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Eric Duffey, UW-Stevens Point
Student, Passes Away

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Natural Resources Wildlife Ecology Major Eric Duffey was missing late on Friday night; a Fire Department diving team found him in Fowl River on Sunday.

Stevens Point Sgt. Dan Wheeler said they pulled a body from the river near Clark Street Bridge around 1:10 p.m. on Sunday afternoon, not far from where Duffey was last seen. His body was later identified by family in the coroner's office.

Duffey was on Friday night celebrating his 21st birthday with friends when he was reported leaving Joe's Bar alone to head home, as he needed to wake up early for a day with his parents.

Sgt. Wheeler told the Associated Press that a male witness had come forward, claiming he heard calls for help coming from the river at around 1:30 a.m. Saturday morning, but failed to find anyone when he checked.

Stevens Point Assistant Police Chief Brian Kundejowicz said that the department had received information that Duffey had walked down to the river. That was probably the last time he was seen.

The discovery of Duffey's body happened after Kundejowicz had called off the extensive neighborhood search that included nearly 150 volunteers and tracking dogs. The search occurred throughout the weekend, and included many students, community members, and UWSP administrators.

"The campus response has been incredible," said Zachary Kleeman, a close friend and roommate. Search teams checked back yards, knocked on doors showing residents pictures of Duffey and asked that they keep a look out for any evidence of his location. "The outpouring of support from neighbors and complete strangers has been amazing," Kleeman said.

Investigators think that the Fitchburg native was either heading to his own home or the home of his girlfriend when he fell into the river. "I think alcohol had something to do with his actions," Kundejowicz said, although police do not suspect foul play.

Duffey was active in several intramural sports, as well as a highly dedicated student. His accomplishments included those as member of the Wildlife Society, where he helped to founded; in that role, he was leader of an upcoming project on ruffed grouse, according to Kleeman.

"If I had to sum up Eric in one word, it would have to be 'goofball.' He was always trying to make others laugh, smile, or just feel better. I don't think I've ever met a bigger practical joker," Kleeman said. "Eric also was a very passionate outdoorsman, and enjoyed hunting, fishing, camping, and canoeing."

Kleeman shared a personal memory of Duffey, who he referred to as "one of my best friends."

"There are so many goofy, crazy, and just plain weird memories of Eric that I could probably spend all week listing, but here's a good one: take a decade or more to bring the friend's cabin with several people, and he wanted to be the cool guy who swam out to the floating slide in the dark. While Eric was playing with it up, I pushed him off the dock, fully clothed. Instead of getting angry, or trying to pull me in, he proceeded to remove all his clothes and swim out butt naked. He even went down the slide when he got there," Kleeman said.

The Office of Student Affairs would like to remind students that are in need of support that they welcome any student to visit their office in Old Main or contact them at 715-346-2841 and can also contact the Student Counseling staff located in Delzell Hall or call at 715-346-3553.

Patterson Sets Aside Money for Faculty

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Chancellor Bernie Patterson set aside $100,000 from this year's budget to bring up UW-Stevens Point faculty salaries to a more competitive level.

"We did a salary study and we found that 74 percent of our faculty make less than the Midwestern average, 90 percent of our faculty makes less than the national average; that's by discipline and by rank," said UWSP Provost Greg Summers.

Along with the Walker budget lapses and education cuts, something else has been happening to the faculty salaries over the past 15 years. As higher paid senior faculties retire and are replaced by the younger teachers who are generally paid less, a surplus is created from saved salaries. But the money that is saved has not been shared with the professors, as it once was.

"They're saving money through retirements, and what has happened in the past is that the money that is being saved now is that savings haven't remained in the salary pool which keeps the younger faculty on pari with their colleagues," said Professor of Geology Kevin Hefferan.

Instead the money is being diverted to classrooms, university research projects, campus maintenance, or anything else that has been reduced by state funding cuts. The UWSP administration is still looking into installing security cameras throughout campus, but had to postpone the project last year due to cuts.

"People here have fallen very, very far behind; faculty here makes sometimes 30 percent less than their peers in similar universities," Hefferan said. "We always said that we got paid less but had great benefits - well, it turns out we don't."

UWSP faculty have seen an increase in the amount they pay into benefits, with a simultaneous reduction in the quality of those benefits, ultimately resulting in a 10 percent reduction in take home pay with worse medical insurance.

Hefferan said that he has been a professor for 15 years and might not be able to send his own children to college UWSP. He said that he is concerned about his concerns. Other faculty members have started looking for new jobs in other better paying states.

But the administration recognizes the struggles of the faculty and has started to attempt a reworking of the school budget in order to start filling in the holes at the bottom. The chancellor's goal in setting aside a pool of $100,000 for teacher salaries is to start the slow process of bringing everyone up to their peer average pay.

