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Ingbretson Claimed Two **World Titles**

REBECCA VOSTERS

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Two time Women's Boom Running World Champion Meredith Ingbretson enters her second season as a center forward on the Pointer women's hockey team.

In 2012 Ingbretson became Women's Boom Running World Champion after seven months of rehab following a torn anterior cruciate ligament during hockey season.

"It felt really good," Ingbretson said. "Especially after my injury."

The tearing of the same ACL the following year forced Ingbretson to take the 2013 rolling season.

"Senior year I tore it again but I wanted to play my senior year so I waited to have surgery and wore a brace so I could play hockey," Ingbretson said.

Ingbretson came joined the University of Wisconsin-Stevens Point women's hockey team after a long high school

"I had to wait two or three weeks before I could skate with the team," Ingbretson said.

"It took a little bit for her to get over the fear of tearing your ACL for a third time," said women's hockey head coach Ann Ninnemann. "An ACL injury and surgery is mentally and physically taxing."

Fortunately, upon her return in 2014 Ingbretson was able to snag another Women's Boom Running World Champion title.

World titles received at the professional level consist of athletes aged 16-35. Ingbretson started competing professionally when she was fifteen and earned her spot early.

"I won semi-pro at 14 so I became a professional athlete at 15," Ingbretson said. "I was grandfathered in."

This event is a bit different than log rolling. Contestants run across anywhere from six to nine logs around a barrel and back as fast as they can. Ingbretson can complete this in 14.3 seconds.

Ingbretson's sister Greta introduced her to the sport when they were four and nine respectively.

They grew up competing in different age groups but now both compete at the professional level.

"I don't know if we've ever rolled together in competition," Ingbretson said.

This unique sport is common in Ingbreston's hometown Hayward, Wis.

Logrolling is also prominent in Hudson, Wis., Washington state, Maine and Nova Scotia.

Logrolling started with lumberjacks who cut down trees and floated them down the river to millponds. From there the logs would have to be pushed around and unstuck.

This was dangerous work and many people died. During breaks and to keep their work interesting there were competitions to see who was the best or the fastest. This was the birth of the sport we have today.

Today, logrolling consists of two people on one of four different size logs ranging from 12 inches to 15 inches in diameter.

"The smaller logs spin faster and float lower, so with bigger people sometimes your feet can touch the water," Ingbretson said.

The centerline cannot be crossed and competitors are

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Photo by Darlene Prois

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EDITORIAL

Foodies are More Than Eaters

GRACE EBERT

EDITOR-IN-CHIEF geber 176@uwsp.edu

Lately, more people are instagramming their latte art and kale salads and frequenting more 'farm to table' restaurants. The foodie trend has blown up.

Average foodies will tell you they enjoy dining more than others and understand the complexities of flavor and preparation to a much greater extent. They are much more than the typical eater.

As more people strive to perfect cheeseboards and incorporate bacon into every meal, they'll be sure to post it on social media.

I agree that eating properly is important. I try to eat cleanly, with minimal processed goods. I shop at the co-op. I have even photographed restaurant meals while they got cold to post on Instagram.

I'm clearly not above the current trend. I do, however, cringe when someone is a self-proclaimed foodie who needs to share with everyone.

While they drive food culture to greater, unexplored places, they also create a stigma for those who have always enjoyed eating and exploring food. Such a stigma has caused a debate of whether foodies are just extensions of hipsters.

The foodie trend has also brought awareness of local food and its importance to a sustainable world. More seem to be eating seasonally and shying away from conventional food in order to support farmers.

Interest in food is not the problem, but I look forward to the day when diners are able to enjoy their meals without boast or arrogance.



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Student Government is more than just an organization on campus. It is a governing body that plays a very important role.

That role can only be done successfully when SGA represents the student body accurately. Student Government is made up of over 9,000 students. At the University of Wisconsin- Stevens Point, students are considered to be a part of government, as they play a very active role.

SGA is always looking for ways to get more students actively involved. That doesn't always mean becoming a senator, student representative or director. Students can get involved by making their thoughts, issues or suggestions known.

These options are curtail for SGA to ensure they are addressing students' most pressing issues.

One thing students struggle with is who to go to with an issue. Students are often unsure about where these resources are located on campus. Fortunately, SGA is here to help direct students.

In the off-chance SGA cannot address student concerns, they will know where or who to direct students to, to get questions answered.

One way to get in contact with SGA is to stop in the office, but in today's world that isn't always the most convenient. SGA's office is located in the basement of the DUC, room 052, right across from the SIEO desk.

If stopping by is not a preferred way to reach SGA, students can email their concerns to SGA@uwsp. edu or send a message on SGA's Facebook page UW-Stevens Point Student Government. Once SGA receives the concern, they will make sure it gets into the correct hands so they can make sure the most informed member of SGA responds to each individual. SGA is excited to hear from students.

PROTECTIVE SERVICES

Sunday, Nov. 9

Male and female were seen arguing in Lot E.

Subject was found slouched over steering wheel in the Neale circle.

City called base about highly intoxicated female. She was a UWSP student but did not live on campus.

Monday, Nov. 10

PS heard via radio an ambulance request for a 19-year-old girl in Thomson with a migraine. She has a history of seizures.

A concerned female reported two male individuals who appeared to be smoking a bong outside her living quarters.

Facility Services called to report an accident that had just taken place on an intersection near the HEC. There were no injuries.

Staff member from Thomson called with concern for a student who may have overdosed on NyQuil.

Tuesday, Nov. 11

Staff member from the SSC called to report that when she went to get into her office, the building was open. It is typically locked by 6 p.m. and she wanted to make note of the event.

Wednesday, Nov. 12

Base was informed that male from Marshfield would be calling to check on his girl-friend who is a student with a history of mental illness.

Staff member from Knutzen called about the scent of marijuana coming from a room on the third floor.

Thursday, Nov. 13

Male called stating there was an individual outside of Baldwin using a whip. They did not appear to be harming anyone, but PS went to investigate.

PS copied a radio transmission from a scene regarding a student having a seizure in Debot. Ambulance was on the way.

Friday, Nov. 14

Student found on Reserve was openly intoxicated and escorted to her room.

Female called to inform base that while she was parking in Lot S, she bumped a bluishgreen truck. She stated she was late for class but saw no damage. Following class, the truck was missing.

THE POINTER

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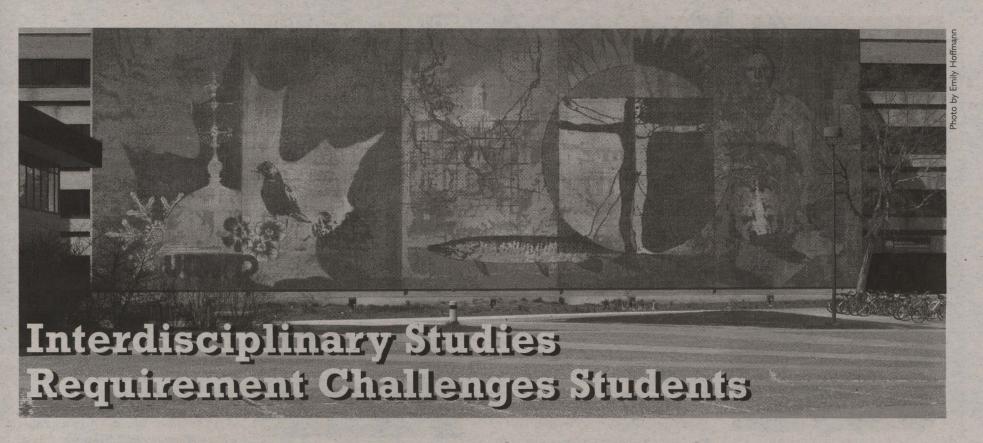
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Letters to the editor and all other material submitted to *The Pointer* becomes the property of *The Pointer*.

