

Happy A Valentine's Day!

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thepointeruwsp.com

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'Be Aggressive' **Cast and Crew Tackle Challenges**

ANNA WELTON

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The Department of Theatre and Dance at the University of Wisconsin-Stevens Point will kick off its spring performance season with the play "Be Aggressive."

"This has been the shortest

rehearsal process I've ever been a part of," said Courtney Milkent, the stage manager. "We came back a few days before classes started and rehearsed for two weeks."

Play staging is also a challenge for the cast and crew due to a thrust staging, meaning that an audience will be on three sides of the set, according to director Jenny Stoessner.

"This means at any moment, someone's back is going to be to you," Stoessner.

Stoessner chose to present the play in this fashion because the script prompts a constant change of location.

"We don't have time or the means to, and we don't really want to build that entire environment," Stoessner said. "The location is suggested

through the lights."

Marisa Abbot took on the challenge of setting the scene as the lighting designer of "Be Aggressive."

"Because the play was so abstract scenery-wise, it was important to get the qualities of each setting through the lighting," Abbot said.

Abbot initially planned her light design for a proscenium staging,

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A&E Is "Jupiter" actually descending? p. 12





EDITORIAL

Course Evaluations Need Re-Evaluation

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Near each semester's end, students complete evaluations that give feedback on the effectiveness of both the instructor and course. Such evaluations, which are scantrons with a series of questions ranging from 1 to 5, assess faculty and are used for retention, tenure and promotion reviews.

The evaluation structure, however, does not allow for researched feedback as all students are given the same form and questions that are neither tailored to the course nor students. By having such vague, anonymous evaluations, instructors are not able to truly gauge feedback to improve their courses and instruction.

Questions about students, such as their name, course grade, . how many hours they work at a job each week, and what their GPA is overall could help instruc-

tors understand the demographics they are working with and how such factors possibly affect the students' performance and perception of the course.

By including questions that provide demographics, evaluations would be research-based and allow such issues to be accounted for. Answers from current evaluation forms provide feedback out of context and imply that problems fall on faculty,

With the mention of layoffs due to proposed budget cuts, we must use our resources, such as course evaluations, to properly assess and determine crucial courses and faculty positions to ensure students have the best academic experience possible at the University of Wisconsin-Stevens Point. By reworking the current course evaluation forms and eliminating animosity, faculty and the administration could gain useful feedback.



UPDATE

State Budget Proposal Excludes UWSP's Additional Funding

MYKAYLA HILGART

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As more details of the state budget proposal are released, impacts specific to the University of Wisconsin-Stevens Point are being identified.

Administrators are anticipating a \$6.4 million, or 17 percent, base budget cut. This number is based on the percentage UWSP has taken in past UW System cuts. The amount is the third highest in the system.

Many programs at UWSP are supported through state segregated funds, which is a different source than the tax support received through the UW System budget. In addition to the base cut, \$1,524,473 in this funding for UWSP has been excluded from Gov. Walker's proposal.

"Our baseline cut combined with the exclusion of the segregated funds other UW schools do not have could make us the most affected university in the system," said Chancellor Bernie Patterson.

The lack in this funding would impact programs and initiatives within the College of Letters and Science and the College of Natural Resources including aquaculture, environmental education, solid waste research and outdoor skills training, among others.

Patterson said these programs are meant to stimulate economic growth both for the university and community, as well as the state.

In the past, UWSP raised tuition in order to remedy cuts. With the



Sunday, Feb. 1

Thomson staff member called to inform base of a suspicious student who was walking down Maria Drive.

A welfare check was done in Lot E on a subject who appeared to be passed out in a car.

The sheriff's office called about a mother concerned over her son.

Base was informed of a vehicle behind the George Stein Building without headlights.

Tuesday, Feb. 3

Burroughs student called because he was locked out. A CA was contacted to let him in.

Neale staff member called to report the odor of marijuana coming from a room. One resident claimed to find a bag containing it in the garbage can.

Wednesday, Feb. 4

May Roach staff member called about two males arguing in the circle about a possible car accident.

Thursday, Feb. 5

City bus company called to inform base that school buses parked in front of the HEC were blocking the crosswalk and posed a safety threat. He said a student was almost hit by a car.

PS was informed that a student had posted on a social media site about officers dealing with a possible suicidal individual on the second floor of Smith.

Student called to report a group of individuals acting suspicious around Thomson.

Student called to request a jump for his vehicle.

Saturday, Feb. 7

Thomson staff member requested a welfare check of an individual who had fallen asleep at the table in the first floor kitchen.

Watson staff member called requesting an officer to investigate the strong scent of marijuana coming from a room.

CORRECTION:

In the Feb. 5 issue in "Clutter Pours Heart into Music," the photo is of Josh Clutter.

In "From Stevens Point to Hawaii, a Lesson in Marine Biology," Chris Yahnke is a professor.

THE POINTER

Editorial

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Bringing Life Back to the Sundial

SOPHIE STICKELMAIER REPORTER

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Over the past few years, students have been noticing the slow deterioration of the sundial. Two Stevens Point locals took it upon themselves to think up and create a design plan to bring beauty back to the heart of campus.

The artist C.J. Watkins, also known as Jean Watkins, has known Bruce Glodowski for years. When he came to her in 2013 to put his ideas for the sundial on paper, she did not hesitate to help him.

"We went to the third floor of the library and began to talk about things that would make the space more student-friendly," Watkins said. "I gave him feedback on potential concerns I had, but overall I tried to simply put as many of his ideas as possible into my sketch."

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deficient according to government data.

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The two created a design plan consisting of a gazebo in the center of the sundial. Surrounding the gazebo there would be strips of grass and berm, or small, soft hills.

"The gazebo has an open concept so that you can see through to the beautiful mosaic and everything around it," Glodowski said. "We have benches and bike racks surrounding the gazebo so that people can come out and eat their lunch or study between classes."

Glodowski hopes this would be a place for students to gather, enjoy the outdoors and host campus-wide events.

"The emphasis in my mind is to have a destination for students to gather rather than just an area to pass through," Glodowski said. "This would bring life to the courtyard and make it functional for many venues, speakers, political candidates, recitals

Visconsin Rapids

4051 8th St. S.

(Next to Ruby Reds) (715) 424-0808 and weddings."

On top of the gazebo would be a replica of the university cupola. Glodowski said he would like there to be solar panels on the gazebo so that a small light would illuminate the cupola at night and become a focal point for the space.

"I think SGA could have their footprint all over this," Glodowski said. "I know they're always looking for projects to save energy, and this design plan is full of those types of projects."

The plan also includes light posts draped with purple and gold sashes serving to illuminate the entire space during night events.

"I really like the idea of having grass and plant life out there," said Chris Kanugh, a forest management major. "The gazebo would be a nice

Artist C.J. Watkins and Bruce Glodowski's rendering of the proposed future plans.

multi-use space for students to use as well."

Glodowski imagines a small, digital sign on the south wall of the Noel Fine Arts Center where announcements for concerts, presentations or other campus activities could be posted. He hopes that when the space is not being used, there would be speakers in the gazebo softly playing music throughout the day.

"I love the rolling hills, and the idea of music always playing from the gazebo," said Kassidy ODonnell, a forest recreation major. "I think this would really bring the student body together."

Glodowski hopes by spreading the word of his and Watkins' design, people will be inspired to donate to the cause and bring life to the sundial once again.

Up in Smoke: Vapor Cigarettes

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Debra Kolste, the representative of Assembly District 44, would like Wisconsin to add electronic smoking devices to the indoor smoking bans. Meanwhile, three electronic smoking device shops have opened in Stevens Point within the past two years.

Mossity Vapes is owned by 21-year-old Gaven Moss, a resident of the area since preschool. He and his employees want the community to know they agree with electronic smoking being inappropriate in certain situations.

"It makes me mad when I see people vaping in a restaurant by kids," Moss said. "I think that if you're at a bowling alley or a bar, and they don't have a problem with it, then you should be able to."

Jordan Lubecke, a volunteer employee, said it is important to remember smokers are not trying to use these devices everywhere.

