

VOLUME 33 NO.6. UWSP **OCTOBER12, 1989**



Pointers Andy Chilcote (44), Craig Verhagen (41), and Mark Bloomer (35) sack Stout quarter back Tim Peterson during Saturday's Homecoming game. (Photo by Chris Vigus.)

Pointers pressure Stout, get first conference win

by Kevin Crary Sports Editor

A force that tends to distort a body. An intense effort. To put pressure on. A factor that induces bodily and mental ten-sion. (Merriam-Webster). All are definitions of the word stress, and all of them can describe the Pointers 42-24 Homecoming victory over UW-Stout in front of 5,029 fans. The win was the Pointer's first in conference, lithing their record to 1-1-1 in conference and 3-1-1 overall, while dropping Stout's to 1-3-0 and 2-3-0. The defense played with

great intensity and enthusiasm, which set the tempo for the en-tire game," said Head Coach John Miech. "We put a lot of pressure on their quarterback (Tim Peterson), not allowing him to get into a rhythm." Peterson, a 6-4, 208 pound senior, was sacked seven times by the "Angry Dog" defense of Stevens Pount, and was shaken up on several plays, twice caus-ing him to leave the game to be replaced by junior backup Paul Lehman. Peterson finished with 254

Paul Lehman. Peterson finished with 254 yards on 23 of 46 attempts and had one pass intercepted. Lehman was 3 of 6 for 25 yards and no pick-offs. Stout's main stressors were

For homecoming highlights see pages 8 and 9 Photo by Blair Cleary

Point's Andy Chilcote (8 solos, 2 assists), Craig Verhagen (8,2), Tom Gaugert (6,3), Bob Burns (4,3) and Rick Roth (6,2, and 2 lackles for loss). On the offensive side of the ball, the Pointers got another strong effort by a relaxed Kirk Baumgartner, as he threw for 390 yards and five touchdowns on 28 of 45 attempts. The Colby senior quarterback also put a couple more records behind him with Saurday's output. He broke the consecu-tive pass-attempts. White and the consecu-tive pass-attempts without-being, intercepted mark of 124 for NCAA Division III, with his string of 139. Jack Trudeau, formerly of the University of Illinois (Division I), holds the record for any division, with 215 attempts. And he surpassed the NAIA career total for offensive out-put of 10,863 yards with his 10,965 total. Brian Ainsworth, formerly of New Mexico Hied

carcer total for offensive out-put of 10,863 yards with his 10,965 total. Brian Ainsworth, formerly of New Mexico High-lands, was the previous record holder. The Pointers jumped to an early 21-0 lead on two touch-down passes of 25 and 12 yards from Baumgartner to fresh-man running back Jason Sio-chio, and one to senior tight and Noehling for 25 yards. Peterson managed, however, to bring the Blue Devils back to within seven points with runs of eight and hree yards with 3:21 remains ing in the first half. But another Sicchio-Baum-gartner connection of 10 yards on a Stevens Point 14-play drive, and a Kurt Soderberg PAT run off a bobbled snap, put Point up 29-14 at intermis-ion. In the second half, it was two

sion. In the second half, it was two field goals of 37 and 33 yards by sophomore kicker Dave Schneider, and a 25 yard

Governor visits campus

by Julie Huss Staff writer

Governor Tommy Thompson and eight state legislators will be in Stevens Point to be offi-cially thanked for the secured increase in funding for the University of Wisconsin Sys-tem institutions October 12. An appreciation diamer will be held in their honor in the University Center that even ing.

University center that even ing. Leading the program will be UW system President Ken-neth W. Shaw and UW System Board of Regents President Paul Schilling. They will be joined by UW-Stevens Point Chancellor Keith Sander, UW

Chancellor Keith Sander, IUW Center System Chancellor Stephen R. Portch, Dean Marshfield campus and Dean George Newtown of the Marshfield campus and Dean George Newtown of the Marshford County campus is Wausau. Chancellor Keith Sanders commented, 'During the past geislative session, our area lawmakers and governor lis-need sympathebically to the needs of higher education and did what they could do to help us. 'The chancellor continued, Tublic officials are regularly asked to help their con-stituents but seldom thanked

for their work. This event is our way of expressing our ap-preciation." Members of thepublic who are concerned about the state's financial support of public higher education are in-vited to join the leaders of the UW System and dthe repre-sentatives of UW- Stevens Point, UW-Marathon County Center and UW-Marshfield/Wood County Center. A reception is County Marsaneld/wood County Center. A reception is planned from 6-7 p.m. in the LaFollette Lounge, followed by the dinner in the Program-Banquet Room. People inter-Banquet Room. People inter-ested in attending are invited to make reservations by calling 346-3915. The other eight legislators are the following: Senator David Helbach, D-Stevens Point, Senator Walter J. Chilsen, R-Wausau, Rep. Stan Gruszynski, D- Stevens Yoint, Rep. Marlin Schneider, D-Wisconsin Rapids, Rep. Donald Hasenohri, D-Pri-tsville, Rep. Brad Zwek, K-Mosince, Rep. Robert J. Larson, R-Medford and Rep. Gregory Huber, D-Wausau.

LAQs face scrutiny

by Jodi Ott Staff writer

Do you duink enough fluid to keep your urine a light yellow? Do you prepare to stop when traffic lights change from green to yellow? Do you use drugs only when neccssary? Do you feel there is a satisfy-ing amount of excitement in your life? Do you know your blood cholesterol level? Did you know that these are only five of the 255 questions asked on the Lifestyle Asseess-ment Questionnaire (LAQ)? You are required to fill one out as a health requirement of the university. You must have one completed before being serviced at the health center. If you have had a physical you may be exempt from taking it. The questionnaire is designed to help you, the student, asseess wour current level of unifereet

The questionnaire is designed to help you, the student, assess your current level of wellness. Each student's LAQ is kept on record for ten years. It is subject to subpeona. Student health center workers have ac-cess to it and the results be-come the property of the National Wellness Institute. "The results provide a valu-

"The results provide a valu-able data bank for our school

and other researchers. I think the health center thinks they're honestly sincere in giving the LAQ because they are helping people,' said Elliott Madison, lather Patriot of the student advocacy group, the Jacobins. But is the LAQ infringing on the rights of students? Do students really take the LAQ seriously? Twas a freshman when I tool the LAQ. I just filled it out to get it done without really paying, attention to it, said

get it done without really paying attention to it, said Amanda Scott, \simeq junior at UWSP. Before you take the LAQ, the instructions inform you to leave an item blank if it makes uyou feel uncomfortable answering Do you carry a weapon with you?

There are 173 questions under the wellness inventory section, 43 under the risk of death section and 39 under alert medical/behavioral/emo-tional. There are also 31 topics for personal growth that you can choose from to obtain in-formation about. A health task force has been set up to look into various

NEWS

Loans being paid back

by J. Patricks Contributor

Contributor The University of Wiscon-sin-Stevens Point's graduates only default on 44% of their Stafford Student Loans, Com-monly known as Guaranteed Student Loans). This is ac-cording to the US Department of Education who compiled the information for the 1987 fiscal year. "The default rate repre-sents the proportion of bor-rowers required to begin paying off their loans in fiscal 1987 who failed to make Joan payments in fiscal year 1987 or 1988." This was from an ar-ticle in the Sept. 20th issue of

1988." This was from an ar-ticle in the Sept. 20th issue of "The Chronicle of Higher Education." Ron Lostetter, UWSP Con-troller says those statistics, even though they sound good, they might be even better. "This article shows the worst possible scenario. There are "This article shows the worst possible scenario. There are 19 schools with a rate less than 4.4%, but that is a little mis-leading. It is based on the number of leans given out," said Lostetter. "Somme schools ahead of us have fewer than 30 students receiving these loans." It is like two baseball players, with one batting 2 times and the other 20 times. If the first gets 2 hits, and the second 18 hits, their averages would be 4.000 and 500 respectivy. According to their averages, the first batter is bet-ter, but he really isn't. Milwaukee Area Technical College had the highest rate of default in the state with a rate of 35.8%. It's important to keep the

detault in the state with a rate of 35.8%. It's important to keep the default rate down, "If the rate exceeds certain limits there may be implications for the students, which could include losing their loan eligibility," said Lostetter. Stevens Point, like all colleges and univer-sities has tightened its' academic requirements for the loans. This makes them har-der and harder to get. The higher student reten-tion rate and higher gradua-tion rate abows that students are getting more prepaired for college. These students, when they graduate, are more apt to pay off their loans.

SGA funds Jacobins

Last Thursday the Jacobins, a student voice group, went before SGA, the Student Government Association, for funding to cover the Jacobin's weekly newsletter.

In a fierce debate that lasted over two hours the Jacobins ended up with just under 200 dollars. That was roughly half of what they asked for in their initial request.

At one point the senate was in a deadlock over the question of Jacobin funding. President Leahy broke the tie in favor of the Jacobins, however.