"We tried to take some of the money that we have access to," Summers said. "We do have some limited flexibility to allocate it to raise faculty salaries based on equity."

Summers said that this is only the initial step in making UWSP faculty salaries competitive with other similar universities, but unless they receive money from the state it will take a decade or more to bring the institution back up to an average level.

Hefferan argued that investing in the faculty and encouraging them to stay long term is important to building the university community, and without the community the school and students will suffer the consequences.

Raising the salary average and keeping it competitive with other universities will also help in hiring new faculty members in the future.

"It's gotten so bad that they sometimes just laugh at us," Hefferan said. "A university is not a university without the professors, no matter how pristine the sidewalks, chalkboards, and classrooms are.
Student's Death Highlights Veterans' Mental Health Crisis

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The university lost two members of the community this week-end. While they were both tragic in their own way, the death of Michael Zuelsdorff Saturday morning highlighted a growing mental health crisis that veterans of U.S. wars in Iraq and Afghanistan are facing.

Zuelsdorff, 33, a Sergeant First Class in the Wisconsin Army National Guard, and sophomore majoring in Forestry, took his own life early Saturday while attending drill. He joined the army in 1997 and spent over 15 years in service, deploying once to Kuwait and Iraq. He most recently was a member of the 273rd Engineer Company in Medina.

"Unfortunately vets have to wait far too long to receive mental health treatment. There aren't enough mental health practitioners to meet the needs of the community, and when they have to wait too long they'll go somewhere else.\" -Jason Hansman

Registration for the 10th annual Point Bock Run was easily dispersed by race organizers and the city of Stevens Point.

"There have been years past otherwise, it is the guy next to you. It was one of us. It was the guy who said he wanted to help people, that is the guy that needed the help,\" said Richard Gaffney, UWSP student and member of the Vets Club. \"In many ways our battle doesn't begin until we get home.\"

"As soon as the plane lands, we all have this idea that the guys coming in, Everybody can see it. Everybody knows where you are going and what you are doing.\"

"We need to increase the focus on reducing the stigma of mental health and seeking treatment.\" -Jason Hansman

The Army reported that 22 soldiers committed suicide in January. The Army is the only branch of the military that releases numbers.

"We need to increase the focus on reducing the stigma of mental health and seeking treatment,\" said Jason Hansman, Membership Director of Iraq and Afghanistan Veterans of America (IAVA). \"There is still very much a stigma around vets, so something must be changed.\"

"In the big old sign right there, and you are walking into that area, and there are HESCO barriers around it so it is quite obvious turning people away, reaching course capacity at about 2,150 participants.\"

"Unfortunately vets have to wait too long to receive mental health treatment. There aren't enough mental health practitioners to meet the needs of the community, and when they have to wait too long they'll go somewhere else.\" -Jason Hansman

Releasing that 22 soldiers committed suicide in January is what our mission statement is. It's not the guy just getting off the plane that we need to help. It's your friend; it's the guy next to you. It was one of us. It was the guy who said he wanted to help people, that is the guy that needed the help,\" said Richard Gaffney, UWSP student and member of the Vets Club. \"In many ways our battle doesn't begin until we get home.\"

"As soon as the plane lands, we all have this idea that the guys coming in, Everybody can see it. Everybody knows where you are going and what you are doing.\"

Other members of the UWSP Veteran's Club expressed that they were hesitant to visit with the military chaplain because they were afraid of being chided by their peers.

"Unfortunately vets have to wait too long to receive mental health treatment. There aren't enough mental health practitioners to meet the needs of the community, and when they have to wait too long they'll go somewhere else.\" -Jason Hansman

"It certainly continues in force after someone comes home,\" Hansman said. \"You face a very different kind of battle stateside than you do when you are in Iraq and Afghanistan. It's a constant uphill flight.\"
Penokee Hills Mine Could Devastate Environment, Local Economies

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On Tuesday, Feb. 28, Frank Koehn held a presentation in the DUC Theatre to educate people about the destructive nature of the Penokee Hills iron mine proposal.

"This is a resource war," Koehn began. "It's about the water."

The area where the proposed iron mine would be located is one of the most valuable and important freshwater systems in the world. "Magnificent," Koehn said. The water that flows through the Bad River is one of the cleanest in the country, which makes it a perfect spot for the mining. "It is a resource war," Koehn said.

Koehn explained that the mineral resources are valuable, but that they also have a claim on the property's mineral rights. The Cline Group of FL also claimed the Penokee Mine would generate 700 permanent jobs and 3,000 temporary jobs. Bad River attorney Glenn Stoddard, however, says the report was biased because G-TAC paid for the study.

Further frustration derives from the legislative promotion of these potentially devastating environmental effects. Assembly Bill 426—introduced to the Wisconsin state legislature on Dec. 14 of last year by the set aside for research purposes—under the bill the DNR would apply to mining for ferrous minerals, such as copper or zinc. This Bill [AB-429] creates new statutes for regulating iron mining and modifies the current laws regulating metallic mining so that they cover only mining for nonferrous minerals, Koehn explained that the mineral resources are valuable, but that they also have a claim on the property's mineral rights.

