Four players from the 2015-2016 University of Wisconsin-Stevens Point Men's Hockey Team have accepted training contracts with next level hockey teams. Currently, Joe Kalisz, Evan Dixon, Sean Gammage and Logan Lemirande have spread across the country training for their new teams.

Joe Kalisz, a three-year skater for The Pointers, is now playing for the Fireantz in Lafayette, North Carolina. Last season, Kalisz tore his ACL during the National Championship game. After being out of the rink for multiple months Kalisz said that he is, "looking forward to just playing."

"Commitment, accountability and getting better every year is what I learned from playing at UWSP," Kalisz said.

Another player making it to the next level is Evan Dixon. Dixon is currently training with the Rapid City hockey team in continued on page 8

"It's where you're really strain­ing plausibility at points, but it's hopefully keeping just enough real­ity that the audience stays with the story," Marchant said. Marchant said that everyone has been working tirelessly on the production and is dedicated to its success.

"We started working on the show in the summer, talking with the set designer and costume designers, starting to form what the show wants to be and what it wants to look like," Marchant said. "Then we started rehearsals in the beginning of the school year, so we've been working hard on the play for several months."

Amie Winfield, junior technical theater and design major and sound director for the play, is excited for the show to get the ball rolling starting Oct. 14 and applauds her fellow peers who are working on the production.

"The group dynamic of this show is great and Tyler is a great director to work with," Winfield said. "I don't think there has been one night where people have not had fun working on this show, so everyone just works really well together and I think that's just us as a department. We can all work together really well, we communicate really well and everyone does their part, but also does their part to help everyone else out on the show as well."

Marchant said something that the UWSP Theatre Department hasn't done in awhile is a production in the style of farce. "One of the things we're trying to do educationally is give our students access to different styles of plays and productions, so I have been looking for a farce for awhile and I just hadn't come across one that felt right for us here," Marchant said. "When I finally read this one I thought that we could do this play, and we could do it well."

continued on page 10
Editorial: Can You Hear Me?

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Can you hear me?
Can we hear ourselves?
Disgruntled drivers wait for us to cross the street because we can’t hear them. Students awkwardly sit waiting right up until the last second before class starts to put our headphones away.

What are we doing?
Headphones belong while working out or while working in a common area. They are used in the attempts of being courteous to those around us by keeping our sounds to ourselves.

Headphones should be used when we are trying to get in the zone and get projects done. They are a tool, but like all tools, they have the ability to be misused. By wearing headphones constantly, we are signaling to the world that we do not want to be involved and that we are checked-out. We are communicating that nothing and no one is worth our time.

If we are using headphones as a coping mechanism, we need to stop. By choosing not to participate with the world, our own internal wars—the reasons why we feel awkward, stressed, or nervous—become worse.

We have the power to make our lives enjoyable, to turn to the person next to us and try a conversa-
tion, to hear leaves crunch underfoot while walking to class.

Instead, we are choosing to use headphones as a crutch. We are attempting to move from one place to another with as little interaction as possible.

We need to take control of our lives. It may be scary at first, but we will find more enjoyment in your lives if we choose to participate in it.

Have You Ever Been Interested in Veganism?

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Many new dietary fads have come and gone, but few have remained.

Veganism is an emerging lifestyle that has been popularized by various you tubers, celebrities and organizations such as People for the Ethical Treatment of Animals.

According to Vegan Action, a vegan is “someone who chooses to avoid using or consuming animal products.”

Many vegans choose to not wear animal products, such as fur, wool and cosmetics that have been tested on animals. Another name for a vegan diet is called a whole-foods plant-based diet.

There can be many benefits to adopting this lifestyle, such as improving cardiovascular health, low blood pressure and weight loss.

The Dietary Guidelines Committee performed a 2010 review on the health benefits that individuals that are on plant-based diets compared to those that are not. They found that “plant-based diets were associated with a reduced risk of cardiovascular disease and mortality compared with non-plant-based diets.”

Many individuals are trying to improve their lifestyle and are incorporating more fruits and vegetables to aid in having a more balanced diet.

Bethany Thomas, sophomore biochemistry major, said, “While campus doesn’t offer officially veg-
am meal options I’ve learned how to

veganize’ most meal options. So if I’m ordering a burrito I just get it without meat and cheese and I’m good to go. The snacks tend to be where it gets difficult, or having to ask food service workers to go to the back and find the ingredients list. I keep up with the lifestyle by having some of my own vegan food pre-made, so that I can take it with me places.”

Individuals that do not follow the vegan diet wonder where the protein in their meals comes from. An article, Nutritional Update for Physicians: Plant-Based Diets, on National Center for Biotechnology Informational by Philip Tus, Mohamed Ismail and Carole Bartolotto states, “Essential amino acids can be obtained by eating certain combinations of plant-based foods, for example brown rice with beans, and hummus with whole wheat pita.”

There is protein in everything an individual eats, but being aware of foods that consist of more protein assists an individual on a veg-

an lifestyle.

