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Woodland Sports Team Brings Home National Title

AUSTIN KREUGER
REPORTER

Austin.Kreuger@uwsp.edu

Winning six national titles in a row is no easy feat for any team, but it's exactly what the University of Wisconsin-Stevens Point Woodland sports team was able to accomplish at the National Conclave event a few weekends ago in Missouri.

Events that the Woodland sports team competes in consists of lumberjack and lumberjill events combined with forestry academic tasks.

This year's UWSP team brought along 28 students to the event. UWSP's team totaled 76 points while the second place winner only tallied 47.

Throughout Conclave's 26 events, the Pointers captured eleven first place finishes, six second place finishes, five third place finishes, and four fourth place finishes.

Every year at Conclave, the team also has the opportunity to compete against Division 1 schools like Ohio State, Michigan State, and Missouri.

In his second complete year competing with the team, Rainer Miller has found success competing against the bigger schools at the event.

"As of last year, having won the event five years in a row, I figured we had a leg up on everyone," said Miller. "Just because they're Division 1 schools doesn't mean they have the equipment we have."

In this year's event Miller placed third in underhand chop, second in standing block chop, and second again in single buck sawing.

This being his first year compet-

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Photo by Allison Birr

Future Budget Cuts Possible for University of Wisconsin Students

SOPHIE STICKELMAIER
NEWS EDITOR
sstic520@uwsp.edu

The UW Board of Regents recently cancelled scheduled presentations that were going to be given by UW System Chancellors regarding how individual campuses are being affected by the 2015-17 budget cuts.

Soon after the cancelled meeting, Assistant Democratic Leader Katrina Shankland released a statement in which she asked Chancellor Bernie Patterson to hold an informational hearing for the Stevens Point community explaining how the state funding cuts are being absorbed by the university.

"I called for a public hearing and just a few days later he agreed to do it, so I'm currently working with his office to schedule that for next month," Shankland said. "I think that says a lot about UW-Stevens Point and their efforts to educate the public and not just the public, but also faculty, staff and students who deserve to know what's going on and what could happen next."

The reduction of \$6.5 million in state aid represented a 17 percent cut of state funding support. According to the budget impacts spreadsheet released by the university, this will result in 33 fewer courses offered in the life science, computer science, accounting and

business sectors.

The cut in course offerings is resulting in a higher amount of bottleneck courses, which may impede progress for students.

It is also important to acknowledge the lost income students face due to the inability to graduate on time and join the work force.

According to Shankland, the average student graduates \$28,000 in debt.

"Student loan debt is one of the biggest issues of the millennial generation especially, and in order to tackle student loan debt we need to graduate students on time and fund these courses instead of cutting them," Shankland said.

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EDITORIAL

SAMANTHA BRADLEY
EDITOR-IN-CHIEF
sbrad414@uwsp.edu

On Saturday, April 25, Jakob Wagner opened fire on his hometown prom.

Donald B. Childs, interim district administrator of Unified School District of Antigo, was quoted as saying, "There was no evidence of bullying in this instance whatsoever. There is absolutely no indication that was going on."

When anyone starts speaking in absolutes, I become suspicious.

Wagner injured two prom-going students before he was shot down by police who were luckily already on the scene.

Wagner lost his life, but the community wonders how far he would have carried out his pre-planned shooting if he'd been given the chance.

The shooting left Antigo community in shock, with everyone asking why such a sweet and caring kid would have snapped. Many never saw it coming.

What could have caused Wagner to return to his high school after graduation and specifically target prom, one of the happiest and most memorable occasions for many high school students?

Obviously, there was a problem.

Multiple media sources have interviewed faculty members of the high school as well as friends of Wagner. Each source stated that Wagner was heavily bullied as early as elementary school.

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Tim Halkowski, interim associate dean and division head professor, explains that the UW system is most likely preparing themselves for all possibilities, including that of future budget cuts.

"I think they're trying to prepare to make arguments that the system has been cut repeatedly for a number of years and that you can't keep doing that and have the same level of service that people expect," Halkowski said.

Since the 2015-17 state budget was released, more than 76 FTE positions at UWSP will be eliminated, 35 percent of which were faculty and teaching academic staff, while 65 percent were nonteaching positions.

Nerissa Nelson, reference & instruction librarian, believes there will indeed be future budget cuts that both students and faculty need to be aware of and prepare for.

"My feeling is that most students, based on my anecdotal evidence, all have a job, if not two or three, plus they're going to school full-time, so they might not necessarily have the room in their brains

If many people were aware of how Wagner was suffering, why wasn't it more clearly addressed? Why did it have to come to a high intensity shoot out?

Dylan Yang, a Wausau teen, stabbed and killed thirteen-year-old Isaiah Powell in February of 2015.

This was another case of bottled anger leading to unneeded loss of life.

A year later, the community has come together to show support for the victims through a peace march.

Tou Ger Bennett Xiong, an organizer of the march, told Gannett's news service, "As a village, we failed these two young people."

In a time when the community should be coming together and acknowledging that it failed Wagner and his victims, why would the district administrator be denying what was so openly acknowledged by the rest of the community?

Why is it that as soon as something devastating happens that could tarnish the reputation of a school, some schools immediately separates themselves or deny any sort of connection with the event?

Schools would not exist without the support of the community. They should keep this modest mindset in times of celebration and in the times of devastation.

Within a mutual bond of transparency and support, we should not be afraid when such tragedies occur. As a collective we should embrace our faults, learn from experiences, and continue to thrive.

to go out and seek this information, but that doesn't mean its not important," Nelson said.

Nelson urges students, parents and faculty to stay informed, speak with legislatures directly and ask questions about how future budget cuts may affect them.

According to Rep. Shankland, the Gov. Walker will be releasing the 2017-19 state budget in Feb. of 2017. The next five to six months are when legislators negotiate during the budget process, hold public hearings and vote on each agency separately until it finally goes to all members of the legislature, usually in June or July.

Shankland believes that by building the conversation and fully understanding the current budget, people will be better equipped for the future budget.

"Students should know that they have power when they come together," Shankland said. "Instead of feeling discouraged, I think students should feel motivated to act and to start talking about the next budget and how it will affect them."

PROTECTIVE SERVICES
REPORT

Sunday, April 24

A student called at 12:05 a.m. to report that his computer and social media had been hacked.

A student from Watson called at 7:17 p.m. to report that his computer had been hacked and unwanted videos had been posted to his grandmother's Facebook.

Monday, April 25

At 10:47 p.m. PS received a call from the blue phone outside of Nelson Hall. It sounded like an intoxicated female, she was unsure if she needed assistance.

Tuesday, April 26

A student called at 11:13 a.m. stating her head hurt and lights were really bothering her. She asked if someone could escort her to Delzell.

A mother called to report that her 14-year-old daughter who was attending the Panic! At The Disco concert was confronted by a mother of a girl she goes to school with.

An officer found a female in the women's restroom at 8:54 p.m. who was conscious and breathing, but complaining of stomach pains.

Wednesday, April 27

A female called at 3:25 p.m. to report a silver Buick that pulled out of Lot R bumped her and sped off.

A staff member of Watson called at 8:11 p.m. to report a missing student who may have depression.

Thursday, April 28

A student called to say she received a call from the "FBI" asking for money.

A staff member in the CAC called at 2:47 p.m. to report he possibly smelled natural gas in his office.