Koehn summarized some of the most striking details of the bill. He said that the bill would relax regulations on mining practices. For example, under the bill the DNR would not be allowed to monitor the 815 miles of waterways, areas where mining is generally restricted. This bill "allows mining law to supersede all other environmental regulations," Koehn said.

"This is a resource war," Koehn said.

New Scholarships Now Offered by SGA

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Gogebic Taconite has proposed extracting iron ore from the Penokee-Gogebic Range, which extends 25 miles through Iron and Ashland counties in Northern Wisconsin. Mining the Penokee Range

The Student Government Association, here at UWSP, is giving away a combined total of $70,000 in scholarships for the next academic year. $30,000 will be offered to returning students and $40,000 to incoming freshmen. Individual awards will be between $100 and $500.

This money comes from an account through US Bank. According to SGA Inclusivity Director Shantanu Pai, the account is linked to an eighth-year US Bank student debenture account. The account currently has $50,500.

It is stipulated in the contract that when the percentage of students who synchronize their student ID to a US Bank debit account increases and reaches a certain benchmark, US Bank contributes a set dollar amount to the scholarship account. This money sits in the account, accumulating no interest, until SGA disperses it to students who apply for, and merit, the scholarships.

Right now the percentage of student usage is around 28 percent.

Normally the amount of scholarships distributed by the SGA per year is only $12,000. Because of the increase in student accounts with US Bank, SGA has increased the total distribution. "We really need to be giving out as much as we can," said Pai.

Pai also said that he wanted to see the application process simplified and made accessible to all students. "We've created this buzz around campus and people have applied," he said. The SGA has been attaching reminders to the UWSP Student Buzz, Biz and Messages of the Day (MODs).

Availability for awards for returning students are based on three clearly defined areas: merit, university service and inclusivity. Applicants must have a cumulative GPA of 3.3 or greater; they must demonstrate their service on campus, such as involvement in student organizations, employment or volunteer programs; thirdly, they are encouraged to describe something about their background that has contributed to diversity at UWSP.

"This is student governance money," SGA President Ryan Rutledge said. This is why consideration for awards is based largely on applicant contributions to UWSP.

Rutledge and Pai both agree that all of the students who have already applied are extremely qualified. They say that these are the kinds of students that they want to represent the UWSP campus. These scholarships are intended, in part, to retain outstanding students like these so they can continue to represent academic excellence and integrity at the university. Applications are due by March 15 at 5 p.m. Access to the document can be found in the mass student emails and on the SGA webpage.
Men's Hockey Season Comes to an End

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Stevens Point men's hockey team was out-skated on Saturday night, losing to St. Norbert College in the Peters Cup, 4-0.

With the win, St. Norbert has qualified for the NCAA Division III tournament. The loss ends what had been a successful season for the Pointers.

The Green Knights started the romp at the 10:27 mark in the first period, with a power play goal by senior forward Alain Joannette, assisted by freshman forward Cullen Bradshaw and senior forward Seth Soley.

St. Norbert College capitalized on another power play at the 22.6 mark in the second period, when junior forward Cody Kleefer netted his 13th goal of the season. The goal was assisted by senior forward Johan Ryd and junior defender Carl Ekstrom.

The Green Knights struck again in the second period at 14:40, with another power play goal by Soley, assisted by Bradshaw and freshman defender Marian Fiala.

The two teams would tie five more times in the first half including the 30-30 score at the halfway mark.

Junior guard Sam Barber canned a three to give Point the 46-45 lead in the second half. They would extend it as high as five points before the Knights charged back.

The two teams would exchange leads over the next few possessions until Calvin College took the final lead of the game with just over two minutes remaining. With just seconds left, the Knights gained a game-high seven-point lead before a point head coach Chris Brooks'. "Their power play was 3-5 and we were 0-5."

With his two assists, Ryd now has a total of 36 points on the season, which is first place in the Northern Collegiate Hockey Association.

St. Norbert College finished the night with a goal at the 3:41 mark in the third period, when Kyle Stroh netted his 100th goal this year. He was assisted on the goal by Ryd.

St. Norbert's goalie, David Jacobson, recorded his second straight shutout, recording 21 saves and the win. Pointer goalie Brandon Jaeger tallied 23 saves and was charged with the loss.

"I didn't think that we executed our game plan the way we would have liked," said junior forward Jerry Freismuth. "We dug ourselves into a hole and it is tough to climb out of it against a team like St. Norbert."

With the win, St. Norbert College has now won five of the last six Peters Cup titles, 10 overall.

One of the main issues for the Pointers on the night was the power play on both offense and defense.