NEWS



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Around this time of year, students begin the process of registering for classes for the upcoming semester. Many realize finding courses to fill their interdisciplinary studies requirement under the General Education Program can be a challenge.

Fulfilling this requirement can be difficult because most students want to take classes beneficial to their major that will provide them with skills applicable to the real world. This requirement aims to integrate various disciplines and make connections with the rest of the world.

General Education Director LoPatin-Lummis Nancy and chair of the General Education Committee in faculty governance said there were limited options for this requirement last spring, but has been updated since.

There are three levels to completing the GEP: foundation, investigation and integration. The foundation level consists of First Year Seminar, written and oral communication, quantitative literacy and wellness.

The investigation level includes arts, humanities, historical perspectives, social sciences and natural sciences.

The final level, integration, is the level including interdisciplinary studies, communication, experiential learning and the capstone experience.

The integration level is mainly based on problem solving skills. The goal is to learn different from different information

perspectives, which could lead to additional skills for a future career.

To satisfy this requirement, students may take a three-credit course that integrates two or more disciplines. These disciplines must incorporate at least two categories from the investigation level. An interdisciplinary studies major, minor or certificate will also fulfill the requirement.

Regardless of the type of degree a student is working to receive, the GEP is designed to create a wellrounded experience.

Federal Government Seeks Students

SOPHIE STICKELMAIER

REPORTER

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U.S. Speakers from the Department of Agriculture-Rural Development came to campus Nov. 13 to educate students on employment opportunities through the federal government and USDA.

"Students in college or high school can work for the federal government while attending school," said Kim Crabb, the USDA Human Resources manager. "When you graduate you can have a permanent position already lined up."

Crabb walked attendees through necessary steps to find a position in their field. She recommended starting at the USAJOBS website. This is the federal government's official system for providing employment information and announcing open positions.

"There's a common myth that government workers just sit in a cubicle shuffling papers and that's simply not the case," Crabb said.

After setting up an account, one must build a resume and start searching. They can pick an agency, location, occupation, keyword, job gave me some tips on how to use the website to find something in my field," said ecosystem restoration major Kurt Bennett.

There's a common myth that government workers just sit in a cubicle shuffling papers, and that's simply not the case.

> - Kim Crabb, the USDA Human Resources Manager

title, occupational series and salary range to narrow down the options.

"I'm looking for an internship this summer and this definitely

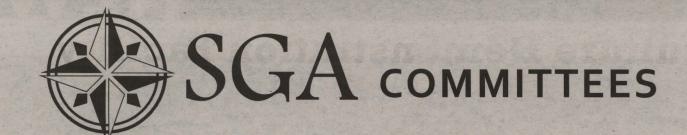
- Crabb recommends students acclimate themselves to some positions in order to find interests. There are 12,000 job announcements available every day and posts are updated hourly. She said it is never too early to contact the representative listed and make an introduction.

"Sell yourself," Crabb said. "It's human nature to not want to brag about your achievements, but when it comes to applying for federal jobs, that's what you have to do. If you're experienced in a field, then don't be scared to call yourself an expert."

To make a resume stand out, the USDA recommends using numbers to highlight accomplishments and to take credit for skills and abilities developed through both paid and unpaid positions.

"We respond to applicants who are excited about the job," Crabb said. "If you know background on the agency, then we know you're interested and serious about applying."

For more information on careers with the federal government, students can go to usajobs.gov or CareerOneStop.org.



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STUDENT HEATH ADVISORY COMMITTEE



Iena VanderLogt

Heath Student Advisory Committee meets at 5 p.m. every Thursday in the Dreyfus University Center conference room with Jena VanderLogt serving as chair.

"SHAC is basically a meeting between all of the different health and wellness areas on campus," VanderLogt said. "We work primarily with the Allen Center and all of the departments within it as well as Delzell and the counseling center."

The committee is centered around finding programs that will help students learn about wellness and services on campus.

"One of our big focuses is sexual assault this year. We don't want people to fall victim to that crime, but we want reporting rates to go up," VanderLogt said. We've had a less than 1 percent reporting rate and we want those rates to go up so survivors know they can obtain services."

VanderLogt noted that SHAC is meant for students and staff to give input on what they think the most important health issues are on campus. They can address these issues quickly and be up to date on what students are

"We think that some of the main heath concerns for students are mental heath-related like stress or depression," VanderLogt said. "A lot of people don't know that the counseling center above Delzell is a free resource."

SHAC is also working on wellness training like yoga for Allen Center employees and relaxation and stress management training for counseling center employees. A nutritionist will be coming to campus to discuss healthy diets on a college student's budget

All meetings are open to students.

LEGISLATIVE AFFAIRS COMMITTEE



Ryan Kernosky

Legislative Affairs Committee meets at 4 p.m. every Tuesday in the Dreyfus University Center room 235 with Ryan Kernosky serving as chair.

This committee focuses on researching state, local and federal policies that may affect students and the university as well as coordinating "Get Out the Vote" during voting

Kernosky said this Legislative Affairs Committee is really concerning itself with research and writing of policies while working with the community.

"A big part of my job is being a liaison to outside groups, and I do a lot with OMNA. Previous legislative committees didn't do that," Kernosky

Now that "Get Out the Vote" has ended, the committee wants to work on getting more legislators to

"We're thinking post-election, we can get more legislators here to see where state funds are getting allocated. It would also be helpful for people to get to know constituents and know what's going on with the university at a state level," Kernosky said.

For those interested in policy and legislation, a student interest representative application can be filled out in order to become a voting member of the committee.

Students who have policies they want brought to a Senate meeting should bring them to Legislative Affairs Committee to review and research beforehand.

All meetings are open to students.

Campus Becomes Greener, Pointers React

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After joining more than 700 colleges across the nation as a tobacco-free campus, students and faculty have spoken out on potential issues and benefits the policy has to offer.

"So far, I've only seen issues regarding what areas are technically on campus and which are not," said Sallie Scovill, the employee wellness coordinator. "I've only received a couple emails in which homeowners are wondering where they can put up signs to educate violators on the

Aug. 25, 2014, the University of Wisconsin-Stevens Point instated a policy prohibiting use of tobacco products on campus. Surveys of students, faculty and staff showed they were against maintaining the previous policy allowing smoking in designated outdoor areas.

"I understand why they don't want smoking in the dorms, but I don't think it's right to say that students can't smoke anywhere on cam-

pus," said business major Alexandria Ford. "If I were to see someone smoking on campus, I definitely wouldn't say anything."

This is where enforcing the policy can be difficult. Scovill said they are in without feeling confrontational.

"I think it's important to put a more positive spin on this," Scovill said. "Instead of trying to enforce a smoking ban, just simply inform people that this is a tobacco-free campus."

Instead of trying to enforce a smoking ban, just simply inform people that this is a tobacco-free campus.

> - Sallie Scovill, the Wellness Coordinator

the process of creating discrete cards people can hand out to anyone they see smoking on campus. She said this could give students and faculty an idea of how to approach the situation

Chewing tobacco and cigarettes may not be the only thing clouding up

"I don't really have a problem with smoking on campus," said biol-

ogy major Andrea Schneider. "But I have seen some people smoking e-cigs in class, and that can be pretty distract-

Jen Sorenson explained the biggest concern with electronic cigarettes is how little is known about the chemicals involved. She said the Food and Drug Administration has not deemed them safe yet. Therefore, they are included on the list of prohibited sub-

"I've seen people using e-cigs in the DUC," Ford said. "But I don't feel like they're a problem unless I start seeing them regularly indoors."

Scovill urges students to check out the tobacco-free campus website listed on the Student Health Services webpage. The page features recommended scripts to use when talking to people about the policy along with a map of campus to know where tobacco use is prohibited.

"I've noticed how much cleaner campus is without all the cigarette butts," Scovill said. "Representing an environmentally-friendly school, I think this policy gives our campus a better image."