Friday, April 29

A staff member in Knutzen Hall reported that blood had been found on the first floor and it appeared to be in a trail, but could not be traced to a source.

A student called from the library at 12:04 p.m. to inform base that there was a sixth grader having a seizure.

Saturday, April 30

A male called to report a suspicious vehicle driving around Burroughs and the surrounding dorms at 4:40 p.m.

THE POINTER

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Letters to the editor and all other material submitted to The Pointer becomes the property of The Pointer.

Thousands Arrested in Protests Across the U.S.

GENEVIEVE ADAMSKI
REPORTER
gadam590@uwsp.edu

In the last few weeks about 1,400 people have been arrested across the country for protesting various laws which they consider a threat to the democratic nature of America.

These protests are part of an organized action across America called "Democracy Spring." The main focus of which is to openly oppose restrictions on voter rights and Citizens United, which was created with the purpose of allowing government officials to receive campaign funds from corporations.

The arrested protesters were charged misdemeanors for violating a D.C. law that bans "crowding, obstructing, or incommoding." Hundreds of people were gathered in front of the U.S. Capitol during these protests.

The main portion of the protests took place in Washington D.C. after a 150 march from Philadelphia. The actions took place over the course of a week from April 2 to 11.

Some categorize the Wisconsin Voter ID laws, one of the main points of Democracy Spring, as voter suppression. The protest efforts hope to encourage new laws that will overturn such regulations in an effort of making the voting process easier for citizens.

In addition to voter suppression, the actions are attempting to overturn Citizens United. Many believe this is a threat to the country's democratic process because they believe that by accepting money from businesses, public officials are no longer supporting the needs of the people as much as they are supporting the needs of large companies.

Sharnae Ward, junior sociology major said, "When the rich have so much



Photo courtesy of history.com

power, they can control what is getting heard. The people with the power are even controlling what we see in the media."

Search "Democracy Spring" on CNN's website and only one short article will appear, despite the massive number of arrests that have occurred due to the protests.

Dr. Dennis Riley, professor of political science, said, "A large number of Americans don't even know that Democracy Spring is going on."

With hundreds of people gathered in front of the U.S. capital, it's a wonder that the protests haven't gotten much coverage by main media outlets.

Speaker Enlightens Community On Power of Self-Compassion

SOPHIE STICKELMAIER
NEWS EDITOR
sstick520@uwsp.edu

Dr. Kristin Neff spent an entire day educating students, community members, teachers and staff on how self-compassion may be the answer to some of life's greatest challenges.

"My life is pretty much devoted to self-compassion, to writing about it, researching it and teaching people how to practice it in their lives," Neff said.

Throughout the workshop, attendees were asked to perform various exercises and meditations that revealed how each individual currently treated themselves and how to ensure that self-compassion remained a staple in their lives.

For one of the exercises, Neff asked each person to write down what they say to friends during times of hardship. Next, she asked them to write down what they say to themselves after a personal failure. According to Neff, 76 percent of people say they are significantly kinder, more compassionate and more supportive to others than themselves.

Rylie Simpson, sophomore psychology major, attended the event for both personal gain and academic credit.

"I was hoping to strengthen my self confidence and/or self love because in my opinion no one can have too much," Simpson said.

Studies have shown that a lack of self-compassion may result in anxiety, depression, stress and perfectionism. While an increase in self-compassion results in life satisfaction, happiness,

self-confidence, optimism and gratitude.

Neff emphasized that there is a difference between self-compassion and self-esteem. She explained that for years self-esteem was seen as being directly linked to well-being, however in the 80s and 90s a large amount of literature came out that revealed the hidden downsides of high self-esteem.

The problem was not necessarily having high self-esteem, but rather how people went about getting it.

Attendees learned how to treat themselves with more compassion and patience. "There are healthy and unhealthy ways of getting high self-esteem," Neff said. "One of the big problems, from my point of view, is this: in order to have high or even baseline self-esteem we have to feel special and above average."

Neff explains this is logically unachievable, because it is impossible for everyone to be above average at the same time. Another problem with self-esteem is that when a person needs it most, during times of failure or struggle, it abandons them.

This is why Neff believes self-compassion is the perfect alternative to self-esteem.

"Self-compassion is a way of relating to yourself positively that's not all about judging yourself as worthy. It's about being kind, supportive and understanding of yourself, which is much more stable," Neff said.

She explains there are three main components of self-compassion: self-kindness, common humanity and



Photo by Allison Birr

Students listen as Neff speaks about power of compassion.

mindfulness. This means treating the self with care and understanding rather than harsh judgment, recognizing that everyone faces struggles and imperfections and, lastly, allowing oneself to "be" with painful feelings instead of running from them.

Hanna Grumke, sophomore health promotion major, said, "I was greeted with a humbling reminder that we are all struggling in our own personal ways and it doesn't always matter what those things are. It matters that we are able to support ourselves as human beings who

make mistakes even with the intention of growing and it is in our best interest to support others as well, because no one has it as easy as we may think."

Grumke said it was nice to learn and practice these tools in a safe environment where she could be honest and vulnerable with those around her.

"I left with an inspiring feeling that I have the ability to create positive change in my emotions and mind no matter how small the steps I need to take are," Grumke said.

Captial Campaign Kicks Off Pointer Pride With A Bang

CAROLINE CHALK
REPORTER
cchal845@uwsp.edu

Alumni, students and community members gathered on campus this past Saturday to learn about and celebrate the launch of the capital campaign.

The goal of the fundraising campaign is to get donors and friends excited about the possibilities for the future of the University of Wisconsin-Stevens Point.

According to Chancellor Bernie Patterson, the money that is raised through the capital campaign will not replace money lost from recent budget cuts. Patterson said that the money raised will most likely go

towards academic programs and scholarships.

"There are plenty of opportunities for people to invest in. We don't necessarily develop a shopping list, because that's not how it works when you are asking someone to give a million dollars. It's really about getting to know our friends and finding out what they are passionate about," Patterson said.

For Patterson, the number one goal of the campaign is to bring people across the country together with the common goal of supporting the university and its students.

He said that the purpose of Saturday's event was not only to get people excited about the university's future, but to officially go public with the campaign.

Al Thompson, Vice Chancellor for Student Affairs, is thrilled about the prospect of increasing scholarship funding for students on campus.

"In this day and age we have a decrease in state funding and we want to be able to, through a capital campaign, continue to enhance, improve and take the university to the next level," Thompson said.

Thompson feels that the campaign is not about replacing money from budget cuts, but rather collaborating with donors to create more opportunities for the university.