"Obviously we have to be courteous for other people," he said. "I know if I wasn't a vaper, I wouldn't want huge clouds of smoke in my face."

Students on the campus of the University of Wisconsin-Stevens Point were reluctant to give their opinions, except for one student who has a personal connection to the smoking controversy.

"I guess I understand why, but I mean personally my parents smoke. I have been trying to get them to go on the e-cigarettes," said first-year student Danielle Leslie.

Leslie is not bothered by people smoking indoors at a restaurant or school.

"I can understand more like hospitals and nursing homes, but I feel like with a regular public place, it's

not that big of a deal," she said. Signs within businesses can prohibit vapor smokers.

"I think that restaurants should



Photos courtesy of Stevens Point Vapor's Facebook page

Stevens Point Vapor on Isadore St. in Stevens Point



NEWS

NEWS

Research Symposium Provides Opportunities

in

committee.

AVERY JEHNKE REPORTER

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Many students who wish to work in a scientific field dream of becoming involved in undergraduate research.

Each spring, hundreds gather at the University of Wisconsin-Stevens Point for the College of Natural Resources Undergraduate Student Research Symposium, an event where students present research projects on a variety of resourcerelated topics.

This year's projects are wrapping up and presenters are refining their work as they prepare for the symposium, which will be held on April 10, in the Trainer Natural Resources building.

Students will display and explain their projects as an oral presentation, a poster hung in the main lobby, or both. Willing participants will have their work judged and those who score within the upper quartile will receive top honors.

Immense autonomy is given to researchers, and all appropriate projects are accepted for the event. Many students' work extends over long periods of time in distant places and projects cover a wide range of topics, though the majority are related to wildlife and forestry.

Opportunities for research have defined the CNR for many years.

Victor Phillips, a former dean of the CNR, created the event because he saw a need to provide students with the opportunity to conduct and present research in a professional way. A student steering committee currently works with faculty and staff to organize the event. This year is expected to be one the largest in its history.

"The beauty here is that you're students; you're learning," said Dr. Richard Hauer, a professor of forestry.

Hauer serves as a faculty coordinator for the symposium

"

The beauty here is that you're students; you're learning.

- Dr. Richard Hauer, a professor of forestry at UWSP

and believes it is a worthwhile experience. The symposium is a highlight of the university not only because it encourages research, but because afterward "students are a step ahead," Hauer said.

"Implementing what you learn in class is where you build your skill set and your confidence," he said.

As an undergraduate, Hauer was involved in a research project which he continues today, sometimes with the help of his own students. He believes faculty mentors are imperative to the research project and should be recognized.

"Most of the faculty were mentored at some point," Hauer said. "To do it well, you have to Kelble said her involvement began when she approached an advisor as a freshman looking for ways to get research experience. She was put in touch with Hauer and was able to fill an opening on

invest a lot of time. They do this

majoring in wildlife ecology and

biology. She has been involved

during her college career and is

now chairperson of the steering

Rebecca Kelble is a senior

several research projects.

because they enjoy it."

the steering committee.

"Every year we get more and more presentations, which is really exciting," Kelble said. "It's really cool for students to see what their peers are doing. It's a great day of show and tell."

Rob Knauber, a senior majoring in forest ecosystem restoration, plans to present research at this spring's symposium. Knauber's research is a seed bank analysis of the Moses Creek restoration area in Schmeeckle Reserve.

Knauber said his project is a continuation of work done by UWSP students in past years.

"We collected seeds and we're germinating them in the greenhouse," Knauber said. "We're simulating spring conditions."

The goal of the project is to evaluate effects of the restoration efforts on the landscape, which aims to restore the land to a wetland condition.

"It wasn't a wetland a few years ago," Knauber said. "We're going to look at the species there and compare."

Knauber is excited about the opportunity to be involved with research.



continued from page 2

proposed additional two-year freeze, this would not be an option.

Patterson said differential tuition is one source of revenue the administration is looking to that could potentially make up for some of the cuts. Differential tuition is a separate tuition that would be paid by UWSP students and used specifically for campus. In 2013, campus voted in favor of it shortly before the current two-year freeze was implemented. Differential tuition would be aimed at reducing bottleneck courses and allowing more academic advising.

the right classes."

To stay informed as more details are released and decisions are made regarding the proposed cuts, visit UWSP's informational web page at www.uwsp.edu/chancellor/Pages/ budget. There are also two upcoming open forums hosted by the Student Government Association:

www.uwsp.edu/studyabroad

"It would just make good business sense," Patterson said. "Students would rather pay an extra \$200 per semester than stay additional semesters or years to get into Feb. 16, 4 p.m., DUC Laird Room

Feb. 23, 6 p.m., DUC Theater

"If anyone can figure this out and move forward, it is the students, faculty, staff and administration at this university," Patterson said. "We've been here for 121 years, and we'll be here 121 years from now."



Spring Service Trip Opportunity Encourages Students

CAROLINE CHALK REPORTER cchal845@uwsp.edu

Thissemester'sbiannualInterCity Impact trip, through the Student Involvement and Employment Office, will give students the opportunity to travel to Milwaukee and volunteer their time helping others.

Students interested in signing up for the trip must fill out an online application, which can be found on the University of Wisconsin-Stevens Point website. The application deadline is Feb. 16.

Alanna LeClair, a senior majoring in social work and sociology, works as the service trip coordinator at SIEO. She will be accompanying the students on the InterCity Impact trip from Apr. 10 to 12.

"Volunteer experience is a good way for students to learn more about different social issues," LeClair said. "For each trip, we try and focus on a different social issue. For this trip, we are helping those who struggle with poverty and homelessness."

LeClair said students on the trip will be volunteering at a homeless center and working with the Milwaukee ReStore, a thrift store where proceeds go to Habitat for Humanity.

"Throughout the past trips, we also talked a lot about food insecurity and the food system in the United

States," LeClair said.

Amanda Thielen, the volunteer and employment coordinator at SIEO, believes this trip is a good opportunity for students to give back to the state. It is also SIEO's least expensive trip.

OVE

"What makes this different from our other trips is that we stay in the region," Thielen said. "It's helpful for students to get out of Stevens Point and see that there are issues in Wisconsin and that the state is not immune to serious issues."

Kyle Bareta, a first-year student majoring in German, went on the InterCity Impact trip last semester. He recalls enjoying packing boxes full of food for low-income senior citizens.

"I know that I have many privileges and that I am in a place where I should be helping people who are busy just trying to make ends meet," Bareta said.

Bareta feels that the experience bettered his understanding on some of the more serious issues going on in Milwaukee, especially since he lives close to the city.

"I think it's great for students to be able to see the differences that they can make in such a short amount of time, while also learning about the social issues that are happening and what their role in that is," LeClair said.



NEWS

Community Gathers at Local Food Fair

AVERY JEHNKE

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A local food movement was proven to be alive when hundreds gathered at the Stevens Point Area Senior High School on Feb. 5, for the Local Food Fair hosted by Central Rivers Farmshed.

The high school's main foyer was packed shortly after doors opened, with attendants snaking their way through the busy walkways. Fifteen farmers and 28 businesses and organizations participated in this free event held every year. The fair is one of the largest of its kind in central Wisconsin, the mainstay being the info fair where exhibitors give free samples and information.

A free potato bar provided by the Stevens Point Area Co-op and Farmshed was held in the cafeteria. Various workshops and a film showing finished off the night.

"This event shows the power behind our community," said Mike Schretenthaler, the president of Students For Sustainability. "It is an awesome way for organizations and businesses to do outreach."

Schretenthaler explained that sustainable agriculture is a



cornerstone of the club and the event meshes with its mission. The club also has strong ties to Farmshed and many of the club members volunteered at the event.

"We promote anything and everything that is sustainable," Schretenthaller said. "Stevens Point is a great place for people interested in these things."

A myriad of exhibitors studded the event, ranging from bakeries to renewable energy companies. A common thread among vendors, organizations and businesses was their commitment to local business and their responsible environmental views.