Jen Sorenson, a physician assistant at Student Health Services, said, “Following a vegan diet can be a healthy option when a person is careful about their intake of certain vitamins and minerals that may typically be lacking in a vegan diet. Studies do suggest that con-
sumption of a vegetarian diet is associated with a lower incidence of obesity, heart disease, hypertension and type 2 diabetes.”

“Vegans, who typically exclude dairy products in their diet, may, however, have low bone mineral density and higher risk of frac-
tures due to inadequate intake of calcium,” Sorenson said. “Ashley Chrisinger, a registered dietitian at Student Health Service, can review your diet and offer nutritional advice.

There are many reasons why a person might choose to follow the vegan lifestyle. It could be for re-
ligious reasons or simply because they want to avoid using products derived from animals. For more in-
formation, ask advice from a physi-
cian and follow up with research.

PROTECTIVE SERVICES REPORT

Sunday, October 2
Three intoxicated individuals were spoken to in front of the HEC building.
A man sitting on the ground in front of Watson Hall was checked upon.

Monday, October 3
A staff member stopped in Sien to speak about an incident involving a black truck earlier.
A man called to have the dance studio in the NFAC locked up.

Tuesday, October 4
A man was looked into after being near the window of the surplus store.

Parolling of Schmercreek took place.

Wednesday, October 5
A call from Watson was placed to assist a student with stomach pains.

The smell of marijuana was called in from the suites.

Thursday, October 6
A person with a crown mask was seen walking all throughout the campus.
A vehicle was called in after being involved in a hit and run.

Friday, October 7
An individual in a clown suit was called in standing near YMCA and tapping on windows.
A shopping cart left near Baldwin Hall was reported.

Saturday, October 8
A call was placed in the Neale Hall elevator that had no one on the other end.
A traffic cop was assisted by Protective Services on 4th St. and Division St.

THE POINTER

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No article is available for inspection prior to publication. No article is available for further publication without expressed written permission of The Pointer staff.

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Letters to the editor and all other material submitted to The Pointer becomes the property of The Pointer.
Leaked Governor Emails Reveal Underground Political Funding

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Just as the 2016 presidential election is causing controversy, our governor has recently been outed as causing controversy for his own election.

Last month, The Guardian leaked around 1,500 emails surrounding governor Scott Walker’s 2012 recall election funding. The emails contained information about how the governor used a network of wealthy individuals to donate generous amounts of funding to his recall election.

On Oct. 3, the U.S. Supreme Court rejected to hear the case of the leaked emails, closing the door on punishment.

Jennifer Collins, political science professor at the University of Wisconsin-Stevens Point, said, “I think it’s a big ugly mess of corruption and people who are tied into this thing in different ways. I think arguably, in a certain sense, the fact that the republican party controls all three of government in the state means that there were people in place that were able to sort of put a stop to the whole investigation.”

These emails were discovered because of what is being called a “John Doe investigation” to search for suspected campaign finance violations. What they found was millions of dollars given to the governor’s campaign under the table.

“Dark money” is described as secret funds given to finance certain campaigns without the public knowing that it took place.

“Dark money” is, in part, how governor Walker funded his campaign for the recall election.

Collins said, “When these documents were leaked and when you can actually see the evidence, in my view, it looks to be pretty damning. There is a lot of stuff in there that, to my eyes, can be pretty indicting, that they did violate Wisconsin campaign laws.”

Individuals such as Sheldon Adelson, who is estimated to have around $26 million, donated $200,000 to Walker’s election without public awareness. Other wealthy donors, such as Stephen Cohen and John Menard, donated up to $1 million each, according to The Guardian.

One of the more well-known donors is Donald Trump.

The only reason for these donations were strictly because of the governor’s request. One of the checks written to the campaign for $10,000 had a written message in the subject line stating “because Scott Walker asked.”

“It’s damaging to our democracy,” Collins said. “I think it also erodes citizen trust in the electoral system. It’s fomenting a vicious cycle we see in this country of people being disillusioned with politics and therefore many people kind of dropping out of politics.”

Though the violation of campaign funding is a highly suspicious offense, Wisconsin’s supreme court ordered all copies of the information to be permanently destroyed. Some students on campus do not appreciate the lack of authority when it came to judging this offense.

Ethan Hau, junior natural resource planning policy major, said, “Low-level offenses put criminals in jail for extended amounts of time, but Scott Walker is free from any charge, which is not fair.”

Double or Nothing: Russ Feingold & Ron Johnson

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This fall, Hillary Clinton and Donald Trump are not the only ones sparring for a seat in public office.

Senator Ron Johnson is facing reelection against former Wiscon­sin Senator Russ Feingold. The pair faced off in the 2010 election where Ron Johnson won the vote by a slim margin.

Johnson has been a champion for conservatives in the senate by sponsoring legislation to help veterans and protecting whistleblowers. One of the top priorities of Rep­ublicans is to keep taxes as low as possible. Johnson is stricken down almost all legislation in the senate that would increase any estate taxes, carbon taxes and others.

