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THE POINTER

UNIVERSITY OF WISCONSIN-STEVENS POINT

Recording Student
Voices Since
1895

University Evening enlightened with positive psychology

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NEWS REPORTER

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Imagine a class that makes you feel good about yourself while helping people along the way.

On Wednesday, Sept. 19, members of the Stevens Point community and the university were given a glimpse of what results in taking Jeana Magyar-Moe's Positive Psychology class. Magyar-Moe, an assistant professor of counseling psychology at the University of Wisconsin-Stevens Point gave an uplifting presentation: "Ingredients for Human Flourishing: Lessons from

Positive Psychology." The presentation was featured at the fourth annual University Evening, a program that recognizes faculty excellence.

Throughout her academic and teaching careers, Magyar-Moe has had her excellence recognized through countless awards and achievements, highlighted by authoring and co-authoring 80 book chapters and 15 journal articles. She has also been invited to four international positive psychology summits, been named a Wisconsin Teaching Fellow and is the chair-elect of the Positive Psychology Section of the American Psychological Association.

During her presentation, Magyar-Moe explained positive psychology's history, research that has served as its foundation and applications

that can be used by not only students or faculty, but by everyone.



Magyar-Moe

"I have seen through my work as a practicing counseling psychologist how well the material from positive psychol-

ogy applies to all the clients that I see," said Magyar-Moe. "I see so many applications of this body of knowledge that I feel the need to spread the word to others so they too can benefit."

For Magyar-Moe, positive psychology is about making not only the individual, but groups of people happier; it aims to get people above the baseline, above being just okay with life.

"I think that positive psychology can help inform us of how to better humanity," said Magyar-Moe. I think that if not only can inform people who are struggling emotionally of how to be happier, but can help all people, even those who are not struggling, to find more meaning, joy and satisfaction in life."

In order to benefit, peo-

ple must also embrace their strengths and integrate what they have to offer into their daily lives.

"If we use our strengths daily we are more likely to be happy, to be satisfied, to be happy with our everyday life in school, at work, in our love life, in our parenting, in whatever you do," explained Magyar-Moe. "If you put your strengths in action you will be happy."

If you take on positive psychology as a way of living, you can be happy and be more than just okay.

Magyar-Moe earned her baccalaureate from UW-SP, and her master's and doctorate from the University of Kansas.

UW-SP English professor earns his own Quill

Joy Ratchman

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Patrick Rothfuss, professor of English, longtime columnist for the Pointer and author of "The Name of the Wind," will be honored with the prestigious Quill Award. "The Name of the Wind" was selected from 5 other nominees for the award.

The Quill Awards are the literary equivalent of

the Emmys. Nominations and votes are submitted by librarians, readers and booksellers. Nineteen categories of literature are represented, and the panel of judges picks what the Quill website calls "the year's most entertaining and enlightening titles." The Quills are televised on NBC and are the only televised literary awards. The gala event will take place on Oct. 22, and will be hosted by Ann Curry, Al Roker and guest Stephen Colbert. NBC stations will televise the event on Oct. 27.

Rothfuss was notified of the nomination of his book in June via e-mail. He was surprised, but didn't really think "The Name of the Wind" would win. Last week, he stumbled onto the news that his book had won at 6:30 a.m. He was up late, and had planned to blog the nomination, and searched online for "Rothfuss" and "Quill Award." The search revealed the most recent

press release from the awards, and his book was listed as winning the "Science Fiction/Fantasy/Horror" category.

"It was very surreal," he said. "I'd been up for 30 hours. I was surprised more than anything. It didn't have as much impact because I stumbled on[to] it."

Since its publication, Rothfuss's book has garnered praise from such sources as

"The Onion" to best-selling science fiction writers Orson Scott Card and Anne McCaffrey. In addition to the acclaim, Rothfuss faces the challenge of balancing book signings, fan mail and work on the next book in the trilogy with his teaching career.

"It's tricky," he said. "I'm teaching two new classes this semester and putting them together. Both are literature

classes, so they're not as time-consuming as grading papers. I really wanted to teach these two classes. It's a particular treat."

In the past, Rothfuss has taught Freshman English, but he has always hoped to teach upper-level literature courses. He hopes to someday teach a course on sci-

See Quill page 2

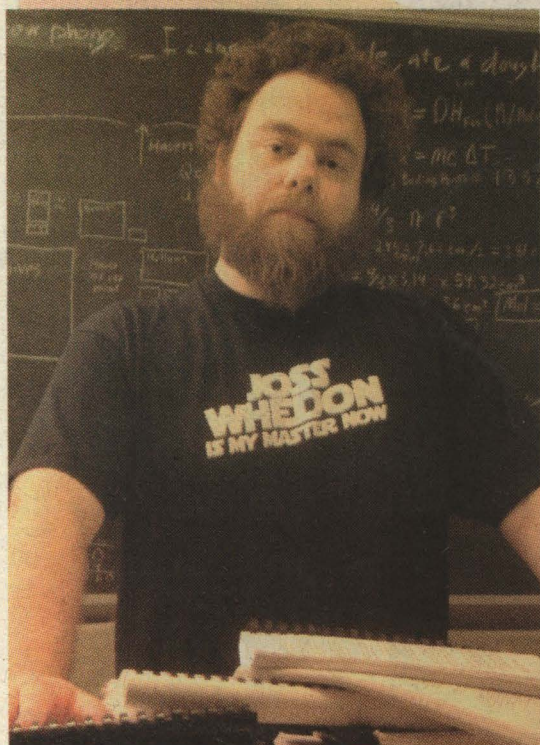


Photo courtesy of Pat Rothfuss

English professor Pat Rothfuss has been nominated to win the coveted Quill Award.

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CAMPUS BEAT

TRUE ACCOUNTS
FROM UW-SP'S
FINEST CAMPUS
SECURITY OFFICERS



CCC

September 13, 2007 10:29 a.m.

Type: THEFT

A woman's wedding ring was stolen.

May Roach Hall

September 14, 2007 12:14 a.m.

Type: PUBLIC INTOXICATION

May Roach CA reported a student suspected of drinking and being uncooperative.

Burroughs Hall

September 14, 2007 7:04 a.m.

Type: DRUG USE

Custodian found a bag of marijuana.

Thompson Hall

September 15, 2007 9:27 p.m.

Type: INDESCENT EXPOSURE

Individual urinating outside Thompson Hall.

Parking Lot Q

September 15, 2007 12:51 a.m.

Type: PUBLIC INTOXICATION

An intoxicated individual was confronted.

Parking Lot P

September 16, 2007 12:56 a.m.

Type: INDESCENT EXPOSURE

Individual urinating on a car.

Baldwin Hall

September 18, 2007 12:03 p.m.

Type: THEFT

A bike seat was stolen.

See Quill page 2

fiction or fantasy.

"I do love to teach," said Rothfuss, "and I would like to keep teaching. I'm from here, and I'm very comfortable here." In the classroom, very few of Rothfuss's students mention the book, although every now and then students ask him to sign a copy.

While he is excited to win a Quill Award, the recognition by his own favorite authors has been one of the sweetest parts of success for Rothfuss. While he wasn't inspired to write like any particular author while growing up, reading their books taught him that he wanted to write.

"I did a blog discussion with Orson Scott Card about Harry Potter. It was fun and very flattering to be asked by him. He's won Hugo and Nebula awards, and he's got a masterful grip on storytelling. I've been reading his books for 15 years, and his praise of my book floored me way more than the Quill Award."

Rothfuss makes a conservative estimate that 30,000

copies of "The Name of the Wind" have been sold, and the foreign rights have been sold to 17 countries. A comic book adaption or graphic novel set in the same world as the book is also in the works. Rothfuss has been negotiation with both Marvel and DC comics. A role-playing game is in the works, and a major video game designer has contacted Rothfuss, wanting help with plot and dialogue for an upcoming game.

Rothfuss's many fans send him presents, dress up as characters from his books and take pictures, draw his characters and send him fan mail. Despite the many accolades Rothfuss receives for being a published author, he says that the glory is not always what it seems.

"It's not really a rock star lifestyle," said Rothfuss. "I ate ramen yesterday. I have a pile of credit card debt. It's remarkably not glamorous. Everyone assumes that the successful author immediately becomes rich and famous. I'd settle for paying off my student loans."

SGA Weekly Update!

The 2007-2008 school year is off and running. SGA has a lot of exciting things going this year and we are all very excited for the upcoming year. Here are a few events coming up in the near future:

Thursday, Sept. 20th the BIO Bus will be on campus. They will be giving demonstrations on the sundial. The BIO Bus runs on BIO fuel and will be here to create awareness on alternative fuel sources for vehicles.

Monday, Oct. 8 from 5-8 p.m. SGA is sponsoring a living options fair. Local landlords will be here for a meet and greet to provide information about moving off campus. If you'll be in the market for a

place next year, this will be an excellent opportunity to gain some very valuable information.

Nov. 9-11 is the Women's Leadership Conference. The conference is brought to you by United Council and is being held at UW-Oshkosh. The key speaker for this event is Loretta Ross. If interested or if you want more information go to www.unitedcouncil.net/wic.

SGA will have its bike program up and running shortly. We are renting bikes to students for a semester for free! Look for more information coming soon.

THE POINTER

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Letters to the editor can be mailed or delivered to *The Pointer*, 104 CAC, University of Wisconsin - Stevens Point, Stevens Point, WI 54481, or sent by e-mail to pointer@uwsp.edu. We reserve the right to deny publication for any letter for any reason. We also reserve the right to edit letters for inappropriate length or content. Names will be withheld from publication only if an appropriate reason is given.

Letters to the editor and all other material submitted to *The Pointer* becomes the property of *The Pointer*.



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See news happening? Let us know. Drop by The Pointer office, CAC 104.

Pointlife

Fair promotes student involvement

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The weather may have been wet and gloomy, but it didn't wash away the crowds under the tent by Debot during the Student Involvement & Employment Office (SIEO) Involvement Fair on Thursday, Sept. 13.

Over 120 organizations lined the tents, waiting for the opportunity to promote themselves to interested students and convince them to

get involved. Attending students were treated to games and other activities, as well as a slew of information about the organizations.

"It's nice to have all the organizations in one place for new students to see and learn about," said sophomore Colleen Bartel. "The free stuff is great too!"

The fair provided something for everyone. Greek, religious, academic, volunteer, communication, multicultural, as well as several special-interest organizations lined the rows, each trying to get

and hold the attention of passing students. Many handed out candy or had chances to win t-shirts and other prizes, but some had more original attention grabbers.

