

Symphonic Orchestra Prepares for Fall Concert

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Photo by Emily Hoffmann

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The symphonic orchestra students at the University of Wisconsin-Stevens Point are well known for their musical abilities, which are showcased in performances throughout the academic year.

Their first concert is Oct. 15 in Michelsen Hall at 7:30 p.m. with tickets available for purchase at the UWSP Box Office in the Dreyfus University Center.

The symphonic orchestra will perform a variety of classic and contemporary pieces at their first concert.

"We are featuring fellow faculty member Rosalie Gilbert on

a harp concerto by Handel," said symphonic orchestra director Dr. Patrick Miles. "That work is about 14 minutes long and was written in the Baroque period."

Miles explained there is a great need for balance between what is traditionally performed and what is exciting, new and challenging for symphonic orchestra students.

For new students, Miles

placed importance on teaching them to play Beethoven, as he feels Beethoven provides a foundation for learning throughout the program. Students will perform "Beethoven's First Symphony" at the concert.

In contrast to this piece, Miles chose a composition written by UWSP composer Aaron Marx. Miles also added Samuel Barber's "Adagio for Strings" to the program. He said

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The Pointer

NEWS

EDITORIAL

Reconsider Moped Parking

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The University of Wisconsin-Stevens Point is a "wellness" campus according to Parking Services. It encourages students living on campus to leave vehicles at home and use other forms of transportation.

Fewer vehicles on campus relieves parking tension in already full lots and also helps reduce carbon emissions. Many students walk or use bikes or mopeds as alternatives.

Such alternatives as walking and biking can keep students physically active, can reduce environmental impact and can save gas money.

Mopeds and scooters do the same. However, mopeds are still notorious for emitting various dangerous pollutants, including nitrous oxide.

Parking Services permits licensed mopeds to park next to bike racks on sidewalks. While this

gives parking spaces in lots to cars and motorcycles, it also can cause problems for bikers seeking rack space. Too many mopeds block racks and make access to them difficult.

Moped drivers can be dangerous to walkers on sidewalks as well. I have heard complaints from students that they have almost been nearly run over by a moped on campus, whether on the sidewalks or even on the Learning Resource Center ramp.

It is important to support alternate transportation as a "wellness" campus. However, even alternative modes can conflict with each other.

Parking on campus is a continual issue and as the search for new space becomes more difficult, it is important to encourage these alternative modes of transportation.

Colder months are coming, which will put this issue at rest until spring. However, it is important that as a university we reevaluate moped parking on campus and consider further options, such as opening up lots to moped parking.

PROTECTIVE SERVICES REPORT

Wednesday, Oct. 1

Staff member from Knutzen Hall called to report that a male had hit his head on his loft while he was standing up. He was alert and conscious and did not require any medical attention.

Male called to report that a student had been mugged at the skate park (off campus).

Thursday, Oct. 2

Male called to say kids were riding their bikes in the dark and he was concerned for their safety.

Friday, Oct. 3

Student called to request a jump pack because his vehicle would not start.

Staff member called from Baldwin Hall to report that the Saflok for the front door was not working and appeared to be disabled.

Staff member from the sheriff's department called on behalf of Johnson's Towing and asked if the vehicle that had been impounded the night before would be able to be released to the owner. The request was denied.

Staff member called stating that there was a tree down on the road on North Point Drive.

Saturday, Oct. 4

Staff member called to say there was a strong marijuana odor coming from a room in Hansen Hall.

Staff member of Hansen Hall called to say a kid gashed his head open. He did not think medical attention was needed, but wanted assistance.

Knutzen Hall staff member called to report a male who is 21, but highly intoxicated and had vomited on himself.

Male spotted four individuals who apparently smelled heavily of marijuana trying to break into the greenhouse.

THE POINTER

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SGA weekly

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Run for your lives! On Oct. 26, the Student Government Association and Residence Hall Association will be hosting the 3rd Annual 5K Zombie Run for alcohol awareness on campus.

Runners will be avoiding obstacles and zombies to finish the race. Zombies will try to "bite" students and Student Health Services staff will be administering antidotes to runners who have been bitten. The antidotes will only be distributed to students who answer questions correctly about responsible uses of alcohol on the University of Wisconsin-Stevens Point campus.

Students interested in volunteering should visit the UW-Stevens Point Student Government Association

page to register. Students can also visit the UWSP Zombie Run Facebook page for more information.

Registration begins at 12 p.m. the day of the race outside of DeBot and the first heat of victims depart at 1 p.m. T-shirts for all participants will be distributed at the after party in the Encore!

Remember to listen to the SGA Update on Monday Oct. 13 at 6:30 p.m. on 90FM. We will discuss the zombie run and answer any questions students may have. If you have any questions that you would like answered on air, tweet @UWSP_SGA and I will make sure your question gets answered! Make sure you like us on Facebook at UW-Stevens Point Student Government Association and follow us on Instagram and Twitter @UWSP_SGA.

CORRECTION:

In the Sept. 25 issue, the movie title is "The Dark Knight" in "Athletes as Role Models."

In "Communication Week Presents Unique Opportunities," the director at Rainbow Hospice Care is Mike Bernhagen.

University Store Impacts Campus and Community with Change 4 Change Jar

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Every semester, student employees at the University Store and Text Rental make suggestions for which organization to donate the contents of their change jar to, encouraging shoppers to give their loose change to charity.

The jar sits at the checkout area of the store, making it easily accessible for shoppers to drop their leftover change from transactions.

"Many times, people even dig into their purses or wallets specifically to donate," said customer service supervisor Danielle Wroblewski. "A lot of parents appreciate that we are a business out to make a profit, but we are also looking to make a profit for other clubs and organizations."

The chosen organization is not alerted while the drive is in progress. It is usually a surprise when Wroblewski calls the recipient.

The most recent organization that received this donation is Schmeckle Reserve. The donation was started last April in honor of Earth Day and that donation ran through the orientation sessions this summer to ensure enough change was collected. In total, \$95 was donated.

"We were quite surprised to hear that we had been chosen as the recipient of the Change 4 Change donation proceeds," said Megan Espe, a Schmeckle outreach coordinator. "It is an honor for the

reserve, and it shows that the natural area means a lot to the campus and the community. We plan to use the donation to buy new birdfeeders to create some excellent bird watching spots around the visitor center for this upcoming winter."

In the past, Change 4 Change proceeds have been donated to The Cupboard, Veteran Affairs and the Family Crisis Center.

Wroblewski said it is fun for employees to see how fast the jar is filled.

"I think this is definitely a good idea," said freshman employee Ryan Ertl. "It is cool to see people drop their change in the jar for a cause."



Photo by Emily Hoffmann

University Store employees Emma Loeck and Greg Lang present a check for Schmeckle Reserve to Ron Zimmerman, director, Jim Buchholz, assistant director, and Megan Espe, outreach coordinator.

Defining What It Means To Be A Pointer

EMILY SHOWERS

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When asked how University of Wisconsin-Stevens Point has impacted students emotionally, many say it has to do with the people surrounding them.

"It has kind of given me more confidence to talk to people whether it be professors or others," said sophomore Ellie Corbin.

In addition to confidence, students enjoyed the time to expose themselves to new experiences and cultures.

"I would say it definitely gave me space away from home," said sophomore Phil Scott. "I am the minority in my friend group, so it made me a bit more open-minded."

Junior Katie Kovach said before she came to UWSP she was shy and reserved, but now she finds it easier to approach people.