On the other hand, Russ Fein­gold feels confident that he will be victorious in November since the people of Wisconsin have become more progressive and aligned with him. The big reason Feingold lost in 2010 was because he refused to accept any money from the Demo­cratic National Committee or any Super PAC.

Unfortunately, 2010 was during the rise of the Tea Party movement and when big money dominated politics.

When Feingold was in the Sen­ate he was the only person, Demo­crat or Republican, to vote against the Patriot Act.

The Patriot Act was legislation that was passed in 2001 during the George W. Bush presidency which was written in response to 9/11. The act is an acronym that stands for Providing Appropriate Tools Required to Intercept and Obstruct Terrorism. It allows the government to more easily tap into the cit­izens to check for possible terrorist connections. Barack Obama extend­ed its provisions in 2011.

The other thing that Feingold is famous for is co-sponsoring the McCain-Feingold Act in 2002 with Arizona Senator John McCain. The McCain-Feingold Act, also known as the Bipartisan Campaign Reform Act, was an act to amend the Federal Election Campaign Act of 1974. Eight years later the issue was brought to the Supreme Court in the case Citizens United vs. the Federal Election Campaign, and the court ruled against the 2002 act.

So far in the polls, Feingold held a steady lead over the summer by ten points. As November approaches, the gap has been narrowing.

Austyn Zarda, junior political science major and history minor, said “Russ Feingold is one of my favorite politicians - Russ was the only one to vote against the Patriot Act and wrote the McCain-Feingold Act to get money out of politics.”

In an interview with WISN 12 News Ron Johnson was asked to draw a contrast between him and Feingold.

Johnson said, “Thirty four years in politics, literally what did he ever accomplish? During the same 34 years I helped start, build, and grow a business creating hundreds of Wisconsin jobs. And then, in my short time in the senate I became the chairman of homeland security. Senator Feingold has one accomplish­ment: Campaign finance reform, which was ruled unconstitu­tionally by the supreme court.”

Senator Bernie Sanders has been in Wisconsin earlier this month campaigning for Russ Fein­gold, someone who he believes is an identical candidate to himself.

On Oct. 5, during a speech in Madison, Sanders said “Russ and I have worked together for years and I can not wait, believe me, to see him back at my side in the U.S. Sen­ate. And when we talk about issues you, what you know, and what Russ knows is this movement towards oligarchy. There are too many bil­lionaires controlling this country. The Koch brothers and others have bought the United States Govern­ment.” Sanders continued, “Maybe I’m old fashioned but I kind of believe democracy is one person one vote, not billionaires electing their candidates.”

There will be a debate on Fri­day, Oct. 14 in Green Bay. The de­bate can be viewed via live stream online.

In less than four weeks, when starting at your ballot, make sure you pay attention to all the names listed and not just Trump and Clinton.
Wisconsin Welcomes New Bat Species

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Wisconsin biologists have recently discovered an evening bat population in the southern part of the state. This is the first new species of bat that has been discovered in the state for 62 years.

Mara Braun, senior wildlife ecology major, said, "The evening bat's range has always ended near the Illinois-Wisconsin border so it's not too surprising that they made their way into our state. I think climate change and habitat degradation in Illinois could definitely have pushed this species north."

The evening bat will usually roost in tree cavities. The loss of old-growth forests is a major threat to their habitat. The new range could also be part of the species' natural habitat expansion.

Evening bats do not hibernate over winter in caves. The small mammals migrate and fly southward toward Florida during the cold winter months. Since the evening bat migrates, it does not roost in caves during hibernation with large colonies. This means that the evening bat is not threatened by white nose syndrome which has been negatively affecting Wisconsin's little brown bat population.

White nose syndrome is named for and preferred by white fungus that develops around the affected bat's muzzle. It is extremely contagious and will spread while bats are hibernating in close quarters during the winter.

According to the Fish and Wildlife Service website, white nose syndrome has killed more than six million bats in North America. The disease has a very high mortality rate.

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Solar Tour Encourages Sustainability

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The Midwest Renewable Energy Association was host to the Solar Tour this past Saturday, Oct. 1.

The Solar Tour is a self-guided tour that allows people to enter homes and busine ses across all of Wisconsin in order for them to "demonstrate and share strategies for energy-efficiency and renewable energy," as shown on The Midwest Renewable Energy Association's website.

Here in Stevens Point, Photovoltaic Systems, LLC located on Church St. had its doors open to show people how well solar panels work as a source of clean energy.

Jim Kerbel, founding member and former instructor at MREA and former instructor at MREA and current owner of Photovoltaic Systems... has been doing what he can to share his vision for the future of clean energy. It is his belief that the actions we take now will directly impact future generations.

"I don't want to produce any carbon for the next generation," Kerbel said. This has been a guiding principle he has applied to the business he has grown over the past 36 years.

Through his ventures into dependable and renewable solar power, Kerbel has helped both businesses and homes reduce the impact they have on the environment by providing people with the necessary means to become more self-sustaining.

To support the Midwest Renewable Energy Association's Solar Tour, Kerbel gave free tours of his facilities in order to show how efficient and cost-effective solar energy can be.