Matthew Williams, a coffee roaster at Ruby Coffee Roasters in Nelsonville, said he enjoys the event because it is a chance to meet with other local businesses.

"We have a lot of friends here,"

FARMSHED

Williams said. "There is definitely a sense of community."

The coffee company is only a little over a year old, and last year's fair was shortly after their debut.

"We're growing," Williams said. "Hopefully we can do some networking here and let people know what we're about."

Vincent Miresse, the owner of Wholistic Home Solutions, was answering questions and advertising his business at the event. Miresse specializes in natural buildings and permaculture design, often using locally harvested materials. "This is my community here," Miresse said. "I'm about to get to meet new people with new ideas. I'm always looking for the natural, niche projects."

Lindsay Buesgens, the outreach coordinator for the co-op and Unviersity of Wisconsin- Stevens Point alumna, said the co-op has attended the event several times. It has been a hub of local and whole food sales for many years and supports movements in central Wisconsin.

Buesgens said when shopping at the co-op, "for the most part, you're supporting local food."

"It's great when we get new people coming in," Buesgens said.

She hopes to be able to expand the store's involvement in the community by offering workshops and classes.

ENVIRONMENT





Photos by Janet Moorei Moore's journal incoporates art and nature.

Student Employs Creativity in Environmental Education

JAZMINE S. BEVERS CONTRIBUTOR jbeve283@uwsp.edu

Janet Moore, a graduate student in environmental education and interpretation, now uses 2D art to enhance her nature writing.

Science and art are both visual fields relying on acute observations in order to further understand and *portray messages*. They share a rich history, from the notebooks of Leonardo da Vinci to modern day botanical illustrations, that display an intense intermingling of science and the arts.

Moore is adding to that legacy

with her journal, a pencil, watercolors and pen - using art to lend her own powerful voice toward transforming cultural attitudes about the natural environment.

"There's never a time when I draw something that I don't learn something new from that subject or connect to the place a little more deeply," Moore said. "That's why I do it."

She is developing the contextual process of how humans visualize things and how active drawing impacts students' memory and learning. Her drawings and words describe a "multisensory experience." Moore stresses the importance of being present in a moment and in an environment and slowing down and absorbing the world.

McDill Pond in Portage County appears in one of her simple works of art, a four-page book project.

"You don't really have to go to some exotic place or some special place," she said. "McDill pond is right in my backyard."

Moore's absolute passion for her craft is evident within her work and her ability to talk at length about its possible implications. Her calm, even voice mirrors the meditations of reuniting with nature.

Moore has been influencing students toward conservation and ecological restoration prior to her time in Stevens Point.

Samantha Bussan, a senior

majoring in ecosystem restoration, volunteered for several years with Moore at McFarland High School near Madison.

"She is the one who got me into ecosystem restoration to begin with," Bussan said. "I was amazed by how determined and dedicated she was to the school forest restoration project. She deserves all the recognition available and more."

Ecosystems are interconnected structures among organisms, just as science and art are part of the same world in Moore's eyes. She has already affected positive change, and there will be more to appreciate through her depictions of wild times and places to come.

Ice Fishing Safety and Success

CARI-ANN BROCKEL CONTRIBUTOR cbroc898@uwsp.edu

Anglers are easily spotted during summer by their telltale baseball caps and severe sunburn, but ice fishing is a pastime to be endured – enjoyed, even – by many each winter.

There are many practical ways to stay skilled during the plummeting temperatures.

"Once college bass fishing tournaments roll around in the spring, the little bit I am able to get out ice fishing keeps my mind sharp for open water fishing," said Jason Hawksford, the president of Big Dawg Fishing on campus. Safety must be considered first. Ensuring that the ice is thick enough to support anglers, gear and trophy fish is of paramount concern. Secrets to Catching Winter Fish -Beginner to Expert," the thickness of ice is not to be assumed consistent among neighboring lakes, as depth of a water body is a great influence.

He cautions that although anglers may already be out fishing, this does not suffice as a determinant of safety. Ice adjacent to the shore should be examined, but pack ice, separated pieces that have combined with other freed pieces, can be dangerous.

It is advised to be prepared should a person fall in.

northern pike to lake trout," he said.

When fishing, the most fruitful moments are those experienced from inside a boat when drifting or trolling. One does not have this pleasure in winter for the most part.

Remaining in one location is customary, though Gruenwald said it need not be so limiting. Experienced anglers can be observed "often trying dozens of areas and depths before finding the precise hotspots," he said.

Familiarity with a water body can be achieved by using a map to show

Perhaps sunshine and the convenience of a boat – drifting, trolling and moving when action is minimal –cannot be reproduced on a frozen lake in winter, but it is suddenly endurable when a flash of gold and emerald appears . . . proving that not all is dormant during these harsh months.



"A person should always be aware of the ice conditions," Hawksford said.

He suggests consulting Internet sources, which provide regionspecific updates. Bait shops can also be of help.

According to Tom Gruenwald, the author of "Hooked on Ice Fishing:

"One underrated tip to stay safe is to always carry ice picks with you," Hawksford said.

It is imperative to remain away from the area when helping another person. An actual or makeshift rope can be thrown if ice picks are not available.

Certain gear is necessary, such as an ice auger and a skimmer. In addition, it is important to use "a good selection of ice rods based on which species you are chasing along with tip-ups to use for catching bigger fish," Hawksford said.

It is helpful to utilize "an arsenal of ice jigs, spoons and rattle baits to fish for everything from sunfish to water depths and the source and exit areas of water, which could harbor weak ice due to the movement.

The Stevens Point area is home to numerous successful ice fishing locations.

"One spot that is a proven area especially early in the season is the backwaters of the Wisconsin River," Hawksford said. "Good numbers of walleyes can also be found in areas adjacent to current. Ice will build up in slack water near current, and walleyes often congregate in areas like this as well. Many lakes around Stevens Point offer good weeds and weedlines for targeting bass and northern on tip-ups."

Photo by Taylor Lewandowski Sophomore Taylor Strand holds his catch on McDill Pond.

SPORTS

Athletic Programs to Move to Student Affairs

REBECCA VOSTERS REPORTER rvost360@uwsp.edu

Effective July 1, athletic programs will be supervised by Student Affairs instead of the College of Professional Studies.

"There are nine schools in our conference," said athletic director Daron Montgomery. "Four report to a chancellor and four report to student affairs. We report to a college. It felt like it was time to restructure."

Marty Loy, the dean of the College of Professional Studies, is currently in charge of athletics. He sees the move as giving the athletic programs longterm stability.

"It became obvious over time that athletics could be more successful in Student Affairs," Loy said. "There is better synergy between athletes and student life.'

Loy said athletics will have more opportunities with the move to grow, to involve students in events and to better utilize facilities.

When the proposal is implemented, Vice Chancellor Al Thompson will supervise athletic programs. Thompson is excited to see divisions work together toward bettering the athletic program as well as the student experience.

Residential living, dining services and the Student Government Association all report to Student Affairs.

"This way everyone will receive the same message from the same person. It will just be easier," Thompson said.

The College of Professional Studies will receive an entirely new look. The number of academic programs within the college will be smaller, but the programs themselves

will be stronger.

"With the resource we gain from having fewer academic units we can reinvest into our priorities," Loy said.

There will also be changes with some academic programs.

The physical education, health education and coaching programs will join the School of Education. The athletic training education program will also become part of the School of Health Care Professions.

Very few changes will be seen in athletics. Athletes will still receive academic credit for sports and may not notice a change.

"The athletic product will still look the same, and we'll look into strengthening the department," Thompson said. "A dean of college focuses on the classroom experience and faculty. Marty was a true champion, and I want to offer the same from my end."

Student Affairs looks to benefit from its upcoming partnership with the athletic department. Thompson wants to form a reciprocal relationship that builds on benefiting students.

Some coaches will cut back on their course load due to the changes in general requirements.

"It depends on their expertise. Whether it's recruiting or fundraising or even retention rates, athletes are retained at higher rate than general students," Thompson said. "We may be able to implement their strategies."

