Carbon monoxide injures 72 motel occupants

by Chris Stebnitz
News Editor

Rescue squads were called to Comfort Suites Motel here in Stevens Point last Friday evening when 72 people reported they were feeling nauseous and dizzy after spending time in the motel's pool area.

Officials have determined that the illnesses were caused by carbon monoxide poisoning which had been released by the pool's heating device.

Nancy Dulak, Comfort Suites' general manager stated that the problem was confined to just the pool room. She said, "The leak was confined to the swimming area. The gases did not go through any ventilation ducts to occupants' rooms. Those people were in no danger."

Official reports say that the rescue squads were called after 5:30 p.m. and sick occupants were taken to St. Michael's hospital in Stevens Point. All 72 people were treated and released that night.

Dulak says that there is an investigation as to why this happened. She said, "The situation is being handled through the installers of the heater and the company that makes the heater is also helping out with the investigation." "It smelled like incompletely combusted gas.

-Dale Hanson
Wisconsin Public Service

Dale Hanson, gas supervisor for Wisconsin Public Service, was called in that night to check out the situation and to make sure that everything was safe for occupants to move back in.

Hanson said that when he entered the building the smell of carbon monoxide was evident. He said, "Sometimes you can smell the gas and sometimes you can't. That night when I got there, I could smell it. It smelled like incompletely combusted gas.

Hanson says that the biggest reason for carbon monoxide poisoning is the fact that there is no oxygen to bond with the carbon monoxide. Also he said that most of the time the reason carbon monoxide gets circulated is because of plugged chimneys or old poorly ventilated heating systems.

Some of the symptoms that people get from prolonged exposure to the gas are dry throat, tiredness, dizziness and nausea. Hanson warns people to get their furnaces and gas water heaters checked every year. If you do begin to feel any of these symptoms see a doctor and get your furnace checked immediately.

Wisconsin Public Service offers a home inspection service for off-campus tenants and they can determine if work needs to be done in order to make the heater safe.

Health Center R.N. claims damages

by Chris Stebnitz
News Editor

Cathryn Eckberg, registered nurse employed with the UWSP Health Services filed a notice of claim with the State Attorney General's office on Tuesday, November 5.

The claim states that Eckberg provided information to Dr. Hettler alleging mismanagement, waste of public funds and dangers to public health and safety. Specifically, Eckberg provided information concerning overpayment of physician's assistants, improper recruiting and training practices, and poor patient care.

According to the claim, on or about July 9, 1991, Eckberg was advised that her work would be unilaterally modified, resulting in reduction of hours and/or major changes in her work schedule with resulting losses in wages and benefits.

Eckberg is demanding a return to her prior work schedule, compensatory damages for lost wages and benefits, which continue to accumulate, damages for emotional distress, and punitive damages.

When asked about the claim brought against Hettler, Eckberg stated that, "There is no comment at this time and will not until after I speak with some people first."

Unlike the previous claims brought against the university, Eckberg's claim is being handled by a firm in Madison and not by Jared Redfield.

This claim will also be investigated by the committee set up by Chancellor Sanders and headed by Vice Chancellor Thoye. New allegations like this one will probably push the findings back later than expected.

William Hettler and Bill Moyer Director of Student Life were not available for questions.

Cold weather brings new problems

by Dennis Treece
Contributor

The recent spell of unseasonably cold weather has forced furnaces to go into overdrive to provide adequate warmth for our homes. For this reason it is important to realize that a defective furnace can cost you a lot more than money. It may cost you your life.

Carbon monoxide poisoning is a silent killer, the symptoms may appear similar to the flu but it may actually turn out to be your "flu". Your house could be so air tight that your furnace isn't receiving enough air. Dale Tetzloff, and employee of Wisconsin Public Service says that "carbon monoxide is produced by the incomplete combustion of fossil fuels", like wood in a fireplace, the engine in a car or the burning of coal.

The reason carbon monoxide is particularly dangerous is that it gives practically no warning when it occurs. It's a colorless, odorless and tasteless gas that is extremely toxic because it prevents the blood from absorbing vital oxygen. The symptoms of exposure to carbon monoxide include dizziness, sleepiness, and headache which can very easily be mistaken for the flu," Tetzloff said.

Eventually, as carbon monoxide is absorbed into the blood the affected person will develop nausea and vomiting followed by an irregular heart beat. In the most acute stage the victim may become pale with bright red lips and lose consciousness. Further exposure could result in brain damage or death. Although carbon monoxide is extremely toxic, natural gas is not. Natural gas produces carbon monoxide only when it is improperly burned and has an inadequate air supply.

To prevent carbon monoxide poisoning, Wisconsin Public Service suggests the following safety tips: Do not run a gasoline engine in a confined or enclosed space. Provide enough ventilation in your home when burning combustible materials in stoves, fireplaces or heating equipment. Make sure all fuel burning appliances are properly installed and adjusted, a yellow or orange flame in the furnace should be checked by an expert.

If you think someone is suffering from carbon monoxide poisoning: Get the person into fresh air and call for emergency help. Open all doors and windows for ventilation and call your gas company.
IN THE REAL WORLD

The real world was shocked last Thursday with the announcement made by L.A. Lakers star, Magic Johnson that he had contracted the HIV virus and that because of his illness, he would be stepping out of basketball forever.

Magic, who did not play in any of the games so far this season because of symptoms that were credited to the flu, announced that he had been tested for the HIV virus and that the tests were positive.

Doctors say that Magic does not have full-blown AIDS as of yet, but he does have the HIV virus which will eventually result in the development of AIDS.

Magic says that instead of playing basketball, he will be trying to educate people on AIDS and how to protect themselves from the virus.

Firefighters in Chicago Friday discovered 10 bodies in a house, who were apparently victims of carbon monoxide poisoning.

Two elderly people and their eight children ages 11 to 25, apparently died when a furnace circulated the deadly gas through their house during a record cold wave, said John Bing, a Chicago fire battalion chief.

Carbon monoxide readings in the house were 100 parts per million, well above normal, said Mike Congrove, the fire department spokesperson.

Peter Manzo, a spokesman for Peoples Gas, Light & Coke Co., which supplied natural gas to the house said, "Apparently, a spot weld in a flue pipe gave way, leaving a 3-inch gap (that) caused by-products of combustion, including carbon monoxide, to recirculate throughout the house."

Peoples Gas warned residents this week that carbon monoxide fumes can accumulate in buildings as a result of faulty heating equipment or blocked chimneys. They also warn that carbon monoxide is a potentially deadly gas that is usually colorless, tasteless, and odorless.

Nationalists in the secessionist enclave Sunday forced the removal of nearly 1,000 troops that had been sent to enforce emergency rule imposed by Russian Federation President Boris N. Yeltsin.

The peaceful departure of the soldiers -- a day after they arrived -- was a slap in the face to Yeltsin, who is cracking down hard on his first challenge from separatists.

By Meryl Streep

Washington -- The real world yet again. Campaign officials clumps of dirt at Duke. "I wish less, tasteless, deadly gas equipment or blocked chimneys gave Peoples Gas, Light & Coke Co.,..." said an official.

Meanwhile, in Chicago Friday, Firefighters in Chicago Friday discovered 10 bodies in a house, who were apparently victims of carbon monoxide poisoning, said John Bing, a Chicago fire battalion chief.

