Good shot of realism needed

If you polled a group of college students asking whether or not they used drugs, most would probably answer with a quick "no."

There would probably be a few "yes" answers coming from users of marijuana and cocaine, but most students would respond negatively without thinking. Thinking about what, you wonder? Without considering their weekly, in some cases daily, consumption of alcoholic beverages.

Wisconsin State University-Stevens Point students are just a very small segment of the estimated 95 million Americans who drink alcoholic beverages. Like most of our countrymen, we do not normally consider a drink a drug dosage. But it is.

The first matter is that we confront a double standard to one class of drug users and abusers and to another. Having a shot of Yukon or a beer is socially acceptable. In many sectors, smoking a joint or snorting a line of coke remains taboo. Use of heroin, barbiturates and other narcotics have even greater social prohibitions.

What justifications do we have for these differing attitudes?

One is our image of drug users. Since many of us use alcohol on a regular or semi-regular basis, our mental image of the alcoholic is favorable. Many of us, however, view other drug users in a much different light. Our minds conjure up images of a sniffing and shivering junky, clad in a dirty army fatigue coat, just waiting for a fix.

Is that really fair? Not if we consider that the estimated five million alcoholics in this nation far outnumber the heroin addicts and other substance abusers. Since their numbers are greater, the alcoholics infect a much greater toll on the fabric of American life. Traffic fatalities, child abuse, spousal abuse, sexual assault and a host of other violent tragedies can be linked to alcohol abuse.

Another justification for our double standard is our view of the alcoholic. We often mistakenly conclude the alcoholic is the only user of this socially acceptable drug. Did you ever have a hangover or spend a few moments doubled over vomiting? That, too, is drug abuse.

We may find narcotic use more abhorrent because of its ties to organized crime. The very idea that some money-hungry pusher would prey on innocent children and young adults is revolting. But Miller, Paleth, Jack Daniels, Anheuser-Busch, and other alcohol producers, aren’t in the business to lose money. Instead of answering to some don in New York City, the nation’s distilleries and breweries answer to stockholders throughout the bogs and marshes of America. In addition, many forget the enormous family fortunes (i.e., the Kennedys’) reaped via illegal bootlegging operations during Prohibition.

Finally, many of us view narcotics users as hopelessly dependent upon the substance of their choice. Most of us, except for alcoholics, are not physically dependent on alcohol. Yet how many of us have a social reliance on it? How many of our weekends are fulfilled with a trip to the Square or a party? The fact is, most of us would be left socially high and dry without whisky or a beer at a party or bar.

As one that occasionally imbibles, I am not advocating abstinence from alcohol. In fact, I am suggesting we look at our use of alcohol realistically. It is a drug and can be abused like any other drug, often with disastrous social consequences.

So the next time we see someone doing a line of cocaine or walk past a junkie sprawled out lifelessly in a tenement doorway, perhaps we should follow a modified version of a noted biblical admonition: Remove the pint from your mouth before you try to take the needle from someone’s arm.

Chris Celichowski

The Body Healthy

Diane Tisch examines the wide variety of UWSP classes geared toward health and wellness. Jill Fassbinder (one, two) gets the scoop (three, four) on aerobics at Quandt Gym. Trudy Sharp tells the gripping tale of butane and anorexia. Features Editor Kim Jacobson discovers the facts about Premenstrual Syndrome (PMS).

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Exercise better than pills says nutritionist Rye

Are the billions of dollars Americans spend each year on food supplements such as vitamins and minerals a wise investment? Not if they don't do physiological exercise as well, says a faculty member in the School of Home Economics at the University of Wisconsin-Stevens Point.

Says James Rye: "It's easier to take some pills than to exercise." This shortcircuiting, though, probably will cost a great deal in the long run.

"If a person is healthy, eats well-balanced meals, and exercises regularly, then Rye says there shouldn't be a need to take food supplements."

Rye says that some people fear stretching and flexibility exercises are important before and after a workout. Each member of a three person co-ed team will compete in one of the phases. The obstacle course will have several different stations including jumping jacks, running backwards, and a game called Dirty Izy. There is a half division, open division, and a faculty and staff division. Entry fee is $12.00 per team. This price includes t-shirts for participants and prizes for the top three places.

The action starts Sunday, Oct. 9, at 3:00 p.m. at the Intramural field. If you would like to add fun to your exercise program, sign up now! You can register until Art Day in the Conference Room of the University Center, or register at the health center on the second floor of Dehnl Hall.

Dean Smith room opens October 16

The University of Wisconsin-Stevens Point has opened a new room in which information about German-American life and culture will be displayed. The room is located in the University Center, adjacent the main lounge on Reserve Street.

Smith's parents, Mr. and Mrs. Willums Smith, of Wading­dor, Peoria, Ill., and other members of the family will be special guests of the dedication program in which university officials will participate. A picture of Dean will be placed in the room. A reception will follow the ceremony in the Heritage Room of the University Center.

Dean was asleep in his bedroom when a fire heavily damaged his apartment house on the city's north side. At the time, he was employed as student coordinator of the materials operation in which tapes, newspapers and magazines are processed at the University. The facility is a major source of information for visitors and is a part of that operation.

In 1978, he was graduated from Richwoods High School in Peoria and he had attended UW-SP most of the time between them and his death four years later. He majored in water chemistry.

Alan Kaminski, Roholt, also a student employee in the University Center, pro­posed that the new room be named for Smith. The center's policy board, which is comprised of students, con­curred.

The Dean Smith Campus Preview Room has free bro­chures about academic programs, special services and general university informa­tion. It also includes materials about the Stevens Point area. It will be open from 8 a.m. to 11 p.m. most days of the year including Sundays.

The building is only closed during construction hours on holidays and when UW-SP is not in session.
What wellness?
To Pointer Magazine,
Whoever said the UWSP campus population promoted and lived with nutritional awareness toward a lifestyle of positive wellness? I didn’t. Books, publications and media as well as many people have. The food offerings on the board program surely don’t completely speak it. Some sounds and words are uttered, but nonetheless, the full statement is not there.

‘What are you talking about? What about the nice salad bar and the fruit—isn’t that wellness dining?’ you say. Well, yes and no are the answers. Yes, integral to a high-level wellness eating plan are plentiful amounts of fresh, raw vegetables and fruits as well as the types of cheeses. The boiled egg is a good, easily assimilable source of protein, lecithin, zinc, vitamins A and other nutrients. But even Ponderosa Steakhouse, Big Boy and Burger King have similar offerings—areas where we write to the food service contract for the board program should take a moment for introspection and rectifications. What are our motives? Are we going to kiss one cheek and slap the other?

They, meaning DeBot or Alles Centers, offer a nice wholesome entree such as Brown Rice Casserole, Grilled Liver or Baked Fish only rarely and recently. I noticed the Baked Fish had refined white bread crumbs baked on top of it. I’d think it’d be easy to get confused about exactly what is wholesome, natural and good nutrition wellness-style.

I don’t think we’re setting up a very good example. I truly believe that if all people were enlightened and educated about what high-level wellness truly is, they would opt for it rather than your basic typical American, over-processed, refined, chemically-altered fare. It is very feasible if only we but speak out rather than idly complaining. I feel it would also be a prerequisite if we’re going to call ourselves a campus concerned about the wellness-being of its students to offer steamed, baked or stir-fried poultry, fish, veal, lamb, and liver far more often. A nice visualization of cider vinegar, sunflower oil and herbs would be in tune with assumed philosophy.