Aquaculture Demonstration Facility Exhibits Sustainable Fish Farming

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Aquaculture, the science of farming fish, is a topic on the cutting edge of the sustainable food movement. The University of Wisconsin-Stevens Point has operated a facility dedicated to improving aquaculture since 2006 and has recently been accepted by the UW-Sea Grant Program.

The UWSP Northern Aquaculture Demonstration Facility near Bayfield is one of the premier aquaculture facilities in the Midwest. It is an extension of UWSP and has goals based on applied research, aquaculture demonstration, education and outreach.

The recent partnership with the UW extension of the National Sea Grant Program is a step toward building awareness and training the public on aquaculture. Aside from funding, it gives credibility to UWSP and NADF.

At the core of aquaculture lies the idea that growing fish for food is an extremely efficient and cost-effective way of producing protein compared to traditional livestock methods.

Dr. Chris Hartleb, a professor of fisheries biology and the director of NADF, said the implications could be huge

"You have to feed fish less for them to grow more," Hartleb said.

An example of this ideology at work is already underway at NADF. Researchers are working to breed saugeye, a mix between sauger and walleye

"Walleye is a very popular fish,"

Hartleb said.

Hartleb said it takes two years for a walleye to go from an egg to eating size

"That's one year too long," Hartleb said. "If corn took two years to grow, we would not have corn."

Hartleb said NADF research has produced saugeye that grow to marketable size in 10 months.

Furthermore, NADF provides training for what is called Recirculation Aquaculture Systems that use natural bacteria filters to clean fish waste out of water. The water returned to the tank is clean enough for humans to drink and the only considerable loss of water in the system is from evaporation.

"In the U.S., we tend to see fish as a luxury item," Hartleb said.

Hartleb said in other countries, people eat fish most Americans see as undesirable. Americans tend to eat less fish than people in other parts of the world.

The facility features multiple buildings, tanks and ponds that are used to raise and study fish. All of the fish grown at NADF are donated to local fish farmers who essentially pay for it through contributions to the facility.

"We're one of the few facilities in the whole country," said Emma Wiermaa, the outreach specialist at NADE

Wiermaa is tasked with getting the word out and educating people on research done at NADF. Wiermaa said in addition to working with fish hatcheries, NADF works with local



Photo courtesy of Emma Wiermaa Researchers work to create new fish species.

fish farmers, homeowners and school groups interested in aquaculture. NADF has installed small-scale aquaculture systems at local schools.

"We get some drop-ins," Weirmaa said. "We'll stop what we're doing and give them a tour. No matter who they are, they are all very interested."

For Pointers, NADF provides an opportunity for learning, research and employment. Students can take aquaculture courses at UWSP with Dr. Hartleb, visit the miniature aquaculture facility in the basement of the science building and even minor in aquaculture. UWSP is the only university in the UW system with an aquaculture minor.

Each summer, the facility hires

two to four interns to work at NADF and design research projects.

"We are always looking for students," Hartleb said.

Hartleb said UWSP students are good candidates because of the rigorous courses they take.

"That background is much stronger than students from other campuses," Hartleb said.

In the next four years under the UW Sea Grant Program, students and staff at NADF will continue to educate the public about aquaculture and research new ways to improve the science.

"All this research is here, it just needs to be published," Wiermaa said.

Mopeds Raise Concern on Campus

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The use of mopeds on campus causes concern, mainly involving driving on sidewalks and taking up space near bike racks, for students and community members.

Cindy Nebel, the president of Old Main Neighborhood Association, said she has noticed more mopeds on the streets and sidewalks this year. She thinks it could possibly have to do with limited parking availability.

"I see a lot of them riding double, which you aren't supposed to do," Nebel said. "Traffic laws apply to them as well, but they are not always followed."

Although mopeds are not allowed on campus sidewalks, this rule is often ignored.

"Students need to be held

accountable for their actions," Nebel said. "If they think rules do not apply to them, that is not very good preparation for adulthood."

Protective Services Police Chief Bill Rowe said the main problem lies in the fact that mopeds are allowed to park near bike racks.

Because of this, drivers tend to use the sidewalk instead of the street out of convenience.

"I don't think moped usage has increased because of parking," Rowe said. "Students who use mopeds will always use mopeds regardless."

Junior elementary education major Amanda Biffert thought parking might drive more students to use mopeds.

"It is sometimes difficult to find a spot, so I can see why you would opt for that," Biffert said.

Sophomore psychology major



Photo by The Pointer Staff
Mopeds blocking the sidewalk in front of the CAC.

Glorian Konieczny does not think mopeds should be allowed on sidewalks, especially during busy daytime hours.

"Sidewalks are a little scary," Konieczny said. "They come speeding up behind you and you basically have to jump out of the way. I can see their appeal, though. Parking in Lot Q and walking back to Hansen is rough."

Stabbing Suspect, 12, Not Fit for Trial

M.L. JOHNSON ASSOCIATED PRESS

WAUKESHA, Wis. (AP) — An attorney for one of two girls accused of trying to kill a classmate to please the fictional character Slender Man said Tuesday that her mental state has not improved and he will challenge a state doctor's determination that she is fit to stand trial.

Wisconsin Judge Michael Bohren ordered the girl to receive mental health treatment in August after a state psychologist testified the child claimed to see and hear things that others could not, including Slender Man, unicorns and characters from the Harry Potter and Teenage Mutant Ninja Turtles series. A different doctor filed the latest report on her condition, which was sealed by the court.

Defense attorney Anthony Cotton said the girl still believes fictional characters are real, and he would have a doctor he hired testify about that during a Dec. 18 hearing.

"We don't think anything has changed in terms of her functioning," Cotton said.

The case cannot proceed unless Bohren is confident the girl can understand and help with her defense.

Cotton said the treatment she has received at a mental health institution is "markedly better" than the care she had before August, when she was held in jail.

"Right now, she has one-on-one care, she has social workers, she has doctors, she has therapists," he said. "There's professionals who can look at her and monitor her and be involved in the sort of day-to-day treatment. Jails aren't equipped to do those types of activities, and they're certainly not equipped to do those things for children in most cases."

The girl would likely be sent back to jail if Bohren found her fit for trial, Cotton said.

According to court documents, the girl plotted with a friend for months before attacking a third child during a walk in a wooded park following a May 30 sleepover in Waukesha, about a half-hour west of Milwaukee. The victim, who was stabbed 19 times, survived by waiting until her attackers left and then crawling to a path where a bicyclist found her. All three children were 12 at the time.



Photo courtesy of Associated Press

One of two 12-year-old girls accused of stabbing a classmate to please the fictional character Slender Man is led into a courtroom at the Waukesha County Courthouse in Waukesha, Wis.

The two girls charged in the case told investigators they hoped to curry favor with Slender Man. They were found walking toward a national forest where they believed the specter lived in a mansion.

The second girl charged in the attack also has a Dec. 18 hearing scheduled on her mental state. Wisconsin law requires suspects in severe crimes to be charged as adults if they are at least 10. The Associated Press is not naming the girls because both of their attorneys have said they will still seek to have the cases moved to juvenile court.

55,000 People Work Illegally in Wisconsin

ASSOCIATED PRESS

MILWAUKEE (AP) — Wisconsin is home to an estimated 85,000 people who immigrated illegally, three-fourths of them from Mexico.

