University of Wisconsin - Stevens Point

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> **UWSP** fighting asbestos citations issued by the state page 7

inside

news

State budget lapses to affect UWSP's future page 8

Pointers rout River Falls for first conference victory page 5

pointlife

Natural Resources class takes field trip to important environmental education sites page 2

INDEX

7-9 NEWS 5-6 SPORTS POINTLIFE

OPINION

2-4, 10, 12 11

ONLINE: CONTINUE THE CONVERSATION

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Pointlife A Field Trip Into the Future

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6:30 a.m. Friday Oct. 14, 2011. A group of 16 college students began their voyage to Milwaukee, WI, for an overnight field trip. The field trip was for the Natural Resource class Professional Development in Environmental Education and Interpretation. The students were set to tour several facilities throughout the area.

This was the first time that the class has taken this field trip to Milwaukee, but Professor Brenda Lackey changed the location this year to visit another central location that offers jobs for students in natural resources.

"With this field trip, the focus was obviously on urban settings, everything from hands-on interactive museums to grass roots organizations that are making a social impact in their communities because of their education and outreach efforts," Lackey said.

Rosa Narus, senior environmental education/nature interpretation major, said the purpose of the field trip was to gain "a view of different things we could possibly do for a career."

Students visited Discovery World, a technology museum, aquarium and floating classroom.

"Discovery World, behind the scenes, was very forward thinking--they re-design everything," Narus said. "People learn, interact and come there for classes to help decide what to do in the future. It's pretty neat."

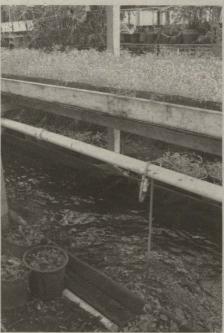
Next the group visited the Urban Ecology Center, the place where a volunteering experience inspired Narus to attend the University of Wisconsin-Stevens Point. According to the Urban Ecology Center's website, "The Urban Ecology Center is a neighborhood based, environmental, education, non-profit community center."

"After that we went to Wehr Nature Center," said Jesse Funk, senior environmental education/ nature interpretation major. "We volunteered for a few hours, helping them set up for a special program."

In the morning the group went to the Harley Davidson Museum.



Students traveled to Discovery world, a facility that connects innovation, science technology and the environment with experimental learning programs





(left) Water crest growing in an aquaculture at the Growing Power facilities. (right) The Urban Ecology Center in Milwaukee, WI is an environmental education center.

"They've been around so long because they constantly re-invent themselves," Narus said. "They allow burnouts and skateboarding on-site because they know their future customers."

"We went to a [Havenwood] nature center that was pretty cool. It started out as a 1920's jail, and then it was a World War II P.O.W. camp ... now it is a state forest," Funk said.

Havenwood, a 237-acre grassland, woods and wetland in Milwaukee "is an island of green in the city," Narus said. The group's last stop was Growing Power, the famous urban agriculture center started by

"Growing Power is a non-profit sustainable inner-city farm that brings healthy food to less fortunate neighborhoods," Funk said.

On a tour of Growing Power, the students "got to see the amazing everything, like how efficiently they function on a volunteer base," Narus said. "Many hands make light work is a very efficient way of getting work done."

"They mimic Mother Nature ... using plants, fish and bacteria in a symbiotic relationship to produce food," Funk said.

Afterwards the group piled back into their transports and initiated the voyage home.

Bringing it home

Narus, when asked what made these locations special, said, "It's all the future thinking--re-inventing themselves and other things as well. They're ahead of the game--thinking outside of the box. The way the job market is now we need to stay on top of our game; we need to be constantly re-inventing ourselves."

"It was a great experience, very good for the program," Funk said.

When asked for any words of wisdom, Funk responded, "I would like to quote the great Adam Greuel." He stood up and shouted, "Party!" while enthusiastically pumping his fist into the air.

THE POINTER

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Photos all by Rosa Narus Group photo at Growing Power facilities.

Bouncing Boobies: Fun for All

MONICA LENIUS mleni264@uwsp.edu

There are many things that can be associated with dancing: high heels, passionate moves, thumping music, and according to the University of Wisconsin-Steven's Point Women's Resource Center, Bouncing Boobies!

"This event has tremendous personal meaning for me. Three weeks ago a friend of mine lost a 10+ year battle with breast cancer," said Jamie Chariton the Volunteer Coordinator and acting treasurer for the WRC. "I have witnessed the devastation of breast cancer first hand, and it is my hope that through our efforts we can bring a bit of relief to someone who's life has been turned upside down by this destructive disease."

In honor of National Breast Cancer Awareness month, this event, held on October 24th at 6:30pm in the Alumni Room of the DUC, is being put on to raise awareness to breast cancer.

"Any type of cancer is horrific to deal with, and with this event, the Women's Resource Center is really hoping to give a face to those individuals, and a kernel of hope," said Tana Delonay the Executive Coordinator of the WRC.

The proceeds (from welcome donations) from this event will be going to the Ribbon Mastectomy Boutique located in Wausau. The primary concern of this boutique is reaching out to women who have gone through or will be going through breast cancer surgery. The unique aspect about this event is that it is focused on an individual who is in need of prosthetic as a result of a

The Bouncing Boobies Bash, free for students and the community, will be hosting a costume contest, silent auction featuring local merchandise, food catered in from the Mint Cafe in Wausau, and music from local DJ, Steve Proszenyak.

"We really hope that this event can put a positive spin on it and focus the attention not on the person's disease, but on their life. They are still here, and that's a beautiful thing to be celebrated," Delonay said.

If you know someone who has



Tana De Lonay of the Women's Resource Center speaks with Kristen Hackbarth, Erica Boncher and Kaylin Monson of Colleges Against Cancer about their upcoming events.

been touched by Breast Cancer and is in need of prosthetics or has had a mastectomy related surgery, please stop by the Women's Resource Center 065 DUC to pick up a scholarship application.

To find out more about the Ribbon Mastectomy Boutique, check out www.pinkribbonmastectomyboutique.com. Lastly, if you think that you or anyone you know would be a good candidate for this boutique; feel free to contact the Women's Resource Center through womenres@uwsp. edu or 715-346-4851.

How to eat Healthy with a Meal Plan

EMMA ST. AUBIN estau255@uwsp.edu

To college students, maintaining a balanced diet is important in providing the energy and nutrients to do physical activity, handling loads of homework and maintaining a healthy body weight. To balance a busy schedule and to avoid gaining the infamous "freshman 15," try following these tips to eat healthy with a meal plan.