Donald Ardell in his fine book “Fourteen Days to a Wellness Lifestyle” is nice enough (or blind to reality) to mention UWSP in his book in a section on innovations in the area of wellness. We don’t come near to offering unprocessed wheat bran on the tables all the time as it does in the book. We don’t even come close to Ardell’s excellent standards and guidelines for high-level wellness. Where is the unprocessed low-fat yogurt with active cultures such as Danon Plain? It should be offered at every meal. Everyone needs good healthy intestinal flour and easily assimilable calcium. The possibilities are limitless. Prevention Magazine always has many excellent recipes. Yogurt-fruit ices made with Danon plain yogurt, honey and fresh fruit would be a grand dessert. Various varieties of unprocessed cheeses should be offered such as Farmers, Neuchatel, Mozzarella and Swiss. Other varieties of raw vegetable nits should be available such as almonds, cashews, pine and pecans. Food, or entrees with breed’s yeast and wheat germ although I think, as for all, the contracted firm is supposed to provide what is best especially, in my opinion, the abhorrable banality of bran and breads offered. They are as good for you as they are squishy and unpalatable! I think ‘this can and should quickly be changed in terms of making a high-level wellness menu plan standard at all times. For drinks, plan a vegetable cocktail such as low-sodium V-8 should always be at price’s length and herbal teas such as Celestial Seasons would be a true and health-promoting innovation.

Above all, we should speak up and get involved. Only then will change be realized. The contracted firm is willing to provide what is best and what is asked for, although I think for all students and faculty, even the contracted food service operation should be taught and enlightened to the basics of high-level wellness and especially the dimension of nutritional awareness. If we make a point for the cause, the campus food service board program will speak up.

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346-1030 or 346-1931
Horvath, McQueen to vie for Assembly seat

by Joseph Vanden Plas

Democrat William Horvath and Republican Ralph McQueen, both of Stevens Point, will vie for the vacant 71st District Assembly seat by virtue of their respective primary victories Tuesday.

The seat became vacant when former Assemblyman David Helbach (D-Stevens Point) was elected to the state Senate Aug. 2.

Horvath emerged victorious in a five-way Democratic Party race that included Stan Gruszynski, former Director for the state Senate Democratic Caucus; former state Small Businessness member Kim Erzinger; Portage County Board Supervisor Dorris Cragg; and Portage County Democratic Party Chairman Len Newman.

McQueen, who ran unopposed, will face Horvath in the general election Nov. 1.

The totals for the Democratic Party race were as follows: Horvath received 2,002 votes, garnering 28 percent; Gruszynski received 1,644 votes, good for 23 percent; Erzinger was right behind Gruszynski with 1,643 votes, also good for 23 percent; Cragg finished fourth with 991 votes for 14 percent; and Newman was fifth with 892 votes, good for a total of 13 percent.

Horvath, a 10-year member of the Stevens Point Common Council based his campaign on maintaining existing programs that "have the greatest need" in the state, the reduction of taxes when the state's fiscal situation improves, support of higher education and the fair treatment of all those involved in the ground water contamination issue.

McQueen, who says his lack of political experience is more of a help than a hindrance, stressed the need to reduce what he believes is excessive taxation by the Earl administration.

He favors the elimination of the state capital gains and inheritance taxes as well as reductions in taxes that have been implemented during Earl's brief term.

The GOP candidate contends that his not having served in government is an advantage. He said he's been in the "real world" outside government and realizes that people are hurt by overtaxation.

Rape a fabrication, Osinga

by Chris Cichowski

After inspiring over a month of fear among women in the Stevens Point community, the reported rape of an 18-year-old Mosinee woman in Schmeeckle Reserve on Aug. 24 was a fabrication, according to Portage County District Attorney Jim Oslin.

The woman had allegedly been abducted outside Nelson and Neale Halls by a man with a knife who approached from behind.

After threatening her with the knife, the man took her to the reserve and sexually assaulted and physically injured her, the woman said.

The report touched off a large-scale investigation. Law enforcement agencies throughout Wisconsin and Massachusetts were also contacted.

Osinga also said scratches found on the woman's body after the alleged assault were found to be self-inflicted.

On Sept. 15 the woman picked a suspect out of a police line-up and demanded that he be arrested despite the man's undeniable alibi, said Osinga.

After taking into account other inconsistencies in the woman's statements, police gave her a polygraph test.

"She failed miserably, one of the worst indications of fabrication he (the polygraph operator) seen," said the district attorney.

The polygraph records simultaneous changes in pulse rate, blood pressure, respiration and other physiological indicators which supposedly denote whether the test subject is responding truthfully to the examiner's questions.

Despite objections from many in the law enforcement community, polygraph evidence remains inadmissible in court.

Osinga also said scratches found on the woman's body after the alleged assault were found to be self-inflicted.

Steveon Point Police also contacted law enforcement officials in Massachusetts, said Osinga, and uncovered another fabricated sexual assault made by the woman as a 14-year-old juvenile. She was not convicted in that case.

Some questions have been raised about releasing facts pertaining to the woman's juvenile record, but Osinga defended the action.

"That gives a context to this whole thing," he said.

"That information was initially received from a source other than the police department actually, and that, to my mind, gives a pretty good context to what we had in terms of her fabricating the whole thing."

The woman was also shown to have self-inflicted scratches in the Massachusetts case, according to Osinga.

Finally, body samples analyzed by the state Crime Lab showed she had not been sexually assaulted as she maintained.

Despite the evidence discounting her story, the woman
Bentley given opportunity to testify

by Bruce Aarstad

Most of the objections to the United Council have one thing in common, they are written by people who have never read the constitution. In an interview with the Wisconsin Campus Times, Bentley said, "If you want to know what's going on in this council, you have to read the constitution." He went on to say that the constitution is the foundation of the council and its president.

The special session to be held October 16 will allow the council to consider the constitution and its president, who voted for him, he said. "We'll look closer in the future," he added.

If Bentley does not call the meeting before then, no action will be able to be taken until the meeting of the Council at Superior. Bentley said that the council has been without lawyers representing him.

Bentley quelled rumors that he will not testify at the meeting of the Council at Superior. The council will have to decide whether to renew the Wisconsin Faculty.

"Our Senate has decided," said West, "we will remove ourselves from the United Council if (Bentley) doesn't resign by the Superior meeting." West said he expected others to file suit. Mostly said there needs to be more stronger leadership in the U.C. "In a confidence vote taken at the IRC meeting, Bentley received more votes of no confidence, three positive votes, and three abstentions."

Mostly said much fault lies with the board itself and there were questions that needed clarification.

In his words, "I have never done anything that would cause me to resign. I have done my job well and I'm good in front of the Board of Regents." He said the issues he's working on now include representing the majority of the students. He said the charges have taken up more of the U.C.'s time than their regular business. He said the issue's he's working on now include the "Investigative Review Committee."
** POINTER MAGAZINE POLL **

A random sampling of UWSP student opinion.

**Question: Do you think raising Wisconsin’s drinking age will curb teenage alcohol abuse?**

- **Jean Prasher**
  Senior
  Public Administration and Sociology
  Appleton
  “I think it might curb it slightly, but I agree with those who say teenagers will get alcohol anyway.”

- **Diane Engelhard**
  Sophomore
  PreLaw
  Stevens Point
  “I don’t think raising it to 19 will eliminate the drinking in high school. I do think raising it to 21 will improve the situation.”

- **Lisa Christenson**
  Senior
  Communication Disorders
  Whitefish Bay
  “Yes. It can’t hurt because by raising the drinking age it decreases the amount of people within the immediate high school environment who are legally able to purchase liquor and then make it available to underaged people.”

- **Denise Roberson**
  Freshman
  Psychology
  Washington, D.C.
  “No, because 21 is not that much older than 18 and most people have friends that age who have access to alcohol.”

- **Ann Adams**
  Senior
  Early Childhood Education
  Brookfield
  “Yes, because I think that getting alcohol out of the schools will help. It will make alcohol less accessible to younger students.”

- **Karl Kuniw**
  Sophomore
  Undecided major
  Merress
  “I don’t think so. I think that teenagers abuse it now as it is and if you raise it they will continue to abuse it.”

