The symphonic orchestra students at the University of Wisconsin-Stevens Point are well known for their musical abilities, which are showcased in performances throughout the academic year. Their first concert is Oct. 15 in Michelsen Hall at 7:30 p.m. with tickets available for purchase at the UWSP Box Office in the Dreyfus University Center.

The symphonic orchestra will perform a variety of classic and contemporary pieces at their first concert. "We are featuring fellow faculty member Rosalie Gilbert on a harp concerto by Handel," said symphonic orchestra director Dr. Patrick Miles. "That work is about 14 minutes long and was written in the Baroque period."

Miles explained there is a great need for balance between what is traditionally performed and what is exciting, new and challenging for symphonic orchestra students. For new students, Miles placed importance on teaching them to play Beethoven, as he feels Beethoven provides a foundation for learning throughout the program. Students will perform "Beethoven’s First Symphony" at the concert.

In contrast to this piece, Miles chose a composition written by UWSP composer Aaron Marx. Miles also added Samuel Barber’s “Adagio for Strings” to the program. He said...
EDITORIAL

Reconsider Moped Parking

GRACE EBERT
EDITOR-IN-CHIEF
gebert176@uwsp.edu

The University of Wisconsin-Stevens Point is a "wellness" campus according to Parking Services. It encourages students living on campus to leave vehicles at home and use other forms of transportation.

Fewer vehicles on campus relieves parking tension in already full lots and also helps reduce carbon emissions. Many students walk or use bikes or mopeds as alternatives.

Such alternatives as walking and biking can keep students physically active, can reduce environmental impact and can save gas money.

Mopeds and scooters do the same. However, mopeds are still notorious for emitting various dangerous pollutants, including nitrous oxide.

Parking Services permits licensed mopeds to park next to bike racks on sidewalks. While this gives parking spaces in lots to cars and motorcycles, it also can cause problems for bikers seeking rack space. Too many mopeds block racks and make access to them difficult.

Moped drivers can be dangerous to walkers on sidewalks as well. I have heard complaints from students that they have almost been nearly run over by a moped on campus, whether on the sidewalks or even on the Learning Resource Center ramp.

It is important to support alternative transportation as a "wellness" campus. However, even alternative modes can conflict with each other.

Parking on campus is a continual issue and as the search for new space becomes more difficult, it is important to encourage these alternative modes of transportation.

Colder months are coming, which will put this issue at rest until spring. However, it is important that as a university we reevaluate moped parking on campus and consider further options, such as opening up lots to moped parking.

PROTECTIVE SERVICES REPORT

Wednesday, Oct. 1

Staff member from Knutzen Hall called to report that a male had hit his head on his loft while he was standing up. He was alert and conscious and did not require any medical attention.

Male called to report that a student had been mugged at the skate park (off campus).

Thursday, Oct. 2

Male called to say kids were riding their bikes in the dark and he was concerned for their safety.

Friday, Oct. 3

Student called to request a jump pack because his vehicle would not start.

Staff member called from Baldwin Hall to report that the Saflok for the front door was not working and appeared to be disabled.

Staff member from the sheriff's department called on behalf of Johnson's Towing and asked if the vehicle that had been impounded the night before would be able to be released to the owner. The request was denied.

Staff member called stating that there was a tree down on the road on North Point Drive.

Saturday, Oct. 4

Staff member called to say there was a strong marijuana odor coming from a room in Halsey Hall.

Staff member of Hansen Hall called to say a kid gashed his head open. He did not think medical attention was needed, but wanted assistance.

Knutzen Hall staff member called to report a male who is 21, but highly intoxicated and had vomited on himself.

Male spotted four individuals who apparently smelled heavily of marijuana trying to break into the greenhouse.

CORRECTION:

In the Sept. 25 issue, the movie title is "The Dark Knight" in "Athletes as Role Models."

In "Communication Week Presents Unique Opportunities," the director at Rainbow Hospice Care is Mike Berghagen.

THE POINTER

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University Store Impacts Campus and Community with Change 4 Change Jar

MYKAYLA HILGART
NEWS EDITOR
mhilg14@uwsp.edu

Every semester, student employees at the University Store and Text Rental make suggestions for which organization to donate the contents of their change jar to, encouraging shoppers to give their loose change to charity.

The jar sits at the checkout area of the store, making it easily accessible for shoppers to drop their leftover change from transactions.

"Many times, people even dig into their purses or wallets specifically to donate," said customer service supervisor Danielle Wroblewski. "A lot of parents appreciate that we are a business out to make a profit, but we are also looking to make a profit for other clubs and organizations."

The chosen organization is not alerted while the drive is in progress. It is usually a surprise when Wroblewski calls the recipient.

The most recent organization that received this donation is Schmeeckle Reserve. The donation was started last April in honor of Earth Day and that donation ran through the orientation sessions this summer to ensure enough change was collected.

In total, $95 was donated.

"We were quite surprised to hear that we had been chosen as the recipient of the Change 4 Change donation proceeds," said Megan Espe, a Schmeeckle outreach coordinator. "It is an honor for the reserve, and it shows that the natural area means a lot to the campus and the community. We plan to use the donation to buy new birdfeeders to create some excellent bird watching spots around the visitor center for this upcoming winter."