Throughout this entire transition, there have been a plethora of meetings to ensure a smooth transition.

"We have taken great care to make sure the move doesn't negatively affect staff, players or teams," Loy said. "I'm happy with how we sat down and thought of everyone and made them all our top priority."

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SPORTS

Collegiate Athletic Relationships vs. Romantic Relationships

REBECCA VOSTERS

REPORTER rvost360@uwsp.edu

Even with heart-shaped chocolates and red and pink bouquets looming, many student athletes focus on their teams instead of Valentine's Day.

While some students and faculty members will spend time with significant others, friends or family on Valentine's Day, student athletes maintain their ongoing relationships with their sport.

Athletic relationships and romantic ones are very different and yet have a plethora of similarities. Both can result in sweaty individuals.

The amount of time athletes practice adds up quickly, but like the time spent with a significant other, it never seems like enough.

"In a week's time I spend at least 18 hours dedicated to track and field," said Holly Winberg, a junior cross country and track and field athlete.

When a relationship begins, significant others generally introduce each other to friends.

Sean McGann, a junior basketball forward, spends with his teammates, just as couples spend time with friends.

"I'm pretty much with my team 24/7," McGann said. "We all live together or very close by so we spend a lot of time together."

Much like couples daydream of each other, the mind of an athlete can wander back to a beloved sport.

McGann explains how basketball consumes much of his day, but he sometimes takes a break to hang out with friends or focus on homework.

Weekly miles, workouts and goals have a constant presence in Winberg's mind.

"Sometimes I am dreading a workout or looking forward to it to help relieve some of my stress for the day. Regardless, running is always on my mind," Winberg said. Before long, couples can change habits based on their relationships. In the same way, athletes change habits to benefit the team and season. habits and strive to get seven to eight hours of sleep each night to ensure my body is getting fully rested," Winberg said.

Most healthy relationships require a bit of learning, even if it is something as simple as not talking before 9 a.m. or remembering what color Starburst the other prefers.

McGann shared a valuable lesson basketball taught him.

"It's tough to juggle the daily tasks all the time," McGann said. "Coach demands us to be our best, which has really taught me to value every single day, hour, minute. I rarely waste any time during a day. I'm always trying to accomplish something."

Similarly, many couples try to enjoy every minute they have together even if it means rearranging a schedule.

When registering for courses, athletes arrange their schedule around practice.

"I plan my day around practice for sure," McGann said. "It can be stressful when we must sacrifice a class that might be hard to get into because it doesn't match our scheduled practice time."

Winberg plans not only her class schedule around practice but also her eating schedule.

Meeting the right person, just like athletics, can improve character.

"I feel like I become a better person from my 'relationship' with track and field and cross country," Winberg said.

McGann said passion and dedication are needed in both relationships and athletics. He also said commitment is key.

"I think in sports if you aren't motivated to be great then you are wasting your time," McGann said. "Just like in relationships, if you aren't committed to your significant other then you're letting them down."

Unfortunately, there are some things that a relationship can do for

February 17, 2014

"I tend to eat healthier, and I'm much more conscious of my sleep you that athletics cannot.

"In a real relationship, your significant other can buy chocolates and flowers for Valentine's Day, but my relationship to track won't give me either of those," Winberg said. DUC: Laird Room 10 a.m. to 3 p.m. FREE for students! Please come prepared with professional attire and resumes.

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RECREATION FAIR

The Pointer

SPORTS

Big Wins for UWSP Athletics

MARTY KAUFFMAN SPORTS EDITOR mkauf036@uwsp.edu

MEN'S HOCKEY

The University of Wisconsin-Stevens Point men's hockey team swept UW-Stout in a home and home series.

The team traveled to UW-Stout on Feb. 6, winning 6-0. UWSP outshot the Blue Devils 55-22, as forwards Garrett Ladd and Kyle Sharkey each scored two goals. In net, goaltender Brandon Jaeger recorded his fourth shutout of the year.

The following night in Stevens Point, the team fought back to win 3-2 in overtime. Down 2-0 in the third period, forwards Joe Kalisz and Eliot Grauer each scored to tie the game. Forty-seven seconds into the extra period, UWSP won, courtesy of forward Lawrence Cornellier as he scored his seventh goal of the year.

The third ranked Pointers are currently 17-4, with a 8-1 record in the Wisconsin Intercollegiate Athletic Conference and will travel to UW-Eau Claire for a series Feb. 13 to 14.

WOMEN'S HOCKEY

Ranked number eight in the nation, the women's hockey team recently took two wins.

The Pointers defeated UW-Eau Claire 4-0, as forwards

Hannah Smith, Shauna Bollinger, Meredith Ingbretson, Ali Biagni and defenseman Menotti all scored. Goaltender Janna Beilke-Skoug remains hot in net as she added a third shutout to the season.

The team's next win was against fifth-ranked Adrian College, who came to the game undefeated. The Pointers won with a final score of 2-1. Smith once again led the way offensively as she scored the game winning shot in the third period, while forward Kat Nejedlo also scored. Beilke-Skoug made 22 saves.

> The Pointers sit with a 15-6-2 record as the team prepares for its final regular season games against UW-Superior Feb. 13 to 14 at home.

WOMEN'S BASKETBALL

The women's basketball team's unpredictable season continues. The Pointers defeated UW-River Falls on the road 45-38, as the defense held the Falcons to 18.6 percent shooting in the game. The offense was led by forward Joann Wolfenberg, who scored a team-high 13 points.

Despite another big day from guard Lauren Anklam, who scored 20 points, the Pointers fell 72-69 to UW-Platteville in the Play4Kay game in Berg Gym. The final minute loss was tough for the Pointers, who have an 11-11 record and 6-7 in the WIAC, with three games left before the WIAC Tournament.

MEN'S BASKETBALL

The Pointers men's basketball team defeated conference rivals UW-River Falls and UW-Platteville.

Against UW-River Falls, the Pointers won 63-40. This was the third game the Pointers held an opponent to under 44 points. Forward Alex Richard led the way as he scored a game-high 17 points, while forward Joe Ritchay tallied 16 points, and guard Sean McGann added 12 points off the bench.

At UW-Platteville, UWSP won 67-55 as Ritchay led the offense with 18 points and 10 rebounds for his second career double-double. Guards Austin Ryf and Stephen Pelkofer each scored double digits, with Ryf tallying 14 points including three three-pointers, and Pelkofer scored 13 points.

TRACK AND FIELD

Photo by Jack McLaughlin

The women's and men's track and field teams competed at home in the 2015 Pointer Invitational and Multi Event.

The women's team took first as a result of career days from seven Pointers. Abby Clement had a season best time of 7.90 in the 60-meter dash and 26.13 in 200-meter run, while Jacklyn Butler won the 60-meter hurdles, with her personal record of 9.27.

Shannon Burke won the pole vault, tying her personal record of 3.68 meters, and Stormy Gerndt won the high jump with a personal record of 1.62 meters.

Despite finishing in third, there were seven Pointers on the men's team who set personal records. Jerry Williams set a record in the high jump by clearing 6'7", while Tate Yulga collected 4,187 points in the heptahlon. In the 5,000-meter run Neil Pedersen, David Hebert and Alex Gonzales finished 1-2-3 respectively, each with career best times as Hebert finished on 15:10.33 to lead the pack.

Photo by Jack McLaughlin

POINTLIFE

THE QUICK AND DIRTY: 4 Quick Tips for a Safe and Sexy Valentine's Payl

The one holiday we either love or hate is coming. For all of the Valentine's lovers out there, I've compiled a list of four quick tips for a safe and sexy Valentine's Day.

I. Do something exciting

When we are physiologically pumped up, like when a heart rate is up or you are out of breath, it imitates feelings of attraction. Remember when you first held hands with that special someone? You had butterflies in your stomach, and it felt like your heart was beating out of your chest. Recreate this attraction by doing something daring. Hit the slopes at Rib Mountain, watch a scary movie together or engage in intimate activities.