- **Betty Goodwin**
  Senior
  Biology
  Arlington Heights, Illinois
  “Yes, I do because the drinking age in Illinois is 21 and when I was in high school not too many of my friends drank. When I came to school here I was surprised at the number of people who had been drinking for years and years.”

- **Thomas F. Nevin**
  Professor of Theater Arts
  “Cut level, not really. If a person wants to drink he’ll get a drink. The only thing it might do is decrease the number of kids who come from other states to Wisconsin to drink.”

- **Paul Warner**
  Assistant Professor of Economics
  “No. Speaking as someone who recently arrived from a state where the drinking age is 21 (Washington), I don’t think it’s an enforceable law. When you have unenforceable laws people have no respect for the law. There are other ways to solve the problem.”

- **Paul Reser**
  Senior
  Anthropology, Psychology and Social Science
  Stevens Point
  No, I don’t. I guess from what I know about teenage drinking, at least from my experience, when I was 16 I could get something to drink. If you couldn’t get it yourself, you had friends 18 who could get it for you.”

- **Ed. Phillips & Sons Co.**
  Four Generations of Quality

Photos by Rich Bausman
Gov. Earl defends position on academic issues

The following interview with Governor Earl was recently conducted by Ken Meyer, Editor of the UW-Parkside Ranger.

Q: UW students currently pay 37.5 percent of the total educational cost, up from 20 percent. Is there any chance of that increasing again?
A: Unfortunately, I think there's a lot of cause it will increase. As a matter of fact, if the Board of Regents would have had its way last month, it would have increased to at least 30 percent.

One of the reasons I have felt so strongly on the faculty, pay increase is that I think it ought not be increased out of greater increases of tuition, at the very least until such time that somebody has taken a look to see what that's going to mean to student access and the ability of folks to stay in college.

I think that further increases for faculty compensation ought to come out of general purpose revenues - out of our tax revenues, not out of increases in tuition.

And one of the issues I hope that gets addressed by the commission I have appointed to take a look if the faculty compensation issue is the question of further tuition increases. I remain opposed to them and it would take an awfully persuasive case to change my mind.

Q: Do you feel the percentage is fair between 25 and 30 percent?
A: I think that the state's policy of 25 percent, which it long was, was the right policy. I understand how it got to 27½, but I think we ought not have it incrementally creeping up there and I surely don't favor further increases beyond that amount at the present time.

Q: Concerning the professor "star fund," do you feel there is a need for such a fund to keep quality professors in the UW System? And where should the money come from if it is necessary?
A: That money came out of general purpose revenues. I knew when I put this budget together late last year that there's going to be very little money available for compensation for all state employees whether they're faculty members, people who work in Union Groves or who work at Waupun. We just knew that. We didn't have much money available.

But I also knew that the university and its faculty are uniquely subject to recruiting from other institutions.

People don't come and recruit prison guards or recruit people who work in mental health facilities, but they do recruit professors.

So in order to enable the university to keep in the game in that recruiting, I made available - I asked the legislature to make available - a million dollars to use for those recruits.

A: It's a university, and it's the faculty (who) later became dubbed "the stars" - to show them that we did care about them and to be able to give them something material to show that we wanted them to stay here with us.

Q: Do you feel that the lack of increase in salaries will be a detriment to the UW System?
A: I surely hope not. We made a lot more money available for the University of Wisconsin system. We put $94 million more in their budget than they had before, in libraries, in educational facilities and a new funding formula.

We restored all the cuts, for example, that Governor Dreyfus had made - three or four of them across the board. We tried to demonstrate our support for the university system as a community at a whole. Unfortunately, there have been times were only the governor who only judged my support for the university on the paycheck issue.

I don't mean to minimize the paycheck issue - I know that's very important to some people. But I would hope that those who wonder how this administration stands in support of the university would take a look at our whole support. And I think that our whole support has been one of the best if you're looking at how it's been passed in a long, long while.

Q: What do you think about the Stevens Point protesters placing a "Jobs wanted!" ad in order to protest the salary freeze?
A: I understand that. But we have in this state recently cut a huge variety of programs and we have raised taxes three-quarters of a billion dollars. I don't think that we can make additional cuts, nor ask for additional taxes at this time. And I'm not prepared to ask the legislature to do more of either at this time.

So I think for the current year we will be where we are. Next year there will be a bit of a salary increase, 3½ percent. Next year, we would be able to do a bit better.

But this year circumstances dictate what we've done, not any imagined hostility toward the university.

Q: How high in your priority list is the UW System and what do you think its role in the state is?
A: I think for the current year we will be where we are. Next year there will be a bit of a salary increase, 3½ percent. Next year, we would be able to do a bit better.

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Assault, cont.

A misread memo for Women's Resources Center in Sigmund Osninga. "She has pretty consistently, in spite of everything, tried to cover up any inconsistencies by some other lies, and when these lies are shown to be lies she comes up with something different.

Osninga indicated "did not know yet for sure" if he would press charges against the woman for filing a false report. The woman has some personal problems and some of the evidence law enforcement officials have, such as the paragraph results, are considered legally inadmissible, he said.

In addition, "Quite a bit of circumstantial evidence—a lot of little facts—would have to be pieced together to make a case," he concluded.

Valerie LeGault, Director of UWSP's Women's Resources Center, said the apparent fabrication was a blow to many in the community.

"It's really sad for the rest of women on campus," said LeGault. "It's going to make their credibility in the eyes of the public bad.

"On the other hand, it makes the police department's credibility bad also. Do they try to cover up and cover up? Either way everybody loses," she concluded.

LeGault hoped the incident would not cause people to ignore what she considers the continuing problem of sexual assault and violence against women.

Misread memo shakes up Protective Services

by Laura Sternweis

A misread memo caused Protective Services to fire five students and then to re-hire them, according to Zeke Torzewski of Business Affairs.

On Aug. 4, Torzewski sent a memo to all Business Affairs directors, (including Alan Kursevski, director of Protective Services) stating that work-study employment should be their "first priority in student help." The memo also stated that the department sent "memos merely indicated a need..." to "only through the Student Employment Office."

Protective Services had employed regular student help without the guidance of the Student Employment Office, Kursevski said, so on Sept. 15, the department sent

Capsule, cont.

Senate Majority Leader Howard Baker (R-Tennessee) said Monday that he does not favor sending the measure to Congress yet.

On Tuesday, he sent the bill to the floor by the Senate Judiciary Committee. President Reagan has not pressed the Senate for passage but was reportedly prepared to sign the bill into law if it won Senate approval.

Washington, D.C.—Democra tic presidential candidate Walter Mondale received endorsements from the AFL-CIO and the National Organization for Women last week end. The endorsements solidfied Mondale's status as the front runner for the Demo cratic presidential nomination.

Washington, D.C.—The Senate joined the House of Representatives in supporting a compromise measure that will keep U.S. Marines in Lebanon for 18 months.

State

Madison — Gov. Earl indicated he would sign a bill raising Wisconsin's minimum drinking age to 19 but

Local

Marshfield — Sentry Insur ance chief executive office John Juan said it was listed in satisfactory condition after undergoing coronary bypass surgery Monday.

Ham Sandwich

UWSP hams mug snug together for this pic while attending a recent soccer match.
OFFICE OF RESIDENTIAL LIFE:

PRESENTS: JOB OPENINGS FOR RESIDENT ASSISTANTS

Applications Available . . . . October 10
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Pick up applications and other information from directors or at Main Desk of Residence Halls you are interested in applying.

