Great dancing, great food and great times had by all at the 36th International dinner, put on yearly by the International Club.

SGA President Matt Inda attends national conference in Washington D.C. March 5-7.

The AIPAC is a pro-Israel lobby organization established in the 1950s. The organization of more than 100,000 members is concerned with the security of Israel and its relationship with the United States.

This conference gives opportunity for AIPAC delegators to meet with lawmakers, administration officials and diplomats to discuss the issues facing Israel.

It also involves more than 100,000 members. The AIPAC said that the administration had a few different ideas.

"We could do one big ceremony, with limited seating or have two indoor ceremonies," said Tomlinson, adding that it would be a tight squeeze having the hallowed halls of UW-SP to start new lives.

Most of them had to pass dozens of exams before making the cut to apply for graduation, but this year, something new was added to the mix.

"We had some discussions about how we can best schedule commencement," said Bob Tomlinson, Director of Student Affairs.

Tomlinson said that the Sundial, the usual haunt for the on-campus graduation ceremony, has space issues because of the extension of the Noel Fine Arts Center.

Tomlinson said the administration had some discussions about the security of Israel and its relationship with the United States.

This conference gives opportunity for AIPAC delegators to meet with lawmakers, administration officials and diplomats to discuss the issues facing Israel.

"We could do one big ceremony, with limited seating or have two indoor ceremonies," said Tomlinson. "That's about 50 percent, which is a great response."

Issues brought before the students not only included the where's, but also the what's.

"They (the students) were very clear—the most important aspect was having two outdoor ceremonies," said Tomlinson. "The most important factor was being able to bring as many friends and family as possible."

The administration had originally anticipated that most students would be bringing about five guests into the crowd at commencement, but the survey revealed most planned on bringing an average of eight.

Because of the heightened number of guests, Tomlinson was happy to hear the students speak out. He feels the choices were made, thanks to the survey, would help the overall quality of the ceremony.

"This is probably the most important ceremony for our students," Tomlinson said.

The decision made regarding graduation includes two separate ceremonies, broken down by colleges.

One ceremony, held for those obtaining their associate degree and graduating from the College of Professional Studies (CPS), Fine Arts and Communication, and Natural Resources, will be held Sunday May 21.

The other ceremony, held for all those with Master's Degrees and students graduating from the College of Letters and Science, will be held at 10 a.m. on May 21.

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1,000 students, including 130 student-government presidents from all 50 states.

Cichantek, who was awarded a scholarship for the event, states that one of the major topics discussed among all the others was that of encouraging students to get involved on their campus about whatever it is they are passionate about.

"There were hundreds of student leaders from across the country there and we were able to share our difficulties and successes with each other to bring back to our home campuses," she said.

Cichantek said she was struck by how many campus- faces are facing the same issue, such as rising tuition, decreasing financial aid and difficulty in getting students involved on campus with those issues that affect them.

"Students are a huge population and it is inspiring to think of the power we could have if the majority of us chose to stand together on issues like tuition and financial aid," She said. "It is incredibly difficult to get access to students how vital it is that we band together and pool our influence."

Cichantek not only brought back experience for herself, but also a hopeful cognizance for others.

"The biggest thing I wanted to communicate when I got back from trip was that politics isn’t just an abstract discussion; it isn’t just a game where characters move around on a "Risk" board. Real people are involved in the decision making process, and the decisions truly are made by those who show up," she said.

Overall, Cichantek said she was grateful for the opportunity to experience national politics first hand.

"I felt an incredible sense of humility from being in a place where so many vital decisions are made every day," she said. "It was incredibly empowering to be in the presence of famous decision makers who believe so strongly in the involvement and power of students and to realize that we are appreciated and recognized."

Cichantek said the AIPAC scholarship is awarded to those students across the nation who express an interest in the conference. It covered her airfare, lodging and registration, which totaled around $1,300.

Cichantek was invited by the AIPAC after her name was passed along to the committee through a friend.

"It was refreshing for me to be able to travel if the majority of us chose to experience a new level of government that I haven’t been involved in before," Cichantek said in student government it’s easy to feel restricted by their jurisdiction as well as their own home-grown drama. But at the conference she realized how minor it is compared to national and worldwide issues.

"Sometimes I felt silly for getting so riled up about a simple piece of legislation back at UW-SF, when they were dealing with issues of war, poverty and crime in Washington D.C."

The emphasis is that this ceremony is about the students and their preferences, and Tomlinson said this idea is something that is universally agreed upon by the faculty.

Several traditions are associated with a graduation ceremony, including the "tossing of caps," which began at a 1912 Annapolis graduation ceremony.

The first-ever diplomas were made of paper-thin sheepskin, hence their nickname today.

While many associate the music of "Pomp and Circumstance," with the idea of commencement ceremonies, it is also an American addition to the ritual. This song was taken from a 1901 production of "Othello," and used for the first time during a commencement at Yale in 1905. The song simply stuck around due to popular demand.

For more information on commencement, visit www.uwsp.edu/specia/ commencement or contact the Office of Community Relations and Communications at 715-346-3046.

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Letters & Opinion

March 16, 2006 • 3

Your College Survival Guide: You Can’t Dress Yourself.

By: Pat “Rhapsodic” Rothbus

With Help From: The Mission Coffee House

Dear Pat,

OK, you were right in your column a while back. I’m a guy and I have problems that I can’t possibly cope with on my own. Recently, one of my female friends said, “you’d look pretty good if you didn’t dress like such a gimp.” This is news to me, I thought I dressed pretty well.

How do I dress less like a gimp?
P.S. Please don’t use my real name. I got enough.

For simplicity’s sake, Mr. “Don’t use my real name” will hereafter be referred to as “Susan.”

Well Susan, my best advice is to get over caring about what people think of you right now. Trust me, it will make your whole life simpler. Just do whatever the fashion is fashionable back then.

But even your fashioned back then.

and energy desperately running on one’s clothes and hair. Now, realize care any less what other people think of you, Susan. It’s a thin, hard, thankless work. But the truth is that dark lord Abraxis has absolute dominion over the souls of anyone who works for more than a 5 percent commission.

In Conclusion:

You need to take a woman shopping with you, Susan. If you want women to like how you look, get a woman to dress you.

I should explain something here. I only own one pair of pants. More than that unnecessarily complicates my life. I find one pair that’s comfortable, and I wear it every day (every day I put on pants, that is) until they are no longer able to adequately conceal my naughty bits. Quite frequently, after 13-14 months of continuous wear the pants simply explode off of my body, no longer able to restrain the vast and terrible energies emanating from my manhood.

