? It is not that outrageous of a demand.

Respectfully submitted, Mark P. Murphy L&S Student Senator

Merry Christmas and a Happy New Year from the Pointer



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OUTDOORS

Trapping integral part of management

by John Hart and Tom Moris Special to the Pointer

Trapping today is a far cry from the vision many people have of bearded, buckskin-clad mountain man tending to his beaver traps in some secluded wilderness. There are approximately 20,000 licensed trappers in Wisconsin, most are hobby trappers living in rural areas who either work or attend school on a full-time basis. However, there are a few pro-fessional trappers who earn their living solely from trapping

Trapping means different things to different people. For some, it is a form of exercise and recreation, a chance to be outdoors and observe nature firsthand. For others, the extra income can be important to the extent of financing an education or buying necessities.

Trapping has come under fire from many well-meaning peo-ple. Of particular concern have been the leghold traps, often called the "steel-jawed" trap, in anti-trapping literature. Trapping has become an emotional issue and hopefully this article will clear up a few mis-conceptions about the role of trapping and the trapper in conservation.

Wildlife management is a science which seeks to maintain optimum numbers and varieties of wildlife on a continuing basis, consistent with the best interests of man. Trapping is one means by which this is attained. It is also the most efficient and practical means of properly regulating furbearer numbers and permitting man to utilize the surplus. Trapping helps main-tain healthy wildlife populations and protects the integrity of the ecosystem itself.

Regulated trapping as known by wildlife professionals is not a threat to the survival of wildlife in general. Most people recog-nize that habitat destruction and degradation is the real dan-

Trapping has progressed from an uncontrolled harvest of many animal populations to a well-managed approach of ensuring a renewable population of furbearing animals. A good example of this is the case of the beaver in North America. By 1900, the beaver was nearly extirpated. Complete protection, regulated trapping and later low fur prices, which discour-aged trapper efforts, allowed the beaver population to in-crease to the point that they are now a nuisance.

This is a remarkable recovery considering the severe loss of wetlands, the beaver's principal habitat, which has occurred throughout the country during the past century. A recent suc-cess story within the state of Wisconsin has been the reintroduction by the Department of Natural Resources of two valuable furbearing species, the fisher and the pine marten, in the northern part of the state. Fisher and marten populations drastically declined in the early part of the 1900s due to habitat changes and unregulated trapping. These two species have been reproducing naturally since reintroduction and their populations have gradually increased.

Since 1985, there has been a trapping season on the fisher. Marten numbers are also on the upswing and a harvestable surplus should be available in the future. However, there isn't a eason on the pine marten in Wisconsin at this time.

Wisconsin trapping regulations are made up by the state's DNR with some input from the Wisconsin Trappers' Association. The number of animals tablearers trapped are racoon, ken by trappers is controlled muskrat, beaver, red fox and through restrictions on types, si-mink. Racoon and muskrat are zes, number of traps in use, the top two species as far as



almost lost the Pine Marten in the early 1890's. But, with a successful reintroduction and regulated trapping their numbers have been gradually increasing. Restriction on types, Si-zes of traps, length of seasons and bag limits have all helped harvest and maintain as well as increase the numbers in many rare Wildlife species.

length of seasons, bag limits and other regulations.

There are three broad categories of traps consisting of: 1. Those which enclose the animal, such as cage traps; 2. Those which merely hold the animal, such as leghold traps; and 3. Those which kill the animal, such as neck snares (snares are illegal in Wisconsin) and body-gripping traps.

By far the most versatile tran is the leghold trap. Contrary to many people's beliefs, today's leghold traps do not have any teeth. Those who describe it as the "steel-jawed" trap are merely attempting to make it seem inhumane.

. In Wisconsin, the main fur-

numbers harvested and total economic value

Examples of losses which can be controlled through trapping are racoons damaging corn fields, muskrats tunneling through dams and dikes, beavers causing severe flooding problems and also many predators killing farm animals

The furs taken from trapped animals, along with pelts from ranch-raised animals, enter a relatively small but complex portion of our economy. The trapper usually sells his furs to a country buyer who in turn sells them to a fur house. Then they are auctioned, usually in New York or Canada. Italy, Greece or West Germany are the ultimate destinations for many American-trapped furs. The price per pelt varies, as any commodity does, with the

supply and the demand of certain furs. It is particularly de-pendent on the value of the American dollar in foreign markets.

Within a typical furbearer population, an annual surplus of animals is produced. A portion of this excess can be removed by man under a regulated har-vest. A good example of this is the muskrat. Up to 75 percent of the muskrat population can be taken annually by trappers without adverse effects on the overall population. If they are not removed from the popula-tion by man, other factors will reduce the population to the proper level for the existing habitat. These factors include, among others, disease, starva-tion and predation. Instead of a

Turn to page 15

Anglers spend more than hunters; North Sea dumping

by Cynthia Byers

The North Sea has been used for years as a dumping ground. As a result animal life in and around the sea has declined. Some European countries are trying to do something about that. A recent meeting was held between England, West Germany, Norway, Sweden, Denmark, the Netherlands, Belgium, and France. Some agreements were reached to deal with dumping and incineration, but environ-mentalists say the measures are not enough. Continued effects on the marine environment are unknown as the debate goes on.