MILLER HIGH LIFE INTRAMURAL TOURNAMENT

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October 15, 16

Entry Fee $15 10 man roster limit

Entries can be picked up at the Intramural Desk (103 Berg Gym)
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TUESDAY, OCT. 11  10 AM - 3 PM
TO BE HELD IN FRONT OF UC, UC CONCOURSE, UC PBR

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Bike Roller Demonstration
Displays from Area Merchants
Touring/Racing Info
Dehydrated Bike Food Planning
Stevens Point Bike Registration
Maps
Traveling Information
Door Prizes

The University Centers
by Diane Tisch
If you were to pick a major at UWSP that provides health benefits, Health Education might be the one you’d want to choose. According to Cindy Schmitz, a PE professor, says there will be a variety of new classes offered in the upcoming semesters. These new classes will be offered in both the Leisure Pursuit and Health Enhancement categories. A Stop Smoking class and Alcohol and Drug Problems sections are just a few examples.

"There will be fewer sections like badminton in the Leisure Pursuit category, and more dealing with cardiovascular walking...walking is important to know recreational skills, but it is more important to condition the body," Munson says.

He also said the classes are developed through the cooperation of many departments on campus. "We have a good relationship with other departments which make it possible for us to have classes. Each department is supplying to offer for the wellness concept."

The Physical Education department is developing a testing procedure for all incoming freshmen. A student having sufficient levels of knowledge about health can test out of some of his or her Phy Ed general requirements. The student may test out of a maximum of two credits, one from the Leisure Pursuit section and one from the Health Enhancement category.

"If students know the information and if they prove it, they don’t have to take the class," says Schmitz. "It is just like testing out of math or English. I don’t want to work with individuals that know everything, but I would rather teach people that don’t know it," said Ruston.

According to Cindy Schmitz, the theory that will be taught is called the Set Point Theory. "There is a mechanism in the brain which controls what your weight called the set point. The only way you can change this point is not by dieting but by exercise."

-- Staff Writer

Blubber beware: Aerobics trims the fat
by Bill Plassminder
"There was a lot of dancing going on." Where? In the Recreation Center. Why? Because lots of people, men and women alike, are interested in getting in shape while having fun at it too.

At the Phy Ed. building, in the Recreation Center, an aerobics class is held Monday through Thursday nights at 7. As the people move and the aerobics class begins to slow down until finally over 50 people are working out and have fun.

The class is led by Dr. Michael Ray, a UWSP professor. It is a fun class with a lot of music to move to.

The only way people can change this point is not by dieting but by exercise."

Dr. Bowen, a PE professor, says "Changing Your Fat Thermometer" is a very specialized class. "They are dealing with a health problem at a crises level. All of us want to prevent this health situation from ever occurring."

Classes presently offered at UWSP include the "Healthy American" and "Stress Management." Both classes are in the Health Enhancement category.

"The students have the opportunity and the chance to practice different relaxation methods in "Stress Management."

Approximately 40 percent of all American are stress related. This class helps reduce stress and decrease the incidence of disease and illness," said Professor Schmitz, a PE professor.

Dr. Bowen said he has seen quite a change on campus concerning stress and interest in health and wellness. "The change is not accepted by students. They accept the change of our lifestyles. But whatever it is, it’s good to see."
Women labeled as irrational, what can the culprit be?

by Kim Jacobson

For centuries, some women have been characterized as being fickle and irrational people. Perhaps the real culprit is PMS (pre-menstrual syndrome). When Se- monides wrote his essay on women in the sixth century B.C., he said:

"She has two different sorts of mood. One day she is all smiles and happiness...There is no better wife...not prettier. Then another day, she'll be liv­ ing with her, you can't get within sight, or come near her, or she flies into a rage and holds you at a distance like a bitch with pups, can­ takerous and cross with all the world...The sea is like that also. Often it lies calm and innocent and still...Then it will go wild and tur­ bulent...This woman's disposi­tion is just like the sea's since the temper of the woman will change with time."

If it would have been known, physicians would have probably diagnosed this woman as suffering from PMS. Finally, after a long a­ wait, PMS is being recognized as the serious illness it is.

The cause of PMS is un­ known, but it is speculated that it surfaces due to in­ sufficient amount of a female hormone called progesterone. For some 20 years, Dr. Katharina Dalton, a leading specialist on PMS, practic­ ing in England has been treating women with a progesterone supplement.

Anorexia

• It's not just for kids anymore

by Trudy Stewart

Although anorexia is a fairly young disease, with scant one hundred years of record­ ed history, anorexia nervosa has managed to stir up much contro­ versy and confusion. Of psychological origins, anorexia nervosa manifests itself typically in young girls, with the onset associ­ ated to some emotional upsets and/ or experiencing symptoms of severe emaciation, constriction, loss of appetite, slow growth, and even death, and a high level of exercise is comparison to calorie in­ takes.

Psychotherapist Steven Levenkron, author of The Best Little Girl in the World (Contemporary Books, Inc.), states in a "Teen" article, "Anorexia nervosa affects one teenage girl out of every 500. In past years, a ten per­ cent death rate was con­ sidered average, now, with improved diagnosing and treatment, fatalities may have dropped to two percent.

But, that doesn't mean we're talk­ ing about 1600 to 2000 girls who will die this year from anorexia nervosa."

"The anorexia," he sugg­ est, "is a lack of something that has to do everything to per­ fection. They commonly have a distorted mental im­ age of themselves and are often caught up in ritual, self-destructive behavior."

In a "Dance" magazine in­ terview, L. M. Vincent, M. D. contends that anorexic patterns have been encoun­ tered in young female classi­ cal ballet students. "Though thinness is part and parcel of dancing, some dancers, unfortunately, carry their "dancing weight" obsession a bit too far. Face it, there are few people in dance who aren't dieting or at least watching their weight, but our very real concern is for those with extreme attitudes about and measures for diet­ ing and weight maintenance, including the ill-advised practices of laxative abuse, diuretic abuse, and self-in­ duced vomiting. If someone is vulnerable to this type of behavior, being involved in dance might bring it out or they might seek out dance as the avenue for expression."

Although usually asso­ ciated with young girls, anorexia nervosa is also seen diagnosed with alarming fre­ quency among adults. Par­ ticularly common among these adult anorexics is bulimia or binge-eating behavior, which is harder to treat than simple anorexia because of the adult's unwillingness to acknowledge their problem.

Sharon Semner, staff psy­ chologist with the Student Health Service at UWSP, in­ dicates that bulimia may be even more hazardous be­ cause it works to accelerate the life-threatening symp­ toms of anorexia nervosa. "Many bulimics vomit every meal that they eat and as many as 50 laxatives a day are ingested in their quest for the "ideal of thinness." If you notice variations in behavior pat­ terns in a friend and you feel that they are too thin and don't look healthy, the best thing you could do for them is tell them about it. Tell them you care and you think they should seek help.

"There are always ongoing programs at the Health Cen­ ter and we will provide indi­ vidual counseling as well as group sessions. To affect a cure, this disease must be treated with intensive therapy on a continuing basis." Semner said, "It takes a long time to develop the patterns of anorexia, but if you truly believe that you can overcome this debilitating and often deadly illness."

Patronise our advertisers

Canteen, cont.

Canteen has been coopera­ tive so the program has basic­ ally picked up where it left off with Saga. The only changes being made are im­ provements such as "steak night" for the steak lover in you, a wellness bar at lunch as well as dinner for all you rabbits, and for those who want to "dine in" comfort, carpeting is being laid among other changes.

As part of the program, someone will be available on Wednesdays to explain to those interested the Nutri­ tional Task Force and its program. Choice eating will be the goal whereby students will chose to eat healthier foods rather than go for the "right" things. The pop machines will stay but milk will begin to look more inviting.

Another way they inform students is through nutrition messages posted weekly, such as "eat whole wheat bread." To encourage stu­ dents to read and remember them, weekly contests are held. Seven students polled who remember the message of-the-week win prizes as a small Jeremiah's whole wheat vegetarian pizza or a jar of Moni's trail mix.

The food service recogni­ zes the need for its own em­ ployees to know what they are doing and informa­ tion is all about so they are attempting to educate the whole staff.