Just a few weeks ago my pants exploded at the deli in Copps, and after carrying home my groceries and putting on a pair, I thought, “I’m an adult. I can handle it.”

But I was wrong. The demon Bephagor (in charge of all denim clothing) has inspired her minions to produce so many different styles of jeans that even this once simple item of clothing is now some strange foreign land you cannot navigate without outside help.

Only an infernal creature would create “loose fit,” “relaxed fit” and “baggy” as three distinct styles of jeans. Carpenter, straight leg, classic, twill? Sweet baby Jesus, what’s a twill? Eventually I just went home and spent several days with a towel wrapped around my waist.

So go get someone who knows what they’re doing, Susan. Go get a girl.

This Friday at the Mission Oregon Falls is playing with Zeta he Seattle Newer, The Felix Culpin and These Royals.

And if that wasn’t enough for you, on Saturday you’ve got a double feature: an early show at 5:00 p.m. featuring Devin Evans with

Who are the "Real Feminists?"

Dear Editor:

Imagine my dismay when I click on a link in the SMOD for “The Real Feminists” and I find an advertisement for an event that is not even sponsored by the College Feminists, but rather by the Pointers for Life and the College Republicans.

What event might this be? Well, these two groups plan on bringing a woman to campus by the name of Sally Wynn and she will be speaking on being a pro-life feminist.

Now, it’s not that I haven’t heard of such a thing. I being a feminist myself, am quite aware of the existence of pro-life feminists. Indeed, being an advocate of choice, I firmly stand by such feminists decision to take such a stance, even if they’re wrong. The thing that really cheesed me about this SMOD was the rhetoric of the message and the completely undermining nature of such an event. "Real" feminists? What’s the deal with that?

Purporting that there is some kind of qualification to being a "real" feminist (apparently neglecting the reality of being confronted with the daunting choice that some women inevitably have to make) is ridiculous. Seriously -- let’s drop the "holier than thou" act.

Despite the audacity of the tactic to advertise the event, I’m glad that I caught this SMOD. Surely, it peeked my interest in attending. And I encourage all of my fellow students, pro-choice and pro-life alike, to attend this event and listen to this woman’s take on this very pressing issue. And I hope that in being present we can demonstrate that regardless of our stance on such an emotional topic we are all very much so "real."

(This speaker is slated to be on campus April 4, 2006 at 7 p.m. in the Laird Room.)

Aidan Arnold
UW-SP Student

International Programs

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Dearest Editor,

After reading your article about the "morning-after pill" (2.23.06), I was saddened to discover that you left out an important element in the national debate. Namely, the key notion of "choice."

What about the freedom of choice that applies to individuals? I was saddened to discover that you mention "choice," where is the freedom in that? Where is the freedom in the debate of choice? I wonder if Fox News realizes that the ignorance of the American public is our current president's greatest asset. I wonder if I would look weird if I were to cover my American made car with little Japanese flags.

I wonder of what problem world have been solved by our nation's use of different colored bows and ribbons. I wonder why it's so easy to raise hundreds of billions of dollars to commit to the death and despair of our fel­low man? I wonder if Fox News would allow me to raise a fraction of that sum in order to help those who have been devastated by natural disasters. I wonder which cause Jesus would work for? I wonder why imaginary numbers are studied in alge­bra classes. I wonder how far I could stretch an imaginary paycheck.

I wonder why Rush Limbaugh became the authority on global warm­ing. I wonder why every time I see a "Support Our Troops" drive, toothpaste and toothbrushes are on the top of the wish list. If there is a short­age of toothpaste and tooth­brushes, is it safe to assume that a shortage of toilet paper also exists? Perhaps we need to invade a country that is rich in toiletries.

I wonder if the Department of Defense regrets sending one of our brave soldiers a bill for $700 dollars because he had the audacity to actually bleed on his protective vest that he was issued. I wonder if this is the reason many soldiers don't have a vest. I wonder if another tax cut would free up billions of dollars so that our Troops could be properly equipped.

I wonder if Secretary of Defense Donald Rumsfeld has ever regretted telling an American soldier a year or so ago, "As you know, you go to war with the Army you have, not the Army you want." Rumsfeld was trying to quiet down a whiny soldier who was digging through garbage dumps looking for bits of steel to weld onto his vehicle so he wouldn't be blown into little pieces. I wonder if the so­ assure the soldiers that if a vehicle were to run over a bomb, the soldiers in the vehicle would never see their families again, so proper armor couldn't make any differ­ence. I wonder if our cur­rent president remembers Osama Bin Laden. I wonder why we never actually beat up on a president like I have on our current president. Is it because of the 15,000 or so wounded soldiers, 7,000 of which cannot possibly return home to the mili­ tary because of their new, permanent disabilities? Or is it the 2,397 dead soldiers? (Unfortunately, this number has grown since I wrote this.) No, I think the 2,000 ampu­tees are the hardest to swal­low; perhaps the estimated 35,000 people who have been killed by our pro­file president's modern day Crusade. Or maybe I like pounding on our current president because he's such a delight­ ful punching bag. Regardless of my discontent, one must first look at the bright side regarding the events in Iraq; at least the dead civilians were freed by a brutal dic­ tator prior to being liberated to their graves.

I wonder if our current president will be allowed into heaven, a man made of strong moral values, and having never made a mistake, I would think that he's a first round pick.

I wonder if our current president will feel uncom­fortable sitting up in heaven alongside some of the thou­sands and thousands of inno­cent, but liberated, Iraqi's. I wonder if our current president, or his mother, would give me more reasons to brag about their strong moral val­ ues in the New Year.

I wonder if I'll ever for­give our current president for stripping me of the pride once held for being an American.

Rick Michael
UW-SP Student
This week’s adventure:

Thirty Minutes to Burn

Aaron Hull
The Pointer
Ahull12@hotmail.com

Having nothing better to do Wednesday, and half an hour in which to do it, I settled on the idea of test-driving a car. Not that I’m in the market for a new car. Don’t get me wrong; I love my salt-laden ’98 Saturn sedan. It’s just warmed up, I’ve had the urge to slip into something a little different, fire up the engine and GO.

And what better way than in a candy-apple red, dual-exhaust convertible, especially when resting in the Cooper Motors lot on Division Street, a mere half block from camp.