The Gay-Straight Alliance held a game called "Gay Fish, Straight Fish, Win a Goldfish", a take off the carnival favorite where students toss a ball into a collection of fish bowls. If the ball goes into a fishbowl, you win the goldfish. Circle K, a student volunteer organization, made root beer floats for interested people, and the Dancers of Shahrarazad,

the University of Wisconsin - Stevens Point belly dancing club, put on some music and shook it for passers-by.

Although the organizations are different, the goal is the same: increase membership and let people know that they are out there. Recruiting members are particularly interested in people who are willing to carry on the organization or new students who possibly weren't aware of involvement opportunities.

"It's a great opportunity to add new faces. These freshmen and sophomores are the

future of our organization," said Public Relations Student Society of America (PRSSA) Vice President Brittany Rossman.

If you'd like to get involved in an organization and were unable to attend the Involvement Fair, stop by SIEO located on the first floor of Nelson Hall, room 119, Monday through Friday between 8 a.m. and 4 p.m., or check out their website at <http://www.uwsp.edu/centers/sieo/> for a complete list of student organizations.

The plight of the commuter

Steve Apfel
POINTLIFE REPORTER

The first day of classes of this school year brought the first occurrence of a common predicament for students: What does one do to kill time between classes?

One could leave campus, go home, grab a nap or a snack, catch up on email or any number of other things. However, some students, such as myself, have no such luxury; we are commuters.

I drive the approximately 40 miles from Marshfield to the University of Wisconsin - Stevens Point four days a week for class. I've tried to bunch my classes together in an effort to cut down on trips back and forth, but even the most effective scheduling leaves downtime. How does one occupy oneself during these breaks from academics? Here's a few of my favorite activities I've discovered over the past year.

First and foremost, I have been called a geek countless times in my life, so it should come as no surprise that one of my most treasured havens

is the library. My girlfriend claims that I have library cards from every town I've ever been to. It's not true; I only have three library cards. Both the campus library and the Portage County Public Library, located just a short drive away on Clark Street, provide an environment for both academics and entertainment. Both provide computers for public use with internet access as well as scores of books, magazines, and audiovisual materials. Some unscrupulous individuals have even been known to check out large stacks of CDs for burning to their home computers. I will not condone nor condemn such an act.

If the library doesn't sound like your idea of a good time, there are a few other options I favor in the same vicinity. Sharing a parking lot with the public library is Jim Laab's Music Superstore. Being a poor musician, I enjoy going in and playing instruments I won't be able to afford in the next 10 years. This often draws dirty looks from the sales staff since I rarely buy anything, but remember: you're not loitering because they can't prove you're not a customer there to buy the

equipment you're jamming on.

A walk across Main Street from Laab's is Radio Kaos Records. This is possibly one of the finest record stores I've ever had the pleasure of encountering. It is also one of the last of the independents with the closing of Wee Bee CDs last December. There is scarcely an item that Radio Kaos can't get for you, and the owner is one of the most informed individuals in the world of popular music one could ever hope to meet.

Head back across the parking lot and Clark Street to Galaxy Hobby, now located in the former Wee Bee's building. Here, there is a veritable treasure trove of comic books, as well as discs for disc golfing, darts and all the supplies one would need for any number of role-playing games.

These are just a few of my favorite haunts about town that are close enough to campus that a trip between classes is completely plausible. Whether you're a commuter, like me, or just another student looking for something to do, the best way is just to get out and explore the city. You could always study, but what fun would that be?

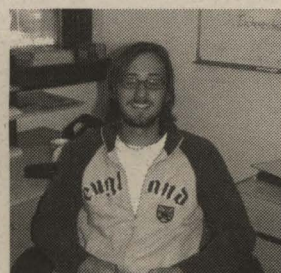
Pointer Poll

...What is your favorite school supply?



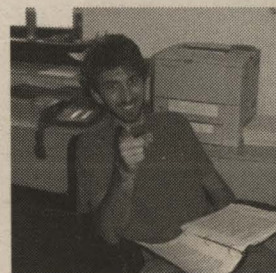
Logan Hamman
Freshman

"Ahh, probably my pen. I like to doodle on the edge of my assignments"



Jim Priniski
Junior

"I really like good pens, like 90 FM pens."



Joe Wilkinson
Super Senior

"Do academically passionate professors count?"



Meg Goldberg
Junior

"Note cards 'cause they help me to study."



Greta Larson
Junior

"My bible, for my religious studies class and my extracurricular activities."

We want YOU to write for the Pointer!
Contact Sara Suchy at ssuch489@uwsp.edu
if you're interested.

Hypnotist and comedian Bruce McDonald revisits campus

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Centertainment Productions invited hypnotist and comedian Bruce McDonald to entertain University of Wisconsin-Stevens Point students and community members Friday night beneath the Debot Tent. This was McDonald's sixteenth year performing on the UW-SP campus.

McDonald graduated from Indiana University. He was certified as a hypnotherapist and performs his hypnosis entertainment and motivational seminars throughout the United States, Mexico, Canada, and Australia.

To loosen up the audience, McDonald had everyone stand up and massage one another's backs and explained how hypnosis is a natural state of mind. He believes hypnosis turns off the "big deal zone" in a person's brain and allows the "creative imagination" to flow freely. But, he said, the volunteers "[wouldn't] do anything against their moral or ethical codes."

He gave the audience a taste of hypnotism. He had everybody close their eyes and

imagine sand pouring into the right hand and a rising balloon tied to the left hand. When everybody was allowed to open their eyes, surprising to most, their right hand was 'weighed down' and the left was elevated.

He then asked for 12 female and 12 male volunteers to participate on the stage for the entire show. Before hypnotizing the volunteers, he promised that following "Point tradition, we're going to get rowdy!" Relaxing music played as he told each volunteer to sleep. He woke the participants to a terrible smell coming from their neighbor, and they all pinched their noses shut or tried to fan away the stench. McDonald flipped the situation around by telling them that they couldn't get enough of the wonderful smell of their neighbor. The audience roared with laughter as the participants eagerly sniffed each other up and down. "We need to remember to laugh a lot,"

McDonald said.

He went on to make the volunteers into "beautiful ballerinas." They danced gracefully across the stage to music

McDonald then made the males believe they had breasts as large as Dolly Parton's. All the guys looked at each other with confusion, and a female participant shouted out, "How do you like them now boys?" McDonald concluded, "It's not fair to judge women by their ti-tons."

He had select volunteers scatter into the audience and fall asleep like babies on random audience members' laps. The volunteers were instructed to run their fingers through their cuddle-buddy's hair and role play in a kissing scene as Romeo and Juliet. The catch was the two inches of plastic between the audience members' and volunteers' lips the participants were told to believe in. The audience members still tried to squirm away from their struggling Romeo or Juliet.

"Part of college is to meet new people when you come here. That's part of the fun," McDonald explained after-

ward.

The loudest uproar of laughter came at the end of the show when four male participants believed they were in a body builder competition resulting in the winner being "Mr. Point 2007." A thumping beat came over the speakers and the males tensed up to show off their muscles. One man ripped his shirt off, while two others removed theirs. McDonald tore off pieces of toilet paper and told the men it was money. They all eagerly shoved the 'money' down their pants so the other competitors wouldn't get it.

"[The show was] very impressive, entertaining and humorous. For the most part it seemed real, but it's just hard to imagine people will act like that," said Chad Kowalski, a senior at UW-SP.

"It was very well set-up and unexpected," Andrew Basinski, a junior at UW-SP, added.

It was a rowdy night in Point after all, and it went to show "the beauty of hypnosis is people have a chance to bring out their creative imaginations," McDonald said.

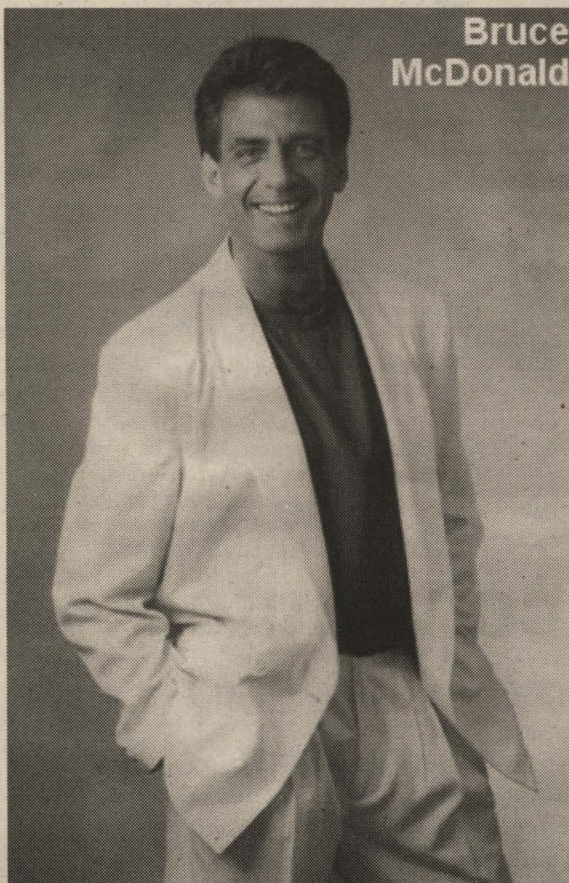


Photo courtesy of www.uafortsmith.edu

WHAT ARE YOU DOING TONIGHT?

LAUGH IT UP

Lame jokes and dull one-liners don't stand a chance at Thursday Comedy Nights. If you're looking for raw, uncensored, side-splitting comedians, join Country Springs Hotel in Stevens Point every Thursday night at 8. Each week features a new national comedian that isn't afraid to bust out the goods.

Unleash your laugh with Thursday Comedy Nights at Country Springs Hotel in Stevens Point.

So laugh it up — it's what you deserve.

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COUNTRY SPRINGS HOTEL
It's what you deserve

Outdoors

Boozin' and Bakin' Fall Harvest Apple Pie

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High-dilly ho, happy bak-erinos. Welcome to the first installment of boozin' and bakin' - because you can't have one without the other. This week: apple pie.

Harvest season is upon us, which means the apple is one of the prettiest girls at the fall harvest dance. What? Did someone say dance? What better excuse to drink!?

What you'll need:

*Apples. A whole shitload of 'em. (a half-bushel will do.)

*Four to six of your favorite drink. (A six-pack, boxed-wine, or shots of Patron... whatever wets your whistle.)

*Pie crusts. In lieu of drinking, get the store-bought ones available in your grocer's

frozen section.