After the meeting Speaker of the senate Andy Hauck said "This week I've been praised as a defender of free speech by as a uccenter of tree speech by the Jacobins. Last year they declaired me "Dead." Who knows what tomorrow will bring?"

Chilson advocates 21

"With so many complex issues confronting the legisla-ture, it's puzzling, that Wisconsin's legal drinking age is on the public hearing agen-da today, Senator Walter John Chilsen commented. Senator Chilsen (R-Wausau), speaking to the Senate Committee on Labor and Business in Madison exted "Statistics continue to

and Business in Madison rated, "Statistics continue to confirm that raising the drink-ing age has saved young lives. Since the legal age became 21 in September of 1986, the rate of drinking drivers age 19 in-volved in all types of report-able accidents has declined by 50.0%. Chilsen continued, "Even more significantly, if only acci-

dents involving fatatlities and injuries are measured, the rates declined 44.5%. "All fifty states have now es-tablished age 21 as the legal drinking age," Chilsen pointed dut. "To consider lowering Wisconsin's legal drinking age to 19 simply files in the fact of all logic."

The Wausau lawmaker said, Th's apparent that logic has nothing to do with the crazy, highly ridiculous idea of allow-ing 19 and 20 year olds to so-cialize in taverns, but not to drink. I doubt if anyone scriously believes that such a law could be enforced.

UC lobbies for students' rights

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by Elizabeth Lueders Staff writer

Organized in 1960, the United Council (UC) is the oldest student research and lobby group in the nation. It is completely operated and owned by the students. The UC makes a connection pos-sible between state govern-ment and the individual crudent

UC makes a connection pos-sible between state govern-ment and the individual student. The UC consists of the fol-lowing committees: Academic Affairs, Minority Affairs, Legislative Affairs, Women's Affairs, Directors, Shared Goverance and Presidents (this year's UC president being Jim Smith). The UC carries out several functions. One of these is re-searching issues of student concerns and distributing this information to the students. Some examples of this are: The Rainbow Connection," a publication containing a listing of minority programs, services, and organizations; 'Organiz-ing Mr. Rogers Neighbor-hood', a manual for student organizing on campus; and a Stu-dent Lobby Handbook, a guide to help students lobby their home and campus legis-lators. The UC provides stu-dents with many other informative publications. Another function of the UC is representing students across the state in the UW System in front of the governor, state Legislature, Higher Educa-tions Board, Council on Finan-cial Aids, UW-Board of Regents and UW-System Ad-ministration. The UC is a major student voice in govern-ment.

Enrollment is belowtarget

by Tony Gindt Staff writer

The University of Wisconsin-Stevens Point scored a near bull's- eye this fall in its planned enrollment reduction. The total headcount of stu-dents for the semester is 8,877, down 441 from last year and below the target of 9,097 estab-lished for the school by UW of-ficials.

below Inc target or 2,057 Estaty lished for the school by UW of-ficials. WW System officials, however, are most concerned about the full-time equivalent enrollment (FTE) statistics. Stevens Point s FTE count is 8,219 or 318 below last year and 55 above the targeted reduction planned for this campus. Regents of the UW System voted several years ago to reduce the FTE enrollment at all of its campuses by a total of 7,000 between 1986 and 1991 as a means of controlling state costs.

Registrar David Eckholm said, "I think we will be in select company this fall for our close-ness," referring to difficulties most compuses have en-countered making reductions.

"We missed our mark by only two-thirds of one percent," Eckholm reported.

Eckholm could not predict any further reductions in en-rollment after the targets for the fall of '90 have been met. He also felt the enrollment

numbers sought by UW offi-cials will be quite confortable at the UW-SP campus. UW-SP achieved its reduc-tions by continuing to have nertance requirements for new freshmen that are more strin-gent than at many campuses and have particularly tight policies for transger and re-centering students. The university will be retain-ing its standards for incoming students arriving in January and September, according to Eckholm, who serves on the school's enrollment manage-ment committee. The goal is to reduce overall enrollment by at least 200 and perhaps closer to 300 next fall for a total count of between 8,550 and 8,650. That reduc-tion is what is expected to be needed to meet the mandate ! FTE of 7,997.

As in the past several yerar, the number of new freshmen accepted next fall will remain at 1,700. They are required to rank academically in the top half of their high school classes or earn an ACT sore of 21 (22 by next year's testing proce-dure) or have a combination of 55 when the high school class presentile negle percentile ranking is added to the ACT score.

Transter students will need a grade point average of 2.9 or 2.0 if they have 54 credits

earned at a UW System Center of at Nicolet College in Rhinelander, Re-entering stu-dents must have a 2.0 gradepoint, which means that, if they were suspended for low grades, they must attend another school such as a UW Center to regain their Center to regain the eligibility to enter UW-Sp. their

Students who are accepted for fall semester will be re-quired to have registered for classes by the time freshman orientation sessions end, which will be in late July. The word continues from univer-sity personel involved in stu-dent admissions/recruitment: "Apply early."

GIVE SMOKING

A KICK

IN THE BUTT.



EDITORIAE

The "State of the Pointer" Address

by Blair Cleary Editor-in-Chief

My fellow Pointers, This is our sixth issue and the traditional time for the annual "State of the Pointer" address. How have we improved in the last 5 weeks? Is there space for further improvement? The reaction of you the people has been for the most part very positive. No one has one up to me and said "The Pointer's format stinks, go back to the magazine style of cover and dump the newspaper look." On the other hand several people have ex-pressed their approval with the return to the newspaper front page format. I will take that as sign my gambit paid off. Our computer type setting system is a mixed blessing. Our paper costs much less to put out, but the computer adds time to our production time. Part of the problem has been the fact that we were not used to working with it. Another problem is that our clunky old computer has a tough time with the program and is prone to crash at critical moments. We have however, become more efficient in its use, which money from account to ac-count) we can buy a new com-puter that won't crash and indeed, expand our ability to produce the paper.

The editorial staff's ability to do layout has improved steadily over the past few weeks. Our Graphic Editor has gone from "person who does almost the whole layout" to "person who comes in after we are done to correct layout" to "person who comes in after rest of us may one day be as good as he is at layout. (Or not.) We have started to get let-ters to the editor. Each week we seem to get one or two more. This has made it child-ishly simple for us to do a let-

We seem to get out of two more. This has made it child-ishly simple for us to do a let-ters-to-the-editor page each week. We love to hear from you and will really try to print every one of them you send in. Please continue to send them i-

To be confined to solid incluine Our news section is getting to the point of being "big city paper" quality. Last week in fighting for the lower drinking age. (We got the stevens Point Journal also on that same story, Ha.) Molly Bernas, our news editor, has also found some reporters who are more or less reliable. Our Outdoors section has a Our Outdoors section has a

Our Outdoors section has a new editor in the form of Brian Leahy. He is quite good at both finding material (not an easy task since he only has one reporter), and layout. The Department of Natural Resources has stopped send-ing material on a regular basis

so his job as information finder has been more complicated. Features lost its editor to personal time conflicts, but got

personal time conflicts, but got a new one from our outdoors section. Mary Kaye Smith (who always wanted to do fea-tures anyway) moved over from outdoors and has done a good job of transitioning from one job to the other. Kevin Crary in the sports section has a good group of reporters and a 'stay till the job is through no matter what' at-titude that has made sports a good section this year. The only thing people ever com-plain about in sports is that we don't use enough pictures. Well, take a look at the front page 1 page

Present take a look at the front page ! Speaking of pictures we have a good staff of photog-raphers under Annie k. Ar-nold. Their being good is balanced by the fact that our dark room is little better than "a room that is dark." Com-plaints that they may as well try to develop pictures with bearskins and lint spears are not uncommon. We also use a very poor film. Next week, however, we will be using a dif-ferent variety of film and the pictures should look a little better. Our add staff under Dave

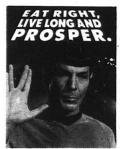
Dur add staff under Dave Our add staff under Dave Conrad gets to take the brunt of the guff from people whodidn't like their ad Tor one reason or another. We seem to have fewer adds this week than usual but I'm sure

David and Paul will have more for us next week. Domino's has our back cover pretty much through Christmas so get used to them. (Their Pizza isn't half bad.) Our budget and computer system are curping more or

to them. (Their Fizza isn't hall bad.) Our budget and computer system are running more or less smoothly thanks to our business manager/computer tamer Tim Bishop. If only he could find us some damn x-acto knives in his mountain of catalogs and order forms he would be the perfect business manager. (Honestly though, without him our crudy com-puter would have gone belly up long ago.) Although we don't get much feedback on the Pointer the lit-tle we do get back indicates our cartoonists Brandon Peterson and Kyle White do good work. I see their cartoons hanging up in places around the university. The typesetters, Jill, Rence, and Rhonda, are all very im-portant to our typesetting process: Each week the three of them type the majority of what you see here into the computer to be transfered into newsprint. All in all, the general paf-tern here at the pointer is some quality tools (and a copy editor) and the University of Wisconsin-Eau Claire's paper (the best in the state as best 1 can judge), had better watch out!