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INCREASE ME!!! INCREASE ME!!! INCREASE ME!!! INCREASE ME!!! INCREASE ME!!! INCREASE ME!!! INCREASE ME!!! INCREASE ME!!!
AIDS era calls for responsible sex
Wisconsin HIV cases on the rise
by Sarah L. Newton
Editor-in-Chief

Aquired Immune Deficiency Syndrome (AIDS). Except for the one thing we all feel—fear, it means something different to all of us.

To the average college student it's something that "I'll never have to worry about," to the average parent it's a tragedy that "will never happen to my child," and to Magic Johnson it's the beginning of the slow, miserable end to a wonderful life.

When I was younger and my father worried extensively about me every time I set foot outside the front door, I would always tell him, "Dad, what's the matter, don't you trust me?" "Yes, Sarah," he would say, "of course I trust you, it's everyone else that I don't."

Point taken. Who ever would've thought that something your parents taught you would actually come in handy? With most of us being in the "best years of our lives" time span, it would only follow that we aren't exactly expecting to contract AIDS from the HIV virus, which causes AIDS.

True, it may never happen to you, but instead to someone you

choose (or don't choose) to sleep with.

As of October 25, 1991, there were 1,030 reported cases of AIDS in Wisconsin, compared to 807 one year ago. As of September 30, 1991, there were 191,601 reported cases in the United States compared to 152,126 one year ago.

Statistically, for every one case of AIDS, there are 25-100 infections of HIV which are unreported. This amounts to 10-12,000 infections of HIV in Wisconsin alone.

According to Dr. James Zach, there have been no positive HIV tests at UWSP since the Health

Service started testing in the mid 80's, "We do quite a few [HIV tests], probably 300 or 400 since we began." Carol Hebert, Head Lab Technician at the Health Center, said the number of tests has increased considerably since last year (72 tests), but there's no way to accurately count this semester's tests, "Some day's we'll get three or four, some days we won't have any."

One point that Zach emphasizes is that people who are interested in being tested for HIV, and have therefore been in a position to contract the virus must realize the importance of being tested for other STD's also. Zach says that HIV is on its way into the mainstream of STD's (like Gonorrhea and Chlamydia which cause sterility), and that it needs to be treated as any other disease.

In other words, the stereotypical high-risk groups for HIV, like homosexual men, IV drug users and hemophiliacs, are becoming less and less defined.

"One day, heterosexual men and women will be as much at risk...as anyone else.

Presently, HIV tests at the UWSP Health Service are handled on an anonymous basis. This means that when someone gets the results back from an HIV test, they walk with them. Even if the results are positive, the person leaves with all records of the test ever being taken.

Because of this, there will be no way for the Health Center to contact those who test positive for HIV, ultimately people who could have AIDS, and could be spreading it to others.

Believe it or not, UWS has an AIDS policy and AIDS guidelines. Imagine that. Basically, these guidelines follow the procedure that would occur if someone tested positive for AIDS on our campus, student or faculty.

There are a lot of statistics here, and perhaps they sound slightly preachy. In my opinion, it boils down to responsibility, peace of mind, and another thing my father told me when I left for college. "You can have fun, just don't hurt anyone."

Sex these days is a matter of considering not only other people's feelings, but their health, your health, and the overall future of everyone involved.

Perhaps Magic Johnson's new wife and his unborn child still have a chance. Perhaps one doesn't, and one never did. Regardless, if baby Johnson is ever given the opportunity, I'm sure she/he'll practice safe, responsible sex.

Magic Johnson's AIDS
instigates hope for cure
by Lara K. Burke
Contributor

Well how do you like that? Magic Johnson, that one person we all assumed was going to go straight to Heaven because of what he's brought to Basketball, has finally gotten around to showing us he's only human, well...

By proving, with one quick shot, that it is possible for ANYONE to contract the HIV virus, no...

No, I won't go into all the details about how you get it, how to prevent it, and all of that.

What I will tell you is this: if we have hope on Magic now, that will really be the end. You see, there is the possibility of living with the disease even though 90% of the great U. S. hasn't come to realize this yet.

We can conquer HIV and the AIDS disease the way we get closer to conquering all forms of cancer every day.

Suzi Landolphi, who presented the show "Hot, Sexy, and Safe," said that during packed PBR room last spring, gave us this same message.

We have to learn to think like conquerors, instead of admitting defeat the minute we find out Magic Johnson has the HIV virus, or our father has cancer, or our best friend just donated blood, and the Red Cross, after testing her blood, sent a letter informing her she is HIV positive. It is possible to get past this, just

as it is possible to get past any mountain put before us.

It doesn't matter what your religion says, or what your friends profess to believe; what matters is that you listen to the facts, keep them in your head, and never, ever give up hope for a cure.

Reprinted with permission from Joseph Heller and the Green Bay Press Gazett
Why AIM opposes Columbus and Columbus Day parades

When the Taíno Indians saved Christopher Columbus from death on the faceless morning of October 12, 1492, a glorious opportunity presented itself. The cultures of Europe and the Americas could have merged, and the beauty of both races could have become unbridled. Unfortunately, what occurred was neither beautiful nor heroic. Just as Columbus could not, and did not, "discover" a cheering Columbus, consequently, one "factual"
will not, be recognized as a heroic. Just as Columbus could races could have flourished. merged, and one's depiction of history, the in historical hero and celebratory event by indigenous peoples, unlike the Western tradition, which presses some absolute concept of objective truth, and consequently, one "factual" depiction of history, the indigenous view recognizes that there exist many truths in the hemisphere that was already inhabited by nearly 100 million people, his arrival cannot, and will not, be recognized as a heroic and celebratory event by indigenous peoples.

From an indigenous vantage point, Columbus's arrival was a disaster from the beginning. Although his own diaries indicated that he was greeted by the Taíno Indians with the most generous hospitality he had ever known, he immediately began the enslavement and slaughter of the Island peoples of the Caribbean islands. As the eminent Columbus biographer Samuel Eliot Morison stated in his book, Admiral of The Ocean Sea, Columbus was personally responsible for the enslavement and murder of indigenous peoples. He was personally responsible for the design and operation of the encomienda system that tied Indians as slaves to the lands stolen from them by the European invaders.

As detailed in the American Heritage Magazine (October, 1975), Columbus personally ordered the genocide of the Taíno Indian nation of what is now Haiti and the Dominican Republic. Consequently, this murderer, despite his historical notoriety, deserves no recognition or accolades as a hero; he deserves not respect as a visionary; and he is not worthy of a state or national holiday in his honor.

Defenders of Columbus and his holiday argue that indigenous peoples unfairly judge Columbus, a 15th century actor, by the moral and legal standards of the late 20th century. Such a defense implies that no moral or legal constraints applied to individuals such as Columbus, or countries, in 1492. As Robert Williams details in his book, The American Indian in Western Legal Thought, not only were there European moral and legal principles in 1492, but they largely favored the rights of indigenous peoples to be free from unjustified invasion and pillage by Europeans.

Undoubtedly, the issue of Columbus and Columbus Day is not easily resolvable with a dispassionate view. Columbus Day as a national, and international, phenomenon reflects a much larger dynamic that promotes mythical myths and historical lies that have been used through the ages to dehumanize Indians, justifying the theft of our lands, the attempted destruction of our nations, and the genocide against our people. Since the 15th Century, the myth of Columbus' discovery has been used in the development of laws and policies that reek of Orwell's doublethink: thief equal the righteous spread of civilization, genocide is God's deliverance of the wilderness from the savages, and the destruction of Indian societies implies the superiority of European values and institutions over indigenous ones.