Recent stock market adjust-ments have thrown many things into a turmoil. It is not known when its swings will end or their final effects. It does seem that land values will not decline as they did during the great stock market crash of 1929. Banking industry spokespersons have reached a positive conclu-sion that land values will stabi-lize this year. The 1929 crash brought a 55 percent tumble in land values for 28 years. Real farm land values have declined 47 percent from 1981 through 1987 but have risen for four consecutive quarters.

Artificial life creation by sci-entists continues to be a hot topic. Most creations are actually computer models that can not break out into real life. This mix of biology and electronics has researchers searching for the ghost in the machine that makes matter animate. Questions that arise from these studies are how DNA evolved, how natural selection made sense in chaos, and how ecosystem laws are dependent on independent animal action.

A recent study shows that fishing outpaces hunting as an economic plus for Wisconsin. The recent hunting season was of course of great value to country merchants but fishing gets the nod for total yearly value. Hunting generates \$105 million annually compared to fishing's \$278 million from travel expenses alone.

New data shows the majority of Americans living in urban areas. Nearly 77 percent of the total U.S. population or 185 mil-lion out of 241 million people live in metro areas. The top three are New York with 18.0 million, Los Angeles with 13.1 million, and Chicago with 8.1 million

The National Geodetic Survey has recently begun an exciting project in Dane County. Five state-of-the-art Trimble Global Positioning System Receivers Positioning System Receivers are being used for a four week survey. The CONSOIL (Conser-vation of Natural Resources through Sharing of Information Layers) project is coordinating the effort. The goal of the task is to produce a Multipurpose Load Information System which Land Information System which will automatically integrate soils data and additional geodetic control with new technologies.

The DNR's Bureau of Endangered Resources has proclaimed 1987 a banner year for bald eagles in Wisconsin. The bureau's goal of 360 active nestoureau's goal of 360 active nest-ing pairs in the state looks attainable. DNR biologists counted 294 nesting pairs in the state in 1987. The success of the bald eagle's comeback has been nartly attributed to arthful bail eagle's comeback has been partly attributed to public efforts such as the UW-SP Eagle Walk each spring and to the Adopt an Eagle's Nest pro-gram. Control of persistent biocides in the environment has also been a factor.

Koonce a 'born again pyro evangelist'

When her students are in a ty in the state. mood to tease, they call her a pyromaniac.

Andrea Koonce says she can be more accurately described as "a born again pyro evange-list."

Koonce, a faculty member in UWSP's College of Natural Re-sources since 1982, has made her mark on the campus by de-veloping a new core of courses that will lead to a fire management emphasis in the forestry major.

To complement her academic offerings, she has founded a Fire Science Center in two metal buildings situated on a 50-acre track of state- owned land in the town of Plover. The facility was used for a time in the 1970s by faculty and students as a wetlands laboratory.

In the Midwest, she has the status of pioneer in her work of promoting the study of fire as environmental management tool. Her professional status is even greater on the national level. She was the first woman to earn a doctorate in forest pathology with an emphasis in fire science.

Her center, only a few miles southeast of campus, has been largely furnished with hand-mede she has received from other faculty members and administrators on campus. That includes fire trucks and equipment from state DNR officials.

But the facility does not lack sophistication. There are computers and audiovisual equipment for instructional purposes and three different laboratories. A large concrete tank that once served as a simulated lake has been converted into a burning table where various kinds of fires can be created and then experiments can be conducted to determine characteristics of these conflagrations and ways they can be controlled.

The meat of this story, how ever, isn't so much in buildings and tools as it is in activities Koonce's students and professional disciples are involved in.

For starters, about 50 stu-dents take her courses each year. Most of them are part of an even larger 175-member fire crew which Koonce organizes each year to respond to calls from the Wisconsin Department of Natural Resources and U.S. Forest Service.

The young men and women like the experience, challenge and the fact they receive pay-ment for the labor. When they respond to calls to assist in taming wildfires, the DNR pays them minimum wage plus a small hourly bonus for being on a hazardous assignment.

There are three levels of involvement for which the students can volunteer, ranging from a total of four to 16 days per semester.

Teaching people how to fight unplanned fires (a reactive task) is not the first priority in Koonce's instructional program. Her goal is to advance support in this part of the United States for what she calls prescribed burning and the study of fire effects. That plan of action adds a new dimension to DNR activities at the agency's complex in Tomahawk which previously was the only fire training facili-

Koonce's program goes a step eyond the instruction being offered in Tomahawk. Most fire control specialists do not have backgrounds in prescribing fires for habitat management, she explains, and, on the other hand, scientists and land managers often lack training or practical experience in

fire management. It's important, she continues, that people who carry out pre-scribed burning have knowledge of the long-term ecological impact of various fire intensities and frequencies or timing.

Koonce is using the center not only as a training site for university students but also as a means of drawing fire profes-sionals from across the country to visit the facility for sessions to update their skills. She offers ons on use of fire in wildlife management, prairie and wetland management, fire behavior, fuels management, fire management, wilderness fire and various aspects of prescribed burning.

She is specifically working up sessions that will be given to people who are on crews that ordinarily fight fires on wild land so they know the proper procedures to follow when they encounter a home or other kinds of buildings burning in wilderness areas. The urban/rural "interface" is becoming increasingly prevalent, Koonce reports.

The professor believes the forest industry is benefiting from her programs because "better efficiency and productivity as well as safety and hazard re-duction can be achieved by well-informed professionals who can integrate the wise use of fire in their forest management operations.

Tourism can also get a boost, she adds, because carefully ap

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plied fire can safely mimic nat-ural fires' effects in maintaining habitats, landscapes and scenic beauty while protecting property and human life.