2. Try new foods

Aphrodisiacs, named after Aphrodite the Greek goddess of sexual love and beauty, are foods and drinks thought to increase sexual desire. Although controversy surrounds whether or not certain foods work, a healthy diet and exercise is good for sexual libido. If you are searching for a particular ingredient to enhance your sexual performance, the amino acid arginine is proven to increase circulation. Extra blood flowing through the body is

great for sexual arousal in males and females. Foods like granola, oatmeal, peanuts, garlic and dairy are just a few of the foods that can increase your blood flow, as well.

3. Check out a new erogenous zone

Erogenous zones are areas of the body that may elicit a sexual response. The zones are packed full of nerve endings which cause pleasure for most people. The genitals, nipples, mouth, neck and ears are erogenous zones. Touching the underarms, inner arms and the fingertips cause sexual sensations, as well. Discover how different sensations tickle your nerve endings by touching yourself or someone else different ways. Light brushes of the fingertips cause different sensations than strong, deep touches.

4. Safe sex is the best sex

Using contraceptives alleviates anxiety, so you can thoroughly enjoy sexual experiences. Condoms are the best method to protect against sexually transmitted infections and pregnancy. Although condoms can be a pest when you're in the moment, make sure to use them. Remember, oral contraceptives don't protect against infections.

COURTNEY GONNERING REPRODUCTIVE HEALTH PEER EDUCATOR Health.Services-RHPE@uwsp.edu



Students Remember Awkward Dates

CAROLINE CHALK

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Whether it is food poisoning, awkward conversations or chewing with an open mouth, these students experienced a terrible date and share their experiences just before Valentine's Day.

A Smooth Get-Away

A sophomore, majoring in communicative disorders, had an awkward date her junior year of high school. Her date Jake planned to take her to a movie.

When Jake arrived at her house, he demanded she drive to the theater because he did not know the directions to it.

The date became more embarrassing from there.

"He hugged me goodbye at the end of our date which was incredibly awkward," she said.

Afterward, she went back into her house where her parents were eagerly waiting to hear about the date.

Before she could tell them, her dad received a phone call from her brother who was pulling into the driveway. Her brother noticed their mailbox was knocked over.

A week later, her parents asked Jake's parents if he knocked over the mailbox. Jake denied the accusation at first, but apologized to her parents later for running over the mailbox.

One Angry Father

When a sophomore, majoring in environmental law enforcement, was a senior in high school, he was watching a movie in his basement with his ex-girlfriend Laura.

He said Laura could not stay out too late because her overprotective father set her curfew for 10:30 p.m.

"It was 10:45 p.m. when I heard someone pounding on the door and calling Laura's name," he said. He ran upstairs and opened the door. Laura's father stood outraged at the doorstep.

"I'm not sure how her dad even found out where I lived," he said.

Her father demanded to take Laura home and told him that he could not see her again. After that, he only saw her once more before ending the relationship.

No Movies for You

During his junior year of high school, Bill Steinke, a junior majoring in biochemistry, had a crush on a girl in his history class. Steinke wanted to ask her on a date to a movie.

"I was super nervous, my palms were sweaty and my voice was wobbly," Steinke said.

He found the courage to ask her on a date. She said yes. They planned to meet at the theater.

However, the movie began and Steinke waited over an hour, but his date never came.

"She just stood me up, and completely avoided me at school afterwards," Steinke said.

Too Cheap To Care

A sophomore, majoring in arts management, was thrilled when a guy asked her out during her first year of college. She had not gone on a date in a while.

"I got all dolled up," she said. "He told me he was taking me some place nice."

He took her to Noodles and Company. He ordered wine and spent the majority of the date complaining how the wine was not expensive enough for him.

However, he made her pay for her dinner.

Afterward, they went to a movie that she paid for. They spent most of the movie in awkward silence.

"Now every time I see him I act like I don't even know him," she said.



Photo courtesy of www.noodles.com

Photo courtesy of http://i.cdn.turner.com/

POINTLIFE



CARLY KEEN MANAGING EDITOR ckeen607@uwsp.edu

England, home to hundreds of years of history, is giving me the opportunity to attend some anniversary celebrations.

This year marked the 200th anniversary of the Battle of Trafalgar and Admiral Horatio Nelson's death. The Battle of Trafalgar was fought Oct. 21, 1805, in Cape Trafalgar off the southern coast of Spain. In a skirmish between English and Franco-Spanish fleets, English Admiral Nelson led 27 ships into battle where the enemy lost 22 ships, but the English lost none.

It was an amazing triumph for Britain, but Admiral Nelson was mortally wounded and subsequently died during the battle. His body was brought back to the Painted Hall at the Royal Naval College where it sat for three days before being buried in St. Paul's Cathedral. Nelson was one of England's greatest war heroes and is still loved and celebrated today.

On Jan. 18, in a room full of mostly 80-year-old men and women, I raised a glass of port for Admiral Nelson in the iconic Painted Hall to celebrate his life, death and triumph over Napoleon Bonaparte's army.

Admittedly, a few people told me they were only there for the port, but most, including myself, were there to salute a hero.

Three-hundred sixty-three years ago, during the English civil war, King Charles I was beheaded, his son Charles II was exiled and the monarchy was replaced by the Commonwealth of England.

On Jan. 25, I attended a commemoration walk held by the English Civil War Society as they walked in the footsteps of Charles I. They started at St. James's Palace and ended in the location of his execution in Whitehall. There were horses, cannons, muskets and wonderful costumes that captured 1640s England. There were over 500 people participating in this event.

Events like this are common within this great city; attending them gives me an entirely different appreciation for a history that I always have been fascinated with. I will never tire of hearing the seemingly endless stories this city has to offer.

Attending events like these are vital to a study abroad trip, regardless of the country. We participate in these programs to get out of Wisconsin, get out of the United States and open our minds to the world around us. Give yourself time to learn the histories and backgrounds of the place you choose to visit. Each country has a story to tell, and we should be more than willing to listen.

Playing a Song from the Fire of the Heart

EMILY SHOWERS POINTLIFE EDITOR eshow592@uwsp.edu

Heather Konietzki, the co-concert master of the University of Wisconsin-Stevens Point orchestra, has a long relationship with the violin that blossomed out of practice and drive.

Konietzki plays violin in the Central Wisconsin Symphony Orchestra and a string quartet she created with UWSP students.

"It's a fiery passion," Konietzki said. "You have this little fire you need to keep rekindling and burning inside you."

Konietzki began playing violin in fourth grade. By the end of eight grade, she was taking private lessons at the Lawrence Academy of Music in Appleton with Professor Barbara Beechey.

"Once I started getting into it," Konietzki said "I realized it was something I wanted to do for a living."

This passion caused Konietzki to strive for high school leadership roles like concert master. Instead of being intimidated by the challenge, she embraced it.

Beechey taught for 15 years at the Lawrence Academy of Music and came to UWSP in the fall of 2014 to teach viola. Beechey has witnessed Konietzki's determination to become a great violinist.

"She worked very hard in high school in order to be ready for college auditions," Beechey said.

When Konietzki was a senior in high school, she sat first chair in

violin and performed many times.

Another person who attested to Konietzki's drive was Professor Steven Bjella, the coordinator of strings in the Music Department. Bjella was privy to Konietzki's transformation from high school to college.

Many music students pour their hearts into their performances. What set Konietzki apart from the other students, though, was her choice of music. Bjella was amazed when Konietzki selected pieces that were seldom played due to the technical aspects.

"She is drawn to pieces that are more technically challenging," Bjella said.

Due to the demand of consistent practice, Konietzki is engulfed in music. In her studio class, she receives support and criticism from students and professors to help her hone in her skills.

Every music performance major at UWSP attends studio classes where they perform weekly repertoires in front of the class. Bjella noticed that in studio classes, Konietzki serves as a role model for her peers.

"She always has good observations to share about her colleagues' music," Bjella said.

Bjella said Konietzki supports students with friendliness and a keen ear for music.

Even though Konietzki has outstanding leadership abilities, Beechey said she is humble when it comes to her musical talents.