In the past, Change 4 Change proceeds have been donated to The Cupboard, Veteran Affairs and the Family Crisis Center.

Wroblewski said it is fun for employees to see how fast the jar is filled.

"I think this is definitely a good idea," said freshman employee Ryan Ertl. "It is cool to see people drop their change in the jar for a cause."

Defining What It Means To Be A Pointer

EMILY SHOWERS
POINTLIFE EDITOR
eshow592@uwsp.edu

When asked how University of Wisconsin-Stevens Point has impacted students emotionally, many say it has to do with the people surrounding them.

"It has kind of given me more confidence to talk to people whether it be professors or others," said sophomore Ellie Corbin.

In addition to confidence, students enjoyed the time to expose themselves to new experiences and cultures.

"I would say it definitely gave me space away from home," said sophomore Phil Scott. "I am the minority in my friend group, so it made me a bit more open-minded."

Junior Katie Kovach said before she came to UWSP she was shy and reserved, but now she finds it easier to approach people.

"They seem to take actual interest in where you came from and where you are going," Kovach said.

Senior Jordan Fuller said he was able to get to know the community of Stevens Point better.

"The students and full-time residents are very friendly," Fuller said.

He included a perk that not many college students think of.

"The greater Stevens Point area is a great area to have a family," Fuller said.

Even though students were influenced by the people surrounding them, they will eventually graduate.

They will continue to open up to a new world of possibilities and meet new people just as they did at UWSP.

Some students’ prospects were more defined than others, but others wanted to keep an open mind.

Corbin’s major is natural resources and social and policy sciences, but she said that might change soon. However, she said her education was important to her.

"It’s the basis of what I’ll be doing for the rest of my life," Corbin said.

In addition, Corbin said it will be interesting to look back at the memories made.

Scott’s major is sociology, but he is also a hip-hop artist who goes by the name Laye and his future path depends on how his music career plays out.

"I have a fan base and a deal on the table, however, I have a backup and an education to fall on," Scott said.

Kovach wants to give back to the world when she earns her degree in psychology.

"I’ll mean that I have a place in the world and be able to help people," Kovach said.

Fuller said he wants a long-term job related to hydrology and to have a stable lifestyle.

"Working, having a family and being able to provide are the main goals for me," Fuller said.

Being a Pointer is a decision that is left to the individual. The community is friendly and inviting and even when the students graduate, they will have their experiences and memories to carry with them into the world.
Homecoming weekend is the biggest weekend of the year for the Stevens Point's Police Department, but with no major injuries reported and binge drinking down, authorities are calling this year's celebration a success.

Stevens Point Police Sgt. Tony Babl said every call they received that weekend was usually Homecoming-related. This year, police wrote 48 non-traffic violations between Friday and Sunday. 26 citations were written for underage alcohol consumption, 11 for open intoxicants and two for drunken driving.

Babl said for the past two years, letters have been sent to landlords in core areas asking them to set guidelines for acceptable behavior prior to Homecoming. Core areas include housing near Partners Pub and College Avenue.

Throughout the weekend, officers patrolled the streets by car and foot. There were even officers assigned to shifts early on Saturday morning in order to inform students about police expectations for the day. They told students to have fun and be safe, but there would be consequences if parties got out of hand.

The activity was up there, Babl said. "We planned early in the year to have double the officers."

Senior Ben Polzin said he did not know there were more police out during this Homecoming than previous years.

"They were just letting people have fun," Polzin said.
Bring A Buddy App Works Out Bugs

OPHIE STICKELMAIER
REPORTER
sstic520@uwsp.edu

Students tested the Bring A Buddy App, created to keep students safe when going out at night, for glitches during Homecoming weekend.

Jenna Furger, a University of Wisconsin-Stevens Point senior and the co-founder of the Bring A Buddy campaign, designed the app with the help of alumnus Drew Frisk, who now creates apps for Berkshire Hathaway.

The app works through the user's Facebook account. Once logged in, users can add friends who have downloaded the app and connect to each others' circles. They are able to locate friends on a map and keep track of when everyone arrives home safely.

"The testing went well, but we were only able to test it on a few small groups," Furger said. "Now we are focusing on adding people to create larger groups, as well as creating multiple circles at the same time. We are also working with how the app will react when someone goes out of cell reception."

The goal is that users will be less likely to stray away on their own. "My goal professionally is to help people through technology," Frisk said. "This app is a prime example of that goal. The idea of using technology to help people be safer is an exciting thought for me."

This technology gives users a reliable resource when a designated driver is unavailable.

"It would definitely be an easier way to keep in contact with one another," junior Grace LeVeque said. "I am in a sorority, so to have an app that would help us look out for each other is a really good idea."

The app is mainly designed for Android phones, but the iPhone version is currently being developed. The app is not specific to UWSP; it will be available to anyone with a smartphone. The target release date is late October or November.

"Our immediate future work is focused on making sure the application is fully functional and will work in the environment that it will be used, hence our need for a solid group of users for beta testing," Frisk said.

The Bring A Buddy campaign was created by Furger and the parents of Eric Duffey, a student who drowned in the Wisconsin River on the night of his 21st birthday in March 2012. Joan and Darren Duffey helped create the Bring A Buddy campaign in the hope that it will remind students to stay in groups and look out for one another.