However, changing the way the public gets the majority of its energy consumption on campus. "It just makes more sense to me," Kerbel said about solar power.

However, making that investment may not be feasible for everyone right away. There are many other things residents of Stevens Point can do to be more sustainable.

Change light bulbs from incandescent to compact fluorescent, which last twelve times longer than the traditional bulb and use 90 percent less energy according to the U.S. Department of Energy's website.

Take advantage of the city's recycling program. Ride a bike rather than driving when feasible. Every little bit helps.

All these things we have heard before, but still may not be doing. We can make a difference in the damage done to the environment, all one has to do is start stepping off the sinking oil ship, and climb aboard with sustainable energy.
CPS Café Offers Healthy Food for People and the Planet

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The CPS Café located in the College of Professional Studies Building is on a constant mission to reduce waste, purchase from sustainable sources and make delicious food.

Sharnae Ward, senior sociology major who works at the café, said, “I love that we do our part in making Earth a better place and not being wasteful. When I first started to work there, learning all the things we do blew my mind but now everything is second nature.”

Waste is almost irrelevant at CPS Café. Any remaining meat or animal products from the recipes is used for animal food. If the café overproduces food, student workers can take it home, or it will be brought to the salvation army.

Kim Beckham, manager of CPS Café, said, “We do about 340 transactions every day, and at the end of the day we have one bag of garbage. Everything else is composted or recycled, or it was never created in the first place.”

In addition to the low waste approach, the café works with local farmers for food that has a low impact on the environment.

Beckham visits the farms that the CPS Café buys food from in an effort to learn about the farms’ sustainability efforts and to make sure the café is getting the highest-quality ingredients.

Even the freezers that hold the food in the café are high-efficiency freezers that were payed for with Student Government Association’s Green Fund. The freezers use less electricity than conventional freezers, which lowers CPS Café’s carbon footprint even more.

Everything in the café is made from scratch including mayonnaise, curry paste and ketchup. Making everything from scratch teaches the students who work in the kitchen what goes into each item.

Ward said, “I get to learn so much about cooking and flavors. My coworkers are truly the best and I always enjoy myself when I come into work.”

The CPS Café has also just started using a food bike. The bike will bring out coffee, sandwiches, and other items around campus just like a food truck. With the new food bike, students will be able to purchase CPS Café meals from different locations around campus.

The local food movement has been growing rapidly, and the CPS Café makes eating healthy food sustainable and accessible for many students on campus. The café brings sustainable food production to a whole new level with low waste and high quality food.

Football Season Starts Off on a High Note

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The university’s football team is playing at a competitive level and as a result won the first four games of the season.

The team headed into the Wisconsin Intercollegiate Football Conference with an undefeated record. After playing UW-Platteville on Oct. 8 the team’s record is 4-1.

Aaron Vlcko, assistant head coach, feels that playing non-conference games and conference games is the level of play and speed of the game.

“The level of competition within the conference is very strong. We feel like whoever the weakest team in the conference ends up to be, is still a really good football team,” Vlcko said.

The team’s quarterback Kyle Larson recently suffered from an injury, causing another player to step up for the team. Vlcko admitted that injuries provide a good opportunity for other team members and is thankful that most of the team has remained healthy.

Vlcko has been impressed by this season’s seniors, who have helped prepare the team and take the program to a new level. He believes that student support has also played a big part in the team’s success.

“We felt very strongly about the crowd support we had in our first home game. It really makes a huge difference,” Vlcko said.

John Kontowicz, senior middle linebacker, believes that this team is the best one he has played on in the past four years. He feels that it is important not to take any of the conference games for granted.

“I think this is our best opportunity to win a conference championship. The team cohesion is just really high we all trust each other and work well together,” Kontowicz said.

Kontowicz cites UW-Platteville, UW-Oshkosh and UW-Whitewater as three of the powerhouse teams this season.

Jerry Williams, junior wide receiver, is especially looking forward to playing UW-Whitewater. For Williams, winning conference would be a dream come true.

“I haven’t felt this feeling since my freshman year here and it feels good, it feels like you’re on top of the world. You have to take it one game at a time. It would be cool to remain undefeated, but we just really want to win conference,” Williams said.
The women's soccer team experienced a recent upswing, having won four games in a row.

Facing off against the University of Wisconsin-Eau Claire on Oct. 8, the team's record was 4-6. Dawn Crow, head women's soccer coach, describes the team to be competitive and gritty.

"We have won as many games as we won last year, period. We are on the right track. We have an opportunity to improve our record from last year," Crow said.

Crow's hope is to rebuild the program to what it once was. The team has not been to a conference championship since 2012 and has made it a goal to make it to the championship this year. Crow believes the recent upswing is partly due to the team's growth.

"In the past, there were issues with individual agendas as opposed to team agendas. The players now care so much about their team chemistry that they are willing to speak up in regards to that chemistry," Crow said.

Crow admits that injuries have been rampant this season. The team started out with 18 players but has lost two due to injuries. There are now 16 players on the team, only 10 were able to play in the first game of the season.