When you party,





Letters to the editor will be accepted only if they are typed, signed, and under 300 words in length. Names will be withheld from publication only if appropriate reason is given. The Pointer reserves the right to edit letters if necessary and to refuse to print letters not suitable for publication. All correspondence should be addressed to The Editor, Pointer, 104 Communications Arts Center, UWSP, Steven's Point, WI, 54481. Written permission is required for the reprint of all materials resented in the Pointer.

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Pointer Page 4 Thursday, Oct. 12th, 1989

LETTERS

WHO are the economic terrorists?

Last week Mary Kneebone of Recreational Services responded to Father Patriot's charge that "economic ter-rorism" is being execrcised by Food Service. In her startling revelation she acknowledged what the Jacobins has suspected all along-that you, the students, are being vic-timized by economic extroition. We had hinted that perhaps the inflated food prices were in place to accommodate hidden costs for other programs kept secret from the student whose wallet was being tapped. But roocence and pretended to believe our: suspicions were unfounded. The retter to the Pointer she everals our suspicions were unfounded. The retter to the Pointer she evenaled, "I. see the cost of our operation free system and student seg, fees." Fur-thermore, she said the service she manages operate at a financial loss. But wait, there's more! Kneebone continued, "While a student might pay.40

more! Kneebone continued, "While a student might pay .40 cents for a cookie or .63 cents for a soda, the same student can rent a cance for half the cost a private outfitter would charge." Well Whoopce!! Gosh that makes up for a lot. Just knowing that by being in the Corner Market last week,

some student can rent a cance for half price this month chan-ges everything. Yoohoo! Is anybody home in there? You don't really expect us to be ap-peased by this ridiculous ar-rangement, do you? Just think, if your body needs nourishing and you don't quite and you don't have enough money to buy one of those healthy sub sandwiches, you can instead go down to rec services and shoot pool for an hour. Bring a little ketchup and try munching on a cue ball for lunch...it's cheaper than a sandwich. Perhaps you would like to try a canne with a hint of mustard, after all, you're sup-posed to appreciate those in-flated food prices and reduced rec. prices.

liated lood prices and reduced rec. prices. Actually, initial research into the records over at rec ser-vices revealed that students are not renting equipment, canoes, skis, water bottles, or tents very much at all. The overwhelming amount of ser-vice rendered by rec. services is, you guessed it, BIL-LIARDS! No wonder they operate at a loss; we're sub-sidizing Willie Mosconi wanna-be's. The relatively miniscule number of students who ac-tually take advantage of these misplaced lood dollars in rec.

services don't need to be sub-sidized by the tens of thousands of hungry students who get ripped off by food ser-vice and choose to STUDP' in their free time. Why are the profiteering of the students. Tood Service should not be profiteering off the students, Students should be able to get affordable, sane prices on food and the same student should

Students should be able to get a affordable, sane prices on food and the same student, should he or she choose to rent a cance, shoot pool, or go blind on video games should also pay a fair price and not expect to get a discount. It is ridiculous to pretent this current arrange-ment makes sense. The Jacobins propose that the food prices be cut in half and the cance prices doubled. We shall take this proposal to the students to see whose arrange-ment they prefer. Ms. Kneebone, thank you for volunteering the information that so many tried to keep from Us. Other servers the time on the source of the to the set of the store of the servers the set of the

us. Other programs being sub-sidized by your food dollar will also be investigated. You all had better get your stories straight, because the Jacobins are coming!

Love The Jacobins

Protect your rights

This week in SGA, your senators will be voting on whether or not you as students will be allowed to retain your right to information.

A resolution written by Senator Mike Mikalsen effec-tively state that the students of this campus will no longer be allowed to obtain informatoin on all their reproductive op-tions (this would include birth control, adoption, abortion, health care, etc.).

Senator Mikalsen's resolu-tion is a response to a platform resolution by the Women's AF-fairs committee of United Council, which stated that Women's Affairs Directors are allowed to "...help interested students maintain their right to reproductive choice."

The Women's Affairs Com-mittees use of the word choice was intended to encompass all reproductive options, as stated above.

Some senators of our SGA, however have interpreted this as a "pro-choice" stance for U.C. and our SGA--which it is

Noting that the use of the word "choice" was objec-tionable, the Womens' Affairs Committee of SGA has sub-mitted, in conjunction with a few senators, a resolution of their own, which changes the wording of the platform resolution to allow campus women's affairs directors to "...help interested students ob-tain information concerning all their legal rights and options in the reproductive process."

As Women's Affairs Direc-tor of UWSP I see Sen. Mikalsen's resolution not only solucircous, but as an absolute violation of all fundamental democratic principles that our SGA operates under. Stu-dents need to attend this SGA meeting on Thursday night to let the Student Senators know

that you as students, will no longer stand by and let your rights be taken away piece by piece.

As Women's Affairs Direc-As Women's Affairs Direc-tor, as a student, and as a mem-ber of SGA, I urge students to attend this SGA meeting Thursday 9:30 pm. in the Wright Lounge (UC building), to stand up for your right to speak and your right to keep open the channels of information from your student government representatives to you.

Jennifer Smith, Women's Af-fairs Director

Men's Affairs?

Dear Editor.

I have been a student here for a number of years and have from time to time sat in on student government. Recently they discussed the new UW system law that punished students for making racial remarks.

I don't see myself as a racist but I see an ugly trend against the first amendment developing

My question to SGA is this: Are you going to make a stand on this or have you already done so? If not, why?

I have a second question as well. SGA has a Women's affairs committee and a Minority Affairs committee. Is it discrimination for you not to have a Men's affairs committee? I think that since we are a minority in America (49%/51% male to female ratio) we should be protected by a committee like everyone else and in fact. I feel discriminated against!

Name withheld upon request.

This is a response to the let-ter regarding Choice Eating in Debot and Allen Centers. You can eat healthy at every meal, every day in UWSP dining halls. Our mission in Student Life is to give you the information necessary for you to make choices leading to a successful career here on cam-pus and in your future life.

One of the ways we give you information is by the color coded Pie Charts which indicoded Pie Charts which indi-cate the protein, carbohydrate and fat content of the foods served in the cafeterias. The informational table tents ex-plain what each color repre-sents and what the maximum proportion of fats your daily caloric intake should include.

Another way for you to determine how to make nutri-tion wise choices is to check the Best Meal Deal in the

our chance to be heard ...

104,

All letters must be legible and addressed to The Editor, Room

Communications Arts

Daily. Meal selections which follow U.S. Dietary Guidelines are indicated for each day's cafeteria menus. These choices add up to a low fat, high fiber daily intake which meats unvertibilities of the meets your nutritional needs. The personnel at Food Ser

Debot and Allen, not as bad as they say.

the personnel at rood Ser-vice cares about your well-being. Thier efforts towards promoting your personal health include: -serving whole grain cereals and muffins at breakfast

-this semester whole wheat bancakes have been added to

the menu the fruits on the salad bar are packed in low sugar syrup

or water -all lunch meats are low fat -an function turkey -dairy items on the salad bar

are low fat -no whiteners or preserv-atives are added to fresh fruits and vegetables

-whole grain breads are of-fered at every meal -a mixture of ground turkey and beef is used to lower fat content of menu items -bakery items contain half the sugar of traditional recipes

the sugar of traditional recipes no butter, or margarine is added to steamed vegetables] -the salt content of soup and sauce bases has been reduced You can see that the food service has been quite innova-tive in bringing you healthy food choices. You would like to see Choice Eating entrees every night? I'll do my best to bring that about. We welcome your input. Come visit 'me in com 201 at the Health Service and we'll talk about your con-cerns.

Stephanie Whiting Wellness Coordinator

I Support Elliot

Dear Editor, This letter is in response to the letters that have been slam-ing Elliot Madison. I, for one, support Elliot in his cam-paign to awaken and calighten the campus populace. I think it's about time we take off our rose-colored denial laden glas-ses when it comes to issues such as the environment. Denial as a defense mechanism is not ming to he

Demai as a defense mechanism is not going to be conducive to our survival as a species 20 years down the road if we don't take the time to plant trees and CFC's are still polluting our atmosphere. What are we going to say to each other then. T didn't think it was that bad?"

I also support Elliot on the free speech issue. This country was founded because a Mary J. Korbal

group of brave people dared to take a stand against their government. If they had lain back in apathy, the U.S. would not be the free country it is today. Let us not forget that our roots lie in the freedom to agree or disagree. We all know what happens when-freedom of speech is sup-pressed and China is an ex-ample of this.

Finally, I want to say that I don't give a hoot what a person wears. It's the inner qualities and personality of a person that count the most. The out-side is just a covering for the "real meat of the potato." So, Elliot, I say to you, keep on fighting for my rights. If you want to call a spade a spade by my guest!

my guest!

Do you have an opinion? a Center. rebutle? something important for everyone to know? Here's

UWSPeaks

Letters should not exceed 300 words in length. The Pointer reserves the right to edit letters if necessary and to refuse to print letters not suitable for publication.