Every now and then we wake up in the morning and realize it is Wellness Week. These Wellness Weeks are organized by two student groups, the Dietetics Club and the Student Health Ad­ visory who work in conjunc­ tion with the Task Force. Bake sales on campus, smoothie, displays, handouts on many nutrition topics are all elements of Wellness Week.

During these special weeks, food service holds "wellness nights." The food served on these nights is low in sugar, and high in protein.

The program has been in operation for two years with great results. The students, Health and Service Health Services have been the only two divi­s ions to make a profit, which will be put into money. It is a healthier, more nutrition aware, stu­ dent body worth four grand! I hope so.

Aerobics, cont.

questioning gents who think it's just for women, you're wrong! A few guys have checked it out and have dis­ covered the fun that can be had while exercising.

If you're tired of looking at exercise as a chore or type of punishment you have to put yourself through because you ate that whole pound of M&M's last night, perhaps you should check out the fun way to exercise, aerobics. Who knows, maybe next week you might end up treating yourself to two pounds!

Next week: Homecoming Issue

Change, cont.

response to stress, anger and non-assertiveness with other visible reactions. Also on the agenda to be discussed are fast diets, have your friends been labeled as irrational or given any other type of label? If you've had anorexia nervosa, please share your experience. It's vital to spread awareness and discuss the topic of anorexia nervosa to ensure that those who suffer from this mental illness receive the help they need. Remember, support is key in overcoming anorexia nervosa. Stay strong and seek the help you need.
Pacesetters lead United Way drive

Setting the pace for this year's United Way drive are pacesetter companies, Worzalla Publishing Company, Wisconsin Interscholastic Athletic Association, and Del Monte. Two organizations have either met or exceeded their contribution goals. Worzalla Publishing raised $6,461 in employee and corporate donations and WIAA employees contributed $1,000. The 1983 United Way fundraising campaign began October 1 and continues throughout the month for the rest of Portage County.

The goal of $1,000 was met by the 22 employees of WIAA which reflects $45.45 per capita. "Sharing is what it is all about and we're glad we were able to share more this year," said John Roberts, cont. on p. 15.
No woman VP's in 1984 according to Christofferson

Many people are advocating it, but a woman vice presidential candidate is unlikely in the U.S. in 1984, says the chairman of the political science department at the University of Wisconsin-Stevens Point.

Professor Richard Christofferson says there is a "less than 1 percent chance" that a woman will be invited by the Democratic nominee to serve with him.

It's almost a certainty that George Bush will be on the ticket again if President Reagan seeks re-election. But if Bush declined, Christofferson believes chances are greater in the GOP than in the Democratic party for a female running mate.

The Indiana governor, he argues, has been more successful recruiting women candidates and then selecting them to the U.S. Senate--"typical growing ground" for vice presidents. There are no female Democrats in the U.S. Senate.

Poetic Point prof prolifically publishes poetry for profit

Can a poet find happiness and financial success writing for commercial publications?

Richard Behm, an English faculty member at the University of Wisconsin-Stevens Point has proven that it's possible.

Behm, who already had five published books of poetry to his credit, is testing his pen in a new field--expository writing. His piece will appear in a forthcoming issue of Sports Illustrated, was his first try at a major magazine.

His working title for the article was "Schrodes, One July Night, Then." It is a reminiscence from his childhood when his father was part owner of a dirt stock car track. It was billed as "the fastest 1/2 track in Ohio," and Behm has recalled one of his most colorful drivers.

He says he will continue to write articles and short stories because of the many possibilities for using new ideas. Also, the financial rewards are not too bad--Sports Illustrated paid him $750 for the piece.

His abilities as a poet have not gone unrecognized, however. He was recently honored by the Wisconsin Arts Board with a $1,500 Artist's Fellowship.

The writer is founder and editor of "Song," a literary magazine, and founder and editor of "Exchange: Newsletter for Teachers of Writing," published by the UWSP Writing Laboratory.

United Way, cont.

Executive Director. "Knowing that the money is staying in Portage County is a big boost," said Jim Jones, who chairs the fundraising at WIAA. "After hearing a talk from C.Y. Allen, United Way vice president, we were able to meet our goal in one day.

Del Monte employees have raised $5,600 which is 92 percent of their goal. Rick Tanks, in-house chairman for Del Monte, stated that seasonal employment will end this week and they will complete their campaign at that time.

Dustin Hoffman Week Finale

Special Thursday Run
Thursday, Oct. 6
Friday, Oct. 7
Parents Day
Saturday, Oct. 8
6:30-9:15
U.C.-PBR
Seats $1.50

Special Contest - Role Reversals (Guys in Drag, Girls in Butch) receive $1.00 off admission. Has to be convincing. UAB judged Thursday and Friday only.
Coach Dave Nass instructs his team prior to their match against Lawrence.

**Pointer victory inspires netters for WWIAC play**

by Tom Burkman

Yes, it was a surprise that the UWSP women's tennis team recorded a 6-3 victory over visiting Lawrence University here last Monday. But, it seemed no one was more surprised with the victory than veteran head coach Dave Nass.

"Yes, I'm surprised we did so well," commented Nass on his team's second victory of the season. "We (Stevens Point and Lawrence) really seemed to be more evenly matched than the score might indicate. We are really playing well today, though," he added.

Why is he so surprised? The main reason is basically inexperience. The Pointers have only one junior on the team while all the other members are either sophomores or freshmen.

"We'll have all new players, and we'll take our lumps," he says. "But I see winning seasons next year and the year after and even the year after that." Well, this time the future seemed like now as the Pointers only lost three matches all day-two singles and one doubles match. loafers Much had the match of the day for Point as she split her first two matches and was behind 5-4 in the third set before rallying to win the set and the match 7-5. "She displayed a classic "will not give up" attitude and accomplished an exceptional come-from-behind, upon victory," said Jodie Loomans, playing at No. 3 singles, won her match in straight sets.

Lisa Brunner and Lori O'Neill also won their matches in straight sets while No. 1 Pointer player Robin Hasseley lost a tough, three-set match to Kirsten Palmquist.

In doubles, Point won at No. 2 and No. 3—both in straight sets. Loomans and Brunner won 6-0, 6-3, while Wendy Paley and O'Neill posted a 7-5, 6-1 victory. At No. 1 for the Pointers, Hasseley and Much lost 6-7, 3-6.

"Our doubles teams may finally be starting to settle in," commented Nass. "Today (Monday) all three combinations looked more coordinated in play tactics than they have to this date.

"This victory came at a critical time for us," he said. "Having lost several matches in a row prior to this, it was important to generate a win to reinstate some self-esteem."

That self-esteem has been hard to come by so far this season as the Pointers sport a 2-4 record. "We have been manhandled by some of those matches, but there's always much more learned in losing. Then you can analyze it, look back on it, and learn from the mistakes."

Right now, however, Nass admits he is using all of these non-conference, individual meets for experience as the conference matches are just around the corner—starting in about three weeks. "I'm sacrificing points and matches to teach the girls to hit both serves hard. I'm sacrificing matches to gain guts you might say."

One thing unique about Nass' philosophy is that he

**La Crosse last gasp squeaks by Pointers**

by Bill Laube

The UWSP football team played perhaps their best game of the season at La Crosse on Saturday night, but their best wasn't quite good enough. The Pointers lost to the Indians 21-18.

It was a game which the Pointers appeared destined to win. In fact, with less than two minutes remaining in the game, the Pointers had victory in their reach.

The Pointers defense had the lead seemed to be in little danger. However, La Crosse quarterback Todd Oberg lofted a 40-yard Hail Mary to Stan Johnson which gave the Indians a first down at the Point 13-yard line. Two plays later, Oberg ran in for the winning touchdown.

Pointer head coach DJ LeRoy found a lot to be happy with in the game, despite the fact that his team's record dropped to 2-2 and 0-2 in WSC play.