"Getting people healthy and getting people to compete has been fun and challenging. We don't have a lot of people complaining about not getting a lot of playing time," Crow said.

Sarah Peplinski, sophomore goalkeeper, is no stranger to injury. Peplinski is just recovering from a foot injury and is working as hard as she can in order to improve her game. One of the teams that Peplinski is looking forward to playing this season is UW-Whitewater.

"I think our biggest challenge this season is that we are such a young team. We're mostly all freshman and sophomores," Peplinski said.

Reilly Louko, freshman center midfielder, admitted that this season the young team has spent a lot of time getting to know how each individual plays.

"The biggest difference for me is the team atmosphere from high school to now, everyone really wants to be here. It has been the best change and biggest change about coming and playing college," Louko said.
A Look into Sports

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POINTER FOOTBALL FALLS
IN HIGH SCORING AFFAIR

Despite its best efforts, the UW-Stevens Point football team fell 47-31 to No. 7 UW-La Crosse in the Pink Game at Goerke Park.

The Pointers, now 1-1 in conference, surrendered an early 14-0 lead to the Pioneers but were able to regain some ground after a 10-play, 77-yard drive that was capped off with sophomore Evan Dux scoring from two yards out.

La Crosse’s defense would not surrender another point to the Pointers the rest of the first half as it came into the third quarter with a commanding 28-0 lead.

While holding the Pioneers scoreless in two drives, the Pointers were able to rack up a touchdown and field goal on separate drives. Senior Brad Birkhauser would later have an interception leading to yet another score that closed the gap 28-24 for the Pointers.

The Pioneers eventually nailed down a double-digit lead again, but only for junior Jerry Williams to blow past with an 84-yard kickoff return touchdown. This put the final score at 47-31 as the Pointers would not score again.

Senior Britton Vernon rushed for 79 yards which led seven Pointers who ran the ball for a total of 246 yards on the day.

The Pointers will play host to UW-Oshkosh for homecoming in its next game.

WOMEN’S GOLF TAKES ON WIACC

Through two days of action in the Wisconsin Intercollegiate Athletic-Conference Golf Championships, the University of Wisconsin-Stevens Point women’s golf team sits in seventh place out of seven teams.

Senior Tiffany Boak shot a team-low 91 in the second round for the Pointers and sits in 28th place as the team moves into the third day of action.

Freshman Maddison Williams also had a strong showing on day two as she improved her total from day one by 19 strokes. She is one of three players who were able to improve by double-digits on day two.

UW-Oshkosh leads the championships and has a five-stroke lead over UW-Stout for first place going into day three.

The Pointers are 15 strokes back from sixth place as they enter the final day of play.

VOLLEYBALL GOES DOWN IN CLOSELY CONTESTED MATCH

The UWSP volleyball team came ready to play against a top-20 ranked UW-La Crosse, but could not take the edge as they fell in what would be the deciding fourth set.

With both teams having won a set, the competition became heated when both teams ran up a score above the normal 25 points to win, but the Pointers dropped the tightly contested set 28-26.

The fourth set would prove to be just as thrilling with both teams playing a crisp game. However, UWSP found itself on the losing end again with a final set score of 25-23 for a La Crosse victory.

The Eagles, however, were able to prevail from being down 22-18 and scored seven of the final eight points of the set, giving them the victory on the night.

Cefalu again led the Pointers with 17 kills and junior Bella Nelson notched a season-high 11 kills throughout the match.

Next up for the Pointers will be traveling to Madison to take on Benedictine and Edgewood at the Edgewood Triangular.

SOCCER CAN’T HOLD ON AT HOME

Women’s soccer fell 2-0 to visiting UW-Stout. UWSP now stands with a record of 4-9 on the year.

UW-Stout notched its first goal coming in the 24th minute even though it was the Pointers who earned five corner kicks over UW-Stout for first place going into day three.

Despite Sarah Peplinski’s strong showing, knocking away numerous shots on goal and giving the Pointers a chance, the offense struggled to get anything going.

After having many shots on goal, the team just could not get anything to land.

The Pointers’ next matches will come against St. Norbert followed by visiting UW-Platteville.
KAITLYN WANTA
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The First 40 Days initiative is planned to instill in new students on campus. It shows what the University of Wisconsin-Stevens Point has to offer and how they can be involved. One component of the First 40 Days, ArtSense, allows students, faculty, and the community to dwell on the notion that each night and every day included yoga accompanied by live art, open mic, poetry slam and interactive art in the gallery.

Responsibilities of some of the students included approving food donations, gathering entertainment for the night, preparing arts and crafts, completing necessary paperwork and promoting the event. Students of the class grew individually and a raffle.

The First 40 Days initiative is an active arts program, 28 hours of activity, is planned to invest in new students on campus. It shows what the University of Wisconsin-Stevens Point has to offer and how they can be involved. One component of the First 40 Days, ArtSense, allows students, faculty, and the community to dwell on the notion that each night and every day included yoga accompanied by live art, open mic, poetry slam and interactive art in the gallery.