150 Paularino Ave., Suite 190, Costa Mesa, CA 92626 1-800-441-2337

Beer Drinkers of America is a non-profit consumer membership organization open only to persons over the age of 21.





Pointer Page 6 Thursday, Oct. 12th, 1989

OUTDOORS

Prepare for gun deer hunt now

by Brian Leahy Outdoors Editor

The first light of November 18th marks the start of the 1989 version of Wisconsin's nine day gun deer season. Hunters will venture into fields, woods and swamps throughout the state with the intent of filling their tags. Some hunters will find success and have full freezers as proof.

Other hunters will not be suc-cessful and they will have only blisters to show for their ef-

forts. The major factors seperating successful unters from unsuc-cessful ones are preperation and planning. Check your equipment. Fau-ty equipment hinders perfor-mance.

Check your rifle or shotgun. Does it work? Is it sighted in? Scope mounts and iron sights

get bumped and moved. En-sure that your weapon is dead on target by going to the range. Sight your rille in. Be sure to use the same make and load of ammunition as the one you will hunt with. After you sight your weapon in practice with it under field conditions. Shoot offhand at targets and from any other position you think you will likely y use during the season. Remember you won't be

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Troy Huffman became the first person to submit a photo of his trophy to our outdoors section. Troy got his deer, a nine point buck, on the opening day of archery deer season, Sept 16, 1989. He got his deer in Marquette County. Other hunters are encouraged to submit their pictures of hunting successes to the Pointer at 104 Communications Build-ing, UWSP Stevens Point, WI 54481. A self addressed envelope with a stamp on it should be included if you want the picture back.

shooting off a benchrest with sandbags come opening day.

suboling on a contained and sandbags come opening day. Check your clothing to see if any thing needs repair. If you need to buy new long underwear buy it now when you can still find an assortment of sizes in the season everyone else will be trying to find some. Wash your coat and other outer wear with unscented etergent and hang them out-side. They need to smell natural-- not like beer and

side." They need to smell natural-- not like beer and cigars. Now is also the time to search the house for those small items that easily get misplaced. Items such as your knife, cartridge holders, compass, survival kit and flashlight. If you haven't already scouted the time to do it. First determ-ing the general area you will hunt and then subdivide it into specific areas. Walk through each area. Don't limit yourself to walking on the main trails. The deer won't. You want to learn as much as you can about each nook and cranny. Pay atten-tion to details. Look at the different species of vegetation. Sketch a map of the area. It will assist you in determining possible escape routes and bedding areas.

Remember the deer live there year round. They know the area better than you can hope to. No amount of knowledge about your hunting site can be too much.

too much. Once you have gained a good understanding of the area choose where you will have your stand. Be confident in

your location. Having con-fidence will cut down your urges to leave when im-patience sets in. Even if you have hunted the same area for years it still pays to scout every tear. Things change, You could feel kind of foolish opening morning if you find your favorite stand in the middle of a new logging road. If you hunt public land and crowds bother you it would be

crowds bother you it would be beneficial to find a few alterna-

beneficial to find a few alterna-tive sites. Areas that are deserted most of the year may be parking lots opening day. When planning try to be as conprehensive as possible. Try to think of any problems that may arise and then think of how they can be avoided or overcome.

of how hey can be avoided of overcome. If you are traveling to a hunt-ing cabin don't overlook the operation of the hunting camp. Split the wood furnace wood now. You can scout at the same time.

Armies travel on their stomachs and hunters hunt on their stomachs. Plan your menus before you go. It is also wise to buy food and supplies before you leave. In smaller towns strores may be closed or have odd hours during the season. The workers want to hunt just like most everyone else.

else. Also determine who will do the cooking. You don't want to find out Saturday morning you were "appointed" cook after you fell asleep last night. Transportation is also impor-tant. The logging road that the BMW drove on last summer may a snow covered iced

Continued on page 10

by Timothy Byers

The Sierra Club has filed suit against the Exxon Cor-poration claiming that the oil company's cleanup efforts at Prince William Sound in Alas-ka have been a dismal failure. The Club joins eight other plaintiffs in the legal action. They say that cleanup efforts to date have been cosmetic only. date have been cosmetic only. Other concerns are Exxon's evasive answers to questions about continuing the cleanup next spring and a declaration of Exxon's liability for civil damages. Exxon's cleanup ef-forts ended this September and the oil giant has made it clear that the decision to resume in the spring will be their's alone. their's alone.

A planned hotel on the Grand Canyon National Park's North Rim has been blocked, at least for a while. The Na-tional Park Service had signed contracts for the 100 unit facility before conducting an environmental assessment of the project. Court injunctions were issued to free documents and halt the start of construction until a trial can be used as see if an environmental impact statement is needed. The project itself seems to fly in the face of Park Service goals to keep the North Rim in a pris-tine condition to balance overdevelopment at South Rim.

The exodus of East German citizens to the west is also bringing with it a "rolling stink bomb." The nickname is given bomb.⁴ The nickname is given to the two-stroke, air-cooled Trabant, a small car manufac-tured in East Germany. The nickname was given to the cars more than 30 years ago when they first began rolling of the cars more than 30 years ago when they first began rolling of the cars so as not to overburden fleeing levels but is accepting the cars so as not to overburden fleeing East Germans. Czechos-East Germans. Czechos lovakia banned imports of the "Trabbi," as they are called, in 1985

Holding tanks and septic systems are a way of life for many in rural Wisconsin, but many county sanitarians are overworked and unable to keep up with inspection demands. A resident's group around Lauderdale Lake in Walworth County says that that laxity is allowing extensive contamination of the lake. It is deneva and consists of four narrow, connected bodies of water. Initial tests and lake monitoring have been done by the group and they say the sanitarian should have addressed the situation by now. The snaitarian's response is that his office has had no time to get to it.

As reported in Eco-Briefs previously drift nets are ex-tremely good killers of both target and non-target species in the deep ocean. Now Japan says that it will cut its use of the 30 mile-long nets by two-thirds. Sea birds, seals, and dolphins are among the non-fish species swept up in the nylon nets. The action comes as the result of pressure brought to bear on Japan by 15 South Pacific and Western na-tions. They say the practice is "indiscriminate, irresponsible, and destructive."

Scientists say the hole in the earth's ozone layer may grow. The hole is now over Antarctica and may get worse in the next few months. The record for ozone depletion over Antarctica was set in 1987. Depletion over the The 1987. Depletion over the southern continent occurs in the winter but has so far restored itself in warmer seasons. Ozone is important because it forms a protective blanket against harmful ultraviolet rays from the sun. Excessive ex-posure to ultraviolet light is thought to be a major cause of skin cancer.

*** The desert tortoise has been listed on the U.S. federal register of endangered species. The move stops a planned housing development near Las Vegas in its tracks and puts other developments in jeopardy. Nearly 3,000 people move into Las Vegas every month to work in the casino industry. The listing makes it illegal to move or harm the tortoise. Local offi-cials are thinking of drawing up \$250 per acre tortoise fees hat would help pay to protect habitat. habitat.

+++

The two biggest manufacturers of pianos will stop ac-cepting new ivory for the production of piano keyboards. Yamaha and production of plano keyboards. Yamaha and Kawai say they will halt im-ports of ivory and will use up existing stocks only for very ex-pensive luxury planos. A plas-tic replacement will be used on most keyboards which is not inferior to ivory in function. A little over 2,000 pounds of ivory had been used for piano production yearly by the two companies. Japan is still the world's biggest ivory consumer at 100 tons in 1989.

Government official say the biggest obstacle to cleanups in the Great Lakes' dirtiest areas the Great Lakes' dirtiest areas is cost. A recent 45 page report says that \$3.4 billion will be needed to cleanse the 10 most polluted lake sites. Four of the sites are on Lake Michigan and include the lower Fox River and Green Bay, Milwankee Harbor, Waukegan Harbor, and the Grand Calumet-Indiana River Harbor. Contaminated sedi-ments are the biggest ments are the biggest headache followed by leaking landfills and hazardous waste

CO-BRIEFS



Editorial: Autumn

by Brian Leahy

Outdoors Editor

Gone are the days of carefree fun. The beaches are all closed and the outdoor pools are all drained. The lakes and rivers are too cold for sober swimming. There will be no more water sking or natural sun tans this year. Ex-cept in California, the baseball stadiums are empty it is time

cept in California, the baseball stadiums are empty. It is time to put away the shorts and sunscreen. Summer is over. Replacing summer is autumn and another semester's responsibilities. When free time can be found autumn is a season that offers menu deliver. It is the state of the second autumn is a season that offers autumn is a season that otters many delights. It is the season of hunters. For the bird hunter, walking through thick-ets with a shoigun and a dog is a peaceful moment of escape. The bowhunter keeps a vigil on a tree stand for his method of experiencing autumn. The waterfowl hunter chooses to earch the key from a blind for

search the sky from a blind for

The fisherman takes his boat out one last time in a quest for a trophy. Fall is not just a season for the hunter or the fisher. Fall offers pleasures for all.