"It was a very good effort by the team. I was very pleased with the amount of enthusiasm and effort. The kids played hard throughout the entire game, even when we were 14 points down," said LeRoy.

The Pointers found themselves in that 14-point hole even before the first quarter ended. The Indians set up their first score on a Ken Van Vrede interception of a Dave Geissler pass at the Pointer 42. A few plays later Bob Kregle hauled in Ken Schmidt for a 14-yard touchdown and the Indians led 7-0.

The Indians scored on their next possession after taking a punt in excellent field position at the Pointer 37. Bob Kregle snapped off this seven-play drive with a five-yard scamper for a touchdown to give La Crosse a 14-0 lead.

The Pointers, however, refused to fold. In the second quarter Dave Geissler engineered a 78-yard drive which featured a 28-yard pass completion to Mike Gaab and a 33-yard reception by Curt Thompson. A few plays later, Geissler took a Geissler pass 25 yards for a touchdown and the Pointers trailed by seven.

On the Pointers' next possession, Jon Kleeschmidt nailed a punt that put the Indians on their own 1-yard line. After failing to gain first down yardage, the Indians were forced to punt and the Pointers got the ball back in good field position at the La Crosse 44.

A 25-yard Geissler pass to Gaab registered the Pointers' second touchdown and reserve quarterback Guy Oete added two more points on a fake PAT. That gave the Pointers a 15-14 lead which they took into the third quarter.

The Pointers managed to save three points out of the drive, however, as Jon Kleeschmidt booted a 40-yard field goal to give the Pointers a 18-14 lead.

The Pointers held that lead into the fourth quarter and even had a first down at their own 39, however, a botched hand-off exchange gave the ball back to the Indians and they were in excellent position, apparently ready to take control of the game.

The Indians drove down to the Pointer 8-yard line but there the defense toughened. Mike Evenson stopped Dan Studen on a fourth and one, and the Pointers only had to eat up some time to preserve the victory.

The Pointers didn't eat up much time as they were forced to punt with 2:13 left in the game. The Indians received the ball at their own 47 and from there, Oberg and Johnson staged their last minute heroics.

The Pointers had one last chance after La Crosse took the lead back, but that was foiled as All-American tackle Jim Byrnes forced Geissler to fumble and the Indians recovered.

The Pointers committed four turnovers during the game while La Crosse was not responsible for any. A statistic like that makes it tough to win any game. LeRoy levied the blame for the turnovers on the entire defense, not just the ball handlers.

"It wasn't just the quarterback's fault or the running back's fault on the fumbles. When there's a guy not being blocked at the scrimmage and he causes chaos in the backfield, you'll have a problem," said LeRoy.

LeRoy also emphasized that the receivers had to do a better job of running patterns and that the line had to

**Page 16 October 6, 1983**
Battles not only interest

Heiring: Parkside loss is Pointer gain

By Mary Margarete Vogel

The UWSP women's volleyball team took two of three matches in Whitewater.

1. Competing brothers?

"I think Stoe's a much better team than their 1-4 record shows, I'm sure they're coming around now and getting healthy. It took a lot of guts to play Wisconsin-Stevens Point and request in-overtime in the Shrine game." - Coach LeRoy

Ron LaClair of Kimberly, Mike Evenson of Port Washington, and Gary Otte of Weyauwega have been selected as the University of Wisconsin-Stevens Point football players of the week for their performances in the Pointers' 21-18 loss to UW-La Crosse Saturday.

"Healing plans to start working on a master's degree in speech pathology after graduating from UW-SP in August of 1984. She also plans to continue her athletic career in one capacity or another, possibly as a member of Athletics in Action, an organization of Christian athletes.

"I will never lose that part of me," Heiring says of the role athletics will play in her future. "I've worked too hard for that to happen. Athletics have always worked in my schedule and made a part of my daily routine. I will always be active."
Two more stuck by stickers

SID — The UWSP women's field hockey team scored two wins here Saturday as it defeated UW-River Falls and Bemidji State.

Earlier in the week, the Pointers beat Carleton College 3-0 and lost to Northern Dakota State 2-1 at the River Falls Invitational.

Point won its Wisconsin Intercollegiate Athletic Conference game against River Falls 3-1 and then won a contest in the Wisconsin, Iowa, Minnesota Conference by beating Bemidji State in overtime 4-3.

Sara Larson opened the scoring in the first game when she scored an unassisted goal at 6:40 of the first half. Madonna Golla added a second after taking a pass from Kristen Kemmerling and shot put the lead with an unassisted goal at 12:40 of the first half.

Kristin Kemmerling added an insurance goal in the second half when she scored an unassisted goal at 6:40 of the first half, giving the Pointers a 5-0 halftime lead. Madonna Golla was the hero in the second half before the game went into overtime with just one second left in regulation.

"We were really beat the end of regulation time but we found enough strength to come back and dominate play in the overtime," said the Pointers. "It was a tough game to end a very busy weekend." Benjelji tied the game with two goals in the next three minutes and sent the game into overtime.

"I was pleased with our defense in holding each other up and we had some good sticks. "We also had excellent passing between the forwards."

Golla was the hero in the second contest as she scored the winning goal in overtime with just one second left in the period. Her score was especially impressive considering she suffered an ankle injury in the second period and had to move to a sweeper position for the remainder of regulation.

She returned to her center half position in the overtime.

"We're all the tops in the conference. I'm pleased with our defense," said the Pointers. "We really stand out. Just playing after the ankle injury and then coming up with the big play." The Pointers are now 3-0 in the WIAC and 4-1 in the WIM Conference. The team will take those marks and a 4-2-1 season record to Oshkosh on Saturday, Oct. 8, when it competes in the Oshkosh Invitational.

The Pointer cross country team was off this week but will return to action Saturday at the Notre Dame Invitational in South Bend, Indiana.

The University Centers

Golfers' best earns fifth place finish

SID — Its best effort of the season helped lead the UWSP golf team to a fifth place finish in the UW-Parkside Invitational Meet, which was held at the Brighton Dale Golf Course here Friday.

UW-Oshkosh won the 18 hole meet with a score of 374. In a close second was St. Norbert at 376 and following in order were UW-Platteville, 379; UW-Parkside, 381; UW-SP, 383; Marquette, 387; UW-Green Bay, 390; UW-Whitewater, 400; Milwaukee School of Engineering, 401; Wisconsin, 402; and North Central, 404.

Bob Sieg led the Pointers with a season best score of 74. Shooting 76s were Joel Hackinson and Dean Wernicke while John Hackinson had a 78. Jon Dawdy and Dave Lang rounded out the scoring with a 79 and 81, respectively.

Earning medalist honors in the tournament were Bob Schubert of UW-Oshkosh and Jeff Allen of St. Norbert. Each took the par 72 course in one under par rounds.

Pointers coach Pete Kasbon was pleased with the play of his team and with the fact that it has shown improvement as the season has progressed.

"This was definitely our best effort of the season thus far," Kasbon said. "Our 383 is an excellent team score and I am pleased with our individual average of 78 per man.

The Pointers will now be off until Sunday, Oct. 9, when they host the Wisconsin State Intercollegiate and NAIA District 14 Tournament at SentryWorld.
**For Your Leisure Time...**

**OCTOBER - 1983**

9th SUNDAY - day trip to Rib Mt. NO CHARGE!
meet in front of U.C., 10 am return 4:30

13th THURSDAY - rappelling mini-course time: 4-5:30
meet at tower, Schmeeckle Reserve

15th SATURDAY - mini-course: bartending,
with Jeremiah’s time: 1 pm cost: $3

19th WEDNESDAY - tour Sentry, social activity
to follow! 3-7

25th TUESDAY - wok cooking demonstration
time: 7-8:30 cost: $1.50
Sign Up in the SLAP Office Leisure Time
For More Info: 2412 UAB Activities

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**INTRAMURAL SPORTS**

1983 3rd Annual Homecoming Decathlon
Sponsored by Intramurals

- Run in conjunction with UAB Homecoming Week-Oct. 17-21
- Teams are 10 member co-ed teams
- Teams must be from dorm or organization (1 team per dorm)
- Entry fee of $20.00
- Each participant receives a free t-shirt

Individual trophies and ribbons for winner or winners
in each event!
Team trophies for 1st, 2nd, and 3rd place.

