Governor visits campus

by Julie Hus
Staff writer

Governor Tommy Thompson and eight state legislators will be in Stevens Point to be officially thanked for the secured inuances in funding for the University of Wisconsin System institutions October 12. An appreciation dinner will be held in their honor in the University Center that evening.

Joining the program will be UW System President Kenneth W. Shaw and UW System Board of Regents President Paul Schilling. They will be joined by UW-Stevens Point Chancellor Keith Sandret, UW Center System Chancellor Stephen R. Portch, Dean Nabeck Aumann of the Marathon field campus and George Newtont of the Marathon County campus is Wausau.

Chancellor Keith Sandret commented, "During the past legislative session, our area lawmakers and governor listened sympathetically to the needs of higher education and did what they could do to help us." The chancellor continued, "Public officials are regularly asked to help their constituents but seldom thanked for their work. This event is our way of expressing our appreciation.

Members of the public who attend the event will receive the Wisconsin system's financial support of public higher education are invited to join the leaders of the UW System and the representatives of the UW-Stevens Point, UW-Marathon County Center and Marshfield/Wood County Center. A reception is planned from 6-7 p.m. in the University Center followed by the dinner in the Program Room. Faculty and students interested in attending are invited to make reservations by calling 346-3913. The other eight legislators are the following: Senator David Seed, Stevens Point, Senator Walter J. Chilsen, R-Wausau, Rep. Stan Gronuzski, D-Stevens Point, Rep. Mark Schraeder, D-Wisconsin Rapids, Rep. Donald Hanley, R-Pepin, Rep. Bill Affolter, R-Petos, Rep. Brad Zach, K-Muskego, Rep. Robert J. Larson, R-Merrill and Rep. Gregory Huber, D-Wausau.

LAQs face scrutiny

by Jodi Ott
Staff writer

Do you drink enough fluid to keep your urine a light yellow? Do you prepare to stop when traffic lights change from green to yellow? Do you use drugs only when necessary? Do you feel there is a satisfying amount of excitement in your life? Do you know your blood cholesterol level? Did you know that these are only five of the 255 questions asked on the Lifestyle Assessment Questionnaire of the National Wellness Institute? You are encouraged to fill one out as a health requirement of the university. You must have one completed before you can be serviced at the health center. If you have had a physical you may be exempt from taking it. The questionnaire is designed to help you, the student, assess your current level of wellness. Each student's LAQ is kept on record for two years. It is subject to suboqua. Student health center workers have access to it and the results become the property of the National Wellness Institute.

The results provide a valuable data bank for our school and other researchers. I think the health center thinks they're honestly sincere in giving the LAQ because they are helping people," said Elliott Madison, Rep. and Rep. Tommy Scott, Z junior at UWSP. Before you take the LAQ, the instruction inform you to leave an item blank if it makes you feel uncomfortable answering. Do you carry a weapon with you? There are 173 questions under the health behavior section, 43 under the risk of disease section and 29 under alert medical/behavioral/emo- tional. There are also 32 topics for personal growth that you can choose from to obtain information about. A health task force has been set up to look into various...
Loans being paid back

by J. Patricks
Contributor

The University of Wisconsin-Stevens Point's Student Loan Office can state with confidence that only 4.4% of their Stafford Student Loans (commonly known as Guaranteed Student Loans). This is according to the US Department of Education who compiled the data for the fall of 1989.

"It is like two baseball players, one batting 2 times and the other 20 times. If the first gets 2 hits, and the second 18 hits, their averages would be 1,000 and 900 respectively. According to their averages, the first batter is better, but he really isn't."

Milwaukee Area Technical College had the highest rate of default in the state with a rate of 2.5%.

It's important to keep the default rate down, as the rate exceeds certain limits there may be implications for the students, which could include losing their loan eligibility, said Rossetter, Stevens Point, like all colleges and universities has tightened its academic requirements for the students. That makes them harder and harder to get.

The higher student retention rate and higher graduation rate shows that students are getting more prepared for college. These students, when they graduate, are more apt to pay off their loans.

Enrollment is below target

by Tony Gindt
Staff writer

The University of Wisconsin-Stevens Point scored a near bull's-eye this fall in its planned enrollment reduction. The total headcount of students was down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877, down 441 from last year and below the point of 5,877.

UW System officials, however, are most concerned about the full-time equivalent enrollment (FTE) statistics. Stevens Point's FTE count is 8,219 or 318 below last year, and 55 above the targeted reduction plan for this campus.

Regents of the UW System voted several years ago to reduce the FTE enrollment at all campuses by a total of 7,000 between 1986 and 1991 as a means of controlling state costs.

Registrar David Eckholm said last Thursday the targets for the fall of '90 have been met. He also felt the enrollment numbers sought by UW officials will be quite comfortable at the UW-SP campus.

UW-SP achieved its reductions by continuing to have entrance requirements for new freshmen that are more stringent than at many campuses and have particularly tight policies for transfag and the entering students.

The university will be retaining its standards for incoming students arriving in January and September, according to Eckholm, who serves on the school's enrollment management committee.