*Flour (Like Fitty says, "not a lot, baby girl, just a lil' bit." About a ¼ cup.)

*Granulated sugar (about 3 cups)

*Cinnamon (about 3 Tablespoons, give or take. If you like cinnamon, add more. If not, use less. Duh.)

*Pie tin, sharp knife, peeler, apple corer, and/or shot glass.

Step 1: Prepare your drink and take a hearty swig. I'm serious.

Step 2: Peel and core your shitload of apples and cut them into your desired sized slices. (This is the longest step of the whole recipe. It's best to finish your first few drinks during Step 2.)

Step 3: Put all sliced apples into a large bowl and combine flour, sugar and cinnamon. Mix thoroughly. (Note: you can also add nutmeg, cloves or whatever crazy spices you

can find. Add sparingly: once you put it in, you can't take it out.)

Step 4: Shape one pie crust to a pie plate (glass, metal or tin will do), poke the pie crust with a fork all over for venting purposes and bake at 350 degrees for about 5 minutes.

Step 5: Take a breather and drink up - it will ensure proper baking, trust me.

Step 6: Add cinnamon/apple mix to pre-baked pie crust. Really pile them on - the apples will condense while baking. Speaking of piling it on - how's that third drink coming, partner?

Step 7: Place the top crust over the heap of apples and pinch and crimp the sides. Cut five one-inch slits in the middle of the piecrust with a sharp knife. Lightly spray water on crust and sprinkle sugar and/or cinnamon on top.

Step 8: Bake pie at 335 degrees for 75 minutes or until apples are soft and baked to your liking. If crust becomes dark, wrap the top in foil, leaving a spot open in the middle as a heat vent. Place a pan underneath the pie in the oven to prevent dripping onto the bottom of your oven.

Step 9: Finish off remaining alcoholic beverages while waiting for pie to bake. Let pie cool for another hour. Beware of window sill thieves.

Step 10: If not passed out for the night, consume and enjoy!

Want to know how to bake, fry or poach something while boozin'? Let me know and I'll guide you to some fine drunken vittles.

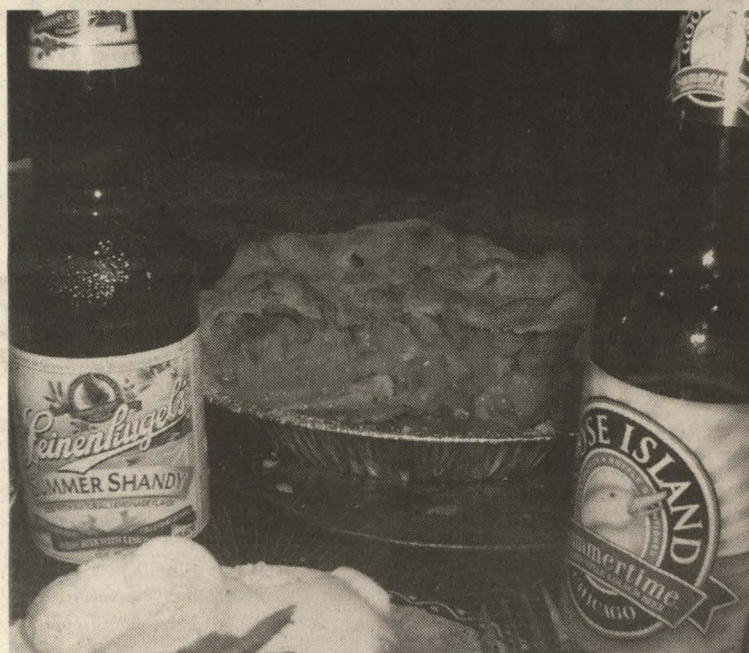


Photo by Steve Seamandel

The proper amount of apples and beer will ensure the proper baking of your delicious fall harvest apple pie.

The Practice Basket

Yulga #7: Lower your score by going tee to basket in three

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If you've disc golfed at Yulga before, you already know the difficulty level of the 332-foot seventh hole. The wide-open mammoth hole can single-handedly destroy a flawless front nine scorecard.

The wicked seventh plays immensely longer than its gentle appearance lets on. While the tees are nestled into a wooded area, the fairway expands outward in all directions and opens up like a South Dakota prairie about 50 feet past the tees. But first, you've got to make it past "the tree."

"The tree" is unmistakable; it looms on the right side of the beginning of the fairway, serving as a gatekeeper, or perhaps more appropriately "the troll under the bridge," to the wide-open remains of the hole. It's impossible not to notice the tree from either tee box and just as difficult to avoid it on your crucial first throw.

Avoiding the tree is all in your head; block it out. The actual tree only accounts for roughly eight feet of a 35-foot window. Skinnier, sparcely spaced trees compose the left "rough" area, although lucky discers will see a disc weave through the branches every so often. The sure bet is to tackle the hole as it's built: straight

and head-on. If you can get your disc to hover out over the fairway at the right height, the wind will sometimes carry it another 20 feet or more; loft one too high in the air and you'll watch the jet stream kidnap your disc and take it wide left or right.

Putting too much of a draw or fade on your shot can result in the familiar "THUNK" of hitting solid wood, so play it safe down the middle while still trying for some decent distance. If you become too gutsy and hit the tree, you'll not only be left with a mammoth distance to the basket on your second shot, but you'll also be throwing an obstructed shot from directly behind the beast. Play it safe, get some distance and stay in the middle.

Assuming you've made it to the safer pastures of the fairway, you're faced with anything from a lengthy shot to a shorter lob to set yourself up for three. Just get close; take into account that the hole is surrounded by packed sand, and your disc could slide, roll or bounce up to 15 additional feet once it hits the ground.

Unfortunately, it's up to you to lock down the three once you're within putting distance.

Avoid the tree, and find yourself shooting for three.

Yulga is located about three miles east off Hwy. 66 in the Town of Hull.



Photo by Steve Seamandel

The infamous seventh at Yulga. Beware of "the tree" that dominates the gateway to the fairway on the right side.

Watch your step this fall!

Science, Health & Tech.

Paper science professor wins award

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After 14 years of trial and error, professor Gerry Ring's paper pulp pre-processor has become a reality. As a result, Ring recently received the WiSys Innovation Scholar Award.

Ring, chair of the paper science and engineering department at the University of Wisconsin-Stevens Point, had been working on the project periodically for over a decade. He said the idea came about while looking at a certain blend of paper.

"The original idea evolved from mathematically measuring hardwood composition from the fiber length distribution of a hardwood/softwood blend," said Ring. "I then discovered that a distribution having more than two component pulps could yield the weight percent composition of each ingredient."

The paper pulp pre-processor is designed to control the paper making process. Ideally, the invention uses an

online fiber length analyzer to control the mixing of two or more pulp streams. By doing this, the blend or mixture of paper will have a constant fiber length distribution, meaning it will create a better quality sheet of paper. It has the ability to be stronger and include more recycled fibers.

"This invention will help maintain the quality of pulp flowing to a paper machine," Ring said. The better quality paper also "has the potential of reducing the price of paper by reducing the use of a costly component."

Ring said there is still work to do on the paper pulp pre-processor. It has yet to be applied to a production process, but Ring is hopeful he'll soon get the chance.

"I want to find a process control company that will help us build a pilot system. Hopefully on the UW-SP pilot paper machine," said Ring.

The WiSys Innovation Scholar Award is given to faculty, staff and students within the UW system to recognize achievement in discovering something which will benefit society. Winners are selected each month based on the innovative concept, broad use,

value and industrial applications of the discovery.

Ring has been teaching at UW-SP since 1986 and became dean of the paper science and engineering department in 2006. He also stays involved with the paper industry as a member of the national board of directors of the Technical Association of the Pulp and Paper Industry (TAPPI). TAPPI is the world's largest professional association for the paper, pulp and converting industries.

Ring was named Wisconsin Teaching Fellow in 1992, awarded three patents on super absorbent technology and is the author of the "Paper Quest" video tapes. These are an award-winning series on different paper properties. He is also a member of the American Chemical Society and the American Association for the Advancement of Science and the Paper Industry Management Association.

UW-SP is home to the only paper machine designed for teaching purposes. This gives undergraduates in the paper science department the advantage of high job placements not only within Wisconsin, but also around the country.

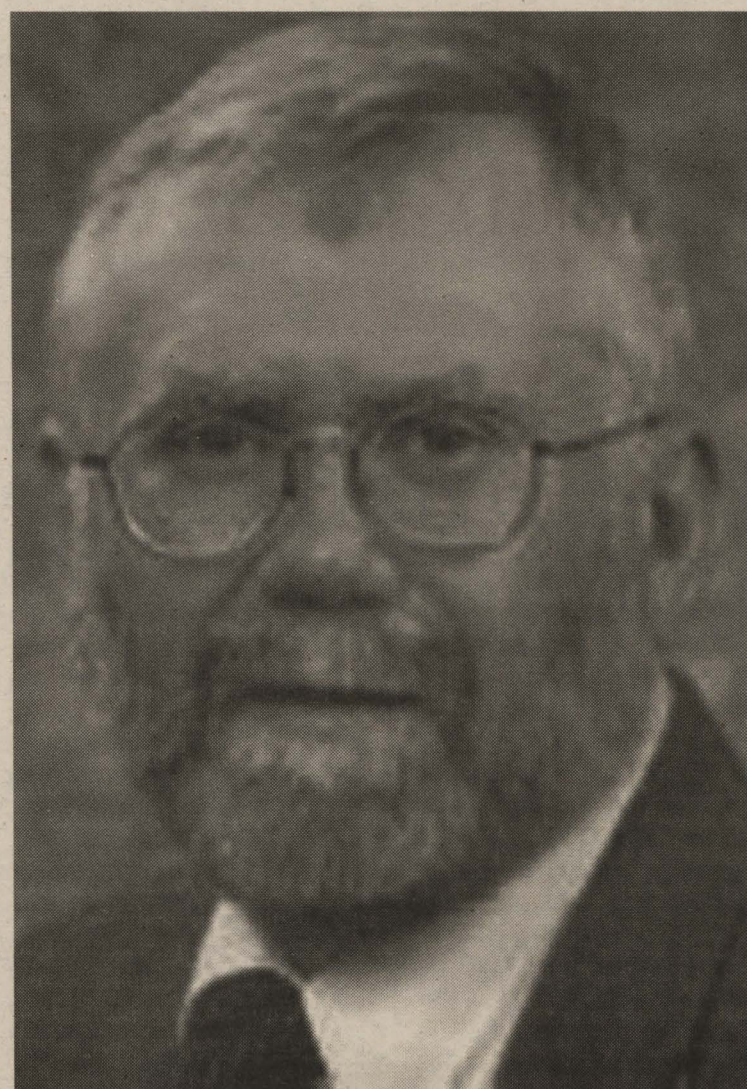


Photo courtesy of www.wisys.org/news

Paper science Professor Gerry Ring is the winner of the WiSys Innovation Scholar Award.