"They seem to take actual interest in where you came from and where you are going," Kovach said.

Senior Jordan Fuller said he was able to get to know the community of Stevens Point better.

"The students and full-time residents are very friendly," Fuller said.

He included a perk that not many college students think of.

"The greater Stevens Point area is a great area to have a family," Fuller said.

Even though students were influenced by the people surrounding them, they will eventually graduate. They will continue to open up to a

new world of possibilities and meet new people just as they did at UWSP.

Some students' prospects were more defined than others, but others wanted to keep an open mind.

Corbin's major is natural resources and social and policy sciences, but she said that might change soon. However, she said her education was important to her.

"It's the basis of what I'll be doing for the rest of my life," Corbin said.

In addition, Corbin said it will be interesting to look back at the memories made.

Scott's major is sociology, but he is also a hip-hop artist who goes by the name Laye and his future path depends on how his music career plays out.

"I have a fan base and a deal on

the table, however, I have a backup and an education to fall on," Scott said.

Kovach wants to give back to the world when she earns her degree in psychology.

"It'll mean that I have a place in the world and be able to help people," Kovach said.

Fuller said he wants a long-term job related to hydrology and to have a stable lifestyle.

"Working, having a family and being able to provide are the main goals for me," Fuller said.

Being a Pointer is a decision that is left to the individual. The community is friendly and inviting and even when the students graduate, they will have their experiences and memories to carry with them into the world.

NEWS



Stevens Point Police Take On Homecoming

Photo courtesy of flickr.com

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Homecoming weekend is the biggest weekend of the year for the Stevens Point's Police Department, but with no major injuries reported and binge drinking down, authorities are calling this year's celebration a success.

Stevens Point Police Sgt. Tony Babl said every call they received that weekend was usually Homecoming-related. This year, police wrote 48 non-traffic violations between Friday and Sunday. 26 citations were written for underage alcohol consumption,

11 for open intoxicants and two for drunken driving.

Babl said for the past two years, letters have been sent to landlords in core areas asking them to set guidelines for acceptable behavior prior to Homecoming. Core areas include housing near Partners Pub and College Avenue.

Throughout the weekend, officers patrolled the streets by car and foot. There were even officers assigned to shifts early on Saturday morning in order to inform students about police expectations for the day. They told students to have fun and be safe, but there would be consequences if parties got out of hand.

Babl said the police department had concerns about parties growing so large that the hosts do not know the attendees.

Warnings or not, there was no shortage of good weather and Homecoming spirit. Celebrations ensued, and yards were crowded with students enjoying parties.

"The activity was up there," Babl said. "We planned early in the year to have double the officers."

Senior Ben Polzin said he did not know there were more police out during this Homecoming than previous years.

"They were just letting people have fun," Polzin said.

Polzin said he and his friends roamed the streets, yards and sidewalks of Stevens Point on Saturday without any trouble from law enforcement.

Another group of partygoers, Bryce Krejcarek and Olivia Esqueda, said they did not notice an excess of officers during the weekend. The two spent most of their Homecoming around Partners Pub and Grill and College Avenue.

"I thought they were pretty relaxed," Krejcarek said.

Both students agreed the police they encountered were friendly and primarily concerned with safety.

Sustainability Ideas Could Help Meet Parking Demand

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The Office of Sustainability is rolling out many ideas this semester, some of which could potentially lessen the need for parking when the new science building is constructed in 2015.

Compared to other schools in the University of Wisconsin System, UW-Stevens Point has a very low parking fee. According to Sustainability Coordinator Dave Barbier, this affordability is what drives up the parking demand in the first place.

"We need a fee structure that falls more in line with our sustainability standards as a school," Barbier said.

Barbier indicated that by raising the parking rate about \$20, UWSP could benefit in two ways. One, students might be persuaded to leave their car at home, allowing for a lower parking demand. Two, this extra revenue could be put toward a fund for the development and infrastructure of sustainable

transportation, such as bike rental and more efficient carpooling.

"The goal is not to say that freshman cannot bring cars. We

alternatives so students do not feel like they need their cars on campus."

Barbier said increasing the

pay the price to have them here.

Barbier is in the process of writing a proposal for university officials to consider, turning this idea into a conversation. He is also working with the Student Government Association to implement covered bike areas across campus near residential halls and academic buildings.

"This is a very viable possibility and would ultimately make UWSP a greener campus," Barbier said. "In the cold winters, it is either a 15 minute walk to class or a five minute bike ride."

In addition to being an environmentally friendly alternative, this initiative is meant to promote general wellness across campus.

"The project is in its research and development stage and beginning on its approval stage," said Alex Thomas, the SGA environmental and sustainability affairs director. "It is intended to be brought to campus at least in part by the end of this academic year."

“

We need a fee structure that falls more in line with our sustainability standards as a school.

**— Dave Barbier,
Sustainability Coordinator**

do not want to exclude anyone," Barbier said. "We are trying to change how we look at an issue and are looking to create better

parking fee should not adversely affect the revenue already collected by the university. If students want their cars here, they will ultimately

Bring A Buddy App Works Out Bugs

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Students tested the Bring A Buddy App, created to keep students safe when going out at night, for glitches during Homecoming weekend.

Jenna Furger, a University of Wisconsin-Stevens Point senior and the co-founder of the Bring A Buddy campaign, designed the app with the help of alumnus Drew Frisk, who now creates apps for Berkshire Hathaway.

The app works through the user's Facebook account. Once logged in, users can add friends who have downloaded the app and connect to each others' circles. They are able to locate friends on a map and keep track of when everyone arrives home safely.

"The testing went well, but we were only able to test it on a few small groups," Furger said. "Now we are focusing on adding people to create larger groups, as well as creating multiple circles at the same time. We are also working with how the app will react when someone

goes out of cell reception."

The goal is that users will be less likely to stray away on their own.

"My goal professionally is to

safer is an exciting thought for me."

This technology gives users a reliable resource when a designated driver is unavailable.

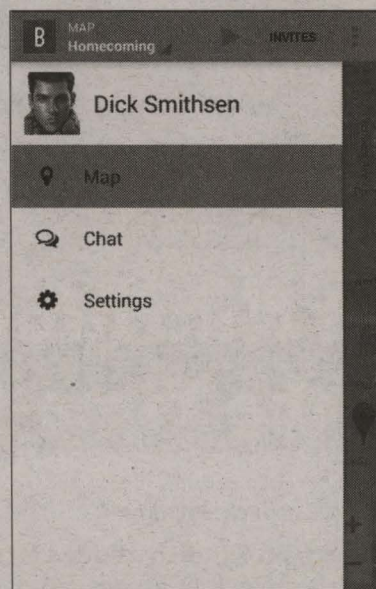
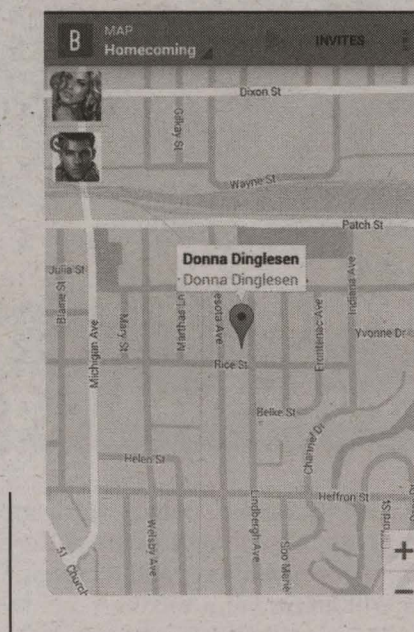


Photo courtesy of Drew Frisk
Screenshots of the Bring a Buddy app.

help people through technology," Frisk said. "This app is a prime example of that goal. The idea of using technology to help people be

"It would definitely be an easier way to keep in contact with one another," junior Grace LeVeque said. "I am in a sorority, so to have an app

that would help us look out for each other is a really good idea."