"The future of this app looks great," Furger said. "We have a lot more ideas to incorporate with public transportation routes and other ways of making this a great resource for a safer campus and community."

Identity Thieves Target College Students

AVERY JEHNKE
REPORTER
ajehn739@uwsp.edu

Having grown up accustomed to exchanging personal information over the web, many college students may not be aware they are being preyed on by scammers and hackers who are after their personal data and money.

Janis Borski, an administrative support technician at the University of Wisconsin-Stevens Point's Information Security Office, explained that countless attempts are made every day to obtain personal information from students and staff. She assures everyone that UWSP's information security is top-notch, but insists user education and awareness is essential.

"It is teamwork," Borski said. "It is your responsibility too."

According to Borski, the most common and perhaps most successful way scammers are able to access student and staff information is through email phishing. A phishing email is meant to appear like a real email from an organization asking for personal information.

An inattentive user may believe the email is legitimate and provide the information, not knowing that they have given it to a scammer.

Victims of the scams often do not even know their information has been compromised until later. A freshman who has been phished may not notice something is wrong until they are a junior.

Senior Andrew Lockwood is familiar with phishing scams, but has never fallen for one. He is careful with his personal information and only gives it out to those he trusts. He also does not put his social security number on documents unless he knows they are official.

Lockwood said he gets a bit frustrated when required to change his password, but realizes it helps keep his information secure.

"It seems like it would be too much work for someone to try to steal something like my bank account," Lockwood said. "Maybe they would go for someone with more money."

Sophomore James McCroy admits he knows he is at risk of identity theft, but it is not something he thinks about on a daily basis. He attempts to make his account passwords complex and changes them often.

"I think it is more likely than people make it seem," McCroy said.

Aside from awareness of potential scams and strong passwords, Borski suggests students run good antivirus software whenever they are using their devices. In addition, she suggests frequently checking one's bank accounts for signs of unwarranted activity.
Cheap, Fast and Nutritious: 3 Meal Ideas for the Time-Crunched College Student

Harley Fredriksen
Hfred93S@uwsp.edu

Between classes, jobs, extracurriculars and any number of obligations a typical college student might have, it is no wonder students do not always have time to eat healthy.

With time being the main constraint, many will often turn to microwave-ready alternatives or simply order out. Making a nutritious meal is more cost-effective and easier than it seems.

The adage is that breakfast is the most important meal of the day, and while that is a point of dispute among lunch and dinner fans, it is no secret that starting the day with a hearty meal will give you a much needed boost of energy.

Five minute breakfast:
An easy, protein-rich solution for breakfast is a crack of an egg away. Turn a skillet to medium heat. While the skillet is heating, chop about one-fourth cup of onions and one-fourth cup of spinach, with one-fourth cup chopped green pepper optional, toss in once the eggs are cooking. Once the pan is heated, add the eggs. While the eggs are cooking, sprinkle them with salt and pepper, throw in the spinach, onions and any other desired vegetables. For an extra boost of calcium, add some cheese or pour a glass of almond milk to go with the eggs.

Quick and easy lunch:
To avoid the dreaded “2 p.m.” feeling, it is important to provide your body with energy midday. A salad is a healthy option. Salads are a great way to experiment with different flavor combinations, and this recipe is no different. Fill a mixing bowl with lettuce, add different proportions of grilled chicken, glazed almonds/pecans, strawberry slices, and feta cheese all covered in a raspberry vinaigrette.

Dinner:
Dinner is usually the most labor-intensive meal, but that does not have to be the case. In the time it takes to do the kitchen hill, you could have a healthy, homemade version. You can use flatbread or a smaller pizza crust with either a creamy, alfredo-based sauce or classic marinara. First, cover the crust in sauce. Second, add a layer of mozzarella cheese. Third, add the toppings. These can include any of the following: bell peppers, mushrooms, onions, pineapple, ham, sausage or pepperoni. Fourth, cook the pizza at 425 degrees for 10-12 minutes, like any store-bought pizza. Finally, once the pizza is out of the oven, sprinkle on any combination of oregano, garlic powder, red pepper flakes, or other seasonings to enhance the taste. A more nutritious, tasty pizza is worth the extra 5-10 minutes.

While these three quick meals are a viable option for healthy eating, it is important to stay vigilant. Each meal should have a wide variety of nutrients, which means lots of vegetables. Avoiding processed foods and pesticides means buying local and organic whenever available, and an easy way to counter the cost of this switch is trying to only buy what is necessary.

Schmeeckle Reserve Fends Off Hordes of Invasive Species

Harley Fredriksen
Hfred93S@uwsp.edu

Five miles of trails and over 280 acres of land make Schmeeckle Reserve a recreational hub for the city, but people are working behind the forest backdrop to preserve it.

Volunteers and staff are trying to inhibit the spread of invasive species. One of those species is buckthorn.

“We’ve been battling it for at least the past ten years,” said Jim Buchholz, the assistant director of Schmeeckle Reserve.

There are many ways to prevent it from spreading. An initial cut or pull can be done, but this step is labor intensive and requires a lot of volunteer work from student organizations.

“A buckthorn plant that has been cut but receives no further treatment comes back ten-fold,” Buchholz said.

The next step the reserve takes is spraying the effected area with herbicide. In the past, even prescribed burns have been utilized.