Events Include:

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- Hot Shot Basketball
- Inner Tube Relay
- Archery
- Tug-O-War
- Water Balloon Toss
- Racing Dragons

COME AND CHECK IT OUT

ENTRIES CAN BE PICKED UP AT INTRAMURAL DESK OR UAB OFFICE

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**SET**

CABLE CHANNEL 3

Thursday, October 6
and
Sunday, October 9

6:30 p.m. SETV Live News
7:00 p.m.—Conclusion
Pointer Football Replays
UWSP vs. La Crosse

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Dorm incineration burns few students

by Andy Savagian

The clean air of Mid-Wisconsin is something we students of the University of Wisconsin-Stevens Point breathe every day, supposedly never inhaling the smog of big cities. Though the old and new coal-burning plants, the ever-present smokestack, we never really thought about it all; the air" wasn't really polluted. We were accustomed to "the smog of big cities. Though nothing like a breath of fresh air is very true, we realize now we were wrong.

The plant, which was in operation by 1964 and is staffed by seven full-time workers, is under the direction of Harlan Hoffbeck, and its function is to heat all the buildings on campus. According to Hoffbeck, for economic reasons, the factory burns 85 percent (16 percent gas); otherwise it would use more gas, which Hoffbeck says "is a lot easier to burn than anything else." Hoffbeck stated that he has had no major problems with complaints of pollution; he expects they will come and that the Department of Natural Resources would be checking their emissions in January to see if they meet the legal standards. He did add, though, that some people do phone to voice their objections. "Most of the calls we get from people, however, we find out that the problem comes from either the dorms or one of the local commercial establishments.

The poll also showed, to no surprise, that off-campus students were more conscious of the incinerator's operations. However, out of the 30 men and women (differing in class rank and residence hall location) questioned, approximately 92 percent said they felt the incinerator had a small effect on their health, while 8 percent felt it had no harm at all. Only six people (18 percent) said the burning of the garbage had a major consequence on their physical well-being. Carolyn Launder, a sophomore living in Rosch, commented: "I think it's unhealthy—if I can see it I must be breathing it." Janis Suomi, a sophomore, who lives in Hyer Hall, stated: "Sometimes the smoke can make you feel dizzy." Though the health factor didn't seem to bother many, 89 percent of the people asked said it bothered them in various other ways. Two very common answers were "it stinks." "It smells," and most complained of the ash clouds.

JANE GEHR, senior, Baldwin: "I hate seeing the stuff—in the winter there's ashes on the snow. My balcony always has ashes stuck on it."

LARRY NELSON, sophomore, Steiner: "It can get on your clothes."

MATTHEW WEIDENSEE, sophomore, Knutzen: "Whenever it snows ashes, it's really ugly—after it looks better."

KEVIN KOLTZ, sophomore, Rosch: "It's better when dorms burn at the same time—I've been dumped on while I was studying outside."

Since many complained about the problems with disposing of the garbage in this manner, the students were asked for an alternative way. Here are a few of their suggestions:

ALISSA OWENS, freshman, Hyer: "Take it to a dump."

COLLEEN REARDON, sophomore, Knutzen: "I think the incinerators should be shut down."

THOMAS BEMENT, sophomore, Myers: "I think it should be recycled."

ALAN KEMP, sophomore, Myers: "It should be recycled."

ALAN KEMP, sophomore, Myers: "We should recycle all this.

"I don't know what the health cost will be, we have borne it. I would have borne it for the same cost.

"I believe the things that benefit from the use of ash and other chemicals polluting in our water should be made for the cost of keeping our water clean. I take anything that is ridiculous. Why should I pay Mr. John Farrer down the road that is making a lot easier to burn than anything else."
Testimony, cont.

have a resource other states
don't count on. We have a clean water sup-
ply-unlimited clean water. He's wrong, we don't have unlimited clean water, we have a dwindling clean wa-
ter supply. Wisconsin has been a state that has led in many things. We have to lead in this, we have to have a strong bill that stops pollu-
ters. Bill 686 isn't perfect but it's a start, I would like something much stronger. Our water is our health, we need a strong bill. Thank you.”

Incinerators, cont.

with it “would cause even greater problems now” than the regular method.

Mr. Najjar was also “sur-
prised” that this year he has received no complaints from students about burning hall garbage, but said that if they did have any objections they should first see their hall di-
rector and then contact the Student Affairs office, where “they’re welcome to come on in” with their problems. “I’m equally concerned with their safety,” stated Najjar. “We’re very interested in knowing if they’re con-
cerned... we spend a lot of time discussing it with mainte-
ance personnel and the hall staffs.”

Water hazards endanger citizens’ health

by Sheldon Cohen

The Environmental Protection Agency (EPA) has approved the first year of a $650,000 experiment to re-
move industrial chemicals from Wausau’s municipal water supply.

In April 1983, three volatile organic compounds—known as chlorophenols—were dis-
covered in two of the city’s drinking water wells. Re-
cently, these compounds plus a fourth, toluene, were de-
tected in a city reserve well. Chlorophenols are a family of halogenated solvents—ter-
ic chemicals which are used as degreasers for various in-
dustrial processes. These compounds can accumulate in the fatty tissue of ani-
imals, including humans, and are known to cause major health problems including:
dangers in respiration and blood pressure, liver and kidney weakness, organ dam-
age and skin rashes. Cancer and lower reproductive ca-
pabilities have been reported in lab animals exposed to these chemicals.

The EPA recommended in 1980 that chlorophenol levels in water should be kept at zero, based on a non-thres-
hold assumption (level of safety-hazard). However, haloge-
nated solvents are still being dumped in landfills throughout the state and, in the lower Fox River, at least five paper mills have report-
ed chlorophenols in their dis-
charge.

A statewide environmental group, Citizens for a Better Environment, has petitioned the Department of Natural Resources to prohibit the land disposal of these types of solvents. “Halogenated solvents move easily through soils and landfill liners, and may be the primary threat to groundwater in the state,” says Terry Kakida, a biolo-
gist for the organization.

Wausau is just one of many communities around the nation where volatile organic chemicals taint drinking water wells. The EPA will be attempting to remove the chemicals using aeration towers and ac-
vated carbon filters during this 32-month joint project with the city of Wausau; the city’s share of funding this project will be approximate-
l y 10 percent. Aeration tower-
ers are designed so that the volatile chemicals evaporate when exposed to air.

The source of these chemical contaminants in Wausau’s wells is unknown and will probably remain un-
known, since it is difficult to trace these point sources and the rate of contaminant dis-
persal through the aquifer. The likelihood of haloge-
nated solvents appearing in other drinking water sup-
plies throughout the state is high. “Wisconsin does not have a waste management policy, it has a landfill poli-
cy,” says Kakida. “It’s time to change the state’s policy by looking at more intel-
ligent and responsible means of dealing with these chemi-
cals such as recycling or in-
cineration.”

As the first groundwater bill in this state nears a vote, more people are becoming a-
ware of the seriousness of this problem and are also be-
coming increasingly con-
cerned. The citizens of Wau-
sau, finding their groundwat-
er contaminated at such a magnitude, are beginning to realize just how serious the situation can be.

Next Earthbound: Point Source Pollution
You Are Invited To
Worship With Newman
University Parish
Mass Schedule

Saturdays, 4:00 p.m.
Sundays, 10:15 a.m. & 6:00
p.m.