The app is mainly designed for Android phones, but the iPhone version is currently being developed. The app is not specific to UWSP; it will be available to anyone with a smartphone. The target release date is late October or November.

"Our immediate future work is focused on making sure the application is fully functional and will work in the environment that it will be used, hence our need for a solid group of users for beta testing," Frisk said.

The Bring A Buddy campaign was created by Furger and the parents of Eric Duffey, a student who drowned in the Wisconsin River on the night of his 21st birthday in March 2012. Joan and Darren Duffey helped create the Bring A Buddy campaign in the hope that it will remind students to stay in groups and look out for one another.

"The future of this app looks great," Furger said. "We have a lot more ideas to incorporate with public transportation routes and other ways of making this a great resource for a safer campus and community."

Identity Thieves Target College Students

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Having grown up accustomed to exchanging personal information over the web, many college students may not be aware they are being preyed on by scammers and hackers who are after their personal data and money.

Janis Borski, an administrative support technician at the University of Wisconsin-Stevens Point's Information Security Office, explained that countless attempts are made every day to obtain personal information from students and staff. She assures everyone that UWSP's information security is top-notch, but insists user education and awareness is essential.

"It is teamwork," Borski said. "It is your responsibility too."

According to Borski, the most common and perhaps most successful way scammers are able to access student and staff information is through email phishing. A phishing email is meant to appear like a real email from an organization asking for personal information.

An inattentive user may believe the email is legitimate and provide the information, not knowing that

they have given it to a scammer.

Victims of the scams often do not even know their information has been compromised until later. A freshman who has been phished may not notice something is wrong until they are a junior.

Senior Andrew Lockwood is familiar with phishing scams, but has never fallen for one. He is careful with his personal information and only gives it out to those he trusts. He also does not put his social security number on documents unless he knows they are official.

Lockwood said he gets a bit frustrated when required to change his password, but realizes it helps keep his information secure.

"It seems like it would be too much work for someone to try to steal something like my bank account," Lockwood said. "Maybe they would go for someone with more money."

Sophomore James McCroy admits he knows he is at risk of identity theft, but it is not something he thinks about on a daily basis. He attempts to make his account passwords complex and changes them often.

"I think it is more likely than people make it seem," McCroy said.



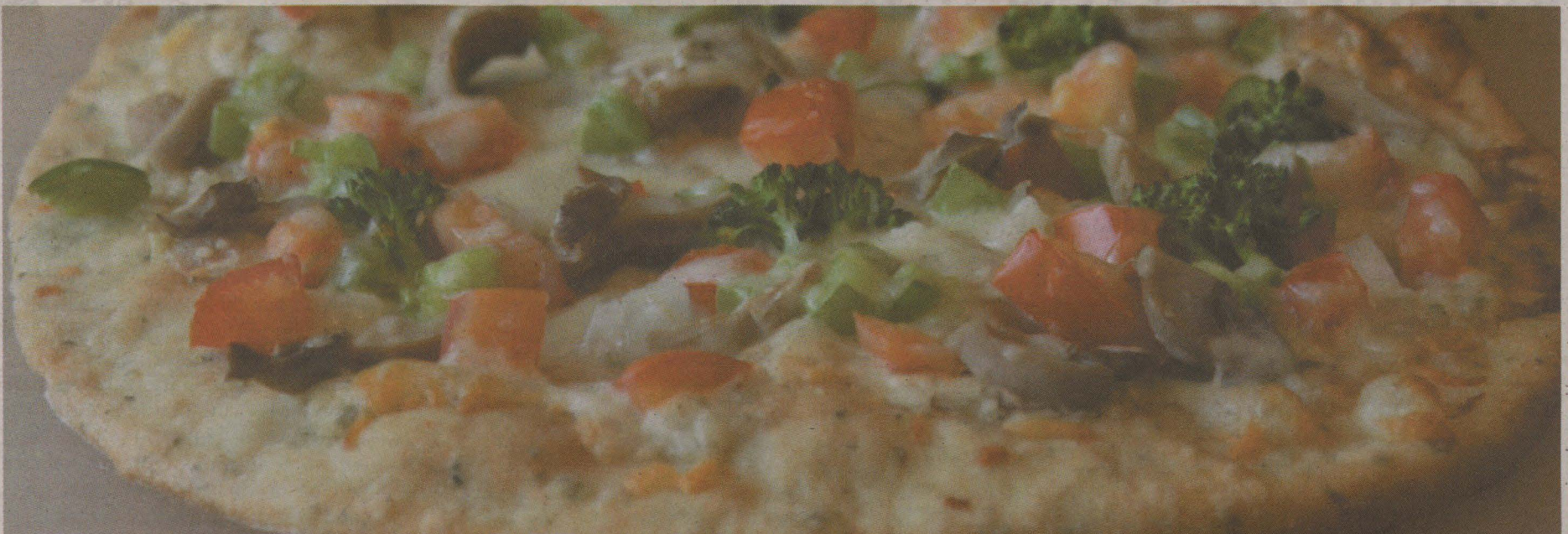
Photo by Emily Hoffmann

Credit cards, debit cards, driver's licenses, student IDs and other forms of identification in combination with the internet make students targets for identity theft.

Aside from awareness of potential scams and strong passwords, Borski suggests students run good antivirus software whenever they are using their devices. In addition,

she suggests frequently checking one's bank accounts for signs of unwarranted activity.

POINTLIFE



Cheap, Fast and Nutritious: 3 Meal Ideas for the Time-Crunched College Student

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Between classes, jobs, extracurriculars and any number of obligations a typical college student might have, it is no wonder students do not always have time to eat healthy.

With time being the main constraint, many will often turn to microwave-ready alternatives or simply order out. Making a nutritious meal is more cost-effective and easier than it seems.

The adage is that breakfast is the most important meal of the day, and while that is a point of dispute among lunch and dinner fans, it is no secret that starting the day with a hearty meal will give you a much needed boost of energy.

Five minute breakfast:

An easy, protein-rich solution for breakfast is a crack of an egg away. Turn a skillet to medium heat. While the skillet is heating, chop about one-fourth cup of onions and one-fourth cup of spinach, with one-fourth cup chopped green pepper optional, to toss in once the eggs are cooking. Once the pan is heated, add the eggs. While the eggs are cooking, sprinkle them with salt and pepper, throw in the spinach, onions and any other desired vegetables. For an extra boost of calcium, add some cheese or pour a glass of almond milk to go with the eggs.

Quick and Easy Lunch:

To avoid the dreaded "2 p.m." feeling, it is important to provide your body with energy midday. A salad is

a healthy option. Salads are a great way to experiment with different flavor combinations, and this recipe is no different. Fill a mixing bowl with lettuce, add different proportions of grilled chicken, glazed almonds/pecans, strawberry slices, and feta cheese all covered in a raspberry vinaigrette.