Buckthorn is a tall, understory shrub which leaf out notoriously early, creating a shade that inhibits the growth of native plants.

This invasive plant is evident in 75% of the reserve, but is not the only species vying for a place to stay. Garlic Mustard, Phragmites and Eurasian Watermilfoil are also concerns.

Garlic Mustard is creeping closer to the edges of the reserve in the southeast corner, but volunteers are proactive in removing it by spraying herbicide yearly.

Phragmites are more serious, but they have mostly been contained to the wetland areas within the reserve.

In Lake Joannis, Schmeeckle battles the Eurasian Watermilfoil. This species is problematic because it shades out native plants like buckthorn. The cut and pull method is not applicable in the lake, so the reserve had to be innovative in the removal process.

Rather than mechanically removing the plants, a group of researchers are evaluating the effectiveness of biological control. By introducing a weaveil that feeds on the milfoil into the lake, researchers hope to slowly and carefully return the lake to its natural state.

Fish populations and their feeding habits, native plant densities and a number of other factors are monitored to get the entire ecosystem’s perspective on the species.

The goal of Schmeeckle Reserve is to preserve, restore and maintain an area that closely resembles the undisturbed state of the land.

“Invasive species have always been a problem,” said Ron Zimmerman, the facilities director. “We have a lot of different habitats, so we’re especially susceptible.”

Any nature preserve set in an urban environment has its struggles and Schmeeckle is no different. A diverse array of invasive species requires an equally adaptable strategy for defense, and the reserve is using proactive, innovative solutions to keep this scenic area intact.
Daisho Con Prepares for their Annual Convention

CAROLINE CHALK
REPORTER
rchalk45@uwsp.edu

Students planned an anime convention that packs stereotypically nerdy activities into one location for all to enjoy.

Daisho Con is a student-run convention that features video games, science fiction, anime, cosplay and fantasy. The convention is held Nov. 21 to the 23 at the Kalahari Resort in Wisconsin Dells.

Junior Sarah Olson organized the cosplay contest. “The cosplay contest is where the conventions goers make their own costumes that are based off of TV, show characters or video game characters,” Olson said.

There are many activities attendees can pick from, one of them being video games. “They have a video game room where they put on tournaments and contests,” Olson said.

Olson said that in order to make the video game room possible, club members had to find people willing to donate their games for that purpose. This demonstrated the large amount of group work which goes into planning the convention.

According to Olson, they expect 4,000 visitors.

Senior Olivia Offenbacher, the guest coordinator for Daisho Con, has been involved for two years. As guest coordinator, she invites voice actors, artists, and animators to the convention.

To pull all the events together, the members of Daisho Con collaborated to make the convention memorable.

“It’s really fun, I know sometimes people have worries or concerns about working in groups, but you all have the same mission in mind,” said Offenbacher.

Planning for Daisho Con is a yearlong process. When this year’s conventions ends, club members will start an extensive planning process for the next convention.

“We do things such as department updates, and we work with our board of director for contracts,” Offenbacher said. “We do contracts such as rooming requirements at the Kalahari and businesses that want to sponsor us.”

Olson said in order to increase advertising, several club members will go to other conventions in Wisconsin to promote Daisho Con.

The convention provides a full palette of events for attendees to check out.

“They will be able to do a lot of shopping,” Offenbacher said. “There is an entire vendor room of items shipped from around the world.”

In addition to shopping, attendees can see what else the convention and the resort have to offer.

“They can go chill out at the waterpark. We have our rave on Friday and Saturday,” Offenbacher said.

For Offenbacher, all the planning and hard work poured into the convention was worth it.

“My favorite part is seeing it all work together, I love to see all the conventions goers coming and smiling and having a good time.”

Slouching Causes More Than Shoulder Pain

EMILY SHOWERS
POINTLIFE EDITOR
eshow57@uwsp.edu

Many students spent a lot of time sitting in front of a computer screen either typing up a report due tomorrow or sitting through Tumblr or Facebook.

According to research results.wordpress.com, in 2013 college students spent over five hours on a laptop each day. With all this time in front of a screen, people begin to slouch and not pay attention to their posture.

Casey Weber, a massage therapist for Shakti Massage, said tension is stored in the muscles between the shoulder blades. When the shoulders are rolled forward for too long, it causes the muscles to become overstretched.

However, when Weber works with a client she will only lightly massage the trapezius and the rhomboid, which hold the shoulders back, to avoid stretching them out more.

“Giving them the attention is nice,” Weber said.

Weber said it is actually the pectoral muscles which produce the shoulder pain.

People usually feel the pain in their back first and do not notice their pectorals.

“They don’t feel the pain until their pecs are worked on,” Weber said. “Clients are surprised at how much tenderness is in their pecs and will usually comment on it.”

It is easy to forget about posture while sitting at a computer, so Weber recommends people should remember to lead their body with their heart.

“You will find that you can breathe better, your back and head naturally align, so your chin isn’t jutting out,” Weber said.

When Weber was asked what she would tell her clients she said it would be to increase their water intake.

“When you increase your water intake, it will promote good blood flow and the muscles will get more oxygen carried to them,” Weber said.