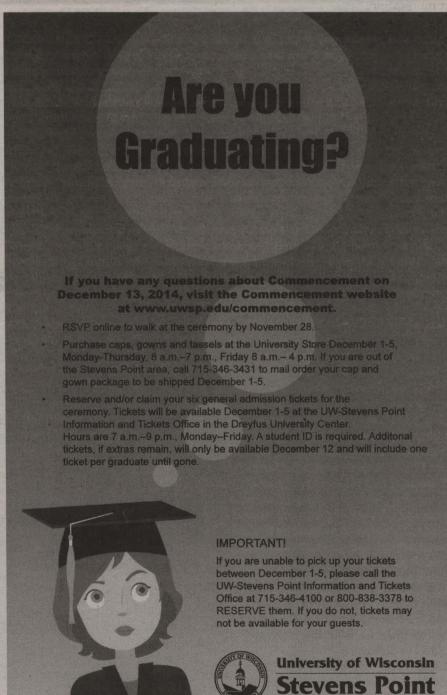
That's according to a new study released Tuesday by the Pew Research Center. It focuses on illegal immigration from 2009 to 2012.

The study says illegal immigration has been largely stable nationwide since 2009. It had declined during the recession after peaking in 2007 at 12.2 million people.

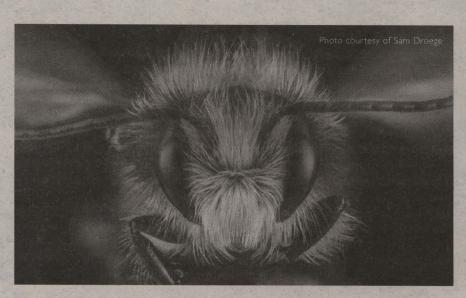
The study estimates 55,000 people who immigrated illegally were working in Wisconsin in 2012, less than the estimated 60,000 employed in 2007. Other people who immigrated illegally include workers' children and spouses.

Overall, people who immigrated illegally accounted for 1.5 percent of Wisconsin's population in 2012, less than the national average of 3.5 percent.





ENVIRONMENT



'Queen of the Sun' Shines Light on Bee Dilemma

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Nov.13 at 7 p.m., students and community members gathered to watch "Queen of the Sun," the first documentary in the "Beyond the Hive" series sponsored by the College of Fine Arts and Communication.

Outside the theater, local organizations committed to sustainability and community issues set up booths and engaged passersby. Among them were Farmshed, Office of Sustainability, Save the Frogs and Students for Sustainable Communities.

In addition to informational booths the event had free popcorn and honey tasting.

"I never realized how much difference in taste there was between honeys," said community member Elena Beideck, "some had a stronger taste than others, but they were all unique."

Liz Fakazis, a communications professor at University of Wisconsin-Stevens Point, was the coordinator of the Beyond the Hive series.

"Ever since my trip to Greece, I have been absolutely fascinated by bees," Fakazis said. "The different colors, honeys, sizes. They are incredibly complex creatures.

While Fakazis does not keep bees, she recognized the importance of beekeepers and her passion was infectious.

The documentary chronicled the journeys individual beekeepers, multiple agricultural scientists and the overall industrialization of honey

Colony collapse disorder has become a problem in the agricultural systems and why it was occurring was covered in the documentary. While pesticides were a primary issue, lack of genetic diversity has a significant effect.



Nonprofits Get Headstart on Holiday Season

HARLEY FREDRIKSEN **ENVIRONMENT EDITOR** hfred935@uwsp.edu

From Nov. 14-16, 11 students worked with nonprofit organizations in Milwaukee on the issues of hunger and homelessness.

They worked with the Hunger Task Force, a nonprofit devoted to providing free food for those in need as well as promoting socially just policies.

"The Hunger Task Force is a year-round operation, but the holidays are there busiest time of the year," said senior services volunteer coordinator Marie Jewell.

Jewell worked as a teacher but has been a volunteer coordinator for nine years.

"It was a tough transition, but usually the hardest work is the most rewarding," Jewell said.

In five hours at the Hunger Task Force Warehouse, the volunteers were able to pack over 500 boxes, or 14 pallets worth, of food for local seniors.

Afterwards, the group went back to the church they were staying at to watch 'Place at the Table,' an award-winning film about hunger issues in America. In addition to providing students with information and statistics about hunger, it encouraged insightful reflection and stimulated debate.

"We need to shift to more local

foods. You should know where your food is coming from," said junior Katreena Powell.

While the documentary raised similar questions for everyone, students discussed how to act in ways that could ameliorate these

"Every time you buy a product, you are voting with your money," said senior arts management major Emily Huemann.

The Habitat for Humanity Restore was the next organization visited. Students split into groups and did a variety of activities, from rearranging store displays to helping customers load their purchases.

Students then went to the Milwaukee Rescue Mission, an organization dedicated to providing education, safety and stability for those in need. Their campus consisted of a cafeteria, a rehabilitation center, an elementary school and multiple rooms to house single mothers and their children.

Following a tour of the facilities, students wrapped gifts for the upcoming holiday season and took inventory for the organizations ongoing food drive.

Intercity Impact was about more than logging volunteer hours, it provided personal insight and motivation for the students in attendance.

Experts Voice Concern Over Fox River Proposal

ASSOCIATED PRESS

A plan to allow boats to bypass a lock on the Fox River is drawing concern from experts who say it will further the spread of invasive species.

The Fox River Navigational System Authority has proposed a \$3.8 million transfer station that will allow boats to move around a lock between Lake Michigan and Lake Winnebago. Although state law currently requires a lock near Kaukauna to remain closed to stop the spread of invasive species, the agency hopes to get around the restriction. Under the authority's proposal, boats would be lifted from the water and undergo treatment that would presumably remove invasive

The project would make travel between the two popular waterways much easier, but experts argue it will pose a threat to the surrounding ecosystem. At least eight conservation groups oppose the project.

An environmental assessment conducted by the state Department of Natural Resources found the project would increase the risk of invasive species in the Fox-Winnebago system, which makes up 17 percent of the state's inland waters, the Milwaukee Sentinel Journal (http://bit. ly/1qedwAz) reported.

Compared to the thousands of boaters who travel up and down the

species before they're returned to the river each year, relatively few people effective than some other methods, will benefit from the transfer station, according to George Meyer, executive director of the Wisconsin Wildlife Federation.

> Its supporters "can argue the risk isn't that great," Meyer said. "I don't buy that. Why take any risk at all?"

> The introduction of invasive species could jeopardize the Winnebago system, which brings \$234 million in revenue to the region each year, according to the DNR. Even though the Fox-Winnebago system is already infested with invasive species, it's a bigger problem in Lake Michigan, the DNR said.

> The agency's report determined the proposed station would be more

including lifting a watercraft over the lock or using trailers to drive around

"However, (the transfer station) cannot guarantee one hundred percent effectiveness," the DNR said.

Robert Stark, chief operating officer of the authority, maintains there is an "extremely small" likelihood that invasive species will spread because of training and oversight.

"Compare this with all of the access points for boats that have no control or monitoring whatsoever," Stark said.

SPORTS



Photos by Jack McLaughlin

MARTY KAUFFMAN

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This past weekend had many victories for Pointers sports, including a regional championship.

The University of Wisconsin-Stevens Point women's volleyball team won the St. Paul Regional for the second straight year with a victory over Cornell. Middle Emma Brunkhorst led UWSP with 17 kills, while outside hitter Gabby Thomas and Sarah Breuer each had 13 kills. Setter Alexis Hartman was named the Most Valuable Player of the St. Paul Regional with 15 digs and 55 assists in the final match. Both Hartman and Brunkhorst were named to the All-Tournament Team. The Pointers are currently 32-4 and will advance to the National Collegiate Athletic Association Quarterfinals in Newport, Virginia on Friday.