I conned my mate Mae into joining me, and we walked over to Cooper together. I told her the girl at the service desk I was interested in a test drive, and waited as the sales rep made the latest sale.

When he had finished, he photocopied my license and led us out to the car, a 2003 S2000.

“Are you two students?” he asked.

“She is,” I cut in. For some reason it seemed important not to draw attention to my student status.

The rep popped the trunk, and handed out the molded top cover rolled up inside. As he attached a license plate, I quickly scanned the win­dow sticker for informa­tion: a 2.0-liter VTEC DOHC 4-Cylinder Engine, 6-Speed Manual Transmission, 13.2 Fuel Capacity, Torque­Sensing Limited-Slip Differential... All this was as vaguely in­formative as a half-forgot­ten foreign language.

For years, my grand­father, a WWII vet and sports car fiend, had tried to instill some know-how into me, but my attention span is short. My eyes settled on the price: $25,995. Language I understood.

“Are you familiar with this model at all?” the rep asked.

“Somewhat,” I said, snap­ping to attention. I tried to seem knowledgeable. “I’ve looked at some other models too. I like the VTEC. He nodded. I wasn’t sure how important she sounded. All I knew was the car looked fast and sexy.

“How do we, ah...lower the top — manually?” I asked.

“Or is it automatically,” he said. “I’m actually not sure,” he said. “Why don’t you test her out and we can figure that out when you get back.”

“What time would you like her home?” I asked.

“Midnight?”

His smile looked strained. “Get a good feel for it, how it handles,” he said.

Righty-o! Mae and I slid into our seats, black leath­er buckets that intimately hugged our thighs. I turned the key and pressed the big red button. The vehicle facts sheet had said, “The start button adds to the racecar feel.” I hunkered down and tried to imagine I was in a real racecar. “Ready?”

“Ready.”

We pulled out of the lot and turned left onto Division Street, heading north. I played with the stick (featur­ing an aluminum knob and leather shaft), and the studded aluminum pedals, slipping from gear to gear to make sure my transitions were smooth. Mae found the roof button and pushed it, but our windows lowered instead, flooding the car with brick. March air.

“Let’s take the Mexican Highway,” Mae suggested, so at North Point Drive we swung left and headed for class at 2:00, played with the stick (featur­ing an aluminum knob and leather shaft), and the studded aluminum pedals, slipping from gear to gear to make sure my transitions were smooth. Mae found the roof button and pushed it, but our windows lowered instead, flooding the car with brick. March air.

“Let’s take the Mexican Highway,” Mae suggested, so at North Point Drive we swung left and headed for class at 2:00.

“Think we can pick up some high school chicks in our sweet ride?” I asked.

“Doubtful,” said Mae.

“It’s a two-seater,”

We pulled up fast behind a green Dodge Caravan, plastered in soccer stickers, and I realized we were doing 50 mph.

“I had no idea I was going so fast,” I said, shifting nervously in my seat and check­ing for squad cars. “It only felt like 30.”

“How fast do you think you can get it out here?” Mae asked.

“I dunno. Let’s find out,” I said.

We left what seemed to be the residential section and pulled out onto a stretch of lonely road lined with tall, uniform stands of pine. I eased back to a modest 10 mph, con­vinced myself there were no other cars — or witnesses — and gunned it.

No doubt the double wishbone suspension and front and rear stabilizer bars, which the facts sheet had said provided “exceptional stability and handling” and “add additional control by helping to minimize body-roll when corner­ing,” helped keep us from losing control as we rounded a curve in the road, hit 80, swiftly passed 90, and then climbed to 95 before paranoia finally overtook me and we topped out at 101.

We came barreling to a halt at Casimir Road, where I noticed the tank was on Empty.

“Shouldn’t we head back?” Mae asked.

“There aren’t any gas stations out here.”

“Nah. I can usually do 30 miles on an empty tank,” I said. But Mae needed to be back for class at 2:00, and it was 1:56. We turned abruptly around and I did my best to burn off as many of the fumes recycling through the engine before we returned to the dealer, narrowly avoiding the curb, dual exhaust pipes rumbling.
Pointers abroad lend helping hands in Fiji

Emily LaChance
Pointlife reporter

As our eyes fill with the sights of metropolitan Sydney, our memories begin to recall the simplicity of Fiji and our own experiences to help build a new home.

Four vans drove over pot-hole-filled roads while diesel fumes and thick humidity filled our noses venturing out to join a Habitat for Humanity project. When the vans stopped we were at a neighborhood of houses unlike the neighborhoods we are used to back in the States. Instead of multi-level homes with garages, we saw simple one-room rectangular homes on wooden stilts. We were pointed to a narrow matted area of grass and weeds with muddy puddles leading us closer to the construction site. As we passed a pink house we entered a secluded area of more squashed down grass. Straight ahead was a house with a chain-link fence surrounding it and a little boy staring through at the group of unfamiliar pale-skinned people that had just entered his backyard.

The previous day we were told we would be painting a house for a woman whose husband was killed. Surprised and confused looks spread across our faces when we were greeted by a cement foundation and frame. In a small pile next to the site was a pile of wood siding.

After meeting the head construction worker we split into groups of four, one group for each side of the house. Our task was to build all four walls. It was only 9:30 a.m. and the heat was already making our bodies sweat, but even that didn’t dampen our spirits. We jumped right into work looking for available tape measurers, nails, hammers and saws.

A group of seven Pointer girls joined forces with a group of Fiji college men, also volunteering, to construct a brick and cement wall. Everyone was working together to get the home built. With limited resources, a couple Pointer guys acted as seesaws for boards to get cut. Only having one ladder, a small group of us stood in window frames hanging out of the house to get the last boards nailed in.

The day was filled with laughter, hand saws cutting wood and hammers beating in many skinny nails.

After four and a half hours, two small rain storms and a lot of sweat, three out of the four walls were completely finished.

We took the worn muddy path back to the street to wait for our ride home. We loaded our tired bodies into the warm sticky vans and drove off. As we rocked back and forth driving over the potholes, we rode with smiles. It was not the easiest job to complete but we were happy to give our time and energy to give back to a community that was so generous and kind to us.

The club members take canoe trips in the summer and explore any interests students might have so they can fully experience life in Central Wisconsin. Last year, the International Club celebrated the Fourth of July together at Riverfront Rendezvous to get into the spirit of American culture.

"The club is successful because it balances tradition and innovation: annual activities like the International Dinner provide continuity and proud traditions, while smaller-scale activities evolve to reflect the changing composition and needs of the organization, its membership, the university and Central Wisconsin," said Van Den Elzen.