Sports fans have the world series to watch and see if the boys of summer can be Mr. Oc-tobers. Football, another autumn tradition, is also here.

Many opportunities exist for outdoor fun. Hiking and biking can be more enjoyable. The bugs of summer are now long gone.

But the obvious event is the fall color. Once green leaves now turn brilliant shades of red and orange as they enter their dying days. In their death they give us gracious good byes in colors that last for too brief of a moment.

Soon successive gusts of wind will rip the individual leaves off the trees. They will blow around for a while, then flutter to the waiting ground and become part of the brown forest floor with other dead remnants. Decay and mineralization will return their nutrients to the soil for use by later generations. Natural sys-tems do not waste. Ashes to ashes. Dust to dust. But for now let us enjoy their colors.

Obey discusses enviroment

OCONOMOWOC, Wi-7th District Congressman Dave Obey said today that regulatory agencies have to recognize that small units of government cannot respond to problems in the same way as urbanized areas. Speaking at a noon lunch-con at the annual meeting of the Wisconsin Towns Associa-tion at Olympia Village in Oconomowoc, Obey said he has been working to make sure that small townships will be able to meet stiff new require-ments on landfills being nromuleated by the Environ-

able to inter sim her requires ments on landfills being promulgated by the Environ-mental Protection Agency. He noted he had arranged a meeting between EPA officials and Wisconsin Towns As-sociation members last month to give the towns officials an opportunity to express their concerns over the implemen-tation of the regulations first-hand. One of those concerns is over the length of time local units of government will have to bring their landfills into compliance once EPA final-izes its rules. Obey said that since Wisconsin has a short construction season his office

is pushing the agency to be reasonable in setting dead-

reasonable in setting dead-lines. Obey also discussed a num-ber of other issues important to towns throughout Wiscon-sin. He expressed the need for comprehensive solid waste legislation, which will, among other things, help smaller com-munities which are trying to start, recycling programs find markets they need so there is a demand for the recycleable materials. Without adequate markets, well- intentioned recycling efforts could grind to a halt." In said. On wet another matter.

a halt." The said. On yet another matter, Obey told the group he is spon-soring a bill to help small gas station owners obtain in-surance coverage for under-ground storage tanks. The fegislation would amend the Solid Waste Disposal Act by reducing the amount of in-surance a tank owner must ob-tain from at least \$1 million to \$500,000 if the tank owner sells less than one million gallons of gas a year and there has been no evidence of toxic leaks from the tank.

Guest editorials welcome

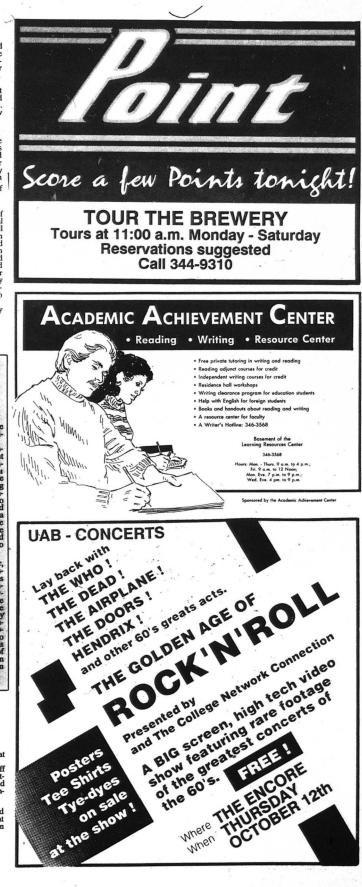
Guest editorials are wel-come and encouraged in the POINTER outdoors section.

Voice your opinions and share your insights with the en-tire student body. You can comment on various environ-mental issues of your choice. The issues can be of global, na-tional, state or local signif-cance.

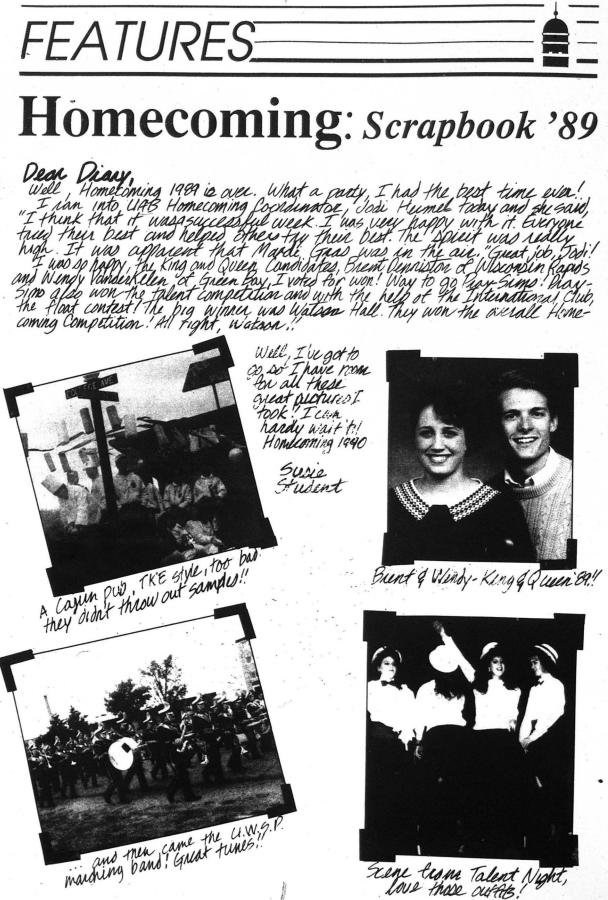
Editorials shoudl be sub-mitted by 5 p.m. on Monday to

ensure prompt printing in that week's POINTER. Also, additional staff writers are needed for the out-doors section. Don't be afraid to share your outdoor adven-tures with the public.

Questions can be answered by calling the POINTER at 344-3707 or stop in the office in room 104 CAC.



Pointer Page 8 Thursday, Oct. 12th, 1989



Scene tism Talent Night,



Pointer Page 10 Thursday, Oct. 12th, 1989

Paul Palambo celebration raises scholarship money

"The word 'celebration' ruly describes this event," said Robert Rosen, faculty member at UWSP and coordinator of the Paul M. Palombo Celebra-tion of the Arts which occurred Saturday, Sept. 30 in the Fine Arts Center. "It has long been a desire of the ge of Fine Arts and Com-munication to host an event which would reflect on Paul Paul Paul Arts and the the arts in Central Wisconstin. We dicided to have the program serve as a fund-raiser for projects in the college. He was prot shy as an advocate for our prot shy as an advocate for our processing the college. He was prot shy as an advocate for our processing the college. He was prot shy as an advocate for our processing the college. He was prot shy as an advocate for our processing the college. He was prot shy as an advocate for our processing the college. He was prot shy as an advocate for our processing the second the sto

"But we also wanted this to e a joyful experiencce for oth the audience and the per-ormers. We did not want the "But we also wanted this to be a joyful experience for both the audience and the per-formers. We did not want the concert to be a 'memorial' as such, but rather a 'celebration' of what the college was able to accomplish under Paul's leadership and also of his strong support of the arts in all forms." Palambo died on July 4.

strong support of the arts in all forms." Palambo died on July 4, 1988 after serving six years as the dean. "When woard went out to the faculty, we had an over-whelming response from people who wanted to par-ticipate. We were able to put together a fine program which actively involves every depart-ment in the college. It also reflects Paul's influence in promoting amateur and

semi-professional artists in the state, "Rosen said." The Paul M. Palombo Celebration was a great suc-cess according to Rosen. He said, "If went very well. We had an excellent attendance and every one had a good time. Money was raised for scholar-ships and the comments we received were good." The scholarship money received from this event will be used to support students within majors in the Fine Arts and Communications fields, thee exact beneficiaries and departments have yet to be determined.

Some of the performers in the concert program included: sion duo composed of Rosen and his wife Andrea Split-torger-Rosen who performed "Canto d'un Altra Volta," a vice composed by Palombo, a felly Roth and Joan Karrlen, of the dance faculty who per-formed, a dance duet; tenor fames Moe, chairman of the Division of Communication, who sang Puccini's "Che gelida marina" from "La Boheme," accompanied by paianist Nancy Bangstad, musical theatre students, who staged a musical reve num-by Terry Alford of the UWSF faculty, C.Y. Allen, a member of the Communication faculty told a story centiled "The Tie That Binds," and "Don Greene and the Divisiand Al Stars," a faculty jazz group

Deer From page 6

upped series of rut and rocks come late November.

Be sure to plan the actual hunt. As with any organization know your personnel. Some will be die hards, some will be fair wather hunters and the others may only see the woods when they hike to the out-house house Determine who will hunt

where. If you plan to stage a deer drive determine what time and where hunters com-ing off their stands will meet. Also plan on how to get your trophies out of the woods and back to the cabin. Finally, plan on having fun.