The goal is to reduce overall enrollment by at least 200 and perhaps closer to 300 next fall for a total count of between 5,850 and 6,000. This reduction is what is expected to be needed to meet the mandated FTE of 7,997.

As in the past several years, the number of new freshmen accepted next fall is 7,100. They are required to rank academically in the top half of their high school classes to earn an ACT score of 21 (22 by next year's testing process). That would result in a combination 55 when the high school class percentile ranking is added to the ACT score.

Transfer students will need a grade point average of 2.5 or 2 if they have 54 credits carried at a UW System Center of at Nicolet College in Rhinelander, Re-entering students must have a 2.0 grade-point, which means that if they were suspended for low grades, they must attend another school such as a UW Center to regain their eligibility to enter UW-SP.

SGA funds Jacobins

Last Thursday the Jacobins, a student voice group, went before SGA, the Student Government Association, for funding to cover the Jacobin's weekly newsletter.

It took 2 hours and 2 weeks to raise the money needed to pay students what they asked for in their initial request.

Chilson advocates 21

"With so many complex issues confronting the legislature, it's urgent, that Wisconsin's legal drinking age is on the agenda today," Senator Walter John Chilson commented.

Senior Chilson (R-Westaustral), speaking to the Senate's Committee on Labor and Business in Madison last week, said that statistics continue to confirm that raising the drinking age has saved young lives.

Since 1978, the rate of drinking drivers age 19 involved in all types of road accidents has declined by 50.0%.

Chilson continued, "Even more significantly, if only accidents involving fatalities and injuries are measured, the rate of age 19 drinking drivers declined 44.5%.

All fifty states have now established age 21 as the legal drinking age," Chilson pointed out.

"To consider lowering Wisconsin's legal drinking age to 19 simply flies in the face of all logic."

The Wisconsin lawmaker said, "It's apparent that logic has nothing to do with the wacky, highly ridiculous idea of allowing 19 and 20 year olds to socialize in taverns, but not to drink. I doubt if anyone seriously believes that such a law could be enforced."

UC lobbies for students' rights

by Elizabeth Lashees
Staff writer

Organized in 1960, the United College (UC) is the oldest student research and lobbying group in the nation. It is completely operated and owned by the students. The UC makes a connection possible between state government and the individual student.

The UC consists of the following committees: Academic Affairs, Minority Affairs, Legislative Affairs, Women's Affairs, Education, Shared Governance and Presidents (this year's UC president being Jim Smith).

The UC carries out several functions. One of these is researching issues of student concern and communicating these to the students.

Some examples of this are: "Rainbow Connection," a publication containing a listing of minority programs, services, and organizations; "Understanding the Jacobins," a manual for student organizations that details the principles of grass roots organizing on campus, and a Student Lobby Handbook, a guide to help students lobby their home and campus legislators. The UC reaches students with many other informative publications.

Another function of the UC is representing students across the state in the UW System in front of the governor, state Legislature, UW-System Boards of Regents and UW-System Administration.

The UC is a major student voice in government.
The "State of the Pointer" Address
by Blair Cleary
Editor-in-Chief

My fellow Pointers, This is our sixth issue and the traditional time for the annual "State of the Pointer" address. How have we improved in the last 5 weeks? Is there space for further improvement?

The reaction of you the people has been for the most part very positive. No one has come up to me and said "The Pointer's format stinks, go back to the magazine style of cover." Several people have expressed their approval with the return to the newspaper front page format. I will take that as a good sign.

Our computer type setting system is a mixed blessing. Our paper costs much less to put out, but the computer adds time to our production time. Part of the problem has been the fact that we were not used to working with it. Another problem is that our clunky old computer has a tough time with the program and is prone to crash at critical moments. We have, however, become more efficient in its use, which cut our production down to a more reasonable time. Also, if our budget revision for this year passes (we don't want more money, just to shift money to other accounts) we can buy a new computer that won't crash and instead, expand our ability to produce the paper.

The editorial staff's ability to do layout has improved steadily over the past few weeks. Our Graphic Editor has gone from "person who does almost the whole layout" to "person who comes in after we are done to correct obvious mistakes." With practice the rest of us may one day be as good as he is at layout. (Or not.)

We have started to get letters to the editor. Each week we seem to get one or two more. This has made it simpler for us to do a letter-to-the-editor page each week. We love to hear from you and will really try to print everything that you send in. Please continue to send them in.

Our news section is getting closer to the point of being "big city paper" quality. Last week in fact we accepted the Milwaukee Journal on the story about the students in Madison fighting for the lower drinking age. (We got the Stevens Point Journal also on that same story. Ha!) Molly Bernas, our news editor, has also found some reporters who are more than available.

Our Outdoors section has a new editor in the form of Brian Leahy. He is quite good at both writing and drawing, but not an easy task since he only has one eye (a leg). The Department of Natural Resources has stopped sending material on a regular basis to do his job as information finder has been more complicated. Features lost its editor to personal time conflicts, but got a new one from our outdoors section. Mary Kaye Smith (who always wanted to do features anyway) moved over from outdoors and has done a good job of transitioning from one job to the other.