Columbus Day is a perpetration of racist assumptions that the Western Hemisphere was a wasteland cluttered with savages awaiting the blessings of Western "civilization." Throughout this hemisphere, educational systems perpetuate these myths—suggesting that indigen­ous peoples have contributed nothing to the world, and, consequently, should be grateful for their colonization and not their destruction.

As Alfred Crosby, Kirkpatrick Sale, and Jack Weatherford have illustrated in their books, not only was the Western Hemisphere a virtual ecological and health paradise prior to 1492, but the Indians of the Americas have been responsible for such revolutionary global contributions as the model for U.S. constitutional government, agriculture that currently provide 60 percent of the world's daily diet, and hundreds of medical and medicinal techniques still in use today.

If you find it difficult to believe that Indians had developed highly complex and sophisticated societies, then you have been victimized by an educational and social system that has given you a distorted, discredited view of history. The operation of this view has also enabled every country in this hemisphere, including the U.S., to continue its destruction of Indian peoples. From the jungles of Brazil to the highlands of Guatemala, from the Chaco to the Supreme Court of the United States, Indian people remain in a perpetual state of danger from the systems that Christopher Columbus began in 1492.

Throughout the Americas, Indian people remain at the bottom of every socio-economic indicator, we are under continuing physical attack, and are denied the least access to economic, political, or legal rights. Despite these conquests and unbridled assaults, we have resisted, we have survived, and we refuse to surrender any more of our homeland or to disappear into the romantic past.

To dignify Columbus and his legacy with parades, holidays and other celebrations is intolerable to us. As the original peoples of this land, we cannot, and will not, countenance or political festivities that celebrate our genocide. We are embarked on a two-pronged campaign in the quincentenary year to confront the continuing racism against Indian people.

First, we are advocating that the divisive Columbus Day holiday should be replaced by a celebration that is much more inclusive and more accurately reflective of the cultural and racial richness of the Americas. Such a holiday will provide respect and acknowledgment to every group and individual of the importance and value of their heritage, and will allow a more honest and accurate portrayal of the evolution of the hemisphere. It will also provide an opportunity for greater understanding and respect as our societies move ahead into the next 500 years.

Second, and related to the first, is the advancement of an active, militant campaign to demand that federal, state and local authorities begin the removal of anti-Indian icons throughout the country. Beginning with Columbus, we are insisting on the removal of statues, street names, public parks, and any other public object that seeks to celebrate or honor the ancestors of Indian peoples. We will take an active role in the removal of anti-Indian monuments and icons, and we will take an active role of opposition to public displays, parades and celebrations that champion Indian haters.

We encourage others, in every community in the land, to educate themselves and to take responsibility for the removal of the anti-Indian vestiges among them.

For people of goodwill, there is no better time for a re-examination of the past, and a re-affirmation of the historical record...
BELIEVE IT OR NOT, THIS GUY IS IN CLASS.

Excitement and adventure is the course description, and Army ROTC is the name. It’s the one college elective that builds your self-confidence, develops your leadership potential and helps you take on the challenges of command. There’s no obligation until your junior year, and that means there’s no reason not to try it out right now.

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Register for Military Science 102 and GPE 178
Spring Semester Class Schedule and Worksheet on Back

CLINIC: 1:00 – 4:00 p.m.
AWARDS: 4:30 p.m.

$1.00 18 & over
$.50 under 18
Why AIM opposes Columbus and Columbus Day (parades)

When the Taino Indians saved Christopher Columbus from certain death on the fateful morning of October 12, 1492, a glorious opportunity presented itself. The cultures of Europe and the Americas could have merged, and the beauty of both races could have flourished.

The category of invasion and pillage by Europeans. Furthermore, the issue of Columbus and Columbus Day is not easily resolvable with a disposition of Columbus, the man. Columbus Day as a national, and international, phenomenon reflects a much larger dynamic.

The authorities begin the removal of anti-Indian icons throughout the country. Beginning with Columbus, we are insisting on the removal of statues, street names, public parks, and any other public object that seeks to celebrate or honor the ancestors of Indian peoples. We will take plays, parades and celebrations that champion Indian haters. We encourage others, in every community in the land, to educate themselves and to take responsibility for the removal of the anti-Indian vestiges among them.

For people of goodwill, these

WORKSHEET CLASS SCHEDULE

Courtesy of Military Science Department

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* Denotes military science 102 class times.

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Throughout the Americas, Indian people remain at the bottom of every socio-economic indicator, we are under continuing physical attack, and are af-

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Clue

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8 P.M.

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PERSONAL POINTS ACCEPTED

COLLEGIATE

CHEERLEADER - POM PON - MASCOT

CHEER/POM COMPETITION CLINIC

DECEMBER 8 QUANDT FIELDHOUSE

COMPETITION: 9:30 a.m. - 12:00 p.m.
CLINIC: 1:00 - 4:00 p.m.
AWARDS: 4:30 p.m.

$1.00 18 & over
.50 under 18
Early Ice Northern Pike

by Buck Jennings

Outdoors Editor

Well, it's no secret that I've been mighty pent-up over not having been ice-fishing for so long. This past Friday I finally had a chance to relieve myself on the ice.

I decided to try for Northerns on a local backwater. The midday sun caused the ice to crack and bellow as I gingerly tested its strength.

Being the first angler on new ice, the sounds of cracking are a bit disconcerting. I found the ice to be nearly four inches thick, clear and solid.

I typically look for Northerns in shallow water, especially on early ice. As snow piles up and weeks begin to decay, oxygen will become scarce in the shallows and pike will head for deeper water. When fishing unfamiliar waters, run your line of tip-ups from about four feet of water to about twelve feet of water, don't automatically rule out the deep-water. Adjust your set according to the depth receiving the most strikes. Nine times out of ten it will be shallow.

I set out three tip-ups in four feet of water baited with large golden roaches and began the wait. While waiting for a flag, I walked the ice over shallow water. The ice had frozen so clearly that I could see weeds and the sandy bottom below.

Within five minutes I had my first flag. Within five minutes and one second I had fallen on the ice and smashed my knee.

Northern was going gonzo on the ice.

The action continued. Over the next three hours I got about nine flags and caught only four Northerns. The fish were biting the baits and making their first, short runs. Usually, after the initial run, a fish will turn the bait and begin to swallow it before making a second run.

Today things were different. When I tried to set the hook on the second run I would feel it take out of the bait. The fish still hadn't begun to swallow it.

I adjusted to the situation and began setting the hooks during a third run.

Be aware of this possibility if you are losing a lot of fish. Be careful not to let the fish take the bait for too long, as a deeply hooked fish stands little chance of survival upon release.

When fishing for Northern pike, release as many fish as possible. Northerns are not blue gills, and certain populations can sustain little fishing pressure

In the Pointer issues one and two I discussed water quality in the Wisconsin River. The bottom line is that I would advise that no-one eat fish from the waters of the Wisconsin River.

For some of you who might have missed last week's Pointer, I will recap. I am sponsoring a writing contest wherein, the writer of the craziest, based on truth outdoors story will win a guided luxury ice-fishing expedition.

Well, keep those entries pouring in. I will do my best to select a winner. And remember, void where prohibited by law.

The fish was running hard as I neared the tip-up. After a short struggle, an 18 to 20 inch make Northern Pike was ice-bound.

Safety First On Early Ice

by Buck Jennings

Outdoors Editor

When fishing early ice remember to put safety first. Here are a few tips to help you prevent getting a scoarer or drowning.