Konietzki wants to attend

graduate school at the University of Colorado-Boulder. After graduate school, she wants to spread her love of music by operating her own private music studio.

She hopes she will be teaching but will still touch the ears' of her audience by performing in various symphonies. Wherever Konietzki goes, she will take her music with her and teach its importance to the soul.

"Music and I," Konietzki said. "We've had a history."





Photos courtesy of Sarah Konietzki Heather Konietzki plays in orchestra.

Cheating Penguins, the Truth About Monogamy



NICOLETTE RATZ CONTRIBUTOR nratz I 12@uwsp.edu

Valentine's Day is nearing, so it may come as a shock that our symbols of love are not entirely faithful.

Evidence of infidelity within the love bird community should be a sign that it is time to replace our representatives of love. How about cockroaches?

According to The National Science Foundation, DNA fingerprinting in the early 1990s led to a discovery in birds' sexual behavior.

"It was believed that 90 percent of all birds were truly monogamous," said Sarah Jane Alger, an assistant professor of biology at the University of Wisconsin-Stevens Point. "We now know that 90 percent partake in what is known as social monogamy."

It is also known that 5 to 6 percent of paired swans end in divorce for unknown reasons.

The cheating between a pair is known as extra pair copulation, and the duped male may be cuckolded, or father children not his own.

Alger said true monogamy refers to a lifelong pair with no extra pair copulation, whereas social monogamy refers to pairs involved in short bouts of infidelity while remaining lifetime partners. Penguins and swans practice this.

Humans are thought to exhibit facultative monogamy, a subset of social monogamy. Alger explained that this means we create long-term relationships with a significant other, but have several of these pairings throughout our lives.

In fact, no mammal species is truly monogamous. Most are promiscuous and have many partners throughout a lifetime, like tigers and bears, according to The National Science Foundation.

The idea of social monogamy somewhat challenges the strict definition many have of everlasting love and may be the reason for high divorce rates.

Heidi Weber, a psychology major, has an idea of why this form of monogamy may be beneficial to humans.

"I feel that we meet a number of different soulmates throughout our lifetime to help us grow and mature in different parts of our lives," Weber said.

However, not all pairings are strictly tied to one form of monogamy. Alger believes monogamy falls on a spectrum and some species or individuals are more or less faithful than others.

The spectrum becomes obvious when someone attends a 50th anniversary and afterward decides to pick up a tabloid in the grocery checkout line highlighting the latest cheaters in Hollywood. The same contrast can also be found in socially monogamous penguins.

For those saddened by the cheating penguins, there is still hope a truly monogamous pair exists.

If nearly the entirety of the animal kingdom is lacking true monogamy,

what species should represent true love? How about cockroaches?

REAL

The Pointer

Two species of roaches never partake in extra pair copulation once they have decided on each other. Mating is strictly between the couple and, like birds, roaches also have a type of "mating dance" or courtship display.

The love roaches can be found, "rocking, shaking, waggling, trembling, vibrating, pushing, bumping, wing pumping, wing fluttering, pivot-trembling, anteriorposterior jerking, hissing, whistling, tapping and stridulating" to attract a mate, according to "Cockroaches: Ecology, Behavior, and Natural History."

Vincent Landowski, a student, said roaches as our new love symbol makes sense. Love can be scary, unpredictable and is not always as it seems.

"They are a love that can survive a nuclear holocaust," he said.

Not everyone has missed the romance of the cockroach, though. The Bronx Zoo in New York offers a Valentine's Day gift naming one of their hissing cockroaches. This atypical gift idea can be found on bronxzoo.com/roach.

Whether someone is a love bird or a love roach, choosing what to do on Valentine's Day is ultimately a personal choice, as is the process of choosing potential mates.

For more interesting animal behavior articles, visit Alger's blog at the-scorpion-and-the-frog.blogspot. com.

'Jupiter' Could Not be Stupider

BRADY SIMENSON CONTRIBUTOR

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There is a popular children's book series called "Magic Eye" that features dazzling, colorful pictures of what initially seem to be total nonsense, but when you stare at them long enough, 3-D images pop out. The film "Jupiter Ascending" features similarly dazzling nonsense, but no matter how long I stared, multiple dimensions never appeared.

"Jupiter Ascending" is one of the most visually opulent movies I have seen in a long time. It looks amazing, and the action sequences are thrilling. It is clear the studio forked out a mountain of cash to pay for the visual effects and that makes it all the more frustrating that they skimped on so many other crucial areas.

For all the money they spent on action sequences, Channing Tatum's alien make-up looks like it came from some Halloween kit you would buy for your kid at Walmart. He has ridiculous pointy ears and frosted hair. He looks like a punk rock, space Legolas.

His dull character does not make up for it either. He needs to give up on trying to be a boring action hero and stick to movies like "21 Jump Street" and "Magic Mike," which play to his strengths, being charmingly obtuse and having a six-pack. His pairing with Mila Kunis makes sense. In real life, she is engaged to a man with similar strengths.

"Jupiter Ascending" is a textbook example of a film that is about style over substance. Any attempt at a story results in convoluted gibberish involving aliens with long, goofy names doing dull, goofy things to set up the next action sequence. It is difficult to understand most of the movie, especially the fact that someone who looks like Mila Kunis is working as a janitor.

"Jupiter Ascending" is another failed attempt by the directors, Lana and Andy Wachowski, to recapture the sci-fi magic they had previously created in "The Matrix," and it gets five blue pills out of ten.

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Valentine's Day Commentary: 25 Reasons to Just do You

MYKAYLA HILGART

NEWS & ENVIRONMENT EDITOR mhilg143@uwsp.edu

Back in sixth grade, I recall getting stuck doing an entire group project during the night of this beloved, ooey gooey celebration. That's probably how a lot of people feel on Valentine's Day – stuck doing all the work for people who don't really care either way. The remedy? Being single with a healthy cynicism.

I love writing lists. They're everywhere. A couple months ago, I wrote a guy 25 reasons why we should go on a date.

Spoiler alert: it failed miserably. His response? "I might have a few okay qualities, but so do a lot of people."

Those are the words that ended one of my more legitimate attempts at romance in quite some time. However, his words do bring me to my first reason why you should focus on you this Valentine's Day:

1). People suck. Think of all the terrible people you are not with this Valentine's Day – creepy exes, washed-up rappers who interrupt acceptance speeches, Hitler, etc.

2). You'll only have to pay for one ticket to see "Fifty Shades of Grey."

3). You won't run the risk of experiencing that awkward moment when someone buys you an extravagant, well-planned gift and you got them a \$20 gift card to a shop they've never heard of.

4). You won't have to share your Slim Jim. There's no such thing as sharing greasy meat sticks.

5). You can snatch up all the discounted candy in the aftermath of the holiday – ideal for replenishing a secret stash, or just plain old binging.
6). You can safely observe and develop statistics on the influx of

The Last Laugh

BRADY SIMENSON CONTRIBUTOR

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It took a comedian for me to see television news as something other than a joke.

Jon Stewart took over hosting duties of "The Daily Show" in 1999, but I took little notice of his work. No one took him seriously as a newscaster. It was not until the Sept. 11 attacks in 2001 that myself and the rest of America began to see something special about what Stewart was doing.

The World Trade Center attacks and the subsequent Iraq War are what many consider to be the true birth of the 24-hour news cycle. People were glued to their television sets waiting for someone to come out and say that everything was all right, that the breakups in the following days due to the guilt couples felt at the idea of splitting on or near Valentine's Day.

7). For girls: You won't have to explain to your old-fashioned mother that you paid for the entire Valentine's Day outing.

 For guys: You won't be pressured by your mom to make some grand gesture of romance you're not actually into at all.

9). You can go to the university's speed dating event and act ridiculous
just stare at people, make up an entirely false life story, start screaming, etc. The sky is really the limit there.

10). You can have shenanigans with your other single friends, where the possibilities are also endless – even in Stevens Point.

11). You can go ahead and buy your own chocolate. This way, you can have your preference. You won't run the risk of receiving an entire box of milk chocolates when you only like dark. That would be a travesty.