Kevin Cray in the sports section has a good group of reporters and a "stay till the job is through no matter what" attitude that has made sports a good section this year. The only time people ever complain about in sports is that we don't use enough pictures. Well, take a look at the front page! Speaking of pictures we have a good staff of photographers under Annie & Arnold. Their being good is balanced by the fact that our dark room is little better than 'a room that is dark.' Complaints that they may as well try to develop pictures with bearkins and lint appear are not uncommon. We also use a very poor film. Next week, however, we will be using a different variety of film and the pictures should look a little better.

Our add staff under Dave Conrail gets to take the brunt of the guff from people who don't like them all for one reason or another. We seem to have fewer adds this week than usual but I'm sure David and Paul will have more for us next week. Domino's has our back cover pretty much through Christmas so get used to them. (Their Pizza isn't half bad.)

Our budget and computer system are running more or less smoothly thanks to our business manager/computer tamer Tim Bishop. If only he could find us some damn acto knives in his mountain of catalogs and order forms he would be the perfect business manager. (Honestly though, without him our cruddy computer would have gone belly up long ago.)

Although we don't get much feedback on the Pointer the little we do get back indicates our cartoonists Brandon Peterson and Kyle White do good work. I see their cartoons hanging up in places around the university. The cartoonists, Jill, Rosee, and Rhonda, are all very important to our typesetting process. Each week the three of them type the majority of what you see here into the computer to be transferred into newswrap.

All in all, the general pattern here at the pointer is skilled people working with really sick standard quality tools and material. Give us some quality tools (and a new computer) and the University of Wisconsin-East Claire's paper (the best in the state as best I can judge), had better watch out!
WHO are the economic terrorists?

This is a response to the letter "Choice Eating" to Debit and Allen Centers written by Elenale Allen of SGA, a student involved in a new UWW organization. You can eat healthy at every meal, every day in UWW dining halls. Our mission in Student Affairs is to give you the information necessary for you to make the best decision for your health. The following is a revised and successful career here on campus and in society.

One of the ways we give you information is by the color coded Pie Charts which indicate the protein, carbohydrate and fat content of foods served in the cafeteria. The information tells you the proportion of fats your daily calorie intake of caloric distribution should include.

Another way for you to determine how to make nutrition choices is to check the Best Meal Deal in the Daily. Meal selections which follow U.W. Dietary Guidelines are indicated for each daily's cafeteria menu. These choices are low in fat, high fiber, low sodium, and high in protein. The personnel at Food Service are aware of your well-being. Their efforts toward improving your personal health include:

- serving whole grain cereals and muffins at breakfast
- this semester whole wheat pancakes have been added to the menu
- the fruits on the salad bar are packed in low sugar syrup or water
- all lunch meats are low fat turkey
- dairy items on the salad bar are low fat
- no white bread or preservatives are added to fresh fruits and vegetables.

Whole grain breads are offered at every meal and are on the ground turkey and beef is used to lower fat content of menu items.

Bakery items contain half the sugar of traditional recipes. No butter or margarine is added to steamed vegetables.

The salt content of soup and sauces has been reduced. You can see that the food service has been quite innovative in bringing more healthy food choices. You would like to see Choice Eatingentrée every night? I'll do my best to accommodate you. Please note the following services and UWWStudentAffairs will talk about your concerns.

Stephanie Whiting Wellness Program Coordinator

Protect your rights

As Women's Affairs Director, I am a student, and as a member of SGA, I urge students to attend the SGA meeting Thursday 9:30 p.m. in the Wright Lounge (UC Building), to stand up for your right to information your right to speak and your right to keep open the channels of information from your student government representatives to you.

Jennifer Smith, Women's Affairs Director

Men's Affairs?

Dear Editor,

I have been a student here for a number of years and have from time to time sat in on student government. Recently they discussed the new UW system law that punished students for making racial remarks. I don't see myself as a racist but I see an ugly trend against the first amendment development.

My question to SGA is this: Are you going to make a stand on this or have you already done so? If not, why? I have a second question as well. SGA has a Women's affairs committee and a Minority Affairs committee. Is it discrimination against the students who have not attended a Men's affairs committee? I think that since we are a minority in America (especially female ratio) we should be protected by a committee like everyone else and in fact, I feel discriminated against!

Name withheld upon request.

I Support Elliot

Dear Editor,

This letter is in response to the letter that has been circulating Elliot Madison. For those of you who support Elliot in his campaign to awaken and enlighten the campus populace. I think it's about time we take off our rose-colored lenses and faced the facts when it comes to issues such as the environment.

Our defense mechanism is not going to be conducive to our survival as a species. We must acknowledge this and take action. We must not let our roots lie in the freedom to agree or disagree. We all know what happens when freedom of speech is suppressed and China is an example.

Finally, I want to say that I don't give a hoot what a person believes. It's their inner qualities and personal characteristics that count the most. The outside is just a covering for the real mess of the potato.

So, Elliot Madison, keep on fighting for your rights. If you want to call a spade a spade by all means.