Dinner:

Dinner is usually the most labor-intensive meal, but that does not have to be the case. In the time it takes to cook a frozen pizza, you could have a healthy, homemade version. You can use flatbread or a smaller pizza crust with either a creamy, alfredo-based sauce or classic marinara. First, cover the crust in sauce. Second, add a layer of mozzarella cheese. Third, add the toppings. These can include any of the following: bell peppers,

mushrooms, onions, pineapple, ham, sausage or pepperoni. Fourth, cook the pizza at 425 degrees for 10-12 minutes, like any store-bought pizza. Finally, once the pizza is out of the oven, sprinkle on any combination of oregano, basil, garlic powder, red pepper flakes, or other seasonings to enhance the taste. A more nutritious, tasty pizza is worth the extra 5-10 minutes.

While these three quick meals are a viable option for healthy eating, it is important to stay vigilant. Each meal should have a wide variety of nutrients, which means lots of vegetables. Avoiding processed foods and pesticides means buying local and organic whenever available, and an easy way to counter the cost of this switch is trying to only buy what is necessary.

Schmeckle Reserve Fends Off Hordes of Invasive Species

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Five miles of trails and over 280 acres of land make Schmeckle Reserve a recreational hub for the city, but people are working behind the forest backdrop to preserve it.

Volunteers and staff are trying to inhibit the spread of invasive species. One of those species is buckthorn.

"We've been battling it for at least the past ten years," said Jim Buchholtz, the assistant director of Schmeckle Reserve.

There are many ways to prevent it from spreading. An initial cut or pull can be done, but this step is labor intensive and requires a lot of volunteer work from student organizations.

"A buckthorn plant that has been

cut but receives no further treatment comes back ten-fold," Buchholtz said.

The next step the reserve takes is spraying the effected area with herbicide. In the past, even prescribed burns have been utilized.

Buckthorn is a tall, understory shrub which leaf out notoriously early, creating a shade that inhibits the growth of native plants.

This invasive plant is evident in 75% of the reserve, but is not the only species vying for a place to stay. Garlic Mustard, Phragmites, and Eurasian Watermilfoil are also concerns.

Garlic Mustard is creeping closer to the edges of the reserve in the southeast corner, but volunteers are proactive in removing it by spraying herbicide yearly.

Phragmites are more serious, but they have mostly been contained to

the wetland areas within the reserve.

In Lake Joanis, Schmeckle battles the Eurasian Watermilfoil. This species is problematic because it shades out native plants like buckthorn. The cut and pull method is not applicable in the lake, so the reserve had to be innovative in the removal process.

Rather than mechanically removing the plants, a group of researchers are evaluating the effectiveness of biological control. By introducing a weevil that feeds on the milfoil into the lake, researchers hope to slowly and carefully return the lake to its natural state.

Fish populations and their feeding habits, native plant densities and a number of other factors are monitored to get the entire ecosystem's perspective on the species.

The goal of Schmeckle Reserve is to preserve, restore and maintain

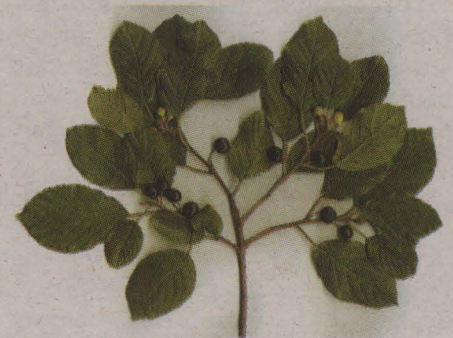


Photo courtesy of Wikimedia
Buckthorn, an invasive species present in Schmeckle Reserve.

an area that closely resembles the undisturbed state of the land.

"Invasive species have always been a problem," said Ron Zimmerman, the facilities director. "We have a lot of different habitats, so we're especially susceptible."

Any nature preserve set in an urban environment has its struggles and Schmeckle is no different. A diverse array of invasive species requires an equally adaptable strategy for defense, and the reserve is using proactive, innovative solutions to keep this scenic area intact.

Daisho Con Prepares for their Annual Convention

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Students planned an anime convention that packs stereotypically nerdy activities into one location for all to enjoy.

Daisho Con is a student-run convention that features video games, science fiction, anime, cosplay and fantasy. The convention is held Nov. 21 to the 23 at the Kalahari Resort in Wisconsin Dells.

Junior Sarah Olson organized the cosplay contest.

"The cosplay contest is where the conventions goers make their own costumes that are based off of T.V. show characters or video game characters," Olson said.

There are many activities attendees can pick from, one of them being video games.

"They have a video game room where they put on tournaments and contests," Olson said.

Olson said that in order to make the video game room possible, club members had to find people willing to donate their games for that purpose. This demonstrated the large amount of group work which goes into planning the convention.

According to Olson, they expect 4,000 visitors.

Senior Olivia Offenbacher, the guest coordinator for Daisho Con, has been involved for two years. As guest coordinator, she invites voice actors, artists, and animators to the convention.

To pull all the events together, the members of Daisho Con collaborated to make the convention memorable.

"It's really fun, I know sometimes people have worries or concerns about working in groups, but you all have the same mission in mind," said Offenbacher.

Planning for Daisho Con is a yearlong process. When this year's conventions ends, club members will start an extensive planning process for the next convention.

"We do things such as department updates, and we work with our board of director for contracts," Offenbacher said. "We do contracts such as rooming requirements at the Kalahari and businesses that want to sponsor us."

Olson said in order to increase advertising, several club members will go to other conventions in Wisconsin to promote Daisho Con.

The convention provides a full palette of events for attendees to check out.

"They will be able to do a lot of shopping," Offenbacher said. "There is an entire vendor room of items and equipment that are made and shipped from around the world."

In addition to shopping, attendees can see what else the convention and the resort have to offer.

"They can go chill out at the waterpark. We have our rave on Friday and Saturday," Offenbacher said.

For Offenbacher, all the planning and hard work poured into the convention was worth it.

"My favorite part is seeing it all work together, I love to see all the conventions goers coming and smiling and having a good time."



Photos courtesy of Melissa Habberley
Students at a past Daisho Con event.

Slouching Causes More Than Shoulder Pain

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Many students spent a lot of time sitting in front of a computer screen either typing up a report due tomorrow or sifting through Tumblr or Facebook.

According to researchresults.wordpress.com, in 2013 college students spent over five hours on a laptop each day. With all this time in front of a screen, people begin to slouch and not pay attention to their posture.

Casey Weber, a massage therapist for Shakti Massage, said tension is stored in the muscles between the shoulder blades. When the shoulders are rolled forward for too long, it

causes the muscles to become over stretched.

However, when Weber works with a client she will only lightly massage the trapezius and the rhomboid, which hold the shoulders back, to avoid stretching them out more.

"Giving them the attention is nice," Weber said.

Weber said it is actually the pectoral muscles which produce the shoulder pain.

People usually feel the pain in their back first and do not notice their pectorals.

"They don't feel the pain until their pecs are worked on," Weber said. "Clients are surprised at how much tenderness is in their pecs and will usually comment on it."

It is easy to forget about posture

while sitting at a computer, so Weber recommends people should remember to lead their body with their heart.

"You will find that you can breath better, your back and head naturally align, so your chin isn't jutting out," Webber said.

When Webber was asked what she would tell her clients she said it would be to increase their water intake.

"When you increase your water intake, it will promote good blood flow and the muscles will get more oxygen carried to them," Webber said.

Good posture is crucial to making the entire body feel better. While working on the computer or walking to class, remember to lead with the heart.