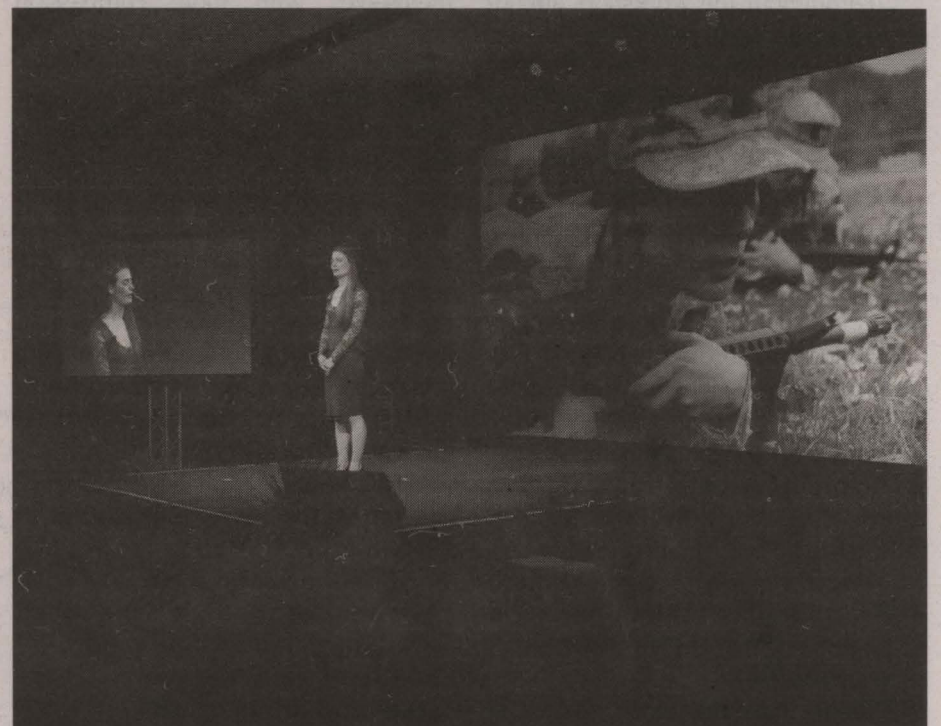
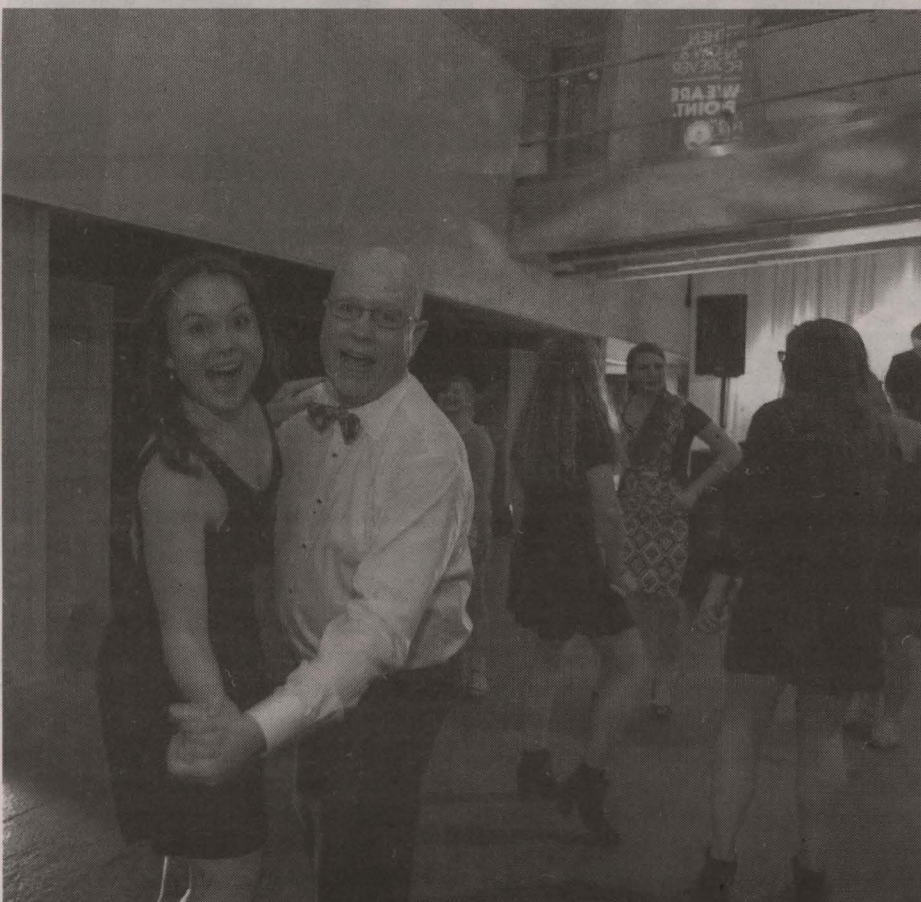
Kaylee Bast, communication and business major, attended the event as a volunteer through the

admissions office.

Bast felt that the stories students shared revealed the benefits and incredible impact donations have on the university. Bast also enjoyed that the event gave her the chance to network and make connections with like minded people.

According to Bast, the set-up of the event was so beautiful that she forgot she was in the Dreyfus University Center.

"Seeing so many alumni come back to the school really shows how much they care about the university and how much it impacts them," Bast said.



Photos courtesy of the UW-Stevens Point Alumni Facebook page

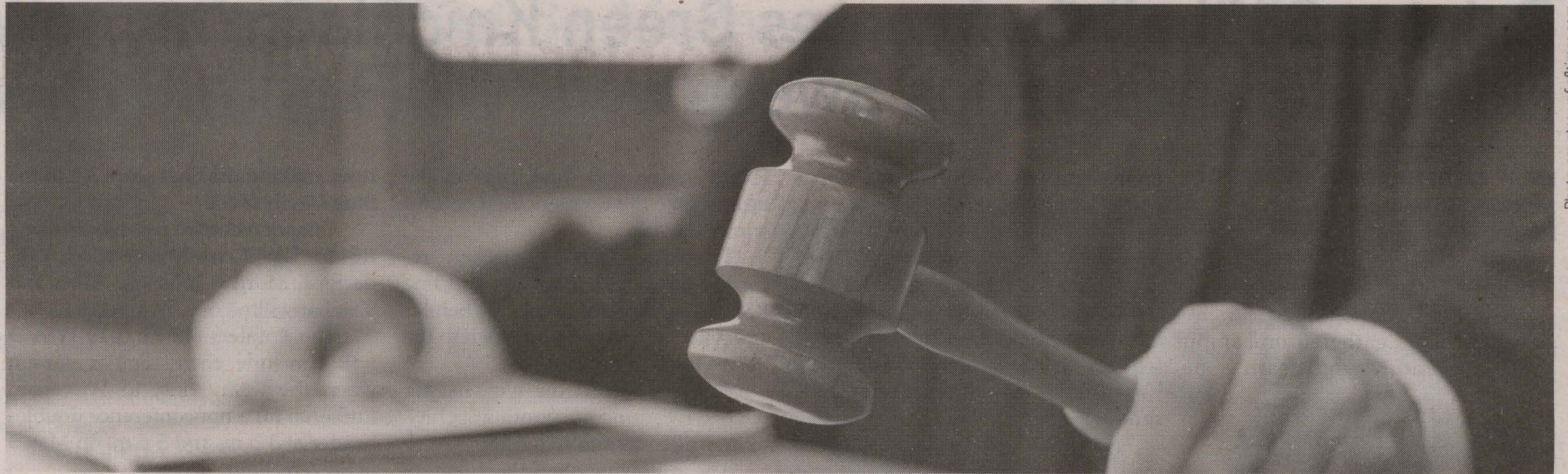


Photo courtesy of sftimes.com

Youth Sue Government For Environmental Neglect

GENEVIEVE ADAMSKI
REPORTER
gadam590@uwsp.edu

A lawsuit has been filed against the federal government by 21 young people in Oregon.

The group, ranging in age from eight to twenty-one years old, brought the case to their state supreme court where it was approved to be reviewed by the federal court.

The main reason behind the lawsuit is that the group believes the government isn't doing enough to protect the water, air, and land for future use and enjoyment.