Don't drink your calories.

It can be tempting to fill up your cup with soda or fruit juices every time you enter Debot, but instead replace these sugary drinks with water.

"Many people think that fruit juice is healthy because it has the vitamins, but you're better off to eat the whole fruit because you're getting the fiber without all the calories," said

Deborah Tang, an Associate Lecturer of the School of Health Promotion and Human Development.

Avoid eating empty calories.

Empty calorie foods have calories from solid fats and/or added sugars, which add calories to the food but with few or no nutrients. To absorb the energy needed to keep your body running on a busy day, it is vital to eat foods with lots of vitamins and nutrients and avoid empty calorie foods such as sugary drinks, cookies, pizza, cheese, ice cream, hot dogs and bacon.

Indulge in fruit.

Save chocolate for an occasional indulgence and grab an apple or a cup of strawberries for dessert. Fruit is a tasty alternative to empty calorie dessert foods, and still satisfies that sweet tooth!

·Learn proper portion size.

To avoid eating too much of even the healthiest foods, keep track of how much you're eating. For most people, meat servings should be about the size of a deck of cards, pasta servings should be the size of a tennis ball and other servings vary by the type of food.

Consider your options.

Most dining areas on campus have options, including different types of bread, milk, pasta and more. Instead of reaching for white bread and 2% milk, try to make at least half of your grains whole and drink skim milk.

•Eat Regularly.

It can be easy to skip meals with a busy schedule, but it is important to keep your metabolism in good,

working order by eating on a regular

"I typically tell my weight loss clients that they should eat every 4-5 hours so they don't become overly hungry. That's when we seem to abandon all of our knowledge on healthful eating and just filling our hunger gap," Tang said.

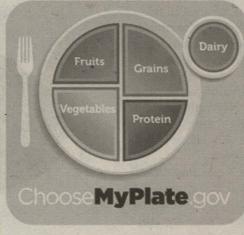
Reference the MyPlate chart.

The United States Department of Agriculture recommends that half of your plate should consist of fruits and vegetables and the other half should consist of whole grains and protein, along with a side of low-fat or non-fat dairy.

For more tips on how to eat healthy, check out www.choosemyplate.gov



Emma StAubin shows an example of a well-balanced meal: baked tilapia, whole grain spaghetti, salad with cherry tomatoes and skim millk.





Photos by Emma St. Aubin Pan-fried vegetables, grapes and roasted chicken is another example of a well-rounded and nutritious meal.

The Ides of March: Review

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There is no subtlety in the title of George Clooney's terrific new directing effort, The Ides of March, a direct allusion to the day Caesar was betrayed by senators, including his close friend Brutus. Yes, Ides is a story of betrayal, hypocrisy and of the politicians who have run this country (and every other province, empire, etc.) from the beginning of time.

The story centers on junior campaign manager Stephen Meyers (Ryan Gosling). Gosling's work in the past year has taken him from a very good actor to one of the two or three best actors working in Hollywood. He works under senior campaign manager Paul Zara, played by the immensely talented Philip Seymour Hoffman. These two run the campaign for Senator Mike Morris, played by Clooney (who also wrote and produced the movie, in addition

to starring and directing). This ridiculously talented cast is rounded out by Paul Giamatti, Marisa Tomei, Jeffrey Wright and Evan Rachel Wood. It is Giamatti, the opposing campaign manager, who stands out among this elite corps. The cast alone warrants a watch.

While this is a political drama, the issues discussed in the primary debates and town hall meetings take a back seat to the ethical decision-making that goes into running a presidential campaign. Ides is not a complicated film; it's about the choices people make. As one character said, "It's not what you did, but what you didn't do."

This film is about the inevitable shift from starry-eyed idealist to cutthroat realist. It's a political comingof-age tale for a newcomer to the political game, and the message is clear: There are no dirty politics, just politics.

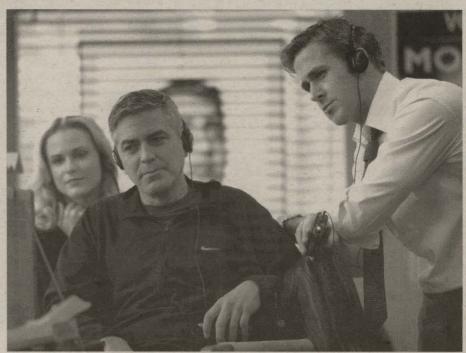


Photo courtesy of allmoviephotos.com

Empty Bowls: Giving Back to the Community



The Empty Bowls project supports the many programs of the Portage County Hunger and Poverty Prevention Partnership.

EMMA ST. AUBIN

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Carving pumpkins, eating bottomless soup and spending the afternoon with members of the community. This is how many people from the Stevens Point area spent last Saturday afternoon when Stevens Point Area Senior High hosted the 10th Anniversary of Empty Bowls.

"Everyone got to choose a wonderful bowl and take that bowl home as a reminder that someone's bowl is always empty. It really shows that the community is caring for one another," said Lauri Rockman, the treasurer of Empty Bowls.

Empty Bowls is a fundraiser aimed to raise money for local hunger prevention efforts. For \$11, those who attended could choose and keep a bowl created by local potters, community members and students.

These bowls could then be filled with the soup provided, which was donated by 24 local restaurants for the event.

"The tortilla soup was the best, but there were so many varieties; it was excellent," said Phil Barker, a junior computer information systems major that attended the event.

"My favorite part of this event is that it really fosters awareness of hunger issues and that it involves the whole community. Families and individuals from all age groups are here," Rockman said.

The funds raised from the evwnt go to many programs of the Portage County Hunger and Poverty Prevention Partnership, which include the Portage County food pantry, community gardens, and grants to local organizations that directly address hunger issues.

"The event is really family oriented. Kids can have fun and the adults can give back to the community," Rockman said.

Empty Bowls drew in about 60 volunteers to provide an enjoyable experience for all age groups. The event provided entertainment for kids which included pumpkin decorating and special appearances by SpongeBob, Snow White and Batman.

"It was my first year attending and I will be returning in future years," Barker said.

Handsome Furs' "Sound Kapital": A Review

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Handsome Furs brings electronic punk to an entirely new level with a strong indie feel. Thinking of MGMT and Joy Division having a baby is almost a picture-perfect way to describe their tone. Edgy without the hardcore, indie without the confusion.

It stays within the confines of a heavily synthed, up-beat electronic style added with tons of effects and sounds from guitar to piano.