Koonce is working with col-leagues in the UWSP College of

a native prairie and arboretum. How did Koonce get involved in a line of work where few women have previously been involved?

lor's degree in political science from Arizona State University in Tempe in 1973, she treated

herself to a backpacking trip in Before coming to UWSP, she the Oregon forests. During the did consulting work in forestry, outing she decided against con-

"...fire can safely mimic natural fires' effects in maintaining

habitats, landscapes and scenic beauty."

Natural Resources on expand-ing the fire science center to include a nursery and greenhouse that will complement the ornamental aspects of the urban forestry program. Also, a dem-onstration area would be set aside for the forest management program. It would include

served as a project leader for the National School of Forest Sciences in Honduras and still earlier was a researcher and crew leader for the U.S. Forest Service and member of the fire patrol for the Oregon State Forestry Department After she received a bache- came organic," she jokes.

tinuing her plans of becoming a lawyer and soon thereafter en-rolled for graduate study in forest ecology in Oregon State University.

"You might say that after I was a political dropout, I be-

Padus and Vilas woodlots are determined best for red pines

A University of Wisconsin-Stevens Point professor has deter-mined some of the finest loca-tions in the northeastern part of the state for converting existing forest lands to red pine planta-

James E. Johnson will report at a national meeting in Atlan-ta, Ga., in early December that the Padus, Pence and Vilas woodlots are the most suitable for conversation.

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Johnson's presentation will be for the joint meeting of the American Society of Agronomy, Crop Science Society of America and Soil Science Society of America.

It's a common desire for many woodlot owners to convert existing timberlands to red pine for better profits, Johnson re-ports. For that reason he chose to do the study.

With assistance of graduate student John Trobaugh, Johnson

MERRY

did his research on Consolidate Papers forest lands throug northeastern Wisconsin. The Pa dus, ilas sites are best for condus, has sites are best for con-verting to red pine, he con-cluded, they have more favor-able soil moisture, seedling nee-dle water potential and soil ni-trogen. The Padus site was number one.

Johnson teaches forestry in UW-SP's College of Natural Re-

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Fish managers consider tighter regulations

In Jim Addis's last "Fish Wisconsin" column, he told you about his uneasiness concerning some of Wisconsin's liberal fishing regulations. At his direction, some of us on his staff, along with field fish managers and fishery researchers, have been re-evaluating regulations in light of the state's current fish populations and the type of an-gling people have told us they

We've concluded that in many places fishing could be a lot better. I know, you're probably thinking that people have been telling us that for years. Maybe people have told us that so much we don't really hear it anymore! On the other hand, anglers always hope to have better fishing than they already have, which I know because I'm an angler too.

But this attitude goes a little

far. A couple of years ago peo-if only a few people were fish-ple in some northwestern coun-ing. But today we have a lot of ties were asked what they would have to catch to be satisfied with their fishing. Their an-swer? A limit of 20-inch walleyes!

Expecting that kind of fishing is completely unrealistic. Our lakes can't produce a limit like that for everybody-it's biologically impossible. A lake or river can only produce so many fish and so much food for them to eat. Fish can grow only so fast, reproduce only under certain conditions, and interact in a limited number of ways with their environment and other aquatic organisms.

Of course, everybody could catch a limit of 20-inch walleyes

anglers, especially those who target large predator fish, like musky. Indian fishing rights are now being exercised. Angling methods are more effective today than they were years ago. Fish finders, modern rods and reels, electric motors and fishing magazines and videotapes all give anglers the ability to catch more fish.

These days, to improve fish-Inese days, to improve fish-ing, anglers must give up some-thing to gain something else— and they're already doing it. Musky and bass anglers are fishing for fun instead of meat. They release fish after catching them so someone else will have chance to catch the fish again.

Anglers can also make their choices by supporting and complying with regulations. Fishing regulations are one of the most important tools that can be used to create the kind of fishing anglers want-but anglers are responsible for helping de-cide which regulations are most important to them. Consider how many fish you catch each hour, how many and how large fish must be for you to take home, how large a fish you're willing to throw back, what angling methods you want to use, how many miles you're willing to travel to do the type of fishing you want, and what season restrictions you can live with.

Turn to page 9

Trapping, from p. 13

comparatively swift death of a monitored by state natural retrapped animal, disease and starvation amy cause animals a of furbearers will not be com-slow, lingering death of weeks peting with each other for food or even months.

Trapping is necessary to reg-ulate the number of furbearing animals in the environment. It is not inhumane like many peo-ple believe. If the sport is wellsource agencies, of populations and habitat. Disease, such as mange and rabies, will be kept at minimal levels while the remaining population will be healthier and also able to maintain and repopulate in future seasons

Anglers, from p. 13

Une of North America's great nut and timber trees may be headed for trouble. A lethal and spreading disease is threatening the white walnut, better known as the butternut. In the past 20 years the number of butternuts in North Carolina and Virginia has declined from 7.5 million to 2.5 million. No known cure is available for the disease.

A logging company that has failed to replant clear cut areas was recently blocked on the highway by protestors. The inci-dent took place in the Philippine province of Bukidnon. Nineteen loaded lumber trucks were halted in a protest of clearcutting in the region 800 km. south of Ma-nila. Over 1000 angry residents took part.