Fishing in pairs. This way you will have some help should you fall through.

Tell another party where you plan to fish and what time you expect to come back. This way they will know where and when to come looking.

Carry a long lick-type stick and two ice picks and rope when first venturing out on new ice. A long stick will help prevent your total submersion should the ice break. Ice picks will help you claw out on slick ice. Have your partner walking behind you carrying the rope. Place a couple loops in the end of the rope. Rope can be hard to grip with wet, frozen hands.

Wear tight clothes and expect to swim. One thing about falling through the ice is that you never expect it. Expect it.

Have a good knowledge of the water you fishing and try to stay over shallow water where possible, a hard bottom. Soft mud can further hamper your attempts to get out of icy water.

When leaving questionable ice back-track, and follow your own footprints back to shore. I've fallen through the ice less than five feet away from where I'd set a tip-up because I walked a different route.

Check the ice thickness with your ice auger often. While this is not fool-proof it can give you an idea of what to expect.

If you plan to drive on the ice, in my opinion you are A: on drugs or B. Lazy, independently wealthy (so you can afford the thousands of dollars in recovery fees and DNR fines it will inevitably face upon dunking your vehicle), and have no conscience (bucky are not bothered by the environmental impact and its associated chemicals have on an aquatic environment, or don't care that you might be irritating the hell out of your fellow anglers). If you fall into one of these categories, tie a length of rope and a buoy to your vehicle. This will facilitate its recovery should it fall through. Just for fun, give your insurance company a call and see what they think about the idea.

Finally, use your head. Don't take unnecessary risks and do not mix booze with fishing. If you must drink, do it off the ice. You'll probably enjoy both experiences better.
CNR Sponsors Speaker

Ever notice how men and women perceive conversations differently? Few people fully understand the implications of those differences or how to consciously select appropriate language strategies in order to express their empathy, assert their authority, build consensus, and demonstrate their self-confidence.

Dr. Dan Dieterich will explore the topic of Men, Women and Language on Monday, November 18 at 4 p.m. in Room 112 of the College of Natural Resources Building.

Dr. Dieterich is a professor of English at UWSP and has worked in the Academic Achievement Center on Campus for the past fifteen years. He also serves as a writing consultant for several companies, including First Financial Bank and the Wausau Insurance Company.

His interest in gender differences in language sprang from his work on the committee on Public Double Speak, a group that studies public language and its misuse for the National Council of Teachers in English.

After studying sexist language, Dieterich became interested in how sex differences affect language. He uses a variety of sources to gain information on this subject, including the popular book by Deborah Tannen entitled You Just Don't Understand. This colloquium is the second in a series of four, sponsored by the College of Natural Resources, UWSP. For further information on this, or any other colloquium presentation, contact Dr. Richard Wilke at the College of Natural Resources, 346-2853.

Raptor Presentation At Schmeekle

by Wendy Wagner Kraft

Staff Writer

November 18 for "Roadside Raptors." A falconer and live bird will be on hand for this program on Wisconsin raptors. The presentation will begin at 7:00 p.m. and last until 7:50 p.m. in the Schmeekle Reserve Visitor Center. All age groups are welcome and the best part of all is that you needn't spend a dime for either event! You can call Schmeekle Reserve for more information at 346-4992.

Once you've discovered the secrets behind bird nests don't quit there. Stop back out at Schmeekle on Monday, November 18 for "Birds Handiwork: Nests." A falconer and live bird will be on hand for this program on Wisconsin raptors. The presentation will begin at 7:00 p.m. and last until 7:50 p.m. in the Schmeekle Reserve Visitor Center. All age groups are welcome and the best part of all is that you needn't spend a dime for either event! You can call Schmeekle Reserve for more information at 346-4992.

As winter nears, back yard bird feeders play an increasingly important role as a food source for urban birds. Song-birds provide colorful variety and diversity to back yard wildlife. Fill feeders on a regular basis, as local birds will come to rely on them as a dietary supplement during the lean winter months. (File Photo By Al Crouch)
Word Search

A few years ago I made this word search for the waste time page of a publication called "Carp Angler Journal." I write this publication with my college. "Caffish" Kevin Foila. We are due for a new issue in April of '92. Anybody interested in our mag, can contact me for info. True to its form, this word search is filled with a now unknown number of words pertaining to rough fishing and its associated nonsense. I don't recall exactly what words are in here. Knock yourself out, and remember "PP" is not a word.

Buck

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Canine Distemper

Common In Raccoons

If you notice raccoons exhibiting some strange behaviors, it may be that they are suffering from canine distemper disease, according to Kerry Bauer, wildlife health assistant for the Department of Natural Resources. The strange behaviors may include coming close to homes, people or domestic animals during the daytime, curling up and appearing to be asleep near homes or garages, ignoring human attempts to chase them away, or acting overly aggressive.

The canine distemper virus affects dogs, foxes, mink, skunk and raccoons. Common clinical signs in the disease are pneumonia-like symptoms of respiratory distress; the disease may also cause neurological problems such as muscle twitching, hind limb paralysis, seizures and uncontrollable jaw movement.

The virus is transmitted when healthy animals come in contact with secretions or excretions of infected animals. Bauer said that the disease is transmissible to dogs, but not to cats or people. The infective virus does not live long outside the host and is destroyed by most soaps. The best protection for your dog, according to Bauer, is to have an up-to-date vaccination for canine distemper. She said puppies should also be vaccinated according to a veterinarian's recommended schedule.

Confirmed cases of canine distemper virus in raccoons have come from the Appleton area. Reports of strange-acting raccoons should be made to the local DNR Wildlife Manager or municipal nuisance animal control officer. A definitive diagnosis cannot be made without microscopically looking at infected tissue.

For your protection, do not attempt to pick up a sick or aggressive raccoon—call the local animal health officials. Do not let the animal in the house, and avoid contact between your pets or children and any sick animals.

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THE FAR SIDE

By GARY LARSON

Regrettably, the Labinski brothers had selected an apartment in the heart of the Bermuda Triangle of jam sessions.

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RECYCLE ME!!!  RECYCLE ME!!!  RECYCLE ME!!!  RECYCLE ME!!!  RECYCLE ME!!!  RECYCLE ME!!!
Perestroika sets tone for Soviet films

A guest lecture about the status of Soviet filmmaking in the age of perestroika is part of a Soviet film festival which will be held Thursday, Nov. 14 through Saturday, Nov. 16 at UWSP.

Sponsored by the University film Society, the event will be held in Room 333 of the Communication Arts Center and is open to the public without charge.

Vance Kepley, a professor at the University of Wisconsin-Madison, will discuss "Soviet Film Age of Perestroika" at 8 p.m. on Saturday, November 16.

"Nostalgia," a film directed by Andrei Tarkovsky, will be shown after the evening's presentation. It depicts the travels of a young Soviet writer visiting Italy and the resulting feelings of "nostalgia"—melancholy homesickness—which he must come to terms with in his new environment.

The festival also features the works of Soviet directors and actors, and the films span a variety of themes centering around life in the Soviet Union. The following films will be shown Thursday, Nov. 14.

"Girl with a Habor," a satirical comedy set in the 1920s about young Russian woman's madcap pursuit of a winning lottery ticket. The film will be shown at 6 p.m.

"Ballad of a Soldier," will be shown at 7:30 p.m. Directed by Grigori Chukhai, the movie is one of the most highly acclaimed Soviet films on World War II. The story follows the life of a young soldier after he returns home from combat.