Little habits getting you down?

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We all have them -- little quirks that we describe to ourselves or others as anal retentive or obsessions. Things like the routine way we do our jobs, or the fact that you check your car for the keys four or five times before locking the door. Sometimes we describe these things as obsessive compulsive or describe ourselves as "OCD." But, in reality, obsessive compulsive disorder is much more complex and excruciating to those who actually have it.

Obsessive compulsive disorder, or OCD, is a debilitating disease that is fraught with obsessions and compulsions that completely take over a person's life. Thoughts that creep into the head of an obsessive compulsive person repeat constantly and can be very upsetting. These thoughts are known as obsessions. Some examples of obsessions include fears of germs, dirt, physical harm (either to themselves or others), and sexual thoughts. Compulsions are the actions taken over and over again in order to make the obsessions go away. Examples of compulsions would be counting, cleaning, and checking on things constantly. These actions can take anywhere

from 15 minutes to several hours before the obsessive person feels better. Because of this, living a normal life is almost impossible for someone with OCD, and many people can lose their jobs and sometimes their families because of it.

People with obsessive compulsive disorder are fully aware of their actions. According to the National Institute of Mental Health website, many people with OCD know their actions are not normal and may try to hide their problems from family and friends. Because of this, the people closest to them often do not understand the problem and do not know that it can easily be helped through medication and behavior therapy.

There are many medications available for treatment of depression, but according to the National Institute of Mental Health, the most effective medications for OCD are those classified as Selective Serotonin Reuptake Inhibitors (SSRI's). These medications primarily affect serotonin, a neurotransmitter mainly associated with emotions.

Cognitive Behavior Therapy is a very effective treatment for OCD. It involves isolating the problem and facing it straight on. For many people, behavior therapy is

Climb to help children in Africa

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The Climbing Wall staff and the Health Enhancement Center management will sponsor "Climb Up So Kids Can Grow Up" at the climbing wall in the HEC on Saturday from 12:00 p.m. to 4:00 p.m. and Sunday 6:00 p.m. to 10:00 p.m. The purpose of the event is to raise donations for medications that African children need in order to live, grow and prosper.

The University of Wisconsin-Stevens Point is one of the three gymnasiums in the United States hosting this event for the American Foundation for Children with AIDS (AFCA).

The AFCA sends the medication to four hospitals in Kenya and Uganda, where no

child is denied help and the medication is at no cost.

"Twelve million African children have already lost one or both parents to AIDS and approximately 1.9 million children are living with AIDS in Africa right now. Without anti-retroviral medication, half of the children at the hospitals we serve would die before their second birthday and seventy-five percent would not reach five," according to the AFCA.

UW-SP students, Becky Heine and Matthew Goodness, put their passions together to make this event possible. With Heine's concern for AIDS/HIV in Africa and Goodness's leadership on the Climbing Wall staff, these two passionate individuals have made an idea turn into reality.

"It's an event to overcome

personal boundary [the wall], just like the kids in Africa have to pass that boundary [AIDS/HIV]," said Heine.

"Ten kids in Africa will be climbing for their own medication at the same time we will be climbing," said Goodness.

This event is open to everybody and various difficulty levels on the climbing wall will be available. Participants can also ride, walk or do any challenge of their choice to help this cause. A minimum donation of \$5 is being asked for from the foundation. The climber who donates the most money will receive the book "Sir Edmund Hillary: An Extraordinary Life" autographed by Sir Edmund.

For more information visit www.climbupsokidscan-growup.org.

the most effective treatment because it forces them to deal with the obsession completely.

OCD is a disease that affects millions of Americans daily, many of whom won't admit or don't realize they have the disorder. So, next time you're checking your keys or joking about why you don't like even numbers, feel lucky it's really not that bad.

Happy Autumn!

First day of autumn is this
Friday, September 21.

TECH TIDBIT

Sara Jensen
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Do you have trouble getting up in the morning? Are you constantly hitting the snooze button and only waking up in enough time to just make it to class?

Well maybe it's time you tried a new alarm clock. One that will actually make you get up in the morning.

Meet Clocky (yes, that is its real name), the alarm clock on wheels. This cute little device is propped on wheels

to help get you going in the morning. Literally.

The idea is that once you hit the snooze button, Clocky will jump off your nightstand, run around the room and look for a place to hide. This way, once your alarm goes off again, you will have to get out of bed to find the clock and stop the annoying buzz.

Clocky can jump from as high up as three feet and is able to maneuver on both hardwood and carpeted floors. Other features include a 0-9 minute snooze, a randomized beeping pattern



Photo courtesy of www.nandahome.com

and, if absolutely necessary, Clocky's wheels can be disabled.

At \$49.99 a pop, Clocky is a bit of an investment. But if you have an extremely

difficult time getting up in the morning, it just might be worth the money. Plus, Clocky comes in fun colors such as almond, mint, aqua and mustard.

Clocky could just become your new best friend. Or your worst enemy.

Benefits of exercise - do your body good

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Exercise not only benefits your body, but also can release mental stress. So why not take break from all those books and visit the Cardio Center. Located on the second floor of the Allen Center, the Cardio Center offers membership to University of Wisconsin-

Stevens Point students, staff, alumni, retired faculty and staff, spouses, and Mid-State Technical College students.

A variety of well-maintained and up-to-date equipment is accessible, including ellipticals, treadmills, bikes, a rower, steppers, FreeMotion functional training equipment, Magnum selectorized machines, weights, benches, balls, and bands. Background music, magazines, and six TVs

are always present to motivate or help take your mind off exercising.

The Cardio Center is free every Thursday from 8:00 p.m. to 11:00 p.m. and every Friday from 5:00 p.m. to 10:00 p.m. These are good opportunities to check out what the Cardio Center has to offer before making the decision to become a member.

Three free sessions of personal training are being

offered to all students and faculty throughout this semester. This includes the opportunity to meet with a personal trainer who will help you build a fitness program. To sign up, visit the front desk of the Cardio Center.

For more information about the Cardio Center, visit www.go2allen.com.

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What's Happening at the Allen Center for Health and Wellness Programs...

Emily Hayden
ALLEN CENTER
PROMOTIONS ASSISTANT

Our "Get to Know Allen" theme week is coming to an end, but you can still get free stuff! Free food, free prizes and free t-shirts are still available for all University of Wisconsin-Stevens Point students through Friday, Sept. 21. On Thursday, Sept. 20 between 6 p.m. and 7 p.m. students can receive free paraffin hand dips sponsored by Mind and Body Connections! Stop by today to check out the Allen Center!

Enjoy the fall weather with Outdoor Adventures. Outdoor Adventures offers a variety of outdoor rental equipment at a discounted student rate. Stop by the lower level of the Allen Center to rent a kayak or canoe to use on Lake Jonas or rent a bike to take out on the Green Circle! If you feel adventur-

ous, Outdoor Adventures will be offering a rock climbing trip on Saturday, Sept. 29 to Owens Rock. Spend the day learning to rock climb on real limestone and sandstone pitches. After learning the basics of rock climbing, you can put them to use on a 30-foot bluff! The equipment is provided and no previous experience is necessary! Stop down at Outdoor Adventures to sign up for rock climbing and check out the variety of other trips and equipment they offer! Also stop by on "Thirsty Thursdays" and buy one Nalgene and receive the second one half off! Stop by today at Outdoor Adventures in the lower level of the Allen Center!

And as always, you can visit go2allen.com for upcoming events and more information!

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Professor studies the art of "his," "her" and "their"

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During his first sabbatical in 15 years of teaching at the University of Wisconsin-Stevens Point, Professor Mark Balhorn used his time off to do research in the field of English Linguistics, specifically, on the art of "his," "her" and "their" in journalism.

Feminist movements of the late 1960s and 1970s made a push to drop the sex of terms such as "fireman," "mailman" or "policeman." Balhorn was intrigued with whether or not these movements had made a difference in our everyday language.

"While words like 'fireman' were replaced with 'firefighter,' other words like 'freshman' or 'mankind' remained unchanged," said Balhorn. "Furthermore, while the language was altered, the fields of firefighters, mail carriers, etc. themselves stayed numerically [favoring] men." However, Balhorn has discovered that the changes to our cultural writing style have affected more than just titles and occupations.

His research also focused

on the use of pronouns in modern journals and periodicals.

"I found that people try to maintain the unsexed pronoun in modern-day journalism. Even when stylebooks maintain the use of 'he' or 'she,'" said Balhorn. This was also an alteration from the format of journalism prior to the feminist movements of the 60s and 70s.

When comparing newspapers and other periodicals from the late 1960s to those of 2006, he found some staggering differences. Journalists used "they" only 15 percent of the time in 1969 compared to 61 percent in 2006. Journalists also used "he/she" 79 percent of the time in 1969 and only 21 percent of the time in 2006.

Instead of wholesale changes to the prescribed form, Balhorn believes journalistic style has changed.

"It has become more idiomatic and conversational," he said, citing that even in the 1960s, gender-neutral speaking was commonplace.

"Now days, I think that journalists believe that identifying the sex of a person really detracts from what you are trying to say," he said. "We always say things like, 'A student must always bring their books to class,' not even thinking of the proper style. Even

when the sex of the subject is known, we still use the unsexed pronoun."

When speaking, the average American says, for example, "Tom was a great person. I have never seen someone so dedicated to their family."

When it comes to gender-neutral language reform, Balhorn stressed the differences between spoken and written forms. "I think it is just a case of making people aware of the prescribed form," he said. His research is currently being submitted for publication and is expected to be printed in academic journals this coming semester.