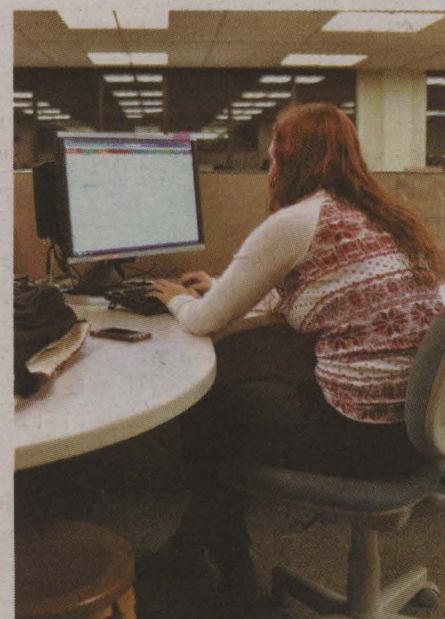


Photo by Emily Hoffmann
Poor posture can cause back and shoulder problems.

SPORTS

World of Sports Runs Wild

MARTY KAUFFMAN
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It was a wild week in sports with many upsets in college football, and with the excitement of Major League Baseball playoffs.

In the local area, the University of Wisconsin-Stevens Point traveled to UW-River Falls where the Pointers had another comeback victory. Down 14-3, UWSP quarterback Kyle Larson threw two touchdowns for the lead and Zach Vallafskey had two interceptions, including one at the end of regulation to preserve the win. UWSP remains undefeated at 4-0, and are currently ranked at number 16.

There were upsets all weekend at the Division I Level. Five of the top ten teams lost, and four more in the top 25 lost.

Despite running back Melvin Gordon running for 259 yards, the Badgers lost to Northwestern 20-14 due to questionable play calling and quarterback play. Badgers quarterbacks Joel Stave and Tanner McEvoy threw a combined 138 yards, one touchdown and four interceptions.

Upsets started last Thursday when Arizona defeated the second ranked Oregon Ducks in Oregon. The state of Mississippi contributed to two top ten upsets when Ole Miss defeated Alabama, and Mississippi State won over

Texas A&M. Other teams beaten were Oklahoma, University of California-Los Angeles, Brigham Young University, and University of Southern California who lost on a Hail Mary.

These upsets made the playoff picture even more confusing as there are now many one-loss teams capable of playing for a national championship in January. The rest of the season will be interesting to watch unfold.

The MLB playoffs have been just as exciting to watch for many sports fans. The excitement began with the American League Wild Card game between the Oakland Athletics and Kansas City Royals.

The Royals defeated the Athletics 9-8 with a walk-off hit from Salvador Perez giving the Royals their first playoff victory since 1985. The Royals swept the Los Angeles Angels of Anaheim, who had the best record in MLB and the American League Division Series. The first two games in Anaheim went into extra innings. The Royals won twice thanks to home runs by Mike Moustakas in game one and Eric Hosmer in game two.

Central Wisconsin has a reason to cheer for the Royals as the third base coach for the Kansas City Royals is Mike Jirschele from Clitntonville. Both of Jirschele's sons have ties to UWSP. His son, Jeremy, is currently an assistant for the UWSP baseball team, and his

other son, Justin, played baseball for UWSP, and is currently playing in the minors.

The Baltimore Orioles swept the Detroit Tigers in the other ALDS. Both the Orioles and the Royals have not made it to the World Series since the 1980s, which makes the matchup fresh to fans and gives a chance to see two baseball cities starving for a championship.

The Royals were fun to watch as they manufactured runs using their speed on the base path, their timely hitting and stellar defense. The Orioles powered their way through Detroit's three Cy Young winners with their bats, scoring a total of 21 runs in three games.

The National League Division Series was just as exciting with a strong performance from a former Pointer. The Washington Nationals and San Francisco Giants have played a tight series.

The Giants took game one, and the teams played the longest game in playoff history at 18 innings. Former UWSP pitcher Jordan Zimmermann pitched game two after throwing a no-hitter in his last start.

In game two, Zimmermann was just as dominant going into the ninth inning. He retired 20 of 21 batters straight, with two outs only to be removed for closer Drew Storen. The Giants tied in the ninth and won in inning 18 from Brandon Belt's home run. Giants would win the series 3-1, and have now won

seven straight postseason series.

In a rematch of last year's National League Championship Series, the Los Angeles Dodgers and St. Louis Cardinals exchanged victories in Los Angeles. The Cardinals were down 6-2 against the reigning National League Cy Young winner Clayton Kershaw when the Cardinals scored eight runs to win. In game two, Dodgers outfielder Matt Kemp hit a game winning home run to tie the series. In game four it was déjà vu for Kershaw who gave up a 2-0 lead when Matt Adams hit a three-run home run to clinch the series for the Cardinals. The NLCS will be a rematch from the 2012 series with the Cardinals facing the Giants.

AP TOP 10		
RK	TEAM	RECORD
1	FLORIDA STATE	5-0
2	AUBURN	5-0
3	MISSISSIPPI STATE	5-0
4	OLE MISS	5-0
5	BAYLOR	5-0
6	NOTRE DAME	5-0
7	ALABAMA	4-1
8	MICHIGAN STATE	4-1
9	TCU	4-0
10	ARIZONA	5-0

Women's Rugby Seeks Consecutive Conference Titles

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Starting the season with an undefeated record, the women's club rugby team is making significant strides toward back-to-back conference titles.

"We're 3-0 right now, and we're looking to keep it that way," said Maggie Armstrong, a senior captain outside center.

The University of Wisconsin-Stevens Point women's club rugby team went undefeated through conference play last year, then fell in the first round of playoffs to Mankato.

Senior fly half Lisa Moehlmann would like to see a rematch against Mankato this year.

"They're a tough team, but we only lost by a small amount," Moehlmann said.

One of the things Armstrong wants to see carry over from last

year is the intensity that helped bring home the title.

"As a team we decided that we wanted the championship and we got it," Armstrong said. "We're looking to do the same this year."

With such a strong start to the women's season, the rugby team wants to repeat their success from last year.

"I want us to keep making strides and improving and use that to secure the conference title two years in a row," Moehlmann said.

Armstrong wants to go undefeated again this year.

"I would love to get the team in a good position and keep having fun," Armstrong said.

Aside from Mankato, a couple teams will challenge UWSP's women's rugby team.

"Historically, La Crosse is probably the toughest team we play," Armstrong said. "This year we play them for our last conference game at

home."

Oshkosh will also present a challenge for the team.

"The first three teams we played we dominated, so we need to stay prepared for tougher teams like Oshkosh and La Crosse," said senior Stephanie Zuleger.

Zuleger said communication is key.

"It's important that we stick together if we're losing and build ourselves up to get back in it in the second half," Zuleger said.

This is something that should not be difficult for the team with their level of trust.

"I feel like I can trust everyone. There's something different the last two years," Moehlmann said. "We all support each other. No one is greedy with the ball, and I think that really brought us together."

This support system could be attributed to the solid group of leaders built by the seniors and officers.

"It just amazes me with this program how passionate they are for it," Armstrong said.

The women's rugby team is always recruiting.

"You can still join. It's fun to teach other people the game and see the new people on the team start to grow," Moehlmann said.

Zuleger is new to the sport this year and is happy with her choice to join the team.

"I didn't know what to expect, but it was fun. You meet a lot of cool girls," Zuleger said.