The culmination of ArtSense was taken down after the event so that the gallery could prepare for their next exhibit, Dia de las Muertos.

Other events throughout the week included yoga accompanied by live art, open mic, poetry slam and interactive art in the gallery. Responsibilities of some of the students included approving food donations, gathering entertainment for the night, preparing arts and crafts, completing necessary paperwork and promoting the event. Students of the class grew individually and a raffle.

The First 40 Days initiative is planned to instill in new students on campus. It shows what the University of Wisconsin-Stevens Point has to offer and how they can be involved. One component of the First 40 Days, ArtSense, allows students, faculty, and the community to dwell on the notion that each night and every day included yoga accompanied by live art, open mic, poetry slam and interactive art in the gallery.

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Behind The Beats: Featuring Rated R

LHEA OWENS
ARTS AND ENTERTAINMENT EDITOR
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Students across the University of Wisconsin-Stevens Point campus can be found daily working hard towards their musical aspirations, goals and life dreams.

Ryan Wardlaw, sophomore communications major, is one such student working towards making a name for himself in the music industry under the rapper name, Rated R.

Growing up on the west side of Baltimore, Maryland with his mother, Wardlaw said he started writing lyrics at a young age.

“Before I even knew what grades were, I was writing when I was in the 4th grade,” Wardlaw said.

“I was on my way to a boarding school with this guy who I was roommates with and I said my first rap that I ever wrote, which was something real lame like, ‘Ryan is my name, something is the game. Not one lost, but two more to gain.’ It was funny, but it was a good thing though because my roommate was like, ‘man, you’re really good at that. You should write’.”

Interaction with his former roommate, along with other personal influences from home pushed Wardlaw into pursuing a career in the music industry. Wardlaw said that some of his musical influences he has learned from over the years range from classic rappers and artists such as Nelly, 50 Cent, Big Daddy Kane, Common, Lupe Fiasco and J. Cole.

“Interaction with my roommate, along with other personal influences from home pushed Wardlaw into pursuing a career in the music industry. Wardlaw said that some of his musical influences he has learned from over the years range from classic rappers and artists such as Nelly, 50 Cent, Big Daddy Kane, Common, Lupe Fiasco and J. Cole.”

When I started listening to music, I was listening to all kinds of rap, from early 80s, 90s, and 2000s,” Wardlaw said. “Big Daddy K. was ahead of his time musically. That was one person I looked at and thought, ‘he was different from his time zone, so how can you be different while in the now; how can you be futuristic about your music?’

Wardlaw said that he has worked with and listened to a lot of artists in the industry such as locals from Baltimore that have helped him grow as a musician.

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Rated R performer

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On how to play with the melodies in music. There’s a difference between being good at lyrics and being good at making songs, and he was good at making songs, so I learned how to get good at making songs a bit from him.”

Wardlaw said that while he wants his music and songs to be good and catchy, that he truly wants his listeners to believe in the lyrics he is creating. He said it reaches a point where he needs to speak about something that’s important to him and the lyrics just start to flow naturally on their own.

“I see most of my music as not the music that you listen to in the club, but the music that you listen to after you come home from the club or the music that you listen to when you’re dealing with reality,” Wardlaw said. “I’m not a person who sells dreams about being rich. I just deal with people’s real feelings, and that was my stamp, to just be relatable.”

Wardlaw has a deep-set passion for speaking for the people, depicting the honest truth and using his wisdom to educate the population about important issues, all while staying true to his morals.

“Right now I am in the process of writing a song that is about rape because it’s a real deep cutting subject that nobody really talks about and that a lot of women and even males go through.” Wardlaw said. “Sometimes people feel like they’re the only one and I feel like people need something to relate to. While that’s not something that has ever happened to me, it has affected me a lot because I see people around me who are affected by it.”

Wardlaw said that while he educates, he also wants people to feel better about themselves and feel better about the way people are treated in the music industry.

“I just want people to feel like someone hears them. That someone is telling their story to many more people who are listening to that same thing and to feel a connection with the artist because when I make a lot of money off of what I do that’s definitely a goal, just to give it back to the people.”

Wardlaw knows that getting into the music industry is a risk, but it’s a risk he is willing to take to make his dreams come true.

“It’s a risk because now a days you’ve got a lot of people who want to be rappers and do music, and I don’t think they really understand how much time it takes,” Wardlaw said. “It’s not just about going on your laptop and making a song it’s way more than that. It’s making an investment in your own equipment, in beats, in managers, in products to brand yourself, you have to pay for the things to put together a show to be a success and hope that you make your money back and that people will like you.”

Wardlaw said he hopes that he can get a bigger buzz around his music in 2017 and 2018 and that people will recognize his hard work. He has plans in the works of doing shows all over the UW system, in Baltimore, at an LA festival and some shows in China.

Wardlaw has a clear vision of where he wants his music to go and will continue to work hard to make his dreams come true.