12). Always a benefit: you're not obligated to go anywhere or have any human interaction whatsoever if you don't want to. Sweatpants and "House of Cards" is always a viable option.

13). You can pride yourself on not being one of those annoying single people who complain about the holiday all day long on social media. You can be the smooth single person who remains calm, cool and collected – who actually makes your non-single friends envious because you're enjoying yourself so much.

14). You can watch a gory, blood and guts horror movie instead of the obligatory chick-flick or romantic comedy. Who has time for that when there is possession, slashing and poltergeists galore? If you need me, I'll be launching my horror-themed Valentine's Day card line. 15). You're comfortable being alone and even thoroughly enjoy it. When you've reached this point in life, you've truly got it figured out.

16). You can listen to your roommate/friend and his or her creepy significant other make baby noises, then practice various gagging sounds. There is a multitude to select from.

17). You can fart up a storm. If your relationship is new, there is a good chance you haven't gotten to that level yet. By being alone, this is of no concern. Nothing says "Happy Valentine's Day to me" like some quality flatulence.

18). You can create fake profiles on the various dating websites and apps: Tinder, OkCupid, PlentyOfFish, FarmersOnly – whatever your preference may be, and message a variety of contenders saying they are your long-lost twin.

19). You will still get a card from your grandma. Who needs more than that?

20). Flowers die in a couple days anyway, just like the attempted romance they were produced from.

21). You wouldn't be able to fit a huge teddy bear in your tiny, energy-efficient car.

22). Looking at the bigger picture during college, you won't have a significant other to tie you down or influence your career path after graduation. That simplifies things.

23). Let's get real. You didn't want to put the effort into putting on pants to go on a date anyway.

24). Red and pink are such unflattering colors for some skin types (especially those who are acneprone), and you would want to be festive if you went out – best to just avoid the situation entirely.

25). You're awesome. That should be reason enough.

worst was over.

What we got instead was constant fear-mongering and sensationalism. The networks were desperate to keep viewers from jumping to their competitors; they were more than willing to use terror as a weapon to do it, not unlike the men they were warning us about.

While everyone else was making a mockery of the news, Stewart, the man who was being paid to do exactly that, did the opposite instead. He sat before the nation and, choked by tears, he managed to say, "Any fool can blow something up. Any fool can destroy. But to see these guys, these firefighters and these policemen and people from all over the country, literally with buckets, rebuilding. . . that's extraordinary. And that's why we have already won."

The "real" newscasters had

become fakes, and the "fake" newscaster was offering us something real. He was offering hope.

This same pattern has gone on throughout Jon Stewart's career on "The Daily Show," but sadly, his tenure there is finally coming to an end. What is not coming to an end is the hope he brought with him.

Stewart will primarily be remembered as a satirist, but what we must never forget are his moments of startling sincerity within a landscape that has been robbed of such reality. Stewart has gone from being an easily dismissed comedian to being perhaps the most prominent voice in television news. His voice echoed longer and louder than any other newscaster when our nation needed it most.

The last laugh is truly his.

ARTS & ENTERTAINMENT

Kyerokaya Brings Global Sound to City



Photo courtesy of bobmarley.com

JULIA FLAHERTY ARTS & ENTERTAINMENT EDITOR jflah017@uwsp.edu

The reggae band Kyerokaya brought fresh vibes to Kristin's Riverwalk in downtown Stevens Point on Saturday, Feb. 7, when they paid tribute to Bob Marley's 70th birthday.

"Doing the show was the initial impetus for the creation of the band," said John Laedtke, the guitar player, lead vocalist, hand drummer and kazoo player for Kyerokaya.

This was the band's first time performing as a group. They played two full sets beginning at 10:30 p.m., continuing until bar close.

Marley was the emphasis of the evening, but Kyerokaya also brought sounds from The Wailers, Peter Tosh, Ziggy Marley and more. Laedtke and Kyerokaya's rhythm and ska guitar player Kalvin Stern also host 90FM's World Music show at the University of Wisconsin- Stevens Point.

"We're largely influenced by global sounds," Stern said.

Kyerokaya's name is inspired by Spanish and Jamaican patois. Many of Kyerokaya's members are world travelers. Laedtke had just spent a year teaching English in Spain and had previously spent a semester in Hungary, while Stern had previously spent a semester in Poland.

Laedtke finds himself particularly inspired by the time he spent in Hungary. While abroad, he befriended Janos Kobács, who he now plays music with.

"We hung out with gypsies on the streets for days at a time," Laedtke said. "My music is coming from street music."

Kobács is currently employed in Chicago and traveled to Stevens Point to practice with the band a few times earlier this year, which added to Kyerokaya's spirit.

"We've got the reggae feel in our blood," Laedtke said. "We do lots of stuff in Spanish and Turkish, and anything else we can find to add to our sound."

Kyerokaya incorporates sounds of ska, jamming and improvisation into their sessions. They have fun exploring various parts of reggae.

"A lot of reggae bands don't take as much time to make elegant beginnings and endings for their songs, but we are," Laedtke said. "We're trying to have some stuff that will make it pop a bit. Ska seems to be our emphasis as it feels very natural to us."

Reggae is a very diverse genre. Laedtke and Stern said they were happy to bring such unique sounds to the area.

"We've got all the key parts we wanted to form a reggae band with a full sound," Stern said. "There's a very underrepresented reggae community here as far as live music goes, so we're glad to bring it to Stevens Point." Dane Paster, Jeremy Erickson, Kayla Provisor, Amelia Straub, Jacob Ramsey and Anthony Horner all contributed to Kyerokaya's performance. A few of these instrumentalists and vocalists revolve between Kyerokaya and Prodo, a jam band with reggae influence that released its first record last year.

"Jacob really captures the awesomeness of some of the recordings The Wailers had in the studio," Laedtke said. "He captures their essence very well, while Kayla has a passion for lots of songs and has an excellent range. It's an honor to be singing with her."

Kyerokaya is looking to book gigs at various festivals this summer and plans to incorporate its original songs into future sets.

"Reggae is incredibly popular throughout the world," Laedtke said. "As an outlet for world music, people bring cultural and musical traditions to it to make it special. We want to continue to play reggae around Point."

Kyerokaya gave audience members different rhythms to dance to throughout the night, allowing them to feel the percussion and be empowered by the band's deep bass and rastaman vibrations. No Marley celebration of this caliber had been done in the area before Kyerokaya.

The band was pleased to revive Marley's aura for the Stevens Point community and provide a deeper understanding of the meticulousness and complexity of reggae. The members hope to spread their musical vibrations to the area in the near future.



'Live in San Francisco' Album Review



DAN WATERMAN

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For starters, Ty Segall is pronounced "Tie Seagull," like you're capturing a bird by the ocean, and his latest album is a set of ten songs performed by The Ty Segall Band over the course of two nights at the Rickshaw Shop in San Francisco, California. He has already released several albums since the recording.

Ty Segall is a creative machine. In the past year, he released several albums from his own self-titled outfit, performed drums, recorded and collaborated with a number of other bands including FUZZ, White Fence, Sic Alps, King Tuff, and Meatbodies. Not to mention, he is showing no sign of slowing down.

If you are into clean, poppy or

happy-go-lucky music, you may as well quit reading here. "Live in San Francisco" was recorded straight to a Tascam 388 reel-to-reel mixer and is as raw as a cold hotdog. It's loud, abrasive, unabashed and could likely wake the dead. Ty Segall and fellow guitarist, Charlie Mootheart are often seamlessly soloing on top of one another. They're not trying to outdo one another, rather they're paying homage to the Stooges-meets-Sabbath signature sound that they've been perfecting for almost a decade.

Mikal Cronin, an established singer/songwriter in his own right, plays bass and occasionally tours with The Ty Segall Band. His presence is duly noted on the album. He provides backing vocals which add an extra dimension to Segall's nasal vocal delivery.

"Live In San Francisco" has everything one could expect on a live album, little flubs here and there, an unbalanced mix for a portion of the record, as well as some rowdy crowd banter. Segall even invites a crowd member up on stage to tell the audience a joke after the band's performance of the song "Feel", which was the first single off of their studio album "Manipulator."