The case states that the government is violating the generations' fifth and ninth amendment rights, by favoring the short term economic benefits of a few individuals over the needs of an entire generation.

On basis of the fifth amendment, the group thinks the government is violating their future life, liberty, and property, without due process of law.

In addition, they are using the ninth amendment as an argument. It states that there are other rights that may exist for citizens even though they are not mentioned directly in the constitution.

The group of young people from Oregon claim the companies, mainly

the fossil fuel industry, are violating the future livelihood of Americans by polluting the United States' natural resources.

Sarah Jelle, senior communications major said, "I feel like it's too ambiguous. To effectively sue someone, you would need to put a price on it. And I don't see how they can tally what their compensation should be."

This case is based off of the assumption that the group's rights in the future may be limited. The likelihood of this case having a successful outcome is very slim. The courts take years to hear cases.

Dr. Brad Mapes-Martins, professor

of political science said, "It all depends on if there is going to be property that is no longer useable." Since this case is arguing about hypothetical outcomes due to climate change, most would say it doesn't have a very good chance of winning."

The outcome of the case also is dependent upon on the new Supreme Court appointee.

If Republicans end their blockade of the nominees of President Obama, the court will lean more to the left of the political spectrum, and this case may have a better chance at winning, but it is still very slim.

Land Conservation Society Rooting for Habitat Preservation

GENEVIEVE ADAMSKI
REPORTER
gadam590@uwsp.edu

On Wednesday, Apr. 27 the Land Conservation Society drove out to a preserved, private piece of land near Amherst to remove invasive species.

Doug Henderson is a retired psychology professor from the University of Wisconsin-Stevens Point, and he owns the land which the student group was doing restoration work on. His land is part of the North Central Conservancy Trust.

According to their website, the North Central Conservancy Trust aims to "protect the worthy, scenic, working lands and environmental resources for the benefit of the people of Central Wisconsin."

Not only is Henderson's land protected from development, but being part of a land trust, or easement gives him tax reductions, and a portion of the profits when the Department of Natural Resources harvests timber on his land.

Students drove out to Henderson's property to volunteer in keeping his land clear of the already spreading, autumn olive.

Autumn olive is an invasive shrub that grows in shaded areas. The plant has small leaves that are dark

green on top and have a lighter, sliver green on the underside of the leaves.

The shrub, originally from Asia, was introduced as an ornamental plant, it was also used for erosion control.

The plant poses a threat to other species because it is quick growing, and competes for space and resources that other native species need. Autumn olive isn't easy to remove, It cannot simply be cut, it must be pulled out by the roots.

This makes controlling its spread extra difficult.

Land donors that are part of the North Central Conservancy Trust, are connected with the student-run Land Conservation Society on campus.

The group aims to educate the public about land trusts, and also assist current land donors in preserving habitat on their land.

Brewster Johnson, senior land use and planning major, was one of the students in charge of organizing the trip. He values the relationship formed between the students and the land, but also between the students and the land owners.

Johnson said, "At the end of the day, we make cross generational friendships and help restore some habitats while we do it."

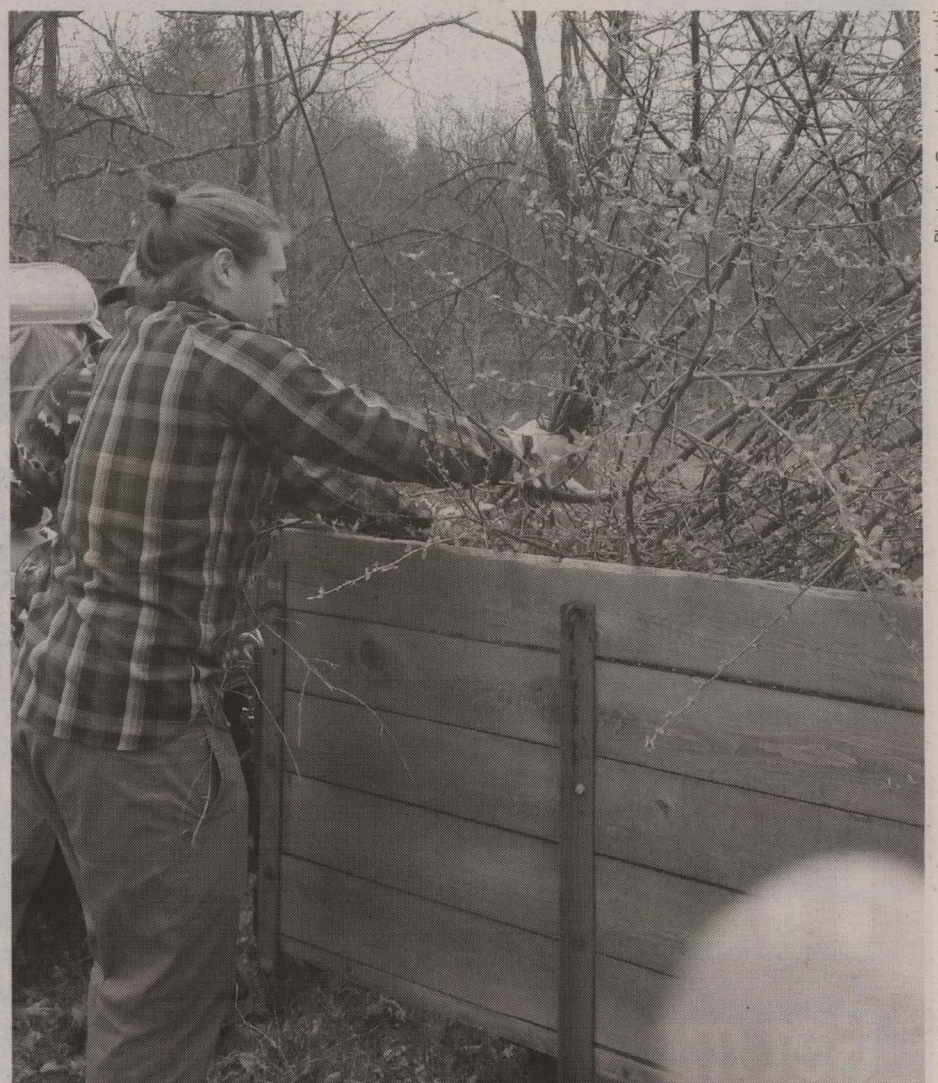


Photo by Genevieve Adamski

Students work to remove autumn olive invasion.

Pointer Softball Overcomes Green Knights in Nonconference Series Sweep

KYLIE BRIDENHAGEN
SPORTS EDITOR
kbrid305@uwsp.edu

With a collective 27 hits, the UWSP women's softball team swept its nonconference series matchup against St. Norbert College.

The Pointers outscored the Green Knights 21-5 in their two victorious games, with their first win in game one going 11-3 in five innings of play.

In the first inning, neither team saw a run cross the plate, but the Pointers managed to get their bats swinging into the second.

A single from junior Cori Semler scored sophomore Averie Kanyuh to give UWSP the 1-0 lead. A single from freshman Morgan Johnson and a double by senior Bailie Sheahan knocked in a pair of runners in the second inning, boosting the Pointers to a 4-0 lead.

The Pointers continued their scoring efforts with three runs in the third inning and two in the fourth to increase their lead 9-0.

The Green Knights got their team

on the board in the fifth inning with a pair of singles, making the score 9-3.