*Watch for appt. sign-up in Debot, Allen and U.C. Don't forget the bloodmobile

Give blood U.W. Stevens Point Oct. 17 11 - 5 American Red Cross Oct. 18 9 - 3 Oct. 19 9 - 3

Homecoming talent show highlighted

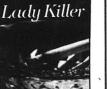
by Jessica Hochschild Contributer

What a gallant event it was! The talent show, which is an annual event of homecoming, took place last Wednesday night. Eleven organizations participated, making this con-test one of the most exciting ones! The event took place in the UC-Program Room at 7:00 p.m. p.m

Each of these organizations ossessed pizazz, enthusiasm, possessed pizazz, ensustanti, and creativity. Some of the talents included a jazz band (Hansen Hall), a fortune teller skit (Roach Hall), and a song and dance ensemble (Neale Hall) and d Hall).

Thai). The crowd also made this evening exciting. Pray-Sims Hall, Neale Hall and Watson Hall had very large, en-thusiasitc crowds to cheer them on to victory. Hansen

Hall and Roach Hall also had: a large number of supporters. The crowd's roaring could be heard throughout the UC. As the evening wrapped up, the anticipation grew. Who would win this event? After the last act had gone, there was a 10 minute wait as the scores were being tallied. The were being tallied. The anxious crowd waited patient-ly. Finally, the top six winners were 19. Finally, the top six winners were announced. Pray-Sims Hall took first place, Neale took second, Watson took third, Hansen placed fourth, Roach placed fifth and Thom-son Hall placed sixth. Each of these Halls were well deserv-ing winners.





UBRAT meets for higher performance

by Tom Woyte

Meet the University Bicycle Racers and Triathletes (UBRAT). Club UBRAT promotes the interaction of athletes with others of similar interests, specifically en-durance events such as run, bike, swim, and triathlon. Members reach a higher level of athletic performance through various training activities promoted by the club.

Training programs include weight lifting, stationary bicycling, swim, run, and ski workouts throughout the workouts throughout the winter. The support from training partners has helped many UBRAT members achieve personal best performances.

The club is a great source of training and race information. Guest speakers and videos increase members' understanding of the various sports, while providing a little extra motivation. We meet bi-

weekly to discuss training and upcoming races, organize races, and above all, to have some fun.

You are welcome to attend the next meeting of the Univerthe next meeting of the Univer-sity Bicycle Racers And Tri-athletes, Thursday, Oct. 12 at 7:00 p.m. in the Red Room of the U.C. It will be a brief infor-mational meeting to discuss the possibility of holding a second-annual Best of the Midwart Criterium in Stanaer Midwest Criterium in Stevens Point, and a second annual Triathlon Challenge.

We are looking for a few good people who would be interested in running for office. The UBRAT Club had 45 active members last year, up from 20 the previous year. Lets keep the momentum going. If you are interested, don't miss the meeting. For further information, give Tom a call at 341-8505.



Nationally Known Comedians From HBO & Showtime

You Sing The Hits Starts At 8:00 p.m. Pointer Page 12 Thursday, Oct. 12th, 1989

PORIS

Lady kickers blank top teams

by Jeremy Schabow Sports Writer

Intense, Dynamic, Powerful. These three words adequate-ly describe the Lady Pointer soccer team in detail and with each victory they achieve, the team vigorously climbs the lad-der of success 14 thas been a sensational season and they have the wins to prove it. On October 4th, UWSP chan-pioned over 5t. Norbert with a final score of 4-0. In defeating them, a surge of tremendous triumph and spirit prevailed throughout the team. Suzt Lindauer kicked one of the goals, Lynn Olson two, and Barb Updegraff another. As-sists go to Krista Soto, Aimee Jerman and Lindauer. The Lady Pointers had 29 shots on their opponent's goal, while St. Norbert had 15. Nine saves were made by goalie Lisa Mortenson. Head Coach Sheila Miech ex-pressed her views on the con-quest. This was the most exciting

quest. "This was the most exciting game in the three years of Var-sity action for this team. St. sity action for this team. St. Norbert is ranked 5th in the West Part of the country, recently beating two Division II schools-- UW- Green Bay and UW-Milwaukee. "We knew we had our work cut out for us and were ready to play them, Our intensity and consistency was one of great desire today. The whole

team played incredibly well and deserve a lot of credit for not letting a team like St. Nor-bert intimidate them."

hor tothing at call the set. Not-bert initialitate them." Their next action pit the team against Grinnel Iowa on Oc-tober 6th. The Lady Pointers earned yet another feather in their cap as they conquered over Grinnel with a score of 1-0. Updegraff acquired one goal while Lin-dauer an assist. Twelve shots by UWSP were made on their challenger's goal and thirteen by Grinnel. Twelve saves belonged to Mor-tenson.

Twelve saves belonged to Mor-tenson. "Grinnel is the quickest team we have seen all year," com-mented Coach Miech. "We needed to play a tough defen-sive game to beat Grinnel and we did just that! Before this week I knew we were going to find out what this team was made of by playing two highly thought of teams in the Mid west, St. Norbert and Grinnel. Our 4-0 victory to St. NOrbert and the 1-0 victory over Grin-nel, combined with our hard work and positive attitude has moved us into the position to a strate team. moved us into the position to be a ranked team in the Mid-

be a ranked team in the Mid-west. Tremendous effort and con-sistency has come from our defense - Molly Sweeney, Keri Du Vall, Colleen Gottsacker, Jill Kieliszwske, Kaylene Peterson, Anne Mrochinski and Jenny Bergman. (They al-lowed no goals to be scored on us all week). "Lisa Mortenson continues to

improve and is doing an out-standingjob for us in goal. Our attacking power is provided by a talented group of women-Diane Huebschen, Barb Up-degraff, Lynn 'Olson, Suzi Lindauer, Kristi Soto, Aimee Jerman, and Heather Got-tschalk."

Two days later UWSP rivaled Knox Illinois and once again, defeat for the opposing team was inevitable.

The Lady Pointers masterful-ly carried the day and, with determination and coopera-tion, beat Knox Illinois. The final score stood at 6-0. Lindauer took control of two of the points, Olson one, and Updegraff another. Assists belong to Lindauer, Up-degraff, and Aimee Jerman.

UWSP delivered nineteen shots on Knox's goal while Knox, itself, had eight shots. Goalies Mortenson and Patty Radke made three and five saves, respectively.

Coach Miech said, "all my players saw a great deal of playing time. Joel Schultz and Paula Welzin played with ex-treme intensity and were a con-tributive factor to our victory against Knox."

Point's record is now 9-4. The Lady Pointers next games are on October 8th against Osh-kosh and October 14th against Beloit

Women runners get team effort, men get bad breaks

by Tom Woyte Sports Writer

The Women's Cross Country team placed sixth with 153 points at the University of Minnesota invitational. A total of 13 teams competed. South Dakota State won with 62 points, while Augustana, S.D. (78) and UW-Milwaukee (100) placed second and third. UWSP's top runners include Jenny Schoch, 11th in 18:47, Beth Weiland, (20th 19:20), Cindy Ironside (20th, 19:30), Aimec Knitter, Nancy Kor-tenkamp, Suzy Jandrin, Kris Helein, Marta Sullivan, Becky Mears, Tami Langton, and Debbie Bartz.

Mears, Tami Langton, and Debbie Bartz. This was a great team effort." said Head Coach Len Hill. They worked together really well, especially Aumee, Nancy, Suzy and Kris. The back of our pack moved up and is able to help each other out." Coach Hill said Minnesota was a tough meet, as all but three schools were NCAA Division II scholarship schools. He was satisfied with the team's performance. "We accomplished much of what we need to make this team good. We still have some work to do, but we are getting close."

close." — De la gatung Pointer Runner-of-the-Week is Beth Weiland, a senior from Oshkosh North. Beth keeps getting Fetter each week, 'Hill said. 'Sh 'sas a great atitude and will be a tough competitor in the con-ference, regional, and national meets."

The men traveled to Notre The men traveled to Notre Dame where they went up against some tough NCAA Division II and III teams. UWSP placed 8th out of 22 teams. Notre Dame took the title, followed by the Univer-sity of Rochester, and North Central. Top runners for the UW-Stevens Point men's team in-clude: Kim Lasecki, (25th 24:19), Matt Hamilton (34th 26:27) Kevin Mahalko, Bill Dean, Rick Hruby, Jason Ryf, Colin Albrecht, Dave Jackson, Craig Staab, and Shawn Meinke. Coach Rick Witt was disap-pointed with the team's perfor-mance. He said the team fell it was, 'not a true indication of the type of team we have.'

"We did have a couple of bad breaks as two of our top five runners did not finish. But, I do not want to use that as an ex-

John Ceplina had a sore leg and he and Coach Witt decided that he not run. Rob Sparhawk got knocked down in the first mile and twisted his knee. Sparhawk is now recovering on crutches. "Even with those men out," Witt said, "I feel that we were

Witt said, "I feel that we were capable of being in the top five teams. We did have some of the men run well, including Mahalko, who ran steady as a freshman, and Albrecht, who ran his best race of his career, and Hamilton, who has im-proved each week."