St. Joseph Convent Chapel
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Weekday Masses — 11:45 a.m. at New-
man Center (across from Berg Gym).
(Schedule listed in parish bulletin).

Newman Parish also offers:
— Inquiry into Catholic classes
— Retreats
— Bible study
— Adult education programs
— Pre-marriage preparations & sem-
inars
— Peer ministry program
— Small growth groups

Individual counseling & spiritual di-
rection available at Newman Center
Monday thru Friday, 9:30-12 noon; 1:00-
4:30 p.m. Call 346-4448.
Center helps profs improve

One planner called it a "cross fertilization of the faculty" at the University of Wisconsin-Stevens Point. The project involves professors who are regarded as outstanding teachers helping colleagues wanting to improve their effectiveness in the classroom.

At a time when there is not a lot of turnover in personnel to infuse new blood into the teaching ranks, UWSP's Center for Faculty Development will fill that void—and more.

Donald Showalter, a chemistry professor who has been at UWSP since 1976, has been appointed the center's coordinator. He holds a Ph.D. from the University of Kentucky. He was granted one-quarter release time from his regular assignment to assume the new duties.

The center will sponsor seminars and workshops led by local and visiting faculty who have been recognized as effective teachers.

For those seeking more personal assistance or desiring confidentiality in their use of the center, a corps of five consultants is available to meet with them in a one-on-one situation. Showalter said he will assist with this effort, and will be joined by four colleagues who are widely recognized on campus for their teaching excellence: Stanley Carlson of the mathematics/computer science department; Ollie Andrews of chemistry; Neil Lewis of history; and Gall Skelton of sociology/anthropology.

Materials will be collected on the subject of effective teaching techniques and placed in the center for faculty use.

Going a step beyond, the center will promote scholarly growth and intellectual stimulation of faculty by sponsoring workshops and colloquia on topics of broad interdisciplinary interest and on topics of concern to particular disciplines.

The project was started at the urging and sponsorship of Howard Thoyre, dean of the College of Letters and Science. He initially intended its activities to serve people who teach in the academic departments he administers. But the scope of involvement has been expanded to anyone on campus who is interested. Even teachers in area elementary and secondary schools are invited to visit the center.

Hours of the center are 9 a.m. to 3 p.m. Mondays through Fridays.

In the world of academe, the center stands as one of few. When Thoyre was mentioning his plans for it to Chancellor Philip Marshall, the UWSP chief recalled that his alma mater—Earlham College in Indiana—was actively involved in faculty development. Consequently, Earlham's activities have become models for UWSP.

Local professors are helping tailor the program to meet local needs via their service on a center advisory committee. The members are Paul Schwieger of the psychology department, chairman; and Sherwood Bishop of sociology.

Vienna Chamber Orchestra at Sentry October 19

The Vienna Chamber Orchestra which has played concerts around the world for three decades, will perform Wednesday, Oct. 19 at the Sentry Theatre.

Under the direction of pianist-conductor Philippe Entremont, the 20-piece orchestra will be sponsored by the University of Wisconsin-Stevens Point Arts and Lectures Series.

Tickets can also be purchased at the door the night of the concert beginning at 7 p.m. The cost for this performance is $6 for the public, $5 for youth and senior citizens, and $1.50 for UW-SP students with ID. For more information call 346-3256.

University diet conserves energy while saving cash

For the ninth consecutive year, the University of Wisconsin-Stevens Point has recorded decreases in its energy consumption.

Despite a small increase in the total amount of space heated, the total number of British thermal units (BTU) used has dropped from about 174,000 a decade ago to 126,710 during the past academic year.

Meanwhile, the total BTU count for electricity declined from about 200,000 to 152,077 in the same period.

The savings have come largely as a result of modifications in campus buildings, insulation, window replacements and the installation of mechanical monitoring equipment.

Those conservation projects, which started in 1975, have cost about $1.3 million.

Additional work will be done, according to Harlan Hoffbeck, director of the physical plant, which will result in major new savings.

The centralized monitoring and control system, for instance, is still in the installation phase and in only partial operation.

The university also has experienced difficulty in the past year in its electrical savings while workmen were installing some of the new equipment.

Last year there was a decline of about 3,000 BTUs in heating and a drop of about 2,800 BTUs in electricity.

The energy bill for heat and lights in all UWSP buildings averages out to about $3,700 per day. The amount has stayed about the same level for quite a few years because the energy conservation efforts usually offset increases in energy costs.

"On Nov. 17th, adopt a friend who smokes."
Wellness, cont.

about the reputation of this campus which precedes us: that is a university intent on setting an example, guiding, educating, and heightening total awareness toward high-level wellness for all who are involved with it.

Kevin Doerr

Worldly experience

To Pointer Magazine:
I think several changes in Semesters Abroad will be of interest to students who are thinking of including travel-study in their college experience. The Semester in the Far East has been substantially revised. Students arrive in northern Europe, travel by train to Zurich, cosmopolitan cultural and industrial center of prosperous Switzerland; proceed to Florence, Nizza on the French Riviera, vibrant Barcelona, and finally Madrid, Spain's capital city. Here our lodgings are in the heart of the city, only a few blocks from the Prado, where Gogos vie with Velasquez and Bouche as paintings to peer over, and within walking distance of the Royal Palace, the block-long fountain of the Civic Center, and the Plaza Mayor. The return trip takes students through the beautiful rich Basque country, with a possible stop at Mondragon (a remarkable application of Owensque economic principles to manufacture and commerce), and on into the heart of France—the chateau of the Loire, Paris in April, and the low countries.

A new semester venture, "The Semester in Australia," is offered for the first time this year. Whether or not we will be able to continue to offer this option in high season is a question because airfare is high, and costs of living continue to mount. We may switch, in future years, to an August departure, which would give us the advantage of low season fares.

But we would miss the Australian summer, which is one of the primary attractions of the present trip. We should visit the university campus, joggers may encounter heavily veiled Muslim women students, athletes in shorts, or tropical birds as they run in the cool of early morning. This year, the introduction of Chinese culture experienced in Taiwan will provide students with sensitivity to the conflict inherent in the efforts of the Muslim Malays to move upward economically, educationally, and socially in the face of Chinese industrial and commercial interests. The introduction of Chinese culture, the Indian provides students with colorful religious festivals to observe, another exotic cuisine to sample, and further opportunities for friendship.

The Semester in Britain, one of the primary attractions of the present trip, will provide participants with a varied view into life "down under." If you are thinking of joining the group, make immediate application to me or to Dr. Rick Wilke who will be leading the first Australian exploration.

Sincerely,
Helen M. Cornell
Director
International Programs

mail

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ANNOUNCEMENT: It's Tube-Out! Tuesday 10 p.m. with five reportees from the softball game between the Romans and the Tubees and the tube's re-announcing of the 80's outrageously tube conscious.  

ANNOUNCEMENT: The UWSP Soccer Club plays home today at 6 p.m. at Marshfield. On Saturday, Oct. 1 at 1 p.m. Point hosts the Chancellor's Cup Tournament, 1 p.m. - Point vs. La Crosse; 3 p.m. - La Crosse vs. UWSP; 5 p.m. - Point vs. La Crosse. For more information, contact the Coach or Sharon (346-4658), room 109. Everyone is welcome.

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September
16   Steve Gibson  Comedian / Cartoonist
17   Jim Coor and Friends  (St. Pat's Day in September)
24   Gene Cotton

October
7 & 8  Free Hot Lunch (Music)

and Jeff Cesario (Comedy)

13 & 4  Bosco and Hines
15   Balloons
20   Wally Cleaver Homecoming Dance

November
5   X-Cleavers
18 & 9  Barbara Bailey Hutchison
22   Nina Kahle and Orange Lake Drive

December
2 & 3  James Lee Stanley
5   R&B Cadets  Registration Day Dance
9   Gil Eagles  Hypnotist

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