"St. Norbert is a team that has been hot on the power play over the past four games," said Point head coach Chris Brooks. "Their power play was 3-5 and we were 0-5."

"I am proud of the way the guys grasped many concepts that led to our success," Brooks said. "The progress we made as a team from the start of the year was outstanding."

Looking to the future, Stevens Point should be even more competitive next year.

The Pointers have five of the team's seven leading scorers returning next year, including the NCHA leading goal scorer, Kyle Heck.

"The culture that coach Brooks has created here at Stevens Point is going to make our team successful," Freismuth said. "This season has made us realize what we are capable of accomplishing, and with the guys that we have coming back it will only get better."

With the win, Calvin College is heading to Chicago for the sectionals where the 27-1 Knights will face off against the undefeated University of Chicago Maroons. The Maroons are coming off of a four-point win over fellow Wisconsin Intercollegiate Athletic Conference member UW-Eau Claire.

Point will be charged with replacing their four seniors during the off-season, guards Cassie Bandow and All-Sportsmanship recipient Whitney Verdegan, as well as post players Brittni Buechel and First Team All-Conference performer Ashley Averkamp. Both Bandow and Averkamp were team captains and each player had been a member of the team their entire collegiate career.

Knights Prove Royalty Over Pointers

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Sectionals are out of reach for the University of Wisconsin - Stevens Point women's basketball team after losing to Calvin College 76-71 on Saturday. The game was close, with neither team gaining more than a five-point advantage until Calvin College went on a 9-2 close to close out the game.

The Knights jumped out to a five-point lead within the first four minutes of the game, but Point tied the game at 12-12 11 minutes into the game. The two teams would tie five more times in the first half including

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"I am proud of my teammates for the hard work and dedication they put in this season," Freismuth said. "I wish the seniors the best of luck in the future."

Having been Brooks' first year as the Pointers' head coach, the year can be looked at as very successful.

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Lost Hope at Hope College for Men’s Basketball

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The first round of the Division III tournament took place at Hope College in Holland, Michigan, where the University of Wisconsin - Stevens Point men’s basketball team lost to Illinois Wesleyan University, 69-61.

The Pointer men’s basketball team lost to the University of Wisconsin home and ended their season. The loss sent the Pointers (20-8, 12-4) down low on offense, scoring 40 of their 69 points in the paint. Wesleyan’s depth was another major factor as they had 28 points down low on offense.

The Pointers were able to pull down 41 boards on the night, seven more than Wesleyan. Point turned the ball over 19 times leading to 19 points for the Titans. IWU controlled the ball down low on offense, scoring 49 of their 69 points in the paint.

“I really don’t want to play...we felt we could win a game in the NCAA tournament,” said head coach Bob Semling.

The Titans would answer by jumping out ahead 31-22 at halftime, gaining as much as a 10-point lead during the second half when they went on a 9-2 run, but the Titans would answer by jumping out ahead 31-22 at halftime, losing effort against Hope College with 21 points. Senior forward John Koschinski had a team-high 15 points for IWU.

The Pointers will begin off-season cluties and will look to replace seniors, including leading scorer forward Dan Tillema and center Jordan Brezinski.

My Father’s Son

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COMMENTARY

I love my dad. That’s not something I take the opportunity to say very often, but I really do. He showed me how to tie my shoes so I could stop wearing velcro. He showed me how to use his beard trimmer when I started shaving in fifth grade. He pretended not to notice when I began sneaking Mike’s Hard Lemonade from the refrigerator. He’s done so much for me in my 19 years, but maybe the greatest thing he’s taught me is a love for baseball.

My old man was a ballplayer. He taught me to be a ballplayer. He pushed me to be better than he was, although I never got there. My playing career amounted to a scorebook of errors and a scrapbook of shortcomings.

But it’s through that mediocrity that I learned the most wonderful fact that I know today. Baseball is amazing. It’s the approach that my dad took to teaching me the game that helped culminate that idea. Baseball, pure and simple, is a game. Games are meant to be fun and he made it fun, even if I didn’t know it at the time. He would yell at me during games, and I would talk back. He would try to make an adjustment and I wouldn’t listen. So many of his words fell on deaf ears, but not the most important ones.

“If you’re not having fun there’s no point in being out there.” Mr. Merwin

I remember things like leading the team in hit-by-pitch my freshman year. I remember the conversations I would strike up with kids once they got to first base. I remember the time I was pitching and a comebacker hit me where my cup should have been.

Most of all, I remember playing catch with my dad. I remember him and me throwing back and forth for hours until the sun began to fade and the ball was reduced to a faint outline passing between two shaded figures.

It was in those moments that I learned two of the things I value most in this world: I love baseball, and I love my dad.