The International Club promotes itself to American students through word of mouth. Student Members of the Day and through the activities it offers throughout the school year. The student membership is by far the club’s best feature. These are young people who have a desire to learn about themselves and others. The membership’s worldliness is evident in the club’s activities and initiatives throughout the year," said Brad Van Den Elzen, director of Foreign Student and ESL Programs.

The International Club attracts diverse members when the club members participate in discussions, tours and presentations.

Leonor-Jordan, originally from Ecuador, learned about the International Club on her second day in the United States when she attended the International Dinner. She thought the club was really interesting but became more involved because most of the friends in her English as a Second Language course were part of the club, so she decided to check it out.

Now in her second year of holding an office position, Leon-Jordan said she has learned a lot from being part of the International Club.

"I have a high acceptance of other cultures," she said. “The importance of one set culture, it could really not make sense to you but it's important to accept.”

In the fall, the International Club hosts a picnic for all the international students and their host families to welcome them to Stevens Point and introduce them to the UWSP campus. Then, in October or November, they host the International Olympics, where students feeling athletic can compete in sporting events like basketball, badminton and volleyball.

"The club is successful because it balances tradition and innovation; annual activities like the International Dinner provide continuity and proud traditions, while smaller-scale activities evolve to reflect the changing composition and needs of the organization, its membership, the university and Central Wisconsin," said Van Den Elzen.

This past Saturday, the 36th annual International Dinner was dished out in the Laird Room to many hungry community members, only to be topped off with a night of worldwide entertainment. Although the annual feast and celebration of universal proportion is a well-known event on campus, the International Club during their orientation is for everyone who has a desire to learn about themselves and others. The membership’s worldliness is evident in the club’s activities and initiatives throughout the year."
I've gotten the list from Dr. Ll'r.

Great, we'll split up to go faster.
Wisconsin's Ice Age Trail explains stories from past

Adam Eader
THE POINTER ALEADER@UWSP.EDU

The Ice Age Trail (IAT), one of eight National Scenic Trails, winds its way across forested and deforested sections of Wisconsin. While some may complain about Wisconsin, others, like author John Steinbeck in his novel "Travels with Charley," relish in its beauty. Like many of us, this fractured 1,000-mile long trail has traced a long and interesting path to where it currently sits.

Throughout history, our earth's temperature has fluctuated from warmer to colder periods. During the cold periods, ice ages have occurred. When an ice age occurred, glaciers formed and spread out from arctic regions. When warm periods occurred, similar to earth's current climate, glaciers melted and land formations were revealed.

The most recent continental glaciation of North America is called the Wisconsin Glaciation. Depending on who you ask, this period began around 75,000 years ago and ended around 10,000 years ago. During that 50,000-year duration, glaciers covered most of North America and impacted earth landscape, with Wisconsin being the center of the Wisconsin Glaciation. Later that decade, Ziller explained his idea to state and national legislators. In 1958 he created the Ice Age Park and Trail Foundation (IAPTF) which is the driving force behind the IAT. In 1964, four years after Ziller's death, Congressman Henry Reuss and Senator Gaylord Nelson helped create the Ice Age National Scientific Reserve. Finally in 1980, the IAT was deemed as one of the National Scenic Trails.

The most recent segment of the Ice Age Trail to Stevens Point is a fifty-mile section that runs through Waupaca County. Eighteen miles of the Waupaca County section are off road and 32 miles are on roads. The Belmont, Emmons-Hartman Creek segment is around seven and a half miles off road. The Waupaca River segment is about five and a half miles off road. The New Hope-Iola Ski Hill segment is around five miles off road. The IAT offers recreational opportunities for cross-country skiers, campers, hikers, and NPS train Wisconsin citizens how to correctly build and maintain trails. These trained volunteers make up what is called the mobile skills crew.

Figures will discuss Wisconsin's proposed air quality rules

DNR PRESS RELEASE

The public will have an opportunity to learn more and provide input about options for three air quality rules at public information meetings being held in Wausau, Manitowoc and Milwaukee in late March and early April.

The rules are intended to meet federal requirements to reduce sources of air pollution that affect public health and hazes, according to Ann Bogar, a DNR air management specialist. The rules focus on both the in-state and out­of­state sources of air pollution that result in 10 counties in southeastern Wisconsin failing to meet federal ozone air quality standards and smog in National Parks and other national scenic areas.

The meetings will discuss the rules in the Clean Air Act designed to limit emissions that affect visibility in National Parks and other scenic areas from power plants and other large industrial sources. The Environmental Protection Agency (EPA) has identified 10 counties in Wisconsin - Door, Kenosha, Kewaune, Manitowoc, Milwaukee, Oconto, Racine, Sheboygan, Washington and Waukesha - that cannot routinely meet ozone standards.

The DNR is seeking public input on draft rule options for each of the three rules. Once options are chosen and the rules drafted, the three­rule packages will go to the Natural Resources Board for authorization for public hearings to be held later this year. When these rules become final, they will be part of the state plan submitted to the U.S. EPA. Additional rules to reduce pollution to reach attainment of the eight-hour ozone standard will be proposed as the process continues in 2007.

Supporting materials will be available in advance of the public information meetings. More information is available at http://dnc wi.gov/air/air/HOT/Shroenides/. Written comments may be submitted to the DNR through April 26. For more information about the meetings or on submitting comments contact Anne Bogar at an bogar@dnr.state.wi.us or (608) 266-3725.

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The rules are intended to meet federal requirements to reduce sources of air pollution that affect public health and hazes, according to Ann Bogar, a DNR air management specialist. The rules focus on both the in-state and out­of­state sources of air pollution that result in 10 counties in southeastern Wisconsin failing to meet federal ozone air quality standards and smog in National Parks and other national scenic areas.

The meetings will discuss the rules in the Clean Air Act designed to limit emissions that affect visibility in National Parks and other scenic areas from power plants and other large industrial sources. The Environmental Protection Agency (EPA) has identified 10 counties in Wisconsin - Door, Kenosha, Kewaune, Manitowoc, Milwaukee, Oconto, Racine, Sheboygan, Washington and Waukesha - that cannot routinely meet ozone standards.

The DNR is seeking public input on draft rule options for each of the three rules. Once options are chosen and the rules drafted, the three­rule packages will go to the Natural Resources Board for authorization for public hearings to be held later this year. When these rules become final, they will be part of the state plan submitted to the U.S. EPA. Additional rules to reduce pollution to reach attainment of the eight-hour ozone standard will be proposed as the process continues in 2007.