On the football field, UWSP finished the season on a high note with a 31-24 victory over UW-Stout. Running back DeJuan Wright ran

for the game-winning touchdown in the final minute to seal the win for UWSP who had a 17-0 lead to start the game. Wright finished the game rushing 112 yards on 23 carries with the touchdown. Wide receivers Matt Sosinsky, Jared Pankow, and Alex Wallace had productive games. Sosinsky caught seven passes for 70 yards, Pankow caught five passes for 64 yards, and Alex Wallace had four catches for 29 yards and a touchdown in his final game as a Pointer. Quarterback Cody Nuernberg had an up and down game again as he was 22 of 35 for 237 yards with three touchdowns and two interceptions. On defense, senior safety Zach Vallafskey and linebacker Bo Seibel ended their careers in style as Vallafskey recorded a team-high of 12 tackles and two interceptions, and Seibel had an interception with nine tackles. UWSP finishes the season

Basketball season began for both UWSP men and women's basketball teams. In first game of the season, despite a halftime deficit, the men's basketball team defeated Saint John's 70-59. Senior forward Alex Richard scored a career-high 22 points. Along with Richard, guard Austin Ryf tallied 16 points with four assists, guard Stephen Pelkofer had 13 points and team-high seven rebounds.

On the women's side, UWSP went 1-1 during their Tip-Off Tournament. In the first game, UWSP fell to Luther College 61-56 in a tough loss. The Pointers bounced back in the next game against Ripon with a 68-42 win. 11 players scored for UWSP with forward Joann Wolfenberg leading the way with 11 points, forward Kaitlyn Jacobs tallied 10 points and guard Mickey Roland had nine points.

It was a thrilling weekend on the ice for both hockey teams over the weekend. The men's team won both games courtesy of two late goals. In the first game on Nov. 14, UWSP defeated St. Thomas 3-1 thanks to forward Andrew Kolb's goal with 4:52 left in the game to give UWSP the lead. Forward Lawrence Cornellier would add an

empty net goal to seal the win. The following night the Pointers won in thrilling fashion as forward Kyle Sharkey scored 46 seconds into overtime to give UWSP a 3-2 win over Saint Mary's. Forwards Alex Kromm and Jacob Barber each scored goals, while goalie Brandon Jaeger stopped 17 shots. With a 4-1 record UWSP is home again at Willett Arena on Nov. 21-22 against Lake Forest and Adrian College.

The women's hockey team split a two game series with UW-River Falls, each game ending in a score of 3-2. UWSP lost the first game after giving up a 2-0 courtesy of forward Ali Biagini scoring both. In the second game, forward Meredith Ingbretson scored the game-winning goal with under two minutes left as the Pointers won 3-2. Defenseman Megan Menotti and forward Hannah Smith each added a goal while goaltender recorded 26 saves in the win. With a record of 5-1 the fifth-ranked Pointers travel to UW-Superior for its next games on Nov. 21-22.

SPORTS

continued from page 1

not allowed to touch each other, but they are allowed to splash and kick water at them.

In female competition, competitors start on the two log, 14 inches in diameter, and are timed for a minute after which they move down to a three log, 13 inches in diameter, and given a three-minute time limit.

Finally, they move to the third and final log that is 12 inches in diameter with no time limit.

"It's the best 3 out of 5 falls. Basically you want to be the last one on the log," Ingbretson said. "It's all about quick feet and quick reaction to the way the log is spinning."

Boom running is a little bit more varied. The sizes and lengths of the logs differ from tournament to tournament.

"These logs are all interchangeable to give the competitors something different every year and we usually change the order when we put the logs back in the water in the spring," Ingbretson said.

Ingbretson's sister is also got her interested in hockey at age five.

"I wouldn't have been in half the stuff if it wasn't for my sister," Ingbretson said.

While she rolls all summer, Ingbretson spends the winter on the ice as a Pointer. There are a number of things that carry over between the two sports.

"You have to have quick feet when you roll," Ingbretson said. "You're always moving your feet. That's how people stay on a log."

The quick feet that Ingbretson establishes when she rolls gives her

speed and agility on the rink.

"You have to be on your toes. Literally," Ninnemann said. "There's also a good amount of cross training."

Not only do logrolling and boom running require you to be on your toes, but they also require you to be quick.

"Boom running can be kind of like sprinting," Ingbretson said. "It's timed so you want to be fast."

Rolling and boom running hold a plethora of advantages.

"It brings out competitiveness and it's good cross training," Ninnemann said.

Looking at this year Ingbretson has some goals that she would see on the ice and logs.

"I want to see if I can get any faster in hockey and in boom running and logrolling," Ingbretson said.

Looking specifically at hockey she has a few more things in mind.

"I want to stay where I am or improve," Ingbretson said. "I also want to make the NCAA tournament and take the conference championship."

Ninnemann also has a few things she would like to see from Ingbretson.

"She made a big jump from freshman to sophomore year, and I would like to see her continue to improve, gain confidence and grow as a hockey player and a person."

The biggest thing Ingbretson learned from logrolling is the importance of hard work.

"I know everyone else is working everyone is working just as hard as me because if you have an off five minutes then you're done," Ingbretson said.

Photos by Darlene Prois

TOP: Meredith Ingbretson displays her award after claiming her second world title in the Women's Boom Run last year.

MIDDLE: Meredith Ingbretson sprints through the 2012 Women's Room Run where she claimed her first world title.

BOTTOM: Meredith Ingbretson hurries to round a barrel before completing her winning run.







OPINIONS & EDITORIALS

The Age of Outrage

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Last week, the European Space Agency landed a probe on a comet for the first time in history. They live-streamed this amazing accomplishment online; a lot of people ended up being distracted by scientist Matt Taylor, who went to this historic event wearing a shirt covered with scantily-clad and provocatively posed cartoon women. Feminists thought it was insensitive and unprofessional for him to wear, so they let him hear it online.

That is when the internet

exploded. The armies of the outraged swooped in to tell these feminists how stupid their opinion was, how horrible they were for distracting from such a great accomplishment, and how they were irrational big-mouths who love going around on the internet policing people's behavior. The irony that they were irrational big-mouths policing behavior on the internet was lost.

"People are just looking for things to get offended about." "Why do they make such big deals out of nothing?" "They really need to lighten up."

These are words the outraged army used, the same words getting thrown at feminists every time they get upset. It does not matter what it is; cat-calling, rape culture, body image. If feminists speak out against something, an army of people will show up to belittle their opinion, misrepresent it and dismiss it.

Feminists were not upset about a shirt, but opponents keep trying to phrase it to make them sound petty and crazy. It is like saying a detective is upset about a piece of evidence instead of the actual crime. The problem was what this shirt is evidence of.

"Boy's clubs" are a big problem in many industries, and a man feeling comfortable enough to wear a shirt like that to a professional event implies he works in an environment where women are not well-represented. It also shows any little girls watching this event a less encouraging image than what little boys are seeing. Feminists are not making a mountain out of a mole-hill, they are seeing a mole-hill and being reminded of a very real mountain.

Feminists are aware a single person's shirt is not a big deal. You know what else is not a big deal? A piece of straw until it breaks a camel's back. As exhausting as it may be to frequently read complaints over pieces of straw, try to imagine how much you would hate straws too if you were already carrying an overwhelming bundle.



Photo by Emily Showers Ben, Rachel and Beth Nachman eat lunch at the Mall of America.

First Time Meandering Through the Mall of America

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I had never been to the Mall of America. I am not a person who is usually fond of being encased in a sea full of people who have a fresh, new paycheck to spend. Once in a while, I love going to malls. I wanted to go to the Mall of America to figure out why people enjoyed going, what they were buying for the holiday season and, of course, to purchase some items for myself.

On Nov. 15, I got on the coach bus and some people sitting across from me immediately struck up conversation. They were three siblings, Ben, Rachel and Beth Nachman, who agreed to show me around the mall because they had been there before. After introducing ourselves and getting to know each other, the bus began to move and while Ben Nachman and Rachel Nachman read their books I started to doze off.

When I woke from my nap I looked out the window. The Mall of America revealed itself from the shroud of snowfall.

The four of us jumped off the bus and filed into one of the mall's many entrances. There was a snow storm that day and due to my sensitivity to pressure changes, my ears popped and I could not hear very well.

"They probably popped because we were listening to an Adam Sandler movie on the bus," Ben Nachman said.