For questions on his research, contact Professor Balhorn at mbalhorn@uwsp.edu

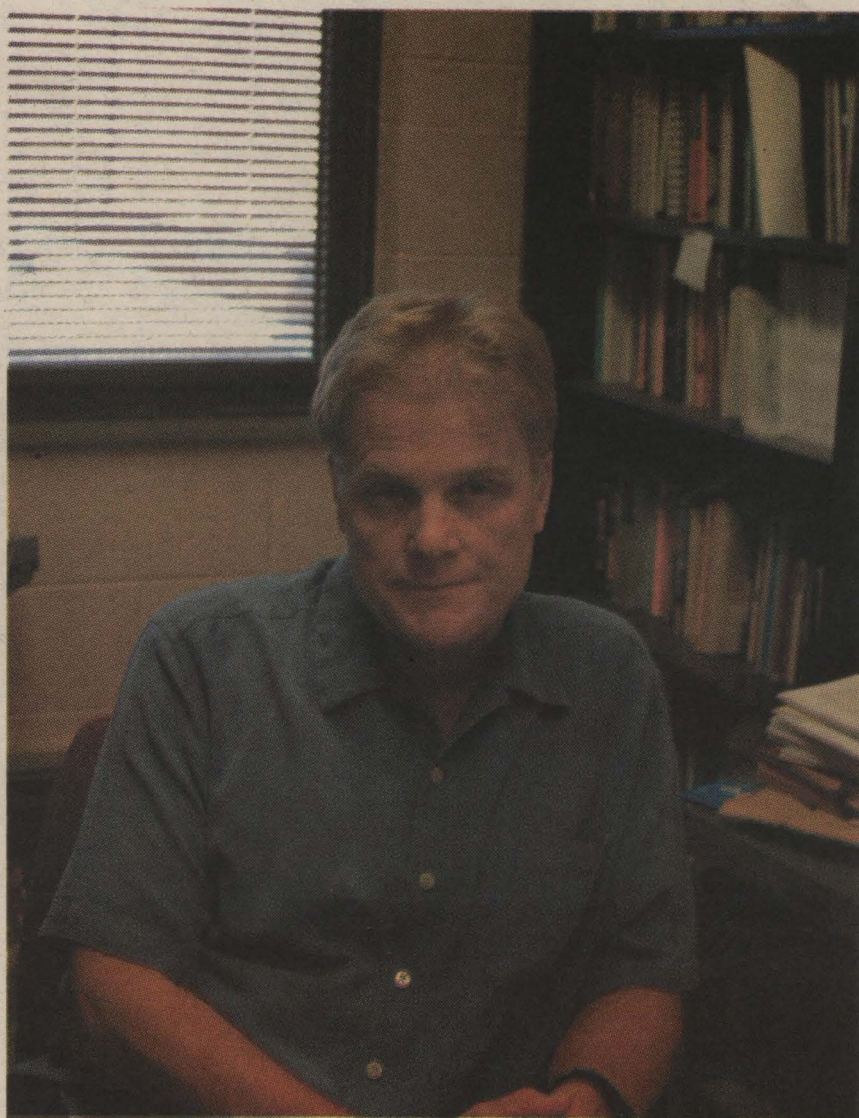


Photo by Alicia Mehre

Professor Mark Balhorn's fascination with the way we speak and write led him to focus his research on gendered pronouns and their use in journalism.

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GO AWAY VERY SOON!



Ladysmith Black Mombazo brings "peace, love and harmony" to Stevens Point

Joy Ratchman
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Ladysmith Black Mombazo, the top-selling music group from Africa, will appear at Sentry Theater on Tuesday, Sept. 25. The performance by these internationally acclaimed musicians will open the University of Wisconsin-Stevens Point's 2007-2008 Performing Arts Series with a bold splash of culture and tradition.

Ladysmith Black Mombazo performs a traditional form of music called Isicathamiya, originally created and sung by black mine workers in South Africa. These miners worked far away from their homelands. When they returned, they brought the music with them. Back home, their singing and dancing fueled competitions, which became major social events.

The group formed in the 1960s, when Joseph Shabalala recruited family members and friends into one such singing

group. He had attempted to form singing groups in the past, but none were successful until a certain harmony came to him in a dream. He taught this dream music to his companions.

The group took on the name "Ladysmith Black Mombazo" after winning every singing competition they entered. They named the group "Ladysmith" after Shabalala's hometown, "Black" in honor of black oxen, which in Shabalala's culture are considered to be the strongest livestock, and "Mombazo" to mean "ax," a way of saying they cut down any competition. In fact, their widespread success caused authorities to forbid them to perform at competitions, except to entertain the gathered crowd.

The group recorded their first album in 1970. Their work with Paul Simon on his "Graceland" album gained them popularity in the United States. Simon produced their first United States Release, "Shaka Zulu." The recording won the Best Traditional Folk

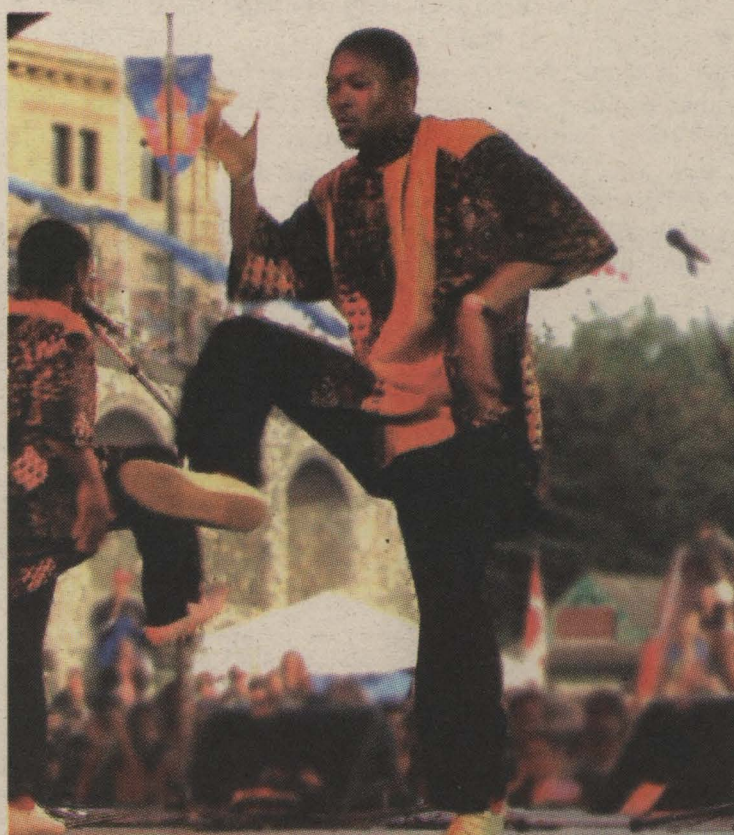


Photo courtesy of www.mombazo.com

A member of Ladysmith Black Mombazo performs in British Columbia.

Recording Grammy Award in 1987. Ladysmith Black Mombazo has joined such artists as Natalie Merchant, Sarah McLachlan, Melissa

Etheridge, Stevie Wonder, Josh Groban and Dolly Parton. They performed on Broadway in "The Song of Jacob Zulu," a play about South Africa's

apartheid era in 1993, and in "Nomathemba," a musical based on Shabalala's first song. They have also performed at Nobel Peace Prize ceremonies.

Ladysmith Black Mombazo's outreach has promoted awareness of South African music and culture worldwide as they seek to spread their message of "Peace, Love and Harmony." In addition to these outreach efforts, the group strives to preserve South African culture and traditions. Shabalala dreams of establishing an academy where indigenous music and culture are taught. The group has established The Mombazo Foundation for South African Music and Culture to promote fundraising and academic practices that teach traditional culture and music to South African students.

For more information, visit <http://www.mombazo.com/>. Information for this article was provided by the website. Ticket information can be found at the UW-SP Ticket Office, located at 200 Division Street, or by calling (715) 346-4100.

Kanye West's new album "Graduation" is pure self-infatuation

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Kanye West delivered his "Graduation" album for us to jam to while we ride the bus or finish up our weekly assignment we've been putting off for that writing emphasis class. However, instead of a parental warning, this CD should come with a "we have heard this all before," sticker.

"Refreshing" is a description that is hard to find in the world of rap and hip-hop, and this album does not depart from the norm. While West's "College Dropout" (2004) and "Late Registration" (2005) produced groundbreaking tracks, like "Jesus Walks," "Touch the Sky" and "Diamonds from Sierra Leone," his latest edition offers little more than the radio single of the month.

In the past, West has shown the ability to tell provoking stories and has filled his discs with content, packing 21 tracks on both his previous thoroughbreds: "College Dropout" and "Late Registration." "Graduation"

is merely 14 tracks of the same egotistic shout-outs we have become used to hearing from West in recent years. For a better listening experience, simply skip over the middle of the album, cutting the 14-track miniature pony to an 11-track rocking horse. "Can't Tell Me Nothing," "Barry Bonds," "Drunk and Hot Girls" and "Flashing Lights" are B-sides at best.

"You should be honored by my lateness / that I would even show up to this fake shit," is the proclamation West makes to help close the first verse of "Stronger," a heavily sampled, less-stylistic version of Daft Punk's "Harder Better Faster Stronger." Forgive me, West, for not realizing your greatness in making half-hearted versions of classics.

Where are the genre-bending collaborations that we have come to expect? Outside of a short rendezvous with T-Pain on "Good Life," we don't hear from any of the up-and-coming artists of the industry. Where are the club-shattering hits we like to dance to? Listeners will have to wait for the remixes on that one; which are sure to follow, as

this album is far more laid-back than West's previous offerings.

Despite its drawbacks, the album redeems itself with "Good Life," a track which, despite its single status, manages quality, along with "Everything I Am." Also earning a passing grade is West's ability to bend some late disco and Euro-synth effects together over his always-solid beats. West manages to score some bonus points for keeping his business and personal life separate and keeping his political statements to a minimum.

If it weren't for the repetitive lyrics, overused samples, chronic whiny delivery and references to his constantly improving bottom line, this offering from West may have been worth its salt. Instead, we are left with an overproduced and reproduced, underwhelming collection of self-infatuation.

"Graduation" doesn't kill the industry, but despite what you hear, it doesn't make it stronger, better or faster, either.

PUZZLE HUNT

YOUR MISSION:

Use the 'Pointer' newspaper to solve the puzzle below. When you think that you have the answer, e-mail your answer to puzzlehunt@yahoo.com. The first person to send in the correct answer will receive a free large 2 topping pizza or a triple order of fopper-sticks. All decision of the judges are final.

THE PUZZLE:

The boardroom was silent as Mr. Bush looked around. "Our plan is ready to present but I am afraid it will not be successful. We think of different ways to gather support." "We gift certificates if they support us", said Mr. offer them free passes to parks and wildlife areas", added Mr. Kempthorne. Ms. Peters nodded in agreement, "People love to travel and see new places." "Why don't we just give people money and let them spend it the way they want to, that is the best way to operate in a free economy," interjected Mr. "Indeed", added Mr. Gates. "Or Smarter" "The people will love the plan once they see all the job opportunities that it creates," said Ms. Chao. Mr. Bodman stood up and proclaimed "No, no! What we need is a great PR campaign that will energize the people." Finally, in the back of the room slowly stood up. Instantly the room fell silent. "We trapped by linear thinking, we must do away with that before the plan will meet success." Mr. Bush started applauding, "Bravo, that is exactly what we will do!"