Mary J. Korbel
**EXTRA EXTRA**

**MAXIM GOES NON-ALCOHOLIC**

**WATCH FOR NEW NIGHTLY SPECIALS**

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**CONGRATULATIONS TO:**

**MR. MAY**
- ED MICHELS
- PRAY SIMS
- BEEFCAKE CALENDER WINNER
- BEEFCAKE CONTEST HELD ON THURSDAY

**MS. MAY**
- SAZZY LEE TOMAHAWK
- MAXIM CALENDER GIRL
- CALENDER GIRL CONTEST ON WEDNESDAY
Prepare for gun deer hunt now

by Brian Leahy
Outdoors Editor

The first light of November marks the start of Wisconsin's nine day gun deer hunting season. Hunters will venture into fields, woods and swamps throughout the state in search of their target. Some hunters will succeed and have full freezers as proof.

Other hunters will not be successful and they will have only storyboards to show for their efforts. The major factors separating successful hunters from unsuccessful ones are preparation and equipment. Check your equipment. Faulty equipment will frustrate you.

Prepare your rifle or shotgun. Does it work? Is it sighted in? Scope mounts and iron sights get bumped and moved. Ensure that your weapon is dead on target. If it is not, adjust it until it is.

After you sight your weapon in practice with it under field conditions. Shoot civilians at targets and from any other elevation you will use during the season.

Remember you won't be shooting off a benchrest with sandbags come opening day. Check yourclothespin and make sure it is still fit and to it if anything needs repaired. Buy body armorewearignearabout when you can still find it in the store.

A week before the season everyone else will be trying to find some. Wash your coat and other outerwear with unscented detergent and hang them on the outside. They need to smell natural - not like beer and cigars.

Now is also the time to search the house for those small items that easily get missed. Items like your knife, cartridge holders, compass, survival kit and first aid kit.

If you haven't already scouted the area you will hunt now in the time to do it. First determine the general area you will hunt and then subdivide it into specific areas.

Walk through each area. Don't limit yourself to walking on the main trails. The deer won't. You want to learn as much as you can about each nook and cranny. Pay attention to details. Look for scrapes and rubs. Look at the different species of vegetation. Sketch a map of the area. It will assist you in determining possible escape routes and bedding areas.

Remember the deer live there year round. They know the area better than you can hope to. No amount of knowledge about your hunting site can be too much. Once you have gained a good understanding of the area you can have your pick.

The two biggest manufacturers of pianos will stop accepting new ivory for the production of new keyboards. Yamaha and Kawai say they will halt the practice.

Scientists say the hole in the earth's ozone layer may grow. The hole is now over Antarctica and may get worse in the next few months. The record for ozone depletion over Antarctica was set in 1987. Depletion over the southern continents happens because during the summer but has so far restored itself in warmer seasons. Ozone is important because it forms a protective blanket against harmful ultraviolet rays from the sun. Excessive exposure to ultraviolet light is thought to be a major cause of skin cancer.

The desert locust has been listed on the U.S. federal register as an endangered species. The move stops a planned housing development near Las Vegas in its tracks and puts other developments in jeopardy. Nearly 3,000 people move into Las Vegas every month to work in the casino industry. The locusts makes it illegal to move or harm the tortoise. Local officials are thinking of drawing up $250 per acre tortoise fees that would help pay to protect habitat.

The biggest headache following Alaskan landfills and hazardous waste sites.

continued on page 19
Editorial: Autumn

by Brian Leahy
Outdoors Editor

Gone are the days of carefree fun. The beaches are all closed and the outdoor pools are all drained. The lakes and rivers are too cold for sober swimming. There will be no more water skiing or natural sun tans this year. Except, in California, the baseball stadiums are empty. It is time to put away the shorts and sunscreen. Summer is over.

Replacing summer is autumn--another semester's responsibilities, for the first time we can find autumn is a season that offers many delights. Is it the season of hunters? For the bird hunter, walking through thickets with a shotgun and a dog is a peaceful moment of escape.

The bowhunter keeps a vigil on a tree stand for his method of experiencing autumn. The waterfowl hunter chooses to search the sky from a blind for ducks. The fisherman takes his boat out one last time in a quest for a trophy.

Sports fans have the world series to watch and see if the boys of summer can be Mr. October. Football, another autumn tradition, is also here.

Many opportunities exist for outdoor fun. Hiking and biking can be more enjoyable. The leaves of summer are now long gone.

But the obvious event is the fall color. Once green leaves now turn brilliant shades of red and orange as they enter their dying days. In their death they give us glorious good byes in colors that last for too brief a moment.

Soon successive gusts of wind will rip the individual leaves off the trees. They will blow around for a while, then flutter to the waiting ground and become part of the brown forest floor with other dead remnants. Decay and mineralization will return their nutrients to the soil for use by later generations. Natural systems do not waste. Ashes to ashes, Dust to dust.

For now let us enjoy their colors.

Obey discusses environment

Oconomowoc, WI--7th District Congressman Dave Obey said today that regulatory agencies have to recognize that small units of government cannot respond to problems in the same way as urbanized areas.

Speaking at a news conference at the annual meeting of the Wisconsin Towns Association at Oconomowoc, Obey said he has been working to make sure that small towns will be able to meet new federal requirements on landfills being promulgated by the Environmental Protection Agency.