She is excited to see what the season has in store for her.

"My goal is to learn to play strong and help the team score," Zuleger said.

Moehlmann was also unsure of what to expect her freshman year.

"Maggie dragged me out here, but now I wouldn't give it up for anything," Moehlman said. "Now I want to play after college."



Pointers Prepare to Dive into the Season

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With the season right around the corner, the swim team prepares for another successful year.

"We have a great group of returners and freshmen coming in from last season," senior Cassie Matthys said. "I think that will happen again this year. We have been training hard and are excited to begin competing."

The University of Wisconsin-Stevens Point men's and women's swimming and diving team both finished in the top four at the conference meet last season with the men's team claiming their 15th consecutive title.

"This will be our 16th year," junior Kyle McNair said. "I want to keep up the tradition of winning the conference title."

Last season, the team lost a lot of seniors and remains a relatively young team.

"Last season was a great year," head coach Alan Boelk said. "We

had 18 seniors leave and a ridiculous amount of new people. It was time to reinvent the wheel and we did."

McNair noticed the difference in the team from his freshman year to sophomore and continues to see the changes.

"Coming in last year as a sophomore, there was a huge difference as a team," McNair said. "We lost a lot of seniors and now it's a totally different atmosphere. The team is like family."

Boelk has a plan for this year. Since the season is so long he wants to focus on the details.

"We need to focus on the proper way to do things and do all of the little things each day," Boelk said. "Staying healthy, doing well in classes, training hard and doing all of the fundamentals every day. If we do that, we can have the best possible season we can."

Boelk did not want to fixate on numbers or standings, especially this early in the season.

"Don't put the cart before the horse, and if we do everything right, my season goals will fall into place,"

Boelk said.

Not only was the team successful in the pool, but there are a few key elements from last season they hope will carry over this year.

"We are hoping to carry over the positive attitude, hard work and closeness of the team last year," Matthys said.

McNair agreed, and added that he wants to continue to see the work ethic that existed in and out of the pool last season.

"I want to keep my grades up to represent the team and eventually make it to nationals on a relay this year," McNair said.

Boelk has high hopes for these two athletes along with the rest of the team to achieve their goals.

"This will be a good year for team bonding," Boelk said. "I can already feel our team coming together."

The support that comes with a close-knit team is an important part of swim practice.

"Comradery of the team is really important," McNair said. "There are 70 people in the pool at once every day. Whether we have an easy set or hard day at school, we all get it done and have each other's backs."

McNair plans to take on a bigger leadership role this season.

"As a freshman I looked up to the juniors and seniors and now it's my turn to do that for the younger people," McNair said.

Every member of the team is important no matter how big of a role they play when it comes to scoring.

"It's more of a team sport than you think," Boelk said. "We are going to need everyone to come together if we're going to have a good year. Even the people who don't score a

lot of points are important cogs in the wheel."

Matthys agreed that everyone will need to come together to achieve common goals.

"One of my goals for this season would be to place well in conference this year," Matthys said. "It will take both the swimmers and divers peaking in February for us all to succeed."

Looking past conference, getting to the national level is another goal on the swimmer's minds. Five women went to the National Collegiate Athletic Association championships last year and they are hoping to return with a bigger group.

Unfortunately, the men's team did not have any swimmers compete at the national level, but they hope to next year.

"We were really close to making it to nationals in a relay," McNair said. "We missed it by a hair length."

UW-La Crosse, UW-Whitewater and UW-Eau Claire are among a few teams that will pose tough competition for the Pointers this year. St. Cloud State will also provide strong nonconference competition.

Sometimes it just takes one good race for a tough meet to come together.

"If someone has a good race that energy can spur on someone else," Boelk said. "It defies logic, but when it happens it's magical."

For now, Pointer swimmers will focus on the start of the season while they wait to see what the rest of the year has in store.

"I am looking forward to training with the team and to see everyone compete," Matthys said. "It will be really fun to get back into the swing of competition. As always, it's great to compete in our WIAC conference."



OPINIONS & EDITORIALS

ANNABELLE

Photo courtesy of joblo.com

Review: Leave 'Annabelle' on the Shelf

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I grew up during a golden age of scary dolls like Chucky from "Child's Play," and Slappy from "Goosebumps." For some reason, it was important for writers in the 80s and 90s to let children know their toys could murder them at any moment. This week, "Annabelle" seeks to keep that fine tradition of traumatizing kids alive and well for a new generation.

You might recognize the titular doll of "Annabelle" from her brief appearance in "The Conjuring." Apparently, the "make a movie with that one doll from that one scene in that one movie" idea passes as brilliant in Hollywood meetings. Here we are exploring her origin story. Sort of, at least.

This movie seems like it started with some generic haunted house

script the studio had lying around, and they just found a way to shove an evil doll into it. Annabelle herself is an afterthought among the scary set pieces and hokey Common Gateway Interface demons.

She spends most of her time lying ominously, while interesting things happen in her general vicinity. She displays none of the personality we have come to expect from our favorite evil dolls. You could have replaced her with a haunted tennis racket and it would not have changed things much.

Not that change would have been a bad thing. The story of "Annabelle" is lacking even the faintest sense of originality. If you have seen "The Conjuring," "Insidious," or "Sinister" you know exactly what you are going to get.

The movie is stylishly shot and a handful of the scares are well executed, but it is nothing more than

an echo of a much better haunted movie. "Annabelle" is like the guy who posts a meme that was really funny the first ten times you saw it. The quality is there; it is just old.

Despite the unoriginality, I was going to take it easy on this movie because it is serviceable fun for the Halloween season, but any goodwill it earned was ruined by the bizarrely racist undertones of its second half. I will not go into many plot details to avoid spoilers, but I will mention the only black character in the movie is the local witch. Believe it or not, this ends up being the second most racist aspect of how she is written.

If you are looking for simple October scares, you could do worse, but frankly, you could also do better by scrolling through Netflix.

"Annabelle" gets five cash-grabbing spinoffs out of ten.



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ARTS & ENTERTAINMENT

Watson's #HeForShe Creates Conversation

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Social media interaction has played a large role in the push toward gender equality and other social movements in the past year. Throughout September and October, Twitter has become abuzz with the hashtag #HeForShe, a gender equality movement launched and popularized by actress and United Nations Goodwill Ambassador, Emma Watson, after she gave a speech in New York about #HeForShe on Sept. 20.

Watson delivered a powerful speech at the United Nations conference, urging men to become a part of the feminist movement and join the conversation about equality, urging them to take action. According to HeForShe.org, over 170,000 men across the world have joined the campaign so far.

That number is not just representative of the average man, but also of celebrities like Joseph-Gordon Levitt and Simon Pegg. Students at University of Wisconsin-Stevens Point have also joined the conversation about gender equality as a result of Watson's speech.

"It is great that a woman is speaking up to powerful people all around the world," freshman Yessenia Santamaria said. "It's the 21st century and people have a right to be who they want to be. A woman should not feel inferior to men."

"I didn't know such a great actress could feel so strongly about the movement," freshman Markita Hutchinson said. "Since Emma is a female, it made me feel important that a 'big' person cares about the 'little' people."

A large part of the speech revolved around the negative connotations of the word "feminism." Watson pointed out that there are many misconceptions of what the word means, a major one of those being that it is synonymous with "man hater." She explained this is not true, and feminism should be seen as a movement towards gender equality.