Supporting materials will be available in advance of the public information meetings. More information is available at http://dnc wi.gov/air/air/HOT/Shroenides/. Written comments may be submitted to the DNR through April 26. For more information about the meetings or on submitting comments contact Anne Bogar at an bogar@dnr.state.wi.us or (608) 266-3725.

Meetings will discuss Wisconsin's proposed air quality rules

DNR PRESS RELEASE

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Bike Maintenance Section

How to replace an inner brake cable and brake housing on a straight handlebar V-brake bike

Adam Eader
THE POINTER
A20E085@UWSP.EDU

First of all, you should replace your inner brake cable (IBC) and brake housing every six to 12 months. You will know it is time to replace them when the housing becomes worn or frayed or your IBC becomes loose and the brake no longer works.

To replace the IBC and brake housing on a straight handlebar, you will need an IBC, brake housing, needle-nose pliers, cable cutters, allen wrench, bike grease and possibly a cable puller for ease.

The first step is to pull the IBC nipple out of the brake-lever-nipple cradle and pull the IBC out of the housing with your needle-nose pliers. If the brake housing isn't worn, you can use it again. If the brake housing is worn, purchase a new housing of either the same length or to the correct length. Squirt some oil into the housing ends and attach metal ferrules to each end of the housing.

Grease up the IBC and thread it into the brake lever. This will allow the IBC and brake housing to function smoother and longer. Many times when brakes aren't working properly, but physically your IBC and brake housing look good, all you need to do is grease the inside of your brake housing.

Once the IBC is seen through the barrel adjuster, pull it through with your needle-nose pliers and set the nipple back into the cradle. Now thread the IBC through the brake housing and set the housing back in the slots that run along your frame.

Attach the IBC to the brake arm by setting it into the cable guide, pulling the IBC to bring the brake pads towards the rim and tightening the clamp bolt to secure the IBC.

Pull the brake tight to ensure that you have tightened everything correctly. Fix any part that may be hooked up incorrectly. Cut off any excess cable, but leave two inches extra on the end. To keep the open cable end from fraying, attach a crimp.

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A look at who will make a racket in the brackets

Steve Roeland
THE PANTHER
sac@wfu.edu

The madness has now reached a fever pitch, as the 2006 NCAA men's college basketball tournament is underway, with four rounds of play and another one all around the country. The brackets, which show­
case the match-ups of the 64-team melee, are usually referred to as brackets, indicating the upcoming weeks leading to the Final Four.

However, this year's collection of teams left more prognosticators reaching for Rolaid's than for their pens, pencils and potential match-ups have some crying foul. In the world of college basketball, the brackets are a hot topic.

The No. 1 seed in this year's tourna­
cement came as no surprise to many. The Duke Blue Devils picked up the top over­
all position, thanks to a 30-3 record. J.J .

Krzyzewski has assembled another top­
Redick led the Blue Devils in the regular
season and have won nine of their last 10.

The University of Connecticut earned
their starting line-up, a distinction that

solidify his place in college hoops history
and be named Most Outstanding Player,

State are quickly becoming candidates for
Prince Charming's date to the ball.

One team that not many people are
viewing as an upset special is the George
Washington Colonials. After finishing the season with a tournament-best 26-2
overall and an unblemished 16-0 run in the Atlantic. GW has good reason to be
upset about their lower-than-expect­
ded eight seed. The Colonials have not
only played well against inferior teams,

but have defeated the likes of Maryland and

one end and affect every shot taken on the
court like a coach on the court. Not to men­
der the country. The brackets, which show­
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The Memphis Tigers laid claim to the
Memphis making it to Indianapolis. The
Aztecs won the Mountain West regular

Center Craig Smith was a first team
diary columnist at the Southern Illinois Uni­
versity newspaper The Southern Illinoisan.
High five: Another win over UW-Superior punches Pointers’ ticket to Frozen Four

Robert Lucas
SPORTS REPORTER

Now, there’s only one thing left for the UW-SP women’s hockey team to achieve this year: win it all. The women scored a 2-0 victory over UW-Superior to punch their ticket to the Frozen Four and a chance to avenge an early season loss to Plattsburgh State. Plattsburgh is the top ranked team in the nation and beat the Pointers 3-1 earlier this year.

Point relied on their defense to stuff the Yellowjackets for the fifth time this year (4 wins and 1 tie).

“Our defense is really self-motivated,” said head coach Brian Idalski.

That must be some motivation because Point held a massive shot lead after the first two periods before failing to take a shot in the final period. Instead, the Pointers just crowded the goal and kept the Yellowjackets away.

Chris Hanson, who scored her first goal of the year in the previous victory, scored her second on a slapshot from the blue line. The powerplay goal was scored off assists from Nicole Grossman and Jamie Lewandowski. Grossman rubbed her second assist in the game, teaming with Michelle Sosnowski to help Kim Lunneborg score her 10th of the year. Amy Stutz’s 19 saves helped to shut out the Yellowjackets for just the second time this season.

UW-SP has extended its nation-long unbeaten streak to 15 games, riding an incredible hot streak into the Frozen Four. They lost to Middlebury in 2004 in the championship game.

“I knew we had talent at the beginning of the year,” said Idalski. “My biggest concern was growing pains with our young kids. We’re really developed into a great team though.”

The Pointers play at Plattsburgh State Friday night at 6 p.m. for a chance to play the winner of the game between Gustavus Adolphus and Middlebury.

SPORTS REPORTER

Championships produce host of UW-SP All-Americans

Melissa Dyszelski
The Pointer
MVD3026@UWSP.EDU

It must feel good to break a record.

This past weekend at the NCAA Division III Track and Field Championships in Northfield, Minn., the men’s and women’s track teams placed 20th and 23rd overall, respectively.

Junior Jenna Mitchler, the defending national champion in the 800-meter run, set a season personal record and the St. Olaf fieldhouse record in the mile with a time of 4:56.37 on Saturday. This time was nearly a minute faster than her qualifying time from the previous day, and marked her third individual honors and a best finish in school history for a women’s 1600-meter relay team.

On the men’s end, Adam Baumann, Ryan Schroeder, Kyle Steiner and Nick Ver Duin also finished the trials on the first day, qualifying for the NCAA Division III Track and Field Championships in Northfield, Minn., the men’s and women’s track teams placed 20th and 23rd overall, respectively.