He noted he had arranged a meeting with EPA officials and Wisconsin Towns Association members last month to give the town officials an opportunity to express their concerns over the implementation of the regulations.

One of those concerns is over the length of time it will take for unincorporated units to comply with the EPA's regulations and will have to bring their landfills into compliance with the EPA's rules. Obey said that since Wisconsin has a short construction season his office is pushing the agency to be reasonable in setting deadlines.

Obey also discussed a number of other issues important to towns throughout Wisconsin. He expressed the need for comprehensive solid waste legislation, which will, among other things, help smaller communities which are trying to start recycling programs find markets they need so there is a demand for the recyclable materials. "Without adequate markets, well-intentioned recycling efforts could grind to a halt," he said.

On yet another matter, Obey told the group he is sponsoring a bill to help small gas station owners obtain insurance coverage for underground storage tanks. The legislation would amend the Solid Waste Disposal Act by reducing the amount of stored of stored a tank owner must own from at least $1 million to $500,000 if the tank owns oil and less than one million gallons of oil and has been in evidence of toxic leaks from the tank.

Guest editorials welcome

Guest editorials are welcome and encouraged in the POINTER sports section.

Voice your opinions and share your insights with the entire student body. You can comment on various environmental issues of your choice. The issues can be of global, national, state or local significance.

Editorials should be submitted by 5 p.m. on Monday to guarantee prompt printing in that week's POINTER.

Also, additional staff writers are needed for the outdoor sports section. Don't be afraid to share your outdoor adventures with the public.

Questions can be answered by calling the POINTER at 344-3307 or stop by the office in room 104 CAC.
Dear Diary,

Well, Homecoming 1989 is over. What a party, I had the best time ever!

I ran into UB Homecoming Coordinator, Jodi Heemek. Today and she said,
"I think that it was a successful week. I was very happy with it. Everyone
tried their best and helped others try their best. The spirit was really
high. It was apparent that Marla Jones was in the air. Great job, Jodi!

I was so happy. The King and Queen, Condoleen, Brent, President of Wisconsin Rapids
and Wanda. I voted for you! Way to go! Story: Brent
also won the Talent Competition and with the help of the International Club,
the float contest! The big winner was Walton Hall. They won the overall Home-
coming Competition! All right, Watson."

A Cabin Pub, TKE style, too bad
they didn't throw out samples!

... and then came the U.W.J.P.
marching band! Great tunes.

Well, I've got to go, so I have room
for all these great pictures I took. I can't
hardly wait to! Homecoming 1989

Susan
Student

Brent & Wanda - King & Queen '89

Stage team Talent Night,
love those outfits!
END OF THE FISCAL YEAR SAVINGS!! FREE!

OK, IT'S GOIN' ON 4 YEARS OF JIMMY P. IN THE POINTER. SO, HERE'S SOME QUESTIONS FOR YA TO PONDER...and there's some GRAND PRIZE t-shirts at stake here for some randomly picked lucky dog. So go ahead and send in your completed survey to the POINTER by Campus Mail or drop it by as you pass thru. DEADLINE IS OCTOBER 23rd.

My name is ___________________________ I live at ___________________________
My phone # is ___________________________
My favorite Partridge Family song is ___________________________
I feel melancholy when Jim Pordnorski ___________________________
The 2 things that bug me the most about UWSP are: ___________________________
I think Jimmy P. looks a lot like ___________________________________________
One situation I would like to see Jimmy P. in is ___________________________
Jim bugs me because ___________________________________________
It would be better if ___________________________________________

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Photos by
Annie Arnold
Lisa Stubler
Jeff Kleman
Tina Gajewski

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KYLE WHITE

by Kyle L. White

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Paul Palombo celebration raises scholarship money

"The word ‘celebration’ truly describes this event," said Robert Rosen, faculty member at UWSP and organizer of the Paul M. Palombo Celebration of the Arts which occurred Saturday, Sept. 30 in the Fine Arts Center.

It has long been a desire of the faculty and staff of the College of Fine Arts and Communications to host an event which would reflect on Paul Palombo’s tenure as dean and his contributions to the arts in Central Wisconsin. We decided to have the program serve as a fund-raiser for scholarships because of Paul’s history as a strong supporter of projects in the college. He was not shy as an advocate for our programs or our area," Rosen recalled.

"But we also wanted this to be a joyful experience for both students and the performers. We did not want the concert to be a ‘memorial’ as such, but rather a ‘celebration’ of what the college was able to accomplish under Paul’s leadership and also of his strong support of the arts in all forms.

Palombo died on July 4, 1988 after serving six years as the dean.

When word went out to the faculty, we had an overwhelming response from people who wanted to participate. We were able to put together a fine program which actively involved every department in the college. It also reflects Paul’s influence in promoting amateur and semi-professional artists in the state," Rosen said.

The Paul M. Palombo Celebration was a great success according to Rosen. He said, "It went very well. We had an excellent attendance and every one had a good time. Money was raised for scholarships and the comments we received were good."