Coach Witt said the meet was very positive respect.

"Some good things came from the meet and we were able to key in on some things that we feel need to be changed next week if we are to reach our goals. Each athlete now knows what they need to expect from the mselves for our team to run the best in the WSUC and NCAA III. We learned a lot and will improve. I would like to think that this meet was like kicking a nest of hornets."

Matt Hamilton a sophomore out of Evansville, was named Pointer Runner-of-the Week.

Women's Volleyball get Stout first conference win

by Dean Balister and Dan Wittig

The UW-SP Womens Vol-leyball team was very busy last week competing in a dual meet and the Oshkosh Invitational

In the dual meet the Lady In the dual meet the Lady Pointers lost a very exciting 5 game match to UW-LaCrosse. The scores of the match were (3-15), (6-15), (15-12), (15-10), and (7-15).

Head Coach Nancy Schoen Stated, "we made a great come-back after losing the first two games, but once again, incon-sistent play hurt us. We're playing in streaks right now where we are very good or very bad but it's all coming around."

The top servers for the match were Chris Ritzer 3 aces, 2 er-rors, and 14 attempts, and Denise Starke (4, 3, 23).

The top spikers were Dawnette Updyke 6 kills, 2 er-rors, 20 attempts, and Starke (6,2, 25).

The leading blockers were Updyke 1 solo, 6 assists, 1 error, Starke (3, 2, 1), and Jodi Geisel (3, 2, 0).

In the Oshkosh Invitational the Pointers played well, and had a record of 2-3. The Pointers lost to Viterbo (2-15), (11-15); Carthage (9-

15), (14-16); and Alaska-Pacific (7-15), (2-15).

The Pointers defeated Ripon (15-7), (15-6); and UW-Plat-teville (0-15), (17-15), (15-11).

The top servers for the Lady Pointers were Tammy Kuester 37-of- 37, 4 aces and Melissa Johnson (37-38, 5).

The leading Pointer spikers were Kuester 53-of55, 20 kills, 327%; Robin Schultz 67-71, 22, 254%.

Leading the Pointers in blocks were Starke 7, Schultz 6, Deb Felix 5, and Updyke 5.

Coach Schoen commented, we played better than we have We played better than we have lately but we are still having problems with our consistency. We finally got our first con-ference win (against Plat-teville) which was nice. We're coming around and hopefully we can put it together when the conference tournament comes around."

The Pointer player-of-the-week was Kuester, a senior set-ter/hitter from Rhinelander. She had 84-89 attacks, 28 kills, 258%; 65 of 256 assists, 254%; 49-50 serves, 5 aces, .080%; and 6 blocks.

doubles-up lady netters by Dean Balister and Dan Wittig

The UWSP Lady Pointer Tennis team lost to UW-Stout last Wednesday by a score of 3-

6. According to Coach Nancy Page, "the match was a lot closer than the 6-3 indicates. We were down 2-4 after singles but felt we could win at doubles."

but left, we could win at doubles." In singles action, the two wins came from #5 Tammy Cred, who defeated Jane Haefund (6-4.3-66-3), and #6 Katie Imig who beat Kim Canavera (1-6,7-5,6-4). In other matches, #1 Chris Dichl lost to Susie Blietz (6-3,6-4), #2 Jane Sanderfoot lost to Laura Ehrhott (6-0,6-4), #3 Kim Toyama lost to Liz Wessley (6-2.7-6,7-3), and #4 Yammy Jankowski (6-4,3-6,6-3). In doubles competition, the Lady Pointers needed to sweep all three games to win-the meet, but came up short, winning only one. The lone win came from #3 Creed/Jen-sen, who defeated Ri land/Canavera (6-2,6-4).

The #1 team of Dichl/Sanderfoot lost to Blietz/Ehrgott (6-3,4-6,6-0), and the #2 team of Toyama/Jandrey lost to Jankowski/Haglund (6-3,4-6-5-2)

6.6-2). The Lady Pointers are now 3-5 overall, and 0-4 in WWIAC competition.

Duwe leads Point Ruggers by Matt Murphy

Sports Contributer

The Stevens Point Rugby team played their best match of the season as they pum-meled the Appleton Rugby Club 38-3, to improve their record to 2 and 1. Point opened the scoring just minutes into the match when Mike 'Pee Wee' Duffin scored to begin the Point rout. From there, Point never looked back. They really came together as a team, and for the first time this tear, dominated in every aspect of the game.

"It was enjoyable playing the role of the hammer instead of the anvil, today," said Point in-side center John 'you look like Duwe" McQuestion. Point's next try came when Todd ... The Hammer" Frederictkson scored his first of ball out to rokic winger Scott Bunde, who scored his first try of his rugby career. The con-version by Frederickson made the score 18-0 at halftime.

Point came out with a head of steam in the second half as Mike "Clyde" Delain took ad-vantage of a loose ball and scampered across the try line to tally another score for the Black and Blood.

A penalty kick then put Ap-pleton on the board for their only points of the match. A couple more mistakes proved costly for Appleton as again, The Hammer' increased his scoring surge on the day as he belted a pair of penalty kicks.

A couple of quick drop-kicks by an unidentified Point back and yet another try by Frederickson completed the scoring for Point.

"My boys sure gelled as a unit today, it was a lot of fun," said Point Captain Timmy "Duck" Fedenko.

The B Side used a couple of Old Boys, (who just happened to be passing through this weekend) en route to a 24-20 victory in the second game. It turned out to be a weekend en-joyed by all.

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Wellness

by Tom Woyte

'What is WELLSNESS?" Good question. Wellness is a relatively new term used in many different contexts, therefore you will find there are a number of definitions. Unfortunately, this has lead to some confusion. The purpose of this article is to clear up the picture of what wellness is all about.

Wellness is the process of becoming aware of and making choices toward living a more balanced and healthy life-This definition constyle." tains three important components: awareness, personal responsiblity, and balance. Living a life of wellness is a process, it is an awareness of the choices which will influence health, and perhaps most importantly, wellness takes a personal committment; we are personally responsible for how we choose to live.

Wellness is about striving for a balance in the physical, emotional, intellectual, cupational, social and spiritual dimensions of wellness. This six-dimensional model of wellness, developed by Dr. Bill Hettler, director of health services at U.W. Stevens Point, is an integrated approach to living and promoting a welllifestyle. Corporate, ness hospital, community, and unhealth versity health promotion programs across the country recognize these six dimensions of wellness and incorporate them into their programs.

Here are a few definitions which may help provide a more clear picture of wellness:

WELLNESS IS. 1. Striving to achieve what

we are ultimately capable of ... our personal best.

2. Positive living, it is making positive life-style choices that will help us get the most out of each day.

3. Moderation, it is knowing how and when to say when.

4. Sharing in relationships, it is accepting others for who they are and accepting ourselves, with all our strengths and weaknesses

5. Identifying where we are at with respect to our in-dividual health, it is making every effort to move forward on the continuum of well-ness/illness (Travis).

6. Working toward a goal, applying ourselves in everything that we do. 7. Rocognizing our unique

talents and making the most of these talents.

8. Living a life-style that is in harmony with our values and beliefs.

9. Fullfilling our needs and desires and helping others to fulfill theirs. 10. Openly giving and

receiving; it is the support from friends that makes us whole. 11. Dreaming and challeng-

ing ourselves to be something better. WELLNESS is what YOU

make it ---

In spring, I will graduate with a Health Promotion-Wellness degree. In my four years at Stevens Point, I have listened, and talked, and written about wellness. This column gives me the opportunity to share some things with the students of UWSP which may prove both interest-ing and helpful in your pursuit of a life of wellness.

what

is

In this column, I will expand on the six dimensions of well-ness, and provide difinitions and usefull examples of each. The majority of these articles will focus on the positive aspects of wellness. As Don aspects of wellness. As Don Ardell, author of High Level Wellness, emphasized at the Wellness National Conference, "Wellness is too important to be presented grim-

Here are a few of the topics would like to cover: Stress I management - learn how to relax techniques that can help you succeed in school, work, and competition: EMG and temperature biofeedback.

meditation, massage, progres-sive relaxation, hypnosis, sleep problems, body composition -percentage fat, cholesterol ratio ..., "runner's high" - what is it about exercise that makes us feel sooo good, wholesome foods vs. empty calorie - high fat, high sugar calories, flexiblity, muscular strenght, endurance, and power, aerobic and anaerobic exercise, physical and psychological preparation competition.

vou

The column will attempt to nswer questions like: What is the right amount of protein, carbohydrates, and fat, where do we get the high density lipoproteins - the right kinds of cholesterol, and what are the effects of alcohol, smoking cigarettes or marijuana, and other drugs on the body and mind? How can we prevent diseases such as heart disease cancer, stroke and AIDS.