Laura Simonis and Katie Simons finished seventh with a time of 3:56.77 earning All-American honors, but marked her third individual honors and a best finish in school history for a women’s 1600-meter relay team.

Juniors Mitch Ellis and Kyle Steiner earned All-American honors and a best finish in school history for a women’s 1600-meter relay team.

On the men’s end, Adam Baumann, Ryan Schroeder, Kyle Steiner and Nick Ver Duin also earned All-American honors in the men’s 1600-meter relay. The men finished fourth with a time of 3:38.93, commemorating the best finish for UW-SP in the 1600-meter relay since 1997.

Not only did the relay teams earn All-American honors, but two high jumpers did as well. Juniors Mitch Ellis and Kyle Steiner entered the meet as the first and second seeds overall. Both jumpers leaped to a height of six feet and 7.5 inches to place sixth and eighth, respectively.

Andy Stoecken of Loras won the event with a jump of six feet, 11 inches.

“A meet is always a positive experience when everyone who came can go home satisfied,” Mitch Ellis said.

Just about everyone was able to do so.

The Pointers’ next meet will begin the outdoor season in Naperville, Ill. on Saturday, April 1 for the North Central Invitational.

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Cervical cancer vaccine up for FDA approval

Provides protection against number one STI in UW-SP population

Sara Suchy
Medical Writer

There is no cure for cancer yet, but there is a new vaccine likely to be approved by the Food and Drug Administration (FDA) on June 8 of this year, which could potentially make cervical cancer a thing of the past.

A vaccine called Gardasil, which was developed by drug maker Merck, targets the sexually transmitted infection (STI) called human papilloma virus (HPV), which is the leading cause of cervical cancer in women.

According to the American Social Health Association, cervical cancer is currently the third leading cause of death in women worldwide (behind breast and lung cancer). There are 5.5 million cases of HPV diagnosed per year, which accounts for one-third of all new STIs.

At any given moment, 20 million men and women have an active case of HPV. In 2005 in the United States alone, an estimated 18,720 new cases of cervical cancer were diagnosed with 3.7/10 of them expected to result in death.

There are approximately 100 strains of HPV and 30 of them are sexually transmitted.

Gardasil targets strains 16 and 18 which together account for about 70 percent of all cervical cancer cases, according to the Web site "Medical News Today."

In phase three clinical trials of Gardasil, the last phase before application for FDA approval, Gardasil was 100 percent effective against the two cancer-causing strains of HPV, according to Janet Skidmore, Merck spokeswoman.

Sandra Ruston, certified nurse practitioner at UW-SP Student Health Services said, "HPV is so invisible... generally women find out they are exposed through their annual Pap smear." For the most part, the infection is completely undetectable. In some cases genital warts may appear, but those are usually caused by strains of the infection that are not cancerous.

Dr. Meg Autry, Professor of OB/GYN at the University of California-San Francisco explains some of the potential problems with the vaccine.

"One, it needs to be administered to girls before they are sexually active," said Autry. Doing this on a large scale will be very expensive and the government doesn't have the budget to do this now.

"Two, women in the U.S. are not dying of cervical cancer [on a large scale]."

In developing countries where women don't get annual Pap smears the drug could have the greatest impact.

"It takes up to 10 years for cervical cancer to develop from the HPV virus," said Autry. There should be plenty of warning before the disease gets serious, provided that annual Pap is done.

The third and most alarming problem is that the vaccine may eventually cause a strain of HPV to adapt and become resistant to the vaccine. This potential situation is similar to what is happening with antibiotics.

"The vaccine targets strains 16 and 18, but by vaccinating for one thing we could be creating a monster," said Autry.

That's not to say the vaccine is not a good idea. "This vaccine would be huge as far as international health is concerned," said Autry. "Worldwide, right now, cervical cancer is the number one killer of reproductive-aged women."

A Pap smear is sometimes not enough to diagnose the disease. Pap smears have been shown to give false negative results.

"Screening for cervical cancer or HPV is in a transition phase at this time," said Ruston.

A test now exists that looks specifically for HPV cells. This test has been proven much more effective in detecting the infection. However, only 21 percent of labs across the nation are using this method according to CLP Disease Management.

How does HPV and cervical cancer apply to students at UW-SP? According to Ruston, "HPV is probably the most common STI on campus, followed by chlamydia."

"HPV is spread through skin-to-skin contact... transmission of the virus does not require fluid exchange," said Ruston.

The surefire way to prevent HPV is to abstain from sexual contact. Another option, which would be less effective, is to use a barrier.

See Cancer pg. 15
Wellness activities abound at the Allen Center

Joe Pisciotta
THE POINTER
Jpg?792x1198

The Allen Center isn’t just the Cardio Center, nor is it simply the bricks and mortar that make up a building on the east side of campus. A push to promote a healthier lifestyle campus-wide through a variety of activities is making the reorganized Allen Center for Health and Wellness Programs a place where students can do more than just work out—it can be an integral part of one’s life.

According to Stacey Duellman, programs and promotions coordinator at the Allen Center, the mission of the Allen Center is to provide high-quality services and learning experiences to the campus and the community that encourages holistic development of the individual. "We know that students who are healthier are going to be better off academically," said Duellman.

Many people equate the Allen Center with the Cardio Center, thinking of it as a place to run on a treadmill or spend some time on the stationary bike. While the Cardio Center is a huge part of what goes on in the Allen Center, there are a lot of other activities happening as well.

"We’re really trying to get our name out there so people know there are other departments in the building and other areas to physically active on this campus to lead an active lifestyle," said Duellman.

A short tour of the building and its four departments might shed some light on the situation.

The Cardio Center is located on the second floor of the Allen Center on the northwest side of the building. Aside from the wide array of cardio machines, the Cardio Center also houses FreeMotion weight machines, free weights and Magnum strength equipment. Nationally certified personal trainers are available to students at a small cost and can help plan out all aspects of a workout.

The Cardio Center is also the home to the Holistic Health Program, which offers classes like yoga, Pilates and dance.

The Group Fitness department has programs that meet in various parts of the Allen Center and the Health Enhancement Center. On a weekly basis, Group Fitness offers more than 50 free classes to students, such as kickboxing and hip hop dance.

Outdoor EdVentures is located in the lower level of the Allen Center on the south side of the building. Here, students can rent a wide variety of outdoor equipment and sign up for weekend trips and courses.