Helbach proposes legislation

southeastern Portage County is benefit from legislation co- are l authored by Senator David Hel- tion." bach (D-Stevens Point) and SB bach (D-Stevens Point) and SB 364 lays the groundwork passed last month by the State for a five-year schedule of Senate

Senate Bill 364 was approved by a 27-6 vote on October 29, and has been referred to the Assembly Natural Resources Committee. Final approval by the Assembly is expected early in 1988

"In the 1960s and '70s, funding for Wisconsin's parks program aids program to provide match-was relatively stable," said Hel-ing funds for municipalities

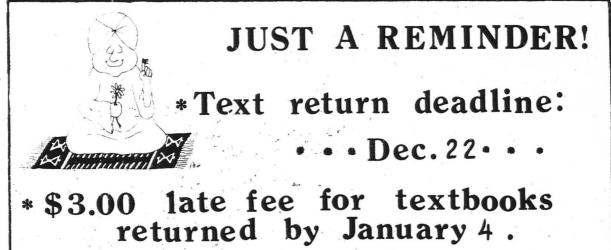
Hartman Creek State Park in bach. "But federal funds dwindled in the '80s, and many of among the parks that would our fine facilities suffered and are badly in need of renova-

for a five-year schedule of maintenance, renovation and capital improvements, with top priority going to those parks in serious disrepair. Under the plan, Hartman Creek State Park would receive about \$44,000 worth of work in 1988-89.

In addition, this legislation would create a new local park tchwishing to acquire and develop recreational land. Similar programs have operated in the past with much success.

"Wisconsin's parks are one of our best assets," concluded Hel-bach. "We need to do all that we can to preserve these facili-ties for residents, tourists and future generations to enjoy."

Other parks in the Central Wisconsin area which would receive increased state funding in-clude Roche-Cri State Park in Adams County (\$17,000 in 1988-89) and Rib Mountain State Park in Marathon County (\$55,000 in 1988-89).



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SPORTS Next Stop - Tacoma Next Win National Title

By John Gardner Staff Writer

Pointer Aatron Kenney ran away from the Geneva, PA, de-fenders all the way to the Taco-madome, where the UWSP football team will meet its next foe for the NAIA Division II Championship.

Kenney used his blinding speed to fly by defenders, as he dazzled the 1,500-plus fans at Goerke Field, by catching four passes for 146 yards and one touchdown. His day was also highlighted by a 92-yard kickoff return for a touchdown.

The semifinal round playoff game here Saturday wasn't a pretty one, but the air show was entertaining, as Pointer quar-terback Kirk Baumgartner and Geneva quarterback Jamie Smith filled the sky with many long-range bombs.

The Pointers got on the board on their first possession as Baumgartner ran it in from the two for a touchdown. Kevin Deates kicked the point after, and Point had an early 7-0 lead.

Later in the first quarter, Geneva countered and scored on a John Moores 28-yard field goal. Following the kickoff on the second possession for Point, Geneva recovered a Baumgartner fumble, and later scored on a 20-yard run by Alan Pavia. The extra point was blocked, but Geneva had the lead, 9-7.

After Baumgartner misfired and Geneva intercepted, the Golden Tornadoes drove down got it rolling on an 89-yard to the Pointer 12, before settling bomb to Kenney for a touch-for a 29-yard field goal by down. The two-point conversion

Moores which gave them a 12-7 lead at the beginning of the second quarter.

The Pointers weren't looking impressive but the ensuing kickoff was returned by Kenney for a touchdown, as Deates added the PAT, giving the Pointers the lead at 14-12.

Geneva didn't fold, however following the kickoff return and after another Baumgartner interception, they recaptured the lead 19-14 on a Smith to Larry Bettencourt five-yard pass.

Again, the Pointers replied with a score of their own on a Theo Blanco two-yard run up the middle, and after the twopoint conversion was successful, the Pointers once again had the lead at 22-19.

A play late in the second quarter may have been the big-gest play of the game. A Gevena player intercepted a Baum-gartner pass deep in Pointer territory and appeared to be rumbling into the end zone before Blanco made a touchdownsaving tackle. Geneva came up empty on the drive as Moores missed the field goal to blow a golden opportunity.

With only 1:23 remaining in the half, Baumgartner took the Pointer offensive unit down to the Geneva 20-yard line before Deates made a 37-yard field goal and the Pointers had a notso-comfortable 25-19 lead going into the locker room.

The Pointers seemed to wake up in the second half as they

was good, giving the Pointers a little bit of breathing room, 33-

Geneva cut it close on a 17yard pass from Smith to Tom Kros making the margin only 33-25, but that would be the Golden Tornadoes last hurrah as the Pointers' "Dawg" defense defense put the clamps on Smith and company.

After Tom Gaugert intercept-ed a Smith pass, the Pointers increased their lead, 39-25, on a Baumgartner one-yard sneak.

Deates closed out the scoring with a 32-yard field goal and a Barry Rose 13-yard run which sent the Pointers into the finals with a 49-25 victory.

The Pointer offense didn't have one of their better games, but they got the job done as Baumgartner threw for 381 yards, going 21 of 50 with five interceptions and one touchdown

"Our offensive line did a good job blocking," said head coach D.J. LeRoy, "but the timing be-tween receiver and quarterback was poor."

Kenney was named offensive player-of-the-game while Deates enjoyed the same honor on de-fense. "Aatron helped out a lot and Theo made a few key re-ceptions and also a T.D.-saving tackle which contributed great ly," said LeRoy. The Pointers, 14-2, travel to

the Tacomadome to play Pacif-ic Lutheran of Washington. The game starts at 4 p.m. Central time on Sunday.