“Malcolm X said, ‘by whatever means necessary,’” Wardlaw said. “I feel like this statement can be taken in so many different ways, but in a situation like mine, as long as it doesn’t go against my moral code or principles, I’ve gotta do whatever I’ve gotta do to make things happen for myself, my music and my future.”

ARTS & ENTERTAINMENT EVENTS

WEDNESDAY, OCT. 12
Bad Moms
DUC Theater
7-9 p.m.
9:30-11:30 p.m.

FRIDAY, OCT. 14
Unnecessary Farce
NFAC Studio Theatre
7:30 p.m.

SATURDAY, OCT. 15
Unnecessary Farce
NFAC Studio Theatre
7:30 p.m.

SUNDAY, OCT. 16
Unnecessary Farce
NFAC Studio Theatre
2 p.m.
Marchant also said that the writing of this play would allow audience members to easily fall into the goofiness of the show. "Farce sometimes can be sort of silly, and I think that this is silly, but in a really intelligent way that the things in the show add up," Marchant said. "I think that the comedy is well timed by the writer. I've read a lot of farces, but this one stood out to me in terms of the playwright having really good craft."

Winfield hopes that with the play's heightened comedy the audience members will get a kick out of the show. "I hope they get a lot of laughs because it's a really funny show, and I hope they just enjoy all the work that went in and the amazing acting," Winfield said. "We haven't really had a full belly laugh comedy here in a while, so it should be a fun time."

Marchant shares in Winfield's hope when he said the show will give the audience a fun night at the theater. "It's sort of a chance to sit back and have a really fun experience in the theater," Marchant said. "It's goal is to make people smile and laugh, so that's sort of the target is to give people a chance to maybe get away from politics for awhile or the other problems of the world and sit and enjoy a good laugh."

The UWSP Theatre Department and the students working on Unnecessary Farce hope to ultimately bring joy to audiences Oct. 14-22. The production will take place in the Noel Fine Arts Center Studio Theatre.

**Humans of Point**

EMMA ADAMS
Is a sophomore environmental education and interpretation major.

With homecoming right around the corner what are you most excited about?

Emma: "I think I'm most excited about seeing the parade because I didn't get to go last year to see it."

What about homecoming are you least excited about this year?

Emma: "I'm least excited about all of the alumni coming on Saturday just because it gets really busy. The game is pretty packed normally versus it's normal size. Which is fine, but you've just gotta go a little bit earlier. And then the restaurants and stuff get packed. You just have to avoid the busy places and go to DeBot instead!"

LOGAN ZIMMERMAN
Is a junior biology major.

With homecoming right around the corner what are you most excited about this year?

Logan: "I'm a CA on campus, so all the extra work we have to put in, like a little extra programming, walk overs, putting in a little extra work with the Leadership Team to make sure all the programs run smoothly, the float for the parade and as captain I have to make sure everyone is staying on track, but it should still be fun."

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**Forecast**

The air is thick; each breath fills my lungs only halfway—

The sky trembles from the weight of the water and my dreams. I am ready. Perhaps not today, but one day soon I will collapse the sky on itself—I will turn this fog into rain—

Not just a shower but a downpour

with thunder and lightning and that sweet summer smell. You will lead me. You will fill the sky with the flood of my future And when it falls, clothes soaking, sopping, sticking we can dance together fill a cup or a million and pass them across the world.

**What about homecoming are you most excited about this year?**

Emma: "I'm least excited about all of the alumni coming on Saturday just because it gets really busy. The game is pretty packed normally versus it's normal size. Which is fine, but you've just gotta go a little bit earlier. And then the restaurants and stuff get packed. You just have to avoid the busy places and go to DeBot instead!"

**What about homecoming are you least excited about this year?**

Emma: "I think just the idea of when you're younger and going to homecoming at high school. You see all the pretty dresses and then there is always the football game, and football is the American sport now, so just a reason to get extra excited is always something fun."

**With homecoming right around the corner what are you most excited about?**

Logan: "That's a very good question. Just getting out and having some fun with other people around campus, having some competition, and I'm excited for the football game. It'll be the first one I get to go to this year."

**What about homecoming are you least excited about this year?**

Logan: "I'm a CA on campus, so all the extra work we have to put in, like a little extra programing, walk overs, putting in a little extra work with the Leadership Team to make sure all the programs run smoothly, the float for the parade and as captain I have to make sure everyone is staying on track, but it should still be fun."

**What about homecoming are you most excited about this year?**

Logan: "It's an excuse to get out and have some fun. It builds school spirit, you can make some new friends and have a good time."
Cornerstone Press Brings International Author's Writing to Life

MARY KNIGHT
REPORTER
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A student-run publishing house, Cornerstone Press, is excited to announce it will be publishing its first international author since it began in 1984. This year's release titled, "Meditations of a Beast," is a collection of poetry written by Kristine Ong Muslim who was born and still resides in the southern Philippines.

Muslim is a seven-time Pushcart Prize nominee, an influential award in the field of creative writing. Along with writing poetry, she has written many short story collections and horror books, of which she has both won awards.