The scholarship money received from this event will be used to support students within majors in the Fine Arts and Communications fields. These exact beneficiaries and departments have yet to be determined.

Some of the performers in the concert program included: the Uwcharie Clarinet-Percussion duo composed of Rosen and his wife Andrea Spittelberger-Rosen who performed "Canto d’un Altra Volta,” a piece composed by Palemona; a Kelly Rodi and Joan Karsten, of the dance faculty who performed a dance duet; tenor James Moe, chairman of the Division of Communication, who sang Puccini’s “Che gelida manina” from “La Boheme,” accompanied by pianist Nancy Rangstad; musical theatre students, who sang a musical revue number, "Song’s Out," directed by Terry Aylor of the UWSP faculty; C.Y. Allen, a member of the Communication faculty who directed a poetry entitled "The Tie That Binds," and "Don Greco and the Delightful All Stars," a faculty jazz group who concluded the program.

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Homecoming talent show highlighted

by Jessica Hochschild
Contribution

What a gallant event it was! The talent show, which is an annual event of homecoming, took place last Wednesday night. Eleven organizations participated, making this contest one of the most exciting ones! The event took place in the UC Program Room at 7:00 p.m.

Each of these organizations possessed pizzazz, enthusiasm, and creativity. Some of the talents included a jazz band (Hansen Hall), a fortune teller (Roach Hall), and a song and dance ensemble (Neale Hall).

The crowd also made this evening exciting. Pra-Sims Hall took first place, Neale Hall and Watson Hall had very large, enthusiastic crowds to cheer them on to victory. Hansen Hall and Roach Hall also had a large number of supporters. The crowd’s roars could be heard throughout the UC.

As the evening wound up, the anticipation grew. Who would win this event? After the last act had gone, there was a 10 minute wait as the scores were being tallied. The anxious crowd waited patiently. Finally, the top six winners were announced. Pra-Sims Hall took first place, Neale took second, Watson took third, Hansen placed fourth, Roach placed fifth and Thomas Hall placed sixth. Each of these Halls were well deserving winners.
UBRAT meets for higher performance

by Tom Woyte

Meet the University Bicycle Racers and Triathletes (UB RAT). Club UBRAT promotes the interaction of athletes with others of similar interests, specifically endurance events such as run, bike, swim, and triathlon. Members reach a higher level of athletic performance through various training activities promoted by the club.

Training programs include weight lifting, stationary bicycling, swim, run, and ski workouts throughout the winter. The support from training partners has helped many UBRAT members achieve personal best performances.

The club is a great source of training and race information. Guest speakers and videos increase members' understanding of the various sports, while providing a little extra motivation. We meet bi-weekly to discuss training and upcoming races, organize races, and above all, to have some fun.

You are welcome to attend the next meeting of the University Bicycle Racers And Triathletes, Thursday, Oct. 12 at 7:00 p.m. in the Red Room of the U.C. It will be a brief informational meeting to discuss the possibility of holding a second-annual Best of the Midwest Criterium in Stevens Point, and a second annual Triathlon Challenge.

We are looking for a few good people who would be interested in running for office. The UBRAT Club had 45 active members last year, up from 20 the previous year. Let's keep the momentum going. If you are interested, don't miss the meeting. For further information, give Tom a call at 341-8505.

The Snorts & Giggles Start at 9 p.m.
Nationally Known Comedians From HBO & Showtime

You Sing The Hits Starts At 8:00 p.m.
Women's Volleyball get first conference win

by Dean Balister and Dan Wittig

The UW-SP Women's Volleyball Point霞 was very busy last week competing in a dual meet and the Oshkosh Invitational.

In the dual meet the Lady Pointers lost only a few games to UW-LaCrosse. The scores of the match were 3-1 and 3-0.

The top servers for the Lady Pointers were Kim Lohr, Tracy Nystrom, and Leslie Meehan II.

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Stout doubles-up lady nettters

by Dean Balister and Dan Wittig

The UW-SP Lady Pointer Tennis team lost to UW-Stout Wednesday by a score of 3-6.

According to Coach Nancy Peterson, the match was a lot closer than the 6-3 indicates. We were down 2-4 after singles but felt we could win at doubles.

In singles action, the two wins came from #2 Tracy Nystrom and #6 Jodi O'Leary.

The Lady Pointers next match will be against the University of Wisconsin-Oshkosh.

Women runners get team effort, men get bad breaks

by Tom Woyte

Sports Writer

The Women's Cross Country team placed third at the University of Minnesota invitational. A total of 13 teams competed. South Dakota State won with 62 points, while Augustana, S.D. (70) and UW-Milwaukee (100) placed second and third. UWSP's top runners include Jenny Schoenl, 11th in 18:47, Beth Wuland, 25th (19:31), Cindy Irondale, 20th (19:30), Aimee Kauser, Nancy Korzekwa, Susan Jandron, Kris Helsin, Marla Sullivan, Becky Meiners, Tami Lodge, and Heather Gotchak.

Two days later UWSP rivaled Knox Illinois and once again, defeat for the opposing team.

The Lady Pointers masterfully carried the day and, with determination and cooperation, beat Knox Illinois. The final score stood at 6-0.