Outdoor EdVentures has a whole Promotion Office (SHPO), which is located on the lower level of the building near Outdoor EdVentures. The folks at SHPO specialize in helping students change unhealthy behaviors into healthy lifestyle choices. Aside from offering free diet analysis and fitness assessments, SHPO offers personal coaching, stress relief sessions and help dealing with alcohol, tobacco and sexual issues.

"It’s really about helping students meet those goals and objectives they want... rather than finding unhealthy patterns of living," said Duellman.

Lana Dalton, a senior in Health Promotion and Wellness who has spent a lot of time in the Allen Center, believes her experiences there have helped her in a number of different ways.

"I think the Allen [Center] offers outstanding stress management resources," said Dalton.

As a personal trainer at the Cardio Center and a health educator at SHPO, Dalton credits her experiences at the Allen Center with helping her prepare for the future.

"It has definitely helped my career choices because it has showed me all kinds of venues of health promotion that are available in the real world," said Dalton. "It showed me to pick and choose the particular parts of health promotion that I really enjoyed."

Julie Webster, also a senior in Health Promotion and Wellness and a student employee at SHPO, said that her time at the Allen Center has helped her tremendously.

"Working in SHPO has helped me grow into a confident health professional and has given me the-on-the-job experience that I can bring into the real world," said Webster, adding that the friendships and connections she has made at the Allen Center will stay with her for a long time.

Aside from her professional goals, Webster has utilized the Allen Center to deal with stress and the demands of school.

"Working out at the Cardio Center in the Allen Center has helped me mentally by allowing me to clear my mind of clutter and focus on my academics," she said.

Program descriptions and further information can be found at www.uwsp.edu/centers/healthwellness.asp.

Dealing with excessive anxiety and worry

Drew Prochniak
UW-SP COUNSELING CENTER INTERN

All of us have felt nervous or anxious some time in our lives. Whether taking a test, preparing for a job interview or getting ready for a date, it would be a safe bet that everyone has felt worry, anxiety and stress. What you may not realize is that an estimated three of every 10 college students have these feelings.

When students are affected by excessive worry and anxiety, it often becomes difficult to function in class or at home. Students may experience difficulty falling asleep or staying asleep. One may also feel restless, have sweaty palms, find it hard to concentrate, be irritable or experience muscle tension.

What can you do to help reduce your worry and anxiety? There are a number of approaches.

Make a list of the things you are anxious or worried about. Then, make a plan to take care of what you can on your list. Learn to let go of the rest.

Avoid caffeine and nicotine, as well as drugs and alcohol. These substances will only worsen your problems.

Learn to distinguish good worry from bad worry. Good worry is helpful in planning and problem solving. Bad worry is unproductive and self-defeating.

Learn skills in time management, assertiveness and stress management.

Anxiety and worry can be a normal part of living. In fact, most people experience some anxiety or worry on a day-to-day basis. If your anxiety or worry becomes overwhelming, persistent or begins to interfere with normal daily activities, you may want to make an appointment to talk to a professional.

For more information on anxiety, stress and worry visit the self-help library, located in the Counseling Center, or make an appointment to talk with a professional. The third floor of Delzell or call 346-3553.

FALL SEMESTER 2006, UWSP IN...

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**"Aida" cast, music dazzle Malevolence**

_Rebecca Buchanan_  
**The Pointer**  
RHODRZ@UWSP.EDU

"Aida," Sir Elton John and Sir Tim Rice's pop-rock musical about a love triangle set in ancient Egypt, enthralled the audience with its energetic songs, colorful costumes and passionate love story in its performances at the Jenkins Theater in the Noel Fine Arts center March 3-5 and 8-12.

The award-winning Broadway musical told the story of an Egyptian captain, Radames (performed by Curt Hansen of Hartford), who falls in love with Aida (Marie Martinez of Kenosha), a Nubian princess he has taken captive. Now a servant, Aida befriends Radames' betrothed, the Egyptian princess Amneris (Marie Holzmann of Fond du Lac). The three, caught in this triangle driven by love, learn about a love triangle set in ancient Egypt, enslavement, and the life of the slaves under Egyptian control. Though the backdrop is set thousands of years ago, "Aida" mimics our own time of racial divides, power struggles and warring countries, making the audience wonder if time really does heal all wounds?

"Aida" clearly had a great musical shows the effects of the Egyptians' desire to conquer and the life of the slaves under Egyptian control.

---

**Brandi Pettit**  
**The Pointer**  
BRPTT313@UWSP.EDU

Isn't it amazing how horror movies are a world completely devoid of horror movies themselves, leaving the characters with no manual to learn from?

A retiring serial killer kidnaps six-year-old Martin to teach him the business. This poor kid is forced to watch "unspeakable crimes" towards countless victims over the years.

Only two men in Hollywood are allowed to cause onscreen harm—mental or physical—to a child: George Romero and Stephen King. Strike one for false assumption.

The movie opens with a crying young woman and a hanging from the ceiling. Martin watches a dark figure approach the woman and repeatedly attack her with a knife. Really everyone knows the whole point of suspending your victim is for torture and dismemberment. Strike two for fraud.

Ten years later, four losers decide to rob a bank in order to solve their financial problems. While on the lam, they kidnap Samantha (Samantha Dark) and her daughter Courtney (Courtney Bertolone), taking them to an old, genuinely creepy-looking house in the middle of nowhere.

Courtney escapes, running to the neighbor's for help, where she encounters the now grown up evil Martin, but safely hides for much of the movie in a closet.

The unimaginative killer, wearing a flour sack over his head, then sneaks to the other house, and knife he others.

One bank robber remains, Julian (Brandon Johnson), who takes pity on Samantha, and together they go off in search of Courtney. The house they enter is all decked-out like a haunted bachelor pad: months of dirty dishes, weird things hanging from the ceiling, blacked-out windows, and the obligatory ring around the tub.

The two find bodies covered with a sheet in a dark, spooky room, but fail to expose the bodies.

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From Malevolence pg. 14

ability create a memorable

production.

"All in all, delivered a daz-

zling performance that

kept viewers on the edge of

their seats for the entire

show," according to Marjauri

and Holmzack showed their

vocal talents singing with

emotion-filled soulful voices for
every line.

The dance choreogra-

phy moved with an exciting

exotic feel, especially dur-

ing the scene in the Nubian

Anguish." The dancers moved

with rhythm and energy simi-

lar to an African tribal rain
dance with drums, bare feet,

and exaggerated body move-

ments.