Now that I’m older and have partially hung up my spikes, most of our bonding over baseball comes in the form of sitting out on the patio with a few beers and listening to Bob Uecker call Brewer games. But like our days together on the diamond I know these will be some of the memories I cherish the most, because
Stevens Point may not know the history of the buildings that they walk in and out of every day. These are more than large infrastructures molded to fit the purpose of classrooms or offices. There is a history behind these walls; perhaps a story that is long overdue.

The Allen Center was first created to provide a dining service suitable for approximately 1,200 people. It would also accommodate a lounge space along with dormitories on two sides. A lot of money and thought went into this project but no one knew in the few next years’ plans it would be put on hold for another project.

On Sep. 26, 1968, The Pointer issued an article “Allen Center Remodeling May Occur Next Semester” that spoke about how the Allen Center basement renovations were being put on hold because further work had not been approved by Madison. However, the Allen Center was a self-supporting project and did not use any tax dollars. Although tax dollars were not required for the building of the Allen Center, expenses ran higher than expected and funds were being spent in a different direction.

The money that would have been used to continue the base- ment in the Allen Center was used for Debot Residence Center named after Elizabeth Pfiffner Debot, Dean of Women. On April 20, 1967, The Pointer issued another article, “Debot Center Dedication, ABC Meet Set For Sunday,” which highlighted Debot as the second dining facility on campus. However, not everyone was happy with this.

Now that Debot was the new hot topic, the Allen Center continuously got the cold shoulder; eventually to the point that the Allen Center would close. This did not sit well with students who had to wait in long lines to eat at Debot when the Allen Center was closed.

Before the Allen Center was no longer used as a dining facility, only certain meals like dinner and continental breakfast were served. Some say this foreshadowed the complete closing of the Allen Center as a place where students could eat. In 1991, it was proposed that the university did not have enough money to keep both Debot and the Allen Center as dining facilities. Some students complained that it provided more open space than better service than the Allen Center. As Debot had its second major renovation, the Allen Center lost its identity.

“I had my wedding reception at the Allen Center back when it had dining services,” said Laurie Graboski-Bauer from the Multi-Cultural Resource Center. “It was common back then.”

Just like these two buildings hold a history that may not live on the tongues of a lot of students, so does Nelson Hall (the second oldest building on campus next to Old Main), named after George Nelson.

In 1918, Nelson Hall housed a World War I student army training core unit, a student sit-in place in 1970 to protest the war in Cambodia, and throughout the years has been used for classrooms and health purposes.

“Wow! I did not know Nelson Hall existed,” said sophomore Spanish major Maira Avila.

Every student may not know of this history, but these buildings hold the secrets that often remain untold more often than not.

A Publishing House of Our Own

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What would it take for the Univ What would it take for the University of Wisconsin - Stevens Point to run our very own publishing house? A group of enthusiastic English majors may do the trick.

Operating with the support of UWSP’s English department, Cornerstone Press is a small and independent publishing house staffed with students in English 349: Editing and Publishing.

While the students make most of the big decisions about how the publishing house operates, Per Henningsgaard, the professor of English 349 and Publisher-in-Chief of Cornerstone Press, supervises the staff.

“It’s an incredibly unique experience since the student staff actually participates in the publication of a book,” Henningsgaard said.

Like any other publishing house, the class goes through the whole publishing process as they begin with soliciting, evaluating and choosing a manuscript for publication. After editing and designing, the students then hire someone to print and bind the books to market and sell them on the website and in bookstores across the state.

The students fill every job that any professional publishing house would have to offer, such as a copy editor, publicity manager, production director and so forth.

“At the beginning of the semester, I circulate a list of job descriptions for Cornerstone Press. Then in the second week of classes, we hold an in-class election to determine who does what job,” Henningsgaard said.

The class holds an incredible amount of work as the students are essentially combining a job and class for only three credits, but most students find it a worthwhile, hands-on experience, as they are able to have a physical book at the end of the semester and know that they contributed to its publication.

“It’s above and beyond the level of work most interns would find themselves doing, and very rewarding,” said Darcy Adams, the publishing director of Cornerstone Press.

“Lots of hard work goes into the short four months of this class, but it’ll have a big pay-off later on,” Adams said.

The costs involved in publishing a book is a challenge for Cornerstone Press, along with other university publishing houses, which is a likely reason as to why it is so rare to find publishing houses like Cornerstone Press at other colleges or universities.

“It’s a business, and we need to at least break even at the end of the semester, which is a big challenge considering all the costs that are involved in publishing a book,” Henningsgaard said.

Cornerstone Press publishes one book every semester, a total of 31 titles since it was established in 1984.

This semester, Cornerstone Press is working on publishing its 32nd title, “Syncopation: A Memoir of Adele Hugo,” a novel written by Elizabeth Felt, a part-time English professor at UWSP.

“The group of students taking this class is a wonderful group of people that are professional, talented, creative, energetic, and I’m having a blast working with them,” Felt said.