Many of the songs retain a trancelike feel. Great for a general atmosphere such as an electronic set for a DJ. The songs are very crisp and, most importantly, well produced. The bass never cracks and the voice of the singer always keeps the beat moving along and changing like a composer would to a symphony. It really does a great job keeping each song fun and inventive.

The lyrics are also something worthy of notice. Not only does it keep it clean but the words are used in a way that's not only effective but gives it a feel all its own.

The only thing I can find that I dislike is the simplicity of some of the beat signatures. At times it felt as if they were interchanged (recycled), but more or less this is a minor issue. I hope he or they continue to create. It most definitely awakens a nostalgia for good poppy electronic music.



Sports

Pointers Get First Conference Win

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Sophomore quarterback Mitch Beau led the University of Wisconsin-Stevens Point football team to a 31-10 victory over the University of Wisconsin-River Falls, the Pointers' first win in conference.

Beau got the start in place of fellow sophomore Casey Barnes, who suffered an injury in Point's homecoming game.

"I was a little weary," said Beau of his first start for the Pointers.

The Falcons came out running with senior back Taylor Edwards carrying the ball 10 times. The drive occupied most of the first quarter and concluded with a touchdown pass from senior quarterback B.J. Letourneau to Edwards from four yards out.

Thanks to a harsh wind, Point began their opening drive with good field position at their own 38-yard line. The Pointers struggled to move the ball and faced a fourth down.

As Point lined up in punt formation on the Falcon 40-yard line, head coach John Miech decided to fake the punt.

Junior punter Brandon Matznick rushed the ball 40 yards all the way down to the six-yard line, setting up a first and goal. Senior running back Cory Flisakowski took advantage of the momentum and punched into the end zone to tie the game at 7-7.

The Falcons continued to run the ball on the ensuing drive, initially finding success reaching Point territory. Penalties for River Falls prevented the momentum of their drive and they soon faced 4th and 25, forcing them to punt.

Wind again caused problems for River Falls' special teams when their punt sailed short and Point was able to return it to the Falcons' 41-yard line.

Stevens Point was unable to take advantage of their field position, forcing them to punt the ball. However, Matznick was able to pin the Falcons on their own one-yard line. The short field put added pressure on Letourneau and he threw an interception across the middle to senior defensive back Joe Mleziva. Mleziva would return the interception for a pick-six and give the Pointers a 14-7 advantage.

River Falls again moved into Point territory but Letourneau was sacked twice, taking them out of field goal range and giving the ball back to Point.

Mitch Beau connected with senior wide receiver Mike Mullins for 17 yards and Flisakowski contributed with a 35-yard run, taking Point inside the red zone.

After River Falls stuffed Point on third and one, senior kicker Jered Fohrman connected for a 39-yard field goal, giving UWSP a 10-point advantage.

With 1:30 remaining in the first half, River Falls failed to not only move the ball but to drain the clock. The Falcons gave Point the ball with under a minute remaining, plenty of time for Beau and his offense.

Beau connected with junior wide receiver Marc Young on a key fourth down play. The following play, Beau went back to Young for a 21-yard touchdown before the end of the half. Following the Fohrman extra point, UWSP would go into halftime leading 21-7.

Point opened the second half with the ball, but a stingy Falcon defense stopped them. River Falls moved the ball to the Pointer 20-yard line but soon faced fourth down. The Falcons were held to a 37-yard field goal, making the score 24-10, UWSP.

Unsuccessful drives followed for both teams before Point started rolling again.

A Beau 12-yard scramble on third and nine kept the drive alive. Despite his ability to make plays with his feet, Beau said he does not look to run.

"I try to stay in the pocket and go through my reads," Beau said. "I've been asked about (scrambling) a lot."

Point would drive to the fiveyard line and face third down when Beau hit junior wide receiver Theo Maglio for the touchdown. The 31-10 score put pressure on River Falls with little time left in the fourth quarter.

River Falls failed to put points on the board during their next drive and gave Point the ball after a failed fourth down conversion.

Junior running back Keith Ingram rushed for a 43-yard gain on Point's next drive, putting them in field goal range once again. Facing a fourth down, Fohrman attempted a 41-yard field goal, which River Falls would block.

Following the blocked kick, River Falls was unable to move the ball for the remainder of the quarter and after taking over on offense, the Pointers would run off the remaining 1:45.

With the win, UWSP improved to 1-2 in Wisconsin Intercollegiate Athletic Conference Play and 3-3 overall. The next test for the Pointers is a showdown at the University of Wisconsin-Eau Claire this Saturday at 1:00 p.m.

Women's Soccer Surrenders First Ever Loss to Warhawks

ANDY HESSE

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A late goal by the University of Wisconsin-Whitewater on Saturday gave the Warhawks a 3-2 advantage over the University of Wisconsin-Stevens Point, which proved to be the deciding play. The loss is the first ever to Whitewater in nearly 20 years of Wisconsin Intercollegiate Athletic Conference play.

Point fell behind in the first half when Warhawks freshman midfielder Madeline Lardner put a goal on the board. The score occurred in the thirty-ninth minute from an assist by senior forward/midfielder Emily Gerber.

The Pointers went into halftime without a shot on goal.

UWSP allowed another shot on goal early in the second half when Warhawks junior forward Christian Tooren struck the cross bar in the forty-ninth minute.

Point junior middle/forward Kim Jobke answered with a shot on goal in the fifty-second minute but was unable to find the back of the net.

Jobke would find revenge when she assisted freshman midfielder Hannah Burt for the Pointers' first goal of the day in the fifty-fifth minute Whitewater followed with a shot on goal seven minutes later by Gerber but couldn't get it past junior goalkeeper Brittany Marx.

"It was really intense going back and forth like that," said Point's junior forward Sammy Greer.

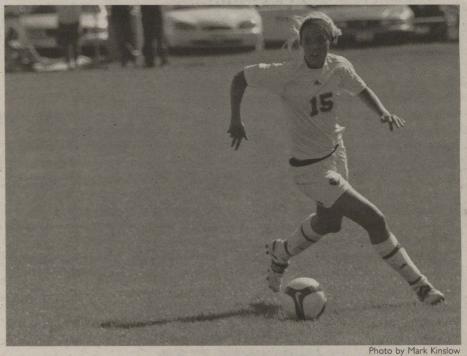
Then three minutes later in the sixty-fifth minute, Greer beat Whitewater freshman goalkeeper Jordan Myers for a 2-1 advantage in favor of Point. In that same minute, Whitewater answered the Greer goal when Gerber assisted Tooren and tied the game back up at 2-2.