With a cast of 50 and large-

scale set pieces, the show is

one of UWSP's largest

productions to date," said

Risch, and for the first time

in recent history, the hydrau-

lic orchestra lift is one of the

major scenic pieces.

Composer Elton John and lyricist

Ritchie also collaborated to

create the music and

lyrics for Disney's "The Lion

King," for which they won an

Academy Award for best

song. "Their music in 'Aida'

embraces many styles," said

Shorter, "from pop-rock to

reggae to gospel to Broadway

ballad."

"It's exciting, moving and

exotic in feel, as well as laden

with a familiar Elton John

style," Shorter added. "At
times it is huge and full and

rich; other times the music is
deliberately simple and re-

flective."

"While it's a romantic

tragedy, there is a lesson to be

learned," said Risch. "It's

about stepping back, accept-

ing others and finding beauty in
diversity.

From Cancer pg. 12

method such as a conduit.

If Gardasil is approved, the
goal will be to distribute it

on a large scale, targeting preteen girls in schools. If this

does not happen, "it may prevent 70 percent of cervical

cancer deaths worldwide," said University of Washington Professor Laura Koutsy,

Ph.D. "Widespread vaccina-
tions can create protection for

an entire population, not only

the people who are injected, but also those they have

sexual contact with."

Like any new drug that

targets STIs, controversy sur-

rounds Gardasil. Some soci-

cially conservative groups think

that this drug is a bad idea.

"Giving the HPV vaccine to

young women could be potentially hazardous because they

may see it as a license to engage in promiscuous sex,"

Bridge Maher of the

Family Research Council told

the British magazine New

Scientist.

Autry disagrees. "This is

their argument for every-
things. We use this argument as a reason to not give college

students condoms, but it is never support-
ed, as if that will make them

more promiscuous."

But there are limitations
to any vaccine. It is not a

barrier method and it is not

birth control. It will not pro-
tect against other STIs includ-
ing HIV, but it does offer some

peace of mind for men and

women who are sexually

active or will some day be

become sexually active.

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screened for HPV or any

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ESL summer programs coordinator retires from UW-SP

UW-SP Press Release

Meryl Lee Nelson, an administrative specialist in the Foreign Student Office and English as a Second Language (ESL) summer programs coordinator at the University of Wisconsin-Stevens Point, retires this week after 15 years of service.

As ESL summer programs coordinator, Nelson has helped to design and run the English for College Program for first-generation high school students and the Dokkyo ESL program for students attending Dokkyo University in Japan. As an administrative specialist in the Foreign Student Office, Nelson has introduced foreign students to the culture of Central Wisconsin.

In 1991 she joined the staff at UWSP as coordinator of special programs for the English Language Institute, which later became the ESL summer programs. She has created and maintained the Web sites for the ESL summer programs, created promotion materials for the Dokkyo ESL program, and brought the Japanese Student Services Organization Scholarship to UWSP. In 2002, she traveled with her husband, Stu, to Dokkyo University to premier a promotional video in Japanese created at UWSP especially for the Dokkyo Summer Program. Nelson also returned to school and received her ESL minor for Teacher Certification in 1999.

“My working life has been dedicated to the proposition that work should be meaningful and learning should be fun,” says Nelson.

Nelson earned a bachelor of arts in English and communications/drama from UWSP in 1972. She also met her husband while serving as a leader in a UWSP student outing club called the UAB Trippers.

She began her career in the fall of 1972 as an English teacher at Tigerton High School, and then taught at Pulaski High School. For Nelson, teaching also was a learning experience. Years later, she applied her teaching skills to her work with the ESL summer programs, creating an engaging and supportive learning environment for the students.

In 1977, Nelson and her husband returned to Stevens Point. She was an administrative assistant for the Point Area Bus Co-op, now the Stevens Point Transit Authority, and also worked for the Wolohan Lumber Company in Plover.

In 1980, she returned to education, serving as a teacher for homebound students in the Stevens Point Area Public Schools until she began her work at UWSP. In addition to teaching, Nelson also began to operate Weather-Wise Shades, her own energy-saving window treatment business.

An avid traveler, Nelson has visited England, Israel, Paraguay, Japan, Norway, Denmark, Australia, New Zealand, Canada, and Malta. This summer she and her husband with two other couples plan to travel to France. They will spend a few days in Paris before renting a barge to navigate the canals. Besides more traveling, the Nelsons also intend to spend their free time skiing, bicycling and learning to sail their 22-foot sailboat. They will continue to be involved in the Dokkyo summer program by hosting a Japanese student as they have done every year since 1991.

UW-SP offers bicycle tour of France

UW-SP Press Release

The Department of Health Promotion and Human Development at the University of Wisconsin-Stevens Point is offering a bicycle tour of the Normandy region of France, June 15-July 3.

The trip, one of the UWSP Bicycling and Hiking Adventure Tours, will be led by Paul Mertz and Steve McClaran and will cost approximately $3499 including airfare, accommodations, several meals, and much more. It is designed for athletic tourists who wish to experience parts of Europe that most visitors never see. Adaptability and a sense of adventure are more important than cycling experience.

Participants will explore the beautiful Duchy of Normandy, a historically and culturally rich region of France. Now known for its scenic coast and attractive farmland, the area is also the site of two historic military events. In 1066, Duke William launched his famous invasion of England from the shores of Normandy and almost nine centuries later the great D-Day landings of 1944 took place along the same coast.

The tour begins with a flight to Paris and a transfer to Bernay, a small town near the coast. After two nights, the group will move on to Honfleur, a small port town favored by many impressionist painters.

From Honfleur participants will pedal to Riva Bella and Ouistreham at the eastern end of the D-Day Invasion front. Nearby is the Pegasus Bridge, a crucial installation captured by the British in the first action of D-Day.

Traveling west, the group will have easy access to Caen. Now a university town and administrative seat of Lower Normandy, this town was Duke William’s capitol and later a World War II battle center.

The group will continue to Bayeux, home to the Bayeux Tapestry and an excellent base for biking to the Omaha Beach invasion site. From there participants will travel to Carentan near the St. Mere Eglise and Utah Beach invasion sites. The group also will travel to the coastal town of Granville and the famous abbey at Mont St. Michel.

The group will then turn east for the return part of their journey through Vire and Argentan and return to Bernay to complete their circuit.

A $200 nonrefundable deposit is required to reserve a place on the trip and early registration is advised. For more information and registration forms, contact Kim O’Flaherty, UWSP Adventure Tours Program Manager, kolfaher@uwsp.edu or (715) 346-4080.

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