"Is it Easy to be Young," a documentary of punk rock subculture in the Soviet Union, focuses on the experiences, hopes and dreams of punks in 1987 communism. The movie will be run at 9:30 p.m.

Friday, November 15 will be the date for the following films:

"Marshall Blucher: A Portrait Against the Background of an Epoch." portrays the fate of the Soviet Union in the 1920s through the biography of one Red Army hero. The film will be shown at 2 p.m.

"And the Past Seems But a Dream," records the fifty-year reunion of a group of children who wrote an idealistic book called "We are from Irginka" in 1937. Rather than addressing their childhood happinesses, director Sergi Miroshnichenko unearths the underlying collapse of faith by the Russian people. It will be run at 2 p.m.

At 4 p.m., the movie "Alexander Nevsky" will be shown. The historical epic portrays the life of Prince Alexander Nevsky.

"My Name is Ivan," depicts the story of a young Russian boy's coming-of-age during World War II. The film, which won the Grand Prize at the 1962 Venice Film Festival, will be shown at 7:30 p.m.

Choosing the day's film offerings will be "Forgotten Tune for the Flute," at 9:30 p.m. A comedy which satirizes the Russian upper class of government officials, the movie follows a privileged official who falls in love with a working-class woman, who shows him his true personality.

Saturday, November 16 includes:

"Rasputin," which will be run at 2 p.m. One of the famous banned Soviet films, the movie brings life to self-proclaimed Soviet prophet whose madness and greed led to the Russian Revolution.

"incident at Map Grid 36-80," a drama about a Soviet squadron's attempts to aid an American nuclear submarine in distress, will be shown at 4 p.m. The movie provides a rare look at Soviet military life and the "close calls" that occur in the nuclear age.

AIM
Continued from page 4
for future generations, that the 500th anniversary of Columbus' arrival. There is also no better place for this re-examination to begin than in Colorado, the birthplace of the Columbus Day holiday.


THE FAR SIDE
By GARY LARSON

THE BIG ITCH
-- Don't even think of scratching!

Dog previews

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AIM

CONTINUED FROM NEXT PAGE
Professional actress graces UWSP's "Gypsy"
Musical promises audiences a thrilling emotional experience

The role of Mama Rose in the musical "Gypsy," will be played by a professional actress who recently joined the faculty at UWSP.

Laura Birmingham, who has studied at UW-Milwaukee's professional actors training program and performed in Shakespearean productions in Alabama and Utah, plus dramas, musicals and comedies throughout the Midwest, will play the dominating stage mother of Gypsy Rose Lee. The show is directed by Arthur Hopper of the UWSP faculty.

The musical will be performed at 8 p.m. on Nov. 16 and 19, 23, and at 7 p.m. on Nov. 17 in the Jenkins Theatre of the Fine Arts Center. Tickets are on sale at the College of Fine Arts and Communications box office.

Birmingham came to UWSP this fall from Atlanta, where she was appearing at the Roxy Theatre in a production of "A... My Name Is Alice." Hopper says Birmingham's part in "Gypsy" is "demanding and strenuous." She must act, sing, and dance and appear on stage throughout, in a role assessed as, "perhaps the greatest test of a musical comedy star," according to Ken Mandelbaum of The Week magazine.

Discussing the aggressive, selfish stage mother's motivation, Mandelbaum goes on to say, "On a more serious level, Rose deprives her daughters of a childhood and an education, forcing them to carry on with a third-rate vaudeville act in order to fulfill her failed dreams of show-biz stardom.

She insists that her children pretend to be babies even when they are teenagers. Rose ultimately thrusts Louise into stripping in a last-ditch attempt to make her into a star."

Hopper calls the play one of the finest musicals ever produced, possessing great songs, a powerful story and theatrical spectacle. The show includes more than 130 costumes and sets which provoke 15 different locations.

"Set in the world of vaudeville during the 1920's, "Gypsy" has a strong story line with musical numbers that are an integral part of the drama," Hopper says.

When the original production starring Ethel Merman opened on Broadway in 1959, Kenneth Tynan of the New Yorker said about the play, "So smooth is the blending of skills, so precise the interlocking of song, speech, and dance, that the sheer contemplation of technique becomes a thrilling emotional experience...the result is art."

Professional actress Laurie Birmingham playing Mama Rose joins Eric Brehm as Herbie and Ann Zawadzki as Gypsy Rose Lee in the UWSP production of "Gypsy."
Sanders’ spend night in Hyer quarters

by Sarah L. Newton
Editor-in-Chief

Residents of Hyer Hall received a surprise visitor Tuesday evening.

Chancellor Keith Sanders and his wife, Carol, arrived at Hyer about 5:00 p.m. and then had dinner at the Allen Center around 5:30.

After dinner, the Chancellor and his wife met with students to discuss issues like Campus Security, computer accessibility, and enrollment cap.

"Sanders’ talk put priority attention on student choice," asking the students what’s been going well, and not so well, and getting feedback from them.

“I thought it went well,” said Anne Hoffmann, Hyer Hall Director. “(Sanders) took a fair amount of time to discuss issues with the students in a formal setting, then walked around and did rounds with them. We were pleased to have Chancellor and Mrs. Sanders stay for the evening, and I think it helped the students to realize the University’s priorities.”

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...bit of tradition with a bit of trend

THE FAR SIDE

By GARY LARSON

Vera looked around the room. Not another chicken anywhere. And then it struck her — this was a hay bar.
The Yellowjackets four-goal outburst in the first period was started by Mike Salher at the 5:12 mark. Fifty-one seconds later the lead was two as Jamie Bailey beat Pointer goaltender Todd Chin high to the left side and the Pointers, as well as a standing room only crowd at the KB Willett Arena seemed to be stunned.

"They showed that they have what it takes to come from behind and then return and dominate from the start the next night." - Coach Baldrotta

It took the Yellowjackets only a minute and a half to produce their third goal, and with Dan Lauglin scored at the 10:31 mark, the Superior lead was four and something had to be done. Coach Baldrotta called for a time out and brought his troops over to regroup. "The time-out was actually Pointer Assistant coach Tim Coglin's idea, and it was a great one that couldn't have come at a better time. We brought our guys over and changed a few things in our fore check and pulled our defense a bit farther back so they couldn't beat us with their quickness," said Coach Baldrotta.

The Pointer comeback began as junior Jeff Marshall picked up a power play goal at the 13:19 mark of the first period. The Pointers trailed 4-1 after the first period.

The Pointers came out quickly in the second period and picked up a goal from Frank Citrone and Marc Strapon to close the lead to one. The real difference came from the Pointer penalty killers.

"Two times in the second period the Yellowjackets had two man advantages, but the penalty killers held their own and enabled the Pointers to stay one goal behind."

The third period saw the Pointers momentum going into full force as Knueger picked up his second goal of the year and the score was tied at four at the 3:09 mark of the final frame. It took the Pointers only one minute to take their first lead of the game as Citrone beat a Stikosbchor rebound for his second goal of the game and the Pointers never looked back.

"They showed that they have what it takes to come from behind and then return and dominate from the start the next night." - Coach Baldrotta

The Pointers last score fittingly came on a power play on the 14:47 mark to increase the lead to 6-4.