Good posture is crucial to making the entire body feel better. While working on the computer or walking to class, remember to lead with the heart.
SPOR

World of Sports Runs Wild

MARTY KAUFFMAN
SPORTS EDITOR
mkauf036@uwsp.edu

It was a wild week in sports with many upsets in college football, and with the excitement of Major League Baseball playoffs.

In the local area, the University of Wisconsin-Stevens Point traveled to UW-River Falls where the Pointers had another comeback victory. Down 14-3, UWSP quarterback Kyle Larson threw two touchdowns for the lead and Zach Vallafskey had another comeback victory.

Larson threw two touchdowns for UWSP, and is currently ranked at 4-0, and are currently ranked at number 16.

There were upsets all weekend at the Division I Level. Five of the top ten teams lost, and four more in the top 25 lost.

Despite running back Melvin Gordon running for 259 yards, the Badgers lost to Northwestern 20-14 due to questionable play calling and quarterback play. Badgers quarterbacks Joel Stave and Tanner McEvoy threw a combined 138 yards, one touchdown and four interceptions.

Upsets started last Thursday when Arizona defeated the second ranked Oregon Ducks in Oregon. The state of Mississippi contributed to two top ten upsets when Ole Miss defeated Alabama, and Mississippi State won over Texas A&M. Other teams beaten were Oklahoma, University of California-Los Angeles, Brigham Young University, and University of Southern California who lost on a Hail Mary.

These upsets made the playoff picture even more confusing as there are many one-loss teams capable of playing for a national championship in January. The rest of the season will be interesting to watch unfold.

The MLB playoffs have been just as exciting as many other sports fans. The excitement began with the American League Wild Card game between the Oakland Athletics and Kansas City Royals.

The Royals defeated the Athletics 9-8 with a walk-off hit from Salvador Perez giving the Royals their first playoff victory since 1985. The Royals swept the Los Angeles Angels of Anaheim, who had the best record in MLB and the American League Division Series. The first two games in Anaheim went into extra innings. The Royals won twice thanks to home runs by Mike Moustakas in game one and Eric Hosmer in game two.

Central Wisconsin has a reason to cheer for the Royals as the third base coach for the Kansas City Royals is Mike Jirschele from Clintonville. Both of Jirschele’s sons have ties to UWSP. His son, Jeremy, is currently an assistant for the UWSP baseball team, and his other son, Justin, played baseball for UWSP, and is currently playing in the minors.

The Baltimore Orioles swept the Detroit Tigers in the other ALDS. Both the Orioles and the Royals have not made it to the World Series since the 1980s, which makes the matchup fresh to fans and gives a chance to see two baseball cities starving for a championship.

The Royals were fun to watch as they manufactured runs using their speed on the base path, their timely hitting and stellar defense. The Orioles powered their way through Detroit’s three Cy Young winners with their bats, scoring a total of 21 runs in three games.

The National League Division Series was just as exciting with a strong performance from a former Pointer. The Washington Nationals and San Francisco Giants have played a tight series.

The Giants took game one, and the teams played the longest game in playoff history at 18 innings. Former UWSP pitcher Jordan Zimmermann pitched game two after throwing a no-hitter in his last start.

In game two, Zimmermann was just as dominant going into the ninth inning. He retired 20 of 21 batters straight, with two outs only to be removed for closer Drew Storen. The Giants tied in the ninth and won in inning 18 from Brandon Belt’s home run. Giants would win the series 3-1, and have now won seven straight postseason series.

In a rematch of last year’s National League Championship Series, the Los Angeles Dodgers and St. Louis Cardinals exchanged victories in Los Angeles. The Cardinals were down 6-2 against the reigning National League Cy Young winner Clayton Kershaw when the Cardinals scored eight runs to win.

In game two, Dodgers outfielder Matt Kemp hit a game winning home run to tie the series. In game four it was déjà vu for Kershaw who gave up a 2-0 lead when Matt Adams hit a three-run home run to clinch the series for the Cardinals. The NLCS will be a rematch with the Cardinals facing the Giants.

Women’s Rugby Seeks Consecutive Conference Titles

REBECCA VOSTERS
REPORTER
rvost360@uwsp.edu

Starting the season with an undefeated record, the women’s club rugby team is making significant strides toward back-to-back conference titles.

“We’re 3-0 right now, and we’re looking to keep it that way,” said Maggie Armstrong, a senior captain outside center.

The University of Wisconsin-Stevens Point women’s club rugby team went undefeated through conference play last year, then fell in the first round of playoffs to Mankato. Senior fly half Lisa Moehlmann would like to see a rematch against Mankato this year.

“They’re a tough team, but we only lost by a small amount,” Moehlmann said.

One of the things Armstrong wants to see carry over from last year is the intensity that helped bring home the title.

“As a team we decided that we wanted the championship and we got it,” Armstrong said. “We’re looking to do the same this year.”

With such a strong start to the women’s season, the rugby team wants to repeat their success from last year.

“l want us to keep making strides and improving and use that to secure the conference title two years in a row,” Moehlmann said.

Armstrong wants to go undefeated again this year.

“I would love to get the team in a good position and keep having fun,” Armstrong said.

Aside from Mankato, a couple teams will challenge UWSP’s women’s rugby.

“Historically, La Crosse is probably the toughest team we play,” Armstrong said. “This year we play them for our last conference game at home.”