Photo by Paul Mirman

ungartner, parading onto the field at last Saturday's Kirk B will quarterback the Pointers in the NAIAII Natio

or a 29-yard field goal by down. The two Sorenson - all-time leading scorer





Senior All-American Sonja Sorenson became the all-time leading scorer in Lady Pointer history last week against UW-Eau Claire

Sorenson scored 20 points to surpass UWSP graduate Karla Miller who had 1,197 points. Af-ter this past Saturday's game at Superior, Sorenson has 1,235 points in her career at Stevens Point.

After scoring her fifth point of the game, Lady Pointer Coach Ruth Anne Kaiser presented a basketball to Sorenson for her efforts.

Congratulations Sonny

Cagers win conference opener over Yellowjackets

by Karen Kulinski

SUPERIOR-The offense scores points, but the defense wins ball games.

That's how the UW-Stevens Point men's basketball team went about defeating UW-Supe-rior, 54-45, Saturday night in Gates Gym.

It was the Wisconsin State University Conference opener for both teams. The Pointers, who are the defending WSUC champs, are now 4-1 overall, while the yellowjackets are 1-3.

while the yellowjackets are 1-3. "I thought we played fairly well on defense, but inconsistent on offense." said Pointer Coach Bob Parker. "We started out very strong but didn't have that biller institut We late that killer instinct. We let them back into the game and had to rely on our defense to win it for us." Stevens Point had an 11 point advantage at halftime, 29-18, but faltered somewhat in the second half. Superior managed to cut the Pointer lead to two * points with about six minutes

remaining. The Point defense came alive and held on for the The Yellowjackets outwin. scored Point in the second half. 27-25.

"Our offense sputtered at times, and I think we played so hard on defense that we got a little lackadaisical on offense," said Parker. "I'm still looking for 40 minutes of total intesity on both ends."

Senior Todd Cristianson topped the Pointers with 18 points and 12 rebounds. Craig Wessel also hit double figures with 13 points, while Tony Col-lins and Max Christie each had 12 and Troy Engstrom pulled in 10 points for the Yellowjackets.

"Sometimes coaches try to motivate marginal players with glorifying comments and neglect the main man who is doing the job," said Parker. "Christianson has been playing excellent and deserves all the credit in the world. He's such an excellent person that it

Pointor Scureboard

Ice Hockey -

The Stevens Point hockey team once again picked up a win, skated to a tie and suffered a loss in three games last week.

The Pointers, who traveled to Mankato State for a Saturday-Sunday series, defeated the Mavericks on Saturday, 5-4, behind goals from Randy Chin, Rick Fleming, Shawn Wheeler, Tim Co-meau and Joe Butcher. Point had to settle for a 1-1 overtime tie to close out the weekend series. Wheeler scored the only goal for the Pointers.

John Basill and Pat Watson shared the goaltending duties on Saturday, picking up 30 saves between the two. Watson was in the net on Sunday and kicked out 31 shots.

Last week against UW-River Falls, the Pointers suffered another one- goal loss to the Falcons, 4-3

Stevens Point is now 6-3-2 overall, second in the NCHA with a 5-3-2 mark and a 4-2 mark ties the Pointers with River Falls for first place in the WSUC with four points. In the Western States Coaches poll, the Pointers are ranked second behind River Falle

Next Action: Host North Dakota State on Friday and Saturday at 7:30 p.m.

Wrestling

The Pointer wrestling squad met tough competition last Satur-day at the Warhawk Invitational at UW-Whitewater.

Northern Michigan won the 14-team meet with 99.25 points while Stevens Point grabbed seventh with a 29.5. Other Wiscon-sin State University schools competing included: 3. Whitewater 62; 4. La Crosse 53.5; and 9. Oshkosh 23.

"This was a good tournament with some top individuals," said Pointer Coach Marty Loy. "Unfortunately, we met some of those top people early in the tournament and then had to wrestle back

"That says a lot about the character of our team - to get beat and then come back and wrestle five or six matches to place fifth or sixth."

Point's top placewinner was Gene Sheehan at heavyweight-who placed fourth. He won his first match and then lost before pinning Brad Stiede of Oshkosh in 2:30. He won by forfeit only to lose his final match to Dwight Fisher, 12-11.

Four Pointers grabbed fifth place finishes - Bob Calnin at 142, Fred Mann at 150, Tom Weix at 158 and John Matczak at 167.

'Sheehan did a nice job of being our only medalist in the tourney," said Loy. "We also had good efforts from Mann, Calnin, Matczak and Weix."

The Pointers were scheduled for a double dual in Eau Claire yesterday against the Blugolds and St. Cloud State.

At Illinois State on Saturday.

Men's Swimming

Season best, personal best and national qualifying times pro-pelled the UW-Stevens Point men's swim team to a 122-95 win over UW-Milwaukee last weekend.

We had eight national qualifying times, 23 season best timesand three personal bests, so I guess you could say we were rea-dy to swim," said Coach Lynn "Red" Blair.

Sophomore Nino Pisciotta qualified for nationals in three events with his first place finishes - the 200 individual medley (1:59.468), the 200 butterfly (1:57.602) and the 200 backstroké (2:04.811). Ken Brumbaugh qualified for nationals as he won the 200 freestyle in 1:46.271. Brumbaugh, after also winning the 500 freestyle in 1:455.953, joined teammates Kevin Parham, Kevin Setterholm and Andy Woyte in winning the 400 freestyle relay in a national qualifying time of 3:15.097.