The Yellowjackets, however, kept after the Pointers as Scott Campbell scored with 47 seconds remaining to take the Yellowjackets into overtime. The Pointers held tough in the overtime period and were able to escape from the bottom of the NCHA (NCHA) is a tough first period to take their first lead of the game. Coglin's first quarter score was then 27-18. The Pointers momentum swung into the second period as Cirone picked up a Al Bouchor rebound for his second goal of the period. The Pointers did not score again.

The Pointers penalty killers came through again and the Pointers held on to win 6-5. Chin, who struggled early, and then picked his game up with the rest of the squad, finished with 19 saves for his second win of the season. "It's not that Todd played bad in the first period, I just wasn't helping him," said Baldrotta.

"When it came down to the second and third periods, Chin continued on page 17.

**Men and women swimmers defeat Whitewater by Deby Fullmer**

The UWSP Men's and Women's swim team won UW Whitewater on Saturday, November 9. The UWSP men's score was 131 to 74 and the UWSP women's score was 128.5 to 77.5. "Our times were a little better than what I thought they'd be as we had a great week of work and I mixed up the events a little," said Head Coach Red Blair.

The Dogfish of the week for the women were Julie Pasuch, Nan Wendlin, Mary Meyer, Vicki Dana, Amy Hahn, Tiffany Hubbard, and Deby Fullmer. The WIACC Swimmer of the Week nominations were Mary Meyer for her victories in the continued on page 13.

**Correction**

In last week's issue, the article about Todd Hasting's death contained "Hockey team mourns death," contained an error. Hasting's last name was misspelled. His last name is spelled Hasting, not Hastings.
Point Wrestlers compete well at Tombstone Open

by Mike McGill
Staff Writer

Coach Marty Loy called the UWSP/Wusthoff’s performance at last weekend’s Tombstone Open a “base to build from.” No team scores were kept due to the large size of the 400 IM. Wrestlers from 32 different schools participated, wrestling on seven mats.

In the Gold Division, first place finishes were captured by Dennis Schmitt in the 142 lb. class and Travis Eberl in the 190 lb. class.

Four UWSP wrestlers wound up in second place in their respective classes. They were Joe Ramirez (160 lbs.), Chris Perske (134 lbs.), Dave Carlson (177 lbs.), and Dennis Aupeperie (Heavyweight). Brian Sackochi, also wrestling in the heavyweight category, took third place.

Wrestling to fourth place finishes in the gold division were Jeff Bartkowski (134 lbs.) and Dave Carlson (177 lbs.).

The Silver Division saw three first place finishes in Jere Hamel (134 lbs.), Ken Anderson (162 lbs.), and Brent Roeder (177 lbs.).

Dave Van Reek placed fourth in the 126 lb. class, and John Pink fourth in the 190 lb. class.

Coast Loy was pleased with 5 champions out of 20 classes. Considering the number of teams and the caliber of many of those teams, I’d have to say that we fared well,” he said.

Loy also pointed out his surprises and disappointments, stating, "many of our younger wrestlers did better than expected, while some upclassmen didn’t do as well as expected.”

The Pointer men will have until next Saturday, November 23, to straighten things out when they travel to the UW-Madison Fieldhouse for the Badger duals, beginning at 9:00 a.m.

Four Pointers named to All-WSUC

by Mark Gillette
Sports Editor

The All Wisconsin State University Conference (WSUC) football team was announced this week with four players from UWSP making the first team.

Wide receiver Barry Rose and placekicker Dave Schneider made the offensive first team. Rose, a senior from Baldwin, Wisconsin, led the league in scoring, receptions, and receiving yardage with 11 touchdowns (66 points), 47 catches, and 939 yards.

Schneider, a senior from Green Bay, broke the school record for field goals in career, a career of 22. He broke the old school record of 21 field goals.

Making the defensive first team from UWSP was defensive lineman John Schmitt, a junior from Stratford, Wisconsin, and Andy Chiolite, a junior linebacker from New Franken, Wisconsin.

Chiolite led the conference with 62 solo tackles. He had 30 assists for a total of 92 tackles.

Schmitt had 5 1/2 sacks and 55 total tackles for the Pointers "Angry Boy" defense. La Crosse had the most players on the first team with seven-five on the defensive team, and two on the offensive.

Steve Point and Oshkosh each had four players on the team while Waterloo, Superior, and Stout put three players on the team. Platteville and Eau Claire each had two players represented on the team with River Falls placing one player.

Two players from UWSP were named to the All-WSUC second team. sophomore running back Jimmy Henderson from Milwaukee ran for 378 yards on 161 carries for four touchdowns.

Senior defensive back Pete McAdams from Ladd, Illinois, was the other Pointer on the second team. He recorded four interceptions this year as well as 74 total tackles.

Five Pointers received honorable mention for their play this season. On offense, senior lineman Kurt Krueger from Fond Du Lac, freshman center Ben Hoffman from Fond du Lac, Wisconsin, and sophomore quarterback back Roger Hauri from Richmond, Illinois, were all noted for their performances this year.

Hauri missed the last 2 1/2 games with a broken right thumb he incurred in the Plat­ teville game. Before he was in­ jured he was leading the conference with 14 touchdown passes and 1,201 yards passing in 6 games. Overall, he averaged 216 yards a game, 201 yards passing and 15 yards rushing a game.

Dave Mlachnik, a junior from Muskego, Wisconsin, received honorable mention on both offense and defense. Mlachnik, who was also injured in the Plat­ teville game, led the league in punting for the WSUC average on 31 kicks. As a defensive back he had three interceptions.

Also receiving honorable men­ tion on defense was freshman defensive lineman Jerry Versiten from Saukaua, Wisconsin. Versiten recorded 4 1/2 sacks and 35 total sacks.

Congratulations to all Pointers who made the All-WSUC football team.

Mark Poyer (142) controls his opponent and goes on to win 1-4-4 in last Saturday’s “Tombstone Open.”

Connor Matthew (162) edges over the finish line in the 100 yard dash for 11th place.

Couglin makes smooth transition to ass't coach

by Tom Weaver
Contributor

When a team goes through a change in a head coach, many people don’t realize that there are other changes that happen as well. Joe Baldarotta was named as the new head hockey coach at UWSP, the immediate question was: "Who would he name as his assistant?"

When you ask the athletic department why Joe Baldarotta was hired they will tell you that he knows the program and he has been here for five years. Well, you can say the same thing about assistant hockey coach Tim Couglin.

Couglin, a Pointer defensive end from 1985 to 1988, says he is glad to be back as a coach here at Stevens Point and would not want to be anywhere else. "I really don’t think that I could have taken a job anywhere else in the college ranks because of the feelings I have for Stevens Point," says Couglin.

Couglin comes to the Pointers from the professional hockey ranks, playing with the Mil­ waukee Admirals and their parent Vancouver Canucks and playing last season with the Fife Flyers in Scotland.

A shoulder injury suffered during the Canucks pre-season camp forced him out of action for a season before he returned with the Fife Flyers last season.

"The NHL is what every player in America dreams about playing in and I was lucky to be given the opportunity to have a chance to play there," said Couglin. "But playing in Scot­ land last season was like night and day compared to the NHL.

Couglin says that the people overseas are just looking for an continued on page 15

Swimming

from page 12

1650 freestyle (19:06.40) and in the 200 butterfly (2:27.34), and Nan Wardin for her victories in the 400 IM (5:01.38) and in the 500 freestyle (5:37.84).

The Dogfish of the week for the men were Troy Shibbs, Todd Neuenfeldt, Bob Weigel, Dan Guey, Geoff Morris, Bill Jeter, Jay Buckmaster, Kevin Fel­ wicks, and Christian Boyce.