Oshkosh will also present a challenge for the team.

“The first three teams we played we dominated, so we need to stay prepared for tougher teams like Oshkosh and La Crosse,” said senior Stephanie Zuleger.

Zuleger said communication is key.

“It’s important that we stick together if we’re losing and build ourselves up to get back in it in the second half,” Zuleger said.

This is something that should not be difficult for the team with their level of trust.

“If I like I can trust everyone. There’s something different the last two years,” Moehlmann said. “We all support each other. No one is greedy with the ball, and I think that really brought us together.”

This support system could be attributed to the solid group of leaders built by the seniors and officers.

“IT just amazes me with this program how passionate they are for it,” Armstrong said.

The women’s rugby team is always recruiting.

“You can still join. It’s fun to teach other people the game and see the new people on the team start to grow,” Moehlmann said.

Zuleger is new to the sport this year and is happy with her choice to join the team.

“I didn’t know what to expect, but it was fun. You meet a lot of cool girls,” Zuleger said.

She is excited to see what the season has in store for her.

“My goal is to play strong and help the team score,” Zuleger said.

Moehlmann was also unsure of what to expect her freshman year.

“Maggie dragged me out here, but now I wouldn’t give it up for anything,” Moehlmann said. “Now I want to play after college.”

AP TOP 10

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Pointers Prepare to Dive into the Season

REBECCA VOSTERS
REPORTER
rvost360@uwsp.edu

With the season right around the corner, the swim team prepares for another successful year.

"We have a great group of returners and freshmen coming in from last season," senior Cassie Matthys said. "I think that will happen again this year. We have been training hard and are excited to begin competing." The University of Wisconsin-Stevens Point men's and women's swimming and diving team both finished in the top four at the conference meet last season with the men's team claiming their 15th consecutive title.

"Coming in last year as a sophomore, there was a huge difference as a team," McNair said. "We lost a lot of seniors and now it's a totally different atmosphere. The team is like family."

Boelk has a plan for this year. Since the season is so long he wants to focus on the details.

"We need to focus on the proper way to do things and do all of the little things each day," Boelk said. "Staying healthy, doing well in classes, training hard and doing all of the fundamentals every day. If we do that, we can have the best possible season we can."

Boelk did not want to fixate on numbers or standings, especially this early in the season.

"Don't put the cart before the horse, and if we do everything right, my season goals will fall into place," McNair said.

Not only was the team successful in the pool, but there are a few key elements from last season they hope will carry over this year.

"We are hoping to carry over the positive attitude, hard work and closeness of the team last year," Matthys said.

McNair agreed, and added that he wants to continue to see the work ethic that existed in and out of the pool last season.

"I want to keep my grades up to represent the team and eventually make it to nationals on a relay this year," McNair said.

Boelk has high hopes for these two athletes along with the rest of the team to achieve their goals.

"This will be a good year for team bonding," Boelk said. "I can already feel our team coming together."

The support that comes with a close-knit team is an important part of swim practice.

"Comradery of the team is really important," McNair said. "There are 70 people in the pool at once every day. Whether we have an easy set or hard day at school, we all get it done and have each other's backs."

McNair plans to take on a bigger leadership role this season.

"As a freshman I looked up to the juniors and seniors and now it's my turn to do that for the younger people," McNair said.

Every member of the team is important no matter how big or a role they play when it comes to scoring.

"It's more of a team sport than you think," Boelk said. "We are going to need everyone to come together if we're going to have a good year. Even the people who don't score a lot of points are important cogs in the wheel."

Matthys agreed that everyone will need to come together to achieve common goals.

"One of my goals for this season would be to place well in conference this year," Matthys said. "It will take both the swimmers and divers peaking in February for us all to succeed."

Looking past conference, getting to the national level is another goal on the swimmer's minds. Five women went to the National Collegiate Athletic Association championships last year and they are hoping to return with a bigger group.

Unfortunately, the men's team did not have any swimmers compete at the national level, but they hope to next year.

"We were really close to making it to nationals in a relay," McNair said. "We missed it by a hair length."

UW-La Crosse, UW-Whitewater and UW-Eau Claire are among a few teams that will pose tough competition for the Pointers this year. St. Cloud State will also provide strong nonconference competition.

"Sometimes it just takes one good race for a tough meet to come together. If someone has a good race that energy can spur on someone else," Boelk said. "It defies logic, but when it happens it's magical."

For now, Pointer swimmers will focus on the start of the season while they wait to see what the rest of the year has in store.

"I am looking forward to training with the team and to see everyone compete," Matthys said. "It will be really fun to get back into the swing of competition. As always, it's great to compete in our WIAC conference."
OPINIONS & EDITORIALS

ANNABELLE

Photo courtesy of jobs.com

Review: Leave ‘Annabelle’ on the Shelf

BRADY SIMENSON
CONTRIBUTOR
bsim172@uwsp.edu

I grew up during a golden age of scary dolls like Chucky from "Child's Play," and Slappy from "Goosebumps." For some reason, it was important for writers in the 80s and 90s to let children know their toys could murder them at any moment. This week, "Annabelle" seeks to keep that fine tradition of traumatizing kids alive and well for a new generation.