What are the preventable lifestyle risk factors associated with the development of these diseases?

it

make

Heart disease, cancer, stroke, car accidents; these things really do take a lot of lives. With a better under-standing of the whys and hows of wellness, maybe we can all live longer, healthier and more-enjoyable lives.

Tomorrow is sooner than we realize. That is how I like to look at wellness. What we do today WILL matter tomorrow. Todays healthy choices determine tomorrows health. Wellness is more than just being physically fit. To be well takes an effort in every area of our lives. We have to pay attention to the little things and concentrate on some aspect of our lives that we can improve upon. Not one of us is perfect,

Continued on page 14



Wellness From page 13

but a life of wellness is within reach of every one of us.

Wellness is about maintaining and improving our health. How we choose to do this is up To us. "It starts with the premise," Mark Tager said in his keynote address at the NWC, "that each one of us is personally responsible for our own health." The decision is up to us; and it is perhaps the most important one we will ever make. After all, what have we got if we haven't got our health? Not a whole lot.

It was Thoreau who said: "Every person is a builder of a temple called the body. We are all sculptors and painters, and our material is our flesh and blood and bone.

We know what it will take to build a great temple. We all have the desire to be happier, healthier, and more successful at what we do. The path to "High Level Wellness" is a challenging one but like every thing else in life, the toughest challenges offer the greatest rewards. I hope this column will help some of you meet the challenges head-on and progress toward your goal of good health.

Please drop off any sugges-tions, comments to the Pointer office (104 CAC). What well-ness topic would you like covered in this column?



The Pointer, a quality blend of news, features, sports, out-doors, and letters. The perfect thing to go with afternoon tea.

Flag Football

2W Watson

Top teams as of Oct. 10 (Not listed by ranking)

2W Watson The Boys Hugh Jorgans Greases' LLs' N.W.P. 2S Thompson 3W Steiner The Nest Varmunt Poontang

Team Snatch Beer Warriors The Wad Burroughs Republic Slummers Pass Masters Nyuk Nyuk's

afternoon

Flag Football tourney will begin Monday Oct. 16. Brack-ets will be posted by this Friday

The win was very important to the Pointer team, who lost to No. 2 nationally ranked La Crosse 37-21 the week before. "The win was very important because the loss to La Crosse

Pressure

touchdown reception by fresh-man R.A. Caves from Baum-gartner that finished up the Point scoring.

A safety (sack of Baum-gartner in the endzone) and an 87 yard kick off return by Stout's Mike Wilson, with a Lehman PAT run, were the only Blue Devil scores in the <u>sec</u>ond half.

From page 1

Intramural notes

Events This Weekend

Singles Table Tennis (Men & Women) Singles Badminton (M & W) -play begins Saturday 10 a.m. Doubles Badminton (M & W) -play begins Saturday 12 noon

*Sign up by 12 noon Friday at the Intramural desk by Berg Gym. Brackets will be posted Friday night. No entry fee *T-shirts awarded to winners

Events Coming Up

Singles Racquetball Tourney (M & W), Saturday, Nov. 4. Deadline for signing up is Friday Nov. 3 at 12 noon. *No entry fee

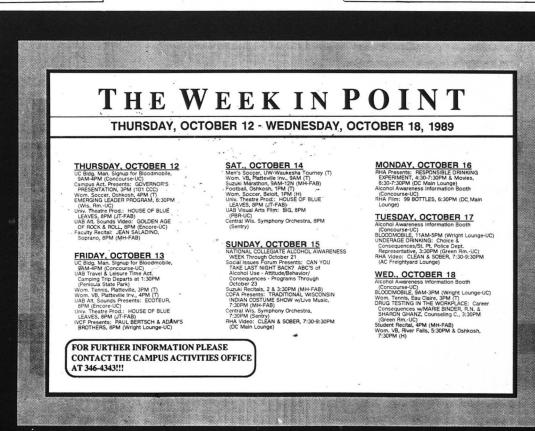
put us in a crisis situation," said Miech. "We could not afford another loss in the conference, especially this early in the season."

The Pointers will give their crash-course instruction of

stress management in Oshkosh this Saturday at 1 p.m. The Titans are 1-3-0 in the WSUC and 2-3-0 overall. Point has won the last five meetings of the two teams, and is attempt-ing to put together their first back-to-back wins this season.

A Study Skills workshop will be sponsored by student government. The workshop will take place on Wednesday, October 18, at 7 p.m. in the Red room of the University Center. There will be a presentation on effective study habits with a special emphasis on "memory" for those times when you have to cram for an exam. The workshop will be facilitated by Marsha Konz of the Academic Acheive-

ment Center.



CLASSIFIEDS

UC continued

The UC also fights to keep tuition low. It has frozen tui-tion rates in the UW system for the past two consecutive years, successfully lobbied the state legislature to keep tuition below 32% of instructional cost, lobbied every year for in creases in financial aid, and defeated a proposed \$50 com-puter access special fee. The UC has provided information, materials, and advice to stu-dents in the tign against tu-tion increases. All this has led to a savings of \$99 per student towards tuition in the 1889-900 school year.

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LAQ continued

proctices of the health center. "There is a need for the task force for a variety of reasons. There is information that the

students should be getting, said Madison. "We're mainly focused on the LAQ, perhaps the purposeful-ness of it," said Tracy Tophooven, vice-president of SGA and chair of the task force

SOA and chain of the task force. "Tm hoping that we can reach a decision by consensus," said Tophooven who will be work-ing with SGA senators, the Jacobins, other interested stu-dents and Dr. Bill Hettler, director of health services who designed the LAO. The first meeting of the LAO task force was held on Wed-nesday and was open to all stu-dents. If you are interested in attending the next meeting call the SGA office at X-3722.

Help Wanted

Think spring-outgoing? Well-organized? Promote and escort our Florida spring break trip. Good pay and fun call campus marketing. 1-800-423-5264.

Would you like to offer Dis-cover credit cards? Are you available for a few hours a week? If so call 1-800-952-0528 (extension 3) we'll pay you as much as \$10/hour! Only 10 positions available.

Female wanted to sublet apartment 1 mile from cam-pus. \$760 a semester. Single room for more info call 341-0003 (after 5 p.m.)

For Sale

For Sale: Brand new 1989 giant (Sedona) Mountain bike. Never used. Must see. Call Paul, 341-2724, \$315 or best offer offer

For Rent: For 1 single female only. Private partly fur-nished upper with garage and basement. Share fath with 1 single female. \$175.00-6 mo lease. Available Nov. 1st. Call 344-3271.

2 cats, Salty and Pepper need a home because I am need a nome because I am moving to an apartment and cannot have cats. They have had their first shots I have kitty toys, litter and a litter box. Please call 341-9374 if inter-ested. Will separate them if I have to.

Personals

Alpha Epsilon Rho is not a Greek Society, we're a Broad-casting Society that can help you get connection in T.V. or radio come check us out. Monday 8:00 237 CAC.

Psycho Jim-Please dance naked in your own house. I don't appreciate things that go bump in the night.-oops I for-got you're sensitive about your got you

Secure, loving childless couple wishing to adopt. Please call 715-341-3093.

To my lust man Dave S.-So my secrets out-what can I say? TKE cartoon happy hour Saturday-oh yeah. JCT

Wanted! Players for the Call of Cthulhu R.P.G. If in-terested call Matt at 345-6005.

CAN YOU TAKE LAST NIGHT BACK? Social issues programming that you will NOT forget!! Watch closely for details...

Jenny-The most beautiful girl at the Navy Ball. I love vou.-Tom

Gail and Stephanie: I had a great time at the convention! Remember we have a meetin this Monday at 8:00 in the Comm. Bldg. Room 237. Tell all your friends who are inter-ested in our National Broad-casting Society-AERho.

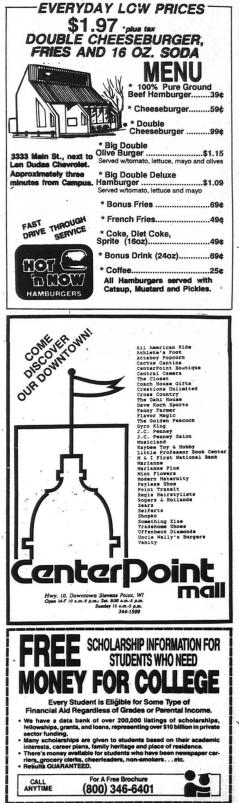
The Social Issues forum asks YOU the question: CAN YOU TAKE LAST NIGHT BACK? For the answer to this question and more about the ABC's of alcohol use, attend any or all of the special programming happening all this week!

Fred Leidel Associate Dean Transfer student advisor for College of Engineering UW-Madison will be visiting UW-Stevens Point on Friday, October 20, 1989, from 10:00 a.m. until 3:00 p.m. for the pur-pose of advising students who plan to graduate in engineer-ing at UW-Madison. Please sign up for an appointment in the Physics department office, room B111 Science building.

Adoption We are a Chris-tian couple unable to have children. We wish to share our love live and success with a baby girl. Please call Becky (414) 435-1206.

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