The 400 medley relay of Setterholm, Andy Woyte, Chris Lar-son and Tom Woyte qualified for nationals in their first place finish in 3:44.543.

Blair named Pisciotta and Brumbaugh swimmers-of-the-week. "I like the way this team takes a challenge and deals with it so strongly - they rise to the occasion," said Blair. "It was a good meet to finish the year 1987. The whole team should be swimmers-of-the-week."

Next Action: Florida Trip

from Dec. 26 to Jan. 18.

Women's Swimming

The Lady Pointer women's swim team swam well but ran out of swimmers against UW-Milwaukee last Saturday.

Milwaukee topped the Angelfish by a slim margin, 105-101. "The women had a great meet but we ran out of bodies to fill another relay at the end to get two points," said Head Coach Lynn "Red" Blair. "We won nine of 13 enents and in our pool wed would have won 60-53. We're swimming very good and I'm closed mith our time at this point in the seeson." pleased with our times at this point in the season." A number of swimmers made national qualifying time with

their efforts. Anne Watson qualified for nationals with her first place effort in the 500 freestyle in 5:31.596. She also topped the 1000 freestylers in 11:19.898.

Other national qualifying times and first place finishes in-

Turn to page 18

Lady Pointers rout Superior, 66-47

from the line (5-8).

by Karen Kulinski

ports Editor

SUPERIOR-Everyone played and everyone scored. The Lady Pointer basketball team put forth an all-out team effort in a 66-47 rout of UW- Superior at Gates Gym on Saturday night.

Stevens Point is now 2-2 overall and 2-0 in the Wisconsin Women's Intercollegiate Athlet ic Conference.

"It was a win that we needed," said Lady Pointer Coach Ruth Anne Kaiser. "Everyone played and everyone scored, and we needed that as a team. It was a good feeling.

"We didn't play a great game; it was very sloppy. We let them back in it, and that made a respectable score, be-cause we did let up."

The Lady Pointer defense dominated in the first half and held the Yellowjackets to just 16 points, while scoring 34 points. Stevens Point relaxed the second half, scored 32 points, but also gave up 31.

"When we put the bench in, they did a nice job," said Kai-ser. "We need to keep improv-ing as we have been from game to game. Our perimeter players are doing a much better job of reading the defense, and we can see more of how we can take care of what they're giving us."

Sonja Sorenson topped Ste-vens Point with 18 points, while Deb Shane added 16, and Kate Peterson 10. Kaye Madden led Superior with 13.

"Shane worked hard all week, and she took control the first half," said Kaiser. "That's what broke the game open. She took the shot when it was there and did a nice job controlling the offense.

Stevens Point also had a com manding edge under the boards, pulling in 43 rebounds, compared to 29 for the Yellowja-



ckets. Sorenson hauled in eight and Shane six for the Lady "We held them to 16 points in the first half and that says Pointers, while Jane Bichanich had six for Superior. something. With four minutes to go, we were up by well more than 20 points, but we let them Stevens Point made 27 of 56 shots (48 percent), but only 12 of 22 free tosses (55 percent). back in. Defensively I was pleased with our efforts." Superior shot 32 percent from the floor (20-63), and 63 percent

In the conference opener last week versus Eau Claire, the Lady Pointers came out on top, 76-60. Point will play in the Augustana Tournament this Friday and Saturday.

Amino Acids - The Answer to Steroids

By Dave Hagen Special to the Pointer

The use of Amino acids has become one of the most debated topics in sports nutrition today. With the proper amino acid supplementation, an athlete can reach the same potential for building muscle and strength as that of an athlete using storoids. This applies whether the subject is a bulky weight lifter, a wiry marathon runner or anyone in between.

The athlete, however, does not have to cope with the health risks or moral questions that often accompany steroids.

These days, talking about steroids and athletics is like an E.F. Hutton commercial everyone listens. Most people consider bodybuilding the only sport to exercise the use of steroids, but they are being found in all sports, even though the health risks still remain.

Steroids are artificial male hormones with adrogenic (any substance, natural or synthetic, which promotes masculine characteristics) properties removed. Today, most bodybuilders take steroids and a few take pure androgents, such as testosterone (hormone secreted by

the male), at least six weeks before competing. Both types of drugs result in a temporary increase in muscle mass.

Steroids are the primary bodybuilding drug used by athletes today. Moreover, steroids are not only dangerous, they are illegal.

Michael Murray, Ph.D and former bodybuilder, says that research has shown that steroid use suppresses the tiyroid and immune system. This alteration of the body's immune system may be the leading cause of many of the physical and psychological side effects, are those that affect the intestinal and genitourinary tracts: indigestion, heartburn, anal itching and vaginitis.

After the toxins have entered the blood stream and immune system, the second stage of symptoms appear. Allergic reactions such as: asthma, hives, hay fever, and bronchitis. Finally, after several months of continual use, a third group of symptoms are observed, those of the nervous system. These include: irritability, confusion, depression, memory lapses, and an inability to concentrate. Recently, steroids have been linked with the AIDS virus. The symptoms will occur in order as the infection worsens.

Amino acids have become the primary substitute for steroids. Amino acids offer all the positive aspects that steroids do, but without the side effects. Furthermore, amino acids are an all-natural food supplement. Researchers have stated that many of these acids are beneficial and present no known harmful effects to the athlete.