What was the strategy?

Clue One: Use some casual thinking.

Clue Two: CTIRACOS



Sports

Pointers end seven game winning streak against Green Knights

VOLLEYBALL

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The University of Wisconsin-Stevens Point volleyball team ended a seven game winning streak with a loss to St. Norbert this past week.

The team played a tournament at Ripon College and won all four matches against Ripon, St. Norbert, Martin Luther and Carroll Colleges,

taking first place.

They played the St. Norbert team again three days later, but lost to the Green Knights 2-3 in a close match. The team won the first and third games but could not pull off another victory in order to take the match.

Pointer Shelly Maus also broke the school kills record

previously held by Sarah Kuhl. The record had been 1,045 before Maus surpassed the mark. She amassed 25 kills during the St. Norbert game. Maus is a senior this year; she needed only 199 kills at the start of the season to surpass the record.

Gina Guell accumulated 13 kills during the match, and

Beth Richter had 21 kills of her own for the Pointers. Pointer Jill Wittmann had 54 assists and 11 digs.

The next Pointer volleyball events will be matches against UW-Stout on Friday in Menomonie and against UW-River Falls on Saturday.

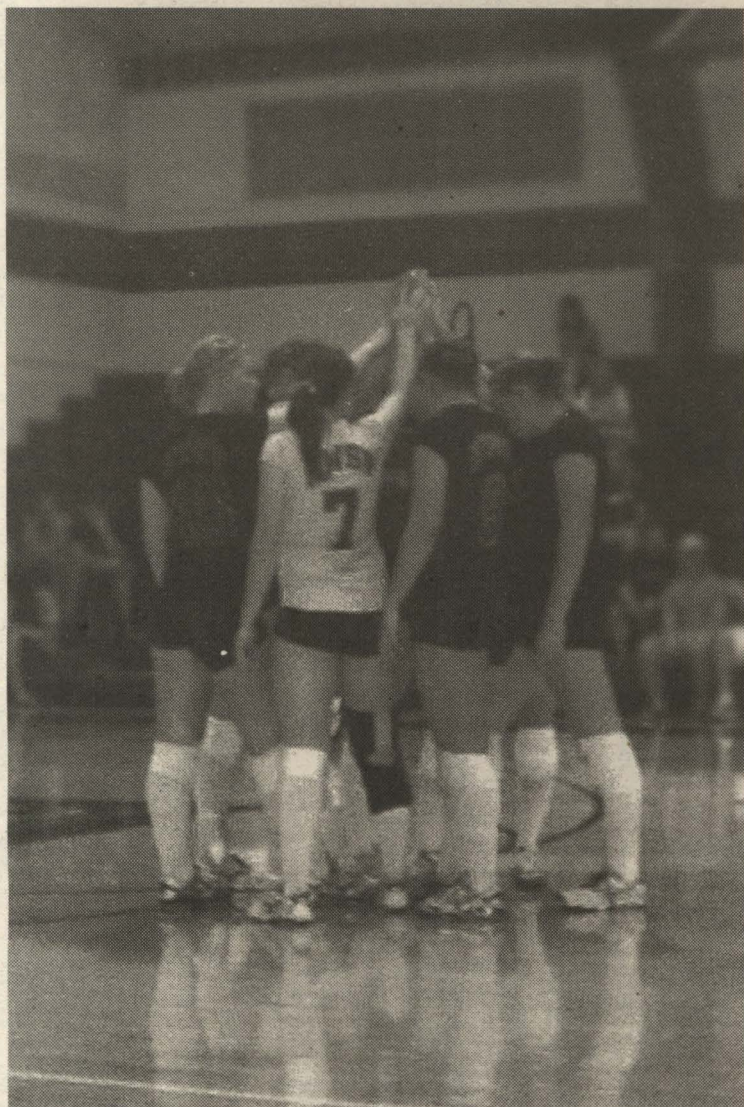


Photo: Ashley Schlosser

The Pointers fought Tuesday to defend their seven game winning streak but fell in a loss to the St. Norbert Green Knights.

Pointer football takes Tigers

FOOTBALL

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The Pointer football team scored early and often during their victory against Iowa Wesleyan College Tigers. University

of Wisconsin-Stevens Point began the game by setting a school record for most points in the first quarter, tallying 34 points. The team scored steadily throughout the game and only allowed two Tiger touchdowns during the fourth quarter. The game ended 54-13 with a big win for the Pointers. It was the Pointers' sixth victory in a row, counting last season.

During their second

non-conference game of the year, the Pointer offense out-rushed the Tigers by 194 yards, and passed their receiving yardage 240-167. In the first half of the game, Iowa Wesleyan College only compiled 74 yards; they were 0-2 coming into the game.

This weekend the Pointers play their first home game against Waldorf. Kickoff is Saturday at 1:00 p.m.

Golf team gets boost from freshman Pascavis

GOLF

Rick LaRoche
REPORTER
RLARO831@UWSP.EDU

her career. However, Michelle Pascavis is doing just that.

In three tournaments this season the Pointers have finished first out of eight teams at Oshkosh, second out of 17 at Eau Claire and third out of 21 at Wesleyan. Pascavis has shot a low round of 76 this year to go with her 79.5 scoring average, the lowest on the team.

Pascavis is familiar with success. She qualified for the Division I state tournament in both her senior and junior years of high school and was named Player of the Year in 2006. But to excel on the college level has been new.

"I would prefer not to have the pressure, but it's always there," she said. "I try not to think about it."

This year has been a different story for the freshman. "I used to put a lot of pressure on myself to make shots," she said. "But this is the first year I have ever been on a real strong team. It's nice knowing that when you have a bad round your teammates are going to have your back." At their most recent tournament at Wesleyan, the Pointers placed third, the highest of any Division III school invited, by 10 strokes, with all of the girls shooting within four strokes of each other. Pascavis lead the team with two rounds of 78 and finished ninth overall.

Keeping your game fine tuned is important. "In a week

between the tournaments, practice and 6 a.m. workouts, we probably put in almost 35 hours a week," said Pascavis. The team has figured out a way to keep things loose as well. "Sure, we have little side bets. On any given nine, we will make the high score buy Starbucks or ice cream or something."

Pascavis is benefiting early with the help of the senior leadership on the team. "Sarah [Mosher] and Katie [Kautz] have helped me out a lot," she said. Not only do the seniors help get her around campus, but around the course, too. "I haven't played a lot of the courses around here so they give me tips on holes and how to play them."

Goals are an important part of any sport. "We have a team goal to win our conference which would automatically qualify us for nationals. As for a personal goal, I would like to keep playing consistently," said Pascavis. As for long-term goals, "On an individual level, I would like to go to nationals all four years and become an All-American." Not too mention she said she would only take 10 strokes in a heads up match with Tiger Woods.

The team heads to Whitewater this weekend for their fourth tournament of the season.



Photo courtesy of athletic department

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NFL news & notes: Week two in the world of football

FOOTBALL

Steve Apfel
SPORTS REPORTER

The "magic of football" I wrote about in week one has seemingly been replaced with a force far more sinister. Only the workings of Satan himself could account for the fact that the Detroit Lions and Houston Texans have started the season 2-0.

The Cleveland Browns furthered the devil's work with their 51-46 shootout victory over the Cincinnati Bengals. One would think someone would desire a bit more than a week of saying the Browns are the top NFL team in Ohio in exchange for their immortal soul, but what do I know about team loyalty?

The New England Patriots were fined heavily for their alleged "spying"

during week one. However, the Pats still made a mockery of the supposedly formidable San Diego Chargers. I'll attribute this to the belief I've long held that Tom Brady is a messenger of the Dark Lord, and the illegitimate children he has produced with some of the world's most enticing women will grow up to be ruthless dictators, mass murderers or Oakland Raiders fans.

All of the blame however, can not be placed on Tom Brady. The San Diego Chargers were forced to reckon with something more dastardly than an unholy deal: the Norv Turner curse. What did Norv Turner do so wrong in a past life that the fates would burden him with squandering one of the most talented teams in NFL history? The Chargers and New Orleans Saints both look like they could still go to the Super Bowl if they can find a scalper.

The NFL did have one moment completely free

of evil in week two, with golden boy Brett Favre stepping up and glowing with a Christ-like halo of purity. With the Green Bay Packers' victory over the New York Giants, Favre won his 149th career game, passing John Elway on the list. Perhaps all football has not been lost to the darkness.

Tony Romo may not be entirely evil either. He did help the Dallas Cowboys, my fantasy team, soar to victory for the second week in a row. My girlfriend may believe he is slightly more evil; she runs both the teams I've beaten!

If the NFL continues this retched backslide, I'm predicting total Armageddon by week six. Plagues will run rampant, there will be wailing and gnashing of teeth. John Madden will be cloned and allowed to do commentary for all eternity. The NFL, and the world, need Brett Favre.

Senior on the Spot Sarah Mosher - Golf

Major: Health Promotion/
Wellness - Fitness leadership

Hometown: Evansville, WI

Do you have any nicknames? Wosher

What are your plans after

graduating? Try to become an adult.

What is your favorite Pointer sports memory? Fitting seven people, six sets of golf clubs, seven bags of luggage, and six backpacks all into a Pathfinder to ride three hours, starting at 5 a.m. Five minutes into the trip a golf bag fell off the top and was dangling out the back window. In the end, we only lost one bag of luggage on the interstate.

What's your most



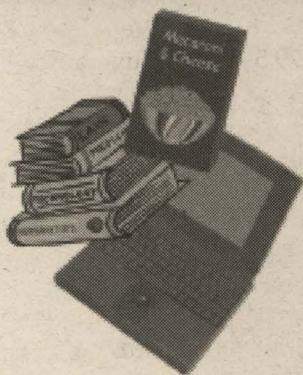
embarrassing sports moment? Birdy the push cart.

Do you have any game-day rituals or superstitions? Belgium waffles at continental breakfasts are required.

Who's your sports hero? Adam Sandler in Happy Gilmore.

What's your sport philosophy? "Float like a butterfly, sting like a bee."