I appreciated his wit. I asked them where they wanted to go first and they told me Barnes and Noble.

"We are all pretty big readers," Rachel Nachman said. "We figured we would first go to the place we would probably spend the most time at."

I followed them through a crowd of people and into Barnes and Noble. At first we stuck together, but eventually we drifted off to look for other books. I ran into Beth at one point and asked what kind of books she liked to read.

"I like everything. It's fun to look at what they have," Beth Nachman said.

I had the same mindset she did. At one point, I stood immobilized in the middle of the store because I did not know what to look at. A couple times I thought I had lost track of my new friends, but I would soon see them in an aisle in front of me and sighed with relief.

After spending a large amount of time in Barnes and Noble, we were hungry and decided to head up to the food court. While we strolled over to a pizza stand, I noticed the giant amusement park in the center of the mall. I told my friends I could not fathom the size of the place. I was blown away when Ben told me the mall housed an aquarium.

When we got our food, the challenge was to find a table to sit at. After scanning the food court, we found one. I could not wait to rest my feet and take a bite of my pepperoni pizza. I pulled the seat out and the back fell off. I stood in disbelief, but we all began to laugh at the situation. I positioned it back in place and began to chat.

While we ate, Ben Nachman said he needed to get pants because he was tired of having only two pairs of jeans to wear. We stood up and went to Macy's. Beth, Rachel and I skimmed our hands along the rows of clothes on racks, touching whatever fabric appeared soft and plush. Rachel and I stroked a white cashmere sweater. We had never felt something so soft. When we flipped over the price tag, our joy was soiled.

While we looked at coats, Beth,

Rachel and I found a petticoat that resembled something the Tenth Doctor would wear. Rachel took the petticoat off the rack and said, "Ben, try this on. I feel like you could pull off the Dr. Who look."

We spent hours meandering through more stores after Macy's. Beth, Rachel and I realized we had not sat down since we ate lunch. We found Ben Nachman outside Rainforest Café and we let our bags cascade from our arms onto the floor. We did not bother to find a bench to sit on. They were too far away and our feet ached from walking. We just had to wait for our seat to be called in the restaurant. When our table was called, we entered the cafe and I froze to look up at the giant aquarium above me.

While we were eating our food, Rachel remembered something crucial.

"Does anyone know what time it is?" Rachel Nachman said. "Because the bus leaves at 7 p.m."

It was 6:40 p.m. We all agreed we wanted to sit down and enjoy our meal. I texted Lexie, the trip supervisor, to let her know we were going to be a late. Luckily, we had till 7:30 p.m.

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"Many people think it is impossible to recapture the magic when you wait too long between sequels. Twenty years after "Dumb and Dumber," I can say that its sequel, "Dumb and Dumber To" achieves the impossible. No, not by recapturing the magic, but by hitting rock bottom while being over-the-top at the same time. "Dumb and Dumber To" is not just over-the-top, it is on another planet looking down at the top through a high-powered telescope.

Five minutes into watching it, and I wanted to be on another planet too."I loved the original "Dumb and Dumber." I think it is Jim Carrey's best movie. "Dumb and Dumber To" is easily his worst, and might be the year's worst too. The first movie was appropriately dumb, but this one is brain dead. There is no subtlety or restraint to anything. Good comedy, even raunchy slapstick, should be like a precision scalpel. This movie is like a machete hacking incessantly at the dead horse. This is what the directors, the Farrelly Brothers, have become. Hacks.

Jim Carrey and Jeff Daniels are

back and are probably the only things in this movie older than the jokes. They have gone from being edgy, comedy icons to being awkward dads embarrassing their kids with groan worthy humor. I was embarrassed for them while watching this movie. I was embarrassed for myself while watching this movie. The only part I enjoyed was when I left to pee.

Speaking of bathrooms, that is where most of the jokes come from. The movie's climax takes place inside of one. Half the jokes involve excrement, which is appropriate because the writing is excrement. That is too nice. Excrement has a

purpose and stinks less. The only good jokes in this movie are the ones they stole from the first movie.

This is not the first follow-up to "Dumb and Dumber." A prequel, "Dumb and Dumberer," premired in 2003. Audiences recoiled at the idea of different actors in the lead roles, "Dumb and Dumber To" was trying to make up for that. These are not the same actors either. Like the no-name actors in the prequel, Carrey and Daniels are putting on the same costumes and doing bad impressions of the guys from the original.

"Dumb and Dumber To" gets "to" ruined childhoods out of ten.

POINTLIFE

Kink is Probably not What You Think

EMILY SHOWERS

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It is not every day a person gives a presentation about kinky practices at a university.

Nov. 12, Sophie Hart enlightened students about how to become safely involved with kink and debunked misconceptions about BDSM.

Hart began by explaining what BDSM stands for because there are three acronyms within it. BD stands for bondage, which involves restraint, and discipline, which involves a punishment or humiliation for an action. DS stands for dominant, a partner who performs an action, and submissive, a partner who allows the dominant to perform the action on them. Hart said this is more of a relationship style. SM stands for sadism, people who seek to give pain, and masochism, people who seek to receive pain.

Hart said sadists and masochists receive a lot of flack because people misinterpret why they enjoy giving or receiving pain.

"The body releases endorphin when it senses pain," Hart said. "Masochists like the rush and feel euphoric. Sadists enjoy providing the good pain masochists want."

Hart said even though some members want to hurt other members, they do not want to cause harm. Hart stressed safety, negotiation and consent are extremely important in a BDSM relationship.

"If you don't have a lot of safety concerns, you're doing it wrong," Hart said.

Hart said before two or more people start a scene, they negotiate what each other wants and what limits they have. Hart said limits include flogging a back, but not a butt.

Wicked Wanda, a dominant who taught BDSM 101 at the University of Wisconsin-Madison, said there are two types of limits.

Wanda said a hard limit cannot be negotiated or change during a scene. On the other hand, a soft limit can be negotiated and the dominant can attempt to push this limit if the submissive consents to it. Every limit must be set before the scene.

"One should never attempt to negotiate in the middle of the scene," Wanda said.

During the presentation, Hart defined consent as an agreement of what people will do during a scene. The members of the BDSM and kink community want their play to be safe and to make sure people know what they are doing.

"One thing you will find about about our lifestyle is that we communicate a lot," Wanda said. "Sometimes to the point of ridiculousness."

One of the ways people find others to safely play with is by attending social gatherings called munches.

"Munches are important if you want to get involved because that's how you meet people," Hart said.

Wanda said at munches a responsible group leader will identify new members and are open to questions people have. Wanda said they encourage new members to ask questions about who they want to

"If there is a person who is seen as a risk player, we make sure newbies are warned of them," Wanda said. "We have actual facts and not just random gossip."

The community emphasizes members' safety, but the public still has many misconceptions about them.

Hart said the misconception she hates the most is that people believe sadists are evil. She said every human possesses some sadistic tendencies.

"May I remind you that anyone who watches contact sports is a sadist?" Hart said. "They see an injury and do not look away and possibly even hope for an injury on the field, that's sadism."

Hart said this does not mean humans are evil or sick.

"The thing that's unhealthy is not embracing it," Hart said. "It's forced underground, and we pretend we don't like it which causes selfloathing and self-hate."

Wanda said it is easy for the public to typecast members of the BDSM and kink community as freaks who take and give abuse.

"I sincerely believe we are the last mainstream taboo," Wanda said. "We are still perceived as an exotic indulgence that should be purged and "normalized" since it is not normal behavior."

In reality, abuse is uncommon in BDSM and kink relationships. Hart said since people negotiate on what can and cannot happen, it leaves little room for abuse.

Despite this, the public remains ignorant to the true practices and values of the BDSM and kink community due to its stigma. One aspect the public often does not know about is therapeutic practice called aftercare.