As Cornerstone Press continues to publish a variety of titles in nearly every genre, UWSP continues to inspire several other colleges and universities to try something similar.

“We’re the original and, I would of course argue, we’re also the best!” Henningsgaard said.
A vague attempt at something delicious.

Cue the Quiche

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Ever wonder what to do with that extra piecrust that's lying around? I'm being disingenuous because I certainly never have had a piecrust lying around. Though if you did, you can create the crown jewel of the 'anytime food' empire, the quiche. Why is a quiche so darn cool? Well for one thing, it's French by name and German by design. Also, there is a quiche Lorraine, which means I have a bond with this delicious egg pastry. Did I mention that extra piecrust that's lying around? A quiche, simply put, is a pie filled with custard of milk and cream along with your favorite meats, vegetables and cheese. You can be, however, as fancy as you want. For my quiche, I would use a pre-made, store-bought piecrust, lay it in a pie pan and load it up with broccoli, cheddar cheese and sausage.

If you have leftover steak or ham, the perfect follow-up to a great dinner is an amazing breakfast, especially if your dinner guest becomes your breakfast guest. Or maybe you enjoy seafood, like shrimp and scallops, but have run out of tasty applications. Make a delicious, savory shrimp and scallop quiche and impress friends and family alike.

But setting aside the easy way out, creating a pastry crust and making the entire quiche from scratch can be the most satisfying as well as tastiest experience. There isn't a more satisfying feeling than creating the perfect flaky pie dough and having it work well in a pie or quiche. Purists will argue that making the crust from scratch is the only way for the quiche to be authentic. But for us, we don't worry about the purists, we're college cooks.

Easy, delicious and a bit sophisticated, a quiche is a great customizable dish perfect for breakfast, lunch or dinner. The fact that the recipe calls for only two basic ingredients, a piecrust and eggs, means that it's cheap, it's good and it's made exclusively for you.

INGREDIENTS

- 6 large eggs, beaten
- 1/2 cups heavy cream
- Salt and pepper
- 2 cups chopped broccoli
- 1 pound of sausage, cooked
- 1/2 cups of shredded cheddar cheese
- 2 Tablespoons fresh chopped rosemary
- 1 (9-inch) refrigerated piecrust fitted to a 9-inch pie plate.

DIRECTIONS

- Preheat the oven to 375 degrees F.
- Beat the eggs, cream, salt and pepper together.
- Layer the broccoli, sausage and cheese in the bottom of the piecrust, then pour the egg mixture on top.
- Bake for 35 to 45 minutes until the egg mixture is set.
- Cut into 8 wedges and enjoy.

QUICHE W/CHEDDAR, SAUSAGE, AND ROSEMARY

This classic French country dish is simpler to create than you might think.

Energy Cafe and Blue Dolphin Computer Co. Moves to Point

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Steve Tibbetts opened the Energy Cafe and Blue Dolphin Computer Co. downtown last month on the corner of Main St. and Strongs Ave., next to Habibi's Gyro and Kabob House. He moved from his former location, CIA Computers and Cyber Cafe, in Park Ridge.

The reason for the name change, Tibbetts said, stems from the local perceptions about dolphins. "People love dolphins. I mean, people have stopped eating tuna fish to save them," Tibbetts said.

Tibbetts knows the Stevens Point area well, and says his brother works as the general manager of Erbert & Gerbert's sandwich shop on the square. When asked if he was concerned about competing with other local cyber cafes and bakeries, Tibbetts said, "They should be concerned about me," going on to say that his clientele from Park Ridge would follow him to his new location.

Two of the most interesting draws to the cafe have to do with its technology. Tibbetts said that he has the first and only business downtown with a digital menu board. Also, all of the computers available for public use are custom built.

Tibbetts offers a 25 percent discount on all computer repairs for students and faculty of UWSP and the Stevens Point Area High school. He is also very optimistic about the success of his new location.

"I've got so much room for expansion here," Tibbetts said.

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Photo by Jordan Lorrraine

This classic French country dish is simpler to create than you might think.

Photo by Andy Davis

Energy Cafe and Blue Dolphin Computer Co. has moved to downtown Stevens Point, across from Shopko.
Stevens Point Bluegrass Scene: More than Meets the Eye

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Bluegrass has been a facet of the Stevens Point music scene since the 1970s with roots as deep as Mandolin Club in the early 1900s. Through events like the Wednesday night open mic at Northland Ballroom in Iola, Wisconsin, and the upcoming Save the Penbkee Spring Fest at the University of Wisconsin - Stevens Point, local and student bluegrass groups have been able to grow with a strong following turning culture, the 'grasser.'

Before one can understand the grasser it is important to understand the bluegrass upon which the grasser feeds.

Sam Qin, philosophy major at UWSP and member of Horseshoes and Handgrenades, described bluegrass as being full of, "Banjos, fiddles, high-tonal quality and not a lot of the lower end, soulful, kind of stuff ... Not a whole lot of funky funk."