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Brewers fever spreading across campus

Micah Schroeder
SPORTS REPORTER
MSCHR295@UWSP.EDU

Heading down the stretch in the seasonal marathon known as Major League Baseball, Milwaukee Brewers fans have front row seats at the finish line. With the "Brew Crew" just tied for first place as of Sept. 19, the phrase "play-off baseball" is in the language of fans around University of Wisconsin-Stevens Point for the first time in a long time.

You can feel the excitement all around campus. From the loud cheering in the dorms right after a victory to the various forms of stylish Brewers memorabilia dis-

played on the streets, Brewers fever is in the air.

"It's nice to walk down the hallway in my dorm and look into every room and see the Brewers game on," said lifetime Brewers fan and UW-SP sophomore Brad Archambeau. "I can't wait to see them play in October and witness something I have yet to experience in my lifetime."

As much fun as watching meaningful baseball is in September, the Brewers have some work to do. The division-leading Chicago Cubs come into Thursday with just nine games left, all against opponents with losing records. The Brewers, however, face Atlanta four times on the road, then come back to Milwaukee for a

three game stint against division rival St. Louis, and end the season with a four game series against the National League West's leading team, San Diego.

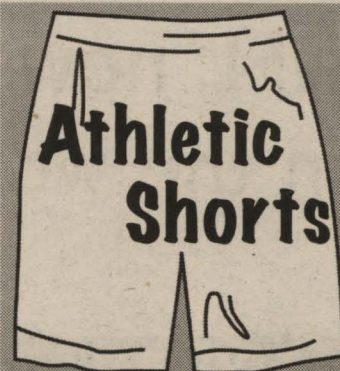
Playoffs or not, this has been a great year to watch Brewers baseball, and it will only get more exciting over the final two weeks.

"It's going to be interesting to see if the Brewers can sneak into a playoff spot," UW-SP sophomore Kevin Vandenlangenberg said. "Usually this time of year everyone forgets about the Brewers, but I don't think that is happening this year."

This thrilling playoff race will hopefully be just a taste of the future for fans, as the

Brewers' nucleus consists of several young players. You may have seen names such as Braun, Fielder, and Hardy (Mr. Hardy seems to be especially popular among the ladies on campus) on the backs of many students this fall. These player t-shirts along with caps and jerseys are sprinkled throughout the campus displaying the team's popularity.

By the end of October everyone will know whether the 2007 Milwaukee Brewers are a legendary team, or just another face in line for the "there's always next year" title. But World Series or not, this fall, the UW-SP campus has been painted blue and gold.



Women's tennis

The tennis team had a close 4-5 loss to UW-La Crosse on Saturday afternoon. The Pointers tallied victories from Emily Bouche, Kaitlyn King, Mashell VerBockel and Rachel Benn in single matches, but lost three doubles matches.

At the same triangular, the Pointers defeated St. Norbert College 5-4, with single victories from King, Bouche and Sarah O'Melia. They also took two doubles victories from the Green Knights.

Women's cross-country

The women runners came in fifth out of 11 teams on Saturday in their first invitational. The Pointer ladies gathered 127 points, and senior Hannah Dieringer had the best time, completing 5,000 meters in 18:36 minutes.

Last season the women's teams went to the NCAA Division III Midwest Regional meet and placed 13th out of the 38 teams.

The next event for the team is the Concordia Invite on Saturday in Mequon.

Men's cross-country

The Pointers placed fourth out of 27 teams in the St. Olaf Invite this past weekend and had three runners place in the top 20. Dominick Meyer took ninth, Travis Nechuta placed 12th, and Phil Richert raced to 20th.

Last season the team made it to eighth place out of 37 teams last spring in the NCAA Division III Midwest Regional that took place in Davenport, Iowa.

The next event is the UW-Eau Claire Invite that takes place Friday in Colfax.

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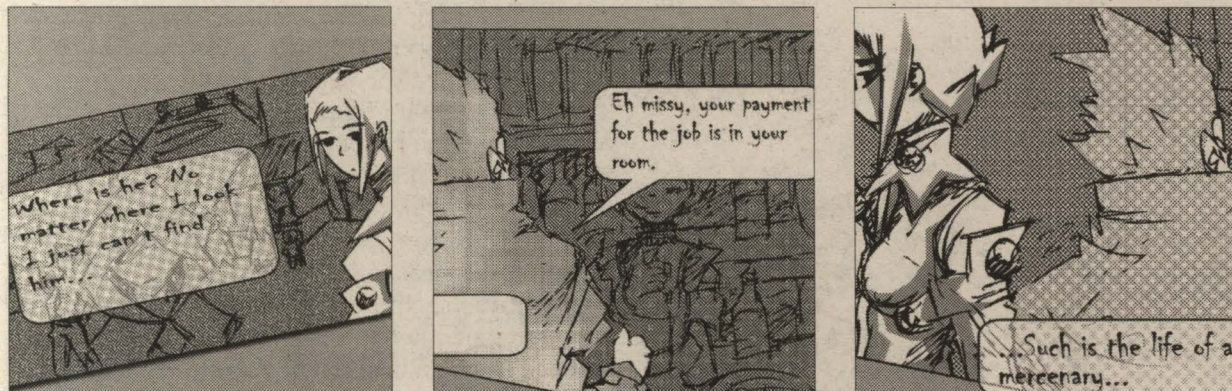
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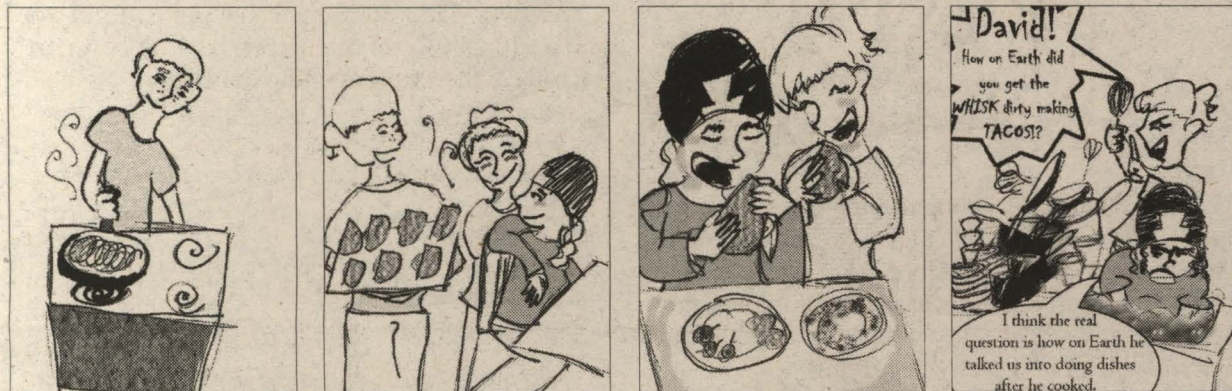
Resident's EvilL



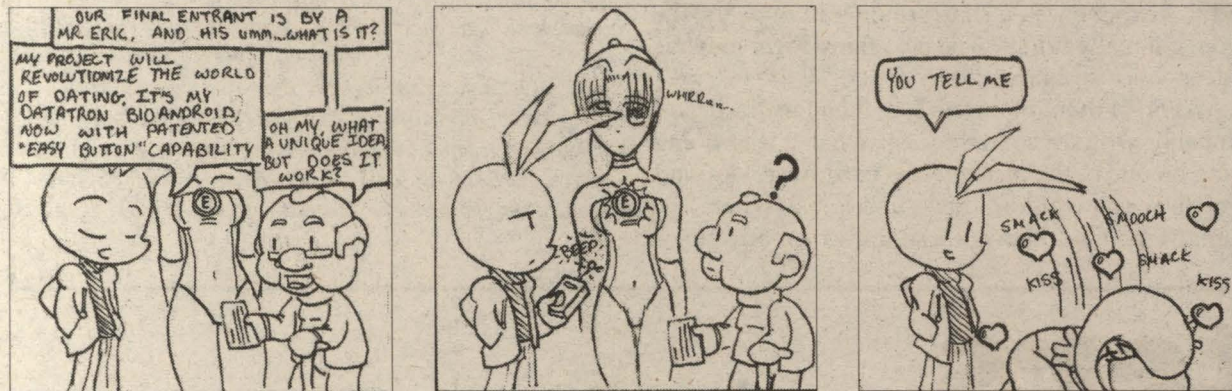
Kenanime



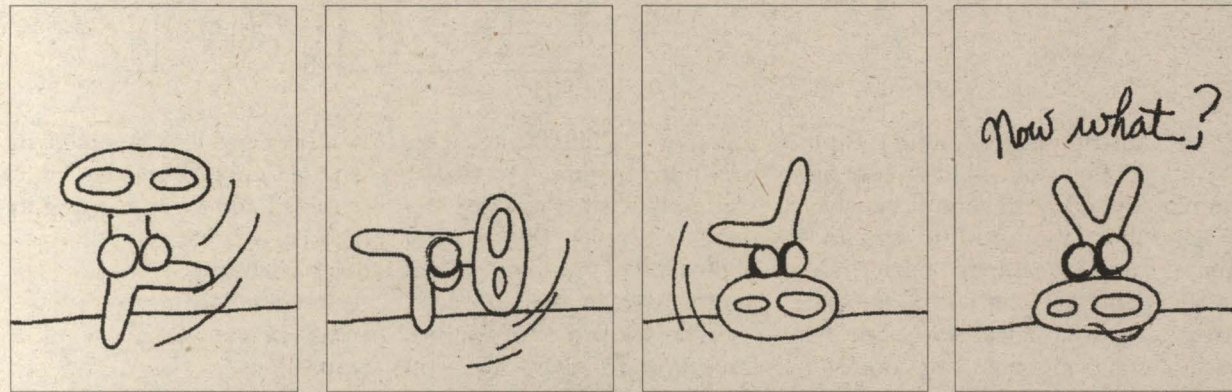
Neverland



Muse



Little Cynics



Joy Ratchman

WORD SEARCH

C S S D J N H L B E O S T Y O K R E E W
N R L R G E T K T E E S E O I X R X S A
I E C H C T M M Y E P D E Q L Z M T O K
M E V G B D N E S I S A S S H E Y H S P
T S O D J E M R E M R Z C P F A N A S O
Z T L L H U T M A M G L X I B X D O H R
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W F S U T G F I R A E E M O N G H E Y T
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G O Z M E E S R E X F X E E G P Z O H Q
C E Y W Y G F O B O X L V P T O V N O I
R R I R M N F I R S N D S O M F N I L N
E O Z F C P O A E G Z C J I F Y S O T Y

goblin banshee
unicorn gnome
gryphon bigfoot
kappa mermaid
dragon centaur
cockatrice doppelganger

WHO SAID THAT?