Hart said people can experience submissive or dominant drop. They will feel depressed, guilty or hopeless because their endorphin is dropping. Wanda said aftercare varies between partners and may include cuddling, being wrapped in a blanket and left alone, massages or being fed chocolates.

"Aftercare is a very personal experience," Wanda said.

Hart said even though they cause pain, they care about their partners and will negotiate beforehand to have necessary items ready for aftercare. Whatever the needs are, Hart stressed they prepare for the provisions to be available immediately when the scene ends.

"One of my favorite parts of playing is the aftercare because you feel so intimate and it is affirming," Hart said.

There is a lot for the public to learn about the community and, as Hart said, many people might be secretly interested in BDSM or kink. When asked what she wants people to learn, Wanda responded with a positive answer.

"To enjoy the journey, delight in their bodies and the sensation they will experience," Wanda said. "To be true to themselves, to spank and to take absolute joy in what they do."



CAROLINE CHALK

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Sometimes the best way to understand another person's hardship is to slip into their shoes for a day.

Dec. 6, students will literally walk in another female's shoes. "Walk a Mile in Her Shoes" is an international men's walk against sexual assault and domestic violence to be held at the Health Enhancement Center.

The executive coordinator of the Women's Resource Center Kimberly Lizan helped organize the event.

"Men put on heels, shoes and

boots and they walk a mile in 'their' shoes. It's just a way to get people thinking," Lizan said. "You can put yourself in their shoes or in that place, but actually having a physical representation of that is the push that people need to start thinking about situations that are happening."

Lizan addressed the notion of bringing sexual assault and domestic violence issues into the public's mind.

"I hope that people get a general understanding that most of the situations we are trying to raise awareness of through this event are sometimes behind closed doors," Lizan said. Lizan's goal for attendees is to become more aware of the cause and hopefully start to advocate or volunteer in centers to help victims of domestic violence and sexual assault.

Sophomore Justin Wieseler will participate in the walk.

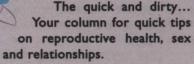
"Being a member of Phi Sigma Phi, one of the five fraternities on campus, I believe it is extremely important to take a stand against sexual assault that gives Greek life a negative stereotype," Wieseler said. "Aside from that, it will also be a way to raise awareness in a fun and creative way."

Wieseler, the Greek community

and Women's Resource Center have collected shoes by doing a shoe drive. Wieseler is proud the Greek community is participating in the event., especially because he feels it will be a good way for the community to look beyond the negative stereotypes of Greek life.

"The attendees, along with those participating in the walk, will be able to walk away with a better understanding of what constitutes sexual assault," Wieseler said. "They will be able to stand up against it if they see that someone is at risk of sexual assault, especially in situations where alcohol is present."

THE QUICK AND DIRTY: your questions answered



As reproductive health peer educators on campus, you can imagine we have got some pretty interesting questions. And we love it. Check out our Facebook page, UWSP Reproductive Health Peer Educators, for the survey link so we can anonymously answer your questions in our next column.

We received two great questions this week.



Q: What is the best way to change the time you take the pill due to schedule changes, different time zones and daylight savings?

A: Changing the time you take oral contraceptive can be a little tricky. You can take the pill between two-three hours earlier each day in order to account for any schedule changes, time zones and daylight savings! If you are traveling to a different time zone for an extended period of time, it is best to change the time you take the pill. At first, you will have to account for the time zone change. This might mean that you have to wake up in the middle night, bummer. Within a

few days, you should be on a normal schedule again. If you are traveling or have schedule changes often, there are forms of contraceptive you don't have to worry about on a daily basis. You may want to consider the implant or an intrauterine device (IUD).

Q: I have been spotting a lot recently but I haven't gotten my full-blown period yet. Is there a chance I could be pregnant even though I'm spotting? I'm freaking out.

A: The short answer is yes, you could be pregnant. Spotting occurs at different times for different people. Just because you have spotting does not mean

you are not pregnant. Irregular periods and spotting happens for a multitude of different reasons depending on the individual. We suggest coming to UWSP's Student Health Services for a pregnancy test. The urine pregnancy test is free and the blood test is \$11. If you are covered under the Family Planning Waiver, the blood test is free as well. Coming in for a test is the only way you can know for sure. I am sure you are freaking out and taking the test sounds stressful, but ignoring the issue will not solve the problem.

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ARTS & ENTERTAINMENT

First Year Dancers Ready for Performance Debut

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College of Fine Arts and Communication Creates put together "Beyond the Hive," a series of events spanning from Nov. 10 to Dec. 7. The theme of "Beyond the Hive" revolves around the importance of bees in the world, with events ranging from lectures to art showings.

First year dance students are preparing for the Nov. 22 unveiling of their repertoire piece "The Lost Hive," part of "Beyond the Hive."

"I was approached by Liz Fakazis who was organizing the COFAC Creates event around a given theme," said director Michael Estanich. "I just happened to have this piece 'The Lost Hive' prepared that uses the hierarchy of the bee colony and the ways that they communicate. I was interested in the way they establish community and unity."

Estanich said first year students do not typically perform repertoire pieces for the public, so he is excited to push them to the next level.

"The repertoire piece is a way of introducing the first year students and to show their beautiful potential," Estanich said.

Dancers look forward to showing the public their accomplishments this semester.

"It's a little nerve-wrecking because we've only had ten rehearsals, and we'll only have about two more," said first year dancer Asher Fickett. "We're coming down to the wire and having to trust the process."

"It's really cool to see how we've come together as a class and to see how we've developed," said freshman Rachel O'Brien. "This piece shows how we've progressed. It's not about the end result but more about the process."

Estanich invited a local dance group to join his students to showcase community talent.

"We have invited the Point Dance Ensemble, which is a local youth dance group led by Barbara Luedtke," Estanich said. "She just happened to be working with a guest artist that staged a piece called 'The Hive' and we thought it was a great way to involve the community."

The Point Dance Ensemble will perform first with "The Hive" followed by first year dancers' performance of "The Lost Hive."

Curtain rise is at 7:30 p.m. in the Jenkins Theater and is free to all.



The Lost Hive performance on Friday will be based off the original performance in 2007.

Student Art League Inspires Artists



Photo by Allison Birr Students paint during the Student Art League's life drawing session on Monday.

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Many students are in need of a creative outlet as post-midterm stress tends to linger until final exams are over

The Student Art League reintroduced itself on campus this past year to provide a stress-free

zone for students whether they are experienced or novice artists.

"SAL is a student group that provides artists, whether or not they are art majors, the opportunity to create artwork and connect with the community through art," said treasurer Hector Acuna.

SAL offers weekly events for students and community members

to get involved. The largest of these events is the life drawing sessions, held on Mondays from 6 to 8 p.m.

"Life drawing is drawing from the figure that is nude," said member Jake Szeligowski. "It's a classic art study and is one of the basic skills anyone in the art program needs to have."

SAL organizes for a model to pose in various forms for artists to practice sketching each week.

"We do gestures, short poses and then move toward longer poses toward the end of the night," said senior member Andrew Simons. "People get a chance to draw a few different pictures and they don't have to be perfect."

Simons said life drawing sessions are meant to give artists room for improvement without judgment.

"Our main focus is to help people get practice drawing outside of the classroom," Simons said. "It's less stressful and there is no worrying about being graded."

Aside from weekly life drawing sessions, SAL offers multimedia art events.

"On Nov. 19 we have a drawing session with Emmitt James," Szeligowski said. "He is going to be performing hip hop. Students and Community members can bring art



supplies. It's a collaboration of music and art."

Szeligowski explained SAL is looking to recruit additional members since many current members are graduating.

He hopes SAL will continue to be innovative by building relationships between campus and community.







\$2 Small Popcorn & \$2 Small Soda

Cinema 6 - 2725 Church St. - 715-341-2700 Campus 4 - 1601 Sixth Ave. - 715-341-6161

Bonner Anticipates Premiere Album Release

EMILY J. PAHL

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Joey Bonner has dreams of taking the stage and performing his music for millions of people.