The WSUC nomination for swimmer of the week was Geoff Morris who won the 400 IM (4:31.82) and the 200 back­stroke (2:07.29).

Biar concluded by saying "it’s always nice to have a mark on the winner’s side-even nicer when the men and women both bring in a victory." The Pointer swimmers will be hosting the conference relay meet this Saturday, November 16. The meet will begin at 12:30.

Football

from page 12

big play man in the WSUC, I’m happy he’s had a big year.”

The only score UWSP had in the first half came on a one yard touchdown run by Jerry Versiten.

River Falls’ 12 points at the first half came on a one yard touchdown run from quarter­back Hupham and 67 yard pass from Hupham to Ron Hanestad.

Point finished the season 6-2 in conference and 6-3-1 overall, good for a tie for second place in the WSUC. The team had it’s ups and downs but Coach Michel and the Pointer’s went very well overall with the performance of the team this season.

"Our kids played some good football, our seniors had a great year. It’s always nice to finish the season with a win."
Magic Johnson touches many lives in announcing he has HIV virus

by Mark Gillette

Sports Editor

Surprise, sadness, shock, and fear were set into the minds and hearts of people around the world when Magic Johnson announced his retirement from the NBA last Thursday. Magic revealed that he tested positive for the HIV virus, the virus that could eventually lead to AIDS.

Magic stood on the podium at the Inglewood Forum in Los Angeles with the same smile everybody came to love him for. His revelation took a lot of courage and strength.

Magic has dazzled us on the basketball court for the last 12 years, nine of those years taking the Lakers to the NBA championship.

Along with Larry Bird, he revived the NBA and put excitement back into the game for fans and players alike.

Now, he is retiring and one of a growing number of people who have tested HIV positive.

Magic expressed that he has the HIV virus, not AIDS. Most importantly, he emphasized that anybody can test positive for the HIV virus, even a famous, well-liked, heterosexual, worldly superstar.

Magic will speak on behalf of the AIDS disease to help people become more aware of the disease.

What about the hundreds of other athletes who have led the same lifestyle that Johnson did? With all of the sexually transmitted diseases going around, it’s hard to believe that more athletes haven’t tested positive for the HIV virus, yet they are still playing.

The reason that others have not tested positive is that most athletes have not had the test for the HIV virus. Of the few well-known leagues in the U.S.—NBA, NFL, NHL, and major league baseball—not one has a policy for taking the HIV test.

It’s great that Magic is going to be a spokesman for the virus, but I question the initial approach he’s taking. He’s dealing with the millions of people Magic was dealing with on these two national television appearances, and being the tremendous role model he is, isn’t it best to advertise on behalf of AIDS, stress the importance of abstinence, and safe sex in healthy relationships, then all of the effort that will be put forth will be well worth it.

So now the next chapter in Magic’s life begins, he will no longer be a leader and role model on the court, but off it. Let’s hope that the courage and strength that he showed on the court and last Thursday at the press conference, continues to follow him as he tries to defy the odds and win the battle against AIDS.

Purple defeats Gold in Men’s BB

by Mike McGill

Staff Writer

UWSP Men’s Basketball Coach Bob Parker as well as the 400 in attendance got a chance to see how the team was performing as they played each other in the Purple/Gold game at Quandt Fieldhouse last Sunday.

The team was split into two squads, the purple team consisting of Mike Ojala, Tom Parker, Greg Miller, Buck Gehm, Scott Frye and Jon Julius.

Andy Boario, Brad Murrinski, Mike Dahquist, Luke Reigel, Justin Freeier, Brent Nerat, Kent Nelson and Jack Loeblin made up the gold team.

Purple controlled the tip and controlled the scoreboard, giving up the lead only once during the game when Gold went ahead 39-38 in the third quarter on a Freeier slam dunk.

Purple didn’t totally dominate the game, however, their biggest lead of the game was eight points in the first quarter following a Gehm free throw that put the score at 25-17.

The score at the half was 36-33 in favor of Purple, and although Gold pulled within a point to make it 39-38 with 3:21 left in the contest, by the final buzzer Purple had emerged victorious 63-50.

Both teams were about even in mistakes. Purple and Gold each with 15 turnovers and Purple’s 16 fouls to Gold’s 15.

Purple’s Jon Julius and Gold’s Jack Loeblin both fouled out.

Purple and Gold’s shooting offset each other as Purple’s field goal percentage registered at 53.3%, but their free throw percentage was a mere 60.6%. Gold’s 38.9% field goal percentage was overshadowed by their impressive 93.8% free.

Strong outings from Gehm (10 pts.), Wilieicker (15 pts.) and Julius (18 pts.) helped Purple to victory while Boario (12 pts.), Freier (16 pts., 7 rebs), and Loebian (16 pts., 12 rebs, 2 blocked shots) aided the Gold’s cause.

Purple’s Ojala led all players with five assists.

The second annual Nebraska Invitational, which was held this Saturday at Quandt Gym at 7:30 p.m.
Packers surprise on offense, disappoint on defense

by Brady Kiel
Contributor

Were those really the Green Bay Packers playing a fairly decent game against Buffalo last week? They actually showed some life offensively that is rarely seen in Green Bay. Carefully extracting positive achievements out of Packer losses week after week can breed cynicism, but the practice is a final option for Packers fans trying to retain their sanity. So let’s embrace it fully!

This was not an offensive performance typical of the 1991 Packers. In other words, it was great! For most of the game, Green Bay seemed to function well in the air but most astonishingly, on the ground! They controlled the ball on the ground with impressive drives, most over nine minutes each. It wasn’t until Buffalo awoken from its slumber in the second half that Green Bay lost its clock control.

Coghlin from page 13

offensive explosion and don’t really look for the role that a defense plays in the game and being a defensive he really didn’t see fitting in all that well there.

"If we would go out and win a game 14-12 everybody would be going crazy but if we won 3-2 or 2-1 they would be all upset because they didn’t get to see the kind of game they were looking for. Being a defensive I would be happier with a 3-2 win, but that just isn’t their kind of game," said Coghlin.

As a two time All-American and captain of the Pointers first NCAA Division III Hockey Champion in 1989, Coghlin still stays busy. Pointer Career and season records as a defenseman— Included in his records are season records for most goals, assists, and points by a defenseman, and single game records for goals and assists by a defenseman. His single season assist mark was broken last season by Jared Redders.

For his career, Coghlin had 108 points on 21 goals and 87 assists and currently stands seventh on the Pointer all-time scoring chart.

He was first team all Northern Collegiate Hockey Association from 1986-89 and first team all Wisconsin State University Conference from 1985-89 and served as Pointer team captain for three seasons.

When I heard that Coach Mazzafera was going to leave for the University of Minnesota and that Hoe (Baldoresta), was going to get the job, I knew that this was the job that I wanted," said Coghlin.

Green Bay quarterback Mike Tomczak engineered the offense with prolonged efficiency that no other Packer quarterback has displayed in ‘91.” He connected on 23 of 38 passes (60.5%) for 317 yards and two touchdowns. He did throw two costly interceptions, but his field presence kept Green Bay close for most of the afternoon.

Tomczak exercised command of the offense that will hopefully be carried over this weekend against Minnesota. This performance was too strong to be ignored in favor of reinserting Don Majkowski this week if he’s healthy. Let’s hope that does not come about.