"It felt like as soon as we got the lead, we lost it," Greer said.

Each team had legitimate shot attempts but good defense held the tie until the eighty-seventh minute. With less than three minutes remaining, Gerber hit a Tooren assisted goal, sealing the win for Whitewater.

The home loss gives Point an 8-6 overall record and a 3-4 conference record. The loss is the second in a row for the Pointers.

"It felt like as soon as we got the lead, we lost it," Greer said.



Hannah Burt-Freshman, races down the field



Photo by Mark Kinslow The Pointers had their first loss against UW-Whitewater this last Saturday

sports

Packers Remain Unbeaten

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Anyone who anticipated a Super Bowl hangover in Green Bay better prepare to wait a little longer, following the Packers 24-3 victory over the Rams at Lambeau Field. Green Bay's win was their twelfth consecutive dating back to last season.

Quarterback Aaron Rodgers has proven his status as one of the game's top performers. Rodgers leads the league in passing touchdowns and completion percentage, and his 2,031 yards passing is third in the NFL, trailing only Drew Brees and Tom Bradv.

Rodgers went 17-28 against the Rams for 310 yards and three touchdowns, including a 93-yard catch and run by wide receiver Jordy Nelson. His lone interception came off a drop by wide receiver Greg Jennings.

Maybe Rodgers' greatest asset is his ability to throw out of the pocket and on the run. One of the biggest concerns scouts had about Rodgers as he entered the draft was his lack



Jordy Nelson evades the St. Louis secondary as he runs for a 93 yard touchdown.

"If you want to be the best

you have to beat the best"

of athleticism. However, since taking over as starting quarterback in 2008, he has shown an uncanny ability to make plays with his feet.

Although Green Bay readily handled the winless Rams on Sunday, the

offense went stagnant in the second half and was unable to add to their lead.

"We didn't do a very good job handling the football. We didn't convert the third downs, we had a number of drops," Head Coach Mike McCarthy said.

The players recognize that their performance was not to their fullest capability.

"No one thinks that's good enough," said offensive tackle Bryan Bulaga. "We just didn't play well

enough in the second half to move the ball...we need to be able to put drives together,

keep our defense off the field and score points."

An ongoing point of concern for the Packers has been their inability to take the fight out of opposing offenses, something they did well last season. Sunday was the only game where Green Bay held their opponent to under two scores.

The Packers' "bend don't break" mentality, as stated by linebacker Frank Zombo, works in theory. But if the defense bends too far they could be in for some tough losses later in the season.

Despite the success thus far, the Green Bay defense understands that they have work to do.

"We're 6-0. That's a great accomplishment, it happens very rarely in this league, but there's still room for great improvement," said linebacker Clay Matthews.

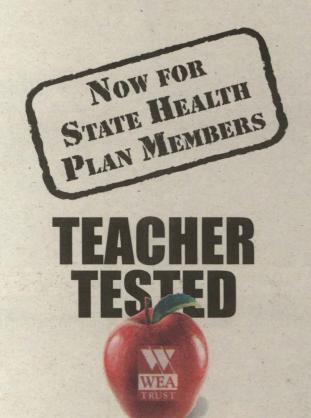
In the postgame press conference McCarthy said that his team was seven days from being 7-0. In order to stay undefeated the Packers will have to go through running back Adrian Peterson and the Minnesota Vikings.

Peterson is sixth in the league in rushing yards and his seven touchdowns put him atop the leaderboard.

"If you want to be the best you have to beat the best, and at his position I believe he's the best," said linebacker Desmond Bishop.

If the Packers can stop the Vikings' ground game they have a good chance of staying unbeaten. With sources saying that Minnesota will start rookie quarterback Christian Ponder over veteran Donovan McNabb, Green Bay will have a distinct advantage.

Kickoff is set for 3:15 on Sunday.



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News State Issues Citations Against UW-Stevens **Point, University Fights Charges**



A state investigation claimed that the University of Wisconsin - Stevens Point did not follow proper asbestos regulations during a construction project in the Communication Arts Center last spring.

NATE ENWALD

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The State of Wisconsin has issued six citations against the University of Wisconsin - Stevens Point for the improper removal of asbestos that was found in the Communications Arts Center during renovations.

As most communication students may well remember, the Communication Arts Center building underwent many renovations starting in 2009 and up through the summer of 2011. During the renovations, the construction company discovered small amounts of asbestos in some tiles of one of the second floor bath-

The contractors, Dirty Ducts Cleaning Environmental Insulation, discovered the tiles while working on Friday, March 12, 2010, and quickly removed and cleaned the area by the following Monday.

In May of 2010, a CAC faculty member raised some concerns about the procedures used during the removal of the asbestos to the Wisconsin Department of Commerce. The state then sent out State Investigator Susen Trail, who issued six corrective orders

against the University of Wisconsin -Stevens Point.

UWSP denies these violations and has filed a hearing petition to have the corrective orders appealed.

"We believe the corrective orders (a.k.a. violations) were not accurate," said the Director of Safety and Loss Control Jeff Karcher. "We are currently working with the State of Wisconsin's Department of Safety and Professional Services (Dept. of Commerce) to get these issues resolved."

The investigator claims in her report that the university did not notify nearby employees or place warning signs by the work site as containing asbestos during and after the clean up, that the university failed to properly provide a qualified person to answer questions and concerns from its employees about the asbestos discovery and removal, and that the university did not determine how much asbestos existed before the project was opened to corporate bidding.

"Documents and emails demonstrate a lack of recordkeeping, inaccurate recordkeeping, and a reliance on a third party recordkeeping and inspection without oversight," the report said.

Lastly, according to the report, the university did not have a Person Competent (Licensed Asbestos Supervisor) carry out the proper procedures of asbestos removal to protect the university employees working near the infected work site

or provide alternate routes around the area.

Karcher said that the contractor was a licensed asbestos professional and took all the proper steps to protect the employees in the CAC, that they did in fact post signs, and that they were properly equipped to handle questions regarding the asbestos.

Also, according to the petition the university filed, there was no reasonable way the university could have determined the "unknown" amount of asbestos before the project was

opened for bidding.

"Each time we do a construction project in a campus building, materiel scheduled for demolition is tested for asbestos," Karcher said. "The asbestos in the location where construction was to take place in the CAC was removed by a state-approved contractor prior to the construction beginning. If other projects are initiated in the CAC, a similar procedure will be followed to ensure there is no release of asbestos-containing materiel into the air."