Bluegrass is especially well-suited for live performances in small venues where rock performances would be prohibitively loud. There are also standard songs that are commonly played live that each band puts their own twist on.

"It is an Appalachian musical style ... But it is very musically interesting. It's got great solos, it's got that syncopated five-string banjo, it's got the searing fiddle and the hard mandolin drive - the chop," said Art Stevenson, of Art Stevenson and High Water. "It's got a natural beat that you can dance to."

"I think that everybody agrees that traditional bluegrass sound is pretty much from Bill Monroe's bluegrass boys and most bluegrass bands today base their sound on something that derives from that, whether they are traditional or not," Stevenson said.

Stevenson, who saw Earl Scruggs and Basser Clements at his high school gym in Stevens Point in 1976, has grown up with bluegrass.

"In the late 1970s there were all kinds of bluegrass bands touring in Wisconsin. So it caught on here, because it is such good music, it couldn't stay in the South," Stevenson said.

If you have seen bluegrass live you know that it becomes quite apparent when good bluegrass is being played; it is as if someone coated the floor with bubble wrap and offered a prize to the person who pops the most bubbles. People flock to the floor and begin joyfully stomping around with the tempo of the music.

"I think that it makes a pretty cool community. The whole group of people that are either playing bluegrass around here or even going to shows and stuff are awesome people. It extends past just the music," said Rachel Hanson, a sophomore at UWSP and member of The Back Alley Blossoms. "When I found Northland and that whole crew, I kind of feel like I found my spot, you know?"

Many friendships are made through the music, creating a group very similar to a large family, where everyone knows everyone and the atmosphere is very inclusive. Jam sessions are open to anyone who is able to play and contribute something. Often the music is supplemented with a potluck of sorts and fine beverages.

"I really think that because it is a rural setting, a small town rural setting, people kind of resonate with the bluegrass because of that. It just, kind of, makes them feel like they are home," Stevenson said.

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Goodell Must Utilize Opportunity to End “Bounty Culture” in NFL

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New Orleans Saints linebacker Jonathan Vilma graces this week’s issue of Sports Illustrated in a two-point standee under the headline Bounty Culture after the league revealed that it had found evidence of players accepting cash bonuses for intentionally injuring opponents dating back to the 2009 season.

Former Saints Defensive Coordinator Gregg Williams administered a “pay for performance program” which rewarded players for making great plays like fumble recoveries and interceptions, but also paid for taking key opponents out of the game. Since the story broke, it has been revealed that Williams also employed the program with his previous employers, the Washington Redskins.

I’m not naïve enough to believe that this kind of action isn’t common in professional sports. I’ve also been very critical of some of the safety decisions made by NFL Commissioner Roger Goodell in the last few years, including moving the kickoff back 5 yards, his abundance of helmet-to-helmet fines, and what has seemed like targeted discipline of Steelers linebacker James Harrison.

As a fan who has watched Dick “Violence Was His Lifestyle” Butkus’ highlight reel hundreds of times and cringed while repeatedly watching Lawrence Taylor’s career-ending hit on Joe Theismann, I can sympathize from people who say that professional football has lost its grit.

But watching Brett Favre get repeatedly mauled in the 2009 NFC Championship Game well after he had gotten rid of the ball and Kurt Warner take a devastating blow following an interception in 2010, I’m ready to see the hammer come down. Goodell has frequently said that he wants to leave a legacy of improved player safety, and every step of that crusade has had critics pulling it down along the way. With this case, Goodell finally has an issue that everyone should be willing to get behind.

So far, we’ve had two of the sports world’s worst role models come out to defend the Saints. Former NBA player and current TNT basketball analyst Charles Barkley called the unnamed source a “punk” and a “snitch” on “The Dan Patrick Show” this week. Charles, was it that long ago that you limped off the court to end your career?

Another horrible authority on player safety, former All-Pro Linebacker and admitted steroid user Bill Romanowski went on a San Francisco radio show and said that this is all getting blown out of proportion by the media. This comes from a guy who once told “60 Minutes” that he intentionally broke opponents fingers at the bottom of pileups during his career.

I think Bill needs to realize that just because the Saints are now officially his peers, he doesn’t need to stick up for them.

I’m hoping that when Goodell finally announces the punishments, we see some fines, suspensions and even removed draft picks. This is his chance to nip a horrible aspect of the game in the bud, and anyone sticking up for the Saints is detracting from it.

I think Bill needs to realize that of the developed world, this irony is the norm and not the anomaly.

For example, consider the trial of Julian Assange and the ongoing onslaught on WikiLeaks. While the corporate media that run over 90 percent of the news distributed in the country have downplayed this, independent media continue to challenge the legitimacy of a government that claims to be founded on democratic principles, yet will use abusive punishment against those whose work was exactly to check power and inform the public about what governments hide.