Point's record now is 9-4. The Lady Pointers next game are against UW-Oshkosh and October 14th at Beloit.

Coach Miech said, "all my players saw a great deal of March and Paula Welzin played with extra determination. We as a team accomplish much of what we need to make this against Knox and will have some work to do, but we are getting better." Point Runner of the Week was an Honor Student from Oshkosh North.

"Both keep getting better each week," Hill said. "Each week we play a great attitude and will be a tough competitor in the conference, regional, and national meet."

The men traveled to Notre Dame where they went up against some tough NCAAs. Division II and Inter teams. UWSP placed third out of six teams. Notre Dame took the title, followed by the University of Rochester, and North Central College.

"The #1 team of our doubles competition, the back of our six scores, and the defense, regional, and national meet."

"That was the exciting years of our team," Coach said. "All the girls were getting ready." The Lady Pointers are a team that has been great for the team.

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Duwe leads Point Ruggiers

by Matt Murphy

Sports Contributor

The Stevens Point Rugby team played their best match of the season last weekend and delivered the Appleton Rugby Club 38-5, to improve their record to 2 and 1.

Point opened the scoring just minutes into the game and scored a try against the Wisconsin State Black and Blood. The men played well throughout the game and took the lead early.

From there, Point never looked back and scored a real game together as a team, and for the first time this year, dominated their competition in every aspect of the game.

"It was enjoyable playing the role of the hammer (instead of the nail) today," said Point inside center John "Blacky" Duwe. "I was leading the team on the field and it was a great feeling."

Point's next try came when Try #1 of the team scored a try against the Appleton Rugby Club 38-5, to improve their record to 2 and 1.

A couple of quick drop kicks by an unidentified Point back and a couple more proved costly for Appleton as their momentum was stopped.

Duwe said that his team was looking forward to their next game and was planning to have a good chance of success.

"My boys sure gelled as a unit today," he said. "I just had a few tries," said Point outside center Timmy "Dewey" Fedenko.

The B Side used a couple of Old Boys (who just happened to be passing through this weekend) on route to a 24-20 victory in the second game. The team turned out to be a very enjoyable one this weekend.


Coach Witt was disappointed with the team's performance. He said the team felt it was "just a true indication of the type team we have.""
Wellness is what you make it
by Tom Woyte

"What is WELLNESS?" Good question. Wellness is a relatively new term used in many different contexts, therefore you will find there are a number of definitions. Unfortunately, this has lead to some confusion. The purpose of this article is to clear up the picture of what wellness is all about.

"Wellness is the process of becoming aware of and making choices toward living a more balanced and healthy lifestyle." This definition contains three important components: awareness, personal responsibility, and balance. Living a life of wellness is a process, it is an awareness of the choices which will influence health, and perhaps most importantly, wellness takes a personal commitment; we are personally responsible for how we choose to live.

Wellness is about striving for a balance in the physical, emotional, intellectual, occupational, social and spiritual dimensions of wellness. This six-dimensional model of wellness, developed by Dr. Bill Hettler, director of health services at U.W. Stevens Point, is an integrated approach to living and promoting a wellness lifestyle. Corporate, hospital, community, and university health promotion programs across the country recognize these six dimensions of wellness and incorporate them into their programs.

Here are a few definitions which may help provide a more clear picture of wellness:

WELLNESS IS...
1. Striving to achieve what we are ultimately capable of — our personal best.
2. Positive living, it is making positive, life-style choices that will help us get the most out of each day.
3. Moderation, it is knowing how and when to say when.
4. Sharing in relationships, it is accepting others for who they are and accepting ourselves, with all our strengths and weaknesses.
5. Identifying where we are at with respect to our individual health, it is making every effort to move forward on the continuum of wellness/illness (Travis).
6. Working toward a goal, applying ourselves in everything that we do.
7. Recognizing our unique talents and making the most of these talents.
8. Living a life-style that is in harmony with our values and beliefs.
9. Fulfilling our needs and desires and helping others to fulfill theirs.
10. Openly giving and receiving is it the support from friends that makes us whole.
11. Dreaming and challenging ourselves to be something better.

WELLNESS is what YOU make it.

In spring, I will graduate with a Health Promotion-Wellness degree. In my four years at Stevens Point, I have

If you've ever dreamed of being behind the controls of an airplane, this is your chance to find out what's really like.

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Get a taste of what life is like at the top. The flight's on us.

Get a taste of life at the top.
Wellness

From page 13

but a life of wellness is within reach of everyone of us. Wellness is about maintaining and improving our health. How we choose to do this is up to us. "It starts with the premise," Mark Tager said in his keynote address at the NWS, "that each one of us is personally responsible for our own health." The decision is up to us; it is perhaps the most important one we will ever make. After all, what have we got if we haven't got our health? Not a whole lot.

It was Tager who said: "Every person is a builder of a temple called the body. We are all sculptors and painters, and our material is our flesh and blood and bone."

We know what it will take to build a great temple. We all have the desire to be happier, healthier, and more successful at what we do. The path to "High Level Wellness" is a challenging one, but like every thing else in life, the toughest challenges offer the greatest rewards. I hope this column will help some of you meet the challenges head-on and progress toward your goal of good health.