Asbestos is a known cancer-causing carcinogen and when it is stirred up by construction and released into the air the fibers can get stuck in the lungs, remaining there for a long time and possibly eventually causing mesothelioma or other health issues.

Karcher said that the asbestos has been removed from the CAC and

The appeal hearing has no date set for resolution yet.

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Application: Apply by December 15, 2011. Request an application form IWSP International Programs or from Dr. Perry Cook, Education, directly. The group is limited to 16 total participants, 15 students and one leader.

Applications are processed in the order they are received so apply NOW.

Sponsored by and for further information UWSP International Programs, 108 Collins, 346-2717, www.uwsp.edu/studyabroad The State Says:

 The university did not provide a "Competent Person" to carry out the actions to protect the help of employees.

2. That the university did not determine the amount of all asbestos before the bidding for the renovation work started.

3. That UWSP did not notify employees who worked nearby to the work site that it contained asbestos.

tive route around the hazardous work site.

5. That the university did not post warning signs until after the removal of the asbestos.

6. That the university did not ensure that employee complaints or questions regarding asbestos were handled by an employee with sufficient training.

UW-Stevens Point Says:

1. That the team they hired to take care of the problem was in fact qualified.

That trying to determine an unknown amount of asbestos before its discovery is absurd.

3. While UWSP claims this allegation is not supported by face and not validated by evidence, they have changed policies to avoid future confusion.

4. That the wording of the vide clearly marked alterna- no alternate route was necessary because the work site was efficiently quarantined.

5. UW-Stevens Point says that the investigator cited no direct evidence to support this and that because an employee reported the sign's presence after the work, it can be assumed it was present during the work.

6. UW-Stevens Point says that they do in fact employ a health and safety specialist and employees can obtain the information to do so.

Lapses: more state budget cuts in UWSP future

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According to an email from Chancellor Bernie Patterson to the campus, the University of Wisconsin – Stevens Point will lose another \$2.7 to \$4.7 million from its current funding depending on an upcoming Joint Finance Committee decision, adding to the roughly \$8 million budget cut UWSP saw in the state budget that passed this summer.

"Our aim is to be as strategic as possible," Patterson said. "But I'm going to be straight with you: Some of these reductions will hurt, especially if we are called upon to make ongoing reductions in future years."

Citing economic uncertainty, Mike Huebsch, Wisconsin's Secretary of Administration, wrote in a letter to state agencies that the state would cut a larger share than expected from agency operations over the biennium. "I am requesting all agencies to plan for a larger lapse in the event that revenues are not as strong as assumed in the budget," Huebsch said.

On top of the budget cuts made specifically to different public ser-

vices—including the \$250 million cut to the UW System—the state's biennium budget additionally called for a \$174.3 million cut from the operations of state agencies.

A lapse is a one-time reduction to state agencies' allocated funds that is returned to the state's main account, according to Greg Summers, UWSP Interim Provost and Vice Chancellor for Academic Affairs. The \$174.3 million in lapses written into the current budget could be raised to \$300 million in returns from agencies' budgets, according to the Department of Administration.

David Giroux, UW System Spokesperson, says this will mean the university system will face an additional cut of \$65.7 million. The UW System receives roughly 7 percent of the state's budget, but is being asked to absorb "a much larger share" of the lapses—about 38 percent, said Giroux, who promised that the UW System Administration would work with the legislature to reverse this disparity

"With near record enrollments, campuses have made firm commitments to students, faculty and staff that cannot be reversed mid-semester," Giroux said.

"Unlike past biennia," Huebsch said, "these lapses may not be taken from segregated appropriations or any program revenue appropriations within the University of Wisconsin System." In other words, for the UW System, the funds will need to come from structural changes and cuts, rather than outlying funds.

"Areas such as segregated fees, auxiliary operations (room and board, parking, etc.), and tuition cannot be used. Differential tuition is another 'untouchable' for campuses that have a differential tuition program," Patterson said.

The final amount ultimately depends on which lapse plan the legislature's Joint Finance Committee selects, and how much is ultimately asked from the UW System. "The fact is we will need to make reductions," Patterson said. "Until we know an exact number from the state, we can't pinpoint all the actions we will need to take."

[global community]

Weekly Headlines Oct 20, 2011

U.S. approves free trade agreements with Colombia, Panama and South Korea, causing concerns for U.S. work force

After Israel-Hamas prisoner exchange, released Israeli soldier Gilad Shalit commented, "I would be very happy if they were all freed, so they can go back to their families and their land," on the fate of the remaining 4,000 Palestinian soldiers in Israeli custody

U.S. Supreme Court to decide if firms and corporations could be domestically charged for international human rights violations

Despite Governor Walker's campaign promise to add 250,000 new jobs to the economy during his first term alone, Wisconsin's unemployment rate has risen by 1 percent since his budget went into effect this summer

Yemeni government clamps down on civil protests calling for the ouster of President Saleh, killing at least 21 people

On Tuesday, October 18, Winston Tubman, the candidate favored by the West, lost the Liberian presidential election to incumbent President Ellen Johnson-Sirleaf

Calling itself the Caravan for Peace with Justice and Dignity, thousands march in Mexico City on October 14, in rejection of the U.S. and Calderon government-led "war on drugs," the death toll of which has surpassed 50,000 civilian casualties

Demonstrating the Occupy Together movement's continuous growth, thousands occupy Times Square on Saturday, October 14, as solidarity occupations take place in more than 1,000 cities in more than 8 countries

UN report establishes systematic use of torture and corporal abuse by the U.S.-sponsored Afghan intelligence service

As Gov. Walker recall effort gears up, Walker reportedly taking steps to take control of state's Government Accountability Board, giving him the power to veto recall-related decisions

Following the footsteps of Arizona and Georgia, Alabama approves strictest anti-immigration law, which specifically targets people who could be suspected of being undocumented

Is the UW segregated fees policy illegal?

MICHAEL WILSON

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The legality of the University of Wisconsin System's policy on student segregated fee allocations, Financial Policy 50, is being currently contested by the chief financial officer in 'UW - Madison's student government and by the United Council of UW Students (UC), the statewide student association.

Sarah Neibart, who chairs UW-Madison's Student Services Finance Committee, said in an interview that the UW System Administration financial policy, which separates students' rights over segregated fees into those "allocable" and "non-allocable" directly by students—F-50 was enacted through an "illegal process" that necessitates formal review.