Cornerstone Press is part of the course English 349: Editing and Publishing. Throughout the semester the students select, edit, publish and market a new book.

Dr. Ross Tangedal, assistant professor of English and publisher-in-chief of Cornerstone Press, hopes the students gain a new perspective about the business behind book publishing.

"Publishing is a collection of art and business and most English departments do not have coursework that discusses the business of literature because we focus on the art... but somewhere beneath that is how does that literature get sold, how does that literature get marketed, how is it changed, how is it compromised," Tangedal said.

Tangedal thinks this particular poetry collection is an incredibly unique piece of work which readers will engage with.

"It has a different rhythm, it has got a flow that is kind of intoxicating... it has this kind of hypnotic quality that is very interesting," Tangedal said.

Natalie Wanasek, editor-in-chief of Cornerstone Press, agrees with Tangedal.

A junior English major and professional writing minor, Wanasek was drawn to the creative formatting structure of the manuscript which piqued her interest immediately.

"What really sticks out about this collection of poetry is that the last line of each poem is the first line of the following poem, so it has this waterfall effect to it," Wanasek said.

Being involved in Cornerstone Press has shown Wanasek how detailed the editing of a manuscript can be. She has learned the process is about trusting one's instincts and feelings.

"There is actually more involved when editing a poetry manuscript because you have to maintain the author's integrity of their work," Wanasek said.

Scott Thomsen, senior English major and chief operating officer of Cornerstone Press, thinks the poetry collection is simply fascinating.

"What really excites me though is that this book of poems really speaks to the modern age; banal problems that we experience without really knowing they ever occurred," Thomsen said.

He hopes this class helps him to develop the attitude and confidence needed to navigate in the publishing industry after graduation.

In previous years, Cornerstone Press has hosted a single release party for its final publications, but this year's staff has decided to switch it up.

The students are planning on having a week-long series of events promoting the finished book and to accompany the initial release party. Currently, the staff is discussing the possibility of having book readings by local authors and university faculty poets along with a variety of other events.

The release of "Meditations of a Beast" is tentatively scheduled for the second week of December. The final marketing and release details will be solidified as the semester progresses.

For more information on author, Kristine Ong Muslim, visit her webpage at kristinemuslim.weebly.com
Lights, Camera, Reporting: SPTV

KATHRYN WISNIEWSKI
REPORTER
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At one end of the first floor hallway in the Communication Arts Center, you'll find the home of SPTV, the University of Wisconsin-Stevens Point's television channel.

The student-run station, with over 20 staff members, is responsible for putting out a weekly news program, as well as organizing media content to fill the channel's schedule.

The week-long process for creating the news program on SPTV starts on Monday.

The two news producers begin the week by gathering stories and assigning them to the reporters. The reporters have until Wednesday to complete their stories. Thursday brings staff meetings to SPTV where they gather to discuss how the week is progressing and address any questions. After the meeting it's time for filming the news show.

The week finishes off on Friday when producers edit the footage from the day before. The editing process takes five hours. When the final product has been finished, it is uploaded to SPTV's YouTube channel, and the show starts airing on television starting Monday of the following week.

While news is the main focus of SPTV, they also create television programs.

Last year's shows included a sports show, a music show and "Love Doctor," a show that brought in panelists to discuss love topics. This year, SPTV is hoping to bring a cooking show and a music video show.

In addition to news and television programs, SPTV provides live coverage of UWSP's collegiate sports.

They provide live streaming of all football, basketball, volleyball and hockey games. They are also in the process of adding baseball games to the list.

Mimi Mitrovic is a senior communication major and is the general manager of SPTV. It is Mitrovic's fourth year at SPTV, and she plans to use her experience to become a news reporter for television.

"Being involved in an organization, not just SPTV but in general, it's a good thing because it'll help you throughout your college career and we're looking for members," Mitrovic said.

There are two ways to start the process of getting involved at SPTV: to stop by the SPTV office in the CAC or to email them.

"We are open to any members," Mitrovic said.

Students can get involved by becoming a reporter. SPTV currently has room for sports, entertainment and political anchors. SPTV also needs behind the scenes crew to work with the cameras, audio equipment and teleprompters.

Even students not interested in media can find a place with SPTV. Business majors might be interested in filling their current business director vacancy. Those interested in technology might wish to work with SPTV's webmaster to aid in the running of the website.

Rachael Ellis, sophomore communication major, is one of SPTV's news producers. She has been involved in SPTV since the beginning of her freshman year.

"I think it's a really good stepping stone," Ellis said. "I do want to work in media and I think this is really good because I'm producing things using cameras and actual equipment. So it's a lot different than being an anchor, sitting behind a desk reading stuff. So it's really hands on. I do hope to use this experience here later on."

You can watch SPTV on their cable channel, 983, or live on their website. Also, check out their Facebook page SPTV - UWSP Television or YouTube Channel SPTV at UWSP to watch videos.

"Those who are interested in getting in contact with SPTV, stop by their office in Room 130 of the CAC or email them at sptv@uwsp.edu."