UWSP added two more runs by freshman Kylie Johnson and Sheahan to give the Pointers the 11-3 win.

Semler led the team's batting efforts with three RBI, two runs and two hits. Freshman Jen Jacobson and Kanyuh each added two hits and two runs.

Freshman Maddie Durie pitched five innings with three runs and one strikeout to earn her the win.

The Pointers recorded 14 hits to the Green Knights' six in game two, taking the 10-2 win.

After leaving runners stranded in the first inning, UWSP got their bats swinging in the second inning.

Sophomore Paige Allen, freshman Kelsey Roshell and Semler tallied three singles to leadoff the inning, which concluded with the Pointers recording a six run lead.

St. Norbert fired back, scoring two runs in the third inning. The Green Knights' two runs would not be enough to fight for a chance to lead, as UWSP scored one run in the

fourth inning and three runs in the fifth to give the Pointers their second win of the day.

Freshman Dana Gertschen recorded three runs, two hits and one RBI, while Sheahan, Jacobson, Semler and Allen added two runs each to the team's total.

Kanyuh earned the win, having pitched five innings, counting six hits, three strikeouts and two runs.

The following day, the Pointers traveled south to take on UW-White-water.

The WIAC opponents were only able to play one game of their scheduled doubleheader, resulting in 12-4 Warhawk win.

In game two of the doubleheader, UWSP was the first to score with an RBI single from Cooper to score Sheahan.

The Blue Devils bounced back, tying the game at one apiece. Neither team scored after the third inning, with the score remaining 1-1.

UW-Stout's Tori Workman hit the game-winning home run at the top of the eighth inning to score two more

runs, making the final score 3-1 in the Blue Devils favor.

Cooper recorded two hits and one RBI for UWSP, while senior Jodi Vanderford, Morgan Johnson, Allen and Sheahan tallied one hit apiece.

The Pointers (12-22, 3-10 WIAC) will conclude their regular season when they play host to Wisconsin Lutheran for a nonconference doubleheader at 3 p.m. and 5 p.m. on May 3 in Stevens Point.

Pointer Track and Field Capitalize on Strong Performances at St. Norbert Invitational

The University of Wisconsin-Stevens Point men's and women's track and field teams won 16 event titles to help garner first and second place team finishes at the St. Norbert Invitational.

The men's team claimed the invitational title with 202 points, while Carthage placed second with 169 points and Concordia-Wisconsin was third with 111 points.

The women's team finished in

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Women's Golf Builds Momentum Into Next Season With Strong Final Showing

CHARLES KLUMB
REPORTER
cklum166@uwsp.edu

As their spring season concludes, the University of Wisconsin-Stevens Point women's golf team gave themselves a boost of momentum going into the summer.

Four of the five UWSP golfers shot below a 100 round at the University of Wisconsin-Whitewater Spring Fling Invite, the best all year for the squad.

This result was a strong finish to a somewhat disappointing season for the Pointers.

"We underachieved a bit, and not because we weren't trying. Golf is just an extremely hard game and some things just didn't go as planned this year," said Head Coach Rory Suomi.

Although Suomi believes they underachieved, the Pointers improved from their last place finish in the Wisconsin Intercollegiate Athletic Conference a year ago, to a sixth place finish this year.

He believes next year could be the one where the team takes a jump.

"It's good we finished strong this year, and with the group I have coming back along with new additions, I think we will have a chance to be pretty good in the fall," Suomi said.

With the fall being the main season for the team, the spring season is used for fine tuning and adjustments. One area the whole team felt needed to be improved is also the most important area of the course, near the green.

"We all stressed to work on our short game, because I could hit a great drive and lose strokes by the hole cause I can't chip or putt, but I have gained more strokes when I can chip or putt rather than hit it far," sophomore Jalyn Labine said.

Being a golfer is a lonely feeling most times, but the Pointer women do all they can to help each other in the heat of competition.

"We try the best we can to keep each other relaxed, whether it is doing a weird dance when we see each other on the course or whatever, it's just better for us all to try to get rid of the nerves and

play relaxed," freshman Jackie Halverson said.

As a golf coach, it is even more of a unique situation than a player, and Suomi's golfers believe he does a great job of getting them prepared.

"He can't be with us the whole time obviously, so he does a great job keeping things loose and making sure we have our mind right, and then it is up to us to go play," Labine said.

As the team will go into the offseason, Suomi hopes some of his methods will get carried out through the summer so that, come fall, the Pointers are ready to roll.

"I stress more course management than anything, because you can hit fifteen perfect drives in a row, but on a course you hit one drive and you're on to the next club," Suomi said. "I think the girls started to realize if you play a course correctly you maximize your ability to score."

The Pointers only had six golfers come out last fall, a number well short of what was anticipated. Suomi expects that number to rise and drive the other golfers to become better.

"Hopefully we get all the girls I expect are coming because it creates competition and pushes the girls to be better," Suomi said. "I think a lot of our girls did what they needed to do this year and didn't really have that sense of competition to get better."

All of the golfers will go their separate ways this summer, but have pinpointed some areas they look to improve to come back even better in the fall.

"I'm going to compete in some tournaments this summer and find the areas I need to continue to improve on in addition to some of the areas I already know need improvement," Halverson said.

Competing in tournaments is encouraged immensely by Suomi, who believes it is the greatest opportunity for improvement.

"You can go play with your Mom and Dad and have fun and that is great, but competing against others and having to hit a four foot putt can't be duplicated any other way," Suomi said.

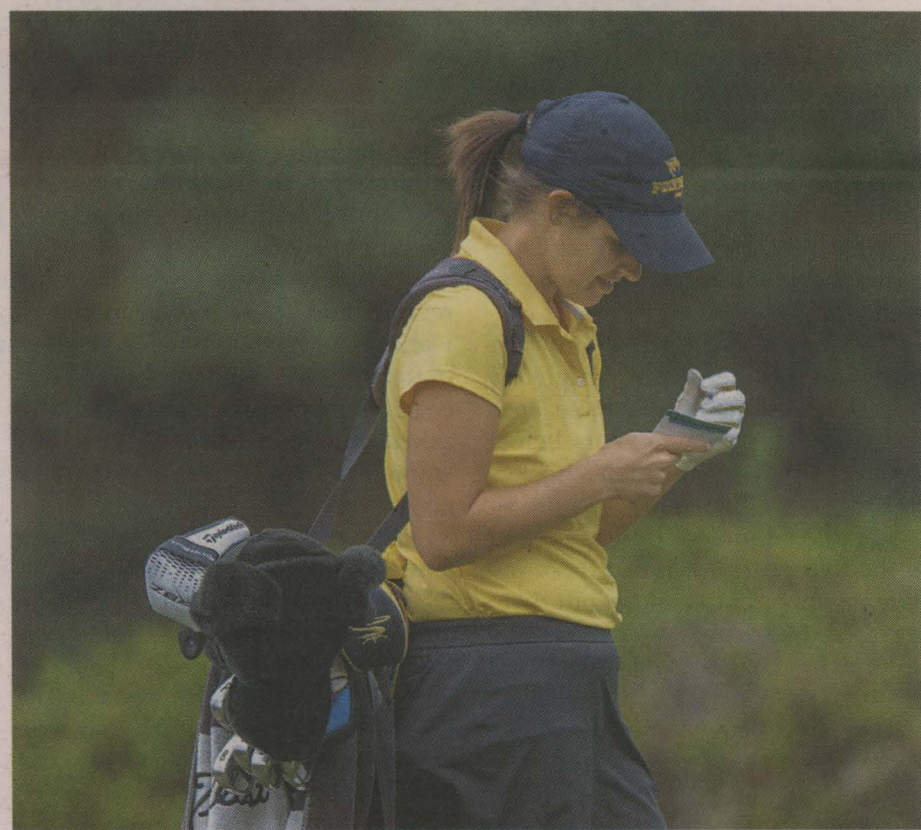


Photo by Jack McLaughlin

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continued from page 1

ing in the single buck event, Richard Rudolph came away with a third place finish.