Please drop off any suggestions, comments to the Pointer office (104 CAC). What wellness topic would you like covered in this column?

Pressure

From page 1

touchdown reception by freshman R.A. Caves from Baumgartner that finished up the Point scoring.

A safety sack of Baumann (guard) and an 87 yard kickoff return by Stout's Mike Wilson, with a Lehman PAT run, were the only Blue Devil scores in the second half.

The win was very important to the Pointer team, who lost to No. 2 nationally ranked La Crosse 37-21 the week before.

"The win was very important because the loss to La Crosse was a crisis situation," said Misch. "We could not afford another loss in the conference, especially this early in the season."

The Pointers, will give their crash-course instruction of stress management in Oshkosh this Saturday at 1 p.m. The Titans are 1-3-0 in the WSU/C and 2-3-0 overall. Point has won the last five meetings of the two teams, and is attempting to put together their first back-to-back win this season.

Intramural notes

Flag Football
Top teams as of Oct. 10
(Not listed by ranking)

3W Watson
The Boys
Hugh Jorgann
Greens
N.W.P

3W Steiner
The Next
Varmin Poontang
Team Snatch
Beer Warriors
Burramouth Republic
Smurmers
Pass Masters
Nyak Nyak

Flag Football tourney will begin Monday Oct. 16. Bracket will be posted by this Friday afternoon.

Events This Weekend

Singles Table Tennis (Men & Women)
Singles Badminton (M & W)
half begins Saturday 10 a.m.
Doubles Badminton (M & W)
half begins Saturday 12 noon
Sign up by 12 noon Friday at the Intramural desk by Berg Gym. Brackets will be posted Friday night. Please enter for the weekly prizes including a $10 gift certificate for the winner.

Total teams

1st-2nd-3rd-4th-5th-6th

1. Green
2. Idiots
3. Hairy
4. Dorks
5. Control-Fire
6. Sans

Points

1. Green 42
2. Idiots 40
3. Hairy 38
4. Dorks 37
5. Control-Fire 35
6. Sans 33

先进单位

Evans Event: Kickoff return to be sponsored by Colorado Body Builders, and will be held in the big gym on Thursday, Oct. 12.

Events Coming Up

Singles Racquetball Tourney (M & W)
Saturday, Nov. 4.
Quarter finals, Nov. 5.
Semifinals, Nov. 6.
Finals, Nov. 7.
Winners to compete in the regional tourney in Milwaukee. The winners will receive $100 and a plaque.

THE WEEK IN POINT

THURSDAY, OCTOBER 12

Dinner, 6:30 p.m. in the Red room of the University Center.

FRIDAY, OCTOBER 13

Dinner, 6:30 p.m. in the Red room of the University Center.

SATURDAY, OCTOBER 14

Dinner, 6:30 p.m. in the Red room of the University Center.

SUNDAY, OCTOBER 15

Dinner, 6:30 p.m. in the Red room of the University Center.

MONDAY, OCTOBER 16

Dinner, 6:30 p.m. in the Red room of the University Center.

TUESDAY, OCTOBER 17

Dinner, 6:30 p.m. in the Red room of the University Center.

WED., OCTOBER 18

Dinner, 6:30 p.m. in the Red room of the University Center.

FOR FURTHER INFORMATION PLEASE CONTACT THE CAMPUS ACTIVITIES OFFICE AT 346-4343!!!
UC continued

The UC also fights to keep tuition rates low. It was frozen this academic year in the UW System for the past two consecutive years, successfully lobbying the state legislature to keep tuition below 4%. Instead of instruction cost, lobby every year for increases if financial aid, and defeated a proposed $30 computer access special fee. The UC has provided information, materials, and advice to students in use again against tuition increases. All this has led to a savings of $59 per student towards tuition in the 1989-90 school year.

The UC continues to protect students' rights. This year some of the issues the UC is working on are: returning the drinking age to 19, campus racism and design for diversity, campus safety and security, control of student segregated fees, student political participation, child care for student parents, tuition cap at 33% of instructional costs, opposition to the Labor Day start and final exams after Christmas and Spring break, and federal financial aid.

LAQ continued

proctives of the health center.

"There is a need for the task force for a variety of reasons. There is interest among the students that the students should be getting, said Madison.

"We're mainly focused on the LAQ, perhaps the purposefulness of it," said Tophooven, vice-president of SGA and chair of the task force.

"I'm hoping that we can reach a decision by consensus," said Tophooven who will be working with Senator B. L. Bell, Bill Hildee, director of health services who designed the LAQ.

The first meeting of the LAQ task force will be held on Wednesday and was open to all students. If you are interested in attending the next meeting call the SGA office at X-3722.

Help Wanted

Think spring-outgoing? Well-organized? Promote and escort our Florida spring break trip. Good pay and fun call campus marketing. 1-800-423-5264.

Would you like to offer Discover credit cards? Are you available for a few hours a week? If so call 1-800-932-0528 (ext. 3) We'll pay you as much as $55.00/ hour. Only 10 positions available.

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