"Financial policy paper F-50 is illegal because it was not approved through an administrative rule," said Neibart, noting that "the Board of Regents have administrative codes that lay out how certain policies from the legislature apply to them; however, F-50 was never made that way." Students in University of Wisconsin (UW) campuses, in consultation with their chancellors and the UW Board of Regents, have the "primary responsibility" to directly allocate "student activity fees," according to state law.

Statute 36.09(5), which gives students this authority, among other powers, such as the right to organize and select their representatives, is a short paragraph that has been contested and interpreted several times by the state and federal supreme courts. With each decision, new sets of legal precedents are drawn, invariably adding teeth to students' roles in the decision-making process.

As the meaning and intent of this paragraph is re-interpreted, the UW Board of Regents, a state agency, once to reflect these legal adjustments in its administrative policy. However, one of these policies is becoming the center of a statewide debate on student rights.

"Over the years, actual practice of the institutional guarantee to students' right to shared governance has deviated from original intentions of the law," said Seth Hoffmeister, President of United Council.

The United Council board of directors recently approved a resolution calling on the Board of Regents to review F-50 and address what it sees as "a contradiction between the institutionalized right students have to distribute these fees, and the utter lack of say over a growing portion of them, the non-allocable portion," Hoffmeister said.

While no such differentiation exists in state law, UW Policy F-50 separates segregated fees into "allocable fees"—such as those that fund student organizations, which fall directly under student jurisdiction—and "non-allocable fees," which fund other student services such as the operation of health services or student unions. Non-allocable fees fall ultimately under the responsibility of the chancellor, although students can provide non-binding input on their distribution.

Neibart says she will continue working with students on other campuses and at the state level. She has called her counterparts who head student finance committees across the state into action, taking "a hardline stance of student involvement and decision making authority over [segregated] fees."

"If enough student govern-

ments back the call to review F-50 and possibly remove the distinction between fees, the Board of Regents would be forced to take the issue up," Hoffmeister said.

"Working with faculty and administration is crucial to our success, but it won't mean a thing if we do not have a strong student voice. By strengthening our right to self govern, we strengthen the university and the state," Hoffmeister said.

Criticizing the move, the Badger Herald Editorial Board issued a statement calling on UC and ASM to refrain from making legal maneuvers that could affect the administrative code, as the process could backfire and limit current student authority.

"The current Legislature or governor may decide that students should not be trusted with such a great budgetary power and may limit our control of allocable funds as well as eliminate any power we have over non-allocable funds," stated the Herald Editorial Board, which noted that if the policy was re-written to give full authority to students, the burden would be too high for segregated fee allocation committees.

In response, ASM Government Relations Advisor Michael Moscicke stated "the process for creating administrative rules would not involve the legislature altering state statue 36. Administrative rules may only interpret state law, they cannot alter or supersede those laws," Moscicke said.

[full circle thinking]

Reading through the bull

BRIAN LUEDTKE blued692@uwsp.edu COMMENTARY

How do you know when someone is telling the truth? Can you tell when facts have been skewed?

Fact: the average American is exposed to 3,000 or more advertisements per day. Fact: your brain registers these advertisements whether you consciously notice them or not. Fact: when the U.S. Army was undergoing intensive research into brainwashing and mind control (you know, giving elephants LSD and such), they discovered that moving pictures were by far the most effective means of manipulating peoples' thoughts, opinions and choices.

Since these discoveries every single person has been manipulated by being told what and how to think. Smear campaigns, name brands, sporting events--you are constantly told who to vote for, what to buy and how to occupy your leisure time. These schemes can be avoided by recognizing them before they gain control of your decision-making process.

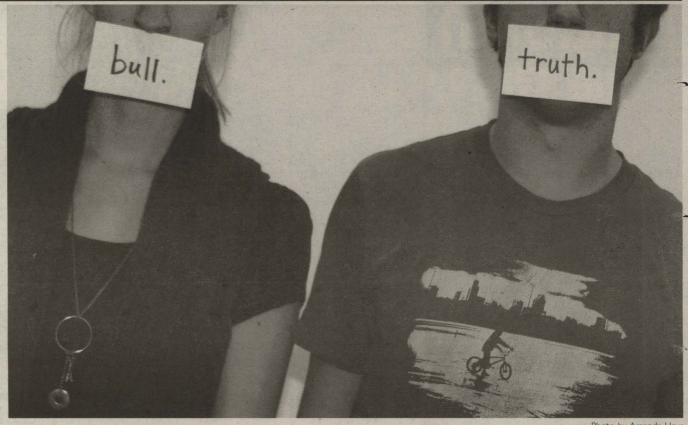
Planting a seed

All it takes is one comment, positive or negative, to shape the way one views and makes decisions about anything. For example, if a friend comments that they like a certain pair of shoes or a hat, you are much more likely to wear those shoes or hat more

Another example would be with bumper stickers. Political signs in mass can show that a candidate has a large support base and therefore might be a good candidate. On the other hand, that sign could spark rage and increase support for a different candidate.

Agendas

Agendas, agendas, agendas;



Are you being manipulated by the media?

everyone has an agenda. In this instance an agenda is a list of desirable outcomes, events, activities or policies. These are the underlying goals behind anyone and everyone who wishes to accomplish anything.

Presidential candidates want to get elected, and to do so they need to please their constituency. A business may want to increase profits, an individual may wish to procreate, an agency may wish to secure more funding. The bottom line is that for each decision, good or bad, there is an underlying agenda which influences actions necessary to make the agenda a reality. Everyone has an agenda, whether they know it or not.

Data manipulation

For those familiar with statistics, you may be aware that certain ways of collecting and processing data in combination with varying statistical methods can greatly influence the results that are presented.

For example, not including units or a scale in a graph can make one option seem far superior to another when really both options are nearly

identical. Another example would be where methods are not included in the details. Compostable plastics are compostable, but only in intensively managed, industrial scale compost operations. The latter portion is often left out.

In other situations the context is not included. Say a senator votes no for a certain high-profile bill. The main portion of the bill may have been in the favor of the senator's constituency, but a piggyback bill attached may be completely unfavorable to the constituency. The latter portion is often left out.

How to make decisions for yourself

Step 1 - Analyze

One should ask themselves: Why is this important? Who is selling this idea? Who stands to profit, and what are the impacts of this decision?

Step 2 - Interpret

Examine the presentation, details and context. As the silver fox Kevin Burns says, "The devil's in the Step 3 - Decide

Is this the best option, or is there a better one? The dollar is the most powerful voting tool out there. Where that dollar is spent shows support and demands more of the same. Spend wisely and the world can change. Sure the options presented may not be the best possible alternatives (diesel vs. gasoline), but they are the choices available now. Making the best possible decision is the best that can be done.