"Personally, I think I did well and it was one of my better chops personally so I was happy with it," said Rudolph.

Throughout the season, the team takes it upon themselves to practice on a consistent basis whether it be in Schmeckle Reserve or a team member hosting practices at their house.

Professor Paul Doruska oversees the team as the faculty advisor and admits that he tries to help with practices when needed but the team has always been very good about coming together to figure out practice sights and schedules.

"They practice for months, and that is what I am most proud of is the dedication of the students," said Doruska.

Rudolph and Miller are hoping to host a fundraising event in the near future to help cover expenses of the sport such as blade sharpening and travel.

The club is not limited to forestry students and encourages all students to look into the team to continue the heritage.

"Most folks who have the inkling to try it, just love it, and stick with it," said Doruska.

With Conclave out of the way now, next up for the team will include some team members traveling down to Illinois to observe a national competition of professional Stihl competitors.



Siblings Continue to Play Together at Collegiate Level

CHARLES KLUMB
REPORTER
cklum166@uwsp.edu

For six sets of siblings, 18 plus years of being together just wasn't enough, as they have joined forces at the collegiate level to continue their journey together.

These siblings vary across six different sports at the University of Wisconsin-Stevens Point and the paths they took to get here vary as well.

Junior Mark Bittner and his freshman brother Ryan, originally from Crookston, Minn., have been apart for the past two years before joining to play for the men's hockey team.

"I played juniors in Fresno, and in the two years I was out there my parents only got to make it out there once. So to be able to play at the same school with my brother and my parents to be able to watch us both is pretty cool," said Mark Bittner.

His younger brother Ryan played his juniors in Winnipeg, and has enjoyed the stability of having his brother around again.

"He's helped me a lot with the adjustment to college more so than anything on the ice," said Ryan Bittner.

Also on the ice, Logan and Cara Lemirande cover both ends of the spectrum with Logan on the men's hockey team and Cara on the women's hockey team.

Logan Lemirande, a senior, just completed his final season of collegiate hockey as a part of the Division III National Championship winning team.

Cara Lemirande, a freshman, completed an outstanding season, finishing second on the team in goals, and third in points.

On the hardwood, twins Mickey and Lexi Roland have played together for as long as they can remember, and that connection is evi-

dent on the court.

"People always say you always seem to know where Lexi is on the court and vice versa, it has gotten to the point where it's just natural for me to always have that connection with her on the court," Mickey Roland said.

Although they both play major minutes for the Pointers now, the pair almost had to split up prior to coming to UWSP.

"Initially Mickey was the only recruit and I was considered a walk-on, so I was looking at other options," Lexi Roland said. "Then coach Egner came up to me and asked on one of Mickey's visits if I wanted to be a Pointer and it was a no-brainer."

The cross country team has a tandem of their own as well.

Dane and David Tyler have been on campus together for three years now. Dane Tyler, a junior, and David Tyler, a senior, were a part of the UWSP cross country team that won two invitationals this past year, and finished top five in three other invites.

Junior Sam Peters and sophomore brother Quinton Peters have wrestled on the mats of UWSP together for the last couple years.

Quinton Peters improved during his freshman season of two wins to seven wins this past season. While Sam Peters battled through a tough junior campaign that concluded with a 1-9 record.

Finally, on the gridiron, Blake and Reed Lehman made an impact on both sides of football.

Blake Lehman, a sophomore safety, made a huge jump from his freshman season with limited playing time and senior Reed Lehman caught his first career touchdown for the Pointers in a win against the University of Wisconsin-Eau Claire this season.

Whatever impact Reed Lehman had on the field for the Pointers, it was his impact on his brother that



Photos by Jack McLaughlin

will be more important.

"Words can't describe how important it was to have him on campus when I first got here, I was stressed out from day one being a student-athlete and having him to always guide me in the right direction was huge," Blake Lehman said.

Reed Lehman has spent the spring semester student-teaching in Mosinee, and will be greatly missed by his younger brother when he

graduates.

"It's tough when you are around someone your whole life and then all the sudden they're not there every day anymore," Blake Lehman said. "I'll miss just sitting and talking about whatever is on our minds for hours more than anything."

For a campus that has a motto surrounding around the value of "1 Point," these six group of siblings take that to the next level.

continued from page 7

second place with 196.50 points behind host team St. Norbert. The Green Knights tallied 202.50 total points to win the meet and Concordia-Wisconsin finished third with 150.50 points.

The Pointer men's team combined for eight event title winning performances, many of which stemmed from their younger athletes.

Freshman Dylan McGuire won the 400-meter dash in 51.04 seconds and his freshman teammate Noah Scheer crossed the line in 52.28 seconds to place fourth overall.

Freshman Travis Wollenberg was champion in the 800-meter run in 1:59.86 and sophomore Trey Hess earned a fifth place finish in the event with a time of 2:04.31.

UWSP swept the top three places in the 1,500-meter run, with junior Benjamin Jurenec winning the title in 4:08.89. Sophomore Ryan Spahn placed second with a time of 4:09.05 and freshman Alex Egbert finished third in 4:10.04.

Junior Takuto Kobayashi won the 400-meter hurdles in 56.15 seconds and also finished as runner-up in the 110-meter hurdles with a time of 15.52 seconds. Junior Michael Pomaville finished second in the 110-meter hurdles in 57.62 seconds.

Team "B" from UWSP was champion in the 4x100-meter relay with a time of 44.57 and Team "C" placed third in 44.94 seconds.

Freshman James Mackenzie tallied a jump of 6.94 meters in the long jump to win the event and freshman Jeremy Lee finished fifth overall with a jump of 6.29 meters.

UWSP recorded three of the top five marks of the meet in the triple jump.

Freshman Josh Jones' 13.68 meter jump won the event, while freshman Se'Kon Stephens finished fourth overall with a jump of 12.20 meters and sophomore Tanner Akers' jump of 12.15 meters was good for a fifth place finish.

UWSP rounded out its event winners with sophomore Tylar Kohnke, who won the javelin throw with a toss of 55.08 meters.

The women's team also won eight events and began its winning performances with junior Abigail

Clement winning the 100-meter dash in 12.64 seconds. Freshman Lindsay Born finished fourth overall in 13.63 seconds.

Three Pointers clocked under-30 second times to place within the top five finishes in the 200-meter dash. Juniors Sarah Vils and Megan School finished 1-2, with times of 27.70 and 28.60, respectively. Born rounded out the top five finishers in 29.22 seconds.

Junior Kathy Derks was the only competitor in the field to finish the 400-meter dash in less than one minute. As the sole Pointer in the event, she won the event in 59.43 seconds.

As the only UWSP representative in the 800-meter run, sophomore Leah Trempe won the event in 2:23.35, nearly seven seconds ahead of the second place winner.