You might recognize the titular doll of "Annabelle" from her brief appearance in "The Conjuring." Apparently, the "make a movie with that one doll from that one scene in that one movie" idea passes as brilliant in Hollywood meetings. Here we are exploring her origin story. Sort of, at least.

This movie seems like it started with some generic haunted house script the studio had lying around, and they just found a way to shove an evil doll into it. Annabelle herself is an afterthought among the scary set pieces and hokey Common Gateway Interface demons.

She spends most of her time lying ominously, while interesting things happen in her general vicinity. She displays none of the personality we have come to expect from our favorite evil dolls. You could have replaced her with a haunted tennis racket and it would not have changed things much.

Not that change would have been a bad thing. The story of "Annabelle" is lacking even the faintest sense of originality. If you have seen "The Conjuring," "Insidious," or "Sinister" you know exactly what you are going to get.

The movie is stylishly shot and a handful of the scares are well executed, but it is nothing more than an echo of a much better haunted movie. "Annabelle" is like the guy who posts a meme that was really funny the first ten times you saw it. The quality is there; it is just old.

Despite the unoriginality, I was going to take it easy on this movie because it is serviceable fun for the Halloween season, but any goodwill it earned was ruined by the bizarrely racist undertones of its second half. I will not go into many plot details to avoid spoilers, but I will mention the only black character in the movie is the local witch. Believe it or not, this ends up being the second most racist aspect of how she is written.

If you are looking for simple October scares, you could do worse, but frankly, you could also do better by scrolling through Netflix.

"Annabelle" gets five cash-grabbing spirals out of ten.

ARTS & ENTERTAINMENT

Watson's #HeforShe Creates Conversation

ANNA WELTON
REPORTER
awwel1600@uwsp.edu

Social media interaction has played a large role in the push toward gender equality and other social movements in the past year. Throughout September and October, Twitter has become abuzz with the hashtag #HeForShe, a gender equality movement launched and popularized by actress and United Nations Goodwill Ambassador, Emma Watson, after she gave a speech in New York about #HeforShe on Sept. 20.

Watson delivered a powerful speech at the United Nations conference, urging men to become a part of the feminist movement and join the conversation about equality, urging them to take action. According to HeForShe.org, over 170,000 men across the world have joined the campaign so far.

That number is not just representative of the average man, but also of celebrities like Joseph-Gordon Levitt and Simon Pegg. Students at University of Wisconsin-Stevens Point have also joined the conversation about gender equality as a result of Watson's speech.

It is great that a woman is speaking up to powerful people all around the world," freshman Yessenia Santamaria said. "It's the 21st century and people have a right to be who they want to be. A woman should not feel inferior to men."

"I didn't know such a great actress could feel so strongly about the movement," freshman Markita Hutchinson said. "Since Emma is a female, it made me feel important that a 'big' person cares about the 'little' people."

A large part of the speech revolved around the negative connotations of the word "feminism." Watson pointed out that there are many misconceptions of what the word means, a major one of those being that it is synonymous with "man hater." She explained this is not true, and feminism should be seen as a movement towards gender equality.

"The word feminism means power to me," Hutchinson said. "It means strength within the woman."

Watson explained that gender equality cannot be achieved with only half of the population involved. Everyone must work together in order to achieve things such as equal pay for equal work.

"Women are not the only feminists, men are too," Santamaria said. "Feminists are people who fight for what's right and who speak up."

Gender equality has been a major social concern throughout time. Only recently, has the subject been unlabeled as "taboo." The beginning of the feminist conversation for change has begun, and as the #HeforShe movement grows, it seems the more and more people will get involved in making equality happen.

Social media is a major influence in our generation, and people have a right to be who they want to be as long as that who they want to be is equal to the average person.

Emma Watson’s profile on Twitter.

Photo courtesy of Emma Watson_flickr.com
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Mickelsen in Pursuit of New York

JULIA FLAHERTY
A&E EDITOR
jflah017@uwsp.edu

Madelyn Mickelsen, a senior dance and arts management major at the University of Wisconsin-Stevens Point, spent the summer dancing with The Rockettes. Mickelsen was invited back to dance with The Rockettes for a second consecutive summer. This is an honor, considering only 50 of 2,000 girls who audition are selected for the program.

Mickelsen first auditioned for the Rockettes Summer Intensive Program during the summer of her freshman year of college. She was accepted and invited back for the Rockettes Summer Intensive Invitational Program for the past two summers.

"I fell in love with the Rockettes program," Mickelsen said. Mickelsen auditioned for the UWSP Department of Theatre and Dance during her senior year of high school. She has been dancing since she was six years old.

"Dancing was something I always loved to do," Mickelsen said. "When I auditioned for the program and got in, I realized I could make dance my career. I was excited about the possibilities this program at UWSP could offer me."

Joan Karlen, the program coordinator for bachelor of fine arts dance, has been working with Mickelsen for three years. With her experience, Karlen said she has seen Mickelsen change perspective, dedication and focus.

"She sets a high standard for herself and her peers in terms of rigor and inquiry and goes beyond what has been assigned or what others have thought," Karlen said.

Stella Taylor, dance, Spanish and international studies major, has been friends with Mickelsen since their freshman year of college. Throughout that time, Taylor and Mickelsen have choreographed Afterimages together.

Taylor has even been cast in some of Mickelsen’s personal choreographic works.