What about Citizens United? Freedom of speech is not meant to protect the “right” of those with the most cash to buy politicians with secret and unlimited donations, as this is also antithetical to a democratic system. If government officials work for their personal checkbooks rather than for the benefit of the population, then everything we were told was “exceptional” about this country is a cynical lie.

If this country is going to live up to its promise, it must prevent this sort of language from infecting our political discourse.

“If this country is going to live up to its promise, it must prevent this sort of language from infecting our political discourse.”

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Last week, right-wing radio show host Rush Limbaugh referred to Georgetown law student Sandra Fluke as a “slut” and “prostitute,” to refer to U.S. taxpayer to pay for her to have sex,” as shown by herhaving too much sex.

Limbaugh, a syndicated bigot who uses violent rhetoric to promote the agenda of the top one percent from his mansion in Florida, is beginning to face what he deserves—getting kicked off air. A victory here would mark a shift in the trend of local networks in the United States.

Efforts to remove Limbaugh from the airwaves have focused on local networks and specific stations, boycotts against advertisers on his show, or even the source: the media conglomerate Clear Channel, which holds a 2008-2016 $400 million contract with such disempowering words in their advertisements.

Clear Channel is the largest radio consortium in the country. It owns over 1,200 stations across the world. In the past week, MoveOn.org has collected almost 400,000 online signatures for a petition on its website SignOn.org, asking Clear Channel to drop the radio show. Many advertisers and radio stations have already discontinued their contracts and sponsorship.

VotVets is among the groups organizing to stop Limbaugh’s vitriol from reaching the public airwaves. Members of VotVets, including Natalie Schierman, director of medical operations for the U.S. Air Force, have asked the Pentagon that Limbaugh’s show be removed for hire by a military personnel.

VotVets under Williams funded American Forces Network, which provides the programming our troops hear while abroad.

“We’re many of our female troops use birth control, for Limbaugh to say they are ‘sluts’ and ‘prostitutes’ is beyond the pale. It isn’t just disrespectful to our women serving our country, but it’s language that goes against everything that makes our military work,” argued the VotVets members.

The only reason why he chooses those words is because of their embedded cultural significance, their demeansing and humiliating power. Limbaugh denigrates and intimidates those words is because of their cultural significance, their demeansing and humiliating power. Limbaugh denigrates and intimidates women, minority, and to promote the latter, invariably for economic and political reasons.

It is regrettable that we would tolerate an assault on journalists across the world, but Limbaugh’s documented history of grotesque verbal abuse should go on, fully protected. But in the liberal democracies of the developed world, this irony is the norm and not the anomaly.

For example, consider the trial of Julian Assange and the ongoing onslaught on WikiLeaks. While the corporate media that run over 90 percent of the news distributed in the country have downplayed this, independent media continue to challenge the legitimacy of a government that claims to be founded on democratic principles, yet will use abusive punishment against those whose work was exactly to check power and inform the public about what governments hide.

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If this country is going to live up to its promise, it must prevent this sort of language from infecting our political discourse. It would do us well to reverse the trend of what is censored, to do this democratically, and to bring to justice what is truly poisonous to our society, rather than persecuting those speaking truth to power.
Creating Awareness to Break Prejudices

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In modern-day America, the fight for Lesbian, Gay, Bisexual, Transgender and Questioning equal rights and bully-provoked suicides are constant breaking news. People’s fear, prejudice and discrimination of the LGBTQ community create the need for allies and awareness to these issues.

This is the mission of the Faculty and Staff Gay-Straight Alliance. Bringing together individuals and creating visible awareness of all sexual orientations will promote a safe and open environment for everyone to be himself or herself. A recent project developed by FSGSA is the film festival that will be taking place throughout the months of March and April.

The goal behind this festival is to "spread LGBTQ awareness through films that explore different areas of sexuality than people are used to," said Zacharia Young, the Rainbow Center Director and designer of posters for this festival. Each film will have an introduction by a faculty member and post-screening discussions with the audience.

The film festival began with "We Were Here" last Wednesday, produced and directed by David Weissman. This film illustrates how the AIDS epidemic, or what was known as the "Gay Plague," came about and the effects of it in the early ’80s. It is mainly set in San Francisco where their humane way of handling the AIDS epidemic among the gay community became known as "The San Francisco Model."

If viewing the first film wasn’t possible, there are other free screenings of award-winning independent films. The schedule of screenings is as follows:

- M 4/9 The Wise Kids
- T 4/17 Hit So Hard

"I encourage anyone and everyone to go see these movies. It’s important, especially in today’s society, that people are exposed to things that are outside of the norm, in order to gain a better understanding of it," Young said. "The movies are all free and they’ve all won awards and/or recognition at big film festivals, so you know they’re good."

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