"The word feminist means power to me," Hutchinson said. "It means strength within the woman."

Watson explained that gender equality cannot be achieved with only half of the population involved. Everyone must work together in order to achieve things such as equal pay for equal work.

"Women are not the only feminists, men are too," Santamaria said. "Feminists are people who fight for what's right and who speak up."

Gender equality has been a major social concern throughout time. Only recently, has the subject been unlabeled as "taboo." The beginning of the feminist conversation for change has begun, and as the #HeForShe movement grows, it seems the more and more people will get involved in making equality happen.

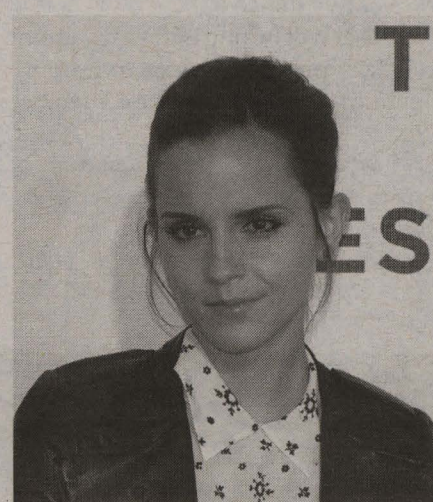


Photo courtesy of Emma Watson_flickr.com

UN
WOMEN

HeForShe

**A Solidarity
Movement
for Gender
Equality**



Emma Watson ✓

@EmWatson

British actress, Goodwill Ambassador for UN Women

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Photo courtesy of #HeForShe_twitter.com
Emma Watson's profile on Twitter.

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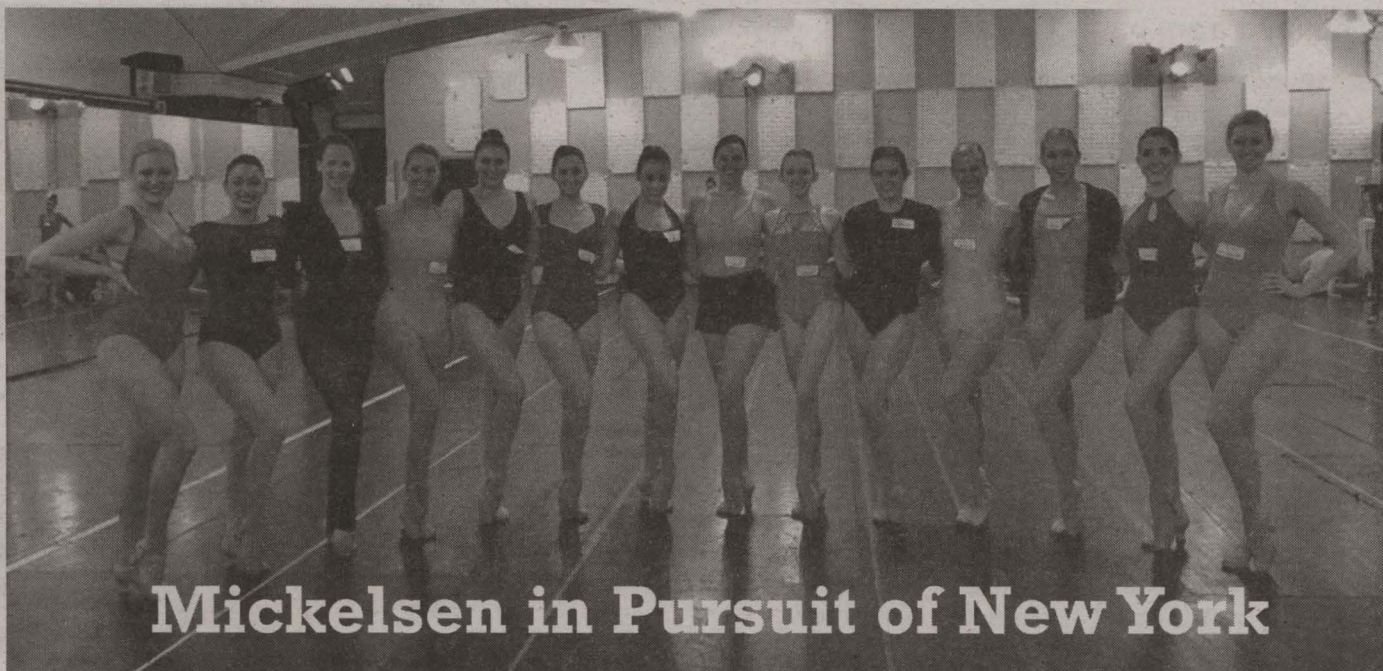
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Mickelsen in Pursuit of New York

Photo by Madelyn Mickelsen The Rockettes.

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Madelyn Mickelsen, a senior dance and arts management major at the University of Wisconsin-Stevens Point, spent the summer dancing with The Rockettes.

Mickelsen was invited back to dance with The Rockettes for a second consecutive summer. This is an honor, considering only 50 of 2,000 girls who audition are selected for the program.

Mickelsen first auditioned for the Rockettes Summer Intensive Program during the summer of her freshman year of college. She was accepted and invited back for the Rockettes Summer Intensive Invitational Program for the past two summers.

"I fell in love with the Rockettes program," Mickelsen said.

Mickelsen auditioned for the UWSP Department of Theatre and Dance during her senior year of high school. She has been dancing since she was six years old.

"Dancing was something I always loved to do," Mickelsen said. "When I auditioned for the program and got in, I realized I could make dance my career. I was excited about the possibilities this program at UWSP could offer me."

Joan Karlen, the program

coordinator for bachelor of fine arts dance, has been working with Mickelsen for three years. With her experience, Karlen said she has seen Mickelsen change perspective, dedication and focus.

"She sets a high standard for herself and her peers in terms of rigor and inquiry and goes beyond what has been assigned or what others have thought," Karlen said.

Stella Taylor, dance, Spanish and international studies major, has been friends with Mickelsen since their freshman year of college. Throughout that time, Taylor and Mickelsen have choreographed Afterimages together.

Taylor has even been cast in some of Mickelsen's personal choreographic works.

"It's been very fun working with her," Taylor said. "We have a great friendship and working relationship in the studio. Her ideas and concepts are very interesting and I really enjoy her choreographic vocabulary and aesthetic."

Mickelsen is currently directing a performance showcase for senior dancers, which will be presented on Nov. 16 in the Noel Fine Arts Center. She is also assisting Karlen with Dance 106, a ballet course offered to students enrolled in the program.

"Madelyn is an insightful and intelligent artist and a warm and

engaging person," Karlen said. "Because of her deep engagement with UWSP's dance program, she is prepared stylistically, artistically and professionally to succeed with the Rockettes and other future companies."

Mickelsen said she would love to be a Rockette, but has experience in other fields.

"I am pilates-certified," Mickelsen said. "However, dancing for the Rockettes is my number one goal."

Mickelsen is headed to New York City next semester as part of the externship that is required for her arts management major.

"I hope being in New York for my externship helps me get my foot in the door for an internship with the Rockettes or another dance program," Mickelsen said.

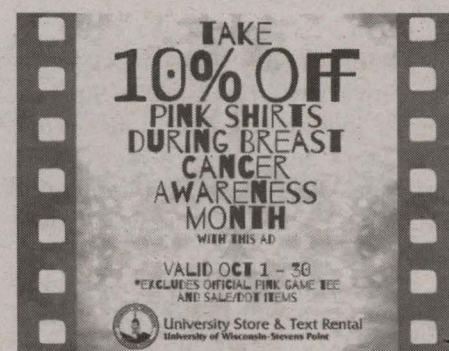
Mickelsen said the love she has felt from her colleagues and supporters has pushed her to reach her goal to live in New York City and dance with The Rockettes.