For Bonner, the key to achieving those dreams is through hard work and dedication.

Since he was a child, Bonner knew he wanted to pursue a music career. Bonner is a senior music major specializing in applied voice.

"I think my favorite part of performing is that I get to show other people my songs," Bonner said. "I generally write songs to get things off my chest or say things that are too hard to say out loud."

Bonner has released music as a solo artist and with a band. In the past year, Bonner has paired with Emmitt James, a University of Wisconsin-Stevens Point musical artist and James London clothing designer, to create the EP "Gold."

"My favorite part of working on 'Gold' with Joey, besides collaborating with him in general, was watching the song go from an acoustic favorite to a full band release on iTunes," James said. "The song has gotten so popular in Stevens Point. Every time we perform it, the whole crowd knows the song word for word. It feels amazing."

Bonner is currently working on

his album "Colors 1: Basics," the first in a series of three EPs that are each six songs long. Fans of Bonner's music can anticipate the album's release in late January 2015.

"Each song features a different artist and is based on a different color," Bonner said. "I see colors when I interact with people, read written text and listen to music, so I found musicians who were the colors I wanted to write about."

Creating an album is both time consuming and draining, but with the right team, satisfaction and completion are possible.

Kenny Baumann, a recent graduate from Belmont University and Bonner's friend, played a large role in creating the album.

"I tracked, mixed, and produced the album," Baumann said. "Working with Joey was easy. He has a very clear and concise idea of what he wants, but doesn't shut out the idea of trying different stuff. Having that kind of mindset in the studio helps everything run a lot smoother and more efficiently. Joey's going places."

Students had the opportunity to listen to Bonner play in The Encore Nov. 15 at 8 p.m.

Bonner's music is typically categorized by the indie-pop genre, but Baumann said there are no barriers for listeners to relate to Bonner's music.

"There are moments on this

album that make you bob your head," Baumann said. "There are some that make you smile. There are some that will make you bawl your eyes out. The song writing is superb, the talent

level is on par with what Joey's fans have come to expect from him, and I think that combination is going to make for a finished product that won't disappoint."



Photo by Katie Boeckman Artwork from Joey's song "Gold" featuring Emmitt James.

Williams Enhances Brand Loyalty with New Line Extension



One of the items from the Emmitt Williams line extension includes a crop top, which was launched in the summer.

CAROLINE CHALK

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Last March, senior arts management student Emmitt Williams, who began to seriously pursue his passion for producing clothing that spring, launched James London clothing.

Williams is excited to debut his newest line extension, "London Before I'm 21," Dec. 5, 2014.

"My plan has always been to sell a lifestyle brand just as a company like Apple does," Williams said. "Brand loyalty is very important to me." Williams enjoys high fashion displayed in magazines like Vogue. He describes his personal style as indie urbanesque and hobo-chic. These styles are reflected in "London Before I'm 21."

Senior Bachelor of Fine Arts acting major Cole Witter modeled for Williams's new line.

"Emmitt approached me in the Brewhaus one day after commenting on my outfit," Witter said. "He said he loved my look and wanted to use me as one of the models in his lookbook."

Witter said he has modeled for photographers before and is a photographer himself. He enjoys being in front and behind the lens.

"Emmitt is a great energy to be around," Witter said. "He's always up for a laugh, so the shoot went by quickly and smoothly," Witter said. "He also allows us to bring our own artistry as models, photographers and stylists to the look. By doing that, it makes the work we're doing even stronger."

Katie Boeckman is taking time off of school to focus on her photography

business. She was approached by Williams to photograph "London Before I'm 21."

"Out of anyone I've worked with, Emmitthas really pushed mecreatively and I've grown so much because of him," Boeckman said. "Taking these photos was really important to me because eventually I would love to be a fashion photographer."

Boeckman said she and Williams have similar styles, which makes it easy for them to collaborate.

"The clothing line is based on the idea of travel or being on the go," Boeckman said. "It's really fashion forward. The pieces that will be coming out are very basic but are important for any good wardrobe."

Boeckman said the photographs she has taken embody an "on the go" look, which instills a travel-ready mindset.

"Ilove the simplicity yet versatility of all of the pieces he has released so far and I think that they all build on each other, really creating a cohesive and fun line," Boeckman said.

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Copyright © Remote Station Entertainment Norton, as the director of photography, sets up a shot from the back of a Humvee for his film "False Colors."

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Norton Prepares to Premiere 'False Colors'

JULIA FLAHERTY

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All-nighters are standard for filmmakerWilliamNorton, the founder of Remote Station Entertainment, as he races for the premiere of his first feature film "False Colors."

Norton's interest in filmmaking began when he was a child running through the woods of Maine, shooting improvised films on a friend's super-8 camera with whatever film stock he could find.

"I feel like I've always been working towards making my first feature," Norton said. "With the advent and availability of high quality HD video cameras, I knew the time had arrived. I began writing the script, my first, while researching all the other elements I would need to pull together."

At the time, Norton said he was affected by what he saw happening in the United States and the world after the events of Sept. 11, 2001.

After putting together a rough version of the script, Norton and his wife Jessica knew this was a story people wanted to see. They decided to produce the film themselves.

Norton said creating a film that could hold its own against big budget studio fare, but on a budget most would consider unthinkable, was important to him.

"Based on budget alone I knew that to achieve what I wanted 'False Colors' to be, I needed to wear many different hats," Norton said. "Realistically though, I knew I'd need some help, so I called upon a small core group of professionals, the best people I know in their fields, and hired additional crew when they weren't available."

Norton said his wife played an integral role to the production's success.

"My wife was an enormous help, not only in the script editing phase, but also whenever she was available to come to busier shoot days and keep everything organized," Norton said.

Norton filmed mostly in and around Los Angeles in one or two week blocks over the course of several

years. He managed a three day tripto Washington D.C. and a 17-hour round-trip drive with his male lead, Matthew Gilliam, to Arizona to shoot with "the perfect cactus."

Norton said he and Gilliam arrived at dusk and had to make due with a "decent cactus," before losing light. Filming took a while.

"I had to stop until we could afford to continue, but in doing so many things myself, I just needed to regroup and prepare for the next round," Norton said.

"False Colors" is a political thriller that stars Gilliam as international weapons inspector Ted Keller and Lavinia Postolache as congressional aid Ileana Popescu.

Just before the U.S. invasion of Iraq in 2003 all weapons inspectors were told to leave by the U.S. government.

"In 'False Colors' Ted stays behind, and in doing so uncovers something that no one was supposed to see," which immerses him in a shadowy world where truth is deadly," Norton said. "He must return to the U.S., staying one step ahead of those who want him silenced while trying to unravel the mystery surrounding his find."

Norton feels actors are talents to pay attention to. Of the pool of actors he chose from, considering the film's nonunion status, Norton was thrilled to find two leads with exceptional talent and heartening attitudes.

"'False Colors' is the first feature for both of them and they completely threw themselves into the process and delivered what I think you'll agree are two outstanding performances," Norton said. "I was very fortunate to find two leads that were able to realize my vision for the film so perfectly, and they have both gone on to do other films since, I'm certain with more to come. I'm looking forward to working with them both again."

Gilliam attended University of California, Los Angeles' School of Theatre, Film And Television, Trinity College School of Drama in Dublin and the Stella Adler Studio.

Postolache was Miss World Romania in 2010, studied at the "University of Monaco and the New York Film Academy. She later moved to Hollywood to pursue her acting career.

"I'm currently in the final phase of production," Norton said. "I'm working with a composer on the score and am finalizing a few visual effects as well as the sound mix and color correction."

The trailer for "False Colors" is available on its Facebook page False Colors where updates about the film's release are shared.

"It's been an incredibly rewarding" process as Jessica and I watched my idea grow into the type of film we both love to watch," Norton said.



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