It's unique to find bands willing to put out live albums in this day and age when so many artists are keen on hiding behind pristine auto-tuned façades. Sometimes you just need the real thing and The Ty Segall Band delivers.

If you're interested in live music here in Central Wisconsin, 90FM has your back. We've got a complete Local Concert Update, which is constantly updated on our website, www.90fm. org. If you have a band or music to submit for airplay, information is also available on the website.

ARTS & ENTERTAINMENT

'Live on Reserve' Creates Educational Opportunity

DANA PETERSON

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Volunteers and employees from 90Fm and SPTV recently established "Live on Reserve" was established this school year to solidify production as an important learning opportunity for students.

"Live on Reserve" is produced through the Division of Communication at the University of Wisconsin-Stevens Point. Spearheaded by Chris Shofner, an assistant professor of communication, "Live on Reserve" is recorded and filmed in Communication Arts Center 112.

"Our purpose is to bring awareness to local, regional and statewide bands, and also provide an opportunity for students to work on a larger production that includes skills that are not currently part of our curriculum," Shofner said.

Dylan Shanahan, the station manager for 90FM, relayed the division's need to contemporize its creative forces. Shanahan emphasized the importance of the division allowing SPTV to distribute "Live on Reserve" on its YouTube channel and on Charter channel 983.

"The now is coming," Shanahan said. "We need to get with the times. I think this is exactly what SPTV needs: a wider variety of content to broadcast and put on the internet."

To date, "Live on Reserve" has produced two segments, both with local Wisconsin bands. One production featured The Hi-Matics and the other, Soul Low. The "Live on Reserve" crew aims to work with two to three bands per semester.

"I think it's an excellent learning experience," Shofner said. "The ability to work in that hands-on environment is a unique experience to get as a student. I think that being able to get involved in a real production as something that's extracurricular is a great resource for students."

Shanahan echoed this idea, explaining he had a great experience working on the set of both groups last semester.

"The experience we gained from it was awesome," Shanahan said. "It was great to be a part of and have my name on something like that. It's



something I can show people and say 'I had a hand in producing this.'"

Moving forward, the producers and supporters of "Live on Reserve" plan to improve the quality of content and uphold the project's momentum. "I hope it continues to go strong. I hope it helps the musicians and the organizations here, and hopefully it sends us into the 21st century," Shanahan said.

Review: 'I Was Here'

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Most people have heard of, if not read, a novel by Gayle Forman. Her most well-known novel is "If I Stay," and on Jan. 27, 2015, she came out with a new bestseller.

"I Was Here" chronicles the story of Cody whose best friend Meg commits suicide. Cody does not believe the claims, though, and becomes obsessed with finding out why she did it.

As Cody is packing Meg's things, she comes across an encrypted file

and is curious. What comes next is a page-turning journey only Forman could craft.

Through this tragic story she enlightens her audience about the topic of teenage suicide and the horrors that surround it, particularly after the person's death. This book made me think about life more than ever before.

Since this book is relatable to many college students, it isn't surprising that it brings about strong opinions in me as a reader and student. I found myself torn between yelling at Cody to stop looking for proof, accepting that Meg is gone, and wanting to know more.

It is essential to have life experience in order to fully understand Cody. You need to have experienced growing apart from a best friend to even imagine how hard this was on her.

I am obliged to mention the romance, as well. While Meg was alive she liked Ben, and when Cody met him she fell for him, too. The fall was gradual, but both girls knew it was wrong for Cody to feel that way. I must applaud Cody. Sure she was nosy, and went after the guy Meg had liked, but she tried to fight it.

Gayle Forman's writing is beautiful. There is emotion on every page, and even when I didn't want to feel a certain way, Forman's writing forced me into the response she had intended for the reader. For the most part, the characters were true to themselves, except for one scene at the very end.

Within this scene Forman was lacking the deep emotion that was so prominent in the rest of her book. That one scene caused this book to drop from a five star, down to a four star.



The Pointer

ARTS & ENTERTAINMENT



"Be Aggressive" shows in the NFAC through Feb. 14.

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which is the style of theatre most people are used to.

"My mentor brought up the fact that it would look completely different from the other two sides," Abbot said.

Technical challenges were not the only difficult tasks the crew encountered, but the subject matter of the play also proved challenging. "Be Aggressive" portrays the ways that a family deals with the tragic death of their mother.

"The play isn't really about that, which is a shame," Stoessner said. "The tragedy of it is that the characters are not dealing with their sense of grief. They're ignoring it."

Stoessner encourages the audience not to get hung up on the darkness of this tragedy.

"The play has a lot of serious scenes, but it also is really very funny and unexpected," Stoessner said.

"Be Aggressive" began its run Feb. 6 to 8 and continues Feb. 11 to 14. Curtain rises at 7:30 p.m., and tickets are available at the Information and Tickets Office or on the office's UWSP Web page.



HOT



As a sweet, yet earthy beverage, blackberry sage sangria is a lastminute touch to make Valentine's Day perfect. This recipe for two will add sweetness to any date or singles' celebration.

Blackberry Sage Sangria

4 1/2 ounces red wine,

3 ounces bourbon

I ounce black pepper syrup

4 sage leaves

Add syrup, lime juice, sage and blackberries to container and lightly muddle. Add bourbon and wine. Let sit for one day. Pour over ice.

Black Pepper Syrup

I cup water

I cup sugar

1/4 cup black peppercorns

Combine all ingredients and heat until boiling. Let mixture sit for 20 minutes and strain mixture, removing peppercorns. Store in refrigerator.

(Recipe adapted from stirandstrain.com.)

The Pointer does not promote the consumption of alcohol for people under age 21. When consuming alcoholic beverages, please drink responsibly.

Centertainment Provides Intimate Music Experience

RIDDHI GANDHI

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Centertainment Productions showcased Olivia Millerschin and Loren DeLonay for a night of music on Feb. 7, at the Encore in the Dreyfus University Center.

A crowd gathered, listening to the two perform for an intimate night of music. DeLonay, a University of Wisconsin- Stevens Point student, opened the evening in song and piano playing.

"Loren was great, and I appreciate Centertainment for providing UWSP



Loren DeLonay, UWSP's own, started the night off singing some covers and some of her own songs.

students with opportunities to showcase their talent," said Elise Beck, a French and communication major.

Aside from her impressive vocal range, DeLonay is skilled in song-writing. She performed four original songs for the crowd. Her song "Sunrise" relayed the powerful message that difficult situations can be healed over time.

DeLonay also played covers of popular songs like "Laughing With" by Regina Spektor, "Summertime Sadness" by Lana Del Rey and "Beautiful" by Christina Aguilera. She encouraged audience members to sing with her as she performed these numbers.

After a short intermission, Olivia Millerschin took the stage. In 2014, Millerschin was a quarter finalist on NBC's "America's Got Talent," and won the John Lennon Songwriting "Love Songs" Contest for her song "Screw Valentine's Day."

The majority of Millerschin's songs were originals, but she also covered some modern hits.

Millerschin captivated her audience, providing humorous anecdotes about her touring experience. She further engaged her audience by selecting a student to join her on stage to sing "The Only Expection" by Paramore.

"Olivia was remarkable with her modern-day lyrics and unconventional themes", said Apoorva Sarmal, a business major. "Her music was unusual, yet very relatable."

Millerschin sang eight original songs overall, and "Screw Valentine's Day" seemed to be a crowd favorite. Millerschin will be touring around the United States and United Kingdom until late April 2015.

Millerschin and DeLonay closed the night performing a duet to the popular song "Say Something" by



On February 7th in The Encore, Olivia Millerschin performed an upbeat and lighthearted show.

A Great Big World and Christina Aguilera. Both singers stayed after their performances to interact with audience members and hand out free posters and bracelets.

"Both singers were moving, and their originals were incredible," said Vikram Gill, a business major. "I have respect for live performance."

preferably Malbec

3/4 ounce lime juice

10 blackberries

4 slices blood orange