The most exciting event of last Sunday was the emergence of the Packers running game. The offensive line surged at Buffalo right up the middle and showed that they can, in fact, block occasionally.

It was exciting to see Darelle Thomson bolt through the line for ten yards and then come again for more. Keith Woodside also had some starting runs of his own. It’s just unfortunate that it took ten weeks for this to occur.

Maybe Packer running backs can top 90 yards again this week. Are they ready for that much success?

The true disappointment was Green Bay’s second half defense. It’s an irony that Green Bay’s defense let it down and not the offense. After a pretty strong first half of subduing Bills offense, the Packer defense began to unravel.

It was uncharacteristic because despite Green Bay’s poor record, its defense has ranked as high as third in the NFL this year and kept the Pack close in many games. But everyone has a bad day.

The failure was mostly accounted for by the necessity for Packer pass defense. When Buffalo started to hit on all cylinders, normal negative Packer buzzwords reared their ugly heads. “Defensive holding”, “late hit”, “Jerry Holmes”, etc. came up.

People held, Chuck Cecil made a careless hit or two, Jerry Holmes was himself, Vinnie Clark made rookie mistakes and all of them slipped on the Milwaukee turf here and there. The dam broke when the rest of the defense could not contain Thurman Thomas on the ground.

To be fair, Buffalo does have the best NFL offense and Green Bay was outmatched. But the Pack make too many errors that set them back.

The Packers have a way to go to match up consistently to teams like the Bills. But they displayed some promise in their ability to pack some punch in their offensive gameplan. In knipping this Packer loss, there were many positive signs that point to a victory down the road. I even venture to say it could happen in ’91.

It might be confusing to write a story after a Packer victory, but the challenge is welcomed.

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Benefits of aerobic exercise battle winter blues

by Sheri Kademan

Now that the weather is getting cold, many people are looking for an indoor exercise to keep in shape. Why not give aerobics a shot? Women and men alike can gain benefits of good health from doing aerobics.

Aerobics is an exercise that helps us use oxygen more efficiently. There are 5 stages to an aerobic workout. The first one, the warm up, starts the workout by getting the blood flowing. During this stage, the actual "aerobic" part, the goal is to reach and maintain (for 20-30 minutes) your Target Heart Range (THR). To find your THR, subtract your age from 220 and multiply your answer by 60% and 80%—this is your range. Then comes the cool down. Here the heart rate is slowly brought down. Toning follows where the muscles are worked for strengthening.

"Women and men can gain benefits"

And lastly—stretching—this stage is a must! During aerobics muscles are constantly being contracted. In order to remain flexible the muscles must be stretched out. The workout is then complete.

The heart benefits in many ways from aerobics. First of all, it increases lung capacity and strengthens the heart muscle allowing more oxygen to be pumped. Aerobics also increases the level of HDL, a substance that carries heart-damaging cholesterol out of the blood stream. And, it aids in lowering blood pressure.

Weight control is also enhanced by aerobics. The main reason people gain weight is because more calories are taken in than are burned off. Aerobics will help use up these extra consumed calories.

Aerobics can help reduce stress, too. It does this by increasing the body's production of endorphins (a natural sedative) and catecholamines (chemical substances that help stabilize moods). Tense muscles are relaxed, relieving stress also.

"The heart benefits in many ways"

One's coordination and balance are improved by aerobics.

There are two types of aerobics: low and Moderate Impact. Both are high intensity and are equal in terms of benefits, but low are easier on the joints.

Aerobics have come a long way. For better results from your workouts, keep these tips in mind:

1. Keep your abdominal and glutens (butts) muscles tight throughout the workout.
2. Keep your head up, face forward to ensure a straight back.
3. Concentrate on contracting the muscles you're using and on your breathing.
4. Never lock your knees.
5. The bigger you make the move, the higher your heart rate will be.
6. When doing abdominal work (sit-ups) keep your stomach contracted. For two reasons: to work the core.

Continued on page 18
Hockey
from page 12

was able to respond like any
good goalstudingr does and slam the
door on Superior. We would
not have won the game if he
didn't respond like he did in the
second half of the game."

Saturdays contest was a bit dif-
fierent as the Pointers scored
four goals in the first and second
periods, and two in the final
frame to sweep the Yellowjacket
3-1.

Bouschor started the Pointer
attack with his second goal of the
season at the 7:24 mark. A
minute later, Kempff added
his second goal of the season
and the Pointers lead 2-0.

The Yellowjackets took their
share of costly penalties and the
Pointers took advantage of the
situation when Marshall and
Kempff added late power play
goals to give the Pointers the 4-1
lead.

Glen Lang got the Yellowjacks
on the board 30 seconds into
the second period but the dogs
added goals by Monte Conrad
and Tim Hale 19 seconds apart
to give the Pointers the 6-1 lead.

Todd Trettor added another
power play goal at the 13:13
mark and the Pointers held the
7-1 lead after two periods of
play.

The third period saw Chris
Campbell of the Yellowjackets
pick up a pair of goals, but the
Pointers responded with goals
by Marshall, and Sean Marson
to produce the final score of 10-
3.

Saturdays contest saw the
emergence of freshman goal-
tender Deco Kotska. Kotska was
impressive, stopping 18 shots in
his first win as a Pointer.

The weekend also saw several
players give some outstanding
individual efforts. Kempff
ended with three goals and four
assists to nab him the "NCHA-
Riedell, Player of the Week,"
honor, while Marshall added
three goals and two assists.

The Pointer special teams also
excelled as the dogs were 9 of
15 on the powerplay while
Superior was just 2 of 17.

"It's always nice to get a sweep
under your belt right away. We
really need to crank things up a
notch because River Falls comes
to us next weekend and they are
always a tough test for us," added
Baldarotta.

The Pointers might have a bit
of an advantage over the Falcons
because they have two
NCHA games in a row.
However, in a league like the
NCHA "any team can beat
anyone on any given night," said
Baldarotta.

Each of both nights is 7:30
from the KB Willett arena. Full
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The Week In Point
THURSDAY, NOVEMBER 14 - WEDNESDAY, NOVEMBER 20, 1991

THURSDAY, NOVEMBER 14
Celebration of Cultural Diversity Dinner Theater Program w/Movie, "A RAISIN IN THE SUN," 8PM (WIA, Rec-UC)

FRIDAY, NOVEMBER 15
Ice Hockey, UW-River Falls, 7:30PM (H)
Mainstage Production: GYPSY, 8PM (Jenkins Theatre-FAB)
UAB Concerts Dance Band: MIRAGE, 8-11PM (Encore-UC)

SATURDAY, NOVEMBER 16
Univ. Film Soc. SOVIET FILM FESTIVAL
Wis. Alliance for Composers State Convention, 9AM-5:30PM (FAB)
Ice Hockey, UW-River Falls, 7:30PM (H)
Mainstage Production: GYPSY, 8PM (Jenkins Theatre-FAB)

SUNDAY, NOVEMBER 17
Schmeeckle Reserve Program: Birds Handwork: Nests, 2-2:30PM (Schmeeckle Reserve Visitor Center)
Mainstage Production: GYPSY, 7PM (Jenkins Theatre-FAB)
Basketball, Exhibition Game, 7:30PM (H)

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For Sale: Wilson Profile tennis racquet in excellent condition, $100. Please call Tyler at 344-6165.


For Sale: One pair Head skis with Tyrolian bindings and new Scott poles. The skis have made it through a season working at Beaver Creek. Asking $50. Call 341-3855 after 9:00.

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