Amino acids are organic compounds with both an amino (NH) and a carboxyl (COOH) group in their structure. They are often called the building blocks of proteins, and proteins are used in a number of ways in body growth.

Amino acids also have many functions within our bodies. Amino acids are involved in just about every bodily process:... muscle growth and repair, nerv-

muscle growth and repair, nervous system functions, energyproduction, hormone production, and endocrine gland activity.

Alexander Brally, Ph.D, and Murray completed a case study to on the distinction amino acids

have over steroids.

A 20-year-old competitive bodybuilder had been regularly using steroids. He was not experiencing any problems when he decided to meet with Mr. Brally. He simply wanted some training assistance before an important competition. After a complete amino acid analysis, it was determined that he needed a dramatic change in his diet. He started taking a special amino acid formulation between meals and before workouts. His sfrength and progress was so good that he went off the steroids.

While his competitors lost muscle as they dieted rigorously during the last few weeks before the contest to become as lean or defined as possible, this athlete's muscle continued to grow. He gained ten pounds in the three weeks before the competition, and his body fat percentage dropped from ten to eight percent.

Brally and Murray believe that cases like his hold promise that the present dependence on steroids in various sports can be eliminated.

The use of amino acids to enhance performance has become a widely practiced policy in athletics. "In our view, amino acid supplementation is mandatory for any athlete who wants to maximize performance. But you can't take them haphazardly." Just like any drug, it is important to take them in the right proportions.

Based on studies like Bralley and Murray's, amino acid supplementation has the effects desired in many strength sports, and appears to be a much safer alternative to steroids.

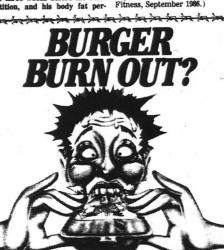
(Work cited-Sports Fitness, September 1985; Muscle and Fitness, September 1986.)

University Plaza

'behind McDonalds"

341-7777 .

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Life can be really tough when you've got a bad burger habit. You find yourself thinking about burgers all day long. You can't wait till you get another "burger fix". But it doesn't have to be that way! There is a Fresh Alternative...Subway Sub Shops. All our sandwiches and salads are made fresh before your eyes. So get rid of that burger on your back. Come to a Subway Sub Shop for a quick recovery.

The Fresh Alternative

UBWAY

The Pointer offensive line will have to do some serious blocking for QB Kirk Buamgartner on Sunday in the NAIA II title game. Game time CST is 4 p.m. and will be broadcasted on WSPT radio.

Cagers win opener, from page 16

makes you feel good all over when he is successful. No one is working harder than Todd Christianson.

"Yet, this is certainly a team game. The guy's hearts are in the right place and that's why we're winning. We're still just going to take it one game at a time."

Stevens Point shot 44 percent from the field (21-48), and 63 percent from the line (12-19).

Position

open for

Sports Editor

second

semester.

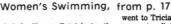
Superior made 19 of 49 floor shots (39 percent), and seven of 12 free tosses (58 percent).

Backed by Christianson's rebounding, the Pointers controlled the boards, 34-24.

"Our defense made them shoot poorly," said Parker. "I was happy with our rebounding, and that was keyed by Christianson. Our shooting percentage was not real spiffy, but we were in and out all night long. "It was a good team effort

"It was a good team effort defensively. Dimitric Roseboro played very fine for us and did. a yeoman's job on defense. Wessel came through down the." stretch." In a non-conference last week

Point beat Edgewood, 81-56.



cluded: Karen Petrick in the 200 freestyle (2:01.796) and 200 butterfly (2:17.483); Teri Calchera in the 50 freestyle (:26.603) and 100 freestyle (:55.560); Jan Gelwicks in the 200 individual medley (2:18.838); and the 400 free relay of Calchera, Lynn Palmquist, Gelwicks and Petrick in 3:47.652. The other first place

went to Tricia Wentworth in the one-meter diving (202.05).

Second places went to Deb-Hadler in the 1000 freestyle (11:23.669); Gelwicks in the 100 freestyle in :56.592, a national qualifying time; Wentworth in the three-meter diving (189.1); and the 400 medley relay of Darcey Hessenthaler, Michelle, Steed, Stephanie Bass and Kris Meulemans (4:49.38).



Next Action: Florida Trip from Dec. 26 to Jan. 18.

III Dec. 20 10 Juli. 10.

CLASSIFIEDS

ANNOUNCEMENTS

SGA would like to remind you that the Academic Affairs posi-tion is open to someone with good communication, writing and delegation skills. Must have a 2.0 GPA and carry at least 6 credits. 3.75/hr, 5 hours a week. Applications available in the SGA office

So you want to be a senator !? Now's a chance to represent the college of CNR, or 3 undergraduaté credits. Contact the SGA office for more info.

Employment for Christmas Break. Are you going to be in Stevens Point over Break and want some extra cash? We have job openings (cleaning, paint-ing, ceiling removal, misc.) Stop down to 015 or 017 Pray Hall and fill out an application. Call 346-3297. 1st come, 1st served.

Student Employment. The stu-dent will be in charge of registration procedures for confer-ences and non-credit classes; freshman or sophomore pre-ferred. Qualifications include: communication skills, computer operations, organizational skills, knowledgeable of campus facilities. Contact Jeanette Krebs-bach, Continuing Educa-tion/Outreach, 346-3717.