Be the change

Use these tools to decipher, translate and focus on the truth by sifting out the fog of everyday life. As Siddhartha Gautama says, "Believe nothing, no matter where you read it, or who said it, no matter if I have said it, unless it agrees with your own reason and your own common sense." The dollar is the most powerful voting tool out there. Where that dollar is spent shows support and demands more of the same. Spend wisely and the world can change.

UWSP Student to Track Down Pollutants in Local Waters

RACHEL HANSON

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The University of Wisconsin-Stevens Point is not usually regarded as a research university. However, just because our school lacks that title doesn't mean our students do not contribute to important scientific

Michael Waak, a senior water resources major with a chemistry minor, is one of seven students conducting research through the Advanced Techniques of Environmental Analysis class in the Water Resources department.

"It's a pretty intense class," Waak said. The purpose of the course is for students to gain experience in their control, anti-psychotics, sleeping research symposium. field and use real-world instruments aids, antibiotics; they're finding all of to collect and analyze data. Student researchers collect samples and examine them in a laboratory. Waak is studying waters that flow in and out of the waste water treatment plant in Marshfield.

"All the water that comes out of the waste water treatment plant flows directly into Mill Creek," Waak said. "I'm looking at how many pollutants the treatment plant is actually removing from the water."

He is studying the water to find out what contaminants are left after treatment and what concentrations of them remain. "Low concentrations of anti-depressants, hormones, birth

this in the water. And we don't know what the effects of these are on the ecosystem or on humans," Waak said.

"I'll be going to the waste water treatment plant and working with staff there to collect samples of the water that's coming in, and then water that is going out," Waak said.

He will be testing the water for these potentially dangerous pollutants and preparing the data in a manner that allows him to explain it to the public. After his study is complete, Waak will present his findings to the class. He will also have the opportunity to show off his work at the College of Natural Resources (CNR)

Like other students in the class, Waak was given \$4,800 to carry out his research. The funds were provided by the Water and Environmental Analysis Lab (WEAL) located in the CNR. WEAL runs through UW-Extension in partnership with the College of Natural Resources. Other student projects currently underway are studies involving golf course pollutant runoff, paper mill sediments in fresh water, and the effects of waste water on private wells.

[Sudoku]

		1	3		4	5		
	8	9		2			7	
4		6				2		3
-2			1		3			7
	1			4			3	
9			6		7			4
5	7	2				3		9
	4			9		8	6	
		8	4		2	7		

www.sudoku-puzzles.net

[answers from 10/13]

4	2	c	b	a	7	8	9	. 6	3	1	5
8	5	8	9	b	3	6	1	С	4	2	7
3	6	7	1	2	4	C	5	9	b	8	а
a	9	5	8	С	1	b	4	3	6	7	2
6	c	1	3	5	2	9	7	4	a	b	8
7	b	2	4	3	6	3	8	5	С	9	1
2	4	8	С	1	9	3	b	а	7	5	6
b	4	6	7	4	8	5	a	2	9	c	3
5	3	9	a	7	c	2	6	8	1	4	b
9	8	4	2	6	b	7	3	1	5	а	С
С	a	b	6	9	5	1	2	7	8	3	4
1	7	3	5	8	a	4	c	b	2	6	9

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[comic of the week]











Opinion

Starving Designers, Thanks to I.T.

AMANDA HAYS ahays961@uwsp.edu

The term "Starving Artist" was one that I heard and knew, but never really understood; that is, until I became a graphic design major. The reason is not because supplies are costly, or because we use professional technology for our projects. The reason why the designers working hard in the NFAC live off of popcorn and ramen is because of the dreaded, outrageous, through-the-roof, awful, insane, and most of all, extremely overpriced printing charges put into effect by Information Technology.

\$149.21 is my current printing balance. That's right. It's week seven into the semester. That's one-fourth of my academic year and design projects. At this rate, I will have approximately a \$600 printing charge between two consecutive semesters. Starving designer? Now you see why.

Now, hear me out, I understand that printers are expensive. A banner printer runs aywhere between \$2,000 and \$4,000. Ink is expensive. Prices for printing are posted throughout each University lab and are made very clear by I.T. I take advantage of the ability to return mistakes and get my credits back, and I also am very careful to print only what I need.

The thing is, as graphic design majors, 99.99% of our projects are print-based. In other words, my homework is made on a computer and eventually printed out onto paper. For example, some projects are books and some are posters. This poses a problem for my wallet.

It doesn't quite seem right that we as design students are required to pay tuition, then a special class fee, and then on top of all of that ultimately pay at least \$600 a year for our homework to be turned in. Not to mention, a majority of the time we also buy our own paper to print on. A larger print on a banner printer typically is around \$3-\$6. So theoretically if we use our own paper, which costs probably about \$5, we are paying up to \$11 total for one print. If you look at it that way, the small amount of ink that is used (charged by I.T.) can be double the cost of the paper. Not to mention, if a job is sent to the printer and doesn't print or if you cancel it at the printer, you still get charged. Every time you hit print, you get charged.

Here's a question: do chemistry majors have to pay \$600 a year for their test tubes on top of tuition and extra class fees? Do education majors have to pay \$600 a year to turn their homework in? Obviously not.

I suppose you're wondering what I suggest I.T. do differently. The answer is, I'm not sure. Obviously I, along with all the other designers (approximately 175 students, over 50% of the art department) would



Photo by Samantha Feld Banner printers eat money out of students' pockets with expensive printing charges.

absolutely love it if our printing charges were nonexistent, or even just decreased. We pay a ton already with tuition and art supplies and class fees. Unfortunately, that probably won't happen any time soon. Looks like it's ramen for dinner tonight.

As an alternative, though, I recently decided to start avoiding University printers as much as possible. Instead, I can take my projects to Digicopy, UPS, Staples or Printing and Design and pay a fraction of the price to print the same exact thing; usually even in higher quality.

Literally everywhere else is cheaper than the University. Just last week I printed 4 pages worth of colored projects at Digicopy for the price of 1 through I.T. That's huge.

It's unsettling being a student at a University and feeling ripped off. I am disappointed in the way that I.T. has_made printing more expensive than literally everywhere else in the area. If you haven't checked your printing charges recently, do it. You can see them under your finances tab on your MyPoint page.