"It’s been very fun working with her," Taylor said. "We have a great friendship and working relationship in the studio. Her ideas and concepts are very interesting and I really enjoy her choreographic vocabulary and aesthetic."

Mickelsen is currently directing Dance 106, a ballet course offered to students enrolled in the program. "Madelyn is an insightful and intelligent artist and a warm and engaging person," Karlen said. "Because of her deep engagement with UWSP’s dance program, she is prepared stylistically, artistically and professionally to succeed with the Rockettes and other future companies."

Mickelsen said she would love to be a Rockette, but has experience in other fields.

"I am pilates-certified," Mickelsen said. "However, dancing for the Rockettes is my number one goal.

Mickelsen is headed to New York City next semester as part of the externship that is required for her arts management major.

"I hope being in New York for my externship helps me get my foot in the door for an internship with the Rockettes or another dance program," Mickelsen said.

Mickelsen said the love she has felt from her colleagues and supporters has pushed her to reach her goal to live in New York City and dance with The Rockettes.

"Experience in dance is a balance between hard work and making connections," Mickelsen said. "Being involved with everyone, dance or not, has been invaluable. Love is shared at UWSP."

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Life
By Jonathan Seymour

DON’T GET ME WRONG, I LIKE HALLOWEEN...

DANCE YEAR ROUND

DON’T GET ME WRONG, I LIKE HALLOWEEN...

I JUST HATE THE SCARY STUFF!
the symphonic orchestra picked up
on the initial repertoire much faster
than he thought they would.

Laura Hamilton, a fifth year
senior and symphonic orchestra
member, places the first concert in
high regard.

"A symphonic concert that has Beethoven
programmed into it is going to be
awesome," Hamilton said. "In 'The
Barber,' Dr. Miles really stretches
your emotions and pulls at your
heartstrings. It's almost as difficult
as playing a much larger, major
piece of work because it requires
personal control and complete
communication between the
ensemble and the director."

Hamilton said she enjoyed her
experience playing in the symphonic
orchestra throughout her career
at UWSP and anticipates a fine
performance at the first concert.

"Since our first rehearsal of the
semester, we have done a fantastic
job reading the music and our
sound has been great," Hamilton
said. "Much of the string section
is made up of underclassmen
and they are all doing a great job getting
the music under their fingers and
putting in their time in the practice
rooms."

Hamilton is excited for audience
members to hear the emotion behind
the music. She hopes they recognize
the students' preparation for the
first concert.

"Any concert that has Beethoven
in it is going to be an
inspiring experience playing in the
symphonic orchestra," she
said. "I really love how strong of a
person Katherine is. She's very
manipulative, but in the best way
possible," Holly said.

Holly is proud of the dedication
she and her peers have put into the
play. Holly said everyone in the
cast and crew is like a family.

"It is a joy being able to work
with so many people," Holly said.

Holly said the hard work that
goes into the show is reflected not only
through the actors' performances,
but through set production.

"The set is very
unlike what I
would have imagined," Holly
said. "As an actor, I am thinking
about the realism of it, and the set is
so symbolic and epic."

Preparation for the play has been
extensive.

According to the show's director,
Stephen Trovillion Smith, the
department held auditions for
"Radium Girls" on Labor Day. Smith
said after everyone was cast, they
started rehearsing six days a week.

"It has been a long process. In
about a week we go into technical
rehearsals," Smith said.

Smith has dedicated ample
amounts of his time to bring the
play to life. He said preparation for
"Radium Girls" began a year in
advance.

"I chose the play," Smith said.
"I am responsible for working with the
designers to make sure the whole
production looks unified. I have to
coach the actors and I also stage
the play."

The cast and crew's passion and
dedication will continue as they
prepare for opening night.

"They work very hard and it's
always inspiring for me to see how
hard they work and how passionate
they are and dedicated to their
performances," Smith said.

CAROLINE CHALK
REPORTER
cchalk845@uwsp.edu

"Radium Girls" opens Oct. 17 to
the University of Wisconsin-Stevens
Point's Jenkins Theatre in the Noel
Fine Arts Center. With a cast full of
experienced and enthusiastic students
starring in the historical play, it is sure
to impress.

"Radium Girls" is a story about
women in the 1920s who consume
radium as a result of working in
factories without being aware of its
harmful effects. These characters
seek justice by attempting to sue the
company they worked for.

Silvia Bond, junior Bachelor of
Fine Arts acting major, is one of many
talented students who will appear on
stage opening night.

Bond's character narrates the
play by breaking down the fourth
wall and giving audience members
updates about the plot as the story
progresses.

"This whole historical event
changed the way women's rights
were viewed," Bond said. "Workers'
rights were changed by this event. It
is a wonderful educational experience
as well as an entertaining one."

Bond is proud to be a part of a
play that tells such an important story
in American history. She believes the
costumes for the play really enhance
the characters.

"A lot of the people in the play are
playing a few different characters," Bond
said. "You get to see the changes of
characters through costume."

Courtney Holly, senior BFA acting
major, portrays Katherine Wiley in
the drama. Holly's role is to work
alongside the play's heroine Grace
Fryer. Together, the women seek
compensation for the harm radium
causes them.

"As an actor, I am thinking
about the realism of it, and the set is
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