WANTED: Female(s) to rent 1 or 2 single rooms in house close to campus. Reasonable rent. Washer/Dryer. Call 344-6510. Ask for Tracy.

FOR SALE / RENT

Wanted: One male for single room across from campus. Call Jim at 341-8823

Wanted: One male roommate, huge single room. 5 minute walk from campus, right before Partner's Pub. Call Jim 341-6158.

Wanted: Female to Sub-leas single room in large house: 2 blocks from campus and located on College Ave. Laundry and Parking facilities. \$650 per semester. Call 341-4622 and ask for Carey.

For Rent: One large single room available close to campus. Call 341-8556

For Rent: Spacious single room for second semester. Energy efficient house 3 blocks from campus. Share with 2 responsible roommates. \$600/semester plus utilities. roommates. Dave 341- 3346

Spring semester housing. Fe-males. Across street from campus. Price reduced. 341-2865.

Need to sublease: One Fe-male to share 1 bedroom Apt. Located 200 MN Ave. \$510/sem • Utilities or 130/mo. Laundry & Parking available. Call Jill or Sandy at 341-4328.

Needed for 2nd semester: Male to sublet room in a house at 1101 Fremont St. Excellent location, right across the street from Student Services and UC Can move in after Dec. 1 \$685 for the semester. Call Jeff at 344-3345 or 341-3590.

Opening for 1 female for rent. \$495-per semester. Price in-cludes heat. Very economical! Very affordable! Plenty of space! Need to sublet for 2nd semester. Summer months optional. For more information call Patience at 341-8608, leave

name and phone if not home A free dinner at Michele's Restaurant, 513 Division Street, anyone with information for leading to the recovery of a 7 1/2 foot Santa Claus stolen from the roof of the restaurant last Wednesday evening, December. Please call 344-3363.

FOR SALE: Complete 32-bit Atari ST system with 14 color monitor, 1 megabyte memory, monitor, 1 megabyte memory, also runs IBM programs, \$995. IBM compatibles from \$595, Commodore Amiga \$895, print-ers, monitors, modems, software and supplies all discount-ed. Call Campus Computing, 341-6257

For Sale: 1970 Econ Van. Good Condition, runs well. For info, call Kevin-344- 3915. Leave age

For Sale- Brother Electric Typewriter-\$75. Panasonic Black & White TV-\$75. Ameri-can Tourister Luggage-\$100. CAll 341-1397 ask for Jacque or leave a message.

HEY !! For sale Beerlight with moving scenery, Asking \$25, For Sale large, comfortable recliner \$40, Call Today 341-

Spring Break vacation sales. Earn top pay selling vacations to Florida. Guaranteed \$15 commission per sale. Must be or-ganized, outgoing and honest. Individuals or organizations call 1-800-338-0718. Florida vacation service.

It's gigantic, It's HUGE, It's the rummage sale of the century. You need itwe're selling it. Sat. Dec 12, 925 Division (across from YMCA) 7:30- 2:00. See ya there

Typewriter need repair? Call Matt lin's Service center. Free pick up and delivery most makes and models. 341-6844.

PERSONALS MER NITE HET BLOWBOY

Hey Morey! MAH! Big Kisses Love ya Bean Fox!

Cathy, Paula & Diane; Only 11 more days! Are you gonna miss me? Help Paula through 2nd semester and tell her I'll write her everyday. Love & Adios, CHIT

Women of 1318 Fremont; 236 days 'til my return!



Qualifications: Paper Science & Engineering sophomores (12/10) &

Spanish Club's Christmas party will be Thursday Dec. 10th at 7:00 in CCC Rm 304 (across from the language lab). It will be a good opportunity to meet other members and faculty. Please bring munchies to pass. Until then Feliz Navidad.

Don't forget your PURPLE GOLD CARDS sponsored by SGA. THey have lots of great deals from Cost Cutters, Kindy Optical, and Dominoes to name a few. If you lost yours stop in the SGA office and pick up a new one.

Need a lift? SGA will pay for half of your monthly or EZ bus passes. Just stop by the information desk in the UC or contact the SGA office. Don't miss the bus!

Interested in joining a sorority? Stop by the concourse for information on Delta Sigma Chi Spring Rush! Today 9-4.

Photos with SANTA !! Have your picture taken with Santa in the UC Concourse Tomorrow, Friday 11th from 10 to 3. The picture is only \$1.50. Sponsored by ACT, help us, help others.

NEED AN ESCORT HOME? You can get a free ride home if you live within a 5 mile radius of campus with the student transit van. The van stops at 9pm & 11pm in Parking Lot E near CNR, across from Berg Gym and in front of the LRC. Take advantage of this free service offered to you by the Women's Resource Center.

UNIVERSITY

STOR=

STUDENTS HELPING STUDENTS

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juniors (12/11).

Positions: Summer Interns. Contact Paper Science Dept. secretary to sign up. MEASUREX CORPORATION Date: December 16 Qualifications: Paper Science & Engineering seniors. Position: Application Engineer in Field Sales Organization Location: Interviews will be held in Paper Science Dept. Contact Paper Science Dept. secretary to sign up.

The Pointer is now accepting applications for Sports Editor. Call X-2249 if interested









SATUEDAY DEC. 12 3.00 w/UWSP ID 3.75 w/out BRING YOUR TGIF TICKET STUB AND GET A .50¢ DISCOUNT!!!