"Experience in dance is a balance between hard work and making connections," Mickelsen said. "Being involved with everyone, dance or not, has been invaluable. Love is shared at UWSP."



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Life By Jonathan Seymour



ARTS & ENTERTAINMENT

continued from page 1

the symphonic orchestra picked up on the initial repertoire much faster than he thought they would.

Laura Hamilton, a fifth year senior and symphonic orchestra member, places the first concert in high regard.

"Any concert that has Beethoven programmed into it is going to be awesome," Hamilton said. "In 'The Barber,' Dr. Miles really stretches time and molds the sound into this gorgeous piece that really toys with your emotions and pulls at your heartstrings. It's almost as difficult as playing a much larger, major piece of work because it requires personal control and complete communication between the ensemble and the director."

Hamilton said she enjoyed her experience playing in the symphonic

orchestra throughout her career at UWSP and anticipates a fine performance at the first concert.

"Since our first rehearsal of the semester, we have done a fantastic job reading the music and our sound has been great," Hamilton said. "Much of the string section is made up of underclassmen and they are all doing a great job getting the music under their fingers and putting in their time in the practice rooms."

Hamilton is excited for audience members to hear the emotion behind the music. She hopes they recognize the students' preparation for the first concert.



Photo by Emily Hoffmann
The symphony orchestra rehearses for their first fall concert which will take place Wednesday.

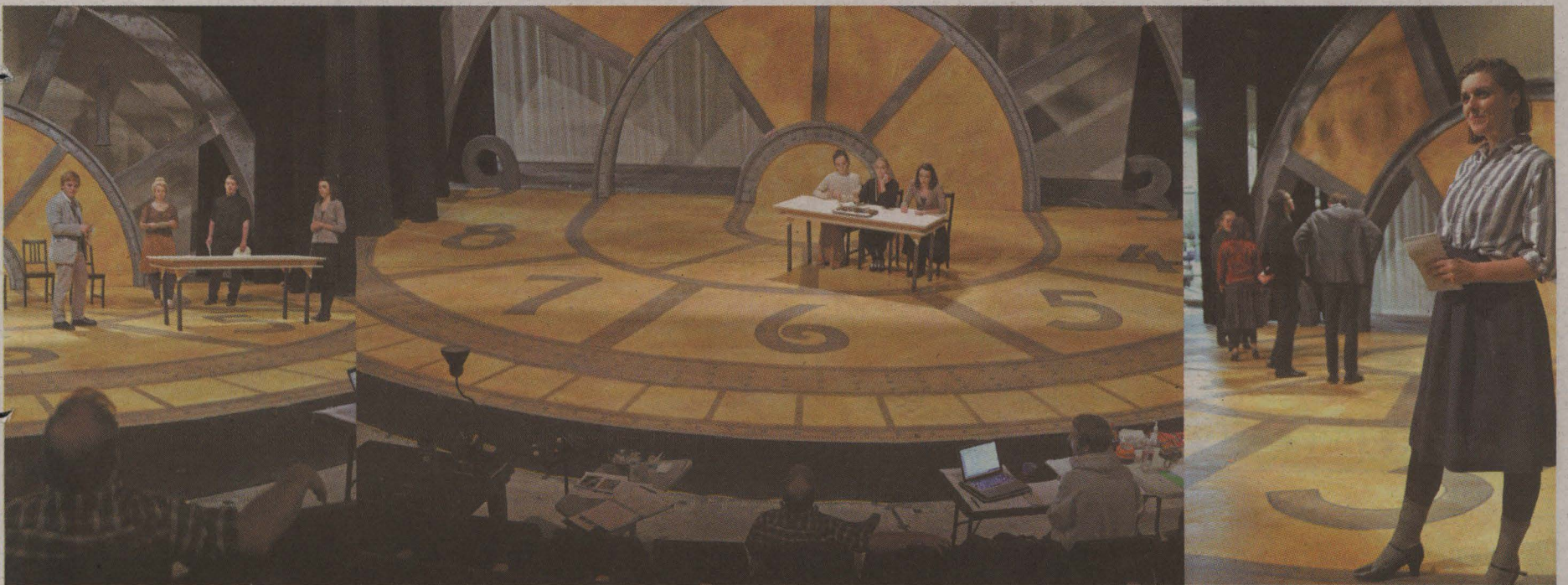


Photo by Emily Hoffmann
(Left) Professor Stephen Trovillion Smith, the director of Radium Girls, instructs Justin Spanbauer, Haley Moser, Ben Kregness and Marielle Shuchardt. (Middle) Sawyer Krause, Tatyana Nahirniak and Marielle Schuchardt play dial painters during a rehearsal for Radium Girls. (right) Silvia Bond plays a newspaper reporter during a rehearsal for Radium Girls.

'Radium Girls' Prepare to Channel History

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"Radium Girls" opens Oct. 17 to the University of Wisconsin-Stevens Point's Jenkins Theatre in the Noel Fine Arts Center. With a cast full of experienced and enthusiastic students starring in the historical play, it is sure to impress.

"Radium Girls" is a story about women in the 1920s who consume radium as a result of working in factories without being aware of its harmful effects. These characters seek justice by attempting to sue the company they worked for.

Silvia Bond, junior Bachelor of Fine Arts acting major, is one of many talented students who will appear on stage opening night.

Bond's character narrates the play by breaking down the fourth wall and giving audience members

updates about the plot as the story progresses.

"This whole historical event changed the way women's rights were viewed," Bond said. "Workers' rights were changed by this event. It is a wonderful educational experience as well as an entertaining one."

Bond is proud to be a part of a play that tells such an important story in American history. She believes the costumes for the play really enhance the characters.

"A lot of the people in the play are playing a few different characters," Bond said. "You get to see the changes of characters through costume."

Courtney Holly, senior BFA acting major, portrays Katherine Wiley in the drama. Holly's role is to work alongside the play's heroine Grace Fryer. Together, the women seek compensation for the harm radium caused them.

"I really love how strong of a

person Katherine is. She's very manipulative, but in the best way possible," Holly said.

Holly is proud of the dedication she and her peers have put into the play. Holly said everyone in the cast and crew is like a family.

"It is a joy being able to work with so many people," Holly said.

Holly said the hard work that goes into the show is reflected not only through the actors' performances, but through set production.

"The set is very unlike what I would have imagined," Holly said. "As an actor, I am thinking about the realism of it, and the set is so symbolic and epic."

Preparation for the play has been extensive.

According to the show's director, Stephen Trovillion Smith, the department held auditions for "Radium Girls" on Labor Day. Smith said after everyone was cast, they

started rehearsing six days a week.

"It has been a long process. In about a week we go into technical rehearsals," Smith said.

Smith has dedicated ample amounts of his time to bring the play to life. He said preparation for "Radium Girls" began a year in advance.

"I chose the play," Smith said. "I am responsible for working with the designers to make sure the whole production looks unified. I have to coach the actors and I also stage the play."

The cast and crew's passion and dedication will continue as they prepare for opening night.

"They work very hard and it's always inspiring for me to see how hard they work and how passionate they are and dedicated to their performances," Smith said.