OWS A Start, But Next Step Needed

LOGAN T. CARLSON lcarl555@uwsp.edu

The widespread anger and rage that the public should have been feeling for years has finally taken shape in the Occupy Wall Street movement. While it may be a little late, I am delighted it is happening and hope that tangible results are seen, rather than the movement dying out like I fear.

While some presidential candidates like Herman Cain say we should not be directing our anger at Wall Street but we should instead be directing it towards the government for failed economic policies, they could not be more wrong.

The economic policies of Wall Street and the lax regulation of the Securities and Exchange Commission are the reason why we are in this situation.

As Matt Taibi puts it, we "are being bled dry by a tiny oligarchy of extremely clever criminals and their castrato henchmen in government."

These banks devised utterly complicated schemes that produced nothing in the form of tangible goods, sold them to pension and retirement funds, and then bet against them because they knew how much of a "shitty deal" those mortgage backed securities were.

It did not matter to them whether people were able to make payments on an adjustable rate mortgage that was set to balloon in a couple months because they wanted to take that mortgage that they knew was worthless and use it to form a bond that they would get rated as AAA and then sell to retirement funds that can only invest in AAA-rated securities.

When the banks realized how much of a mess they created while they were getting drunk off their profits from swindling retirement funds, they crawled to their friends in the government and asked them for a bailout from the American people.

Our nation is under the heel of these financial institutions, even more so now with the decision by the Supreme Court in the Citizens United case.

We bailed these banks out and this is how we get repaid. They walked away from the financial collapse as if nothing had happened and continued with business as usual. They foreclose on peoples' homes without even owning the mortgage or even attempting to have their paperwork in order. They use their piles of cash

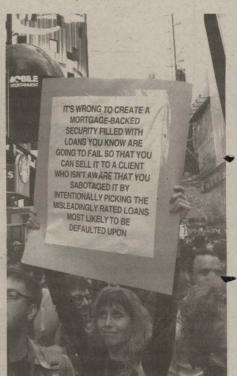
to find new ways around the regulations that were imposed on them with the Dodd-Frank Wall Street Reform bill and bilk us for more.

The Occupy Wall Street movement has been going on for over a month now and while it has generated some media coverage for the protesters and their goals it is entering a make or break phase and that is: where does the movement go from here?

Simply maintaining the occupation will not suffice; the media's attention span is even shorter than most Americans' and they will eventually tire of reporting on how many protesters were arrested by the police each day. Protesting is a way to mobilize people and draw attention to your cause but simply being in a public place and voicing your opinion doesn't do anything politically.

There is clearly one political party who is on the side of the banks and the filthy rich in this country and one party who is attempting to stand up against them even though they themselves are not perfect one hundred percent of the time.

Do not mistake protesting as the sole means to achieve the change this movement seeks.



hoto by Ben Furna

[a vague attempt at something delicious]

Let the Savings Be With You

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Making one dollar stretch as much as possible is a never-ending quest for college students. How much can you buy with a small amount of money? How far will that amount of food get you? It's no secret that carbs are cheap and protein is expensive. But between that, you can get the

fnost bang for your buck.

It's a personal quest of mine to cut out things like high fructose corn syrup and processed foods and not sacrifice quality of flavor or nutrition. It should come as no surprise that processed foods and foods that contain high fructose corn syrup are cheaper than their counterparts. That fact is why obesity is such a concern to Americans; low-income families rely on highly processed foods because they're plentiful, inexpensive and quick to prepare.

However, it shouldn't be the case. Smart shoppers can avoid the corn syrup and processing and still remain in the black if they follow a few sim-

ple suggestions.

First, carbs are cheap, plentiful, and if you eat the right ones, healthy! Whole grains come in breads, pastas, and cereals. Research shows that whole grains can fight the onset of diabetes and heart disease as well as being a lot more nutritional than their counterparts: refined grains. Also, rice is a very simple food to make



Local produce from the farmers market and carbs are a cheap way to get the best bang for your buck.

and adds to 'fullness.' Choose brown rice though. White rice doesn't contain near the nutrients that exist in brown rice.

Fruits and vegetables are absolute nutrient necessities that we don't eat enough and are not budget breaking. There are a lot of deals and savings in the produce section of grocery stores. Also, farmer's markets in the area are the perfect vectors to purchase cheap, fresh and local produce. Look for the deals no matter what--you want to look in newspaper ads and scour the stores and you'll always leave a

I'm a man that loves his protein. For me, a meal can hardly seem complete without a piece of meat on my plate, preferably red and rare. However, red meat is usually not the cheapest meat. Chicken is, however. You can purchase five pound bags of chicken breast, or you can buy and freeze it yourself. Thighs and wings of the chicken are also really cheap and fantastically amazing, though darker meat.

Ground beef is another good, cheap choice. Usually the fatter the meat, the less it costs, so be wary. A blend of 70 percent lean beef/30 percent fat will usually be cheaper than a blend that is 90/10.

Processed foods seem great at first, but there always exists a price you pay, usually in the way of sodium or fat. So if you want some Oreo cookies, go home, make chocolate cookies and add some vanilla cream between them. Processed foods exist as short cuts. So if you can, make it yourself. You can do it and you'll avoid the mass amount of other chemicals that have nothing to do with normal food.

Let the savings be with you as you step to the cash register with a cart filled with whole foods and a mind full of value-conscious shopping. So, good luck out there you cost effective, grocery store warriors.



photo Courtesy of open.spotify.com

Release the Sunbird's "Come Back to Us All": A Review

DYLAN SHANAHAN

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Release the Sunbird has come forth with one of the most chill albums I've ever heard. The songs all have a fleeting style to them, like they're almost fading away from you and each song is rectifying their final words. The album seems to share a story of unhappiness or regret but is spun in a way that can't help but make you smile.

A very wide variety of riffs and rhythms on guitar, physical sound effects and synthesized ambience gives it a very, very chill indie image. It comes across as a confident exploraits song structures are very sporadic definitely worth the listen.

yet unafraid in doing so. At times it can lead to a confused sense of what's going on, but I think that's actually what they're aiming for and I think that's very important.

They've obviously set their boundaries around this fluent, low tempo-a chillness that most definitely separates them from the pack. The exceedingly delightful aspect of the album is that all their songs sound different but remain in the same realm of chillness. It's really hard to pick the best songs off the album because I feel like each song is great in its own way.

I really like the album overall. Being indie and not getting obnoxious is no easy feat and they accomplish it tion in the definition of music, because with such effortless eloquence that it's



Come Back To Us

photo by Amanda Hays



photo by Kaitlyn Luckow