Junior Jacklyn Butler earned a first place finish in the 100-meter hurdles in 15.26 seconds.

UWSP's 4x100-meter relay team won the event, crossing the line in 50.07 seconds.

Senior Kadie Flynn won a pair of events guiding the Pointers to their second place team finish. She won the discus throw with a toss of 47.17 meters and recorded a 52.88 meter throw in the hammer throw to win that event.

The Pointer track and field teams will compete next at the Wisconsin Intercollegiate Athletic Conference outdoor championships May 6-7 in Whitewater.

Baseball Moves to Third in WIAC Standings Splitting Series with UW-Oshkosh

The Pointer baseball team split a pair of games against nonconference opponent St. Scholastica.

UWSP won in walk-off style, 3-1, ahead of St. Scholastica after 10 innings of play.

St. Scholastica's Jake Kuschke's double in the second inning put the Saints on the board early in the game for the 1-0 lead.

In the third inning the Pointers answered with an RBI double from sophomore Ray Greco to score junior Ben Gerber to tie the game up.

Both teams remained tied at 1-1 all the way through to extra innings. At the top of the tenth inning, soph-

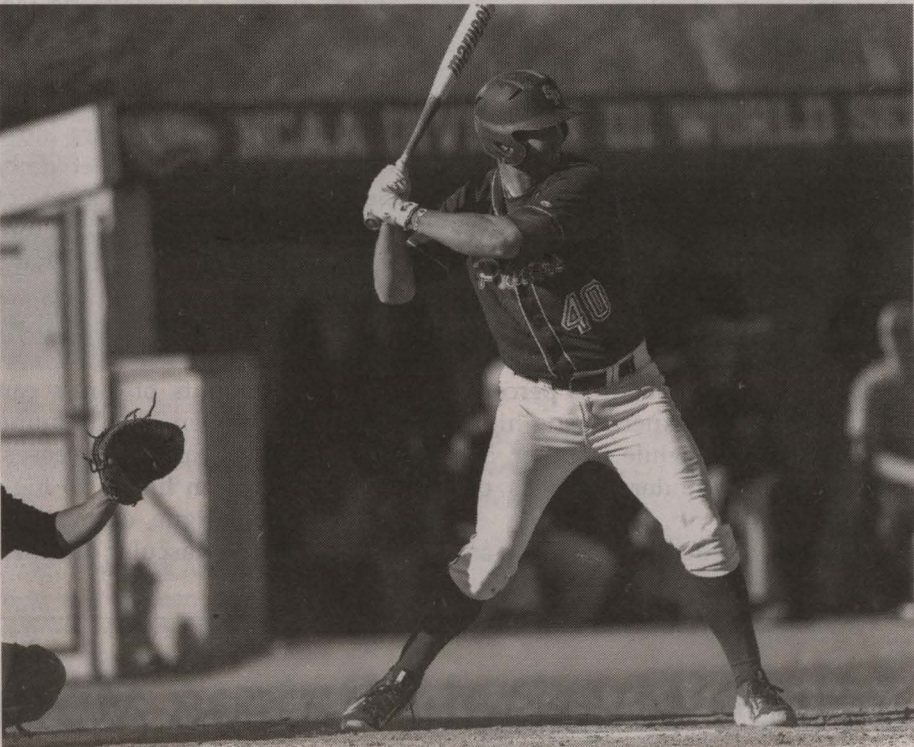
omore Turner Doornink smashed a two-run, game-winning home run to pick up the Pointers win.

Doornink tallied a team-high two RBI, one run and one hit. Freshman Ryan Stanicek, Kyle Mrozinski, freshman Peter Stommen, junior Clint Rose and Greco each contribut-

ed one run to the team's total.

Sadowski hit a two-run double, scoring Hanke and Strommen for the game win.

Hanke's two runs and one hit lead the Pointers, while Sadowski



Photos by Jack McLaughlin



ed one run to the team's total.

Sophomore Drew Spaeth earned the win, having pitched 3.1 innings with tallying one strikeout. Freshman Ben Servais pitched 6.2 innings and recorded five hits, three strikeouts and one run.

Coming off the down-to-the-wire win, UWSP was defeated by the Saints 12-1 in seven innings in game two.

On Saturday, UWSP split a doubleheader series with conference competitor UW-Oshkosh.

The Titans defeated the Pointers 6-3 in game one, but UWSP rallied back in game two with a 4-2 victory.

UWSP's scoring efforts began with two unanswered runs in the first inning of the second game.

Doornink stuck first with a single to score Schultz and freshman William Iloncaie reached on a fielder's choice to score.

UW-Oshkosh's Robbie Kleman knocked out a two-run home run to tie the game at two runs apiece. This

had two RBI and one hit.

Freshman Luke Thomka earned the win on the mound after pitching seven innings, striking out seven. Spaeth pitched two complete innings and recorded one hit.

UWSP also split its Sunday doubleheader against UW-Oshkosh, losing game one 7-6 and rallying back in the second game 16-2 in seven innings.

UWSP tallied 17 hits to UW-Oshkosh's six in game two to split the last series.

Doornink lead the way for the Pointers with six RBI, four hits and three runs. Sadowski recorded four hits, two RBI and two runs and Hanke went 2-for-3 and three runs.

Junior Alex Thompson was given his third win of the season having pitched five full innings with a game-high two strikeouts.

UWSP (18-16, 9-7 WIAC) will face Benedictine for a doubleheader at 3 p.m. and 6 p.m. on May 3 in Lisle, Ill.

SPORTS EVENTS	
BASEBALL	TRACK AND FIELD
May 6, 1 p.m. and 4 p.m. vs. UW-La Crosse Alumni Day	May 6-7, WIAC Outdoor Championships at Whitewater
May 7, 12 p.m. and 3 p.m. vs. UW-La Crosse Senior Day	

Students Wonder: Is Stress Good for the Mind and Body?

RIDDHI GANDHI
REPORTER

Riddhi.B.Gandhi@uwsp.edu

Stress can be synonymous with the final weeks of college.

Many students have upcoming deadlines for papers, projects and of course studying for finals on top of other commitments. Being a college student requires enduring a significant amount of stress, especially during the end of semester.

Stress has been linked to many diseases and changes in physiological functions.

According to American Psychological Association about 25 percent of Americans are experiencing high levels of stress, while another 50 percent report moderate levels of stress.

Stress is frequently referred to as

a "flight-or-fight" response because it has allowed us to evolve, helping us gather information from our surroundings helping us react quickly to life-threatening situations.

Final exams may make us feel like life is ending, but science disagrees. In fact, some stress can actually be beneficial.

Stress can give that extra burst of energy to help you meet daily challenges and motivate you to get that extra hour of studying in before your final exam. Some experts have mentioned that stress can boost one's memory and strengthen their immune system.

Chronic amounts of stress can significantly weaken the immune system, causing various diseases. Stress has also been linked to high blood pressure, fatigue, depression, anxiety and cardiovascular disease.

Some students give insight on how they cope with stress.

"I do sports and I hang out with my friends, which is pretty common I think. However, sometimes I also do woodwork which is more unusual I think," said Nicolas Deboos, junior web and digital media development major.

Centers for Disease Control and Prevention have great suggestions for how to cope with stress in a healthy manner. Foremost, be sure to take care of yourself by eating well-balanced meals, exercising daily and getting a good night's sleep.

"I won't use my phone, computer or do any homework while I'm eating meals so that I force myself to take that break," said Katelyn Piepmeier, sophomore dance and business administration major.