Match the quote to the person who said it.

1. You will do foolish things, but do them with enthusiasm.

Pat Rothfuss Colette Bill Davidson

2. If you're walking down the right path and you're willing to keep walking, eventually, you'll make progress.

Stephen Colbert Barack Obama George W Bush

3. I always do the first line well, but I have trouble doing the others.

Cher Moliere Luciano Pavarotti

4. Unbeing dead isn't being alive.

e. e. cummings George W Bush Walt Whitman

5. A thought often makes us hotter than a fire.

Mahatma Gandhi Henry Wadsworth Longfellow Cher

1. Colette, 2. Barack Obama, 3. Moliere, 4. e. e. cummings, 5. Henry Wadsworth Longfellow

Do you think you're FUNNY?
Submit your comics to the Pointer!

Contact Joy Ratchman (jrate567@uwsp.edu) for more information and submission guidelines.

Letters & Opinion

Your College Survival Guide

Flavor Country

By Pat Rothfuss
WITH HELP FROM SUGAR³
THERE IS NO SPOON

Dear Pat,

Moving in has always been a bit of a hassle for me, since I tend to forget almost half of my stuff at home (important things, like the TV remote). Well, I sat down one night in my dorm after move-in last week, and I was hungry. Being the lazy person I was, I didn't want to venture down to Debot, so I settled on eating some Ramen noodles.

I got everything ready and while I was waiting for them to cool down, I realized I had no silverware. Nothing remotely sharp or spoon-like in my whole possession. My roommate was gone, so I couldn't ask her for any, and, as I pointed out, I'm lazy so I didn't want to go out and find some.

With the Ramen already cooked and waiting to fill my angry, empty stomach, I knew it couldn't go to waste. The noodles seemed to cry out to be eaten, so I searched around my room for the easiest substitute. I ended up going with a pen. It had the handle of a fork or spoon but lacked the really important part that helps get the food into my mouth. Sadly, I don't know how disease-free this unsterilized pen was, but I was hungry enough not to care. Also unfortunately, I suck at using chopsticks, so it took much longer and a bit of crying on my part to finish the entire frustrating bowl.

My question is, what would you have done in this situation? Magicked a fork into existence? Called upon your fanboys and fangirls to go on a quest and get you a spork? Eat with your fingers?

Thanks,
Sami Weise

Sami, the story of you sitting in your dorm room, alone, hungry and crying as you try to eat your Ramen with a pen has got to be saddest thing I've heard in years. And believe me, after writing this column for almost a decade, I've heard a lot of pretty wretched stories.

True, a lot of that wretchedness was caused by your own profound laziness. But the laziness itself is so impressive that you score points there, too.

What would I have done if I were caught without a spoon? Let me think.

If I were hungry enough, I would just have eaten the ramen raw. It's like a big, dry noodle cookie. I have a Japanese friend who refers to dry ramen as "Asian Ritz." I also have it on good authority that the consumption of dry ramen wafers is a sacrament in most orthodox Pastafarian churches. So you're in good company there, too.



The problem with eating the noodles dry is what to do with the flavor packet afterwards. It's a sin to waste flavor. Not only that, but I don't get my RDA of MSG, my heart ceases its incessant hummingbird-like flutter and settles into a weird lub-dub lub-dub rhythm, which I find pretty disturbing.

You can make broth with the flavor packet, but broth is boring. On the other hand, if you simply eat the flavor powder, you're in for an... event. When I did it, I experienced a sharp ringing in my ears, the room got really bright. The next thing I remember is a deep voice speaking to me.

At first I thought it was God, then I realized God probably wouldn't have to ask what I was doing lying on one of the picnic tables in Schmeekle. God probably also wouldn't have had to ask where my pants were. God knows these things already. Since

the voice didn't know, I was eventually able to deduce that it was coming from a protective services officer.

But that, as they say, is another story. However, I will mention as a side note that that particular evening's events are the reason that my friends still refer to Schmeekle reserve as "Flavor Country."

What were we talking about again?

Oh, yeah. The leftover flavor packet. I don't recommend snorting the stuff, unless you like re-enacting the needle scene from Pulp Fiction. You could cook the stuff in a spoon and shoot up, I suppose...

Ahhh, but that brings us back to the beginning, you see. You don't have a spoon. It's kinda like that hole-in-the bucket song.

Anyway Sami, my best advice is not to live in the past. Move on with your life, learn from your mistakes, and steal a spoon from Debot.

In order to help put this traumatic event behind you, I have recruited the help of this week's generous sponsor. There's a new candy store downtown called Sugar³. They have the best chocolates I've ever eaten. Seriously, I wouldn't lie to you. Well... okay. I would lie to you. But I'm not. Not about the chocolates.

Anyway Sami, for your lovely letter, I gift you with a \$10 Gift Certificate to Sugar³. The best part? You can eat their truffles with your fingers. No utensils required.

Remember the deal folks; you write in letters, I make the funny.
Send your requests for College Survival advice to proth@wsunix.wsu.edu and I will either mock or assist you, depending on my whimsy.

The chosen letters will score free stuff from our generous sponsors. This week it's the new kick-ass candy store downtown: Sugar³ (Get it? Sugar cubed?) It's right next to Arbuckles, across the street from Shopko. Gentlemen, you need to get your ladyfriends some of their chocolate. Seriously.

Or, if you're some freak that's not into chocolate, they've got all manner of cool foods you won't find anywhere else in town: martini mixes for those of you want to throw parties with some class, Larabars for you Hippies, something for everyone. Check them out: 715-341-5556.

Letters to the Editor

Dear Editor,

Recently a Student Message of the Day (SMOD) was posted by the Pointers for Life encouraging students to get a reimbursement from United Council. I have an issue with this because the reasoning in the SMOD and the Pointers for Life website is based on a false assumption. I wish to now address this issue with some truth and encourage some behavior that would be more appropriate.

On the Students for Life website they accuse United Council of spending student money on birth control and

distributing it around campus. United Council has never purchased birth control, nor have they attempted to spread it around campus. I have seen United Council's budget and there has never been a line item for birth control or contraceptives.

United Council is a student advocacy group. The issues that United Council pursues are picked by students at their general assemblies. United Council takes those issues and lobbies political leaders on behalf the students. Pro-Choice is not part of United Council's mission statement as the SMOD indicates. I will admit that the

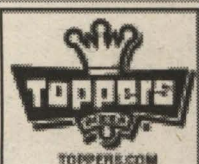
missions of United Council are controlled by more Pro-Choice students than Pro-Life students. However, this is more of the fault of Pro-Lifers for not getting more involved.

This leads me to my final issue. Withdrawing your membership from United Council is the same as withdrawing your participation from the organization. Why would you try to change an organization by not being part of it? Two less Pointers for Life is not going to make the organization collapse. If anything it will make the Pro-Choice stance even stronger. My recommendation to the Pointers for Life

is to not get less involved in United Council but to get more involved and to stop hiding in dark corners where your voice can't be heard. I would also recommend educating yourselves before you make false accusations.

For anyone else that is interested in United Council and what they do, I encourage you to either contact Student Government Association or to check out the United Council website at www.unitedcouncil.net. The directors are willing to work with students, you just need to talk to them.

Robert Forseth



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A Woman's Intuition: Mind the Gap



Sara Suchy
THE POINTER
SSUCH489@UWSP.EDU

Last week, as I was reminiscing on summers past, when words like "schedule" and "deadline" meant nothing, and the biggest worry in the world was who was going to be "it" in the next game of tag, I mentioned that this past summer brought me and several other University of Wisconsin-Stevens Point students a slightly different experience.

Some of my day-to-day concerns included if the Bakerloo Underground line was delayed, if Les Miserables had sold out for the night, how I was going to satisfy my curry craving at 1 a.m. or if Big Ben was running a little slow.

I spent my summer in England, or "the mother country" as everyone kept reminding me, working as an intern reporter for North West London Newspapers along with about 20 other UW-SP students through the International Programs' Britain Internship.

One word to describe it? Exhausting. Try working 40 hours a week while trying to be a tourist in one of the most over-stimulating places imaginable. Honestly, some days, I would come home and collapse from exhaustion. But then I felt guilty because I was falling asleep at 9 p.m. in LONDON. Who does that? It seems blasphemous.

Exhaustion aside though, I couldn't possibly describe exactly how wonderful and, honestly, life-changing the experience was. Not life-changing the way watching Rocky IV for the first time was, but it was close.

Imagine being thrust into a city of 12 million people. Having to not only survive, but also thrive in whatever internship you were placed and do enough good things to persuade your boss to be a glowing reference for your resume. It was similar to what I would imagine being on Survivor is like. Every day when I walked in the door, I had no idea what the day would bring. One day I walked merrily into work and, immediately, one of my co-workers turned to me and said, "Hey Sara, there was a shooting down in Kensal

Green early this morning; why don't you go check it out?" Um...excuse me; you want me to do WHAT? Scary? Yes. Exciting? Definitely yes!

But it wasn't all murders and shootings. I had lots of friendly discussions regarding American Football versus European Football (what we call soccer) with various male members of the staff.

I also had to explain on several non-consecutive occasions the wonder who is Brett Farve—they will never understand.

I have also never worked in a place where I was auto-

matically served tea about five times a day.

This was just work. The remaining hours of the day were spent soaking up everything the city had to offer. There were clubs, pubs, shows, markets, weekend trips to exotic places, parks, shops, museums, friendly homeless people...if London doesn't have it, it doesn't exist, baby!

Everyday brought a new adventure. Between coping without Ranch dressing (it's okay though, because there's curry) and trying desperately to understand drunken Englishmen in pubs, it was

certainly no easy task. But looking back...Wow, it was just too amazing to try to explain. I am constantly asked what the best part of the summer was; that's one question that's easy to answer. What I remember best and what will always stay with me is the people I met and the friends I made along the way. Gauthier behind the bar at my favorite pub, Simon the beef-eater in the Tower of London, all of the amazing people at NW London Newspapers...there's someone interesting behind every door and around every corner. After all, we're all just people;

people who need people (cue Barbara Streisand).

So the moral of this story is, get out of here! If you are considering going abroad, but are worried about money or credits or whatever, forget it. It's only money and I promise you will learn more about yourself in the time you were there than you ever thought possible. You simply can't put a price on that. And if you do happen to find yourself London-bound, save a space for me in your suitcase (I can scrunch up really small).

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