These suggestions may be diffi-

cult to achieve during the last few weeks of college, but making an effort goes a long way. Taking frequent breaks while studying and enjoying some quality time with friends and family helps to significantly relieve stress.

"Well, usually what helps my anxiety are tasks that absorb my attention. Mostly creating things or putting things together," said Alan Bustamante, a fifth year student and international studies and history major. "I love the ability to turn my entire body into a process of creating something whether it's music, drawings, writing, constructing things or just cleaning. I need a lot of music and work space with things that comfort me like candles or fragrance scented thingies."

Soiree Musicale Raises Money for Incoming Students

JENNA KOSLOWSKI

ARTS & ENTERTAINMENT EDITOR
jkosl66g@uwsp.edu

This year marked the 18th annual Soiree Musicale, a fundraiser for scholarships for incoming freshmen, with more than \$300,000 raised since event came into existence.

This year's theme was "Soiree Musicale Masquerade: lose yourself in the music."

Alumnus Jonathan Smith emceed, making plenty of puns and references to the theme of Masquerade. He earned many laughs throughout the night and involved the audience, asking if there were first timers or music majors in the audience.

Smith put the history and technical terms of each performance into common language before every performance.

Included in the program were a variety of performances including everything from a musical number from "The Magic Flute" to the Symphony Orchestra performing under the direction of Patrick Miles one last time.

Faculty and students nominated

by faculty were invited to perform.

This was Allycia Zalach's third time attending the Soiree Musicale. She said the final performance was a great tribute to Miles and it was great to see him conduct one last time.

Catherine Wilson, assistant professor of music education, performed "That's Amoré," selecting audience members to hold up signs for each line of the song and put the focus on the audience, even in her speech before her performance.

"I can tell you that the students that you are seeing performing tonight... These students work so hard, so thank you so much for being here tonight," Wilson said.

During the scholarship event, attendance and generosity are focused upon because the higher the attendance the more students will get money to help pursue their career.

"The students are very passionate about it but they often don't have resources to match the passion so this event helps them realize their dreams," said Patricia Holland, department of music chair.

This was a different experience for the audience and the perform-



Photos by Jenna Koslowski

ers, because they did not perform an entire concert or musical, every act brought about a new form of music.

"It involved many different ensembles that don't normally get to

perform on the same night," said Casey Parker, senior instrumental music education major.

The next Soiree Musicale will take place on April 28, 2017.

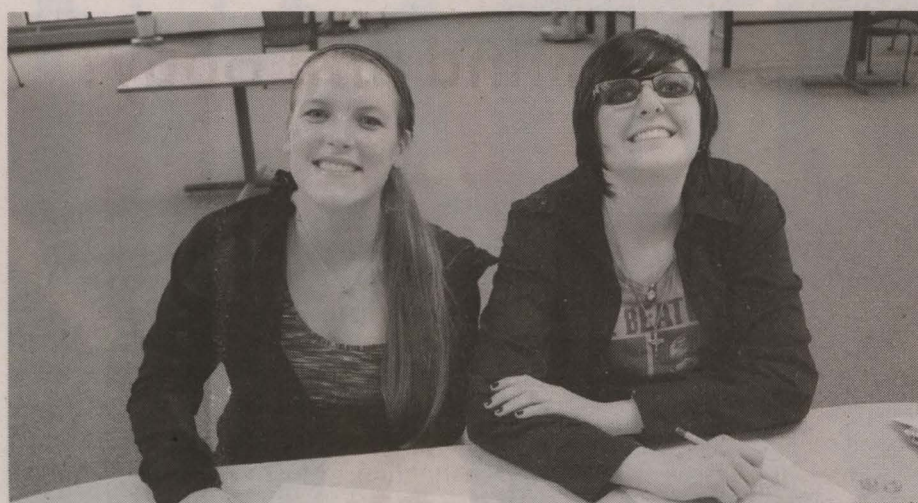
LIFE IS A PUZZLE

By Jonathan Seymour



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**MICHELLE KIENOW**

Michelle Kienow is a freshman bio chemistry major.

TABITHA COLLINS

Tabitha Collins is a sophomore pre-med major.

Who is the worst person to be stuck in an elevator with?

Michelle - "My boss."

Tabitha - "Someone who stinks."

What is the most relaxing place you've been?

Michelle - "My great grandma's farm."

Tabitha - "A beach, I don't know."

What is the hardest sport to excel at?

Michelle - "Swimming."

Tabitha - "Running."

What TV show or movie would you want your life to be like?

Michelle - "The Big Bang Theory."

Tabitha - "Probably 'Sword Art Online,' it's an anime."

What emerging technology are you most excited for or do you wish existed?

Michelle - "Teleportation."

Tabitha - "Nerve gear, so you can go inside a game."

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ARTS & ENTERTAINMENT EVENTS**MAY 4**

7 AND 9 P.M.
Deadpool
DUC Theatre

MAY 5

11 A.M.
Chemistry Building
Groundbreaking
Lot X

9 P.M.
An Evening of Salsa
DUC, Encore

MAY 6

7 AND 9 P.M.
Deadpool
DUC Theatre

7:30 P.M.
Dogfight
Studio Theare

8 A.M.
OMNOS Quintet
DUC Encore

MAY 7

2 AND 7:30 P.M.
Dogfight
Studio Theare

7 P.M.
Late Night Vibes
Poetry Slam
DUC Alumni Room

8 P.M.
Comedian Chris James
Encore

MAY 8

2 P.M.
Dogfight
Studio Theare

Panic! at the Quandt

MICHELLE WILDE
REPORTER

Michelle.J.Wilde@uwsp.ed

After much anticipation, the award-winning and internationally acclaimed rock band, Panic! At The Disco performed in Stevens Point on April 26.

Panic! At The Disco formed in 2004, and has released 5 studio albums since then.

The concert was organized by Centertainment Productions and took place in the Quandt Field House. The tickets went on sale early February and sold out before the concert.

"I grew up listening to them so being able to see them live far exceeded any expectations I had. I loved it," said Hayley Nelson, sophomore international studies.

Panic! At The Disco has topped the charts since their 2005 debut album, "A Fever You Can't Sweat Out." A second single, "I Write Sins Not Tragedies," went to No. 7 on the Billboard charts and won MTV's Video of the Year in 2006. Their newest single, "Victorious," debuted at No. 1 on iTunes Top Songs.

"The concert was a lot of fun. They played new and old songs. The place was packed and everyone seemed to be enjoying themselves," said Kate Kistner, junior Spanish major.

Much to the delight and surprise of fans, Panic! At The Disco covered Queen's "Bohemian Rhapsody." The cover reflected the extent of the lead vocalist, Brendon Urie's, range of vocals and instrumental talent.

"Although I'm not a huge fan, there were some good surprises in their set. I especially loved their "Bohemian Rhapsody" cover," said Natalea Wright, senior international studies major.

The band's opening act was Vinyl Theatre, originally from Milwaukee, Wisconsin.

Alex Krusiec, senior Spanish major, said, "From the amazing performance to the surging crowd the Panic! At The Disco concert was a once in a life time opportunity!"

Panic! At The Disco is currently recording new music for a forthcoming studio album. Their next performance is in Memphis, Tennessee on Friday April 29.



Photos by Taylor Stenger, at www.tsten498.wix.com/taylors, with Centertainment Productions.



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